

PECO Cross Country League 2018-19: Race 2 (Temple Newsam)
Senior Men's Results

| Position | Race No. | Surname | First Name | Club | Age Category | Time | Cat Pos | 2nd Claim | Guest |
|----------|----------|------------|------------|--------------------------|--------------|-------|---------|-----------|-------|
| 1 | 4562 | Marsh | Nathan | Tonbridge AC | MSEN | 29:02 | 1 | | Y |
| 2 | 3912 | Elson | Callum | Roundhay Runners | MSEN | 30:07 | 2 | | |
| 3 | 3715 | Sambrook | Josh | LUUCCC | MSEN | 30:20 | 3 | Y | |
| 4 | 4436 | Forrest | Terence | Ackworth Road Runners | MSEN | 30:31 | 4 | | |
| 5 | 3716 | Stratton | Tim | LUUCCC | MSEN | 30:41 | 5 | Y | |
| 6 | 4032 | Baldwin | Tim | Saltaire Striders | MSEN | 31:05 | 6 | | |
| 7 | 4335 | Burns | Alisdair | Wharfedale Harriers | M35 | 31:17 | 1 | | |
| 8 | 4223 | Hallam | Matthew | Valley Striders | MSEN | 31:28 | 7 | | |
| 9 | 4534 | Callis | Jake | Leeds City AC | MSEN | 31:34 | 8 | | Y |
| 10 | 3798 | Cunningham | William | Ripon Runners | MSEN | 31:48 | 9 | | Y |
| 11 | 4518 | Lawson | Archie | City of York AC | MSEN | 32:01 | 10 | | Y |
| 12 | 4372 | Watson | Sam | Wharfedale Harriers | MSEN | 32:05 | 11 | | |
| 13 | 4338 | Driver | David | Wharfedale Harriers | M35 | 32:07 | 2 | | |
| 14 | 4558 | Weymouth | Alastair | Border Harriers | MSEN | 32:07 | 12 | | Y |
| 15 | 4260 | Pownall | Jon | Valley Striders | MSEN | 32:08 | 13 | | |
| 16 | 3938 | Jenner | Tim | Roundhay Runners | MSEN | 32:10 | 14 | | |
| 17 | 4366 | Stirk | Adam | Wharfedale Harriers | MSEN | 32:12 | 15 | | |
| 18 | 4494 | Athersmith | Lee | Wharfedale Harriers | M35 | 32:19 | 3 | | |
| 19 | 3503 | Lomas | Adam | Hyde Park Harriers | MSEN | 32:23 | 16 | | |
| 20 | 4162 | Grant | Daniel | St Therasas AC | MSEN | 32:42 | 17 | | |
| 21 | 3237 | Robins | Sam | Chapel Allerton RC | MSEN | 32:48 | 18 | | |
| 22 | 4062 | Fillingham | Martin | Saltaire Striders | M45 | 32:50 | 1 | | |
| 23 | 3794 | Navis | John | Pudsey & Bramley AC | MSEN | 32:51 | 19 | | |
| 24 | 4252 | Midwood | Simon | Valley Striders | MSEN | 32:52 | 20 | | |
| 25 | 3036 | Jones | Simon | Abbey Runners | MSEN | 32:53 | 21 | | |
| 26 | 4527 | Jordan | Rupert | Hyde Park Harriers | MSEN | 32:53 | 22 | | |
| 27 | 3933 | Holder | Jacob | Roundhay Runners | MSEN | 32:55 | 23 | | |
| 28 | 3454 | Bagot | David | Hyde Park Harriers | MSEN | 33:10 | 24 | Y | |
| 29 | 3484 | Goose | Philip | Hyde Park Harriers | MSEN | 33:11 | 25 | | |
| 30 | 4341 | Furness | Rob | Wharfedale Harriers | M35 | 33:12 | 4 | | |
| 31 | 3752 | Kirk | Adam | Nidd Valley Road Runners | MSEN | 33:14 | 26 | | |
| 32 | 3001 | Armstrong | Ross | Abbey Runners | MSEN | 33:15 | 27 | | |
| 33 | 4164 | Herrington | Richard | St Therasas AC | M35 | 33:16 | 5 | | |
| 34 | 4089 | Kerr | Will | Saltaire Striders | M40 | 33:18 | 1 | | |
| 35 | 3673 | Young | Jonathan | Kirkstall Harriers | MSEN | 33:18 | 28 | | |
| 36 | 4343 | Green | Sam | Wharfedale Harriers | MSEN | 33:19 | 29 | | |
| 37 | 3920 | Gibbs | Richard | Roundhay Runners | M40 | 33:23 | 2 | | |
| 38 | 3966 | Newell | Matt | Roundhay Runners | M35 | 33:26 | 6 | | |
| 39 | 3550 | Gott | Steven | Ilkley Harriers | M40 | 33:27 | 3 | | |
| 40 | 3511 | Milne | Angus | Hyde Park Harriers | MSEN | 33:28 | 30 | | |
| 41 | 4508 | Walmsley | Danny | Wharfedale Harriers | MSEN | 33:29 | 31 | | |
| 42 | 4472 | Mace | James | Rothwell Harriers & AC | MSEN | 33:36 | 32 | | |
| 43 | 4328 | Tobin | Mark | Wetherby Runners AC | M45 | 33:39 | 2 | | |
| 44 | 4114 | Richardson | Matthew | Saltaire Striders | M35 | 33:41 | 7 | | |
| 45 | 3397 | Gidlow | Paul | Horsforth Harriers | M40 | 33:45 | 4 | | |
| 46 | 4327 | Thompson | Jamie | Wetherby Runners AC | M35 | 33:47 | 8 | | |
| 47 | 4046 | Brown | Andy | Saltaire Striders | M50 | 33:50 | 1 | | |
| 48 | 3957 | Moakler | Ben | Roundhay Runners | M35 | 33:51 | 9 | | |

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|----|------|--------------|----------|--------------------------|------|-------|----|---|---|
| 49 | 3762 | Patrickson | Alex | Nidd Valley Road Runners | MSEN | 33:53 | 33 | | |
| 50 | 3073 | Wilks | Trevor | Abbey Runners | M45 | 33:57 | 3 | Y | |
| 51 | 4249 | Mann | Gary | Valley Striders | M35 | 33:58 | 10 | | |
| 52 | 3164 | Humphries | Andrew | Airecentre Pacers | MSEN | 33:58 | 34 | | |
| 53 | 4559 | Hill | Mick | Leeds City AC | M40 | 34:00 | 5 | | Y |
| 54 | 3632 | Hipkiss | Jack | Kirkstall Harriers | MSEN | 34:02 | 35 | | |
| 55 | 3493 | Howard | Robert | Hyde Park Harriers | MSEN | 34:11 | 36 | | |
| 56 | 3918 | Furlong | Ian | Roundhay Runners | M35 | 34:14 | 11 | Y | |
| 57 | 3272 | Forey | Jonathan | Dragons Running Club | M50 | 34:15 | 2 | | |
| 58 | 3214 | Greenland | Rob | Chapel Allerton RC | M45 | 34:16 | 4 | | |
| 59 | 4417 | Lavin | Robin | York Triathlon Club | MSEN | 34:17 | 37 | | |
| 60 | 3812 | Blackburn | Ross | Rothwell Harriers & AC | MSEN | 34:19 | 38 | | |
| 61 | 4501 | Pratt | Daniel | Wharfedale Harriers | M35 | 34:22 | 12 | | |
| 62 | 4183 | Newsome | Paul | St Therasas AC | M45 | 34:22 | 5 | | |
| 63 | 3117 | Newton | Simon | Ackworth Road Runners | M40 | 34:24 | 6 | | |
| 64 | 4279 | Thomas | Gwilym | Valley Striders | M40 | 34:26 | 7 | | |
| 65 | 3741 | Harvey | Tim | Nidd Valley Road Runners | M45 | 34:29 | 6 | Y | |
| 66 | 4370 | Wardle | Patrick | Wharfedale Harriers | MSEN | 34:29 | 39 | | |
| 67 | 3802 | Harrison | Ian | Rodillian Runners | M35 | 34:36 | 13 | | Y |
| 68 | 4057 | Dunbar | Stuart | Saltaire Striders | M55 | 34:39 | 1 | | |
| 69 | 3207 | Dearden | Mike | Chapel Allerton RC | M35 | 34:40 | 14 | | |
| 70 | 4264 | Robins | Daniel | Valley Striders | M35 | 34:42 | 15 | | |
| 71 | 3630 | Hardy | Lee | Kirkstall Harriers | M35 | 34:49 | 16 | | |
| 72 | 3690 | Morland | Stephen | Knaresborough Striders | M45 | 34:50 | 7 | | |
| 73 | 3315 | Harris | Tom | Harrogate Harriers & AC | MSEN | 34:50 | 40 | | |
| 74 | 4356 | Mcguire | Dave | Wharfedale Harriers | M50 | 34:51 | 3 | | |
| 75 | 4018 | Walker | Bobak | Roundhay Runners | M35 | 34:51 | 17 | | |
| 76 | 3797 | Cave | Simon | Ripon Runners | M40 | 34:53 | 8 | | Y |
| 77 | 3975 | Pinn | Steve | Roundhay Runners | M40 | 34:56 | 9 | | |
| 78 | 3701 | Welton | Ted | Knaresborough Striders | M45 | 34:57 | 8 | | |
| 79 | 3037 | Jones | Simon | Abbey Runners | M45 | 34:58 | 9 | | |
| 80 | 3421 | Plummer | Barnabas | Horsforth Harriers | MSEN | 35:01 | 41 | | |
| 81 | 3960 | Morton | Joseph | Roundhay Runners | M35 | 35:02 | 18 | | |
| 82 | 4178 | Maudsley | Ian | St Therasas AC | M35 | 35:04 | 19 | | |
| 83 | 3785 | Todd | Andy | Nidd Valley Road Runners | M55 | 35:04 | 2 | | |
| 84 | 3872 | Wilson | Matthew | Rothwell Harriers & AC | M40 | 35:06 | 10 | | |
| 85 | 3022 | Franklin | James | Abbey Runners | M40 | 35:10 | 11 | | |
| 86 | 4387 | Partridge | Simon | York Postal Harriers | M40 | 35:16 | 12 | | |
| 87 | 3870 | Westmoreland | Jason | Rothwell Harriers & AC | M50 | 35:23 | 4 | | |
| 88 | 3801 | Ryder | Mark | Ripon Runners | M35 | 35:28 | 20 | | Y |
| 89 | 3179 | Forsyth | Andrew | Askern District RC | M55 | 35:29 | 3 | | Y |
| 90 | 3704 | Wright | James | Knaresborough Striders | MSEN | 35:30 | 42 | | |
| 91 | 3821 | Garside | Simon | Rothwell Harriers & AC | M50 | 35:31 | 5 | | |
| 92 | 4197 | Ball | Jonathan | Valley Striders | M40 | 35:32 | 13 | | |
| 93 | 3479 | Fulton | Aron | Hyde Park Harriers | MSEN | 35:33 | 43 | | |
| 94 | 4420 | Martin | Ian | York Triathlon Club | M50 | 35:37 | 6 | | |
| 95 | 3754 | Lofthouse | Martin | Nidd Valley Road Runners | M50 | 35:38 | 7 | | |
| 96 | 4548 | Nash | Alistair | Saltaire Striders | M45 | 35:42 | 10 | | |
| 97 | 3424 | Roebuck | Chris | Horsforth Harriers | M40 | 35:44 | 14 | | |
| 98 | 3881 | Blakeley | Matthew | Roundhay Runners | M45 | 35:45 | 11 | | |
| 99 | 3176 | Walker | Richard | Airecentre Pacers | M40 | 35:48 | 15 | | |

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| 100 | 4467 | Scott | Douglas | Ripon Runners | M45 | 35:51 | 12 | | Y |
| 101 | 3366 | Lynch | Tom | Horsforth Fellandale | M35 | 35:54 | 21 | Y | |
| 102 | 3059 | Roden | James | Abbey Runners | M45 | 35:58 | 13 | | |
| 103 | 3803 | Hoban | Robert | Rodillian Runners | M35 | 36:02 | 22 | | Y |
| 104 | 4278 | Tarran | James | Valley Striders | M50 | 36:03 | 8 | | |
| 105 | 3830 | Head | Steve | Rothwell Harriers & AC | M45 | 36:03 | 14 | | |
| 106 | 3568 | Blackburn | Peter | Kippax Harriers | M35 | 36:04 | 23 | | |
| 107 | 4439 | Walker | Gavin | Ackworth Road Runners | MSEN | 36:12 | 44 | | |
| 108 | 3653 | O'brien | Alan | Kirkstall Harriers | MSEN | 36:18 | 45 | | |
| 109 | 3814 | Brown | Paul | Rothwell Harriers & AC | M50 | 36:25 | 9 | | |
| 110 | 4452 | Brant | Greg | Horsforth Harriers | M35 | 36:28 | 24 | | |
| 111 | 4190 | Schofield | George | St Therasas AC | MSEN | 36:30 | 46 | | |
| 112 | 3524 | Rose | Jack | Hyde Park Harriers | MSEN | 36:32 | 47 | | |
| 113 | 3809 | Wood | Paul | Rodillian Runners | M45 | 36:33 | 15 | | Y |
| 114 | 4514 | Thomson | John | Ackworth Road Runners | MSEN | 36:33 | 48 | | |
| 115 | 3976 | Powell | Edward | Roundhay Runners | M35 | 36:33 | 25 | | |
| 116 | 3459 | Bowen | Michael | Hyde Park Harriers | M35 | 36:35 | 26 | | |
| 117 | 3362 | Wynn | Tom | Harrogate Tri Club | MSEN | 36:38 | 49 | | |
| 118 | 3076 | Wray-Rogers | Luke | Abbey Runners | M40 | 36:41 | 16 | | |
| 119 | 3617 | Carter | Andy | Kirkstall Harriers | M55 | 36:41 | 4 | | |
| 120 | 3109 | Lines | Charles | Ackworth Road Runners | M55 | 36:43 | 5 | | |
| 121 | 3481 | Garratt | Richard | Hyde Park Harriers | M40 | 36:44 | 17 | | |
| 122 | 3621 | Dixon | Tim | Kirkstall Harriers | MSEN | 36:44 | 50 | | |
| 123 | 4290 | Atkinson | Joe | Wetherby Runners AC | MSEN | 36:46 | 51 | | |
| 124 | 3520 | Rhodes | Steve | Hyde Park Harriers | M55 | 36:47 | 6 | | |
| 125 | 3081 | Barber | Simon | Ackworth Road Runners | MSEN | 36:48 | 52 | | |
| 126 | 3639 | Longmate | Kevin | Kirkstall Harriers | MSEN | 36:48 | 53 | | |
| 127 | 4024 | White | Ali | Roundhay Runners | MSEN | 36:50 | 54 | | |
| 128 | 3245 | Sutor | Richard | Chapel Allerton RC | M35 | 36:54 | 27 | | |
| 129 | 4147 | Davey | Andrew | St Therasas AC | M45 | 36:55 | 16 | | |
| 130 | 4011 | Turner | Andy | Roundhay Runners | MSEN | 36:56 | 55 | | |
| 131 | 3208 | Fall | Chris | Chapel Allerton RC | MSEN | 36:57 | 56 | | |
| 132 | 4524 | Milton | Reece | Horsforth Harriers | MSEN | 37:00 | 57 | | |
| 133 | 3657 | Pullan | Andy | Kirkstall Harriers | MSEN | 37:00 | 58 | | |
| 134 | 3465 | Carrick | Chris | Hyde Park Harriers | M40 | 37:02 | 18 | | |
| 135 | 3150 | Worthington | Joe | Ackworth Road Runners | M40 | 37:02 | 19 | | |
| 136 | 4545 | Smith | Paul | Valley Striders | M45 | 37:03 | 17 | | |
| 137 | 4442 | Lister | Mike | Chapel Allerton RC | MSEN | 37:04 | 59 | | |
| 138 | 4200 | Bandy | Clive | Valley Striders | M40 | 37:07 | 20 | | |
| 139 | 3645 | Moger | Adam | Kirkstall Harriers | M40 | 37:08 | 21 | | |
| 140 | 4195 | Kennis | Alastair | Thames Hare & Hounds | M45 | 37:08 | 18 | | Y |
| 141 | 4035 | Bethell | Kyle | Saltaire Striders | MSEN | 37:08 | 60 | | |
| 142 | 3225 | Lyons | Chris | Chapel Allerton RC | M40 | 37:08 | 22 | | |
| 143 | 4234 | Jones | Graham | Valley Striders | M50 | 37:09 | 10 | | |
| 144 | 3115 | Needham | Jim | Ackworth Road Runners | M50 | 37:13 | 11 | | |
| 145 | 4440 | Lam | Cheuk | Bradford Airedale AC | MSEN | 37:15 | 61 | | |
| 146 | 4244 | Long | Vernon | Valley Striders | M50 | 37:15 | 12 | | |
| 147 | 3529 | Spain | Jonathan | Hyde Park Harriers | MSEN | 37:16 | 62 | | |
| 148 | 3161 | Gwilym | Owain | Airecentre Pacers | M35 | 37:16 | 28 | | |
| 149 | 4275 | Straughan | Tim | Valley Striders | M50 | 37:21 | 13 | | |
| 150 | 4212 | Farrell | Mark | Valley Striders | M35 | 37:22 | 29 | | |

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| 151 | 4199 | Balshaw | Richard | Valley Striders | M50 | 37:23 | 14 | | |
| 152 | 4575 | Broadhead | Curtis | Hyde Park Harriers | MSEN | 37:24 | 63 | | |
| 153 | 3887 | Butler | Joe | Roundhay Runners | MSEN | 37:27 | 64 | | |
| 154 | 3323 | King | Geoff | Harrogate Harriers & AC | M60 | 37:28 | 1 | | |
| 155 | 4410 | Gelder | Steve | York Triathlon Club | M45 | 37:34 | 19 | Y | |
| 156 | 3222 | Kent | Jonathan | Chapel Allerton RC | M35 | 37:35 | 30 | | |
| 157 | 4003 | Steele | Joe | Roundhay Runners | M45 | 37:35 | 20 | | |
| 158 | 4267 | Sanderson | Ian | Valley Striders | M45 | 37:37 | 21 | | |
| 159 | 4493 | Mason | Andrew | Wetherby Runners AC | MSEN | 37:48 | 65 | | |
| 160 | 3584 | Hill | Andy | Kippax Harriers | M45 | 37:48 | 22 | | |
| 161 | 4029 | Yates | Jonny | Roundhay Runners | M35 | 37:50 | 31 | | |
| 162 | 3932 | Hodge | Tony | Roundhay Runners | M45 | 37:51 | 23 | | |
| 163 | 4530 | Stevenson | Dan | Hyde Park Harriers | MSEN | 37:54 | 66 | | |
| 164 | 3258 | Langan | Paddy | City of York AC | M45 | 37:56 | 24 | | Y |
| 165 | 3563 | Shelley | Peter | Ilkley Harriers | M50 | 37:57 | 15 | | |
| 166 | 3781 | Street | Richard | Nidd Valley Road Runners | M35 | 37:59 | 32 | | |
| 167 | 3922 | Goddard | Billy | Roundhay Runners | M40 | 38:02 | 23 | | |
| 168 | 3344 | Stockburn | Paul | Harrogate Harriers & AC | M60 | 38:03 | 2 | | |
| 169 | 3337 | Rowbotham | Ian | Harrogate Harriers & AC | M55 | 38:07 | 7 | | |
| 170 | 4316 | Jesson | James | Wetherby Runners AC | M40 | 38:09 | 24 | | |
| 171 | 3084 | Bennett | Simon | Ackworth Road Runners | M55 | 38:10 | 8 | | |
| 172 | 3322 | Jordan | Mark | Harrogate Harriers & AC | M60 | 38:10 | 3 | | |
| 173 | 3383 | Critchley | Martin | Horsforth Harriers | M40 | 38:11 | 25 | | |
| 174 | 3828 | Hayes | Justin | Rothwell Harriers & AC | M45 | 38:12 | 25 | | |
| 175 | 3185 | Mills | Gerard | Bradford Airedale AC | M50 | 38:12 | 16 | | |
| 176 | 3886 | Burton | Phil | Roundhay Runners | M50 | 38:13 | 17 | | |
| 177 | 4257 | Parton | Adam | Valley Striders | M45 | 38:15 | 26 | | |
| 178 | 3734 | Dalton | Kevin | Nidd Valley Road Runners | MSEN | 38:16 | 67 | | |
| 179 | 4066 | Frazer | Simon | Saltaire Striders | M40 | 38:22 | 26 | | |
| 180 | 3572 | Davy | Alan | Kippax Harriers | M40 | 38:24 | 27 | | |
| 181 | 3532 | Taylor | Lee | Hyde Park Harriers | M40 | 38:26 | 28 | | |
| 182 | 4167 | Horbury | Martin | St Therasas AC | M55 | 38:27 | 9 | | |
| 183 | 4566 | Emptagh | Tristan | Wetherby Runners AC | M45 | 38:28 | 27 | | Y |
| 184 | 3871 | Wilkinson | Richard | Rothwell Harriers & AC | M45 | 38:29 | 28 | | |
| 185 | 3582 | Harding | Andrew | Kippax Harriers | M45 | 38:30 | 29 | | |
| 186 | 3233 | Padgett | Tony | Chapel Allerton RC | MSEN | 38:32 | 68 | | |
| 187 | 4319 | Linstrum | Nils | Wetherby Runners AC | MSEN | 38:33 | 69 | | |
| 188 | 3348 | Watson | Simon | Harrogate Harriers & AC | M55 | 38:37 | 10 | | |
| 189 | 3897 | Cobb | Chris | Roundhay Runners | M35 | 38:38 | 33 | | |
| 190 | 3883 | Browes | Sam | Roundhay Runners | MSEN | 38:40 | 70 | | |
| 191 | 3142 | Whale | Stuart | Ackworth Road Runners | M45 | 38:41 | 30 | | |
| 192 | 4457 | Jowett | Gareth | Hyde Park Harriers | MSEN | 38:43 | 71 | | |
| 193 | 3679 | Cornforth | Philip | Knareborough Striders | M50 | 38:45 | 18 | | |
| 194 | 4543 | Carter | Matt | Valley Striders | M35 | 38:46 | 34 | | |
| 195 | 3234 | Price | Dan | Chapel Allerton RC | MSEN | 38:49 | 72 | | |
| 196 | 3356 | Ross | Stewart | Harrogate Tri Club | M45 | 38:52 | 31 | | |
| 197 | 4311 | Gray | Robert | Wetherby Runners AC | M55 | 38:58 | 11 | | |
| 198 | 3961 | Moss | Marcus | Roundhay Runners | M40 | 38:58 | 29 | | |
| 199 | 3771 | Scaife | Nigel | Nidd Valley Road Runners | M45 | 39:01 | 32 | | |
| 200 | 3038 | Kent | Craig | Abbey Runners | MSEN | 39:06 | 73 | | |
| 201 | 3834 | Hulme | Simon | Rothwell Harriers & AC | M45 | 39:10 | 33 | | |

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| 202 | 3547 | Duffield | Michael | Ilkley Harriers | M45 | 39:14 | 34 | | |
| 203 | 4189 | Schofield | Alan | St Therasas AC | M55 | 39:17 | 12 | | |
| 204 | 4519 | Raynes | Michael | City of York AC | M40 | 39:19 | 30 | | Y |
| 205 | 3246 | Taylor | Stephen | Chapel Allerton RC | M50 | 39:20 | 19 | | |
| 206 | 4315 | Jackson | Patrick | Wetherby Runners AC | M45 | 39:25 | 35 | | |
| 207 | 3011 | Clark | Duncan | Abbey Runners | M55 | 39:26 | 13 | | |
| 208 | 3515 | Payne | Nick | Hyde Park Harriers | M35 | 39:30 | 35 | | |
| 209 | 3436 | Squire | Alan | Horsforth Harriers | M50 | 39:41 | 20 | | |
| 210 | 3533 | Tranter | Colin | Hyde Park Harriers | M35 | 39:44 | 36 | | |
| 211 | 3526 | Sawyer | Paul | Hyde Park Harriers | M35 | 39:50 | 37 | | |
| 212 | 3937 | Jackson | Thomas | Roundhay Runners | MSEN | 39:52 | 74 | | |
| 213 | 3393 | Foley | Brendan | Horsforth Harriers | M40 | 39:52 | 31 | | |
| 214 | 3133 | Strutt | Chris | Ackworth Road Runners | M45 | 39:53 | 36 | | |
| 215 | 4492 | Legg | Ian | Wetherby Runners AC | M50 | 39:55 | 21 | | |
| 216 | 3786 | Turner | Steven | Nidd Valley Road Runners | M45 | 39:58 | 37 | | |
| 217 | 4521 | Moffatt | Simon | Harrogate Harriers & AC | M50 | 40:01 | 22 | | |
| 218 | 4577 | Storey | Ian | Kippax Harriers | M50 | 40:02 | 23 | | |
| 219 | 3299 | Askew | David | Harrogate Harriers & AC | M55 | 40:03 | 14 | | |
| 220 | 3064 | Simkins | Paul | Abbey Runners | M45 | 40:06 | 38 | | |
| 221 | 4571 | Thornton | Oliver | Valley Striders | M35 | 40:07 | 38 | | Y |
| 222 | 3740 | Hainsworth | Brian | Nidd Valley Road Runners | M40 | 40:09 | 32 | | |
| 223 | 3606 | Wideman | Wayne | Kippax Harriers | M40 | 40:10 | 33 | | |
| 224 | 3559 | Pickering | Malcolm | Ilkley Harriers | M65 | 40:11 | 1 | | |
| 225 | 3069 | Walsh | Sam | Abbey Runners | MSEN | 40:12 | 75 | | |
| 226 | 3108 | Leadbeater | Mark | Ackworth Road Runners | M50 | 40:12 | 24 | | |
| 227 | 4576 | Spink | Stewart | Saltaire Striders | M50 | 40:14 | 25 | | |
| 228 | 4570 | Dodds | Allan | Roundhay Runners | M40 | 40:15 | 34 | | |
| 229 | 4456 | Giglia | Chris | Hyde Park Harriers | MSEN | 40:15 | 76 | | |
| 230 | 4087 | Jones | Owen | Saltaire Striders | M40 | 40:16 | 35 | | |
| 231 | 3382 | Cottam | Graham | Horsforth Harriers | M40 | 40:18 | 36 | | |
| 232 | 4174 | Longfellow | Andy | St Therasas AC | M40 | 40:20 | 37 | | |
| 233 | 3491 | Hassall | Christopher | Hyde Park Harriers | MSEN | 40:21 | 77 | | |
| 234 | 4416 | Laughton | Mark | York Triathlon Club | M50 | 40:30 | 26 | | |
| 235 | 3991 | Rush | Peter | Roundhay Runners | M55 | 40:34 | 15 | | |
| 236 | 4116 | Rix | Jeremy | Saltaire Striders | M55 | 40:35 | 16 | | |
| 237 | 4541 | Tait | Ryan | Roundhay Runners | MSEN | 40:41 | 78 | | |
| 238 | 4050 | Chambers | Mick | Saltaire Striders | M65 | 40:42 | 2 | | |
| 239 | 3178 | Woodhead | William | Airecentre Pacers | MSEN | 40:43 | 79 | | |
| 240 | 3733 | Cook | James | Nidd Valley Road Runners | M50 | 40:45 | 27 | | |
| 241 | 3160 | Grindley | Paul | Airecentre Pacers | M50 | 40:45 | 28 | | |
| 242 | 3877 | Ballester | Pablo | Roundhay Runners | MSEN | 40:46 | 80 | | |
| 243 | 3350 | Whitaker | Jonathan | Harrogate Harriers & AC | M55 | 40:47 | 17 | | |
| 244 | 3328 | Murphy | Kevin-Malachy | Harrogate Harriers & AC | M60 | 40:48 | 4 | | |
| 245 | 4009 | Toulson | Anthony | Roundhay Runners | M45 | 40:50 | 39 | | |
| 246 | 3221 | Jewitt | Fred | Chapel Allerton RC | MSEN | 40:54 | 81 | | |
| 247 | 4137 | Ayres | Daniel | St Therasas AC | M40 | 40:56 | 38 | | |
| 248 | 3071 | Ward | John | Abbey Runners | M65 | 41:02 | 3 | | |
| 249 | 4209 | Davison | Sam | Valley Striders | MSEN | 41:04 | 82 | | |
| 250 | 3688 | Mitchell | Ian | Knaresborough Striders | M55 | 41:08 | 18 | | |
| 251 | 3241 | Shepherd | Stuart | Chapel Allerton RC | M35 | 41:16 | 39 | | |
| 252 | 4516 | Bell | David | Chapel Allerton RC | MSEN | 41:18 | 83 | | Y |

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|-----|------|------------|----------------|--------------------------|------|-------|----|---|---|
| 253 | 3612 | Boardman | Simon | Kirkstall Harriers | MSEN | 41:26 | 84 | | |
| 254 | 4022 | Weight | Dave | Roundhay Runners | M55 | 41:30 | 19 | | |
| 255 | 3100 | Horobin | Darren | Ackworth Road Runners | M45 | 41:32 | 40 | | |
| 256 | 4542 | Utley | Rob | Roundhay Runners | M50 | 41:35 | 29 | Y | |
| 257 | 4001 | Smith | Jonathan | Roundhay Runners | M45 | 41:35 | 41 | | |
| 258 | 4150 | Ellis | Andrew | St Therasas AC | M40 | 41:40 | 39 | | |
| 259 | 3320 | Jenkins | Iain | Harrogate Harriers & AC | M45 | 41:43 | 42 | | |
| 260 | 3675 | Brennan | Sean | Knareborough Striders | M45 | 41:44 | 43 | | |
| 261 | 4052 | Dell'amico | Loris | Saltaire Striders | M40 | 41:51 | 40 | | |
| 262 | 4015 | Urquhart | Alistair | Roundhay Runners | M50 | 41:52 | 30 | | |
| 263 | 4217 | Furby | Mike | Valley Striders | M45 | 42:07 | 44 | | |
| 264 | 4247 | Mackie | Scott | Valley Striders | M50 | 42:09 | 31 | | |
| 265 | 3249 | Todd | Stephen | Chapel Allerton RC | M65 | 42:10 | 4 | | |
| 266 | 3776 | Shores | David | Nidd Valley Road Runners | M50 | 42:11 | 32 | | |
| 267 | 3818 | Farnell | Peter | Rothwell Harriers & AC | M45 | 42:14 | 45 | | |
| 268 | 3296 | Sutherland | Mark | Eccleshill Road Runners | M50 | 42:16 | 33 | | |
| 269 | 4567 | Seddon | Tim | St Therasas AC | M55 | 42:17 | 20 | | Y |
| 270 | 3472 | Dickens | Paul | Hyde Park Harriers | MSEN | 42:19 | 85 | | |
| 271 | 4569 | Gibb | Ewan | Saltaire Striders | MSEN | 42:21 | 86 | | |
| 272 | 3780 | Staiano | Simon | Nidd Valley Road Runners | M40 | 42:22 | 41 | | |
| 273 | 3072 | Whittaker | James | Abbey Runners | M50 | 42:23 | 34 | | |
| 274 | 3447 | Womersley | David | Horsforth Harriers | M65 | 42:23 | 5 | | |
| 275 | 3202 | Calver | Rob | Chapel Allerton RC | M45 | 42:25 | 46 | | |
| 276 | 4511 | Hutchinson | Alan | Valley Striders | M60 | 42:26 | 5 | | |
| 277 | 3822 | Gregory | Mark | Rothwell Harriers & AC | M55 | 42:29 | 21 | Y | |
| 278 | 3230 | Nurse | Ben | Chapel Allerton RC | MSEN | 42:30 | 87 | | |
| 279 | 3702 | Wilkinson | Gary | Knareborough Striders | M45 | 42:34 | 47 | | |
| 280 | 4564 | Mellor | David | St Therasas AC | M45 | 42:34 | 48 | | Y |
| 281 | 4578 | Furlong | Simon | Saltaire Striders | MSEN | 42:37 | 88 | | |
| 282 | 4446 | Bates | Adam | Harrogate Harriers & AC | M35 | 42:40 | 40 | Y | |
| 283 | 3027 | Hodkinson | Steve | Abbey Runners | M55 | 42:41 | 22 | | |
| 284 | 4556 | Spencer | Tim | Saltaire Striders | M60 | 42:41 | 6 | | |
| 285 | 3997 | Sklinar | Stu | Roundhay Runners | MSEN | 42:42 | 89 | | |
| 286 | 3998 | Smith | Andrew | Roundhay Runners | M45 | 42:42 | 49 | | |
| 287 | 4523 | Henry | Kristian James | Horsforth Harriers | M35 | 42:44 | 41 | | |
| 288 | 4483 | Grayson | Michael | St Therasas AC | M50 | 42:49 | 35 | | |
| 289 | 3250 | Vinegrad | Michael | Chapel Allerton RC | M35 | 42:52 | 42 | | |
| 290 | 3597 | O'hara | Colm | Kippax Harriers | M45 | 42:53 | 50 | | |
| 291 | 4284 | Walker | Richard | Valley Striders | M50 | 42:53 | 36 | | |
| 292 | 4563 | Verity | Jack | Saltaire Striders | M60 | 42:55 | 7 | | |
| 293 | 3878 | Bamber | Tom | Roundhay Runners | MSEN | 42:55 | 90 | | |
| 294 | 3260 | Babington | Dan | Dragons Running Club | M40 | 42:57 | 42 | | |
| 295 | 4261 | Preston | Alistair | Valley Striders | M45 | 42:58 | 51 | | |
| 296 | 4385 | Heather | Andrew | York Postal Harriers | M45 | 43:04 | 52 | | |
| 297 | 4221 | Hall | Michael | Valley Striders | M35 | 43:09 | 43 | | |
| 298 | 3019 | Ellis | Matt | Abbey Runners | M40 | 43:10 | 43 | | |
| 299 | 3727 | Benson | Michael | Nidd Valley Road Runners | M35 | 43:11 | 44 | | |
| 300 | 4079 | Hillas | Stephen | Saltaire Striders | M55 | 43:15 | 23 | | |
| 301 | 3003 | Badkin | Peter | Abbey Runners | M50 | 43:24 | 37 | | |
| 302 | 3140 | Walker | Will | Ackworth Road Runners | M35 | 43:25 | 45 | | |
| 303 | 4094 | Love | Martin | Saltaire Striders | M55 | 43:26 | 24 | | |

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|-----|------|-------------|-------------|--------------------------|------|-------|----|---|--|
| 304 | 3302 | Bell | Gareth | Harrogate Harriers & AC | M35 | 43:27 | 46 | | |
| 305 | 4031 | Young | Innes | Roundhay Runners | M40 | 43:29 | 44 | | |
| 306 | 4258 | Pawley | Graham | Valley Striders | M50 | 43:32 | 38 | | |
| 307 | 4232 | Hussey | John | Valley Striders | M65 | 43:35 | 6 | | |
| 308 | 4463 | Hymas | Stewart | Knarborough Striders | M45 | 43:39 | 53 | | |
| 309 | 3285 | Wilson | Danny | Dragons Running Club | M40 | 43:43 | 45 | | |
| 310 | 3042 | Lavery | Malcolm | Abbey Runners | M50 | 43:46 | 39 | | |
| 311 | 3045 | Littlewood | Graeme | Abbey Runners | M50 | 43:47 | 40 | | |
| 312 | 3623 | Geisleris | Giedrius | Kirkstall Harriers | M35 | 43:49 | 47 | | |
| 313 | 3326 | Miller | Brian | Harrogate Harriers & AC | M60 | 43:49 | 8 | | |
| 314 | 3983 | Regan | Stewart | Roundhay Runners | M50 | 43:52 | 41 | | |
| 315 | 4388 | Platten | Jason | York Postal Harriers | MSEN | 43:53 | 91 | | |
| 316 | 3095 | Gill | Aaron | Ackworth Road Runners | MSEN | 43:54 | 92 | | |
| 317 | 4083 | Jackson | Brett | Saltaire Striders | M40 | 43:55 | 46 | | |
| 318 | 4159 | Gill | Christopher | St Therasas AC | M70 | 43:55 | 1 | | |
| 319 | 3364 | Gebbett | Martin | Horsforth Fellandale | M55 | 43:57 | 25 | | |
| 320 | 3962 | Mullany | Sean | Roundhay Runners | M55 | 43:57 | 26 | | |
| 321 | 4286 | White | Paul | Valley Striders | M70 | 44:01 | 2 | | |
| 322 | 3904 | Dennison | Warren | Roundhay Runners | M50 | 44:04 | 42 | | |
| 323 | 3280 | Porter | Craig | Dragons Running Club | M45 | 44:05 | 54 | | |
| 324 | 4000 | Smith | Johnathan | Roundhay Runners | M45 | 44:07 | 55 | | |
| 325 | 3400 | Halstead | Robert | Horsforth Harriers | MSEN | 44:07 | 93 | | |
| 326 | 4560 | Mustufvi | Zhain | Chapel Allerton RC | MSEN | 44:09 | 94 | | |
| 327 | 3112 | Mckinney | Charles | Ackworth Road Runners | M45 | 44:10 | 56 | | |
| 328 | 3049 | Morimoto | Kazuki | Abbey Runners | M50 | 44:11 | 43 | | |
| 329 | 3107 | Leach | Adrian | Ackworth Road Runners | M50 | 44:11 | 44 | | |
| 330 | 3999 | Smith | Danny | Roundhay Runners | M55 | 44:13 | 27 | | |
| 331 | 3867 | Ward | Roger | Rothwell Harriers & AC | M55 | 44:15 | 28 | | |
| 332 | 3769 | Robinson | Philip | Nidd Valley Road Runners | M55 | 44:16 | 29 | | |
| 333 | 4107 | Parker | Darren | Saltaire Striders | M45 | 44:19 | 57 | | |
| 334 | 3457 | Blatherwick | John | Hyde Park Harriers | MSEN | 44:21 | 95 | | |
| 335 | 4291 | Atkinson | Paul | Wetherby Runners AC | M55 | 44:21 | 30 | | |
| 336 | 3911 | Elliott | John | Roundhay Runners | M55 | 44:24 | 31 | | |
| 337 | 3329 | Nesbitt | Stephen | Harrogate Harriers & AC | M50 | 44:24 | 45 | | |
| 338 | 3899 | Common | Paul | Roundhay Runners | M50 | 44:26 | 46 | | |
| 339 | 4157 | Gaunt | Daniel | St Therasas AC | M35 | 44:30 | 48 | | |
| 340 | 4070 | Griffiths | Alun | Saltaire Striders | M60 | 44:38 | 9 | | |
| 341 | 4546 | Simpson | John | Wetherby Runners AC | M65 | 44:44 | 7 | | |
| 342 | 4522 | Bisset | Andy | Horsforth Harriers | M45 | 44:47 | 58 | | |
| 343 | 3292 | Redmond | Tony | Eccleshill Road Runners | M55 | 44:49 | 32 | | |
| 344 | 3884 | Bull | Nick | Roundhay Runners | M50 | 44:50 | 47 | | |
| 345 | 3096 | Gill | Darren | Ackworth Road Runners | M45 | 44:51 | 59 | | |
| 346 | 3044 | Leslie | David | Abbey Runners | M65 | 44:53 | 8 | | |
| 347 | 3347 | Walker | Mark | Harrogate Harriers & AC | M55 | 44:56 | 33 | Y | |
| 348 | 3896 | Clink | James | Roundhay Runners | MSEN | 44:58 | 96 | | |
| 349 | 3039 | Kent | Scott | Abbey Runners | MSEN | 45:01 | 97 | | |
| 350 | 4013 | Twitchett | Mark | Roundhay Runners | M45 | 45:04 | 60 | | |
| 351 | 3497 | Jones | Chris | Hyde Park Harriers | M60 | 45:08 | 10 | | |
| 352 | 4019 | Walker | John | Roundhay Runners | M55 | 45:11 | 34 | | |
| 353 | 3719 | Aird | Andrew | Nidd Valley Road Runners | M50 | 45:14 | 48 | | |
| 354 | 3757 | Manning | Paul | Nidd Valley Road Runners | M50 | 45:16 | 49 | | |

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| 355 | 3163 | Hill | Chris | Airecentre Pacers | M60 | 45:17 | 11 | | |
| 356 | 3581 | Gummerson | Robert | Kippax Harriers | M45 | 45:19 | 61 | | |
| 357 | 3808 | Walsh | John | Rodillian Runners | M45 | 45:21 | 62 | | Y |
| 358 | 4293 | Bell | Richard | Wetherby Runners AC | M50 | 45:23 | 50 | | |
| 359 | 4268 | Sawyer | Chris | Valley Striders | M60 | 45:24 | 12 | | |
| 360 | 3204 | Cuthbertson | Nic | Chapel Allerton RC | M55 | 45:28 | 35 | | |
| 361 | 3616 | Carlisle | Gary | Kirkstall Harriers | M55 | 45:28 | 36 | | |
| 362 | 3941 | Kirk | George | Roundhay Runners | MSEN | 45:31 | 98 | | |
| 363 | 3415 | Mccleave | Martin | Horsforth Harriers | M50 | 45:32 | 51 | | |
| 364 | 4056 | Douglas | Alan | Saltaire Striders | M45 | 45:34 | 63 | | |
| 365 | 3967 | Nock | Adrian | Roundhay Runners | M45 | 45:39 | 64 | | |
| 366 | 4390 | Richardson | Jonathan | York Postal Harriers | M40 | 45:47 | 47 | | |
| 367 | 3985 | Richardson | Jeremy | Roundhay Runners | M55 | 45:49 | 37 | | |
| 368 | 4551 | Balkwill | James | Abbey Runners | M45 | 45:50 | 65 | | |
| 369 | 3517 | Pullan | Richard | Hyde Park Harriers | M60 | 45:55 | 13 | | |
| 370 | 4431 | Wray | Scott | York Triathlon Club | M45 | 45:59 | 66 | | |
| 371 | 3900 | Cook | James | Roundhay Runners | M40 | 46:04 | 48 | | |
| 372 | 4041 | Bower | David | Saltaire Striders | M55 | 46:10 | 38 | | |
| 373 | 4145 | Cooper | Richard | St Therasas AC | M40 | 46:12 | 49 | | |
| 374 | 3444 | Watson | Kevin | Horsforth Harriers | M70 | 46:16 | 3 | | |
| 375 | 4300 | Costello | Peter | Wetherby Runners AC | M45 | 46:23 | 67 | | |
| 376 | 3854 | Shaw | Brian | Rothwell Harriers & AC | M55 | 46:23 | 39 | | |
| 377 | 4462 | Green | Jason | Knaresborough Striders | MSEN | 46:25 | 99 | | |
| 378 | 3698 | Tibbals | Andy | Knaresborough Striders | M50 | 46:30 | 52 | | |
| 379 | 3294 | Steele | Marc | Eccleshill Road Runners | MSEN | 46:31 | 100 | | |
| 380 | 3284 | Tomlinson | Paul | Dragons Running Club | M50 | 46:33 | 53 | | |
| 381 | 3306 | Couldwell | Alan | Harrogate Harriers & AC | M60 | 46:34 | 14 | | |
| 382 | 3845 | Moseley | Kevin | Rothwell Harriers & AC | M45 | 46:36 | 68 | | |
| 383 | 4397 | Allen | Mark | York Triathlon Club | M40 | 46:36 | 50 | | |
| 384 | 3586 | Hoy | Graham | Kippax Harriers | M40 | 46:37 | 51 | | |
| 385 | 4428 | Trotter | Andy | York Triathlon Club | M45 | 46:37 | 69 | | |
| 386 | 4155 | Gall | Stuart | St Therasas AC | M40 | 46:42 | 52 | | |
| 387 | 3614 | Britton | Peter | Kirkstall Harriers | M60 | 46:45 | 15 | | |
| 388 | 3370 | Allen | Steven | Horsforth Harriers | M45 | 46:51 | 70 | | |
| 389 | 3043 | Lennon | Laurence | Abbey Runners | M55 | 46:54 | 40 | | |
| 390 | 4280 | Towler | Tim | Valley Striders | M55 | 46:55 | 41 | | |
| 391 | 3848 | Parker-Haim | Christopher | Rothwell Harriers & AC | M35 | 46:59 | 49 | | |
| 392 | 3017 | Ellis | Adam | Abbey Runners | M40 | 47:04 | 53 | | |
| 393 | 3722 | Barnett | James | Nidd Valley Road Runners | M50 | 47:16 | 54 | | |
| 394 | 4401 | Buckley | Neil | York Triathlon Club | M60 | 47:22 | 16 | | |
| 395 | 3297 | Sutton | Robert | Eccleshill Road Runners | M55 | 47:26 | 42 | | |
| 396 | 3464 | Byrd | Joe | Hyde Park Harriers | MSEN | 47:26 | 101 | | |
| 397 | 3775 | Seaman | Dave | Nidd Valley Road Runners | M70 | 47:33 | 4 | | |
| 398 | 4550 | Baker | Bob | Otley AC | M60 | 47:35 | 17 | | Y |
| 399 | 4353 | Madhas | Raj | Wharfedale Harriers | M50 | 47:42 | 55 | | |
| 400 | 3449 | Yeadon | Michael | Horsforth Harriers | M60 | 47:45 | 18 | | |
| 401 | 3693 | Shelton | Mark | Knaresborough Striders | M35 | 47:46 | 50 | | |
| 402 | 4489 | Tinker | Michael | Valley Striders | M60 | 47:48 | 19 | | |
| 403 | 3120 | Payne | Richard | Ackworth Road Runners | M40 | 47:50 | 54 | | |
| 404 | 4487 | Coles | Malcolm | Valley Striders | M75 | 47:57 | 1 | | |
| 405 | 3626 | Glover | Paul | Kirkstall Harriers | M70 | 48:02 | 5 | | |

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| 406 | 3923 | Hall | Giles | Roundhay Runners | M50 | 48:03 | 56 | | |
| 407 | 3311 | Gill | Michael | Harrogate Harriers & AC | M50 | 48:04 | 57 | | |
| 408 | 3186 | Miran | Sohail | Bradford Airedale AC | M45 | 48:10 | 71 | | |
| 409 | 3448 | Wood | Steve | Horsforth Harriers | M65 | 48:10 | 9 | | |
| 410 | 3595 | Messenger | John | Kippax Harriers | M70 | 48:17 | 6 | | |
| 411 | 3426 | Russell | Peter | Horsforth Harriers | M55 | 48:26 | 43 | | |
| 412 | 3127 | Sharp | Christopher | Ackworth Road Runners | MSEN | 48:35 | 102 | | |
| 413 | 3099 | Haslam | Paul | Ackworth Road Runners | MSEN | 48:38 | 103 | | |
| 414 | 4415 | Kuendiger | Jan | York Triathlon Club | M35 | 48:41 | 51 | | |
| 415 | 3863 | Thorpe | Stuart | Rothwell Harriers & AC | M45 | 49:20 | 72 | | |
| 416 | 3837 | Knight | Hadrian | Rothwell Harriers & AC | M45 | 49:26 | 73 | | |
| 417 | 4539 | Haigh | Ben | Rothwell Harriers & AC | M45 | 49:31 | 74 | | |
| 418 | 3070 | Walton | Clive | Abbey Runners | M50 | 49:41 | 58 | | |
| 419 | 3835 | Kelly | Mat | Rothwell Harriers & AC | M35 | 50:02 | 52 | | |
| 420 | 3183 | Markey | Barry | Bradford Airedale AC | M60 | 50:07 | 20 | | |
| 421 | 3384 | Dickson | Tommy | Horsforth Harriers | MSEN | 50:08 | 104 | | |
| 422 | 3936 | Irving | John | Roundhay Runners | M60 | 50:10 | 21 | | |
| 423 | 4398 | Archer | John | York Triathlon Club | M70 | 50:12 | 7 | | |
| 424 | 4248 | Mackreth | Paul | Valley Striders | M40 | 50:12 | 55 | | |
| 425 | 4238 | Kaulgud | Dinesh | Valley Striders | M45 | 50:29 | 75 | | |
| 426 | 3135 | Taylor | Christopher | Ackworth Road Runners | M65 | 50:31 | 10 | | |
| 427 | 4528 | Milne | Stephen | Hyde Park Harriers | M35 | 50:43 | 53 | | |
| 428 | 3152 | Zywicki | Paul | Ackworth Road Runners | M55 | 50:44 | 44 | | |
| 429 | 4515 | Vogan | Ian | Ackworth Road Runners | M60 | 50:47 | 22 | | |
| 430 | 3180 | Binns | Richard | Bradford Airedale AC | M45 | 51:36 | 76 | | |
| 431 | 3474 | Edwards | Richard | Hyde Park Harriers | M40 | 52:08 | 56 | | |
| 432 | 3596 | Mortimer | Christopher | Kippax Harriers | M50 | 52:10 | 59 | | |
| 433 | 3093 | Gallagher | Paul | Ackworth Road Runners | M45 | 52:35 | 77 | | |
| 434 | 3200 | Bernardo Jr | Carlos | Chapel Allerton RC | M35 | 52:42 | 54 | | |
| 435 | 3143 | Whitaker | David | Ackworth Road Runners | M60 | 52:46 | 23 | | |
| 436 | 4329 | Upperton | James | Wetherby Runners AC | MSEN | 52:59 | 105 | | |
| 437 | 3531 | Tarbit | James | Hyde Park Harriers | MSEN | 52:59 | 106 | | |
| 438 | 3486 | Gray | Matthew | Hyde Park Harriers | MSEN | 52:59 | 107 | | |
| 439 | 4549 | Buffham | Don | Otley AC | M60 | 53:32 | 24 | | Y |
| 440 | 3056 | Richards | Jon | Abbey Runners | M40 | 53:41 | 57 | | |
| 441 | 3477 | Farmery | Paul | Hyde Park Harriers | M35 | 53:53 | 55 | | |
| 442 | 3184 | Midgley | Mathew | Bradford Airedale AC | MSEN | 53:55 | 108 | | |
| 443 | 4531 | Underwood | James | Hyde Park Harriers | MSEN | 53:59 | 109 | | |
| 444 | 4529 | Parker-Milnes | Curtis | Hyde Park Harriers | MSEN | 53:59 | 110 | | |
| 445 | 4242 | Lim | Philip | Valley Striders | M45 | 54:35 | 78 | | |
| 446 | 3589 | Kitchen | Jay | Kippax Harriers | M55 | 55:24 | 45 | | |
| 447 | 4270 | Sedgley | Neil | Valley Striders | M50 | 55:35 | 60 | | |
| 448 | 3490 | Harris | Stuart | Hyde Park Harriers | M35 | 55:55 | 56 | | |
| 449 | 4165 | Higgins | Mick | St Therasas AC | M70 | 55:56 | 8 | | |
| 450 | 4222 | Hall | Neil | Valley Striders | M35 | 56:08 | 57 | | |
| 451 | 3995 | Sheppard | Peter | Roundhay Runners | M70 | 56:12 | 9 | | |
| 452 | 3287 | Goodyear | David | Eccleshill Road Runners | M50 | 56:29 | 61 | | |
| 453 | 4392 | Schumacher | Carl | York Postal Harriers | M35 | 56:35 | 58 | | |
| 454 | 3438 | Taylor | Ian | Horsforth Harriers | M50 | 56:46 | 62 | | |
| 455 | 3385 | Dinsdale | Mark | Horsforth Harriers | M50 | 56:52 | 63 | | |
| 456 | 3031 | Ibrahim | Joseph | Abbey Runners | M40 | 56:57 | 58 | | |

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|-----|------|------------|--------------|--------------------------|------|---------|-----|--|--|
| 457 | 3832 | Hillarby | Richard | Rothwell Harriers & AC | M60 | 57:35 | 25 | | |
| 458 | 4090 | Kingsnorth | Simon | Saltaire Striders | M50 | 57:44 | 64 | | |
| 459 | 3631 | Hey | Peter | Kirkstall Harriers | M65 | 57:59 | 11 | | |
| 460 | 4120 | Smith | Richard | Saltaire Striders | M60 | 58:14 | 26 | | |
| 461 | 3664 | Taylor | Malcolm | Kirkstall Harriers | MSEN | 59:12 | 111 | | |
| 462 | 3488 | Hammond | Phil | Hyde Park Harriers | M55 | 59:25 | 46 | | |
| 463 | 3648 | Nesden | Patrick | Kirkstall Harriers | M65 | 59:28 | 12 | | |
| 464 | 3278 | Mckay | Martin | Dragons Running Club | M40 | 59:34 | 59 | | |
| 465 | 4156 | Gardner | Andrew | St Therasas AC | M65 | 59:59 | 13 | | |
| 466 | 3931 | Hill | Philip | Roundhay Runners | M55 | 1:00:13 | 47 | | |
| 467 | 3748 | Hyde | Graham | Nidd Valley Road Runners | M40 | 1:00:20 | 60 | | |
| 468 | 3895 | Clink | Brian Andrew | Roundhay Runners | M45 | 1:01:27 | 79 | | |
| 469 | 3810 | Appleby | Martin | Rothwell Harriers & AC | M60 | 1:02:15 | 27 | | |
| 470 | 3956 | Mellor | Joe | Roundhay Runners | M60 | 1:04:06 | 28 | | |
| 471 | 3928 | Hewitt | Ash | Roundhay Runners | M35 | 1:04:40 | 59 | | |
| 472 | 3428 | Scanlon | Pete | Horsforth Harriers | M70 | 1:08:13 | 10 | | |
| 473 | 3088 | Camponi | Tom | Ackworth Road Runners | MSEN | 1:20:18 | 112 | | |