

**PECO Cross Country League 2019-20: Race 1 (Temple Newsam Country Park)**  
**Senior Men's Results**

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	5478	Edmondson	Nathan	Ilkley Harriers	MSEN	27:13	1		
2	5409	Douglas	Benjamin	Hyde Park Harriers	MSEN	27:33	2	Y	
3	5622	Holmes	Harry	LUJCCC	MSEN	27:53	3	Y	
4	5090	Forrest	Terence	Ackworth Road Runners	M35	28:01	1	Y	
5	6441	Hobbs	John	Valley Striders	M40	28:22	1		
6	6213	Athersmith	Lee	Wharfedale Harriers	M35	28:40	2		
7	5964	Baldwin	Tim	Saltaire Striders	MSEN	28:55	4		
8	6439	Hallam	Matthew	Valley Striders	MSEN	29:26	5		
9	5212	Robins	Sam	Chapel Allerton Runners	MSEN	29:29	6		
10	6216	Charlesworth	Nicholas	Wharfedale Harriers	M50	29:33	1		
11	5003	Armstrong	Ross	Abbey Runners	MSEN	29:38	7		
12	6159	Venning	Tom	Valley Striders	M40	29:38	2		
13	5960	Wills	Jonathan	Roundhay Runners	M40	29:45	3		
14	6100	Grant	Daniel	Valley Striders	MSEN	29:54	8		
15	6231	Stirk	Adam	Wharfedale Harriers	M35	29:56	3		
16	6444	Panesar	Rav	Valley Striders	M35	30:06	4		
17	6139	Pownall	Jonathan	Valley Striders	MSEN	30:13	9		
18	6400	Beyene	Tekie	Roundhay Runners	MSEN	30:14	10		
19	6015	Walker	Colin	Saltaire Striders	M45	30:16	1	Y	
20	5341	Boynton	Philip	Horsforth Harriers	MSEN	30:17	11		
21	6218	Driver	David	Wharfedale Harriers	M40	30:21	4		
22	5728	Blackburn	Ross	Rothwell Harriers & AC	MSEN	30:21	12		
23	5443	Lomas	Adam	Hyde Park Harriers	MSEN	30:23	13		
24	5477	Cox	Matt	Ilkley Harriers	M45	30:28	2		
25	5867	Josephs	Daniel	Roundhay Runners	MSEN	30:29	14	Y	
26	5487	Mckeown	Daniel	Ilkley Harriers	M40	30:33	5		
27	6219	Green	Sam	Wharfedale Harriers	MSEN	30:34	15		
28	5279	Dobby	Andrew	Harrogate Harriers & AC	M45	30:35	3		
29	5041	Jones	Simon	Abbey Runners	MSEN	30:35	16		
30	6235	Willis	Ian	Wharfedale Harriers	M45	30:35	4	Y	
31	6410	Brown	Andy	Saltaire Striders	M50	30:37	2		
32	5274	Bryant	Mark	Harrogate Harriers & AC	M45	30:38	5		
33	6447	Thomas	Tom	Valley Striders	MSEN	30:51	17		
34	5480	Gott	Steven	Ilkley Harriers	M40	30:52	6		
35	5986	Fillingham	Martin	Saltaire Striders	M45	30:55	6		
36	5623	Williams	Dylan	LUJCCC	MSEN	30:59	18	Y	
37	5149	Humphries	Andrew	Airecentre Pacers	MSEN	31:01	19		
38	6489	Furness	Rob	Wharfedale Harriers	M35	31:02	5		Y
39	5995	Kerr	Will	Saltaire Striders	M40	31:05	7		
40	5813	Carvello	James	Roundhay Runners	M40	31:07	8		
41	5173	Booth	Alexander	Chapel Allerton Runners	MSEN	31:11	20		
42	6056	Robson	John	St Therasas AC	M40	31:12	9		
43	5895	Newell	Matt	Roundhay Runners	M35	31:14	6		
44	6456	Pratt	Daniel	Wharfedale Harriers	M35	31:17	7		
45	5844	Gibbs	Richard	Roundhay Runners	M40	31:20	10		
46	6428	Grace	Shane	St Therasas AC	M40	31:20	11		
47	6094	Fisher	Daniel	Valley Striders	M35	31:21	8		
48	6039	Herrington	Richard	St Therasas AC	M35	31:23	9		
49	5599	Morland	Stephen	Knaresborough Striders	M45	31:23	7		
50	5361	Johnston	Ben	Horsforth Harriers	M35	31:25	10		
51	6051	Parker	David	St Therasas AC	M55	31:27	1		
52	5662	Patrickson	Alex	Nidd Valley Road Runners	MSEN	31:27	21		

53	5013	Clark	Cal	Abbey Runners	MSEN	31:30	22		
54	5925	Scott	Andrew	Roundhay Runners	MSEN	31:31	23		
55	6063	Weatherhead	Greg	St Therasas AC	MSEN	31:35	24	Y	
56	6152	Thomas	Gwilym	Valley Striders	M40	31:37	12		
57	5760	Mace	James	Rothwell Harriers & AC	MSEN	31:42	25		
58	6147	Shanks	John	Valley Striders	M35	31:45	11		
59	6442	Ingham	Bobby	Valley Striders	MSEN	31:50	26		
60	5885	Moakler	Ben	Roundhay Runners	M35	31:52	12		
61	5842	Furlong	Ian	Roundhay Runners	M35	31:54	13	Y	
62	5300	Richardson	Timothy	Harrogate Harriers & AC	MSEN	31:55	27		
63	5888	Morton	Joseph	Roundhay Runners	M35	31:56	14		
64	5184	Fall	Chris	Chapel Allerton Runners	MSEN	31:57	28		
65	6127	Mann	Gary	Valley Striders	M35	31:59	15		
66	5413	Fisher	Philip	Hyde Park Harriers	MSEN	32:02	29		
67	6465	Dearden	Mike	Chapel Allerton Runners	M40	32:03	13		
68	5205	Mortimer	Charles	Chapel Allerton Runners	M35	32:04	16		
69	6247	Ellwood	Glynn	York Postal Harriers	MSEN	32:07	30	Y	
70	5832	Drake	Richard	Roundhay Runners	M40	32:10	14		
71	5192	Greenland	Rob	Chapel Allerton Runners	M45	32:19	8		
72	5982	Dunbar	Stuart	Saltaire Striders	M55	32:25	2		
73	5356	Gidlow	Paul	Horsforth Harriers	M45	32:25	9		
74	5414	Fulton	Aron	Hyde Park Harriers	MSEN	32:28	31		
75	6008	Richardson	Matthew	Saltaire Striders	M35	32:29	17		
76	5698	Cave	Simon	Ripon Runners	M45	32:31	10		Y
77	6294	Araya	Thomas	Bradford Airedale AC	MSEN	32:34	32		
78	6050	Newsome	Paul	St Therasas AC	M45	32:36	11		
79	5079	Wilks	Trevor	Abbey Runners	M45	32:37	12	Y	
80	5563	O'brien	Alan	Kirkstall Harriers	M35	32:37	18		
81	5716	Harrison	Ian	Rodillian Runners	M35	32:37	19		Y
82	6371	Temple	Rowan	Kirkstall Harriers	MSEN	32:38	33	Y	
83	5923	Ryder	Alistair	Roundhay Runners	MSEN	32:39	34		
84	5158	Forsyth	Andrew	Askern District RC	M55	32:41	3		Y
85	5496	Sawyer	Jaysson	Ilkley Harriers	M40	32:42	15		
86	5246	Forey	Jonathan	Dragons Running Club	M50	32:43	3		
87	5131	Walker	Gavin	Ackworth Road Runners	MSEN	32:43	35		
88	5797	Blakeley	Matthew	Roundhay Runners	M45	32:44	13		
89	6409	Bond	Richard	Saltaire Striders	M40	32:44	16		
90	6479	Barker	Will	North Leeds Fell Runners	MSEN	32:45	36		Y
91	5419	Garratt	Richard	Hyde Park Harriers	M40	32:48	17		
92	5193	Harrold	Brian	Chapel Allerton Runners	MSEN	32:48	37		
93	6105	Hibberd	Daryl	Valley Striders	MSEN	32:54	38		
94	5564	Pullan	Andy	Kirkstall Harriers	MSEN	33:07	39		
95	5653	Lofthouse	Martin	Nidd Valley Road Runners	M50	33:08	4		
96	5699	Chatwin	John	Ripon Runners	M40	33:09	18		Y
97	5332	Lake	Graham	Horsforth Fellandale	M40	33:09	19	Y	
98	6364	Coldwell	Ben	Kirkstall Harriers	MSEN	33:12	40		
99	6148	Straughan	Tim	Valley Striders	M50	33:15	5		
100	6101	Hall	Ben	Valley Striders	M35	33:16	20		
101	5748	Head	Steve	Rothwell Harriers & AC	M45	33:17	14		
102	5042	Jones	Simon Glyn	Abbey Runners	M45	33:18	15		
103	5304	Scott	Douglas	Harrogate Harriers & AC	M45	33:20	16	Y	
104	5859	Holder	Jacob	Roundhay Runners	MSEN	33:20	41		
105	5591	Kilmurray	Tom	Knareborough Striders	MSEN	33:23	42		
106	5682	Todd	Andy	Nidd Valley Road Runners	M55	33:25	4		
107	5489	Murray	Steve	Ilkley Harriers	M50	33:25	6		

108	6133	Murray	Danny	Valley Striders	M40	33:26	20		
109	5718	Hoban	Robert	Rodillian Runners	M35	33:28	21		Y
110	5155	Walker	Richard	Airecentre Pacers	M45	33:29	17		
111	6256	Partridge	Simon	York Postal Harriers	M40	33:39	21		
112	6450	Jones	Tim	Wetherby Runners AC	M35	33:39	22		
113	5196	Hough	Paul	Chapel Allerton Runners	M35	33:40	23		
114	5379	Slevin	Finbar	Horsforth Harriers	MSEN	33:43	43		
115	5787	Westmoreland	Jason	Rothwell Harriers & AC	M50	33:44	7		
116	5774	Rickerby	Dylan	Rothwell Harriers & AC	M45	33:45	18	Y	
117	5307	Shacklock	Ben	Harrogate Harriers & AC	M40	33:45	22		
118	5506	Blackburn	Pete	Kippax Harriers	M40	33:51	23		
119	5363	Jones	Luke	Horsforth Harriers	MSEN	33:52	44		
120	6195	Johnson	Glen	Wetherby Runners AC	M50	33:58	8	Y	
121	6391	Rickard	Matt	Nidd Valley Road Runners	M40	34:06	24		
122	5846	Goddard	Billy	Roundhay Runners	M45	34:06	19		
123	5546	Grist	Paul	Kirkstall Harriers	M50	34:07	9		
124	5907	Powell	Edward	Roundhay Runners	M40	34:07	25		
125	6080	Bandy	Clive	Valley Striders	M40	34:08	26		
126	5518	Hill	Andy	Kippax Harriers	M45	34:09	20		
127	5612	Wright	James	Knareborough Striders	MSEN	34:10	45		
128	6354	Tranter	Colin	Hyde Park Harriers	M40	34:10	27		
129	5273	Bryant	Joe	Harrogate Harriers & AC	MSEN	34:15	46		
130	5449	Pratt	John	Hyde Park Harriers	M35	34:16	24		
131	6072	Kennis	Alastair	Thames Hare & Hounds	M50	34:17	10		Y
132	6347	Knighton	Richard	Hyde Park Harriers	MSEN	34:18	47		
133	5310	Strutt	James	Harrogate Harriers & AC	M40	34:18	28		
134	5501	Westhead	David	Ilkley Harriers	M50	34:25	11		
135	5937	Stoneman	Andy	Roundhay Runners	M45	34:27	21		
136	5369	Perkinson	Andrew	Horsforth Harriers	M45	34:29	22		
137	5712	Ryder	Mark	Ripon Runners	M40	34:29	29		Y
138	5407	Dawson	Josh	Hyde Park Harriers	MSEN	34:29	48		
139	5944	Thorpe	Andrew	Roundhay Runners	M40	34:31	30		
140	6395	Sims	Steven	Pudsey & Bramley AC	MSEN	34:31	49	Y	
141	5524	Lighten	David	Kippax Harriers	M35	34:33	25		
142	5101	Hughes	David	Ackworth Road Runners	M40	34:35	31		
143	5282	Harrison	Matthew	Harrogate Harriers & AC	MSEN	34:36	50		
144	5108	Mascarenhas	Andrew	Ackworth Road Runners	M35	34:39	26		
145	6202	Matthewson	Alex	Wetherby Runners AC	M35	34:40	27		
146	5576	Brock	Martin	Knareborough Striders	M40	34:41	32		
147	6082	Brown	Tom	Valley Striders	M40	34:44	33		
148	6012	Spink	Stewart	Saltaire Striders	M50	34:51	12		
149	5928	Sherratt	Gareth	Roundhay Runners	M40	34:54	34		
150	5117	Roberts	James	Ackworth Road Runners	MSEN	34:55	51		
151	6144	Sanderson	Ian	Valley Striders	M45	34:55	23		
152	5556	Moger	Adam	Kirkstall Harriers	M40	34:57	35		
153	6241	Carter	Jim	York Postal Harriers	M45	34:58	24		
154	6486	McGough	Paul	Rothwell Harriers & AC	M35	35:03	28		Y
155	6157	Vallance	Simon	Valley Striders	M50	35:06	13		
156	6255	Lynn	Sam	York Postal Harriers	M40	35:07	36		
157	6129	McMullan	Kevin	Valley Striders	M50	35:07	14		
158	5975	Camp	Adam	Saltaire Striders	M35	35:08	29		
159	5424	Groves	Rob	Hyde Park Harriers	MSEN	35:10	52		
160	6079	Balshaw	Richard	Valley Striders	M50	35:10	15		
161	5399	Broadhead	Curtis	Hyde Park Harriers	MSEN	35:10	53		
162	6296	Dickinson	George	Bradford Airedale AC	MSEN	35:11	54	Y	

163	5221	Sutor	Richard	Chapel Allerton Runners	M35	35:13	30		
164	5763	Mccarthy	John	Rothwell Harriers & AC	M60	35:14	1		
165	5372	Raby	Steve	Horsforth Harriers	M55	35:15	5		
166	5976	Casson	Lee	Saltaire Striders	MSEN	35:15	55		
167	5309	Stockburn	Paul	Harrogate Harriers & AC	M60	35:16	2		
168	5237	Langan	Patrick	City of York AC	M50	35:16	16		Y
169	5081	Wray-Rogers	Luke	Abbey Runners	M40	35:17	37		
170	5808	Burton	Phil	Roundhay Runners	M50	35:17	17		
171	6443	Mills	Tony	Valley Striders	M45	35:20	25		
172	5286	Jordan	Mark	Harrogate Harriers & AC	M60	35:20	3		
173	6136	Parton	Adam	Valley Striders	M45	35:22	26		
174	6341	Adkins	Tobias	Hyde Park Harriers	MSEN	35:26	56		
175	5746	Hayes	Justin	Rothwell Harriers & AC	M45	35:26	27		
176	6472	Connor	Dylan	LUUCCC	MSEN	35:27	57		Y
177	5638	Dalton	Kevin	Nidd Valley Road Runners	MSEN	35:29	58		
178	6286	Franklin	James	Abbey Runners	M40	35:30	38		
179	5665	Scaife	Nigel	Nidd Valley Road Runners	M45	35:32	28		
180	5725	Wood	Paul	Rodillian Runners	M45	35:34	29		Y
181	6200	Linstrum	Nils	Wetherby Runners AC	M35	35:39	31		
182	5287	King	Geoff	Harrogate Harriers & AC	M60	35:41	4		
183	5057	O'donnell	Gerard	Abbey Runners	M35	35:42	32		
184	6058	Schofield	Alan	St Therasas AC	M55	35:43	6		
185	6123	Long	Vernon	Valley Striders	M50	35:45	18		
186	5329	Heeley	Paul	Horsforth Fellandale	M40	35:46	39		
187	5933	Smith	Jon	Roundhay Runners	M45	35:49	30		
188	5014	Clark	Connor	Abbey Runners	MSEN	35:51	59		
189	5864	Jackson	Tom	Roundhay Runners	MSEN	35:51	60		
190	5658	Nicholas	Kevin	Nidd Valley Road Runners	M55	35:52	7		
191	5210	Price	Dan	Chapel Allerton Runners	MSEN	35:52	61		
192	6413	Frazer	Simon	Saltaire Striders	M45	35:53	31		
193	5886	Montgomery	Craig	Roundhay Runners	M35	35:53	33		
194	6236	Baker	Darren	York Postal Harriers	M50	35:54	19		
195	5704	Imeson	Ben	Ripon Runners	M40	35:57	40		Y
196	5146	Gwilym	Owain	Airecentre Pacers	M35	35:58	34		
197	5066	Rogerson	Tom	Abbey Runners	M40	36:03	41		
198	5679	Street	Richard	Nidd Valley Road Runners	M35	36:03	35		
199	5821	Cobb	Chris	Roundhay Runners	M35	36:04	36		
200	6088	Cook	Sean	Valley Striders	M35	36:06	37		
201	5561	Nodwell	Adam	Kirkstall Harriers	M35	36:07	38	Y	
202	5382	Squire	Alan	Horsforth Harriers	M50	36:07	20		
203	5717	Hartley	Neil	Rodillian Runners	M35	36:08	39		Y
204	5021	Curley	Aidan	Abbey Runners	M45	36:08	32		
205	5677	Staiano	Simon	Nidd Valley Road Runners	M40	36:08	42		
206	5125	Strutt	Chris	Ackworth Road Runners	M45	36:12	33		
207	5596	Mcnab	Aidan	Knareborough Striders	M35	36:14	40		
208	5854	Henley	James	Roundhay Runners	MSEN	36:17	62		
209	6411	Dell'amico	Loris	Saltaire Striders	M45	36:17	34		
210	5495	Richardson	Simon	Ilkley Harriers	M40	36:18	43		
211	5015	Clark	Duncan	Abbey Runners	M55	36:20	8		
212	5809	Butler	Joe	Roundhay Runners	MSEN	36:21	63		
213	5512	Downham	Ian	Kippax Harriers	M50	36:22	21		
214	5889	Moss	Marcus	Roundhay Runners	M40	36:25	44		
215	5472	Budding	Robert	Ilkley Harriers	M50	36:25	22		
216	5565	Riveros Rojas	Alberto	Kirkstall Harriers	M40	36:26	45		
217	6085	Carter	Matt	Valley Striders	M35	36:27	41		

218	5893	Naylor	Jason	Roundhay Runners	MSEN	36:31	64		
219	5645	Hainsworth	Brian	Nidd Valley Road Runners	M40	36:34	46		
220	5533	Wideman	Wayne	Kippax Harriers	M40	36:39	47	Y	
221	5201	Kent	Jonathan	Chapel Allerton Runners	M35	36:41	42		
222	5935	Steele	Joe	Roundhay Runners	M45	36:41	35		
223	5171	Bell	David	Chapel Allerton Runners	MSEN	36:47	65		
224	5355	Freeman	Paul	Horsforth Harriers	M50	36:49	23		
225	5796	Bartlett	Gary	Roundhay Runners	M45	36:50	36		
226	6474	Judge	Chris	York Triathlon Club	M45	36:50	37		Y
227	6491	Jenkin	David	Wakefield Triathlon Club	MSEN	36:51	66		Y
228	5303	Salmons	Luke	Harrogate Harriers & AC	M40	36:53	48		
229	5511	Davy	Alan	Kippax Harriers	M40	36:57	49		
230	5851	Hargadon	Lee	Roundhay Runners	M45	36:58	38		
231	5168	Allison	David	Chapel Allerton Runners	M45	37:01	39		
232	5448	Payne	Nick	Hyde Park Harriers	M35	37:02	43		
233	6029	Ebrey	Paul	St Therasas AC	M45	37:04	40		
234	5714	Clarke	Phil	Rodillian Runners	M35	37:05	44		Y
235	5734	Firth	Stephen	Rothwell Harriers & AC	M55	37:06	9		
236	6485	Colley	Gary	Rodillian Runners	M50	37:07	24		Y
237	6493	Welsh	Rich	Rothwell Harriers & AC	MSEN	37:08	67		Y
238	5357	Greenhalgh	Lee	Horsforth Harriers	M45	37:08	41		
239	6153	Thornton	Oliver	Valley Striders	M35	37:09	45		
240	5683	Townend	Darren	Nidd Valley Road Runners	M45	37:10	42		
241	5314	Whitaker	Jonathan	Harrogate Harriers & AC	M55	37:12	10		
242	6269	Burrows	Dave	York Triathlon Club	M35	37:12	46		
243	6420	Singh	John	Saltaire Striders	M35	37:13	47		
244	6448	Gothard	Tom	Wakefield Triathlon Club	MSEN	37:19	68	Y	Y
245	6212	Whiting	Darren	Wetherby Runners AC	MSEN	37:20	69		
246	5275	Clegg	Steven	Harrogate Harriers & AC	M40	37:22	50		
247	5641	Dilasser	Jamie	Nidd Valley Road Runners	M45	37:26	43		
248	6138	Powell	Mike	Valley Striders	M35	37:27	48		
249	5685	Ventress	Phil	Nidd Valley Road Runners	M45	37:29	44		
250	5690	Mullen	David	Otley AC	M55	37:31	11		Y
251	5669	Shaw	Marcus	Nidd Valley Road Runners	M45	37:33	45		
252	6229	Schofield	Jason	Wharfedale Harriers	M45	37:34	46		
253	6353	Taylor	Lee	Hyde Park Harriers	M40	37:41	51		
254	6454	Porter	Alan	Wetherby Runners AC	MSEN	37:42	70		
255	5575	Brennan	Sean	Knareborough Striders	M50	37:42	25		
256	5941	Tait	Ryan	Roundhay Runners	MSEN	37:45	71		
257	5100	Horobin	Darren	Ackworth Road Runners	M45	37:46	47		
258	6394	Woods	Steven	Northern Masters AC	M60	37:46	5		Y
259	5216	Shepherd	Stuart	Chapel Allerton Runners	M40	37:47	52		
260	5530	Storey	Ian	Kippax Harriers	M50	37:49	26		
261	6019	Atkinson	Paul	St Therasas AC	M55	37:55	12		
262	5751	Hulme	Simon	Rothwell Harriers & AC	M50	37:55	27		
263	6005	Ogden	Ian	Saltaire Striders	M45	37:58	48	Y	
264	5609	Webster	Gary	Knareborough Striders	MSEN	38:00	72		
265	6461	Middleton	Simon	York Postal Harriers	M45	38:00	49		
266	5340	Beal	Paul	Horsforth Harriers	M40	38:01	53		
267	6013	Thomas	Richard	Saltaire Striders	MSEN	38:01	73		
268	5922	Rush	Pete	Roundhay Runners	M55	38:05	13		
269	6067	Ellerby	Gary	Tadcaster Harriers	M40	38:06	54		Y
270	5457	Sawyer	Paul	Hyde Park Harriers	M35	38:12	49		
271	6366	Hands	Simon	Kirkstall Harriers	M40	38:21	55		
272	5334	Leach	Scott	Horsforth Fellandale	M45	38:22	50		

273	6075	Adcock	Richard	Valley Striders	M50	38:25	28		
274	6313	Pennock	Richard	Harrogate Harriers & AC	M45	38:27	51		
275	5049	Manfield	Iain	Abbey Runners	M50	38:27	29		
276	5757	Laverick	John	Rothwell Harriers & AC	M35	38:27	50		
277	5352	Ehrlich	Alexander	Horsforth Harriers	M35	38:28	51		
278	5305	Seidel	Adam	Harrogate Harriers & AC	MSEN	38:29	74		
279	6476	Miles	Graeme	Hyde Park Harriers	M35	38:30	52		Y
280	6060	Seddon	Tim	St Therasas AC	M60	38:31	6		
281	5544	Geisleris	Giedrius	Kirkstall Harriers	M35	38:34	53		
282	6403	Macdonald	Matthew	Roundhay Runners	MSEN	38:37	75		
283	5642	Forster	Fozzy	Nidd Valley Road Runners	MSEN	38:38	76		
284	5259	Jenkins	Daniel	Eccleshill Road Runners	M40	38:45	56		
285	5120	Sidwell	David	Ackworth Road Runners	M35	38:47	54		
286	5840	Evans	Mark	Roundhay Runners	M50	38:49	30		Y
287	5077	Ward	John	Abbey Runners	M65	38:49	1		
288	5582	Ellmore	Steve	Knaresborough Striders	M50	38:51	31		
289	6363	Boardman	Simon	Kirkstall Harriers	MSEN	38:52	77		
290	6365	Groves	Stephen	Kirkstall Harriers	M35	38:52	55		
291	6275	Laughton	Mark	York Triathlon Club	M50	38:52	32		
292	6265	Whitby	Mark	York Postal Harriers	M50	38:53	33		
293	6258	Platten	Jason	York Postal Harriers	MSEN	38:56	78		
294	5103	Leach	Adrian	Ackworth Road Runners	M55	39:01	14		
295	5344	Butterfield	Richard	Horsforth Harriers	M60	39:01	7		
296	5726	Baiden	Andrew	Rothwell Harriers & AC	M45	39:03	52		
297	6097	Furby	Mike	Valley Striders	M45	39:03	53		
298	6137	Pawley	Graham	Valley Striders	M50	39:06	34		
299	5157	Woodhead	William	Airecentre Pacers	MSEN	39:06	79		
300	5980	Dickinson	Ian	Saltaire Striders	M55	39:08	15		
301	5104	Leadbeater	Mark	Ackworth Road Runners	M50	39:09	35		
302	5942	Taylor	Matt	Roundhay Runners	MSEN	39:09	80		
303	5637	Crebbin	Nick	Nidd Valley Road Runners	M45	39:14	54		
304	5084	Bernardo	Paul	Ackworth Road Runners	M45	39:15	55		
305	5048	Macdonald	Scott	Abbey Runners	M40	39:17	57		
306	5684	Turner	Steven	Nidd Valley Road Runners	M45	39:20	56		
307	5199	Jewitt	Fred	Chapel Allerton Runners	MSEN	39:21	81		
308	6066	Brayshaw	Jim	Tadcaster Harriers	M45	39:23	57		Y
309	5078	Whittaker	James	Abbey Runners	M50	39:23	36		
310	5389	Wilson	Darran	Horsforth Harriers	M40	39:24	58		
311	6434	Mellor	David	St Therasas AC	M45	39:25	58		
312	5421	Giglia	Chris	Hyde Park Harriers	MSEN	39:26	82		
313	5145	Grindley	Paul	Airecentre Pacers	M55	39:27	16		
314	5552	Longmate	Kevin	Kirkstall Harriers	MSEN	39:30	83		
315	5289	Lynskey	Stewart	Harrogate Harriers & AC	M55	39:31	17		
316	5071	Simkins	Paul	Abbey Runners	M45	39:31	59		
317	6196	Kimberley	James	Wetherby Runners AC	MSEN	39:32	84		
318	5930	Sklinar	Stu	Roundhay Runners	MSEN	39:32	85		
319	6302	Bryant	Pete	Dragons Running Club	M50	39:32	37		
320	5250	Porter	Craig	Dragons Running Club	M50	39:33	38		
321	6436	Netherway	John	Tadcaster Harriers	M40	39:33	59		Y
322	6471	Bates	Adam	Harrogate Harriers & AC	M40	39:38	60		Y
323	5288	Lawson	Simon	Harrogate Harriers & AC	M50	39:41	39		
324	6252	Heather	Andrew	York Postal Harriers	M45	39:44	60		
325	6361	O'hara	Colm	Kippax Harriers	M50	39:44	40		
326	6382	Fugill	Sam	Nidd Valley Road Runners	M35	39:45	56		
327	5749	Heselden	Jamie	Rothwell Harriers & AC	M40	39:46	61		

328	5030	Hodkinson	Steve	Abbey Runners	M60	39:52	8		
329	6011	Spencer	Tim	Saltaire Striders	M60	39:54	9		
330	5134	Walters	James	Ackworth Road Runners	M35	39:58	57		
331	5142	Dawrant	Robert	Airecentre Pacers	M40	40:00	62		
332	5316	Fagan	Mark	Harrogate Tri Club	M40	40:00	63		
333	5858	Hodge	Tony	Roundhay Runners	M45	40:04	61		
334	5579	Dobinson	Derek	Knareborough Striders	M40	40:04	64		
335	5152	Molyneux	Simon	Airecentre Pacers	M45	40:06	62		
336	5997	Love	Martin	Saltaire Striders	M55	40:07	18		
337	6492	Nothers	James		MSEN	40:13	86		Y
338	5095	Gill	Darren	Ackworth Road Runners	M45	40:14	63		
339	5990	Hillas	Stephen	Saltaire Striders	M55	40:14	19		
340	6473	Samways	Dominic	Cambridge & Coleridge AC	MSEN	40:16	87		Y
341	6076	Akhtar	Tahir	Valley Striders	M60	40:19	10	Y	
342	5439	Kettlewell	Alistair	Hyde Park Harriers	M40	40:19	65	Y	
343	6041	Howarth	Richard	St Therasas AC	M45	40:20	64		
344	5914	Richardson	Jay	Roundhay Runners	MSEN	40:21	88		
345	5177	Calver	Robert	Chapel Allerton Runners	M45	40:25	65		
346	6117	Kaulgud	Dinesh	Valley Striders	M45	40:29	66		
347	5198	Isherwood	David	Chapel Allerton Runners	M40	40:32	66		
348	6477	Simpson	John	Wetherby Runners AC	M65	40:36	2		Y
349	6000	Mosedale	Tim	Saltaire Striders	M35	40:37	58		
350	5597	Mitchell	Ian	Knareborough Striders	M55	40:41	20		
351	6092	Davison	Sam	Valley Striders	MSEN	40:44	89		
352	5969	Bower	David	Saltaire Striders	M55	40:44	21		
353	6177	Callaghan	Peter	Wetherby Runners AC	M55	40:44	22		
354	5878	Mcaliece	Philip	Roundhay Runners	M35	40:46	59		
355	6160	Walker	Richard	Valley Striders	M50	40:47	41		
356	6171	Bell	Richard	Wetherby Runners AC	M50	40:48	42		
357	5002	Ameri	Ali	Abbey Runners	M35	40:53	60		
358	5051	Morimoto	Kazuki	Abbey Runners	M50	40:56	43		
359	6006	Parker	Darren	Saltaire Striders	M50	40:57	44		
360	5636	Cook	James	Nidd Valley Road Runners	M50	41:02	45		
361	5025	Ellis	Matt	Abbey Runners	M45	41:03	67		
362	6110	Hutchinson	Alan	Valley Striders	M60	41:04	11		
363	5133	Walker	Will	Ackworth Road Runners	M35	41:06	61		
364	6343	Crawford	Gordon	Hyde Park Harriers	M65	41:06	3		
365	5411	Elcock	Tom	Hyde Park Harriers	M35	41:07	62		
366	6433	Leaf	David	St Therasas AC	M65	41:07	4		
367	5919	Robinson	David	Roundhay Runners	MSEN	41:08	90		
368	5825	Cook	James	Roundhay Runners	M40	41:09	67		
369	5408	Dickens	Paul	Hyde Park Harriers	MSEN	41:10	91		
370	5735	Ford	Jamie	Rothwell Harriers & AC	M40	41:13	68		
371	5952	Walker	John	Roundhay Runners	M55	41:14	23		
372	5631	Beattie	Christopher	Nidd Valley Road Runners	M60	41:14	12		
373	6295	Bereke	Tumzgi	Bradford Airedale AC	MSEN	41:17	92		
374	5211	Robins	Ben	Chapel Allerton Runners	MSEN	41:17	93		
375	6178	Clark	Lucas	Wetherby Runners AC	MSEN	41:19	94		
376	5497	Singleton	David	Ilkley Harriers	M45	41:21	68		
377	5790	Allison	John Emrys	Roundhay Runners	M35	41:22	63		
378	6429	Grayson	Michael	St Therasas AC	M50	41:25	46		
379	5945	Toulson	Anthony	Roundhay Runners	M45	41:25	69		
380	5519	Hoy	Graham	Kippax Harriers	M40	41:25	69		
381	5515	Durkin	Paul	Kippax Harriers	M55	41:31	24		
382	6327	Harrop	Andrew	Horsforth Harriers	M55	41:33	25		

383	6303	Burns	Graham	Dragons Running Club	M35	41:36	64		
384	5312	Walker	Mark	Harrogate Harriers & AC	M55	41:39	26	Y	
385	5498	Snow	Matthew	Ilkley Harriers	M40	41:40	70		
386	6309	Steele	Marc	Eccleshill Road Runners	MSEN	41:41	95		
387	6155	Towler	Jake	Valley Striders	MSEN	41:49	96		
388	5018	Cohen	Howard	Abbey Runners	M55	41:50	27		
389	5541	Chapman	Paul	Kirkstall Harriers	M45	41:54	70		
390	5650	Iddon	Andy	Nidd Valley Road Runners	MSEN	41:54	97		
391	6034	Gaunt	Daniel	St Therasas AC	M35	41:55	65		
392	5046	Leslie	David	Abbey Runners	M65	41:55	5		
393	5110	Mckinney	Charles	Ackworth Road Runners	M45	41:56	71		
394	6266	Withill	Sean	York Postal Harriers	M55	41:56	28		
395	5891	Mwakasungura	Subi	Roundhay Runners	M40	42:00	71		
396	6096	Fox	Ken	Valley Striders	M60	42:06	13		
397	6418	Pegg	Rod	Saltaire Striders	M65	42:11	6	Y	
398	6035	Gill	Christopher	St Therasas AC	M70	42:14	1		
399	5045	Lavery	Malcolm	Abbey Runners	M50	42:17	47		
400	6392	Shekar	Chandra	Nidd Valley Road Runners	M45	42:20	72		
401	5536	Allen	Lloyd	Kirkstall Harriers	M50	42:21	48		
402	5254	Wilson	Danny	Dragons Running Club	M45	42:22	73		
403	5987	Griffiths	Alun	Saltaire Striders	M60	42:23	14		
404	5180	Cuthbertson	Nic	Chapel Allerton Runners	M55	42:25	29		
405	5829	Dennison	Warren	Roundhay Runners	M50	42:27	49		
406	5570	Thomas	Richard	Kirkstall Harriers	M55	42:28	30		
407	5978	D'arcy	Graham	Saltaire Striders	M50	42:30	50		
408	5782	Thorpe	Stuart	Rothwell Harriers & AC	M50	42:35	51		
409	6423	Western	Gary	Saltaire Striders	M60	42:39	15		
410	5335	Metcalfe	Daniel	Horsforth Fellandale	M40	42:39	72		
411	5047	Littlewood	Graeme	Abbey Runners	M50	42:45	52		
412	6031	Fuller	Nigel	St Therasas AC	M40	42:45	73		
413	5981	Douglas	Alan	Saltaire Striders	M50	42:49	53		
414	6087	Coll	Ged	Valley Striders	M50	42:56	54		
415	6143	Robins	Michael	Valley Striders	M60	42:58	16		
416	6282	Steel	Phil	York Triathlon Club	M40	43:00	74		
417	5724	Walsh	John	Rodillian Runners	M45	43:00	74	Y	
418	6449	Grigsby	David	Wetherby Runners AC	M50	43:02	55		
419	6244	Cook	Dave	York Postal Harriers	M50	43:03	56		
420	5251	Tomlinson	Paul	Dragons Running Club	M50	43:03	57		
421	5540	Carlisle	Gary	Kirkstall Harriers	M55	43:04	31		
422	6021	Beckwith	Richard	St Therasas AC	M50	43:05	58		
423	5692	Shamim	Salman	Pudsey & Bramley AC	M45	43:07	75		
424	5820	Clink	James	Roundhay Runners	MSEN	43:07	98		
425	6156	Towler	Tim	Valley Striders	M60	43:08	17		
426	6109	Hussey	John	Valley Striders	M70	43:09	2		
427	5073	Smith	Michael	Abbey Runners	M45	43:12	76		
428	5503	White	Geoffrey	Ilkley Harriers	M35	43:14	66		
429	5148	Hill	Chris	Airecentre Pacers	M65	43:16	7		
430	5339	Allen	Steve	Horsforth Harriers	M45	43:21	77		
431	5670	Shaw	Michael	Nidd Valley Road Runners	M40	43:32	75		
432	5058	Patchett	Ian	Abbey Runners	M55	43:32	32		
433	5777	Shaw	Brian	Rothwell Harriers & AC	M55	43:32	33		
434	6425	Booth	Kevin	St Therasas AC	M45	43:33	78		
435	6014	Verity	Jack	Saltaire Striders	M60	43:34	18		
436	5794	Bamber	Thomas	Roundhay Runners	MSEN	43:35	99		
437	5803	Bull	Nick	Roundhay Runners	M55	43:36	34		



438	5738	Hale	Keith	Rothwell Harriers & AC	M50	43:38	59		
439	5866	Jones	Justin	Roundhay Runners	M40	43:41	76		
440	6432	Johnson	Theo	St Therasas AC	MSEN	43:43	100		
441	6431	Johnson	Daniel	St Therasas AC	M50	43:44	60		
442	5605	Shelton	Mark	Knaresborough Striders	M35	43:44	67		
443	5522	Jamieson	Lee	Kippax Harriers	M40	43:56	77		
444	5983	East	Lee	Saltaire Striders	M40	43:57	78		
445	6260	Richardson	Jonathan	York Postal Harriers	M40	43:58	79		
446	6308	Redmond	Tony	Eccleshill Road Runners	M55	44:02	35		
447	6273	Gibson	Richard	York Triathlon Club	MSEN	44:08	101		
448	6287	Greene	Paul	Abbey Runners	M60	44:21	19		
449	5403	Clarkin	Oliver	Hyde Park Harriers	MSEN	44:25	102		
450	6093	Dixon	Stephen	Valley Striders	M65	44:39	8		
451	6464	Parker	Chris	Wetherby Runners AC	M45	44:41	79		Y
452	5608	Walker	Paul	Knaresborough Striders	M50	44:41	61	Y	
453	5773	Reid	Chris	Rothwell Harriers & AC	M40	44:43	80		
454	5568	Taylor	Ian	Kirkstall Harriers	M45	44:44	80		
455	6401	Blakeman	Neil	Roundhay Runners	M55	44:44	36	Y	
456	6125	Mace	Andy	Valley Striders	M45	44:52	81		
457	6207	Rymill	Peter	Wetherby Runners AC	M70	44:58	3		
458	5657	Nelson	Christopher	Nidd Valley Road Runners	M55	44:59	37		
459	5164	Miran	Sohail	Bradford Airedale AC	M45	45:04	82		
460	5323	Tibbals	Andy	Harrogate Tri Club	M55	45:06	38		
461	5410	Edwards	Richard	Hyde Park Harriers	M40	45:07	81		
462	5392	Wood	Steve	Horsforth Harriers	M65	45:11	9		
463	5082	Allison	Dave	Ackworth Road Runners	M35	45:13	68		
464	5730	Butterfield	Lewis	Rothwell Harriers & AC	MSEN	45:20	103		
465	6023	Best	Jamie	St Therasas AC	M40	45:22	82		
466	5119	Sharp	Chris	Ackworth Road Runners	MSEN	45:23	104		
467	6293	Olliver	Liam	Airecentre Pacers	M35	45:23	69		
468	5607	Taylor	Mark	Knaresborough Striders	M50	45:24	62		
469	6192	Giddings	Simon	Wetherby Runners AC	M55	45:25	39		
470	6356	Hammond	Paul	Kippax Harriers	M55	45:34	40		
471	5915	Richardson	Jeremy	Roundhay Runners	M55	45:40	41		
472	5007	Balkwill	James	Abbey Runners	M45	45:47	83		
473	5693	Ackerley	Paul	Ripon Runners	M55	45:52	42		Y
474	6154	Tinker	Mick	Valley Striders	M65	46:00	10		
475	5462	Tarbit	James	Hyde Park Harriers	MSEN	46:08	105		
476	6181	Costello	Peter	Wetherby Runners AC	M50	46:16	63		
477	5451	Pullan	Rick	Hyde Park Harriers	M60	46:18	20		
478	5441	Kidner	Ralph	Hyde Park Harriers	M65	46:21	11		
479	5805	Burke	Joseph	Roundhay Runners	MSEN	46:25	106		
480	6161	Wallace	John	Valley Striders	M50	46:28	64		
481	5181	Davis	Mark	Chapel Allerton Runners	M40	46:28	83		
482	6323	Duffy	Richars	Horsforth Harriers	M65	46:28	12		
483	6359	Messenger	John	Kippax Harriers	M70	46:29	4		
484	5668	Seaman	Dave	Nidd Valley Road Runners	M70	46:34	5		
485	5264	Sutton	Robert	Eccleshill Road Runners	M55	46:37	43		
486	6126	Mackreth	Paul	Valley Striders	M40	46:40	84		
487	5337	Prendergast	Carl	Horsforth Fellandale	M70	46:43	6		
488	5740	Hall	Richard	Rothwell Harriers & AC	M45	46:47	84		
489	5696	Brockett	Paul	Ripon Runners	M45	46:48	85		Y
490	5375	Russell	Peter	Horsforth Harriers	M55	46:49	44		
491	5998	Mistry	Mohanlal	Saltaire Striders	M55	46:51	45		
492	6470	Underwood	James	Hyde Park Harriers	MSEN	46:51	107		Y

493	5709	Purll	Andy	Ripon Runners	M45	46:52	86		Y
494	5378	Shaw	Jonathan	Horsforth Harriers	M35	46:58	70		
495	6360	Morley	Barry	Kippax Harriers	M50	47:05	65		
496	5879	Mcandrew	Rory	Roundhay Runners	MSEN	47:21	108		
497	6416	Lerner	Barney	Saltaire Striders	M65	47:24	13		
498	5006	Badkin	Peter	Abbey Runners	M55	47:24	46		
499	5394	Aslam	Mohammed	Hyde Park Harriers	M50	47:24	66		
500	5800	Bowman	Geoff	Roundhay Runners	M55	47:29	47		
501	6274	Kuendiger	Jan	York Triathlon Club	M35	47:49	71		
502	6210	Stafford	Mark	Wetherby Runners AC	M45	47:49	87		
503	5001	Ackroyd	John	Abbey Runners	M50	47:50	67		
504	6482	Inge	Andrew	Leeds & Bradford Triathlon Club	M45	47:52	88		Y
505	5673	Smith	Nicholas	Nidd Valley Road Runners	M60	47:56	21		
506	5744	Hawden	Graham	Rothwell Harriers & AC	M55	48:14	48		
507	5606	Sinton	David	Knaresborough Striders	M45	48:37	89		
508	5138	Zywicki	Paul	Ackworth Road Runners	M60	48:41	22		
509	6334	Mitchell	Kenneth	Horsforth Harriers	M65	48:46	14		
510	6292	Wong	Stephen	Ackworth Road Runners	M40	48:47	85		
511	6267	Archer	John	York Triathlon Club	M70	48:51	7		
512	5349	Dickson	Tommy	Horsforth Harriers	MSEN	48:54	109		
513	5883	Meikle	Ian	Roundhay Runners	M50	49:11	68		
514	5036	Jackson	David	Abbey Runners	MSEN	49:14	110		
515	5128	Taylor	Christopher	Ackworth Road Runners	M65	49:19	15		
516	5793	Baldwin	Ben	Roundhay Runners	M35	49:25	72	Y	
517	6338	Ward	Joe	Horsforth Harriers	M45	49:26	90		
518	6415	Jackson	Brett	Saltaire Striders	M40	49:30	86		
519	6146	Sedgley	Neil	Valley Striders	M50	49:33	69		
520	5966	Beecroft	Frank	Saltaire Striders	M50	49:46	70		
521	5580	Dobson	Michael	Knaresborough Striders	M60	49:55	23	Y	
522	5350	Dinsdale	Mark	Horsforth Harriers	M50	49:56	71		
523	5984	Elliott	Craig	Saltaire Striders	M45	50:07	91		
524	6301	Paver	David	City of York AC	M65	50:16	16		Y
525	5156	Walker	Simon	Airecentre Pacers	M35	50:40	73		
526	6187	Derry	Craig	Wetherby Runners AC	M55	50:51	49	Y	
527	6232	Thompson	Geoff	Wharfedale Harriers	M60	50:58	24		
528	6370	Taylor	Malcolm	Kirkstall Harriers	MSEN	51:15	111		
529	6306	Ellison	Garry	Eccleshill Road Runners	M60	51:20	25		
530	6310	Steele	Martin	Eccleshill Road Runners	M55	51:20	50		
531	5076	Walton	Clive	Abbey Runners	M50	51:24	72		
532	5249	Mckay	Martin	Dragons Running Club	M40	51:36	87		
533	5005	Ashworth	Richard	Abbey Runners	M45	52:00	92		
534	5767	Noble	Stephen	Rothwell Harriers & AC	M50	52:00	73		
535	5876	Mansfield	Michael	Roundhay Runners	M55	52:02	51		
536	5427	Harris	Stuart	Hyde Park Harriers	M35	52:17	74		
537	5172	Bernardo Jr	Carlos	Chapel Allerton Runners	M35	52:31	75		
538	6120	Lim	Philip	Valley Striders	M45	52:36	93		
539	5651	Kaye	Mike	Nidd Valley Road Runners	M50	52:38	74		
540	6040	Higgins	Michael	St Therasas AC	M70	52:46	8		
541	6205	Othick	Gary	Wetherby Runners AC	M55	52:56	52		
542	5731	Bywater	Chris	Rothwell Harriers & AC	M65	53:02	17		
543	6438	Coles	Malcolm	Valley Striders	M75	53:18	1		
544	6166	Hoban	John	Wakefield Triathlon Club	M65	53:30	18		Y
545	5927	Sheppard	Peter	Roundhay Runners	M75	53:38	2		
546	5035	Ibrahim	Joseph	Abbey Runners	M45	53:55	94		
547	6261	Schumacher	Carl	York Postal Harriers	M40	54:02	88	Y	

548	6330	Johnson	Malcolm	Horsforth Harriers	M70	54:05	9		
549	5652	Ledwaba-Chapman	Tony	Nidd Valley Road Runners	M75	54:05	3		
550	6032	Gall	Stuart	St Therasas AC	M40	54:12	89	Y	
551	6010	Smith	Richard M R	Saltaire Striders	M60	54:53	26		
552	5162	Jowett	Stephen	Bradford Airedale AC	M60	55:07	27		
553	5425	Hammond	Phil	Hyde Park Harriers	M55	55:17	53		
554	5857	Hill	Phil	Roundhay Runners	M55	57:07	54		
555	5615	Bennett	John Michael	Leeds & Bradford Triathlon Club	M75	1:00:29	4		Y
556	5819	Clink	Brian	Roundhay Runners	M45	1:00:52	95		
557	6033	Gardner	Andrew	St Therasas AC	M65	1:01:46	19		
558	5559	Nesden	Patrick	Kirkstall Harriers	M65	1:02:41	20		
559	5961	Woods	Richard	Roundhay Runners	M35	1:03:55	76		
560	6468	Cardinale	Antonio	Otley AC	M70	1:08:05	10		Y
561	6396	Appleby	Martin	Rothwell Harriers & AC	M60	1:09:12	28		
562	5523	Kitching	Les	Kippax Harriers	M65	1:11:34	21		