

**The Colin Morath Memorial Trophy**

Position	Club	'Countback' Total		% Change
		Race 4 18-19	Race 4 19-20	
1	York Postal Harriers	29363	17189	41.5
2	Harrogate Harriers	11842	8161	31.1
3	Kippax Harriers	19644	15358	21.8
4	Ilkley Harriers	18210	14578	19.9
5	Chapel Allerton Runners	11920	9866	17.2
6	Eccleshill Road Runners	34000	28943	14.9
7	Bradford Airedale AC	32620	28339	13.1
8	Horsforth Harriers	9768	8573	12.2
9	Knaresborough Striders	15890	14057	11.5
10	Roundhay Runners	6464	5727	11.4
11	Saltaire Striders	10020	8922	11.0
12	Dragons RC	22643	20491	9.5
13	Valley Striders	7361	6746	8.4
14	Airecentre Pacers	19469	18468	5.1
15	Rothwell Harriers	13535	13064	3.5
16	Abbey Runners	9690	9494	2.0
17	Hyde Park Harriers	10918	11182	-2.4
18	Nidd Valley Road Runners	12016	13559	-12.8
19	St Theresa's AC	12961	15389	-18.7
20	Kirkstall Harriers	13128	15591	-18.8
21	Wetherby Runners	9009	11135	-23.6
22	York Tri Club	21374	28255	-32.2
23	Ackworth Road Runners	10351	14849	-43.5
24	Wharfedale Harriers	9287	15679	-68.8