

PECO Cross Country League 2014-15
Senior Ladies Cumulative Results After Race 5

Pos	Surname	First Name	Club	Cat	Race 1		Race 2		Race 3		Race 4		Race 5		Total Points	Lowest Score	Final Points	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points	Pos	Points				
1	Lancaster	Andrea	York Tri Club	FV40	7	97.8	2	99.5	6	98.1	4	98.6	7	97.6	491.6	97.6	394.0	1
2	Wood	Chloe	Rothwell Harriers	FSen	2	99.6	4	98.6	0	0.0	6	97.7	6	98.0	393.9	0.0	393.9	1
3	Come	Hannah	Valley Striders	FSen	5	98.5	6	97.6	7	97.7	8	96.7	3	99.2	489.8	96.7	393.1	2
4	Jones	Myra	Valley Striders	FSen	10	96.7	8	96.7	10	96.5	1	100.0	2	99.6	489.5	96.5	393.0	3
5	Moran	Ruth	Horsforth Harriers	FSen	4	98.9	3	99.1	0	0.0	9	96.3	12	95.6	389.8	0.0	389.8	4
6	Pilling	Rachel	Pudsey & Bramley AC	FSen	3	99.3	7	97.2	15	94.6	0	0.0	9	96.8	387.8	0.0	387.8	5
7	Varley	Alison	St Theresa's AC	FV45	12	96.0	9	96.2	14	95.0	10	95.8	0	0.0	383.0	0.0	383.0	1
8	Forster	Rebecca	Chapel Allerton Runners	FSen	11	96.3	15	93.4	18	93.4	11	95.3	13	95.2	473.7	93.4	380.3	6
9	Robinson	Emma	Harrogate Harriers	FSen	14	95.2	12	94.8	13	95.4	19	91.6	14	94.8	471.8	91.6	380.2	7
10	Ball	Karen	Ackworth RR	FV35	16	94.5	16	92.9	21	92.3	12	94.9	11	96.0	470.6	92.3	378.3	1
11	Farley	Lydia	Bradford Airedale	FSen	9	97.1	19	91.5	19	93.1	0	0.0	10	96.4	378.0	0.0	378.0	8
12	O'Sullivan	Sarah	Horsforth Harriers (2nd)	FV35	17	94.1	0	0.0	24	91.1	13	94.4	23	91.2	370.9	0.0	370.9	2
13	Mackie	Rachel	Valley Striders	FV40	0	0.0	25	88.7	22	91.9	14	94.0	19	92.8	367.3	0.0	367.3	2
14	Willingham	Jen	Saltaire Striders	FV35	19	93.4	26	88.2	25	90.7	25	88.8	18	93.2	454.4	88.2	366.2	3
15	Magdalenoka-Keen	Liga	Chapel Allerton Runners	FV35	15	94.9	17	92.5	26	90.3	29	87.0	0	0.0	364.6	0.0	364.6	4
16	Davies	Sian	Rothwell Harriers (2nd)	FSen	23	91.9	23	89.6	30	88.8	21	90.7	25	90.4	451.5	88.8	362.7	9
17	Davies	Julia	Roundhay Runners	FV45	26	90.8	33	84.9	23	91.5	0	0.0	17	93.6	360.9	0.0	360.9	2
18	Miller	Helen	York Tri Club	FSen	20	93.0	27	87.7	31	88.4	22	90.2	0	0.0	359.4	0.0	359.4	10
19	Watson	Lesley	Saltaire Striders (2nd)	FV40	0	0.0	24	89.2	20	92.7	17	92.6	39	84.8	359.2	0.0	359.2	3
20	Wilson	Steph	Saltaire Striders	FV35	24	91.6	28	87.3	29	89.2	0	0.0	26	90.0	358.0	0.0	358.0	5
21	Lowery	Sima	Knaresborough Striders	FV40	33	88.3	32	85.4	33	87.6	15	93.5	40	84.4	439.2	84.4	354.8	4
22	Sunderland	Sue	Valley Striders	FV50	28	90.1	36	83.5	0	0.0	23	89.8	28	89.2	352.6	0.0	352.6	1
23	Patmore	Julie	Harrogate Harriers	FV50	0	0.0	44	79.7	39	85.3	20	91.2	15	94.4	350.6	0.0	350.6	2
24	Lavelle-Wood	Emma	Kirkstall Harriers	FV40	25	91.2	0	0.0	28	89.6	39	82.3	37	85.6	348.7	0.0	348.7	5
25	Rodgers	Rebecca	Hyde Park Harriers	FSen	29	89.7	0	0.0	42	84.2	34	84.7	29	88.8	347.4	0.0	347.4	11
26	Tao	Judy	St Theresa's AC	FV35	31	89.0	34	84.4	40	84.9	33	85.1	32	87.6	431.1	84.4	346.7	6
27	Carter	Nicola	Knaresborough Striders	FV40	0	0.0	38	82.5	37	86.1	27	87.9	35	86.4	343.0	0.0	343.0	6
28	Barnes	Philippa	Chapel Allerton Runners	FV35	30	89.4	39	82.1	0	0.0	35	84.2	36	86.0	341.6	0.0	341.6	7
29	Venables	Louise	York Tri Club	FSen	48	82.8	40	81.6	44	83.4	0	0.0	45	82.4	330.2	0.0	330.2	12
30	Streets	Rebecca	Airecentre Pacers	FSen	42	85.0	37	83.0	38	85.7	57	74.0	0	0.0	327.7	0.0	327.7	13
31	Smith	Bev	Horsforth Harriers	FV50	45	83.9	35	84.0	0	0.0	48	78.1	48	81.2	327.2	0.0	327.2	3
32	Moul	Sue	Harrogate Harriers	FV45	46	83.5	53	75.5	46	82.6	0	0.0	42	83.6	325.2	0.0	325.2	3
33	Hopwood	Nicky	Ilkley Harriers	FV40	57	79.5	72	66.5	56	78.8	38	82.8	47	81.6	389.2	66.5	322.6	7
34	Cummings	Laura	Hyde Park Harriers	FSen	34	87.9	45	79.2	50	81.1	0	0.0	67	73.6	321.8	0.0	321.8	14
35	Clark	Denise	Ackworth RR	FV45	40	85.7	43	80.2	62	76.4	49	77.7	70	72.4	392.4	72.4	320.0	4
36	Hudson	Chloe	Valley Striders	FSen	47	83.2	49	77.4	51	80.7	0	0.0	64	74.8	316.0	0.0	316.0	15
37	Roden	Helen	Abbey Runners	FV40	0	0.0	58	73.1	53	79.9	42	80.9	58	77.2	311.2	0.0	311.2	8
38	Treasure-Jones	Tamsin	Saltaire Striders (2nd)	FV45	63	77.3	55	74.5	60	77.2	63	71.2	61	76.0	376.2	71.2	305.0	5
39	Foy	Tracy	Saltaire Striders	FV40	0	0.0	46	78.8	78	70.3	51	76.7	53	79.2	305.0	0.0	305.0	9
40	Geeson	Claire	Hyde Park Harriers	FSen	0	0.0	61	71.7	54	79.5	67	69.3	55	78.4	298.9	0.0	298.9	16
41	Lee	Sophie	Leeds University CCC	FSen	6	98.2	0	0.0	0	0.0	3	99.1	5	98.4	295.6	0.0	295.6	17
42	Davies	Carol	Rothwell Harriers	FV55	49	82.4	50	78.9	83	68.3	70	67.9	85	66.4	362.0	66.4	295.6	1
43	Swales	Sarah	Roundhay Runners	FV50	91	67.0	69	67.9	64	75.7	59	73.0	68	73.2	356.9	67.0	289.4	4
44	Jackson	Niamh	Kirkstall Harriers	FV35	0	0.0	13	94.3	11	96.1	7	97.2	0	0.0	287.7	0.0	287.7	8
45	Thompson	Seonaid	Wetherby Runners (2nd)	FSen	0	0.0	18	92.0	12	95.8	2	99.5	0	0.0	287.3	0.0	287.3	18
46	Scott	Lizzy	Chapel Allerton Runners	FSen	0	0.0	21	90.6	8	97.3	0	0.0	8	97.2	285.1	0.0	285.1	19
47	Sharma	Alissa	Roundhay Runners	FSen	108	60.8	57	73.6	74	71.8	77	64.7	65	74.4	345.3	60.8	284.5	20
48	Mistry	Reena	Eccleshill Road Runners	FSen	54	80.6	54	75.0	80	69.5	0	0.0	106	58.0	283.1	0.0	283.1	21
49	Berg	Jennifer	Kirkstall Harriers	FSen	13	95.6	0	0.0	17	93.8	16	93.0	0	0.0	282.5	0.0	282.5	22
50	Malloy	Dawn	York Tri Club	FV45	78	71.8	78	63.7	77	70.7	66	69.8	89	64.8	340.7	63.7	277.0	6
51	Wigglesworth	Rose	Ackworth RR	FV35	83	70.0	63	70.8	82	68.7	72	67.0	83	67.2	343.6	67.0	276.6	9
52	Parton	Dawn	Valley Striders	FV40	69	75.1	70	67.5	0	0.0	75	65.6	81	68.0	276.1	0.0	276.1	10
53	Muir	Marion	Kirkstall Harriers	FV35	50	82.1	68	68.4	98	62.5	82	62.3	0	0.0	275.3	0.0	275.3	10
54	Bland	Debbie	Eccleshill Road Runners (2nd)	FV60	0	0.0	65	69.8	86	67.2	68	68.8	78	69.2	275.0	0.0	275.0	1
55	Shevlin	Joanna	Horsforth Harriers	FSen	79	71.4	0	0.0	81	69.1	73	66.5	87	65.6	272.7	0.0	272.7	23
56	Lewis	Helen	Roundhay Runners	FV40	98	64.5	76	64.6	108	58.7	71	67.4	72	71.6	326.8	58.7	268.1	11
57	Nurse	Helen	Abbey Runners	FV45	72	74.0	75	65.1	95	63.7	0	0.0	88	65.2	268.0	0.0	268.0	7
58	Marchant	Laura	Saltaire Striders	FSen	0	0.0	31	85.8	0	0.0	26	88.4	20	92.4	266.6	0.0	266.6	24
59	Millhouse	Rachel	York Tri Club	FV35	27	90.5	30	86.3	32	88.0	0	0.0	0	0.0	264.8	0.0	264.8	11
60	Gill	Sarah	Harrogate Harriers	FV50	0	0.0	0	0.0	34	87.3	30	86.5	27	89.6	263.4	0.0	263.4	5
61	Booth	Samantha	Chapel Allerton Runners	FSen	105	61.9	73	66.0	0	0.0	80	63.3	79	68.8	260.0	0.0	260.0	25
62	Smith	Emma	Ackworth RR	FV40	94	65.9	71	67.0	101	61.4	76	65.1	102	59.6	319.0	59.6	259.4	12
63	Hewland	Lucy	Horsforth Harriers	FV35	0	0.0	0	0.0	43	83.8	32	85.6	31	88.0	257.4	0.0	257.4	12
64	Love	Helen	Saltaire Striders	FV55	90	67.4	84	60.8	89	66.0	85	60.9	109	56.8	312.0	56.8	255.2	2
65	Elliot	Bev	Horsforth Harriers	FV40	35	87.5	0	0.0	0	0.0	50	77.2	43	83.2	248.0	0.0	248.0	13
66	Parker	Rachel	Saltaire Striders	FV40	0	0.0	74	65.6	91	65.3	96	55.8	98	61.2	247.8	0.0	247.8	14
67	Rawson	Emma	Rothwell Harriers	FV40	0	0.0	79	63.2	105	59.8	84	61.4	96	62.0	246.4	0.0	246.4	15
68	George	Rose	Kirkstall Harriers	FV45	0	0.0	62	71.2	72	72.6	118	45.6	113	55.2	244.6	0.0	244.6	8
69	Pratt	Joanne	Rothwell Harriers	FV45	95	65.6	89	58.5	121	53.7	92	57.7	99	60.8	296.2	53.7	242.5	9
70	Owen	Kath	Chapel Allerton Runners	FSen	115	58.2	82	61.8	117	55.2	86	60.5	101	60.0	295.7	55.2	240.5	26
71	James	Julie	St Theresa's AC	FV50	103	62.6	94	56.1	109	58.3	101	53.5	103	59.2	289.8	53.5	236.3	6
72	Robinson	Claire	Wetherby Runners	FSen	58	79.1	48	77.8	0	0.0	0	0.0	54	78.8	235.8	0.0	235.8	27
73	Smith	Alison	Abbey Runners	FV40	36	87.2	52	75.9	0	0.0	60	72.6	0	0.0	235.7	0.0	235.7	16
74	Turner	Hannah	Hyde Park Harriers	FSen	55	80.2	0	0.0	0	0.0	53	75.8	57	77.6	233.6	0.0	233.6	28
75	Padilla	Monica	Hyde Park Harriers	FSen	0	0.0	0	0.0	58	78.0	44	80.0	63	75.2	233.2	0.0	233.2	29
76	O'Toole	Orna	York Tri Club	FV40	70	74.7	0	0.0	57	78.4	0	0.0	51	80.0	233.1	0.0	233.1	17
77	Harris	Samantha	Valley Striders	FSen	0	0.0	60	72.2	48	81.9	47	78.6	0	0.0	232.6	0.0	232.6	30
78	Hunter	Allison	Kippax Harriers	FV50	81	70.7	87	59.4	130	50.2								

120	Dales	Angle	Ackworth RR	FV40	0	0.0	93	56.6	118	54.8	0	0.0	82	67.6	179.0	0.0	179.0	25
121	Walker	Marie	Chapel Allerton Runners	FSen	0	0.0	0	0.0	35	86.9	0	0.0	22	91.6	178.5	0.0	178.5	45
122	Winter	Lucy	Fellandale	FSen	32	88.6	29	86.8	0	0.0	0	0.0	0	0.0	175.4	0.0	175.4	46
123	Riechert	Hannah	Abbey Runners	FSen	0	0.0	0	0.0	0	0.0	41	81.4	16	94.0	175.4	0.0	175.4	47
124	Clubbs	Christine	Wetherby Runners	FV40	132	52.0	138	35.4	142	45.6	0	0.0	145	42.4	175.4	0.0	175.4	26
125	Clegg	Lindsey	Horsforth Harriers	FSen	0	0.0	0	0.0	0	0.0	31	86.0	33	87.2	173.2	0.0	173.2	48
126	Vincent	Emma	Abbey Runners (2nd)	FV35	0	0.0	0	0.0	47	82.2	0	0.0	24	90.8	173.0	0.0	173.0	20
127	Ramsden	Denise	Rothwell Harriers	FV45	123	55.3	128	40.1	182	30.1	147	32.1	141	44.0	201.6	30.1	171.5	16
128	Talford	Claire	Eccleshill Road Runners	FV40	117	57.5	0	0.0	138	47.1	79	63.7	0	0.0	168.3	0.0	168.3	27
129	Jovanovic	Rachel	Airecentre Pacers	FSen	168	38.8	139	34.9	147	43.6	122	43.7	146	42.0	203.1	34.9	168.2	49
130	Yamaguchi	Hikari	Kirkstall Harriers	FSen	38	86.4	42	80.7	0	0.0	0	0.0	0	0.0	167.1	0.0	167.1	50
131	Penrose	Kate	Kippax Harriers	FV60	152	44.7	123	42.5	155	40.5	0	0.0	153	39.2	166.9	0.0	166.9	4
132	Durkin	Linda	Kippax Harriers	FV50	0	0.0	145	32.1	150	42.5	120	44.7	133	47.2	166.4	0.0	166.4	10
133	Shanks	Sarah	Valley Striders	FSen	0	0.0	0	0.0	45	83.0	37	83.3	0	0.0	166.3	0.0	166.3	51
134	Evans	Clare	Hyde Park Harriers	FSen	165	39.9	136	36.3	180	30.9	125	42.3	134	46.8	196.3	30.9	165.4	52
135	Say	Julia	Roundhay Runners	FV40	0	0.0	0	0.0	59	77.6	28	87.4	0	0.0	165.0	0.0	165.0	28
136	Bellwood	Amanda	Saltire Striders	FV35	0	0.0	0	0.0	41	84.6	43	80.5	0	0.0	165.0	0.0	165.0	21
137	Pell	Valerie	Kippax Harriers	FV55	146	46.9	104	51.4	159	39.0	0	0.0	183	27.2	164.5	0.0	164.5	5
138	Cohen	Lucy	Abbey Runners	FV40	131	52.4	0	0.0	173	33.6	131	39.5	155	38.4	163.9	0.0	163.9	29
139	Cazan	Louise	Valley Striders	FV35	0	0.0	0	0.0	0	0.0	45	79.5	41	84.0	163.5	0.0	163.5	22
140	Garbutt	Catherine	Horsforth Harriers (2nd)	FSen	0	0.0	0	0.0	70	73.4	24	89.3	0	0.0	162.7	0.0	162.7	53
141	Podesta	Sarah	Airecentre Pacers	FV40	0	0.0	0	0.0	129	50.6	99	54.4	107	57.6	162.6	0.0	162.6	30
142	Magennis	Janice	Eccleshill Road Runners	FV50	139	49.5	126	41.0	162	37.8	143	34.0	181	28.0	190.3	28.0	162.3	11
143	Senior	Claire	Valley Striders	FV35	41	85.3	0	0.0	0	0.0	0	0.0	60	76.4	161.7	0.0	161.7	23
144	Forster-Hughes	Lora	Chapel Allerton Runners	FSen	71	74.4	0	0.0	103	60.6	161	25.6	0	0.0	160.6	0.0	160.6	54
145	Heseltine	Jo	Rothwell Harriers	FV45	51	81.7	47	78.3	0	0.0	0	0.0	0	0.0	160.0	0.0	160.0	17
146	Norlington	Andrea	Wetherby Runners	FV50	59	78.8	41	81.1	0	0.0	0	0.0	0	0.0	159.9	0.0	159.9	12
147	Veitch	Nidia	Horsforth Harriers	FV35	0	0.0	0	0.0	55	79.2	46	79.1	0	0.0	158.2	0.0	158.2	24
148	Pelly	Jo	Kippax Harriers	FSen	0	0.0	0	0.0	0	0.0	54	75.3	44	82.8	158.1	0.0	158.1	55
149	Moran	Carol	Kirkstall Harriers	FV50	227	17.2	116	45.8	170	34.7	146	32.6	139	44.8	175.1	17.2	157.9	13
150	Hodgson	Linda	Rothwell Harriers	FV45	52	81.3	51	76.4	0	0.0	0	0.0	0	0.0	157.7	0.0	157.7	18
151	Rawlings	Sarah	Eccleshill Road Runners	FV45	0	0.0	118	44.8	208	20.1	128	40.9	123	51.2	157.0	0.0	157.0	19
152	Ryall	Laura	Saltire Striders	FSen	0	0.0	0	0.0	0	0.0	55	74.9	49	80.8	155.7	0.0	155.7	56
153	Roberts	Charlotte	Harrogate Harriers	FSen	0	0.0	0	0.0	69	73.7	40	81.9	0	0.0	155.6	0.0	155.6	57
154	Hattrell	Rebecca	St Theresa's AC	FSen	190	30.8	137	35.8	167	35.9	135	37.7	138	45.2	185.4	30.8	154.6	58
155	Young	Claire	Roundhay Runners	FSen	0	0.0	0	0.0	141	45.9	109	49.8	104	58.8	154.5	0.0	154.5	59
156	Ley	Kat	Hyde Park Harriers	FSen	196	28.6	132	38.2	146	44.0	126	41.9	0	0.0	152.7	0.0	152.7	60
157	Jago	Gillian	Eccleshill Road Runners	FSV35	159	42.1	141	34.0	171	34.4	127	41.4	0	0.0	151.8	0.0	151.8	25
158	Nevado	Mercedes	Horsforth Harriers	FV40	0	0.0	0	0.0	0	0.0	58	73.5	56	78.0	151.5	0.0	151.5	31
159	Craske	Caroline	Ilkley Harriers	FV45	0	0.0	0	0.0	63	76.1	56	74.4	0	0.0	150.5	0.0	150.5	20
160	Rodgers	Jayne	Hyde Park Harriers	FV50	0	0.0	98	54.2	0	0.0	115	47.0	128	49.2	150.4	0.0	150.4	14
161	Smith	Sarah	Valley Striders	FV45	0	0.0	86	59.9	137	47.5	0	0.0	144	42.8	150.2	0.0	150.2	21
162	McGeachy	Denise	Chapel Allerton Runners	FV35	75	72.9	0	0.0	0	0.0	0	0.0	59	76.8	149.7	0.0	149.7	26
163	Longfellow	Emma	St Theresa's AC	FV35	0	0.0	147	31.1	181	30.5	140	35.3	125	50.4	147.4	0.0	147.4	27
164	Maycock	Marie	Horsforth Harriers	FV55	0	0.0	0	0.0	76	71.0	52	76.3	0	0.0	147.3	0.0	147.3	6
165	Jackson	Sara	St Theresa's AC	FSen	166	39.6	134	37.3	151	42.1	155	28.4	191	24.0	171.3	24.0	147.3	61
166	Georgopoulos	Lindsay	Kippax Harriers	FV35	154	44.0	0	0.0	134	48.6	0	0.0	115	54.4	147.0	0.0	147.0	28
167	Willis	Liz	Abbey Runners	FV50	145	47.3	165	22.6	149	42.9	0	0.0	170	32.4	145.2	0.0	145.2	15
168	Eimes	Julie	Ilkley Harriers	FV45	151	45.1	149	30.2	186	28.6	133	38.6	174	30.8	173.2	28.6	144.6	22
169	Glover	Alyson	Kirkstall Harriers	FV45	193	29.7	124	42.0	176	32.4	0	0.0	154	38.8	142.9	0.0	142.9	23
170	Cliff	Janet	Chapel Allerton Runners	FV50	148	46.2	144	32.5	166	36.3	163	24.7	182	27.6	167.2	24.7	142.6	16
171	Dorington	Ruth	Abbey Runners	FV45	0	0.0	0	0.0	0	0.0	62	71.6	74	70.8	142.4	0.0	142.4	24
172	Cook	Sharon	Kirkstall Harriers	FSen	66	76.2	0	0.0	0	0.0	74	66.0	0	0.0	142.2	0.0	142.2	62
173	Coy	Gaenor	Ilkley Harriers	FV40	0	0.0	0	0.0	163	37.5	107	50.7	117	53.6	141.7	0.0	141.7	32
174	Davis	Denise	Saltire Striders	FV45	180	34.4	160	25.0	165	36.7	0	0.0	137	45.6	141.7	0.0	141.7	25
175	Townend	Jillie	Harrogate Harriers	FV55	156	43.2	150	29.7	174	33.2	164	24.2	164	34.8	165.1	24.2	140.9	7
176	Cook	Bernadette	Saltire Striders	FV45	128	53.5	125	41.5	144	44.8	0	0.0	0	0.0	139.8	0.0	139.8	26
177	Croft	Jean	Harrogate Harriers	FV50	0	0.0	0	0.0	96	63.3	0	0.0	62	75.6	138.9	0.0	138.9	17
178	Hogg	Laura	Kirkstall Harriers	FSen	74	73.3	77	64.2	0	0.0	0	0.0	0	0.0	137.4	0.0	137.4	63
179	Kelly	Elaine	Rothwell Harriers	FV45	114	58.6	99	53.8	0	0.0	0	0.0	190	24.4	136.8	0.0	136.8	27
180	Hayward	Jessica	Leeds University CCC	FSen	93	66.3	0	0.0	0	0.0	0	0.0	75	70.4	136.7	0.0	136.7	64
181	Judge	Katherine	St Theresa's AC	FSen	125	54.6	140	34.4	0	0.0	114	47.4	0	0.0	136.5	0.0	136.5	65
182	Chivers	Ann	Roundhay Runners	FV35	0	0.0	67	68.9	85	67.6	0	0.0	0	0.0	136.4	0.0	136.4	29
183	Parker	Samantha	Wetherby Runners	FV45	169	38.5	122	42.9	201	22.8	0	0.0	173	31.2	135.4	0.0	135.4	28
184	Rose	Rhianna	St Theresa's AC	FSen	84	69.6	0	0.0	93	64.5	0	0.0	0	0.0	134.1	0.0	134.1	66
185	Palmer	Kelly	Kippax Harriers	FV60	179	34.8	143	33.0	183	29.7	138	36.3	192	23.6	157.4	23.6	133.8	5
186	Knight	Gini	Horsforth Harriers	FV55	164	40.3	129	39.6	177	32.0	0	0.0	199	20.8	132.8	0.0	132.8	8
187	Anness	Nic	Eccleshill Road Runners (2nd)	FV40	0	0.0	97	54.7	0	0.0	150	30.7	140	44.4	129.8	0.0	129.8	33
188	Wilson	Carly	Chapel Allerton Runners	FSen	0	0.0	174	18.4	191	26.6	134	38.1	136	46.0	129.2	0.0	129.2	67
189	Russell	Donna	Chapel Allerton Runners	FV40	137	50.2	0	0.0	168	35.5	123	43.3	0	0.0	129.0	0.0	129.0	34
190	Rowse	Emily	Roundhay Runners	FSen	0	0.0	0	0.0	92	64.9	0	0.0	93	63.2	128.1	0.0	128.1	68
191	Drake	Emma	Horsforth Harriers	FV45	155	43.6	0	0.0	0	0.0	142	34.4	131	48.0	126.0	0.0	126.0	29
192	Malinowska	Dominika	Kirkstall Harriers	FSen	157	42.9	0	0.0	172	34.0	0	0.0	129	48.8	125.6	0.0	125.6	69
193	Reddington	Liz	Valley Striders	FV50	0	0.0	0	0.0	0	0.0	88	59.5	90	64.4	123.9	0.0	123.9	18
194	Ricci	Allison	Ilkley Harriers	FV45	0	0.0	0	0.0	104	60.2	81	62.8	0	0.0	123.0	0.0	123.0	30
195	Mika	Kasia	Hyde Park Harriers	FSen	87	68.5	0	0.0	0	0.0	100	54.0	0	0.0	122.5	0.0	122.5	70
196	Charlesworth	Sarah	Wharfedale Harriers	FSen	77	72.2	107	50.0	0	0.0	0	0.0	0	0.0	122.2	0.0	122.2	71
197	Forey	Helen	Dragons RC	FV45	0	0.0	0	0.0	106	59.5	90	58.6	0	0.0	118.1	0.0	118.1	31
198	Kennedy	Carron	Dragons RC	FV45	85	69.2	112	47.6	0	0.0	0	0.0	0	0.0	116.9	0.0		

245	Hartley	Nicola	Valley Striders	F5en	0	0.0	0	0.0	0	0.0	145	33.0	122	51.6	84.6	0.0	84.6	88
246	Waddington	Helen	Ilkley Harriers	FV45	43	84.6	0	0.0	0	0.0	0	0.0	0	0.0	84.6	0.0	84.6	44
247	Stansbie	Lisa	Abbey Runners	FV40	0	0.0	0	0.0	0	0.0	124	42.8	147	41.6	84.4	0.0	84.4	38
248	Kilner	Mundy	York Tri Club	FV35	44	84.2	0	0.0	0	0.0	0	0.0	0	0.0	84.2	0.0	84.2	37
249	Milburn	Anna	St Theresa's AC	FV35	0	0.0	0	0.0	206	20.8	156	27.9	163	35.2	84.0	0.0	84.0	38
250	Thomas	Caroline	Horsforth Harriers	FV35	0	0.0	0	0.0	0	0.0	36	83.7	0	0.0	83.7	0.0	83.7	39
251	Warrior	Beverley	Horsforth Harriers	FV45	174	36.6	0	0.0	0	0.0	166	23.3	195	22.4	82.3	0.0	82.3	45
252	Hill	Lindsey	St Theresa's AC	FV40	163	40.7	0	0.0	154	40.9	0	0.0	0	0.0	81.6	0.0	81.6	39
253	McGuigan	Daniella	Kirkstall Harriers	FV35	0	0.0	0	0.0	49	81.5	0	0.0	0	0.0	81.5	0.0	81.5	40
254	Morley	Sarah	St Theresa's AC	FV35	0	0.0	0	0.0	0	0.0	0	0.0	50	80.4	80.4	0.0	80.4	41
255	Buglass	Helen	Wetherby Runners	FV40	0	0.0	0	0.0	52	80.3	0	0.0	0	0.0	80.3	0.0	80.3	40
256	Singleton	Pamela	Knaresborough Striders	FV50	0	0.0	0	0.0	158	39.4	130	40.0	0	0.0	79.4	0.0	79.4	24
257	Wrangles	Gail	Ackworth RR	FV40	0	0.0	0	0.0	0	0.0	148	31.6	132	47.6	79.2	0.0	79.2	41
258	Parker	Eleanor	Roundhay Runners	F5en	0	0.0	130	39.2	157	39.8	0	0.0	0	0.0	78.9	0.0	78.9	89
259	Nethercott	Dairine	Saltire Striders	FV45	182	33.7	159	25.5	209	19.7	0	0.0	0	0.0	78.9	0.0	78.9	46
260	Gray	Catherine	Horsforth Harriers	FV55	0	0.0	0	0.0	143	45.2	0	0.0	168	33.2	78.4	0.0	78.4	10
261	Goodyear	Stacey	St Theresa's AC	FV35	0	0.0	0	0.0	217	16.6	153	29.3	171	32.0	77.9	0.0	77.9	42
262	Smith	Sharon	Wetherby Runners	FV55	213	22.3	172	19.3	212	18.5	179	17.2	210	16.4	93.8	16.4	77.4	11
263	Clifford	Carole	Rothwell Harriers	FV50	0	0.0	0	0.0	175	32.8	121	44.2	0	0.0	77.0	0.0	77.0	25
264	Bryant	Jane	Ilkley Harriers	FV45	0	0.0	0	0.0	61	76.8	0	0.0	0	0.0	76.8	0.0	76.8	47
265	Sandhu	Bal	Kirkstall Harriers	FV45	207	24.5	171	19.8	218	16.2	183	15.3	229	8.8	84.7	8.8	75.9	48
266	Edwards	Laura	Abbey Runners	F5en	68	75.5	0	0.0	0	0.0	0	0.0	0	0.0	75.5	0.0	75.5	90
267	Gregory	Juliette	Harrogate Harriers	FV50	0	0.0	0	0.0	65	75.3	0	0.0	0	0.0	75.3	0.0	75.3	26
268	Webster	Ruth	Roundhay Runners	FV35	0	0.0	115	46.2	0	0.0	0	0.0	179	28.8	75.0	0.0	75.0	43
269	Lambert	Kath	Roundhay Runners	FV35	0	0.0	0	0.0	161	38.2	0	0.0	160	36.4	74.6	0.0	74.6	44
270	Swallow	Helen	St Theresa's AC	FV45	0	0.0	0	0.0	140	46.3	157	27.4	0	0.0	73.8	0.0	73.8	49
271	Button	Holly	Valley Striders	F5en	73	73.6	0	0.0	0	0.0	0	0.0	0	0.0	73.6	0.0	73.6	91
272	Shouksmith	Christine	York Tri Club	FV55	0	0.0	0	0.0	0	0.0	0	0.0	69	72.8	72.8	0.0	72.8	12
273	Dennison	Debbie	Wetherby Runners	FV50	76	72.5	0	0.0	0	0.0	0	0.0	0	0.0	72.5	0.0	72.5	27
274	Dwyer	Becky	Kirkstall Harriers	F5en	231	15.8	167	21.7	0	0.0	141	34.9	0	0.0	72.3	0.0	72.3	92
275	MacDonald	Wanda	St Theresa's AC	FV50	0	0.0	0	0.0	75	71.4	0	0.0	0	0.0	71.4	0.0	71.4	28
276	Smolinska	Marta	Roundhay Runners	FV35	170	38.1	0	0.0	0	0.0	0	0.0	169	32.8	70.9	0.0	70.9	45
277	Begley	Megan	Abbey Runners	F5en	0	0.0	0	0.0	0	0.0	65	70.2	0	0.0	70.2	0.0	70.2	93
278	Lavery	Lesley	St Theresa's AC	FV45	0	0.0	183	14.2	213	18.1	174	19.5	205	18.4	70.2	0.0	70.2	50
279	Gallon	Eleanor	Kirkstall Harriers	F5en	0	0.0	0	0.0	0	0.0	0	0.0	77	69.6	69.6	0.0	69.6	94
280	Burgess	Henon	Kirkstall Harriers	F5en	0	0.0	66	69.3	0	0.0	0	0.0	0	0.0	69.3	0.0	69.3	95
281	Donohue	Lynn	Ilkley Harriers	FV50	86	68.9	0	0.0	0	0.0	0	0.0	0	0.0	68.9	0.0	68.9	29
282	Rayner	Jan	Roundhay Runners	FV45	194	29.3	0	0.0	210	19.3	0	0.0	202	19.6	68.2	0.0	68.2	51
283	Booth	Margaret	St Theresa's AC	FV35	88	68.1	0	0.0	0	0.0	0	0.0	0	0.0	68.1	0.0	68.1	46
284	Kavanagh	Joanne	Hyde Park Harriers	FV50	175	36.3	0	0.0	179	31.3	0	0.0	0	0.0	67.5	0.0	67.5	30
285	Maxwell	Clare	Hyde Park Harriers	FV45	161	41.4	158	25.9	0	0.0	0	0.0	0	0.0	67.3	0.0	67.3	52
286	Eyres	Michelle	Saltire Striders	FV50	197	28.2	0	0.0	160	38.6	0	0.0	0	0.0	66.8	0.0	66.8	31
287	Blackwell	Pauline	St Theresa's AC	FV60	222	19.0	187	12.3	225	13.5	177	18.1	211	16.0	79.0	12.3	66.7	9
288	Lanham	Annie	Roundhay Runners	F5en	0	0.0	0	0.0	88	66.4	0	0.0	0	0.0	66.4	0.0	66.4	96
289	Rankin	Jo	Wetherby Runners	FV40	219	20.1	180	15.6	216	17.0	187	13.5	0	0.0	66.2	0.0	66.2	42
290	Walker	Elizabeth	Kirkstall Harriers	F5en	220	19.8	0	0.0	200	23.2	0	0.0	194	22.8	65.7	0.0	65.7	97
291	Walker	Shirley	Horsforth Harriers	FV65	212	22.7	184	13.7	223	14.3	184	14.9	224	10.8	76.4	10.8	65.6	2
292	Lofthouse	Kate	Ilkley Harriers	FV50	211	23.1	170	20.3	204	21.6	0	0.0	0	0.0	65.0	0.0	65.0	32
293	Daniel	Vikki	Kirkstall Harriers	F5en	0	0.0	0	0.0	184	29.3	0	0.0	162	35.6	64.9	0.0	64.9	98
294	Watson	Madeleine	Wharfedale Harriers	FV50	0	0.0	0	0.0	94	64.1	0	0.0	0	0.0	64.1	0.0	64.1	33
295	O'Hara	Katie	Dragons RC	FV35	0	0.0	0	0.0	0	0.0	0	0.0	91	64.0	64.0	0.0	64.0	47
296	Miller	Vicky	St Theresa's AC	F5en	0	0.0	0	0.0	0	0.0	0	0.0	92	63.6	63.6	0.0	63.6	99
297	Brown	Louise	Rothwell Harriers	FV40	101	63.4	0	0.0	0	0.0	0	0.0	0	0.0	63.4	0.0	63.4	43
298	Pattinson	Angela	Horsforth Harriers	FV45	102	63.0	0	0.0	0	0.0	0	0.0	0	0.0	63.0	0.0	63.0	53
299	Cullen	Sophie	St Theresa's AC	FV40	0	0.0	0	0.0	0	0.0	0	0.0	94	62.8	62.8	0.0	62.8	44
300	Farnell	Sarah	Hyde Park Harriers	FV35	184	33.0	151	29.2	0	0.0	0	0.0	0	0.0	62.2	0.0	62.2	48
301	King	Sheila	Kirkstall Harriers	FV45	0	0.0	0	0.0	100	61.8	0	0.0	0	0.0	61.8	0.0	61.8	54
302	Richens	Alex	Harrogate Harriers	FV40	0	0.0	0	0.0	0	0.0	0	0.0	97	61.6	61.6	0.0	61.6	45
303	Smale	Michelle	St Theresa's AC	FV50	208	24.2	192	9.9	220	15.4	194	10.2	223	11.2	71.0	9.9	61.1	34
304	Steel	Emma	Valley Striders	FV35	0	0.0	0	0.0	0	0.0	0	0.0	100	60.4	60.4	0.0	60.4	49
305	Ritucci	Pamela	Ackworth RR	F5en	183	33.3	0	0.0	190	27.0	0	0.0	0	0.0	60.4	0.0	60.4	100
306	Wilkinson	Sarah	Ackworth RR	FV35	111	59.7	0	0.0	0	0.0	0	0.0	0	0.0	59.7	0.0	59.7	50
307	Wilson	Amanda	Ackworth RR	F5en	185	32.6	0	0.0	0	0.0	0	0.0	185	26.4	59.0	0.0	59.0	101
308	Davis	Laura	Kirkstall Harriers	FV35	205	25.3	169	20.8	0	0.0	0	0.0	219	12.8	58.8	0.0	58.8	51
309	Kapoor	Monica	Roundhay Runners	FV40	189	31.1	0	0.0	189	27.4	0	0.0	0	0.0	58.5	0.0	58.5	46
310	Phelan	Karen	St Theresa's AC	FV35	201	26.7	178	16.5	0	0.0	0	0.0	215	14.4	57.6	0.0	57.6	52
311	Beecroft	Janet	Rothwell Harriers	FV50	0	0.0	91	57.5	0	0.0	0	0.0	0	0.0	57.5	0.0	57.5	35
312	Shumba	Naomi	Chapel Allerton Runners	F5en	0	0.0	0	0.0	0	0.0	0	0.0	108	57.2	57.2	0.0	57.2	102
313	Forwood	Nicola	Hyde Park Harriers	F5en	225	17.9	199	6.6	229	12.0	198	8.4	207	17.6	62.5	6.6	55.9	103
314	Jowett	Vicky	Chapel Allerton Runners (2nd)	F5en	0	0.0	0	0.0	116	55.6	0	0.0	0	0.0	55.6	0.0	55.6	104
315	Bromley	Claire	Kirkstall Harriers	F5en	0	0.0	146	31.6	199	23.6	0	0.0	0	0.0	55.2	0.0	55.2	105
316	Stead	Julie	Airecentre Pacers	FV50	0	0.0	0	0.0	219	15.8	176	18.6	201	20.0	54.4	0.0	54.4	36
317	Speak	Susan	Abbey Runners	FV55	126	54.2	0	0.0	0	0.0	0	0.0	0	0.0	54.2	0.0	54.2	13
318	Howells	S.	St Theresa's AC	FV45	129	53.1	0	0.0	0	0.0	0	0.0	0	0.0	53.1	0.0	53.1	55
319	Oughton	Jane	Abbey Runners	FV55	223	18.7	191	10.4	237	8.9	193	10.7	218	13.2	61.8	8.9	53.0	14
320	Marshall	Rici	Hyde Park Harriers	F5en	0	0.0	0	0.0	193	25.9	160	26.0	0	0.0	51.9	0.0	51.9	106
321	Milnes	Sue	Airecentre Pacers	FV50	234	14.7	189	11.3	224	13.9	0	0.0	221	12.0	51.9	0.0	51.9	37
322	Rhodes	Amanda	Abbey Runners	FV40	215	21.6	181	15.1	221	15.1	0	0.0	0	0.0	51.8	0.0	51.8	47
323	Piper	Tracey	St Theresa's AC	F5en	228	16.8	177	17.0	0	0.0	178	17.7	0	0.0	51.5	0.0	51.5	107
324	Milner	Anne	Wharfedale Harriers	FV45	0	0.0	0	0.0	127	51.4	0	0.0	0	0.0	51.4	0.0	51.4	56
325	Morley	Sue	Ilkley Harriers	FV55	134	51.3	0	0.0	0	0.0	0	0.0	0	0.0	51.3	0.0	51.3	15
326	Barker																	

370	Callinan	Catherine	Hyde Park Harriers	FSen	252	8.1	0	0.0	235	9.7	182	15.8	0	0.0	33.5	0.0	33.5	120
371	Lakin	Sue	Kippax Harriers	FV55	242	11.7	194	9.0	227	12.7	0	0.0	0	0.0	33.4	0.0	33.4	17
372	Steele	Julie	Eccleshill Road Runners	FV50	187	31.9	0	0.0	0	0.0	0	0.0	0	0.0	31.9	0.0	31.9	42
373	Wheeler	Debra	Wetherby Runners	FV50	0	0.0	0	0.0	178	31.7	0	0.0	0	0.0	31.7	0.0	31.7	43
374	Broome	Samantha	Kirkstall Harriers	FSen	0	0.0	186	12.7	247	5.0	200	7.4	236	6.0	31.2	0.0	31.2	121
375	Akers	Anne	Eccleshill Road Runners	FV55	229	16.5	0	0.0	0	0.0	205	5.1	228	9.2	30.8	0.0	30.8	18
376	Archer	Kerry	York Tri Club	FSen	199	30.4	0	0.0	0	0.0	0	0.0	0	0.0	30.4	0.0	30.4	122
377	Smith	Kelly	Saltire Striders	FV35	0	0.0	0	0.0	0	0.0	0	0.0	176	30.0	30.0	0.0	30.0	62
378	Fletcher	Lynn	St Theresa's AC	FV60	0	0.0	0	0.0	0	0.0	0	0.0	177	29.6	29.6	0.0	29.6	11
379	Hind	Joanne	St Theresa's AC	FSen	230	16.1	185	13.2	0	0.0	0	0.0	0	0.0	29.3	0.0	29.3	123
380	Davies	Caroline	Rothwell Harriers	FSen	257	6.2	196	8.0	238	8.5	209	3.3	235	6.4	32.4	3.3	29.1	124
381	Davies	Arlene	Dragons RC	FV50	0	0.0	0	0.0	0	0.0	154	28.8	0	0.0	28.8	0.0	28.8	44
382	Harrison	Coralin	Harrogate Harriers	FV65	216	21.2	0	0.0	251	3.5	0	0.0	241	4.0	28.7	0.0	28.7	3
383	Braham	Linda	Airecentre Pacers	FV55	248	9.5	198	7.1	242	6.9	0	0.0	239	4.8	28.3	0.0	28.3	19
384	Thomas-Lloyd	Bethan	Kirkstall Harriers	FSen	0	0.0	0	0.0	187	28.2	0	0.0	0	0.0	28.2	0.0	28.2	125
385	Houton	Kelly	Horsforth Harriers	FSen	199	27.5	0	0.0	0	0.0	0	0.0	0	0.0	27.5	0.0	27.5	126
386	Holliday	Zelda	Chapel Allerton Runners	FSen	200	27.1	0	0.0	0	0.0	0	0.0	0	0.0	27.1	0.0	27.1	127
387	Gray	Kate	Knaresborough Striders	FV45	0	0.0	0	0.0	0	0.0	188	13.0	216	14.0	27.0	0.0	27.0	66
388	Mitchell	Eileen	Roundhay Runners	FV35	0	0.0	0	0.0	0	0.0	158	27.0	0	0.0	27.0	0.0	27.0	63
389	Nash	Louise	Saltire Striders	FV45	0	0.0	0	0.0	0	0.0	159	26.5	0	0.0	26.5	0.0	26.5	67
390	Harhoff	Amy	Airecentre Pacers	FSen	0	0.0	157	26.4	0	0.0	0	0.0	0	0.0	26.4	0.0	26.4	128
391	Taylor	Maureen	Abbey Runners	FV55	202	26.4	0	0.0	0	0.0	0	0.0	0	0.0	26.4	0.0	26.4	20
392	Tesseyman	Jane	Airecentre Pacers	FV45	236	13.9	0	0.0	228	12.4	0	0.0	0	0.0	26.3	0.0	26.3	68
393	Graham	June	Knaresborough Striders	FV50	0	0.0	0	0.0	0	0.0	189	12.6	217	13.6	26.2	0.0	26.2	45
394	Roberts	Anna	York Tri Club	FSen	203	26.0	0	0.0	0	0.0	0	0.0	0	0.0	26.0	0.0	26.0	129
395	Stuttard	Helen	St Theresa's AC	FSen	204	25.6	0	0.0	0	0.0	0	0.0	0	0.0	25.6	0.0	25.6	64
396	Murray	Becky	Valley Striders	FV35	0	0.0	0	0.0	0	0.0	195	9.8	212	15.6	25.4	0.0	25.4	65
397	Bourner	Wendy	Ackworth RR	FV45	0	0.0	0	0.0	0	0.0	0	0.0	188	25.2	25.2	0.0	25.2	69
398	Dickinson	Leashia	Saltire Striders	FV35	0	0.0	161	24.5	0	0.0	0	0.0	0	0.0	24.5	0.0	24.5	66
399	Jones	Anne	Valley Striders	FV45	0	0.0	0	0.0	230	11.6	0	0.0	220	12.4	24.0	0.0	24.0	70
400	Freeman	Helen	Eccleshill Road Runners	FV45	0	0.0	0	0.0	198	23.9	0	0.0	0	0.0	23.9	0.0	23.9	71
401	Lewis	Anne	Roundhay Runners	FV70	263	4.0	197	7.5	243	6.6	0	0.0	237	5.6	23.7	0.0	23.7	1
402	Owen	Melanie	Ackworth RR	FV35	251	8.4	0	0.0	222	14.7	0	0.0	0	0.0	23.1	0.0	23.1	67
403	Dobbs	Marina	Kippax Harriers	FV50	259	5.5	190	10.8	244	6.2	0	0.0	0	0.0	22.5	0.0	22.5	46
404	Copland	Sarah	Horsforth Harriers	FV35	0	0.0	0	0.0	0	0.0	0	0.0	196	22.0	22.0	0.0	22.0	68
405	Smith	Alison	Rothwell Harriers	FV40	244	11.0	0	0.0	233	10.4	0	0.0	0	0.0	21.4	0.0	21.4	56
406	Rhodes	Ann	Ackworth RR	FV60	0	0.0	168	21.2	0	0.0	0	0.0	0	0.0	21.2	0.0	21.2	12
407	Gowing	Amie	Ackworth RR	FSen	217	20.9	0	0.0	0	0.0	0	0.0	0	0.0	20.9	0.0	20.9	130
408	Dwyer	Angie	Chapel Allerton Runners	FV35	258	5.9	205	3.8	249	4.2	201	7.0	0	0.0	20.9	0.0	20.9	69
409	Kubasak	Aleksandra	Ackworth RR	FV35	218	20.5	0	0.0	0	0.0	0	0.0	0	0.0	20.5	0.0	20.5	70
410	Lowe	Liz	Roundhay Runners	FV45	0	0.0	0	0.0	0	0.0	172	20.5	0	0.0	20.5	0.0	20.5	72
411	Clark	Michaela	Abbey Runners	FV40	0	0.0	0	0.0	0	0.0	173	20.0	0	0.0	20.0	0.0	20.0	57
412	Jefferies	Kay	Hyde Park Harriers	FV45	267	2.6	201	5.7	240	7.7	215	0.5	242	3.6	20.0	0.5	19.5	73
413	Walker	Dawn	St Theresa's AC	FV50	0	0.0	173	18.9	0	0.0	0	0.0	0	0.0	18.9	0.0	18.9	47
414	Byrne	Kate	Knaresborough Striders	FV45	0	0.0	0	0.0	0	0.0	0	0.0	204	18.8	18.8	0.0	18.8	74
415	Line	Donna	Saltire Striders	FV35	224	18.3	0	0.0	0	0.0	0	0.0	0	0.0	18.3	0.0	18.3	71
416	Hartley	Alison	Eccleshill Road Runners	FV50	0	0.0	0	0.0	248	4.6	199	7.9	238	5.2	17.7	0.0	17.7	48
417	Stone	Kath	Saltire Striders	FV45	226	17.6	0	0.0	0	0.0	0	0.0	0	0.0	17.6	0.0	17.6	75
418	Hunter	Amy	Horsforth Harriers	FSen	246	10.3	0	0.0	258	0.8	208	3.7	244	2.8	17.5	0.0	17.5	131
419	Watkins	Alex	Saltire Striders	FV45	0	0.0	176	17.5	0	0.0	0	0.0	0	0.0	17.5	0.0	17.5	76
420	Hipkiss	Vicky	Kirkstall Harriers	FV45	255	7.0	0	0.0	245	5.8	206	4.7	0	0.0	17.4	0.0	17.4	77
421	Coffey	Maureen	Valley Striders	FV65	0	0.0	0	0.0	215	17.4	0	0.0	0	0.0	17.4	0.0	17.4	4
422	Coop	Nicki	St Theresa's AC	FV45	0	0.0	0	0.0	0	0.0	197	8.8	231	8.0	16.8	0.0	16.8	78
423	Rose	Sarah Jayne	Ackworth RR	FV40	232	15.4	0	0.0	0	0.0	0	0.0	0	0.0	15.4	0.0	15.4	58
424	McKnight	Lorraine	Eccleshill Road Runners	FV55	256	6.6	195	8.5	0	0.0	0	0.0	0	0.0	15.1	0.0	15.1	21
425	Adams	Victoria	Ackworth RR	FV50	233	15.0	0	0.0	0	0.0	0	0.0	0	0.0	15.0	0.0	15.0	49
426	Jowett	Hannah	Hyde Park Harriers	FV35	0	0.0	182	14.6	0	0.0	0	0.0	0	0.0	14.6	0.0	14.6	72
427	Russell	Sally	Kirkstall Harriers	FSen	235	14.3	0	0.0	0	0.0	0	0.0	0	0.0	14.3	0.0	14.3	132
428	Dewhurst	Carolyn	Abbey Runners	FV50	268	2.2	208	2.4	253	2.7	203	6.0	245	2.4	15.7	2.2	13.5	50
429	Thompson	Karen	Rothwell Harriers	FV40	238	13.2	0	0.0	0	0.0	0	0.0	0	0.0	13.2	0.0	13.2	59
430	Broadhead	Emma	Kippax Harriers	FV40	239	12.8	0	0.0	0	0.0	0	0.0	0	0.0	12.8	0.0	12.8	60
431	Spencer	Ruth	Abbey Runners	FV60	240	12.5	0	0.0	0	0.0	0	0.0	0	0.0	12.5	0.0	12.5	13
432	McDonald	Dorothy	Kippax Harriers	FV55	0	0.0	202	5.2	250	3.9	0	0.0	243	3.2	12.2	0.0	12.2	22
433	Youel	Karen	Ackworth RR	FV50	241	12.1	0	0.0	0	0.0	0	0.0	0	0.0	12.1	0.0	12.1	51
434	Larrington	Sarah Louise	Ackworth RR	FSen	253	7.7	204	4.2	0	0.0	0	0.0	0	0.0	11.9	0.0	11.9	133
435	O'Looney	Emma	Ilkley Harriers	FV45	0	0.0	0	0.0	0	0.0	191	11.6	0	0.0	11.6	0.0	11.6	79
436	Sherras	Karen	St Theresa's AC	FV40	273	0.4	0	0.0	231	11.2	0	0.0	0	0.0	11.6	0.0	11.6	61
437	Broadley	Kirsten	Rothwell Harriers	FV40	245	10.6	0	0.0	0	0.0	0	0.0	0	0.0	10.6	0.0	10.6	62
438	Eyres	Kathryn	Saltire Striders	FSen	247	9.9	0	0.0	0	0.0	0	0.0	0	0.0	9.9	0.0	9.9	134
439	Bell	Katie	Saltire Striders	FSen	0	0.0	0	0.0	0	0.0	0	0.0	227	9.6	9.6	0.0	9.6	135
440	Jones	Gillian	Eccleshill Road Runners	FV60	0	0.0	0	0.0	236	9.3	0	0.0	0	0.0	9.3	0.0	9.3	14
441	Hougham	Claire	Hyde Park Harriers	FV35	250	8.8	0	0.0	0	0.0	0	0.0	0	0.0	8.8	0.0	8.8	73
442	Shouler	Claire	Ilkley Harriers	FV50	265	3.3	0	0.0	257	1.2	210	2.8	248	1.2	8.4	0.0	8.4	52
443	Dawe	Nykie	Wetherby Runners	FV35	260	5.1	207	2.8	0	0.0	0	0.0	0	0.0	8.0	0.0	8.0	74
444	Harris	Joy	Chapel Allerton Runners	FV40	254	7.3	0	0.0	0	0.0	0	0.0	0	0.0	7.3	0.0	7.3	63
445	Richardson	Dawn	Knaresborough Striders	FV50	0	0.0	0	0.0	0	0.0	0	0.0	233	7.2	7.2	0.0	7.2	53
446	Price	Andrea	Knaresborough Striders	FV45	0	0.0	0	0.0	0	0.0	0	0.0	234	6.8	6.8	0.0	6.8	80
447	Jones	Liz	Hyde Park Harriers	FV55	262	4.4	0	0.0	254	2.3	0	0.0	0	0.0	6.7	0.0	6.7	23
448	Allen	Elizabeth	Chapel Allerton Runners	FV45	0	0.0	0	0.0	0	0.0	202	6.5	0	0.0	6.5	0.0	6.5	81
449	Wigglesworth	Amanda	Eccleshill Road Runners	FV40	0	0.0	209	1.9	255	1.9	0	0.0	246	2.0	5.8	0.0	5.8	64
450	Tinsdale	Samantha	St Theresa's AC	FV40	261	4.8	0	0.0	0	0.0	0	0.0	0	0.0	4.8	0.0	4.8	65
451	Lankester	Judy	Kippax Harriers	FV35	0	0.0	203	4.7	0	0.0	0	0.0	0	0.0	4.7	0.0	4.7	75
452	Riley																	