

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 3 18-19	Race 3 19-20	
1	York Postal Harriers	23395	13208	43.5
2	Harrogate Harriers	9246	6532	29.4
3	Ilkley Harriers	14802	11593	21.7
4	Horsforth Harriers	7388	6369	13.8
5	Kippax Harriers	14407	12492	13.3
6	Chapel Allerton Runners	9043	8176	9.6
7	Knaresborough Striders	12034	11026	8.4
8	Eccleshill Road Runners	25576	23676	7.4
9	Roundhay Runners	4738	4439	6.3
10	Saltaire Striders	7168	6731	6.1
11	Valley Striders	5523	5276	4.5
12	Bradford Airedale AC	24012	23553	1.9
13	Airecentre Pacers	14970	14825	1.0
14	Rothwell Harriers	9604	9518	0.9
15	Dragons RC	17529	17488	0.2
16	Abbey Runners	7323	7865	-7.4
17	Hyde Park Harriers	8204	8814	-7.4
18	Nidd Valley Road Runners	8804	10212	-16.0
19	St Theresa's AC	9771	11444	-17.1
20	Wetherby Runners	7156	9032	-26.2
21	Ackworth Road Runners	7800	10316	-32.3
22	Kirkstall Harriers	9479	12710	-34.1
23	York Tri Club	15376	22778	-48.1
24	Wharfedale Harriers	7323	13667	-86.6