

PECO Cross Country League 2015-16
Senior Men's Cumulative Results After Race 5

Best 4 Scores To Count; Minimum Of 3 Races Completed For Prize Eligibility

Position	Surname	First Name	Club	Age Cat	Race 1		Race 2		Race 3		Race 4		Race 5		FINAL POINTS	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points	Pos	Points		
1	Smith	Jack	Wharfedale Harriers	MSEN	2	199.5	1	200.0	1	200.0	2	199.4	4	198.2	798.9	1
2	Forrest	Terry	Ackworth RR	MSEN	4	198.6	4	198.5	6	197.4	1	200.0	2	199.4	796.5	2
3	Kerr	Will	Saltaire Striders	MSEN	9	196.2	6	197.5	7	196.8	4	198.1	10	194.5	788.6	3
4	Watson	Sam	Wharfedale Harriers	MSEN	7	197.2	7	197.0	5	197.9	9	194.9	7	196.4	788.4	4
5	Hobbs	John	Valley Striders	MSEN	6	197.6	10	195.5	10	195.3	5	197.4	12	193.3	785.8	5
6	Holmes	Christian	Wharfedale Harriers	M40	8	196.7	11	195.0	0	0.0	6	196.8	8	195.7	784.2	1
7	Holmes	Harry	Wharfedale Harriers	MSEN	13	194.3	8	196.5	8	196.3	0	0.0	6	197.0	784.1	6
8	Sewell	Phil	Leeds University CCC	MSEN	10	195.7	14	193.5	17	191.6	3	198.7	14	192.1	780.0	7
9	Charlesworth	Nick	Wharfedale Harriers	M45	11	195.3	9	196.0	11	194.7	12	192.9	15	191.5	778.9	1
10	Millgate	Paul	Wetherby Runners	M40	12	194.8	13	194.0	13	193.7	7	196.2	0	0.0	778.6	2
11	Kirkham	David	Wharfedale Harriers	MSEN	22	190.0	22	189.5	15	192.6	22	186.5	20	188.4	760.6	8
12	Hibberd	Daryl	Valley Striders	MSEN	25	188.6	0	0.0	20	190.0	14	191.7	17	190.3	760.5	9
13	Sennett	Marc	Wharfedale Harriers	MSEN	39	182.0	27	187.0	26	186.8	15	191.0	18	189.7	754.5	10
14	Phelan	Ross	St Theresa's AC	MSEN	27	187.7	23	189.0	23	188.4	23	185.9	21	187.8	752.9	11
15	Blackburn	Ross	Rothwell Harriers	MSEN	21	190.5	20	190.5	27	186.3	32	180.1	26	184.8	752.1	12
16	Karanasios	Stan	Hyde Park Harriers	MSEN	34	184.4	29	186.0	25	187.3	24	185.3	24	186.0	744.6	13
17	Armstrong	Ross	Abbey Runners	MSEN	55	174.4	19	191.0	0	0.0	30	181.4	22	187.2	734.1	14
18	Robson	John	St Theresa's AC	M40	43	180.1	40	180.5	50	174.1	33	179.5	29	183.0	723.1	3
19	Bewell	Richard	Wetherby Runners	M50	0	0.0	37	182.0	43	177.8	31	180.8	32	181.2	721.8	1
20	Forey	Jonathan	Dragons RC	M45	65	169.7	33	184.0	39	179.9	35	178.2	35	179.3	721.5	2
21	Corbett	Graham	Saltaire Striders	MSEN	48	177.7	47	177.0	36	181.5	0	0.0	27	184.2	720.4	15
22	Anderson	Ian	York Tri Club	M40	61	171.6	35	183.0	44	177.3	38	176.3	41	175.7	712.3	4
23	Tarran	James	Valley Striders	M45	37	182.9	38	181.5	38	180.5	58	163.5	0	0.0	708.4	3
24	Shooter	Graham	St Theresa's AC	M50	47	178.2	50	175.5	42	178.4	39	175.6	51	169.6	707.7	2
25	McGuire	Dave	Wharfedale Harriers	M45	60	172.0	46	177.5	53	172.6	36	177.6	36	178.7	706.3	4
26	Kwallah	Joseph	Wetherby Runners	M45	51	176.3	41	180.0	45	176.8	45	171.8	57	166.0	704.9	5
27	Newsome	Paul	St Theresa's AC	M40	38	182.5	45	178.0	54	172.0	48	169.9	48	171.4	703.9	5
28	Easton	Chris	Chapel Allerton Runners	MSEN	69	167.8	43	179.0	41	178.9	41	174.4	53	168.4	700.6	16
29	Holt	Mark	Wetherby Runners	M40	54	174.9	58	171.5	49	174.7	56	164.7	37	178.1	699.2	6
30	Seddon	Matthew	Pudsey & Bramley AC	MSEN	58	173.0	61	170.0	35	182.1	0	0.0	44	173.9	698.9	17
31	Coy	Stephen	Ilkley Harriers	M40	45	179.1	53	174.0	64	166.8	50	168.6	39	176.9	698.6	7
32	Gray	James	St Theresa's AC	MSEN	0	0.0	44	178.5	51	173.6	43	173.1	45	173.3	698.4	18
33	Fillingham	Martin	Saltaire Striders	M40	42	180.6	52	174.5	59	169.4	54	166.0	54	167.8	692.2	8
34	Hare	Danny	St Theresa's AC	MSEN	36	183.4	64	168.5	57	170.4	59	162.8	55	167.2	689.9	19
35	Gaffey	Richard	Abbey Runners	M40	67	168.7	69	166.0	40	179.4	49	169.2	0	0.0	683.4	9
36	Aimon	Anthony	Hyde Park Harriers	MSEN	113	146.9	0	0.0	58	169.9	29	182.1	30	182.4	681.3	20
37	Armistead	Simon	Chapel Allerton Runners	MSEN	70	167.3	93	154.0	80	158.3	47	170.5	33	180.5	676.7	21
38	Mills	Gerard	Bradford Airedale	M45	41	181.0	0	0.0	48	175.2	53	166.7	88	147.1	670.0	6
39	Wilkie	Pete	Roundhay Runners	MSEN	83	161.1	0	0.0	33	183.1	75	152.6	47	172.0	668.9	22
40	Feather	Tom	Horsforth Harriers	MSEN	62	171.1	32	184.5	0	0.0	66	158.3	77	153.8	667.7	23
41	Gray	Rob	Wetherby Runners	M50	57	173.5	67	167.0	72	162.5	0	0.0	64	161.7	664.7	3
42	Coldwell	Ben	Kirkstall Harriers	MSEN	0	0.0	70	165.5	73	162.0	44	172.4	60	164.1	664.1	24
43	Westmoreland	Jason	Rothwell Harriers	M45	40	181.5	0	0.0	68	164.6	60	162.2	82	150.8	659.1	7
44	Dunbar	Stuart	Saltaire Striders	M50	53	175.4	54	173.5	0	0.0	81	148.7	73	156.2	653.8	4
45	Goddard	Billy	Roundhay Runners	M40	72	166.4	60	170.5	65	166.2	0	0.0	84	149.5	652.6	10
46	Brown	Paul	Rothwell Harriers	M45	114	146.4	73	164.0	77	159.9	57	164.1	63	162.3	650.3	8
47	Maudsley	Ian	St Theresa's AC	MSEN	92	156.9	71	165.0	90	153.0	51	167.9	67	159.9	649.7	25
48	Partridge	Simon	York Postal Harriers	MSEN	66	169.2	0	0.0	82	157.3	78	150.6	58	165.3	642.4	26
49	Richardson	Matt	Saltaire Striders	MSEN	106	150.2	81	160.0	69	164.1	63	160.3	70	158.1	642.4	27
50	Atkinson	Joe	Wetherby Runners	MSEN	76	164.5	68	166.5	85	155.7	79	150.0	86	148.3	636.6	28
51	Pilling	Graham	Pudsey & Bramley AC	MSEN	104	151.2	87	157.0	74	161.5	62	160.9	76	154.4	633.8	29
52	Anderson	Peter	St Theresa's AC	M50	103	151.7	79	161.0	87	154.6	70	155.8	78	153.2	624.6	5
53	Alder	Scott	Pudsey & Bramley AC	M40	107	149.8	78	161.5	86	155.1	0	0.0	72	156.8	623.2	11
54	Tranter	Colin	Hyde Park Harriers	MSEN	79	163.0	0	0.0	102	146.7	69	156.4	75	155.0	621.2	30
55	Schofield	George	St Theresa's AC	MSEN	111	147.9	86	157.5	89	153.6	0	0.0	65	161.1	620.0	31
56	Raby	Steve	Horsforth Harriers	M55	112	147.4	108	146.5	67	165.2	68	157.1	83	150.2	619.8	1
57	Jones	Simon	Abbey Runners	MSEN	77	164.0	102	149.5	84	156.2	0	0.0	85	148.9	618.6	32
58	Drake	Richard	Valley Striders	M40	133	137.4	92	154.5	75	160.9	0	0.0	62	162.9	615.8	12
59	Wray	Luke	Abbey Runners	MSEN	81	162.1	85	158.0	106	144.6	113	128.2	87	147.7	612.4	33
60	Thorpe	Andrew	Roundhay Runners	MSEN	121	143.1	82	159.5	88	154.1	0	0.0	90	145.9	602.6	34
61	Smith	Mark	Rothwell Harriers	MSEN	5	198.1	5	198.0	4	198.4	0	0.0	0	0.0	594.5	35
62	Wood	Jack	Ilkley Harriers	MSEN	0	0.0	12	194.5	3	198.9	0	0.0	1	200.0	593.4	36
63	Stockburn	Paul	Harrogate Harriers	M55	117	145.0	106	147.5	0	0.0	82	148.1	80	152.0	592.6	2
64	Pollard	Tom	Hyde Park Harriers	MSEN	96	155.0	91	155.0	93	151.5	0	0.0	115	130.7	592.1	37
65	Bevan	John	York Tri Club	M50	101	152.6	83	159.0	105	145.1	0	0.0	108	135.0	591.7	6
66	Garside	Simon	Rothwell Harriers	M45	128	139.8	90	155.5	107	144.1	77	151.3	111	133.1	590.7	9
67	Sutor	Richard	Chapel Allerton Runners	MSEN	88	158.8	105	148.0	116	139.3	0	0.0	95	142.9	588.9	38
68	Athersmith	Lee	Wharfedale Harriers	MSEN	16	192.9	0	0.0	0	0.0	8	195.5	9	195.1	583.5	39
69	Iley	Mark	Ilkley Harriers	M50	118	144.5	89	156.0	112	141.4	95	139.7	102	138.6	581.7	7
70	Fisher	Dan	Valley Striders	MSEN	0	0.0	15	193.0	14	193.1	10	194.2	0	0.0	580.4	40
71	Pownall	Jon	Valley Striders	MSEN	18	191.9	17	192.0	0	0.0	11	193.6	0	0.0	577.5	41
72	Howard	Paul	Rothwell Harriers	MSEN	151	128.9	0	0.0	100	147.8	84	146.8	81	151.4	574.8	42
73	Walker	Colin	Pudsey & Bramley AC	M40	23	189.6	0	0.0	16	192.1	0	0.0	13	192.7	574.4	13
74	Webber-Cross	Geoff	Chapel Allerton Runners	MSEN	0	0.0	98	151.5	110	142.5	99	137.2	96	142.2	573.4	43
75	Moger	Adam	Kirkstall Harriers	M40	126	140.8	104	148.5	122	136.1	86	145.5	119	128.3	570.9	14
76	Burns	Ali	Valley Striders	MSEN	0	0.0	0	0.0	22	188.9	20	187.8	11	193.9	570.7	44
77	Dearden	Mike	Chapel Allerton Runners	MSEN	127	140.3	131	135.0	95	150.4	0	0.0	92	144.7	570.4	45
78	Knight	Hadrian	Rothwell Harriers	M40	109	148.8	120	140.5	115	139.8	94	140.4	168	98.5	569.5	15
79	Kent	Craig	Abbey Runners	MSEN	143	132.7	123	139.0	113	140.9	92	141.7	93	144.1	565.6	46
80	Newton	Simon	Ackworth RR	MSEN	31	185.8	25	188.0	21	189.4	0	0.0	0	0.0	563.2	47
81	Clothier	Simon	Kippax Harriers	MSEN	139	134.6	125	138.0	138	127.7	90	142.9	89	146.5	562.1	48
82	Woodman	James	Kirkstall Harriers	MSEN	44	179.6	21	190.0	0	0.0	17	189.7	0	0.0	559.4	49
83	Eccles	Neil	Wharfedale Harriers	M45	0	0.0	0	0.0	28	185.8	18	189.1	28	183.6	558.4	10
84	Potter	Benjamin	Leeds University CCC	MSEN	28	187.2	0	0.0	0	0.0	21	187.2	31	181.8	556.1	50
85	Greenhalgh	Lee	Horsforth Harriers	M40	123	142.2	107	147.0	98	148.8	129	117.9	0	0.0	555.9	16
86	Gardner	Tony	Rothwell Harriers	MSEN	135											

99	Andratlojc	Nick	Harrogate Harriers	M50	0	0.0	141	130.0	128	133.0	109	130.8	126	124.0	517.8	8
100	Yates	Jonny	Chapel Allerton Runners	M5EN	152	128.4	122	139.5	171	110.3	119	124.4	125	124.6	516.9	61
101	MacCarthy	Sean	Abbey Runners	M45	148	130.3	132	134.5	152	120.3	123	121.8	116	130.1	516.7	11
102	Stone	Daniel	Rothwell Harriers	M5EN	177	116.6	159	121.0	137	128.2	108	131.4	109	134.3	515.0	62
103	Bibby	Ross	Valley Striders	M5EN	80	162.6	0	0.0	47	175.7	0	0.0	43	174.5	512.8	63
104	Hipkiss	Jack	Kirkstall Harriers	M5EN	0	0.0	74	163.5	46	176.3	0	0.0	46	172.6	512.4	64
105	Wilson	Dan	Knaresborough Striders	M5EN	160	124.6	165	118.0	141	126.1	98	137.8	0	0.0	506.6	65
106	Long	Vernon	Valley Striders	M45	173	118.5	134	133.5	0	0.0	115	126.9	120	127.7	506.6	12
107	Evans	Mark	St Theresa's AC	M45	170	119.9	208	96.5	130	131.9	116	126.3	123	125.8	503.9	13
108	Goose	Philip	Hyde Park Harriers	M5EN	84	160.7	80	160.5	37	181.0	0	0.0	0	0.0	502.2	66
109	Atkinson	Paul	Wetherby Runners	M50	171	119.4	133	134.0	145	124.0	121	123.1	149	110.0	500.5	9
110	Gallagher	Mike	Hyde Park Harriers	M5EN	63	170.6	0	0.0	63	167.3	0	0.0	66	160.5	498.4	67
111	Huggins	Roy	Valley Striders	M50	142	133.2	149	126.0	154	119.3	148	105.8	136	117.9	496.0	10
112	Cumming	Robert	Abbey Runners	M5EN	0	0.0	0	0.0	96	149.9	55	165.4	38	177.5	492.8	68
113	Brock	Martin	Knaresborough Striders	M5EN	0	0.0	95	153.0	55	171.5	52	167.3	0	0.0	491.8	69
114	Emery	Keith	Knaresborough Striders	M5EN	98	154.0	59	171.0	70	163.6	0	0.0	0	0.0	488.6	70
115	Butler	Joe	St Theresa's AC	M5EN	146	131.3	136	132.5	235	76.5	138	112.2	150	109.4	485.4	71
116	Sennett	Darren	Ackworth RR	M40	180	115.2	155	123.0	157	117.7	114	127.6	143	113.7	483.4	19
117	Glover	Chris	Kirkstall Harriers	M50	209	101.4	142	129.5	132	130.9	0	0.0	133	119.8	481.5	11
118	Jones	Graham	Valley Striders	M50	99	153.6	77	162.0	0	0.0	0	0.0	61	163.5	479.1	12
119	Ogden	Ian	Saltaire Striders	M40	147	130.8	146	127.5	180	105.5	134	114.7	0	0.0	478.6	20
120	McCarthy	John	Rothwell Harriers	M55	162	123.7	154	123.5	168	111.9	128	118.6	148	110.6	477.7	4
121	Watson	Scott	Hyde Park Harriers	M5EN	50	176.8	48	176.5	0	0.0	0	0.0	127	123.4	476.7	72
122	Broadhead	Michael	Chapel Allerton Runners	M5EN	0	0.0	72	164.5	0	0.0	65	159.0	79	152.6	476.1	73
123	Carberry	David	Wetherby Runners	M45	100	153.1	0	0.0	79	158.8	61	161.5	0	0.0	473.5	14
124	Lewis	Martin	Roundhay Runners	M50	188	111.4	152	124.5	151	120.8	147	106.4	0	0.0	463.1	13
125	Sawyer	Paul	Hyde Park Harriers	M5EN	145	131.8	162	119.5	196	97.1	143	109.0	163	101.5	461.7	74
126	Fitzgerald	Sean	Valley Striders	M5EN	125	141.2	211	95.0	0	0.0	144	108.3	140	115.5	460.1	75
127	Miller	Paul	Kirkstall Harriers	M5EN	90	157.8	84	158.5	108	143.5	0	0.0	0	0.0	459.9	76
128	Waddell	Taylor	Eccleshill RR	M5EN	0	0.0	75	163.0	101	147.2	80	149.4	0	0.0	459.6	77
129	Manfield	Iain	Abbey Runners	M45	279	68.2	156	122.5	189	100.8	135	114.1	137	117.3	454.7	15
130	Asghar	Imran	Bradford Airedale	M5EN	95	155.5	112	144.5	92	152.0	0	0.0	0	0.0	451.9	78
131	Booth	James	Hyde Park Harriers	M5EN	0	0.0	101	150.0	78	159.4	0	0.0	97	141.6	451.0	79
132	Whitaker	Robert	Wetherby Runners	M40	0	0.0	111	145.0	62	167.8	0	0.0	104	137.4	450.2	21
133	Hawkins	Richard	York Postal Harriers	M5EN	182	114.2	170	115.5	165	113.5	173	89.7	158	104.6	447.7	80
134	Capperauld	Kris	York Tri Club	M5EN	105	150.7	100	150.5	103	146.2	0	0.0	0	0.0	447.4	81
135	Ritucci	Richard	Ackworth RR	M5EN	108	149.3	96	152.5	0	0.0	0	0.0	91	145.3	447.1	82
136	Vallance	Simon	Valley Striders	M50	134	137.0	0	0.0	0	0.0	89	143.6	71	157.4	438.0	14
137	Jones	Martin	Abbey Runners	M40	185	112.8	172	114.5	178	106.6	151	103.8	178	92.4	437.7	22
138	Eales	Tom	Hyde Park Harriers	M5EN	74	165.4	99	151.0	155	118.7	0	0.0	0	0.0	435.1	83
139	Joel	Richard	Ilkley Harriers	M45	0	0.0	0	0.0	118	138.3	74	153.2	94	143.5	434.9	16
140	Myer	Matthew	St Theresa's AC	M40	192	109.5	161	120.0	0	0.0	157	100.0	157	105.2	434.6	23
141	Burton	Phil	Roundhay Runners	M50	184	113.3	201	100.0	176	107.7	145	107.7	161	102.7	431.3	15
142	Carrick	Chris	Kippax Harriers	M5EN	181	114.7	195	103.0	194	98.2	149	105.1	156	105.8	428.6	84
143	Wood	James	Wetherby Runners	M5EN	97	154.5	0	0.0	111	142.0	0	0.0	114	131.3	427.8	85
144	Adcock	Richard	Valley Striders	M45	195	108.1	150	125.5	0	0.0	141	110.3	198	80.2	424.1	17
145	Vincent	Robert	Abbey Runners	M40	94	155.9	0	0.0	136	128.8	97	138.5	0	0.0	423.1	24
146	Patchett	Ian	Abbey Runners	M50	212	100.0	160	120.5	197	96.6	153	102.6	174	94.8	419.6	16
147	Stoneman	Andy	Valley Striders	M40	155	127.0	110	145.5	104	145.6	0	0.0	0	0.0	418.2	25
148	Barber	Edward	Pudsey & Bramley AC	M5EN	0	0.0	127	137.0	124	135.1	87	144.9	0	0.0	417.0	86
149	Rhodes	Trevor	Eccleshill RR	M50	205	103.3	209	96.0	186	102.4	139	111.5	186	87.5	413.2	17
150	Wicks	Andy	Abbey Runners	M50	220	96.2	151	125.0	0	0.0	181	84.6	154	107.0	412.8	18
151	Brennan	Sean	Knaresborough Striders	M45	207	102.4	173	114.0	199	95.5	158	99.4	171	96.7	412.4	18
152	King	Geoffrey	Harrogate Harriers	M55	0	0.0	0	0.0	143	125.1	85	146.2	101	139.2	410.4	5
153	Monaghan	Nigel	Horsforth Harriers	M55	0	0.0	126	137.5	0	0.0	103	134.6	106	136.2	408.3	6
154	Taylor	Chris	Hyde Park Harriers	M5EN	199	106.2	217	92.0	167	112.4	163	96.2	194	82.7	406.7	87
155	Roberts	Mike	Kirkstall Harriers	M5EN	0	0.0	118	141.5	129	132.5	107	132.1	0	0.0	406.0	88
156	Vinegrad	Michael	Chapel Allerton Runners	M5EN	295	60.7	203	99.0	203	93.4	146	107.1	155	106.4	405.8	89
157	Squire	Alan	Horsforth Harriers	M45	116	145.5	0	0.0	134	129.8	111	129.5	0	0.0	404.8	19
158	Mason	Tom	Hyde Park Harriers	M5EN	222	95.3	219	91.0	183	104.0	0	0.0	142	114.3	404.5	90
159	Marsh	Nathan	Leeds University CCC	M5EN	3	199.1	2	199.5	0	0.0	0	0.0	0	0.0	398.6	91
160	Womersley	David	Hyde Park Harriers	M60	238	87.7	187	107.0	185	102.9	183	83.3	164	100.9	398.5	1
161	Butterfield	Richard	Horsforth Harriers	M55	124	141.7	0	0.0	0	0.0	124	121.2	107	135.6	398.4	7
162	Curley	Aidan	Abbey Runners	M40	115	146.0	0	0.0	0	0.0	126	119.9	112	132.5	398.4	26
163	Baxter	Joe	Pudsey & Bramley AC	M5EN	0	0.0	0	0.0	2	199.5	0	0.0	3	198.8	398.3	92
164	Budding	Robert	Ilkley Harriers	M45	0	0.0	189	106.0	213	88.1	156	100.6	162	102.1	396.9	20
165	Maycock	Joe	Chapel Allerton Runners	M5EN	0	0.0	216	92.5	216	86.5	155	101.3	141	114.9	395.2	93
166	Cummins	Mike	Horsforth Harriers	M5EN	243	85.3	214	93.5	0	0.0	140	110.9	159	104.0	393.7	94
167	Mangoelles	James	Horsforth Harriers	M5EN	215	98.6	197	102.0	226	81.3	161	97.4	175	94.2	392.2	95
168	Haddon	Kirk	Abbey Runners	M5EN	166	121.8	138	131.5	120	137.2	0	0.0	0	0.0	390.5	96
169	Dell'Amico	Lonis	Saltaire Striders	M40	206	102.8	202	99.5	209	90.2	162	96.8	0	0.0	389.4	27
170	Ford	Nick	Airecentre Pacers	M5EN	194	108.5	206	97.5	212	88.7	166	94.2	0	0.0	388.9	97
171	Rhodes	Adam	Kirkstall Harriers	M5EN	225	93.8	194	103.5	210	89.7	170	91.7	167	99.1	388.1	98
172	Smart	Richard	Ackworth RR	M5EN	196	107.6	215	93.0	0	0.0	177	87.2	166	99.7	387.5	99
173	Kershaw	Andrew	Leeds University CCC	M5EN	0	0.0	0	0.0	0	0.0	19	188.5	5	197.6	386.0	100
174	Richardson	Dale	Rothwell Harriers	M5EN	223	94.8	0	0.0	207	91.3	154	101.9	169	97.9	385.9	101
175	Driver	David	Hyde Park Harriers	M5EN	0	0.0	0	0.0	12	194.2	0	0.0	16	190.9	385.1	102
176	Riley	Spencer	Wharfedale Harriers	M40	0	0.0	16	192.5	0	0.0	13	192.3	0	0.0	384.8	28
177	Longmate	Kevin	Kirkstall Harriers	M5EN	0	0.0	0	0.0	135	129.3	101	135.9	134	119.1	384.3	103
178	Buckley	Tim	York Tri Club	M5EN	20	191.0	0	0.0	0	0.0	16	190.4	0	0.0	381.4	104
179	Love	Martin	Saltaire Striders	M50	214	99.1	212	94.5	201	94.5	168	92.9	188	86.3	381.0	19
180	Cox	Matt	Ilkley Harriers	M40	24	189.1	0	0.0	18	191.0	0	0.0	0	0.0	380.1	29
181	Bailey	Stephen	Rothwell Harriers	M45	144	132.2	147	127.0	153	119.8	0	0.0	0	0.0	379.0	21
182	Wallace	Neil	Pudsey & Bramley AC	M40	216	98.1	210	95.5	200	95.0	175	88.5	184	88.8	377.3	30
183	Gill	Christopher	St Theresa's AC	M65	224	94.3	263	69.0	202	93.9	142	109.6	204	76.6	374.5	1
184	Crabtree	Paul	Wharfedale Harriers	M45	0	0.0	0	0.0	0	0.0	26	184.0	19	189.1	373.0	22
185	Parker	Jon	Valley Striders	M5EN	0	0.0	28	186.5	30							

204	Nixon	Richard	Saltaire Striders	M45	0	0.0	174	113.5	147	123.0	137	112.8	0	0.0	349.3	24
205	Chambers	Mick	Saltaire Striders	M60	260	77.3	204	98.5	222	83.4	174	89.1	0	0.0	348.2	3
206	Walsh	Andy	Wetherby Runners	M5EN	56	173.9	0	0.0	52	173.1	0	0.0	0	0.0	347.0	115
207	Askew	Dave	Harrogate Harriers	M50	0	0.0	169	116.0	0	0.0	125	120.5	152	108.2	344.7	23
208	Stott	Kevin	Rothwell Harriers	M55	0	0.0	128	136.5	0	0.0	122	122.4	189	85.7	344.7	9
209	Gill	Michael	Harrogate Harriers	M45	329	44.5	180	110.5	190	100.3	0	0.0	185	88.1	343.5	25
210	Pawley	Graham	Valley Striders	M45	241	86.3	232	84.5	211	89.2	0	0.0	193	83.3	343.2	26
211	Love	Raymond	St Theresa's AC	M45	0	0.0	56	172.5	60	168.9	0	0.0	0	0.0	341.4	27
212	Cornforth	Philip	Knaresborough Striders	M45	208	101.9	167	117.0	149	121.9	0	0.0	0	0.0	340.8	28
213	Whittaker	Jim	Abbey Runners	M45	242	85.8	222	89.5	217	86.0	192	77.6	0	0.0	338.9	29
214	Smith	Simon	Kirkstall Harriers	M45	217	97.6	236	82.5	251	68.1	185	82.1	205	76.0	338.2	30
215	Jack	Euan	Abbey Runners	M5EN	262	76.3	248	76.5	121	136.7	0	0.0	251	48.0	337.5	116
216	Franklin	James	Abbey Runners	M5EN	75	164.9	57	172.0	0	0.0	0	0.0	0	0.0	336.9	117
217	Lamb	Gavin	Ilkley Harriers	M5EN	78	163.5	55	173.0	0	0.0	0	0.0	0	0.0	336.5	118
218	Mann	Gary	Valley Striders	M5EN	0	0.0	0	0.0	56	171.0	0	0.0	59	164.7	335.7	119
219	Greene	Stephen	Abbey Runners	M5EN	0	0.0	196	102.5	169	111.3	0	0.0	130	121.6	335.4	120
220	Goodall	James	Saltaire Striders	M5EN	73	165.9	62	169.5	0	0.0	0	0.0	0	0.0	335.4	121
221	Grant	Gary	Hyde Park Harriers	M5EN	0	0.0	226	87.5	0	0.0	118	125.0	129	122.2	334.7	122
222	Davies	Pidge	Roundhay Runners	M5EN	193	109.0	183	109.0	160	116.1	0	0.0	0	0.0	334.1	123
223	Verity	Jack	Saltaire Striders	M55	187	111.8	185	108.0	166	112.9	0	0.0	0	0.0	332.8	10
224	Haggas	Neil	Kippax Harriers	M40	266	74.4	237	82.0	227	80.7	259	34.6	177	93.0	330.2	34
225	Hill	Mick	Pudsey & Bramley AC	M40	0	0.0	268	66.5	267	59.6	179	85.9	139	116.1	328.1	35
226	Teggart	Dave	Bradford Airedale	M40	86	159.7	0	0.0	61	168.3	0	0.0	0	0.0	328.1	36
227	Green	Shane	Pudsey & Bramley AC	M50	0	0.0	66	167.5	76	160.4	0	0.0	0	0.0	327.9	24
228	Milton	Reece	Horsforth Harriers	M5EN	161	124.2	0	0.0	0	0.0	193	76.9	122	126.4	327.5	124
229	Pursaill	Oli	Wetherby Runners	M40	258	78.2	234	83.5	219	85.0	187	80.8	0	0.0	327.4	37
230	Blakeley	Matthew	Roundhay Runners	M45	232	90.5	158	121.5	162	115.0	0	0.0	0	0.0	327.1	31
231	Simms	Dave	Valley Striders	M5EN	156	126.5	0	0.0	0	0.0	180	85.3	145	112.5	324.3	125
232	Jackson	Matt	Hyde Park Harriers	M5EN	119	144.1	119	141.0	0	0.0	0	0.0	269	37.1	322.2	126
233	Montagne	Joe	Kippax Harriers	M5EN	0	0.0	255	73.0	229	79.7	182	84.0	190	85.1	321.8	127
234	Sutton	Leroy	Valley Striders	M55	230	91.5	223	89.0	242	72.8	215	62.8	220	66.9	320.2	11
235	Whittle	Dan	Horsforth Harriers	M5EN	91	157.3	76	162.5	0	0.0	0	0.0	0	0.0	319.8	128
236	Roberts	Hal	Kirkstall Harriers	M5EN	0	0.0	0	0.0	0	0.0	67	157.7	69	158.7	316.4	129
237	Nash	Ali	Saltaire Striders	M40	89	158.3	0	0.0	81	157.8	0	0.0	0	0.0	316.1	38
238	Chadwick	Matt	Valley Striders	M5EN	0	0.0	0	0.0	0	0.0	64	159.6	74	155.6	315.2	130
239	Webb	Steve	Kirkstall Harriers	M5EN	85	160.2	0	0.0	94	150.9	0	0.0	0	0.0	311.1	131
240	Weston	Steve	Ilkley Harriers	M45	82	161.6	103	149.0	0	0.0	0	0.0	0	0.0	310.6	32
241	Milner	Steve	Wharfedale Harriers	M50	198	106.6	181	110.0	0	0.0	0	0.0	179	91.8	308.2	25
242	Cuthbertson	Nic	Chapel Allerton Runners	M50	292	62.1	261	70.0	231	78.6	189	79.5	200	79.0	307.1	26
243	Robinson	Andy	Knaresborough Striders	M5EN	294	61.1	0	0.0	170	110.8	0	0.0	113	131.9	303.9	132
244	Jenkins	Ian	Saltaire Striders	M45	204	103.8	199	101.0	193	98.7	0	0.0	0	0.0	303.5	33
245	Bartle	Chris	Kippax Harriers	M5EN	0	0.0	94	153.5	97	149.3	0	0.0	0	0.0	302.8	133
246	Keen	Nick	Chapel Allerton Runners	M5EN	0	0.0	0	0.0	99	148.3	73	153.8	0	0.0	302.1	134
247	Bowers	Paul	Rothwell Harriers	M50	227	92.9	198	101.5	177	107.1	0	0.0	0	0.0	301.5	27
248	Sheppard	Ian	St Theresa's AC	M5EN	218	97.2	0	0.0	0	0.0	169	92.3	147	111.2	300.7	135
249	Mealey	Liam	Kirkstall Harriers	M5EN	0	0.0	175	113.0	224	82.3	0	0.0	160	103.3	298.7	136
250	McIntosh	Charlie	Pudsey & Bramley AC	M45	0	0.0	0	0.0	109	143.0	76	151.9	0	0.0	294.9	34
251	Pagdin	Andy	Valley Striders	M55	231	91.0	191	105.0	195	97.6	0	0.0	0	0.0	293.6	12
252	Jewitt	Fred	Chapel Allerton Runners	M5EN	237	88.2	290	55.5	238	74.9	225	56.4	211	72.3	291.8	137
253	Jesson	James	Wetherby Runners	M40	122	142.7	0	0.0	0	0.0	83	147.4	0	0.0	290.1	39
254	Hussey	John	Valley Striders	M65	288	64.0	0	0.0	230	79.2	188	80.1	224	64.4	287.7	2
255	Letham	Matt	York Tri Club	M45	168	120.9	260	70.5	0	0.0	0	0.0	173	95.4	286.8	35
256	Dodds	Allan	Roundhay Runners	M40	129	139.3	109	146.0	0	0.0	0	0.0	0	0.0	285.3	40
257	Tapper	Nigel	Ilkley Harriers	M55	273	71.1	251	75.0	264	61.2	197	74.4	0	0.0	281.7	13
258	Mellor	David	St Theresa's AC	M40	267	73.9	276	62.5	0	0.0	204	69.9	209	73.6	279.9	41
259	Chandler	David	Ilkley Harriers	M5EN	137	135.5	0	0.0	0	0.0	88	144.2	0	0.0	279.8	138
260	Akers	Noel	Eccleshill RR	M55	281	67.3	246	77.5	249	69.1	0	0.0	223	65.0	279.0	14
261	Leach	Scott	Fellandale	M40	149	129.9	113	144.0	0	0.0	0	0.0	0	0.0	273.9	42
262	Firth	Stephen	Rothwell Harriers	M50	312	52.6	267	67.0	286	49.6	191	78.2	207	74.8	272.6	28
263	Wigglesworth	Mick	Ackworth RR	M45	0	0.0	124	138.5	127	133.5	0	0.0	0	0.0	272.0	36
264	Mackenzie	Dan	Eccleshill RR	M60	0	0.0	0	0.0	208	90.8	171	91.0	182	90.0	271.8	4
265	Shively	Bill	York Postal Harriers	M55	130	138.9	137	132.0	0	0.0	0	0.0	0	0.0	270.9	15
266	Bird	Graham	Wharfedale Harriers	M50	0	0.0	129	136.0	0	0.0	104	134.0	0	0.0	270.0	29
267	Pennington	Gary	Saltaire Striders	M50	298	59.2	272	64.5	244	71.8	200	72.4	0	0.0	267.9	30
268	Dixon	Tim	Kirkstall Harriers	M5EN	0	0.0	0	0.0	0	0.0	106	132.7	110	133.7	266.4	139
269	Jackett	Charlie	Hyde Park Harriers	M5EN	157	126.1	121	140.0	0	0.0	0	0.0	0	0.0	266.1	140
270	Carter	Andrew	Kirkstall Harriers	M50	158	125.6	0	0.0	114	140.4	0	0.0	0	0.0	266.0	31
271	Hingley	James	Horsforth Harriers	M5EN	0	0.0	0	0.0	144	124.5	0	0.0	99	140.4	265.0	141
272	Marsh	Rob	Valley Striders	M40	0	0.0	0	0.0	139	127.2	100	136.5	0	0.0	263.7	43
273	Stow	Ian	Eccleshill RR	M50	293	61.6	274	63.5	257	64.9	211	65.4	215	69.9	263.7	32
274	Schofield	Alan	St Theresa's AC	M55	0	0.0	144	128.5	125	134.6	0	0.0	0	0.0	263.1	16
275	Bell	Richard	Wetherby Runners	M45	274	70.6	283	59.0	250	68.6	217	61.5	235	57.8	259.8	37
276	Cobb	Chris	Roundhay Runners	M5EN	240	86.7	254	73.5	192	99.2	0	0.0	0	0.0	259.4	142
277	Ellison	Garry	Eccleshill RR	M55	286	64.9	269	66.0	271	57.5	207	67.9	237	56.5	256.4	17
278	Jovanovic	Nick	Airecentre Pacers	M5EN	120	143.6	0	0.0	172	109.8	0	0.0	0	0.0	253.4	143
279	Sanderson	Ian	Valley Striders	M45	159	125.1	0	0.0	142	125.6	0	0.0	0	0.0	250.7	38
280	Hallam	Paul	Kirkstall Harriers	M5EN	167	121.3	143	129.0	0	0.0	0	0.0	0	0.0	250.3	144
281	Grindley	Paul	Airecentre Pacers	M50	221	95.7	0	0.0	225	81.8	201	71.8	0	0.0	249.3	33
282	Powell	Mike	Valley Striders	M5EN	268	73.5	239	81.0	204	92.9	0	0.0	0	0.0	247.3	145
283	Nicholas	Kevin	Dragons RC	M50	176	117.1	0	0.0	0	0.0	0	0.0	117	129.5	246.5	34
284	Spink	Stewart	Saltaire Striders	M45	165	122.3	157	122.0	0	0.0	0	0.0	0	0.0	244.3	39
285	Smith	Johnathan	Roundhay Runners	M40	277	69.2	243	79.0	0	0.0	0	0.0	172	96.0	244.2	44
286	Scott	Gary	Eccleshill RR	M45	0	0.0	0	0.0	140	126.6	132	116.0	0	0.0	242.7	40
287	Pailing	Keith	Rothwell Harriers	M65	327	45.5	273	64.0	266	60.2	0	0.0	210	72.9	242.6	3
288	Hamad	Farhad	Hyde Park Harriers	M5EN	0	0.0	0	0.0	0	0.0	131	116.7	124	125.2	241.9	146
289	Byrom	Andrew	Eccleshill RR	M45	321	48.3	256	72.5	270	58.0	221	59.0	246	51.1	240.6	41
290	Raddall	Phil	York Postal Harriers	M45	334	42.2	373	14.0	265	60.7	214	63.5	212	71.7	238.1	42
291	Steele	Marc	Eccleshill RR	M5EN	309	54.0	286	57.5	263	61.7	213	64.1	0	0.0	237.4	147
292	Taylor	Alexander	Roundhay Runners	M5EN	207	72.5	227									

309	Collier	Andrew	Wetherby Runners	M50	280	67.8	0	0	0	243	72.3	195	75.6	0	0	0	0	215.7	37
310	Weight	Dave	Roundhay Runners	M50	0	0.0	205	98.0	0	0.0	0	0.0	138	116.7	0	0	0	214.7	38
311	Lavery	Malcolm	St Theresa's AC	M45	315	51.2	303	49.0	258	64.4	235	50.0	0	0	0	0	0	214.6	43
312	Routledge	Jonathan	Ackworth RR	M45	271	72.0	278	61.5	305	39.6	258	35.3	262	41.3	214.5	44			
313	Owen	Tony	St Theresa's AC	MSEN	278	68.7	257	72.0	245	71.2	0	0.0	0	0.0	212.0	153			
314	Horobin	Darren	Ackworth RR	M40	0	0.0	182	109.5	187	101.8	0	0.0	0	0.0	211.3	51			
315	Hirst	Geoffrey	Harrogate Harriers	MSEN	0	0.0	193	104.0	179	106.1	0	0.0	0	0.0	210.1	154			
316	Downham	Ian	Kippax Harriers	M45	0	0.0	166	117.5	205	92.3	0	0.0	0	0.0	209.8	45			
317	Duce	James	Airecentre Pacers	M40	0	0.0	192	104.5	0	0.0	150	104.5	0	0.0	209.0	52			
318	Hall	Michael	Valley Striders	MSEN	0	0.0	184	108.5	191	99.7	0	0.0	0	0.0	208.2	155			
319	Phillips	Steve	York Tri Club	M50	0	0.0	218	91.5	159	116.6	0	0.0	0	0.0	208.1	39			
320	Carlisle	Gary	Kirkstall Harriers	M50	305	55.9	258	71.5	0	0.0	0	0.0	199	79.6	207.1	40			
321	Urquhart	Alistair	Roundhay Runners	M45	179	115.6	0	0.0	0	0.0	0	0.0	180	91.2	206.8	46			
322	O'Brien	Kieran	Kirkstall Harriers	MSEN	0	0.0	0	0.0	256	65.4	205	69.2	214	70.5	205.2	156			
323	Porritt	Steve	York Tri Club	MSEN	0	0.0	0	0.0	0	0.0	172	90.4	144	113.1	203.5	157			
324	Linley	Andrew	Valley Striders	M40	0	0.0	0	0.0	0	0.0	164	95.5	153	107.6	203.1	53			
325	Carr	Julian	Knaresborough Striders	M45	332	43.1	295	53.0	259	63.9	0	0.0	261	41.9	201.9	47			
326	Adams	Tom	Ilkley Harriers	MSEN	1	200.0	0	0.0	0	0.0	0	0.0	0	0.0	200.0	158			
327	Kirk	Stephen	Harrogate Harriers	M40	213	99.5	0	0.0	0	0.0	0	0.0	165	100.3	199.8	54			
328	Grant	Andrew	Harrogate Harriers	M45	0	0.0	3	199.0	0	0.0	0	0.0	0	0.0	199.0	48			
329	Field	John	Wetherby Runners	M45	261	76.8	0	0.0	278	53.8	208	67.3	0	0.0	197.9	49			
330	Jackson	Andrew	Ilkley Harriers	M50	283	66.4	262	69.5	0	0.0	0	0.0	228	62.0	197.9	41			
331	Ward	John	Abbey Runners	M60	0	0.0	229	86.0	0	0.0	230	53.2	234	58.4	197.6	5			
332	Marchant	Paul	Rothwell Harriers	M40	0	0.0	0	0.0	9	195.8	0	0.0	0	0.0	195.8	55			
333	Murphy	Kevin-Malachy	Harrogate Harriers	M55	282	66.8	266	67.5	0	0.0	218	60.9	0	0.0	195.2	22			
334	Hallam	Matthew	Valley Striders	MSEN	14	193.8	0	0.0	0	0.0	0	0.0	0	0.0	193.8	159			
335	Akers	Jacob	Leeds University CCC	MSEN	15	193.4	0	0.0	0	0.0	0	0.0	0	0.0	193.4	160			
336	Tayleur	John	Leeds University CCC	MSEN	17	192.4	0	0.0	0	0.0	0	0.0	0	0.0	192.4	161			
337	Veal	Nathan	York Tri Club	MSEN	0	0.0	18	191.5	0	0.0	0	0.0	0	0.0	191.5	162			
338	Morris	Will	Airecentre Pacers	MSEN	19	191.5	0	0.0	0	0.0	0	0.0	0	0.0	191.5	163			
339	Mitchell	Ian	Knaresborough Striders	M50	246	83.9	287	57.0	0	0.0	0	0.0	247	50.5	191.3	42			
340	Peck	Simon	Dragons RC	M60	329	44.5	314	43.5	294	45.4	229	53.8	252	47.4	191.2	6			
341	Smyth	Alistair	Valley Striders	M55	197	107.1	233	84.0	0	0.0	0	0.0	0	0.0	191.1	23			
342	Martin	Chris	Wetherby Runners	M45	0	0.0	188	106.5	220	84.4	0	0.0	0	0.0	190.9	50			
343	Parker	Dave	St Theresa's AC	M50	0	0.0	0	0.0	19	190.5	0	0.0	0	0.0	190.5	43			
344	Diamond	Stephen	Valley Striders	MSEN	307	55.0	0	0.0	246	70.7	212	64.7	0	0.0	190.4	164			
345	Griffiths	Alun	Saltaire Striders	M55	323	47.4	304	48.5	288	48.5	243	44.9	264	40.1	189.3	24			
346	Dar	Ibrahim	Bradford Airedale	MSEN	285	65.4	280	60.5	0	0.0	0	0.0	227	62.6	188.5	165			
347	Dudley	Jonny	Wetherby Runners	MSEN	0	0.0	24	188.5	0	0.0	0	0.0	0	0.0	188.5	166			
348	Midwood	Simon	Valley Striders	MSEN	0	0.0	0	0.0	0	0.0	0	0.0	23	186.6	186.6	167			
349	Becroft	Frank	Saltaire Striders	M50	326	46.0	342	29.5	0	0.0	199	73.1	268	37.7	186.2	44			
350	Western	Gary	Saltaire Striders	M55	357	31.3	298	51.5	322	30.6	234	50.6	245	51.7	185.1	25			
351	Burton	Neil	Horsforth Harriers	M40	35	183.9	0	0.0	0	0.0	0	0.0	0	0.0	183.9	56			
352	Hartley	Adam	Rothwell Harriers	MSEN	0	0.0	0	0.0	0	0.0	178	86.5	170	97.3	183.8	168			
353	Haygarth	Dave	Wharfedale Harriers	M40	0	0.0	0	0.0	0	0.0	28	182.7	0	0.0	182.7	57			
354	Smith	Jon	Roundhay Runners	M40	0	0.0	225	88.0	0	0.0	167	93.6	0	0.0	181.6	58			
355	Walton	John	Saltaire Striders	M45	0	0.0	270	65.5	291	47.0	0	0.0	219	67.5	179.9	51			
356	Morley	David	St Theresa's AC	M55	387	17.1	329	36.0	282	51.7	246	42.9	249	49.2	179.9	26			
357	Wincer	Martin	Ackworth RR	M40	235	89.1	221	90.0	0	0.0	0	0.0	0	0.0	179.1	59			
358	Hutchison	Adam	Wetherby Runners	MSEN	254	80.1	0	0.0	0	0.0	160	98.1	0	0.0	178.2	169			
359	Gledhill	Stephen	Eccleshill RR	M50	335	41.7	297	52.0	295	44.9	252	39.1	270	36.5	177.7	45			
360	Chappell	Ian	Horsforth Harriers	M55	287	64.5	264	68.5	0	0.0	244	44.2	0	0.0	177.2	27			
361	Brydon	Alan	Kirkstall Harriers	MSEN	0	0.0	0	0.0	0	0.0	37	176.9	0	0.0	176.9	170			
362	Griffiths	Ian	Horsforth Harriers	MSEN	306	55.5	0	0.0	0	0.0	216	62.2	233	59.0	176.6	171			
363	Bingham	Craig	Eccleshill RR	MSEN	328	45.0	346	27.5	279	53.3	247	42.3	271	35.9	176.5	172			
364	Bullivant	Chad	York Tri Club	MSEN	228	92.4	235	83.0	0	0.0	0	0.0	0	0.0	175.4	173			
365	Soszka	Marcin	Saltaire Striders	MSEN	0	0.0	0	0.0	0	0.0	40	175.0	0	0.0	175.0	174			
366	Maddock	Will	York Tri Club	MSEN	0	0.0	51	175.0	0	0.0	0	0.0	0	0.0	175.0	175			
367	Bloor	Neil	Ilkley Harriers	M50	296	60.2	288	56.5	0	0.0	224	57.1	0	0.0	173.7	46			
368	Stanhope	Paul	Eccleshill RR	M55	0	0.0	231	85.0	214	87.6	0	0.0	0	0.0	172.6	28			
369	Fleming	Andrew	Rothwell Harriers	MSEN	59	172.5	0	0.0	0	0.0	0	0.0	0	0.0	172.5	176			
370	Pearson	Ben	Saltaire Striders	MSEN	0	0.0	238	81.5	0	0.0	0	0.0	181	90.6	172.1	177			
371	Sutcliffe	Adam	Chapel Allerton Runners	M40	252	81.0	220	90.5	0	0.0	0	0.0	0	0.0	171.5	60			
372	Randall	Marc	Rothwell Harriers	M40	244	84.8	228	86.0	0	0.0	0	0.0	0	0.0	171.3	61			
373	Kitching	Lee	Kippax Harriers	M40	0	0.0	0	0.0	285	50.1	219	60.3	230	60.8	171.2	62			
374	Oxtoby	Dan	Harrogate Harriers	M40	219	96.7	0	0.0	0	0.0	0	0.0	208	74.2	170.8	63			
375	Gregory	Russell	Harrogate Harriers	M55	319	49.3	292	54.5	253	67.0	0	0.0	0	0.0	170.8	29			
376	Mann	Christopher	Hyde Park Harriers	MSEN	0	0.0	0	0.0	0	0.0	0	0.0	50	170.2	170.2	178			
377	Balshaw	Richard	Valley Striders	M45	64	170.1	0	0.0	0	0.0	0	0.0	0	0.0	170.1	52			
378	Kane	David	Leeds University CCC	MSEN	0	0.0	63	169.0	0	0.0	0	0.0	0	0.0	169.0	179			
379	Durkin	Paul	Kippax Harriers	M50	0	0.0	337	32.0	312	35.9	232	51.9	250	48.6	168.4	47			
380	Littlewood	Graeme	Abbey Runners	M45	310	53.6	294	53.5	311	36.4	0	0.0	289	24.9	168.4	53			
381	Thompson	Jamie	Wetherby Runners	MSEN	68	168.2	0	0.0	0	0.0	0	0.0	0	0.0	168.2	180			
382	Price	Dan	Valley Striders	MSEN	0	0.0	65	168.0	0	0.0	0	0.0	0	0.0	168.0	181			
383	Herbert	Wayne	St Theresa's AC	M45	71	166.8	0	0.0	0	0.0	0	0.0	0	0.0	166.8	54			
384	Nurse	Dominic	Abbey Runners	M45	0	0.0	0	0.0	0	0.0	0	0.0	56	166.6	166.6	55			
385	Mills	Tony	Valley Striders	M40	0	0.0	0	0.0	66	165.7	0	0.0	0	0.0	165.7	64			
386	Sutton	Robert	Eccleshill RR	M50	330	44.1	315	43.0	307	38.5	0	0.0	265	39.5	165.1	48			
387	Moran	John	Ackworth RR	MSEN	341	38.9	296	52.5	0	0.0	198	73.7	0	0.0	165.1	182			
388	Robinson	Jonathan	Eccleshill RR	M45	0	0.0	277	62.0	0	0.0	223	57.7	256	45.0	164.7	56			
389	Kennedy	Adrian	Fellandale	MSEN	0	0.0	0	0.0	71	163.1	0	0.0	0	0.0	163.1	183			
390	Longhorn	Darren	Saltaire Striders	M45	284	65.9	317	42.0	349	16.4	253	38.5	0	0.0	162.7	57			
391	Miles	Graeme	Hyde Park Harriers	MSEN	253	80.6	0	0.0	0	0.0	186	81.4	0	0.0	162.0	184			
392	Gomersall	Michael	Rothwell Harriers																

414	Mansfield	Michael	Roundhay Runners	M50	0	0.0	311	45.0	272	57.0	239	47.4	0	0.0	149.4	49
415	Buccilli	Adrian	St Theresa's AC	M40	110	148.3	0	0.0	0	0.0	0	0.0	0	0.0	148.3	69
416	Fitzgerald	David	Ackworth RR	M5EN	0	0.0	230	85.5	261	62.8	0	0.0	0	0.0	148.3	195
417	Duckworth	Marc	Roundhay Runners	M5EN	275	70.1	245	78.0	0	0.0	0	0.0	0	0.0	148.1	196
418	Watson	Kevin	Horsforth Harriers	M70	314	51.7	0	0.0	287	49.1	241	46.2	0	0.0	146.9	1
419	Lewis	Peter	Ilkley Harriers	M65	346	36.5	318	41.5	315	34.3	260	34.0	0	0.0	146.3	4
420	Pullan	Rick	Hyde Park Harriers	M55	345	37.0	285	58.0	284	50.7	0	0.0	0	0.0	145.6	33
421	Dennison	Paul	Wetherby Runners	M50	318	49.8	306	47.5	292	46.4	0	0.0	0	0.0	143.7	50
422	Hugh	Matthew	Roundhay Runners	M5EN	0	0.0	116	142.5	0	0.0	0	0.0	0	0.0	142.5	197
423	Graham	Joe	Saltaire Striders	M5EN	0	0.0	0	0.0	0	0.0	91	142.3	0	0.0	142.3	198
424	Coates	Martin	Horsforth Harriers	M5EN	0	0.0	0	0.0	248	69.7	202	71.2	0	0.0	140.8	199
425	Byron	Adrian	Ackworth RR	M50	272	71.6	0	0.0	0	0.0	0	0.0	218	68.1	139.6	51
426	Bilsby	George	Hyde Park Harriers	M5EN	0	0.0	0	0.0	117	138.8	0	0.0	0	0.0	138.8	200
427	Head	Steve	St Theresa's AC	M40	132	137.9	0	0.0	0	0.0	0	0.0	0	0.0	137.9	70
428	White	Danny	York Tri Club	M5EN	251	81.5	0	0.0	276	54.9	0	0.0	0	0.0	136.4	201
429	Walton	Clive	Abbey Runners	M45	0	0.0	312	44.5	318	32.7	257	35.9	292	23.1	136.2	62
430	Ward	Roger	Rothwell Harriers	M55	0	0.0	279	61.0	239	74.4	0	0.0	0	0.0	135.4	34
431	Hatfield	Paul	York Postal Harriers	M5EN	138	135.1	0	0.0	0	0.0	0	0.0	0	0.0	135.1	202
432	Coles	Malcolm	Valley Striders	M75	0	0.0	340	30.5	296	44.3	276	23.7	272	35.3	133.8	1
433	Savage	Martin	Kirkstall Harriers	M40	0	0.0	0	0.0	0	0.0	210	66.0	221	66.3	132.3	71
434	Sunley	Richard	Horsforth Harriers	M50	0	0.0	0	0.0	131	131.4	0	0.0	0	0.0	131.4	52
435	Persico	Peter	Abbey Runners	M5EN	0	0.0	335	33.0	304	40.1	274	25.0	276	32.8	130.9	203
436	Farnell	Peter	Rothwell Harriers	M40	0	0.0	0	0.0	133	130.3	0	0.0	0	0.0	130.3	72
437	Smith	Mike	Abbey Runners	M40	322	47.9	240	80.5	0	0.0	0	0.0	0	0.0	128.4	73
438	Hilton	Owen	Hyde Park Harriers	M5EN	153	128.0	0	0.0	0	0.0	0	0.0	0	0.0	128.0	204
439	Navis	John	Pudsey & Bramley AC	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	121	127.1	127.1	205
440	Puckrin	Ian	York Tri Club	M40	0	0.0	148	126.5	0	0.0	0	0.0	0	0.0	126.5	74
441	James	Stuart	Saltaire Striders	M40	313	52.1	253	74.0	0	0.0	0	0.0	0	0.0	126.1	75
442	Brown	Mark	Chapel Allerton Runners	M40	291	62.6	0	0.0	262	62.3	0	0.0	0	0.0	124.8	76
443	Bell	Christopher	York Tri Club	M5EN	276	69.7	0	0.0	277	54.4	0	0.0	0	0.0	124.0	206
444	Hawden	Graham	Rothwell Harriers	M55	377	21.8	330	35.5	320	31.7	283	19.2	273	34.7	123.6	35
445	Tupling	Matt	Airecentre Pacers	M40	0	0.0	0	0.0	281	52.2	0	0.0	213	71.1	123.4	77
446	Lusardi	Matthew	Wetherby Runners	M40	0	0.0	0	0.0	268	59.1	0	0.0	225	63.8	122.9	78
447	Laye	John	Abbey Runners	M45	164	122.7	0	0.0	0	0.0	0	0.0	0	0.0	122.7	63
448	Newell	Jason	Hyde Park Harriers	M40	351	34.1	319	41.0	0	0.0	240	46.8	0	0.0	121.9	79
449	Cottam	Graham	Horsforth Harriers	M5EN	0	0.0	0	0.0	150	121.4	0	0.0	0	0.0	121.4	207
450	Clark	Ben	Kirkstall Harriers	M5EN	300	58.3	275	63.0	0	0.0	0	0.0	0	0.0	121.3	208
451	Baker	Lee	Rothwell Harriers	M45	169	120.4	0	0.0	0	0.0	0	0.0	0	0.0	120.4	64
452	Mallam	Guy	Ackworth RR	M50	0	0.0	282	59.5	0	0.0	0	0.0	231	60.2	119.7	53
453	Kidner	Ralph	Hyde Park Harriers	M60	0	0.0	331	35.0	0	0.0	250	40.4	259	43.2	118.5	8
454	Jackson	Jude	St Theresa's AC	M5EN	342	38.4	334	33.5	330	26.4	282	19.9	305	15.2	118.1	209
455	Hopkins	Lee	Ackworth RR	M40	308	54.5	0	0.0	260	63.3	0	0.0	0	0.0	117.8	80
456	Dennis	Steve	Ackworth RR	M5EN	0	0.0	313	44.0	241	73.4	0	0.0	0	0.0	117.4	210
457	Moore	Jonny	Chapel Allerton Runners	M5EN	178	116.1	0	0.0	0	0.0	0	0.0	0	0.0	116.1	211
458	Johnson	Philip	York Tri Club	M5EN	361	29.4	321	40.0	0	0.0	0	0.0	254	46.2	115.6	212
459	Joynson	Ben	Ilkley Harriers	M5EN	0	0.0	171	115.0	0	0.0	0	0.0	0	0.0	115.0	213
460	Shaw	Antony	Kirkstall Harriers	M65	333	42.7	308	46.5	0	0.0	273	25.6	0	0.0	114.8	5
461	Archer	John	York Tri Club	M65	356	31.8	0	0.0	326	28.5	263	32.1	293	22.5	114.8	6
462	Sheldon	Jimmy	Hyde Park Harriers	M5EN	0	0.0	0	0.0	163	114.5	0	0.0	0	0.0	114.5	214
463	Hutchinson	John	Kirkstall Harriers	M65	0	0.0	0	0.0	0	0.0	228	54.5	232	59.6	114.1	7
464	Green	Alex	Harrogate Harriers	M5EN	247	83.4	0	0.0	0	0.0	267	29.5	0	0.0	112.9	215
465	Hill	Chris	Airecentre Pacers	M60	380	20.4	343	29.0	319	32.2	278	22.4	282	29.2	112.8	9
466	Wheeler	Andrew	Wetherby Runners	M55	0	0.0	176	112.5	0	0.0	0	0.0	0	0.0	112.5	36
467	Coop	Philip	St Theresa's AC	M50	375	22.7	350	25.5	313	35.4	268	28.8	0	0.0	112.5	54
468	Fuller	Drew	York Tri Club	M5EN	186	112.3	0	0.0	0	0.0	0	0.0	0	0.0	112.3	216
469	Jones	Chris	Hyde Park Harriers	M55	0	0.0	177	112.0	0	0.0	0	0.0	0	0.0	112.0	37
470	Clayson	Steve	Dragons RC	M5EN	0	0.0	0	0.0	274	55.9	226	55.8	0	0.0	111.7	217
471	Robun	Igs	Saltaire Striders	M40	311	53.1	284	58.5	0	0.0	0	0.0	0	0.0	111.6	61
472	Moffatt	Simon	Harrogate Harriers	M45	0	0.0	179	111.0	0	0.0	0	0.0	0	0.0	111.0	85
473	Harvey	Leigh	Kippax Harriers	M40	189	110.9	0	0.0	0	0.0	0	0.0	0	0.0	110.9	82
474	Pickering	Malcolm	Ilkley Harriers	M60	190	110.4	0	0.0	0	0.0	0	0.0	0	0.0	110.4	10
475	Glover	Simon	St Theresa's AC	M5EN	191	110.0	0	0.0	0	0.0	0	0.0	0	0.0	110.0	218
476	Everett	Chris	Eccleshill RR	M5EN	376	22.3	332	34.5	332	25.3	0	0.0	285	27.4	109.5	219
477	Mason	Jonathon	Hyde Park Harriers	M5EN	304	56.4	0	0.0	0	0.0	0	0.0	243	52.9	109.3	220
478	Padgett	Tony	Chapel Allerton Runners	M5EN	0	0.0	0	0.0	173	109.2	0	0.0	0	0.0	109.2	221
479	Donkin	Robert	Saltaire Striders	M40	0	0.0	0	0.0	0	0.0	0	0.0	151	108.8	108.8	83
480	Binns	Richard	Bradford Airedale	M45	0	0.0	333	34.0	345	18.5	275	24.4	278	31.6	108.4	66
481	Horbury	Martin	St Theresa's AC	M50	0	0.0	0	0.0	175	108.2	0	0.0	0	0.0	108.2	55
482	Taylor	Steve	Chapel Allerton Runners	M45	0	0.0	190	105.5	0	0.0	0	0.0	0	0.0	105.5	67
483	Callaghan	Pete	Wetherby Runners	M50	0	0.0	339	31.0	310	36.9	255	37.2	0	0.0	105.1	56
484	Douglas	Alan	Saltaire Striders	M45	338	40.3	369	16.0	342	20.1	284	18.6	287	26.1	105.1	68
485	Steel	Phil	Fellandale	M5EN	0	0.0	0	0.0	181	105.0	0	0.0	0	0.0	105.0	222
486	Howarth	Richard	St Theresa's AC	M40	203	104.3	0	0.0	0	0.0	0	0.0	0	0.0	104.3	84
487	Podesta	Ed	Airecentre Pacers	M40	0	0.0	327	37.0	298	43.3	0	0.0	295	21.3	101.5	85
488	Hanney	Joe	Valley Striders	M40	210	100.9	0	0.0	0	0.0	0	0.0	0	0.0	100.9	86
489	Wallace	John	Valley Striders	M45	0	0.0	302	49.5	283	51.2	0	0.0	0	0.0	100.7	69
490	Wray	Scott	York Tri Club	M45	211	100.5	0	0.0	0	0.0	0	0.0	0	0.0	100.5	70
491	Storey	Ian	Eccleshill RR	M40	369	25.6	360	20.5	360	10.6	277	23.1	279	31.0	100.2	87
492	Hewitt	Ash	Roundhay Runners	M5EN	355	32.2	323	39.0	0	0.0	0	0.0	284	28.0	99.2	223
493	Markey	Barry	Bradford Airedale	M55	367	26.5	352	24.5	335	23.7	0	0.0	290	24.3	99.1	38
494	Hall	Roger	Wharfedale Harriers	M65	0	0.0	328	36.5	0	0.0	266	30.1	277	32.2	98.8	8
495	Cheema	Sunny	Abbey Runners	M5EN	0	0.0	0	0.0	306	39.1	220	59.6	0	0.0	98.7	224
496	Rix	Jeremy	Saltaire Striders	M50	0	0.0	207	97.0	0	0.0	0	0.0	0	0.0	97.0	57
497	Tesseyman	Andrew	Airecentre Pacers	M50	366	27.0	367	17.0	344	19.0	281	20.5	280	30.4	96.9	58
498	Lerner	Barney	Saltaire Striders	M65	320	48.8	0	0.0	289	48.0	0	0.0	0	0.0	96.8	9
499	Taylor	Chris	Ackworth RR	M60	360	29.9	351	25.0	348	16.9	0	0.0	291	23.7	95.5	11
500	Ellis	Matt	Abbey Runners	M40	0	0.0	0	0.0	301	41.7	0	0.0	242	53.5	95.2	88
501	Nundy	James	Kirkstall Harriers	M5EN	352	33.6	0	0.0	323	30.1	265	30.8	0	0.0	94.5	225
502	Woods	Steve	Pudsey & Bramley AC	M55	0	0.0	0	0.0	0	0.0	0	0.0	176	93.6	93.6	39
503	Tinker	Mick	Valley Striders	M60	0	0.0	310	45.5	0	0.0	238	48.1	0	0.0	93.6	12
504	Wealleans	Nick	St Theresa's AC	M5EN	226	93.4	0	0.0	0	0.0	0	0.0	0</			

519	Hogan	Michael	Eccleshill RR	M55	359	30.3	345	28.0	334	24.3	0	0.0	0	0.0	0	0.0	82.6	40
520	Cooper	Richard	St Theresa's AC	M5EN	340	39.3	0	0.0	299	42.7	0	0.0	0	0.0	0	0.0	82.1	231
521	Bamber	Tom	Roundhay Runners	M5EN	0	0.0	0	0.0	228	80.2	0	0.0	0	0.0	0	0.0	80.2	232
522	Bonning	Dave	Kippax Harriers	M40	257	78.7	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	78.7	91
523	Edwards	Richard	Hyde Park Harriers	M5EN	385	18.0	358	21.5	341	20.6	296	10.9	300	18.2	78.3	233		
524	Essex	Tony	Harrogate Harriers	M65	337	40.8	0	0.0	0	0.0	256	36.5	0	0.0	77.3	11		
525	Johnson	Adam	Airecentre Pacers	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	203	77.2	234			
526	Kent	Jon	Chapel Allerton Runners	M5EN	263	75.8	0	0.0	0	0.0	0	0.0	0	0.0	75.8	235		
527	Gebbett	Martin	Fellandale	M50	0	0.0	250	75.5	0	0.0	0	0.0	0	0.0	75.5	62		
528	Hetherington	Stephen	Saltaire Striders	M55	0	0.0	0	0.0	0	0.0	0	0.0	206	75.4	75.4	41		
529	Worley	Craig	Kippax Harriers	M45	0	0.0	0	0.0	0	0.0	196	75.0	0	0.0	75.0	74		
530	Lennon	Laurence	Abbey Runners	M55	365	27.5	349	26.0	0	0.0	280	21.2	0	0.0	74.6	42		
531	Sanderson	Paul	Rothwell Harriers	M50	0	0.0	325	38.0	314	34.8	0	0.0	0	0.0	72.8	63		
532	Hetherington	Andy	Saltaire Striders	M55	0	0.0	0	0.0	0	0.0	203	70.5	0	0.0	70.5	43		
533	Buckley	Jason	Kirkstall Harriers	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	217	68.7	68.7	236		
534	Madhas	Raj	Wharfedale Harriers	M45	0	0.0	322	39.5	325	29.0	0	0.0	0	0.0	68.5	75		
535	Zywicki	Paul	Ackworth RR	M55	391	15.2	372	14.5	340	21.1	292	13.5	302	17.0	67.8	44		
536	Keenan	Garry	Wetherby Runners	M50	0	0.0	0	0.0	252	67.5	0	0.0	0	0.0	67.5	64		
537	Richards	Andy	York Tri Club	M55	353	33.2	0	0.0	0	0.0	0	0.0	274	34.0	67.2	45		
538	Redhead	Mark	Rothwell Harriers	M50	392	14.7	356	22.5	0	0.0	289	15.4	306	14.6	67.2	65		
539	Bickerdike	Edward	Ilkley Harriers	M5EN	374	23.2	0	0.0	0	0.0	245	43.6	0	0.0	66.8	237		
540	Cook	Sean	Kirkstall Harriers	M5EN	0	0.0	0	0.0	0	0.0	209	66.7	0	0.0	66.7	238		
541	Park	Keith	Horsforth Harriers	M55	368	26.1	320	40.5	0	0.0	0	0.0	0	0.0	66.6	46		
542	Jackson	Bob	Valley Striders	M60	0	0.0	0	0.0	0	0.0	269	28.2	267	38.3	66.5	13		
543	Warrender	Andrew	St Theresa's AC	M40	0	0.0	0	0.0	254	66.5	0	0.0	0	0.0	66.5	92		
544	Kellet	Stephen	Rothwell Harriers	M60	0	0.0	0	0.0	0	0.0	0	0.0	222	65.7	65.7	14		
545	Smith	Danny	Roundhay Runners	M50	0	0.0	271	65.0	0	0.0	0	0.0	0	0.0	65.0	66		
546	Badkin	Peter	Abbey Runners	M50	383	19.0	0	0.0	327	28.0	286	17.3	0	0.0	64.2	67		
547	Britton	Carl	Ackworth RR	M5EN	388	16.6	374	13.5	350	15.8	0	0.0	301	17.6	63.5	239		
548	Scott	Mark	Saltaire Striders	M40	289	63.5	0	0.0	0	0.0	0	0.0	0	0.0	63.5	93		
549	Tupling	Simon	Airecentre Pacers	M45	371	24.6	324	38.5	0	0.0	0	0.0	0	0.0	63.1	76		
550	Wyke-Ulliott	Edward	Rothwell Harriers	M40	290	63.0	0	0.0	0	0.0	0	0.0	0	0.0	63.0	94		
551	Ward	Gareth	Saltaire Striders	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	229	61.4	61.4	240		
552	Knowles	Michael	Ackworth RR	M45	0	0.0	281	60.0	0	0.0	0	0.0	0	0.0	60.0	77		
553	Hughes	David	Ackworth RR	M5EN	297	59.7	0	0.0	0	0.0	0	0.0	0	0.0	59.7	241		
554	Morley	Eric	Knaresborough Striders	M60	389	16.1	354	23.5	343	19.5	0	0.0	0	0.0	59.1	15		
555	Collins	Matt	Abbey Runners	M5EN	299	58.8	0	0.0	0	0.0	0	0.0	0	0.0	58.8	242		
556	Loftus	Shaun	St Theresa's AC	M45	363	28.4	341	30.0	0	0.0	0	0.0	0	0.0	58.4	78		
557	Bryant	Pete	Dragons RC	M50	301	57.8	0	0.0	0	0.0	0	0.0	0	0.0	57.8	68		
558	Shepherd	Brian	St Theresa's AC	M60	303	56.9	0	0.0	0	0.0	0	0.0	0	0.0	56.9	16		
559	Harland	Gareth	Eccleshill RR	M5EN	0	0.0	0	0.0	273	56.5	0	0.0	0	0.0	56.5	243		
560	Mosedale	Tim	Saltaire Striders	M5EN	0	0.0	0	0.0	0	0.0	271	26.9	283	28.6	55.5	244		
561	Atwell	Phil	York Tri Club	M45	0	0.0	291	55.0	0	0.0	0	0.0	0	0.0	55.0	79		
562	Macrae	Don	Ilkley Harriers	M70	0	0.0	366	17.5	358	11.6	290	14.7	312	10.9	54.8	3		
563	Mathews	Lee	Eccleshill RR	M5EN	354	32.7	0	0.0	339	21.6	0	0.0	0	0.0	54.3	245		
564	Sinar	Terry	Ackworth RR	M40	0	0.0	0	0.0	0	0.0	0	0.0	241	54.1	54.1	95		
565	Couldwell	Alan	Harrogate Harriers	M55	0	0.0	293	54.0	0	0.0	0	0.0	0	0.0	54.0	47		
566	Phelps	Richard	Eccleshill RR	M5EN	0	0.0	368	16.5	346	17.9	0	0.0	298	19.5	53.9	246		
567	Hague	Robert	Saltaire Striders	M50	0	0.0	0	0.0	0	0.0	231	52.6	0	0.0	52.6	69		
568	Hamilton	Gavin	Saltaire Striders	M5EN	0	0.0	377	12.0	361	10.0	293	12.8	304	15.8	50.7	247		
569	Lankester	Nick	Roundhay Runners	M5EN	408	7.1	364	18.5	333	24.8	0	0.0	0	0.0	50.4	248		
570	Glover	Paul	Kirkstall Harriers	M65	0	0.0	301	50.0	0	0.0	0	0.0	0	0.0	50.0	12		
571	Holohan	Andy	Harrogate Harriers	M40	394	13.7	355	23.0	355	13.2	0	0.0	0	0.0	49.9	96		
572	Goodyear	David	Eccleshill RR	M50	0	0.0	353	24.0	331	25.9	0	0.0	0	0.0	49.9	70		
573	O'Halloran	Sean	Kirkstall Harriers	M5EN	398	11.8	376	12.5	359	11.1	291	14.1	319	6.7	49.5	249		
574	Suggden	Paul	Ilkley Harriers	M50	382	19.4	365	18.0	0	0.0	295	11.5	0	0.0	49.0	71		
575	Beston	Dave	Abbey Runners	M55	0	0.0	361	20.0	0	0.0	288	16.0	309	12.8	48.8	48		
576	Thorpe	Stuart	Rothwell Harriers	M45	0	0.0	348	26.5	0	0.0	0	0.0	294	21.9	48.4	80		
577	Richardson	Jeremy	Valley Striders	M55	324	46.9	0	0.0	0	0.0	0	0.0	0	0.0	46.9	49		
578	Nichols	Trevor	Ackworth RR	M65	325	46.4	0	0.0	0	0.0	0	0.0	0	0.0	46.4	13		
579	Skelton	Lee	York Postal Harriers	M40	0	0.0	309	46.0	0	0.0	0	0.0	0	0.0	46.0	97		
580	Brownbridge	Garry	Abbey Runners	M55	0	0.0	0	0.0	293	45.9	0	0.0	0	0.0	45.9	50		
581	Marshall	Neil	Kirkstall Harriers	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	255	45.6	45.6	250		
582	Higgins	Michael	St Theresa's AC	M65	405	8.5	375	13.0	354	13.7	298	9.6	315	9.1	45.5	14		
583	Tomlinson	Paul	Dragons RC	M45	0	0.0	0	0.0	0	0.0	0	0.0	258	43.8	43.8	81		
584	Baxter	Rob	Chapel Allerton Runners	M40	331	43.6	0	0.0	0	0.0	0	0.0	0	0.0	43.6	98		
585	Simpson	Roy	Ackworth RR	M55	362	28.9	0	0.0	0	0.0	0	0.0	307	14.0	42.9	51		
586	Lacy	Terry	Rothwell Harriers	M50	397	12.3	382	9.5	362	9.5	0	0.0	311	11.6	42.9	72		
587	Gibb	Ewan	Saltaire Striders	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	260	42.6	42.6	251		
588	Carter	Ross	Abbey Runners	M40	0	0.0	0	0.0	300	42.2	0	0.0	0	0.0	42.2	99		
589	Morimoto	Kazuki	Abbey Runners	M45	0	0.0	0	0.0	0	0.0	248	41.7	0	0.0	41.7	82		
590	Blatherwick	John	Hyde Park Harriers	M5EN	0	0.0	0	0.0	302	41.2	0	0.0	0	0.0	41.2	252		
591	Taylor	Malcolm	Kirkstall Harriers	M5EN	403	9.5	388	6.5	357	12.1	302	7.1	313	10.3	39.0	253		
592	White	Sam	Saltaire Striders	M5EN	0	0.0	0	0.0	0	0.0	0	0.0	266	38.9	38.9	254		
593	Pearson	Alec	Valley Striders	M40	343	37.9	0	0.0	0	0.0	0	0.0	0	0.0	37.9	100		
594	Wood	Steve	Horsforth Harriers	M60	0	0.0	0	0.0	0	0.0	254	37.8	0	0.0	37.8	17		
595	Healey	Graham	St Theresa's AC	M55	413	4.7	379	11.0	0	0.0	300	8.3	308	13.4	37.4	52		
596	Kingsnorth	Simon	Saltaire Striders	M50	0	0.0	363	19.0	347	17.4	0	0.0	0	0.0	36.4	73		
597	May	James	St Theresa's AC	M5EN	347	36.0	0	0.0	0	0.0	0	0.0	0	0.0	36.0	255		
598	Gardner	Andrew	St Theresa's AC	M60	401	10.4	384	8.5	365	7.9	299	9.0	317	7.9	35.8	18		
599	Rose	Simon	Saltaire Striders	M50	348	35.5	0	0.0	0	0.0	0	0.0	0	0.0	35.5	74		
600	Smith	Stuart	Hyde Park Harriers	M50	395	13.3	0	0.0	338	22.2	0	0.0	0	0.0	35.4	75		
601	Abson	Keith	Saltaire Striders	M65	0	0.0	0	0.0	0	0.0	0	0.0	275	33.4	33.4	15		
602	Lodge	Geoff	Wetherby Runners	M55	0	0.0	0	0.0	317	33.2	0	0.0	0	0.0	33.2	53		
603	Johnson	Steve	Ackworth RR	M40	0	0.0	0	0.0	0	0.0	262	32.7	0	0.0	32.7	101		
604	Rose	Jack	Hyde Park Harriers	M5EN	0	0.0	336	32.5	0	0.0	0	0.0	0	0.0	32.5	256		
605	Scanlon	Peter	Horsforth Harriers	M65	414	4.3	381	10.0	0	0.0	301	7.7	314	9.7	31.7	16</		

624	Maddock	Andrew	Hyde Park Harriers	MSEN	381	19.9	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	19.9	265
625	Gray	Mathew	Hyde Park Harriers	MSEN	412	5.2	396	2.5	0	0.0	0	0.0	310	12.2	19.9	266		
626	Osbourne	Michael	York Tri Club	M50	0	0.0	362	19.5	0	0.0	0	0.0	0	0.0	19.5	78		
627	Howe	David	Valley Striders	M60	384	18.5	0	0.0	0	0.0	0	0.0	0	0.0	18.5	22		
628	Brooker	Karl	St Theresa's AC	MSEN	386	17.5	0	0.0	0	0.0	0	0.0	0	0.0	17.5	267		
629	Hey	Peter	Kirkstall Harriers	M60	415	3.8	393	4.0	372	4.2	311	1.3	321	5.5	17.5	23		
630	Burns	Andrew	Kippax Harriers	M70	0	0.0	385	8.0	363	9.0	0	0.0	0	0.0	17.0	4		
631	Wilkinson	Lee	Ilkley Harriers	MSEN	390	15.6	0	0.0	0	0.0	0	0.0	0	0.0	15.6	268		
632	Knowles	John	Ackworth RR	M50	0	0.0	371	15.0	0	0.0	0	0.0	0	0.0	15.0	79		
633	Denton	Jeff	Ackworth RR	M65	0	0.0	0	0.0	352	14.8	0	0.0	0	0.0	14.8	19		
634	Kitching	Leslie	Kippax Harriers	M65	0	0.0	391	5.0	374	3.2	310	1.9	323	4.3	14.3	20		
635	Maltby	Christopher	St Theresa's AC	M60	410	6.2	387	7.0	0	0.0	0	0.0	0	0.0	13.2	24		
636	Johnson	Malcom	Horsforth Harriers	M65	396	12.8	0	0.0	0	0.0	0	0.0	0	0.0	12.8	21		
637	Kafait	Sageer	Leeds University CCC	MSEN	399	11.4	0	0.0	0	0.0	0	0.0	0	0.0	11.4	269		
638	Kelly	Kevin	Kirkstall Harriers	M40	400	10.9	0	0.0	0	0.0	0	0.0	0	0.0	10.9	104		
639	Bristow	Jeremy	Airecentre Pacers	MSEN	0	0.0	0	0.0	364	8.4	0	0.0	326	2.4	10.9	270		
640	Bullough	Tony	St Theresa's AC	M70	0	0.0	392	4.5	376	2.1	312	0.6	325	3.0	10.3	5		
641	O'Connor	Luke	Harrogate Harriers	MSEN	0	0.0	386	7.5	375	2.6	0	0.0	0	0.0	10.1	271		
642	Parkes	Andrew	Ackworth RR	M45	402	10.0	0	0.0	0	0.0	0	0.0	0	0.0	10.0	83		
643	Wilkes	Bob	Valley Striders	M75	0	0.0	389	6.0	0	0.0	307	3.8	0	0.0	9.8	2		
644	Armitage	Walter	St Theresa's AC	M60	406	8.1	0	0.0	0	0.0	0	0.0	0	0.0	8.1	25		
645	El Kurdi	Ashraf	Airecentre Pacers	M40	0	0.0	395	3.0	371	4.7	0	0.0	0	0.0	7.7	105		
646	Harris	Edward	York Postal Harriers	MSEN	407	7.6	0	0.0	0	0.0	0	0.0	0	0.0	7.6	272		
647	Moss	Mike	Saltaire Striders	M60	0	0.0	0	0.0	366	7.4	0	0.0	0	0.0	7.4	26		
648	Othick	Gary	Wetherby Runners	M55	418	2.4	397	2.0	378	1.1	0	0.0	327	1.8	7.2	55		
649	Nesden	Patrick	Kirkstall Harriers	M60	0	0.0	0	0.0	373	3.7	308	3.2	0	0.0	6.9	27		
650	Jones	Paul	Hyde Park Harriers	MSEN	422	0.5	400	0.5	0	0.0	304	5.8	0	0.0	6.7	273		
651	Taylor	Ian	Horsforth Harriers	M45	0	0.0	0	0.0	0	0.0	303	6.4	0	0.0	6.4	84		
652	Morris	Steven	Knaresborough Striders	M55	416	3.3	0	0.0	377	1.6	0	0.0	0	0.0	4.9	56		
653	Molyneaux	Nathan	Kirkstall Harriers	MSEN	0	0.0	0	0.0	0	0.0	306	4.5	0	0.0	4.5	274		
654	Black	Sam	Abbey Runners	M70	420	1.4	398	1.5	379	0.5	0	0.0	329	0.6	4.1	6		
655	Beresford	Paul	Rothwell Harriers	M55	0	0.0	0	0.0	0	0.0	0	0.0	324	3.6	3.6	57		
656	Tazzyman	Ashley	Ackworth RR	MSEN	417	2.8	0	0.0	0	0.0	0	0.0	0	0.0	2.8	275		
657	Williams	John	Knaresborough Striders	M60	419	1.9	0	0.0	0	0.0	0	0.0	0	0.0	1.9	28		
658	Raddings	Trevor	Hyde Park Harriers	M60	0	0.0	0	0.0	0	0.0	0	0.0	328	1.2	1.2	29		
659	Berry	Steve	Ackworth RR	M55	0	0.0	399	1.0	0	0.0	0	0.0	0	0.0	1.0	58		
660	Smedley	Phil	Horsforth Harriers	M45	421	0.9	0	0.0	0	0.0	0	0.0	0	0.0	0.9	85		

Second Claim Runners Shown in Blue