

PECO Cross Country League 2018-19: Race 4 (Crimple Valley)

Senior Ladies Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	4403	Cross	Helen	York Triathlon Club	F35	28:21	1	Y	
2	3442	Wall	Aisling	Horsforth Harriers	F50	29:04	1		
3	4342	Graham	Ailish	Wharfedale Harriers	F50	29:06	2		
4	4659	Hardacre	Hinda	Wharfedale Harriers	F40	29:17	1	Y	Y
5	3061	Rogers	Alice	Abbey Runners	F50	29:26	3		
6	4360	Padilla	Monica	Wharfedale Harriers	F50	29:30	4		
7	3607	Ballantyne	Emma	Kirkstall Harriers	F50	29:33	5	Y	
8	3557	Munro	Pauline	Ilkley Harriers	F50	29:39	1		
9	4433	Ball	Karen	Ackworth Road Runners	F40	30:00	2		
10	3946	Lewis	Susan	Roundhay Runners	F40	30:11	3		
11	4361	Raven	Emma	Wharfedale Harriers	F35	30:37	2		
12	4500	Martin	Sophie	Wharfedale Harriers	F50	30:57	6		
13	3538	Young	Amy	Hyde Park Harriers	F50	31:11	7		
14	4553	Pickering	Sarah	Ilkley Harriers	F50	31:14	8		
15	4464	Rowe	Isabelle	Knatesborough Striders	F50	31:15	9		
16	3102	Hunter	Sarah	Ackworth Road Runners	F50	31:24	10		
17	3300	Barlow	Sharon	Harrogate Harriers & AC	F40	31:35	4		
18	3418	O'sullivan	Sarah	Horsforth Harriers	F40	31:36	5	Y	
19	4171	Kemshall	Sarah	St Therasas AC	F50	31:37	11		
20	4619	Carter	Rachel	Ilkley Harriers	F40	31:47	6		
21	3336	Robinson	Emma	Harrogate Harriers & AC	F35	31:49	3		
22	4325	Normington	Rebecca	Wetherby Runners AC	F50	31:53	12		
23	3993	Say	Julia	Roundhay Runners	F45	32:17	1		
24	3934	Howard	Claire	Roundhay Runners	F45	32:21	2	Y	
25	3908	Dransfield	Laura	Roundhay Runners	F50	32:25	13		
26	3040	Kilcoyne	Alexandra	Abbey Runners	F50	32:32	14		
27	4219	Graham	Sarah	Valley Striders	F50	32:35	15	Y	
28	4289	Andrews	Nicky	Wetherby Runners AC	F50	32:40	16		
29	4250	Mann	Sarah	Valley Striders	F35	32:48	4		
30	3212	Garnett	Suzanne	Chapel Allerton RC	F50	32:51	17		
31	4486	Yates	Amy	St Therasas AC	F50	32:52	18		
32	3380	Clegg	Lindsey	Horsforth Harriers	F35	33:05	5		
33	3427	Savill	Molly	Horsforth Harriers	F50	33:15	19		
34	3012	Clark	Michaela	Abbey Runners	F45	33:17	3		
35	4517	Eadon	Ella	City of York AC	F50	33:20	20		Y
36	3308	Evans	Charlotte	Harrogate Harriers & AC	F40	33:21	7		
37	3325	Mawer	Lisa	Harrogate Harriers & AC	F50	33:22	2		
38	3067	Stansbie	Lisa	Abbey Runners	F40	33:24	8		
39	3907	Dransfield	Emma	Roundhay Runners	F50	33:29	21		
40	4660	Bentley	Rachel	Valley Striders	F50	33:34	22		
41	3910	Eastwood	Nikki	Roundhay Runners	F50	33:38	3		
42	3254	Whiteman	Jen	Chapel Allerton RC	F50	33:52	23		
43	3206	Davies	Polly	Chapel Allerton RC	F50	33:57	24		
44	3746	Howe	Michelle	Nidd Valley Road Runners	F40	33:58	9		
45	3021	Fox	Hannah	Abbey Runners	F50	34:00	25		
46	4218	Gledhill	Steph	Valley Striders	F40	34:03	10		
47	3686	Lowery	Sima	Knatesborough Striders	F40	34:08	11		
48	3403	Harrison	Jenny	Horsforth Harriers	F50	34:16	26		

49	3482	Goodacre	Heather	Hyde Park Harriers	FSEN	34:25	27		
50	4040	Bowden	Bernie	Saltaire Striders	F45	34:36	4		
51	4274	Spencer	Amanda	Valley Striders	F45	34:38	5		
52	3913	Elson	Sara	Roundhay Runners	F45	34:41	6		
53	3244	Sturley	Charlotte	Chapel Allerton RC	FSEN	34:43	28		
54	4351	Kirkham	Katherine	Wharfedale Harriers	F40	34:44	12		
55	3050	Mullen	Faye	Abbey Runners	FSEN	34:46	29		
56	4371	Watson	Emma	Wharfedale Harriers	FSEN	34:50	30		
57	3169	Macfarlane	Kate	Airecentre Pacers	FSEN	34:51	31		
58	3455	Baldry	Honor	Hyde Park Harriers	FSEN	34:52	32		
59	4437	Newbound	Hayley	Ackworth Road Runners	FSEN	34:56	33	Y	
60	3817	Davies	Sian	Rothwell Harriers & AC	FSEN	35:02	34		
61	3855	Skelhorn	Rowena	Rothwell Harriers & AC	F40	35:04	13		
62	3162	Haigh	Sally	Airecentre Pacers	F50	35:07	4		
63	3058	Roden	Helen	Abbey Runners	F45	35:16	7		
64	4306	Derry	Joanne	Wetherby Runners AC	F50	35:25	5	Y	
65	3551	Howe	Caroline	Ilkley Harriers	F35	35:36	6		
66	3879	Barker	Carmel	Roundhay Runners	F55	35:42	1		
67	4173	Liu	Tao (judy)	St Therasas AC	F40	35:44	14		
68	4203	Capper	Claire	Valley Striders	FSEN	35:50	35		
69	4302	Davey	Jo	Wetherby Runners AC	F45	35:52	8		
70	4182	Muir	Ruth	St Therasas AC	F40	35:54	15		
71	3198	Barnes	Philippa	Chapel Allerton RC	F35	35:58	7		
72	3394	Fox	Judith	Horsforth Harriers	F50	36:00	6		
73	3578	Follows	Emily	Kippax Harriers	F40	36:01	16		
74	3519	Rhodes	Jo	Hyde Park Harriers	FSEN	36:02	36		
75	3660	Sheehan	Therese	Kirkstall Harriers	FSEN	36:03	37		
76	3504	Markless	Sarah	Hyde Park Harriers	FSEN	36:06	38		
77	3357	Stephenson	Jo	Harrogate Tri Club	FSEN	36:06	39		
78	3242	Simpson	Emily	Chapel Allerton RC	F35	36:13	8		
79	4330	Warner	Emma	Wetherby Runners AC	F40	36:14	17		
80	3054	Phillips	Laura	Abbey Runners	FSEN	36:16	40		
81	3978	Proctor	Cheryl	Roundhay Runners	FSEN	36:18	41		
82	3689	Morland	Catherine	Knaresborough Striders	F40	36:18	18		
83	3091	Evans	Emma	Ackworth Road Runners	FSEN	36:19	42		
84	3410	Lawrence	Becky	Horsforth Harriers	F40	36:24	19		
85	4583	Gaines	Tammy	Ackworth Road Runners	F35	36:24	9		
86	4276	Sunderland	Sue	Valley Striders	F55	36:25	2		
87	4635	Moreland	Nichola	Hyde Park Harriers	FSEN	36:26	43		
88	3747	Hughan	Sarah	Nidd Valley Road Runners	F40	36:28	20		
89	3065	Smith	Alison	Abbey Runners	F45	36:30	9		
90	3476	Evans	Clare	Hyde Park Harriers	FSEN	36:31	44		
91	3215	Harrold	Anna	Chapel Allerton RC	FSEN	36:36	45		
92	3030	Hutchison	Kirsten	Abbey Runners	F35	36:38	10		
93	3276	Kirkbright	Laura	Dragons Running Club	FSEN	36:39	46		
94	4429	Venables	Louise	York Triathlon Club	F35	36:41	11	Y	
95	3158	Gatenby	Francesca	Airecentre Pacers	F35	36:49	12		
96	3123	Roberts	Elly	Ackworth Road Runners	FSEN	36:49	47		
97	3307	Day	Joanne	Harrogate Harriers & AC	F50	36:52	7		
98	4537	Rickard	Libby	Ripon Runners	FSEN	36:52	48		Y
99	3262	Brown	Gillian	Dragons Running Club	F40	36:55	21		
100	4411	Hall	Hazel	York Triathlon Club	F40	36:55	22		

101	3346	Turner	Elizabeth	Harrogate Harriers & AC	FSEN	36:55	49		
102	3534	Underwood	Sarah	Hyde Park Harriers	FSEN	36:56	50		
103	3583	Hardy	Polly	Kippax Harriers	F40	36:59	23		
104	3226	Mcgeachy	Denise	Chapel Allerton RC	F40	37:02	24		
105	3330	Oldroyd	Theresa	Harrogate Harriers & AC	F45	37:03	10		
106	4337	Cowley	Jenni	Wharfedale Harriers	F40	37:06	25		
107	3007	Benjamin	Bev	Abbey Runners	F50	37:08	8		
108	4573	Farmery	Lauren	Chapel Allerton RC	FSEN	37:11	51		
109	4226	Harris	Samantha	Valley Striders	F35	37:15	13		
110	3392	Elliott	Bev	Horsforth Harriers	F45	37:17	11		
111	3825	Hall	Stephanie	Rothwell Harriers & AC	FSEN	37:18	52		
112	3743	Holleran	Christine	Nidd Valley Road Runners	F50	37:21	9		
113	3358	Sykes	Joanne	Harrogate Tri Club	FSEN	37:22	53		
114	4010	Traviss-Turner	Gemma	Roundhay Runners	FSEN	37:26	54		
115	3525	Sass	Cara	Hyde Park Harriers	FSEN	37:28	55		
116	4301	Coster	Emma	Wetherby Runners AC	F45	37:28	12		
117	3866	Waite	Sarah	Rothwell Harriers & AC	FSEN	37:29	56		
118	4538	Rickard	Suzanne	Ripon Runners	F45	37:34	13		Y
119	3965	Neame	Elisa	Roundhay Runners	FSEN	37:36	57		
120	4399	Archer	Kerry	York Triathlon Club	F35	37:38	14		
121	4634	Clark	Libby	Horsforth Harriers	F35	37:40	15	Y	
122	4535	David	Emma	Nidd Valley Road Runners	F40	37:41	26		
123	3692	Naylor	Amy	Knaresborough Striders	FSEN	37:43	58		
124	3876	Azmoodeh	Arianne	Roundhay Runners	FSEN	37:44	59		
125	3345	Thomas	Anna	Harrogate Harriers & AC	F40	37:45	27		
126	3327	Moul	Sue	Harrogate Harriers & AC	F50	37:53	10		
127	3092	Francis	Sue	Ackworth Road Runners	F55	37:54	3		
128	4023	Welling	Claire	Roundhay Runners	F45	38:02	14		
129	4103	Nash	Louise	Saltaire Striders	F45	38:06	15		
130	4658	Aldridge	Grace	Harrogate Harriers & AC	FSEN	38:08	60		Y
131	3051	Nesbitt	Gillian	Abbey Runners	F40	38:10	28		
132	3544	Budding	Nicola	Ilkley Harriers	F50	38:15	11		
133	3126	Scully	Andrea	Ackworth Road Runners	F45	38:15	16		
134	3409	Jones	Jessica	Horsforth Harriers	F35	38:15	16		
135	4441	Booth	Samantha	Chapel Allerton RC	FSEN	38:20	61		
136	4407	Foot	Pauline	York Triathlon Club	F50	38:28	12		
137	3796	Benson	Angela	Ripon Runners	F55	38:32	4		Y
138	3554	Kitchen	Diane	Ilkley Harriers	F55	38:32	5		
139	4042	Bower	Janet	Saltaire Striders	F50	38:39	13		
140	3684	Harrison	Lisa	Knaresborough Striders	F45	38:42	17		
141	4448	Woodhead	Katharine	Harrogate Harriers & AC	FSEN	38:47	62		
142	3647	Muir	Marion	Kirkstall Harriers	F40	39:06	29		
143	4482	Gibson	Chelsie	St Therasas AC	FSEN	39:06	63		
144	4568	Smith	Charlotte	Ackworth Road Runners	FSEN	39:12	64		
145	3777	Simpson	Sue	Nidd Valley Road Runners	F55	39:14	6		
146	3613	Brigginshaw	Emma	Kirkstall Harriers	F35	39:19	17		
147	4512	Culkin	Sarah	Abbey Runners	F35	39:19	18		
148	3450	Adkins	Naomi	Hyde Park Harriers	FSEN	39:20	65		
149	3844	Miah	Shahana	Rothwell Harriers & AC	FSEN	39:22	66		
150	3620	Crossley	Jane	Kirkstall Harriers	FSEN	39:23	67		
151	3268	Davies	Jan	Dragons Running Club	F55	39:26	7		
152	4624	Vamplew	Lucy	Ackworth Road Runners	F35	39:34	19		

153	4198	Ball	Liz	Valley Striders	F65	39:36	1		
154	4374	Woodhead	Laura	Wharfedale Harriers	F5EN	39:46	68		
155	3750	Jones	Christine	Nidd Valley Road Runners	F55	39:50	8		
156	3062	Salih	Jasmine	Abbey Runners	F45	39:50	18		
157	4626	Morley	Catrina	Chapel Allerton RC	F5EN	39:52	69		
158	3256	Wright	Louise	Chapel Allerton RC	F50	39:54	14		
159	4030	Young	Claire	Roundhay Runners	F35	39:54	20		
160	4637	Hipkiss	Ellie	Kirkstall Harriers	F5EN	39:55	70		
161	3516	Pullan	Alison	Hyde Park Harriers	F5EN	39:56	71		
162	4324	Normington	Andrea	Wetherby Runners AC	F55	39:58	9		
163	3020	Ferguson	Anya	Abbey Runners	F40	40:01	30		
164	3271	Forey	Helen	Dragons Running Club	F50	40:04	15		
165	3361	Turcan	Gill	Harrogate Tri Club	F50	40:06	16		
166	3478	Forwood	Nicola	Hyde Park Harriers	F35	40:06	21		
167	4383	Ellwood	Melanie	York Postal Harriers	F5EN	40:11	72		
168	4175	Longfellow	Emma	St Therasas AC	F35	40:15	22		
169	3530	Stone	Dote	Hyde Park Harriers	F35	40:17	23		
170	4376	Bouderba	Deirdre	York Postal Harriers	F50	40:18	17		
171	3637	King	Sheila	Kirkstall Harriers	F50	40:26	18		
172	3373	Bisset	Louise	Horsforth Harriers	F45	40:27	19		
173	4648	Hardy	Amy	Horsforth Harriers	F5EN	40:28	73		Y
174	4555	Lickley	Laura	Saltaire Striders	F5EN	40:29	74		
175	3353	Humble	Aggie	Harrogate Tri Club	F40	40:32	31	Y	
176	3691	Morley	Sue	Knaresborough Striders	F60	40:32	1		
177	4295	Britton	Amanda	Wetherby Runners AC	F45	40:36	20		
178	3541	Bennett	Alison	Ilkley Harriers	F55	40:37	10		
179	3514	Ohno	Maika	Hyde Park Harriers	F45	40:38	21		
180	4334	Broadhead	Diane	Wharfedale Harriers	F35	40:38	24		
181	4136	Atkinson	Karen	St Therasas AC	F45	40:52	22		
182	3610	Bevainyte	Asta	Kirkstall Harriers	F5EN	40:54	75		
183	3903	Day	Caroline	Roundhay Runners	F5EN	40:54	76		
184	4078	Hey	Wendy	Saltaire Striders	F45	40:54	23		
185	3151	Wrangles	Gail	Ackworth Road Runners	F45	40:55	24		
186	4262	Preston	Cathryn	Valley Striders	F40	40:56	32		
187	3680	Elmes	Julie	Knaresborough Striders	F50	40:58	19		
188	3587	Hunter	Alison	Kippax Harriers	F55	41:00	11		
189	3739	Gibson	Debbie	Nidd Valley Road Runners	F55	41:03	12		
190	3763	Peagam	Hannah	Nidd Valley Road Runners	F40	41:05	33		
191	3283	Tomlinson	Sarah	Dragons Running Club	F45	41:05	25		
192	4585	Waite	Helen	Airecentre Pacers	F35	41:12	25		
193	3089	Clark	Denise	Ackworth Road Runners	F50	41:17	20		
194	4591	Lees	Fyn	Knaresborough Striders	F35	41:21	26		
195	3301	Beecher	Sarah	Harrogate Harriers & AC	F50	41:23	21		
196	4191	Sharrott	Anna	St Therasas AC	F40	41:23	34		
197	3661	Spencer	Collette	Kirkstall Harriers	F45	41:24	26		
198	4510	Kirkbright	Karen	Dragons Running Club	F50	41:25	22		
199	4321	McGouran	Ursula	Wetherby Runners AC	F60	41:28	2	Y	
200	4093	Love	Helen	Saltaire Striders	F60	41:33	3		
201	3074	Willis	Liz	Abbey Runners	F50	41:33	23		
202	3018	Ellis	Ange	Abbey Runners	F40	41:33	35		
203	3880	Blakeley	Alyson	Roundhay Runners	F40	41:37	36		
204	4405	Durrant	Helen	York Triathlon Club	F40	41:37	37		

205	4617	Langley-Smith	Madelin	Rodillian Runners	FSEN	41:40	77		Y
206	4533	Przybyl	Gosia	Knaresborough Striders	F35	41:42	27		
207	3145	Wigglesworth	Emma	Ackworth Road Runners	F45	41:44	27		
208	4474	Zapal	Dorota	Rothwell Harriers & AC	FSEN	41:45	78		
209	4020	Walker	Louise	Roundhay Runners	F35	41:49	28		
210	3480	Fulton	Heather	Hyde Park Harriers	FSEN	41:51	79		
211	4294	Bell	Valerie	Wetherby Runners AC	F50	41:55	24		
212	3333	Prentis	Paula	Harrogate Harriers & AC	F55	42:00	13		
213	3499	Jordan	Roberta	Hyde Park Harriers	FSEN	42:09	80		
214	3827	Hawden	Joanne	Rothwell Harriers & AC	F50	42:12	25		
215	3703	Wood	Edna	Knaresborough Striders	F55	42:13	14		
216	4285	Warren	Ruth	Valley Striders	F60	42:15	4		
217	3868	Watkins	Steph	Rothwell Harriers & AC	F40	42:16	38		
218	4132	Wood	Kerry	Saltaire Striders	F40	42:17	39		
219	4215	Fotherby	Pascale	Valley Striders	F40	42:18	40		
220	4308	Foster	Ann	Wetherby Runners AC	F45	42:21	28		
221	3945	Lewis	Helen	Roundhay Runners	F45	42:22	29		
222	3624	Glover	Alyson	Kirkstall Harriers	F50	42:23	26		
223	3791	Wilkinson	Nadene	Nidd Valley Road Runners	F35	42:24	29		
224	4652	Clayman	Leanne	Roundhay Runners	F35	42:26	30		
225	3758	Mctague	Moira	Nidd Valley Road Runners	F60	42:27	5		
226	3609	Barrett	Catherine	Kirkstall Harriers	F35	42:35	31		
227	3168	Llewellyn	Amy	Airecentre Pacers	F35	42:36	32		
228	3029	Hulme-Vickerstaff	Lisa	Abbey Runners	F50	42:40	27		
229	3836	Kenny	Hayley	Rothwell Harriers & AC	F50	42:40	28		
230	3094	Gardner	Amie	Ackworth Road Runners	F35	42:42	33		
231	3971	Paliuc	Maria	Roundhay Runners	FSEN	42:45	81		
232	4004	Sunderland	Joanne	Roundhay Runners	F45	42:47	30		
233	3670	Warren	Sandra	Kirkstall Harriers	F45	42:58	31		
234	3293	Steele	Julie	Eccleshill Road Runners	F55	43:00	15		
235	3576	Durkin	Linda	Kippax Harriers	F55	43:02	16		
236	3170	Parkinson	Lynda	Airecentre Pacers	F40	43:03	41		
237	3376	Brides	Vicky	Horsforth Harriers	FSEN	43:06	82		
238	4488	Johnstone	Vicki	Valley Striders	F45	43:13	32		
239	3404	Harrop	Emma	Horsforth Harriers	F50	43:17	29		
240	3636	James	Catherine	Kirkstall Harriers	FSEN	43:18	83		
241	3139	Walker	Ruth	Ackworth Road Runners	F35	43:27	34		
242	3026	Hodkinson	Sophie	Abbey Runners	FSEN	43:35	84		
243	3199	Begum	Husna	Chapel Allerton RC	FSEN	43:36	85		
244	3165	Hunter	Claire	Airecentre Pacers	F35	43:38	35		
245	4118	Sherratt	Sarah	Saltaire Striders	F40	43:41	42		
246	4554	Pickering	Sally	Ilkley Harriers	F50	43:42	30		
247	3694	Singleton	Pamela	Knaresborough Striders	F55	43:43	17		
248	3187	Robinson	Sharron	Bradford Airedale AC	F45	43:44	33		
249	3723	Barraclough	Lynsey	Nidd Valley Road Runners	F40	43:50	43		
250	3773	Scott	Ewa	Nidd Valley Road Runners	F45	43:50	34		
251	3682	Graham	June	Knaresborough Striders	F55	43:50	18		
252	3239	Sedgley	Laura	Chapel Allerton RC	F45	43:51	35		
253	3611	Boardman	Karen	Kirkstall Harriers	FSEN	43:55	86		
254	4158	Gill	Violet	St Therasas AC	F55	44:02	19		
255	3063	Scott	Katharine	Abbey Runners	F40	44:06	44		
256	4379	Dawkins	Deanna	York Postal Harriers	FSEN	44:07	87		

257	3229	Nahl	Jasvir	Chapel Allerton RC	F50	44:09	31		
258	3002	Ashworth	Kathryn	Abbey Runners	F40	44:09	45		
259	3851	Ramsden	Denise	Rothwell Harriers & AC	F50	44:11	32		
260	3784	Thompson	Rosemary	Nidd Valley Road Runners	F50	44:16	33		
261	3141	Warren	Catherine	Ackworth Road Runners	F50	44:16	34		
262	3269	Denning	Jeannette	Dragons Running Club	F55	44:19	20		
263	4629	Pickard	Anna	Dragons Running Club	F45	44:20	36		
264	4139	Belford-Mcdowell	Lisa	St Therasas AC	F45	44:20	37		
265	4235	Jones	Lisa	Valley Striders	F45	44:23	38		
266	4460	Sanders	Caroline	Hyde Park Harriers	F40	44:27	46		
267	3446	Whitehouse	Louise	Horsforth Harriers	F40	44:28	47		
268	3813	Brook	Paula	Rothwell Harriers & AC	F40	44:30	48		
269	4662	Gibbons	Bernadette	Ilkley Harriers	F60	44:31	6		Y
270	3681	Gore	Sarah	Knaresborough Striders	F40	44:33	49		
271	3857	Stakes	June	Rothwell Harriers & AC	F45	44:33	39		
272	3220	Hutton	Rebecca	Chapel Allerton RC	F45	44:40	40		
273	3633	Hipkiss	Vicki	Kirkstall Harriers	F50	44:41	35		
274	4368	Thompson	Su	Wharfedale Harriers	F50	44:43	36		
275	3013	Cohen	Lucy	Abbey Runners	F45	44:44	41		
276	4495	Bright	Sarah	Wharfedale Harriers	F35	44:47	36		
277	3467	Coombes	Lizzie	Hyde Park Harriers	F50	44:49	37		
278	4655	Leech	Katherine	York Triathlon Club	F35	44:50	37		Y
279	3737	Easton	Carolyn	Nidd Valley Road Runners	F35	44:51	38		
280	3267	Davies	Arlene	Dragons Running Club	F55	44:55	21		
281	3086	Bourner	Wendy	Ackworth Road Runners	F50	44:56	38		
282	4153	Fletcher	Lynn	St Therasas AC	F65	45:00	2		
283	3053	Oughton	Jane	Abbey Runners	F55	45:01	22		
284	3247	Terry	Carly	Chapel Allerton RC	F35	45:06	39		
285	3594	Mctaggart	Annette	Kippax Harriers	F45	45:07	42		
286	4639	Goldfield	Deborah	Knaresborough Striders	F35	45:10	40		
287	3919	Gabriel	Kate	Roundhay Runners	F55	45:11	23		
288	3259	Langan	Sharon	City of York AC	F50	45:16	39		Y
289	3560	Pickering	Anna	Ilkley Harriers	F50	45:19	88		
290	4344	Hargreaves	Lynda	Wharfedale Harriers	F50	45:20	40		
291	3643	Mclarnon	Shevonne	Kirkstall Harriers	F45	45:25	43		
292	3041	Lavery	Lesley	Abbey Runners	F50	45:30	41		
293	3700	Welsby	Kerensa	Knaresborough Striders	F50	45:37	42		
294	3116	Needham	Lesley	Ackworth Road Runners	F55	45:40	24		
295	4096	Mason	Anne	Saltaire Striders	F40	45:42	50		
296	3646	Moran	Carol	Kirkstall Harriers	F55	45:43	25		
297	4148	Denman	Sarah	St Therasas AC	F35	45:44	41		
298	3864	Townsend	Erin	Rothwell Harriers & AC	F50	45:46	89		
299	3194	Allen	Elizabeth	Chapel Allerton RC	F45	45:46	44		
300	3489	Hargreaves	Alison	Hyde Park Harriers	F35	45:47	42		
301	3805	Lngley	Jo	Rodillian Runners	F55	45:50	26		Y
302	3274	Hough	Emma	Dragons Running Club	F45	45:53	45		
303	4453	Harris	Emma	Horsforth Harriers	F35	45:54	43		
304	3182	Farooq	Kohli	Bradford Airedale AC	F50	46:00	43		
305	4470	Keadin-Brown	Patricia	Rothwell Harriers & AC	F40	46:01	51		
306	4391	Robson	Laura	York Postal Harriers	F50	46:01	90		
307	4053	Dell'amico	Louise	Saltaire Striders	F40	46:03	52		
308	3649	Newman	Hannah	Kirkstall Harriers	F50	46:06	91		

309	3210	Forster	Lora	Chapel Allerton RC	F35	46:10	44		
310	3599	Pell	Valerie	Kippax Harriers	F60	46:11	7		
311	3232	Owen	Kath	Chapel Allerton RC	F35	46:13	45		
312	3856	Sobratee	Leanne	Rothwell Harriers & AC	F35	46:14	46		
313	3573	Davy	Carolyn	Kippax Harriers	F40	46:16	53		
314	3136	Tombs	Gail	Ackworth Road Runners	F65	46:23	3		
315	3033	Jackson	Felicity	Abbey Runners	FSEN	46:37	92		
316	3113	Morris	Sally	Ackworth Road Runners	F55	46:38	27		
317	3641	Mcconville-Roe	Jemma	Kirkstall Harriers	FSEN	46:40	93		
318	3555	Lofthouse	Kate	Ilkley Harriers	F55	46:41	28		
319	4484	Hattrell	Becca	St Therasas AC	FSEN	46:58	94		
320	3601	Penrose	Katherine	Kippax Harriers	F65	47:00	4		
321	4071	Guy	Frances	Saltaire Striders	F50	47:00	44		
322	4479	Powell	Ange	Roundhay Runners	F50	47:15	45		
323	4408	Fraser	Vivianne	York Triathlon Club	F50	47:15	46	Y	
324	3829	Head	Karen	Rothwell Harriers & AC	F45	47:20	46		
325	3575	Downham	Karen	Kippax Harriers	F55	47:46	29		
326	3437	Stack	Jacqueline	Horsforth Harriers	F50	47:49	47		
327	3458	Bond	Tami	Hyde Park Harriers	F50	47:49	48		
328	4664	Navarro	Penelope	Roundhay Runners	F40	47:50	54		
329	3687	Medwell	Lizzie	Knaresborough Striders	F65	47:54	5		
330	3807	Thompson	Louise	Rodillian Runners	F40	47:55	55		Y
331	3085	Berry	Wendy	Ackworth Road Runners	F55	48:00	30		
332	3728	Chalmers	Sarah	Nidd Valley Road Runners	F55	48:07	31		
333	3128	Sharp	Georgie	Ackworth Road Runners	FSEN	48:08	95		
334	3079	Bailey	Donna	Ackworth Road Runners	F40	48:09	56		
335	3528	Solomon	Kate	Hyde Park Harriers	FSEN	48:11	96		
336	3167	Keighley	Carole	Airecentre Pacers	F55	48:11	32		
337	3742	Hill	Jane	Nidd Valley Road Runners	F40	48:24	57		
338	4048	Bugg	Sheila	Saltaire Striders	F45	48:27	47		
339	4435	Copeland	Caroline	Ackworth Road Runners	F40	48:27	58		
340	4073	Hailwood-Mccallion	Gemma	Saltaire Striders	F35	48:34	47		
341	3009	Caley	Suzanne	Abbey Runners	F40	48:36	59		
342	3969	Oldfield	Julie	Roundhay Runners	F55	48:39	33		
343	4138	Backhouse	Sally	St Therasas AC	F45	48:42	48		
344	3861	Taylor	Kay	Rothwell Harriers & AC	F50	48:47	49		
345	3055	Rhodes	Amanda	Abbey Runners	F45	48:49	49		
346	4007	Taylor	Fiona	Roundhay Runners	F50	49:01	50		
347	3973	Parnley	Hannah	Roundhay Runners	FSEN	49:01	97		
348	3942	Knight	Charlotte	Roundhay Runners	FSEN	49:11	98		
349	4026	Williams	Judith	Roundhay Runners	F55	49:12	34		
350	3414	Mason	Sheila	Horsforth Harriers	F60	49:18	8		
351	3925	Harris	Fiona	Roundhay Runners	FSEN	49:21	99		
352	3697	Taylor	Sally	Knaresborough Striders	F50	49:26	51		
353	3238	Ross	Heather	Chapel Allerton RC	F40	49:56	60		
354	3569	Chapman	Wendy	Kippax Harriers	F55	49:58	35		
355	4638	Taylor	Samantha	Kirkstall Harriers	FSEN	50:00	100		
356	3930	Hill	Penny	Roundhay Runners	F50	50:10	52		
357	4115	Rix	Carolyn	Saltaire Striders	F60	50:24	9		
358	3401	Hansen	Janice	Horsforth Harriers	FSEN	50:29	101		
359	3982	Rayner	Jan	Roundhay Runners	F45	51:04	50		
360	4382	Ellwood	Lisa	York Postal Harriers	F45	51:08	51		

361	3663	Taylor	Joanne	Kirkstall Harriers	FSEN	51:12	102		
362	4110	Pepper	Sheila	Saltaire Striders	F65	51:15	6		
363	4458	Lundgren	Joanne	Hyde Park Harriers	FSEN	51:19	103		
364	3958	Moore	Megan	Roundhay Runners	FSEN	51:22	104		
365	3831	Hillarby	Heather	Rothwell Harriers & AC	F60	51:27	10		
366	3496	Johnson	Robyn	Hyde Park Harriers	FSEN	51:29	105		
367	3153	Eaton	Sue	Ackworth Road Runners	F45	51:37	52		
368	3745	Hornsby	Jill	Nidd Valley Road Runners	F50	51:52	53		
369	3841	Mccarthy	Angela	Rothwell Harriers & AC	F50	52:01	54		
370	4237	Kara	Leila	Valley Striders	F50	52:04	55		
371	3522	Roberts	Grace	Hyde Park Harriers	FSEN	52:05	106		
372	3760	Morten	Sylvia	Nidd Valley Road Runners	F55	52:06	36		
373	3731	Coiley	Lianne	Nidd Valley Road Runners	F35	52:11	48		
374	3968	O'donnell	Mary	Roundhay Runners	F35	52:15	49		
375	3188	Russell	Kirsty	Bradford Airedale AC	F45	52:25	53	Y	
376	4657	Park	Carey	Rothwell Harriers & AC	F45	52:42	54		
377	4653	Bowen	Ruth	Knaresborough Striders	F55	52:58	37		Y
378	3666	Thomas	Diane	Kirkstall Harriers	F50	53:02	56		
379	3987	Roberts	Rachel	Roundhay Runners	FSEN	53:08	107		
380	3815	Bryant	Amanda	Rothwell Harriers & AC	F35	53:18	50		
381	3824	Haley	Louise	Rothwell Harriers & AC	F50	53:20	57		
382	4434	Copeland	Alice	Ackworth Road Runners	FSEN	53:22	108		
383	3898	Coffey	Maureen	Roundhay Runners	F65	53:29	7		
384	3730	Clipston	Lisa	Nidd Valley Road Runners	F45	53:47	55		
385	3098	Hall	Christine	Ackworth Road Runners	F60	53:54	11		
386	3512	Neugebauer	Sharron	Hyde Park Harriers	F55	54:00	38		
387	3905	Devlin	Alison	Roundhay Runners	F65	54:10	8		
388	3768	Robinson	Fiona	Nidd Valley Road Runners	F50	55:20	58		
389	3255	Wray	Britta	Chapel Allerton RC	F35	56:03	51	Y	
390	4033	Bayliss	Heather	Saltaire Striders	F35	57:03	52		
391	4611	Storey	Angela	Eccleshill Road Runners	F50	57:34	59		
392	3495	Jefferies	E Kay	Hyde Park Harriers	F50	58:20	60		
393	3290	Lucas	Kathryn	Eccleshill Road Runners	F45	59:05	56		