

**The Colin Morath Memorial Trophy**

Position	Club	'Countback' Total		% Change
		Race 1 18-19	Race 1 19-20	
1	York Postal Harriers	8024	4688	41.6
2	Harrogate Harriers	3143	2042	35.0
3	St Theresa's AC	4032	3057	24.2
4	Ilkley Harriers	3864	3014	22.0
5	Kippax Harriers	5265	4178	20.7
6	Abbey Runners	3028	2538	16.2
7	Knaresborough Striders	3784	3337	11.8
8	Saltaire Striders	2349	2097	10.7
9	Valley Striders	1955	1769	9.5
10	Roundhay Runners	1710	1573	8.0
11	Chapel Allerton Runners	3214	2971	7.5
12	Rothwell Harriers	3306	3313	-0.2
13	Eccleshill Road Runners	8133	8367	-2.9
14	Airecentre Pacers	5050	5197	-2.9
15	Bradford Airedale AC	8648	9038	-4.5
16	Hyde Park Harriers	2959	3326	-12.4
17	Horsforth Harriers	2356	2654	-12.7
18	Dragons RC	6023	7105	-18.0
19	Wetherby Runners	3055	3791	-24.1
20	Ackworth Road Runners	2733	3482	-27.4
21	Wharfedale Harriers	2463	3424	-39.0
22	Nidd Valley Road Runners	2503	3612	-44.3
23	York Tri Club	5536	8560	-54.6
24	Kirkstall Harriers	3091	4850	-56.9