

**PECO Cross Country League 2018-19: Race 4 (Crimple Valley)**  
**Senior Men's Results**

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	4436	Forrest	Terence	Ackworth Road Runners	MSEN	25:10	1		
2	3716	Stratton	Tim	LUUCCC	MSEN	25:15	2	Y	
3	4610	Howie	Robin	Wharfedale Harriers	MSEN	25:17	3		
4	3321	Johnson	Jonathan	Harrogate Harriers & AC	MSEN	25:35	4	Y	
5	4032	Baldwin	Tim	Saltaire Striders	MSEN	25:46	5		
6	4223	Hallam	Matthew	Valley Striders	MSEN	25:53	6		
7	4666	Burns	Alisdair	Wharfedale Harriers	M35	26:09	1		
8	4028	Wills	Jonathan	Roundhay Runners	M40	26:21	1		
9	4494	Athersmith	Lee	Wharfedale Harriers	M35	26:31	2		
10	3434	Smith	Mark	Horsforth Harriers	M35	26:34	3		
11	3046	Midgley	Tim	Abbey Runners	M35	26:38	4	Y	
12	3375	Boynton	Philip	Horsforth Harriers	MSEN	26:39	7		
13	4670	Garbutt	Dan	Durham City	MSEN	26:45	8		Y
14	3237	Robins	Sam	Chapel Allerton RC	MSEN	26:45	9		
15	3535	Vargas	Michael	Hyde Park Harriers	MSEN	26:46	10		
16	4669	Street	Tim	Holmfirth Harriers AC	MSEN	26:47	11		Y
17	4260	Pownall	Jon	Valley Striders	MSEN	26:51	12		
18	4527	Jordan	Rupert	Hyde Park Harriers	MSEN	26:57	13		
19	4162	Grant	Daniel	St Therasas AC	MSEN	27:00	14		
20	4497	Holmes	Christian	Wharfedale Harriers	M45	27:04	1		
21	3451	Anderson	George	Hyde Park Harriers	MSEN	27:11	15		
22	4372	Watson	Sam	Wharfedale Harriers	MSEN	27:16	16		
23	4338	Driver	David	Wharfedale Harriers	M35	27:19	5		
24	3933	Holder	Jacob	Roundhay Runners	MSEN	27:29	17		
25	4164	Herrington	Richard	St Therasas AC	M35	27:32	6		
26	4283	Venning	Tom	Valley Striders	M40	27:33	2		
27	3511	Milne	Angus	Hyde Park Harriers	MSEN	27:35	18		
28	3673	Young	Jonathan	Kirkstall Harriers	MSEN	27:36	19		
29	4062	Fillingham	Martin	Saltaire Striders	M45	27:36	2		
30	3503	Lomas	Adam	Hyde Park Harriers	MSEN	27:37	20		
31	3550	Gott	Steven	Ilkley Harriers	M40	27:38	3		
32	3335	Richardson	Timothy	Harrogate Harriers & AC	MSEN	27:41	21		
33	4631	Bryant	Mark	Harrogate Harriers & AC	M45	27:42	3		
34	4651	Thomas	Tom	Hyde Park Harriers	MSEN	27:45	22		
35	4343	Green	Sam	Wharfedale Harriers	MSEN	27:46	23		
36	3619	Coldwell	Ben	Kirkstall Harriers	MSEN	27:47	24		
37	4350	Kirkham	David	Wharfedale Harriers	M40	27:55	4		
38	3034	Jenkins	Liam	Abbey Runners	MSEN	28:04	25		
39	3787	Wakelin	Luke	Nidd Valley Road Runners	MSEN	28:09	26		
40	3117	Newton	Simon	Ackworth Road Runners	M40	28:12	5		
41	3920	Gibbs	Richard	Roundhay Runners	M40	28:13	6		
42	4373	Willis	Ian	Wharfedale Harriers	M45	28:14	4	Y	
43	4046	Brown	Andy	Saltaire Striders	M50	28:16	1		
44	3036	Jones	Simon	Abbey Runners	MSEN	28:17	27		
45	3164	Humphries	Andrew	Airecentre Pacers	MSEN	28:19	28		
46	3957	Moakler	Ben	Roundhay Runners	M35	28:21	7		
47	4089	Kerr	Will	Saltaire Striders	M40	28:26	7		
48	3975	Pinn	Steve	Roundhay Runners	M40	28:32	8		
49	3272	Forey	Jonathan	Dragons Running Club	M50	28:34	2		
50	3820	Fleming	Andrew	Rothwell Harriers & AC	M35	28:35	8		
51	4249	Mann	Gary	Valley Striders	M35	28:36	9		
52	4526	Carrier	Andrew	Hyde Park Harriers	MSEN	28:39	29		

53	4496	Charlesworth	Nicholas	Wharfedale Harriers	M50	28:41	3		
54	3752	Kirk	Adam	Nidd Valley Road Runners	MSEN	28:42	30		
55	4501	Pratt	Daniel	Wharfedale Harriers	M35	28:46	10		
56	4370	Wardle	Patrick	Wharfedale Harriers	MSEN	28:47	31		
57	4346	Hassell	Ethan	Wharfedale Harriers	MSEN	28:50	32		
58	3966	Newell	Matt	Roundhay Runners	M35	28:52	11		
59	3505	Marquina	Daniel	Hyde Park Harriers	MSEN	28:52	33		
60	3767	Robinson	Alex	Nidd Valley Road Runners	MSEN	28:52	34		
61	3632	Hipkiss	Jack	Kirkstall Harriers	MSEN	28:54	35		
62	4356	Mcguire	Dave	Wharfedale Harriers	M50	28:57	4		
63	4588	Gallagher	Mike	Hyde Park Harriers	M35	28:57	12		
64	4264	Robins	Daniel	Valley Striders	M35	28:58	13		
65	3073	Wilks	Trevor	Abbey Runners	M45	29:04	5	Y	
66	3207	Dearden	Mike	Chapel Allerton RC	M35	29:07	14		
67	3343	Somerville	Gareth	Harrogate Harriers & AC	MSEN	29:07	36		
68	4114	Richardson	Matthew	Saltaire Striders	M35	29:12	15		
69	4318	Kwallah	Joseph	Wetherby Runners AC	M50	29:13	5		
70	3315	Harris	Tom	Harrogate Harriers & AC	MSEN	29:14	37		
71	4649	Blackburn	Ross	Rothwell Harriers & AC	MSEN	29:15	38		
72	3918	Furlong	Ian	Roundhay Runners	M35	29:16	16	Y	
73	4057	Dunbar	Stuart	Saltaire Striders	M55	29:17	1		
74	4279	Thomas	Gwilym	Valley Striders	M40	29:18	9		
75	3785	Todd	Andy	Nidd Valley Road Runners	M55	29:20	2		
76	4381	Ellwood	Glynn	York Postal Harriers	MSEN	29:20	39		
77	4190	Schofield	George	St Therasas AC	MSEN	29:20	40		
78	4183	Newsome	Paul	St Therasas AC	M45	29:21	6		
79	3214	Greenland	Rob	Chapel Allerton RC	M45	29:21	7		
80	3397	Gidlow	Paul	Horsforth Harriers	M40	29:22	10		
81	3960	Morton	Joseph	Roundhay Runners	M35	29:24	17		
82	3797	Cave	Simon	Ripon Runners	M40	29:24	11		Y
83	3802	Harrison	Ian	Rodillian Runners	M35	29:28	18		Y
84	3870	Westmoreland	Jason	Rothwell Harriers & AC	M50	29:29	6		
85	3690	Morland	Stephen	Knarsborough Striders	M45	29:31	8		
86	3421	Plummer	Barnabas	Horsforth Harriers	MSEN	29:32	41		
87	3630	Hardy	Lee	Kirkstall Harriers	M35	29:32	19		
88	4178	Maudsley	Ian	St Therasas AC	M35	29:32	20		
89	3891	Carvello	James	Roundhay Runners	M40	29:33	12		
90	4197	Ball	Jonathan	Valley Striders	M40	29:37	13		
91	4439	Walker	Gavin	Ackworth Road Runners	MSEN	29:38	42		
92	4628	Dowdeswell	Jake	Dragons Running Club	MSEN	29:39	43		
93	3653	O'brien	Alan	Kirkstall Harriers	MSEN	29:41	44		
94	3479	Fulton	Aron	Hyde Park Harriers	MSEN	29:44	45		
95	3037	Jones	Simon	Abbey Runners	M45	29:46	9		
96	3366	Lynch	Tom	Horsforth Fellandale	M35	29:49	21	Y	
97	3524	Rose	Jack	Hyde Park Harriers	MSEN	29:52	46		
98	4614	Bandy	Clive	Valley Striders	M40	29:56	14		
99	3408	Johnston	Ben	Horsforth Harriers	M35	29:57	22		
100	3362	Wynn	Tom	Harrogate Tri Club	MSEN	30:04	47		
101	4278	Tarran	James	Valley Striders	M50	30:05	7		
102	3481	Garratt	Richard	Hyde Park Harriers	M40	30:05	15		
103	3176	Walker	Richard	Airecentre Pacers	M40	30:08	16		
104	4625	Booth	Alexander	Chapel Allerton RC	MSEN	30:10	48		
105	3424	Roebuck	Chris	Horsforth Harriers	M40	30:11	17		
106	3704	Wright	James	Knarsborough Striders	MSEN	30:12	49		
107	3814	Brown	Paul	Rothwell Harriers & AC	M50	30:13	8		

108	3568	Blackburn	Peter	Kippax Harriers	M35	30:13	23		
109	3208	Fall	Chris	Chapel Allerton RC	MSEN	30:13	50		
110	3059	Roden	James	Abbey Runners	M45	30:13	10		
111	3431	Slevin	Finbar	Horsforth Harriers	MSEN	30:15	51		
112	4623	Parke	Callum	Ackworth Road Runners	MSEN	30:16	52		
113	3109	Lines	Charles	Ackworth Road Runners	M55	30:17	3		
114	4290	Atkinson	Joe	Wetherby Runners AC	MSEN	30:17	53		
115	3010	Clark	Cal	Abbey Runners	MSEN	30:18	54		
116	4220	Hall	Benjamin	Valley Striders	MSEN	30:19	55		
117	3665	Temple	Rowan	Kirkstall Harriers	MSEN	30:19	56		
118	3754	Lofthouse	Martin	Nidd Valley Road Runners	M50	30:19	9		
119	3881	Blakeley	Matthew	Roundhay Runners	M45	30:20	11		
120	4018	Walker	Bobak	Roundhay Runners	M35	30:20	24		
121	3196	Armitstead	Simon	Chapel Allerton RC	MSEN	30:21	57		
122	4275	Straughan	Tim	Valley Striders	M50	30:25	10		
123	4029	Yates	Jonny	Roundhay Runners	M35	30:30	25		
124	3022	Franklin	James	Abbey Runners	M40	30:34	18		
125	3976	Powell	Edward	Roundhay Runners	M35	30:35	26		
126	4282	Vallance	Simon	Valley Striders	M50	30:40	11		
127	3161	Gwilym	Owain	Airecentre Pacers	M35	30:41	27		
128	3076	Wray-Rogers	Luke	Abbey Runners	M40	30:41	19		
129	3216	Harrold	Brian	Chapel Allerton RC	MSEN	30:44	58		
130	4234	Jones	Graham	Valley Striders	M50	30:45	12		
131	3645	Moger	Adam	Kirkstall Harriers	M40	30:49	20		
132	4199	Balshaw	Richard	Valley Striders	M50	30:53	13		
133	4352	Lloyd	Pete	Wharfedale Harriers	M35	30:53	28	Y	
134	3558	Murray	Steve	Ilkley Harriers	M45	30:55	12		
135	3252	Webber-Cross	Geoff	Chapel Allerton RC	M35	30:55	29		
136	4566	Emptagh	Tristan	Wetherby Runners AC	M45	30:55	13		
137	4442	Lister	Mike	Chapel Allerton RC	MSEN	30:59	59		
138	4387	Partridge	Simon	York Postal Harriers	M40	31:01	21		
139	3937	Jackson	Thomas	Roundhay Runners	MSEN	31:03	60		
140	3533	Tranter	Colin	Hyde Park Harriers	M35	31:04	30		
141	4003	Steele	Joe	Roundhay Runners	M45	31:05	14		
142	4202	Brown	Tom	Valley Striders	M40	31:07	22		
143	3679	Cornforth	Philip	Knaresborough Striders	M50	31:08	14		
144	4569	Gibb	Ewan	Saltaire Striders	MSEN	31:10	61		
145	4319	Linstrum	Nils	Wetherby Runners AC	MSEN	31:12	62		
146	4493	Mason	Andrew	Wetherby Runners AC	MSEN	31:13	63		
147	3520	Rhodes	Steve	Hyde Park Harriers	M55	31:13	4		
148	3222	Kent	Jonathan	Chapel Allerton RC	M35	31:13	31		
149	4195	Kennis	Alastair	Thames Hare & Hounds	M45	31:15	15	Y	
150	3115	Needham	Jim	Ackworth Road Runners	M50	31:15	15		
151	3529	Spain	Jonathan	Hyde Park Harriers	MSEN	31:16	64		
152	4545	Smith	Paul	Valley Striders	M45	31:20	16		
153	4008	Thorpe	Andrew	Roundhay Runners	M40	31:21	23		
154	3657	Pullan	Andy	Kirkstall Harriers	MSEN	31:22	65		
155	3465	Carrick	Chris	Hyde Park Harriers	M40	31:23	24		
156	3150	Worthington	Joe	Ackworth Road Runners	M40	31:23	25		
157	4311	Gray	Robert	Wetherby Runners AC	M55	31:25	5		
158	3233	Padgett	Tony	Chapel Allerton RC	MSEN	31:26	66		
159	3383	Critchley	Martin	Horsforth Harriers	M40	31:26	26		
160	4192	Sheppard	Ian	St Therasas AC	MSEN	31:28	67		
161	3781	Street	Richard	Nidd Valley Road Runners	M35	31:28	32		
162	3830	Head	Steve	Rothwell Harriers & AC	M45	31:30	17		

163	3584	Hill	Andy	Kippax Harriers	M45	31:31	18		
164	4452	Brant	Greg	Horsforth Harriers	M35	31:31	33		
165	3348	Watson	Simon	Harrogate Harriers & AC	M55	31:31	6		
166	4331	Whiting	Darren	Wetherby Runners AC	MSEN	31:34	68		
167	3124	Roberts	James	Ackworth Road Runners	MSEN	31:35	69		
168	3052	Nurse	Dominic	Abbey Runners	M50	31:36	16		
169	3887	Butler	Joe	Roundhay Runners	MSEN	31:40	70		
170	4478	Montgomery	Craig	Roundhay Runners	M35	31:40	34		
171	3101	Hughes	David	Ackworth Road Runners	M40	31:41	27		
172	4630	Alton	Samuel	Harrogate Harriers & AC	MSEN	31:42	71		
173	4320	Matthewson	Alex	Wetherby Runners AC	M35	31:42	35		
174	3515	Payne	Nick	Hyde Park Harriers	M35	31:44	36		
175	3771	Scaife	Nigel	Nidd Valley Road Runners	M45	31:45	19		
176	3563	Shelley	Peter	Ilkley Harriers	M50	31:48	17		
177	3234	Price	Dan	Chapel Allerton RC	MSEN	31:50	72		
178	3344	Stockburn	Paul	Harrogate Harriers & AC	M60	31:52	1		
179	3639	Longmate	Kevin	Kirkstall Harriers	MSEN	31:58	73		
180	3398	Greenhalgh	Lee	Horsforth Harriers	M45	31:59	20		
181	4576	Spink	Stewart	Saltaire Striders	M50	32:04	18		
182	4621	Huggins	Roy	Valley Striders	M55	32:08	7		
183	4257	Parton	Adam	Valley Striders	M45	32:10	21		
184	3545	Budding	Robert	Ilkley Harriers	M50	32:10	19		
185	3133	Strutt	Chris	Ackworth Road Runners	M45	32:10	22		
186	4668	Pratt	John	Hyde Park Harriers	M35	32:10	37		
187	3322	Jordan	Mark	Harrogate Harriers & AC	M60	32:11	2		
188	3932	Hodge	Tony	Roundhay Runners	M45	32:11	23		
189	3883	Browes	Sam	Roundhay Runners	MSEN	32:16	74		
190	4410	Gelder	Steve	York Triathlon Club	M45	32:17	24	Y	
191	3547	Duffield	Michael	Ilkley Harriers	M45	32:20	25		
192	4011	Turner	Andy	Roundhay Runners	MSEN	32:22	75		
193	3702	Wilkinson	Gary	Knaresborough Striders	M45	32:26	26		
194	3436	Squire	Alan	Horsforth Harriers	M50	32:28	20		
195	3809	Wood	Paul	Rodillian Runners	M45	32:29	27		Y
196	4267	Sanderson	Ian	Valley Striders	M45	32:31	28		
197	3038	Kent	Craig	Abbey Runners	MSEN	32:32	76		
198	4616	Mills	Tony	Valley Striders	M45	32:32	29		
199	4378	Clayton	Daniel	York Postal Harriers	M45	32:35	30		
200	4601	Singh	John	Saltaire Striders	M35	32:38	38		
201	3225	Lyons	Chris	Chapel Allerton RC	M40	32:40	28		
202	4600	Rayner	Joseph	Saltaire Striders	M50	32:41	21		
203	3828	Hayes	Justin	Rothwell Harriers & AC	M45	32:43	31		
204	4167	Horbury	Martin	St Therasas AC	M55	32:45	8		
205	3304	Cooper	Ian	Harrogate Harriers & AC	M40	32:46	29		
206	3961	Moss	Marcus	Roundhay Runners	M40	32:46	30		
207	3582	Harding	Andrew	Kippax Harriers	M45	32:47	32		
208	3650	Nodwell	Adam	Kirkstall Harriers	MSEN	32:54	77	Y	
209	3202	Calver	Rob	Chapel Allerton RC	M45	32:59	33		
210	3411	Little	Stuart	Horsforth Harriers	MSEN	33:04	78		
211	4116	Rix	Jeremy	Saltaire Striders	M55	33:06	9		
212	3108	Leadbeater	Mark	Ackworth Road Runners	M50	33:09	22		
213	4333	Bird	Graham	Wharfedale Harriers	M50	33:11	23		
214	4052	Dell'amico	Loris	Saltaire Striders	M40	33:11	31		
215	4205	Cook	Sean	Valley Striders	M35	33:15	39		
216	3612	Boardman	Simon	Kirkstall Harriers	MSEN	33:17	79		
217	4671	Ratcliffe	Tom	Saltaire Striders	M35	33:17	40		

218	3740	Hainsworth	Brian	Nidd Valley Road Runners	M40	33:19	32		
219	3185	Mills	Gerard	Bradford Airedale AC	M50	33:20	24		
220	4646	Huby	David	Wetherby Runners AC	M45	33:23	34		
221	3195	Allison	David	Chapel Allerton RC	M45	33:24	35		
222	3988	Robertson	Adam	Roundhay Runners	M35	33:25	41		
223	3483	Goold	Conor	Hyde Park Harriers	MSEN	33:26	80		
224	3834	Hulme	Simon	Rothwell Harriers & AC	M45	33:30	36		
225	3629	Hands	Simon	Kirkstall Harriers	M40	33:35	33		
226	4393	Shively	Bill	York Postal Harriers	M55	33:36	10		
227	3786	Turner	Steven	Nidd Valley Road Runners	M45	33:38	37		
228	3084	Bennett	Simon	Ackworth Road Runners	M55	33:42	11		
229	3491	Hassall	Christopher	Hyde Park Harriers	MSEN	33:42	81		
230	3623	Geisleris	Giedrius	Kirkstall Harriers	M35	33:43	42		
231	3606	Wideman	Wayne	Kippax Harriers	M40	33:47	34		
232	3705	Anderson	Peter	Leeds & Bradford Triathlon Club	M55	33:50	12		Y
233	4457	Jowett	Gareth	Hyde Park Harriers	MSEN	33:52	82		
234	3734	Dalton	Kevin	Nidd Valley Road Runners	MSEN	33:53	83		
235	3296	Sutherland	Mark	Eccleshill Road Runners	M50	33:54	25		
236	4650	Jenkin	David	Wakefield Triathlon Club	MSEN	33:58	84		Y
237	4521	Moffatt	Simon	Harrogate Harriers & AC	M50	34:00	26		
238	4209	Davison	Sam	Valley Striders	MSEN	34:01	85		
239	3241	Shepherd	Stuart	Chapel Allerton RC	M35	34:01	43		
240	3132	Stancliffe	Ian	Ackworth Road Runners	M55	34:03	13		
241	3559	Pickering	Malcolm	Ilkley Harriers	M65	34:03	1		
242	4386	Middleton	Simon	York Postal Harriers	M45	34:05	38		
243	4400	Bevan	John	York Triathlon Club	M50	34:10	27		Y
244	3675	Brennan	Sean	Knaresborough Striders	M45	34:10	39		
245	4632	Salmons	Luke	Harrogate Harriers & AC	M35	34:12	44		
246	3393	Foley	Brendan	Horsforth Harriers	M40	34:12	35		
247	3337	Rowbotham	Ian	Harrogate Harriers & AC	M55	34:12	14		
248	4050	Chambers	Mick	Saltaire Striders	M65	34:13	2		
249	3991	Rush	Peter	Roundhay Runners	M55	34:14	15		
250	4618	Woodhead	William	Airecentre Pacers	MSEN	34:23	86		
251	3532	Taylor	Lee	Hyde Park Harriers	M40	34:23	36		
252	4416	Laughton	Mark	York Triathlon Club	M50	34:24	28		
253	3250	Vinegrad	Michael	Chapel Allerton RC	M35	34:26	45		
254	3320	Jenkins	Iain	Harrogate Harriers & AC	M55	34:27	16		
255	4456	Giglia	Chris	Hyde Park Harriers	MSEN	34:30	87		
256	4140	Booth	Kevin	St Therasas AC	M40	34:32	37		
257	3526	Sawyer	Paul	Hyde Park Harriers	M35	34:33	46		
258	4067	Furlong	Simon	Saltaire Striders	MSEN	34:38	88		
259	3260	Babington	Dan	Dragons Running Club	M40	34:39	38		
260	3764	Peagram	Andrew	Nidd Valley Road Runners	M40	34:41	39		
261	3014	Curley	Aidan	Abbey Runners	M40	34:42	40		
262	4340	Farrar	Martin	Wharfedale Harriers	M55	34:42	17		
263	3159	Gifford	Thomas	Airecentre Pacers	M35	34:43	47		
264	3378	Butterfield	Richard	Horsforth Harriers	M60	34:44	3		
265	4593	Knapp	James	Nidd Valley Road Runners	MSEN	34:47	89		
266	4150	Ellis	Andrew	St Therasas AC	M40	34:47	41		
267	4077	Hetherington	Stephen	Saltaire Striders	M55	34:49	18		Y
268	3160	Grindley	Paul	Airecentre Pacers	M50	34:51	29		
269	4446	Bates	Adam	Harrogate Harriers & AC	M35	34:52	48		Y
270	4216	Fox	Ken	Valley Striders	M60	34:52	4		
271	3780	Staiano	Simon	Nidd Valley Road Runners	M40	34:56	42		
272	4157	Gaunt	Daniel	St Therasas AC	M35	34:57	49		

273	4363	Schofield	Jason	Wharfedale Harriers	M45	35:00	40		
274	3056	Richards	Jon	Abbey Runners	M40	35:05	43		
275	3156	Cowling	Graeme	Airecentre Pacers	MSEN	35:07	90		
276	4661	Gibson	Paul	Chapel Allerton RC	M55	35:07	19		Y
277	4001	Smith	Jonathan	Roundhay Runners	M45	35:10	41		
278	3019	Ellis	Matt	Abbey Runners	M40	35:16	44		
279	3221	Jewitt	Fred	Chapel Allerton RC	MSEN	35:20	91		
280	3311	Gill	Michael	Harrogate Harriers & AC	M50	35:21	30		
281	3118	Nicholl	Alistair	Ackworth Road Runners	M40	35:21	45		
282	3447	Womersley	David	Horsforth Harriers	M65	35:22	3		
283	4261	Preston	Alistair	Valley Striders	M45	35:23	42		
284	4284	Walker	Richard	Valley Striders	M50	35:25	31		
285	4012	Twigg	Pete	Roundhay Runners	M50	35:32	32		
286	3299	Askew	David	Harrogate Harriers & AC	M55	35:35	20		
287	4291	Atkinson	Paul	Wetherby Runners AC	M55	35:37	21		
288	3071	Ward	John	Abbey Runners	M65	35:38	4		
289	4570	Dodds	Allan	Roundhay Runners	M40	35:40	46		
290	4013	Twitchett	Mark	Roundhay Runners	M45	35:42	43		
291	4388	Platten	Jason	York Postal Harriers	MSEN	35:45	92		
292	4083	Jackson	Brett	Saltaire Striders	M40	35:57	47		
293	3625	Glover	Chris	Kirkstall Harriers	M55	35:58	22		
294	3688	Mitchell	Ian	Knarsborough Striders	M55	35:59	23		
295	3249	Todd	Stephen	Chapel Allerton RC	M65	35:59	5		
296	3904	Dennison	Warren	Roundhay Runners	M50	36:02	33		
297	3039	Kent	Scott	Abbey Runners	MSEN	36:02	93		
298	3072	Whittaker	James	Abbey Runners	M50	36:04	34		
299	4644	Heselden	Jamie	Rothwell Harriers & AC	M40	36:04	48		
300	3302	Bell	Gareth	Harrogate Harriers & AC	M35	36:05	50		
301	3355	Murray	Julian	Harrogate Tri Club	M45	36:08	44		
302	3329	Nesbitt	Stephen	Harrogate Harriers & AC	M50	36:09	35		
303	3140	Walker	Will	Ackworth Road Runners	M35	36:10	51		
304	3372	Beal	Paul	Horsforth Harriers	M40	36:12	49		
305	4031	Young	Innes	Roundhay Runners	M40	36:13	50		
306	3597	O'hara	Colm	Kippax Harriers	M45	36:14	45		
307	4293	Bell	Richard	Wetherby Runners AC	M50	36:14	36		
308	3129	Sinar	Terry	Ackworth Road Runners	M55	36:18	24		
309	3899	Common	Paul	Roundhay Runners	M50	36:19	37		
310	3510	Miles	Graeme	Hyde Park Harriers	M35	36:26	52		
311	3472	Dickens	Paul	Hyde Park Harriers	MSEN	36:27	94		
312	3350	Whitaker	Jonathan	Harrogate Harriers & AC	M55	36:28	25		
313	4560	Mustufvi	Zhain	Chapel Allerton RC	MSEN	36:28	95		
314	3822	Gregory	Mark	Rothwell Harriers & AC	M55	36:28	26		Y
315	4159	Gill	Christopher	St Therasas AC	M70	36:29	1		
316	3285	Wilson	Danny	Dragons Running Club	M40	36:30	51		
317	4511	Hutchinson	Alan	Valley Striders	M60	36:30	5		
318	3720	Armstrong	Mark	Nidd Valley Road Runners	M50	36:33	38		
319	3280	Porter	Craig	Dragons Running Club	M45	36:37	46		
320	4385	Heather	Andrew	York Postal Harriers	M45	36:38	47		
321	3045	Littlewood	Graeme	Abbey Runners	M50	36:42	39		
322	4000	Smith	Johnathan	Roundhay Runners	M45	36:42	48		
323	4172	Leaf	David	St Therasas AC	M65	36:44	6		
324	4642	Shaw	Michael	Nidd Valley Road Runners	M40	36:46	52		
325	4563	Verity	Jack	Saltaire Striders	M60	36:47	6		
326	4672	Clark	Lucas	Wetherby Runners AC	MSEN	36:51	96		
327	3911	Elliott	John	Roundhay Runners	M55	36:53	27		



328	3845	Moseley	Kevin	Rothwell Harriers & AC	M45	36:54	49		
329	4015	Urquhart	Alistair	Roundhay Runners	M50	36:56	40		
330	4277	Sutton	Leroy	Valley Striders	M60	36:59	7		
331	3347	Walker	Mark	Harrogate Harriers & AC	M55	37:02	28	Y	
332	3236	Robins	Ben	Chapel Allerton RC	MSEN	37:03	97		
333	3120	Payne	Richard	Ackworth Road Runners	M40	37:03	53		
334	3667	Thomas	Richard	Kirkstall Harriers	M55	37:04	29		
335	4463	Hymas	Stewart	Knaresborough Striders	M45	37:05	50		
336	3962	Mullany	Sean	Roundhay Runners	M55	37:09	30		
337	4523	Henry	Kristian James	Horsforth Harriers	M35	37:12	53		
338	4633	Bisset	Andrew	Horsforth Harriers	M45	37:12	51		
339	3175	Turner	Graham	Airecentre Pacers	M40	37:13	54		
340	4041	Bower	David	Saltaire Striders	M55	37:16	31		
341	4019	Walker	John	Roundhay Runners	M55	37:18	32		
342	3497	Jones	Chris	Hyde Park Harriers	M60	37:20	8		
343	3003	Badkin	Peter	Abbey Runners	M50	37:23	41		
344	3339	Seymour	Mark	Harrogate Harriers & AC	M55	37:23	33		
345	3867	Ward	Roger	Rothwell Harriers & AC	M55	37:25	34		
346	4546	Simpson	John	Wetherby Runners AC	M65	37:26	7		
347	4604	Dixon	Stephen	Valley Striders	M65	37:28	8		
348	4107	Parker	Darren	Saltaire Striders	M45	37:30	52		
349	3042	Lavery	Malcolm	Abbey Runners	M50	37:31	42		
350	4358	Milner	Stephen	Wharfedale Harriers	M55	37:32	35		
351	3049	Morimoto	Kazuki	Abbey Runners	M50	37:35	43		
352	4070	Griffiths	Alun	Saltaire Striders	M60	37:36	9		
353	3808	Walsh	John	Rodillian Runners	M45	37:36	53		Y
354	4286	White	Paul	Valley Striders	M70	37:38	2		
355	4268	Sawyer	Chris	Valley Striders	M60	37:39	10		
356	4612	Withill	Sean	York Postal Harriers	M55	37:41	36		
357	3848	Parker-Haim	Christopher	Rothwell Harriers & AC	M35	37:43	54		
358	3590	Kitching	Lee	Kippax Harriers	M45	37:45	54		
359	4444	Storey	Ian	Eccleshill Road Runners	M40	37:47	55		
360	3727	Benson	Michael	Nidd Valley Road Runners	M35	37:48	55		
361	3581	Gummerson	Robert	Kippax Harriers	M45	37:51	55		
362	3884	Bull	Nick	Roundhay Runners	M50	37:53	44		
363	3017	Ellis	Adam	Abbey Runners	M40	37:54	56		
364	4663	Burns	Graham	Dragons Running Club	MSEN	38:01	98		Y
365	3757	Manning	Paul	Nidd Valley Road Runners	M50	38:05	45		
366	3284	Tomlinson	Paul	Dragons Running Club	M50	38:08	46		
367	4129	Western	Gary	Saltaire Striders	M55	38:08	37		
368	4134	Baxter	Neil	Skyrac AC	M40	38:09	57		Y
369	3896	Clink	James	Roundhay Runners	MSEN	38:10	99		
370	3835	Kelly	Mat	Rothwell Harriers & AC	M35	38:11	56		
371	3415	McCleave	Martin	Horsforth Harriers	M50	38:16	47		
372	3367	Metcalfe	Daniel	Horsforth Fellandale	M35	38:17	57		
373	3698	Tibbals	Andy	Knaresborough Striders	M50	38:17	48		
374	3923	Hall	Giles	Roundhay Runners	M50	38:17	49		
375	4431	Wray	Scott	York Triathlon Club	M45	38:18	56		
376	3044	Leslie	David	Abbey Runners	M65	38:19	9		
377	3733	Cook	James	Nidd Valley Road Runners	M50	38:21	50		
378	4009	Toulson	Anthony	Roundhay Runners	M45	38:24	57		
379	4665	Lenihan	Ian	Valley Striders	M35	38:26	58		Y
380	3616	Carlisle	Gary	Kirkstall Harriers	M55	38:30	38		
381	3854	Shaw	Brian	Rothwell Harriers & AC	M55	38:32	39		
382	3294	Steele	Marc	Eccleshill Road Runners	MSEN	38:33	100		

383	4640	Flood	Stephen	Nidd Valley Road Runners	M45	38:34	58		
384	3693	Shelton	Mark	Knaresborough Striders	M35	38:36	59		
385	4300	Costello	Peter	Wetherby Runners AC	M45	38:37	59		
386	3292	Redmond	Tony	Eccleshill Road Runners	M55	38:40	40		
387	3387	Dutton	David	Horsforth Harriers	M60	38:43	11		
388	3340	Simmons	Dan	Harrogate Harriers & AC	M55	38:47	41		
389	4155	Gall	Stuart	St Therasas AC	M40	38:48	58		
390	4606	Pullan	Richard	Hyde Park Harriers	M60	38:49	12		
391	3163	Hill	Chris	Airecentre Pacers	M60	38:54	13		
392	3096	Gill	Darren	Ackworth Road Runners	M45	38:58	60		
393	4390	Richardson	Jonathan	York Postal Harriers	M40	39:00	59		
394	4462	Green	Jason	Knaresborough Striders	MSEN	39:02	101		
395	4280	Towler	Tim	Valley Striders	M55	39:08	42		
396	3586	Hoy	Graham	Kippax Harriers	M40	39:09	60		
397	4056	Douglas	Alan	Saltaire Striders	M45	39:11	61		
398	3107	Leach	Adrian	Ackworth Road Runners	M50	39:13	51		
399	3204	Cuthbertson	Nic	Chapel Allerton RC	M55	39:16	43		
400	3370	Allen	Steven	Horsforth Harriers	M45	39:18	62		
401	3306	Couldwell	Alan	Harrogate Harriers & AC	M60	39:33	14		
402	4432	Brownbridge	Garry	Abbey Runners	M55	39:46	44		
403	3297	Sutton	Robert	Eccleshill Road Runners	M55	39:50	45		
404	4233	Jackson	Bob	Valley Striders	M65	39:58	10		
405	3449	Yeadon	Michael	Horsforth Harriers	M60	40:00	15		
406	4389	Raddall	Phil	York Postal Harriers	M50	40:03	52		
407	4353	Madhas	Raj	Wharfedale Harriers	M50	40:05	53		
408	3651	Nundy	James	Kirkstall Harriers	M40	40:06	61		
409	4098	Mistry	Mohanlal	Saltaire Striders	M55	40:08	46		
410	4415	Kuendiger	Jan	York Triathlon Club	M35	40:10	60		
411	3577	Durkin	Paul	Kippax Harriers	M55	40:11	47		
412	4550	Baker	Bob	Otley AC	M60	40:14	16		Y
413	3614	Britton	Peter	Kirkstall Harriers	M60	40:15	17		
414	4641	Scott	Jeremy	Nidd Valley Road Runners	M50	40:17	54		
415	4667	Wallace	John	Valley Striders	M50	40:19	55		Y
416	4654	Lennon	Laurence	Abbey Runners	M55	40:20	48		
417	4401	Buckley	Neil	York Triathlon Club	M60	40:20	18		
418	3412	Mangeolles	James	Horsforth Harriers	MSEN	40:21	102		
419	4504	Smith	Nick	Valley Striders	M35	40:27	61		
420	3077	Allison	Dave	Ackworth Road Runners	M35	40:27	62		
421	3186	Miran	Sohail	Bradford Airedale AC	M45	40:35	63		
422	4656	Bowman	Geoff	Roundhay Runners	M55	40:38	49		
423	3127	Sharp	Christopher	Ackworth Road Runners	MSEN	40:50	103		
424	3759	Montana	Marcos	Nidd Valley Road Runners	MSEN	40:51	104		
425	3596	Mortimer	Christopher	Kippax Harriers	M50	40:55	56		
426	4539	Haigh	Ben	Rothwell Harriers & AC	M45	41:07	64		
427	3183	Markey	Barry	Bradford Airedale AC	M60	41:15	19		
428	4615	Foulkes	Bartley	Horsforth Harriers	M60	41:18	20		
429	3775	Seaman	Dave	Nidd Valley Road Runners	M70	41:27	3		
430	3070	Walton	Clive	Abbey Runners	M50	41:36	57		
431	4487	Coles	Malcolm	Valley Striders	M75	41:42	1		
432	3474	Edwards	Richard	Hyde Park Harriers	M40	41:50	62		
433	3193	Wright	Martin	Bradford Airedale AC	M55	42:00	50		
434	3152	Zywicki	Paul	Ackworth Road Runners	M55	42:10	51		
435	4034	Beecroft	Frank	Saltaire Striders	M50	42:11	58		
436	3936	Irving	John	Roundhay Runners	M60	42:12	21		
437	3531	Tarbit	James	Hyde Park Harriers	MSEN	42:15	105		



438	4309	Foster	Mark	Wetherby Runners AC	M45	42:18	65		
439	3135	Taylor	Christopher	Ackworth Road Runners	M65	42:25	11		
440	4397	Allen	Mark	York Triathlon Club	M40	42:34	63		
441	4398	Archer	John	York Triathlon Club	M70	42:36	4		
442	4443	Peck	Simon	Dragons Running Club	M60	42:42	22		
443	4592	Sinton	David	Knaresborough Striders	M45	42:49	66		
444	4329	Upperton	James	Wetherby Runners AC	MSEN	43:24	106		
445	4367	Thompson	Geoff	Wharfedale Harriers	M55	43:28	52		
446	4248	Mackreth	Paul	Valley Striders	M40	43:38	64		
447	4549	Buffham	Don	Otley AC	M60	43:49	23		Y
448	3826	Hawden	Graham	Rothwell Harriers & AC	M55	43:56	53		
449	4101	Moss	Mike	Saltaire Striders	M60	44:00	24		
450	3729	Clipston	Jonathan	Nidd Valley Road Runners	M50	44:05	59		
451	4627	Barker	Mick	Dragons Running Club	M50	44:18	60		
452	3486	Gray	Matthew	Hyde Park Harriers	MSEN	44:34	107		
453	4242	Lim	Philip	Valley Striders	M45	44:48	67		
454	4143	Boyle	Peter	St Therasas AC	M65	45:14	12		
455	4281	Tyrrell	Brian	Valley Striders	M60	45:17	25		
456	3184	Midgley	Mathew	Bradford Airedale AC	MSEN	45:35	108		
457	3753	Ledwaba-Chapman	Tony	Nidd Valley Road Runners	M75	45:49	2		
458	3438	Taylor	Ian	Horsforth Harriers	M50	45:54	61		
459	3385	Dinsdale	Mark	Horsforth Harriers	M50	45:55	62		
460	3177	Walker	Simon	Airecentre Pacers	M35	46:07	63		
461	3031	Ibrahim	Joseph	Abbey Runners	M40	46:12	65		
462	4119	Silva	Mervyn	Saltaire Striders	M60	46:12	26		
463	3589	Kitchen	Jay	Kippax Harriers	M55	46:14	54		
464	3295	Steele	Martin	Eccleshill Road Runners	M55	46:14	55		
465	3995	Sheppard	Peter	Roundhay Runners	M70	46:27	5		
466	3278	Mckay	Martin	Dragons Running Club	M40	46:37	66		
467	3895	Clink	Brian Andrew	Roundhay Runners	M45	47:25	68		
468	4607	Breare	Nick	Saltaire Striders	M65	47:29	13		
469	4165	Higgins	Mick	St Therasas AC	M70	47:30	6		
470	3779	Smith	Nick	Nidd Valley Road Runners	M55	47:32	56		
471	4270	Sedgley	Neil	Valley Striders	M50	47:42	63		
472	3631	Hey	Peter	Kirkstall Harriers	M65	47:48	14		
473	3488	Hammond	Phil	Hyde Park Harriers	M55	47:51	57		
474	4120	Smith	Richard	Saltaire Striders	M60	47:57	27		
475	3664	Taylor	Malcolm	Kirkstall Harriers	MSEN	48:12	109		
476	3931	Hill	Philip	Roundhay Runners	M55	48:16	58		
477	3832	Hillarby	Richard	Rothwell Harriers & AC	M60	48:28	28		
478	3200	Bernardo Jr	Carlos	Chapel Allerton RC	M35	48:43	64		
479	3309	Foster	Colin	Harrogate Harriers & AC	M60	49:54	29		
480	4156	Gardner	Andrew	St Therasas AC	M65	51:25	15		
481	3556	Macrae	Donald	Ilkley Harriers	M70	52:41	7		
482	3648	Nesden	Patrick	Kirkstall Harriers	M65	52:55	16		
483	3088	Camponi	Tom	Ackworth Road Runners	MSEN	1:01:12	110		
484	3428	Scanlon	Pete	Horsforth Harriers	M70	1:02:18	8		
485	4506	Cardinale	Antonio	Otley AC	M65	1:06:28	17		Y