

The Colin Morath Memorial Trophy

| Position | Club | 'Countback' Total | | % Change |
|----------|--------------------------|-------------------|--------------|----------|
| | | Race 3 15-16 | Race 3 16-17 | |
| 1 | Harrogate Harriers | 10346 | 5886 | 43.1 |
| 2 | Abbey Runners | 7298 | 5423 | 25.7 |
| 3 | Wharfedale Harriers | 7896 | 6735 | 14.7 |
| 4 | Bradford Airedale AC | 19911 | 17131 | 14.0 |
| 5 | Chapel Allerton Runners | 11354 | 10045 | 11.5 |
| 6 | Saltaire Striders | 5614 | 5008 | 10.8 |
| 7 | Kippax Harriers | 14730 | 13141 | 10.8 |
| 8 | Valley Striders | 3947 | 3580 | 9.3 |
| 9 | York Tri Club | 11388 | 10407 | 8.6 |
| 10 | Horsforth Harriers | 7253 | 6986 | 3.7 |
| 11 | Kirkstall Harriers | 8120 | 7880 | 3.0 |
| 12 | Roundhay Runners | 8498 | 8709 | -2.5 |
| 13 | Airecentre Pacers | 17960 | 18563 | -3.4 |
| 14 | Wetherby Runners | 6050 | 6370 | -5.3 |
| 15 | Knaresborough Striders | 12412 | 13082 | -5.4 |
| 16 | Hyde Park Harriers | 9748 | 10357 | -6.2 |
| 17 | Ackworth Road Runners | 8991 | 9582 | -6.6 |
| 18 | Rothwell Harriers | 6702 | 7653 | -14.2 |
| 19 | St Theresa's AC | 4143 | 4971 | -20.0 |
| 20 | Pudsey & Bramley AC | 13221 | 17209 | -30.2 |
| 21 | Eccleshill Road Runners | 13403 | 17526 | -30.8 |
| 22 | Ilkley Harriers | 7247 | 14577 | -101.1 |
| N/A | Nidd Valley Road Runners | N/A | 9405 | N/A |