

**PECO Cross Country League 2013-4: Race 3 (Middleton Park)**  
**Senior Men's Results**

Position	Race No.	Surname	First Name	Club	Age Category
1	285	Adams	Tom	Ilkley Harriers	M Sen
2	682	Marchant	Paul	Rothwell Harriers	MV40
3	568	Holmes	Christian	Wharfedale Harriers	MV40
4	445	Pass	Simon	Saltaire Striders	MV40
5	101	Hopson	Pete	Bradford Airedale AC	M Sen
6	323	Branney	Peter	Kirkstall Harriers (2nd)	M Sen
7	371	Walker	Colin	Pudsey & Bramley	MV40
8	706	Bryant	Mark	Wetherby Runners (2nd)	MV40
9	703	Millgate	Paul	Wetherby Runners	MV40
10	444	Kerr	Will	Saltaire Striders	M Sen
11	310	Hallam	Matthew	Kippax Harriers	M Sen
12	386	Smith	Mark	Rothwell Harriers	M Sen
13	400	Blackburn	Ross	Rothwell Harriers	M Sen
14	421	Bedford	Andy	Saltaire Striders	M Sen
15	239	Ogden	Kevin	Hyde Park Harriers (2nd)	MV40
16	1627	Brooksbank	Simon	Harrogate & York Tri Clubs	M Sen
17	1601	Alexander	Sam	Abbey Runners (2nd)	M Sen
18	480	Keedy	Michael Craig	STAC	MV40
19	22	Livermore	Phil	Abbey Runners	M Sen
20	299	Newell	Matthew	Ilkley Harriers	M Sen
21	175	McKenna	James	Harrogate & York Tri Clubs	M Sen
22	527	Ladyman	Jeremy	Valley Striders	M Sen
23	89	Morris	Will	Airecentre Pacers	M Sen
24	255	Mann	Chris	Hyde Park Harriers	M Sen
25	709	Nelson	Paul	Wetherby Runners	MV45
26	513	Fotherby	Paul	Valley Striders	M Sen
27	383	Holah	Jon	Pudsey & Bramley	MV50
28	349	Brydon	Alan	Kirkstall Harriers	M Sen
29	174	Anderson	Ian	Harrogate & York Tri Clubs	MV40
30	262	Cross	Dan	Hyde Park Harriers	M Sen
31	125	Easton	Christian	Chapel Allerton	M Sen
32	198	Furness	Rob	Horsforth Harriers	M Sen
33	702	Bewell	Richard	Wetherby Runners	MV50
34	1686	Robson	John	STAC	M Sen
35	36	Weatherhead	Greg	Abbey Runners	M Sen
36	296	Lamb	Gavin	Ilkley Harriers	M Sen
37	1666	Thomas	Gwil	Valley Striders	M Sen
38	70	Lines	Charlie	Ackworth RR	MV50
39	103	Mills	Gerard	Bradford Airedale AC	MV45
40	183	Buckley	Tim	Harrogate & York Tri Clubs	M Sen
41	237	Henderson	Scott	Hyde Park Harriers	M Sen
42	27	Owen	Robin	Abbey Runners	M Sen
43	26	Nurse	Dominic	Abbey Runners	MV45
44	44	Furlong	Ian	Abbey Runners	M Sen
45	321	Anderson	Scott	Kirkstall Harriers	M Sen
46	252	Karanasios	Stan	Hyde Park Harriers	M Sen
47	779	Colley	Ashley	Valley Striders (2nd)	M Sen
48	497	Shooter	Graham	STAC	MV45
49	451	Ward	Gareth	Saltaire Striders	M Sen
50	775	Webb	Steve	Valley Striders	MV50
51	483	Love	Raymond	STAC	MV45
52	142	Goodall	James	Eccleshill RR	M Sen
53	350	Cross	Andrew	Kirkstall Harriers (2nd)	M Sen
54	43	Haddon	Kirk	Abbey Runners	M Sen
55	538	Panesar	Rav	Valley Striders	M Sen
56	492	Phelan	Ross	STAC	M Sen
57	265	Ewen	Shane	Hyde Park Harriers (2nd)	M Sen
58	399	Ball	Jonathan	Rothwell Harriers	M Sen
59	220	Monaghan	Mark	Horsforth Harriers	M Sen
60	528	Loftus	Mick	Valley Striders	MV45

61	546	Gray	Rob	Wetherby Runners	MV50
62	187	Pinder	Mark	Harrogate & York Tri Clubs	M Sen
63	777	Wilkins	Steve	Valley Striders	M Sen
64	376	Bourke	Niall	Pudsey & Bramley	M Sen
65	429	Fillingham	Martin	Saltaire Striders	MV40
66	402	Brown	Paul	Rothwell Harriers	MV45
67	333	Joyce	Richard	Kirkstall Harriers	M Sen
68	1647	Wood	John	Rothwell Harriers	M Sen
69	762	Shanks	John	Valley Striders	M Sen
70	235	Tranter	Colin	Hyde Park Harriers	M Sen
71	57	Ball	Aiden	Ackworth RR (2nd)	MV40
72	1625	Sleigh	Duncan	Harrogate & York Tri Clubs	M Sen
73	601	Dodds	Allan	Roundhay Runners	M Sen
74	672	Binks	Dan	Horsforth Harriers	MV40
75	800	Dilasser	Jamie	Harrogate Harriers	MV40
76	782	Sampson	Ian	Valley Striders	MV50
77	52	Mills	Mark	Ackworth RR	M Sen
78	184	Andrew	Timothy	Harrogate & York Tri Clubs	M Sen
79	515	Giddings	Joel	Valley Striders	MV40
80	772	Vallance	Simon	Valley Striders	MV45
81	91	Stoneman	Dave	Airecentre Pacers	M Sen
82	213	Edmondson	Neal	Horsforth Harriers	M Sen
83	199	Sunley	Richard	Horsforth Harriers	MV45
84	377	Alder	Scott	Pudsey & Bramley	M Sen
85	504	Bibby	Ross	Valley Striders	M Sen
86	128	Keen	Nick	Chapel Allerton	M Sen
87	12	Foster	Richard	Abbey Runners	M Sen
88	532	Mcmullan	Kevin	Valley Striders	MV45
89	397	Westmoreland	Jason	Rothwell Harriers	MV45
90	1691	Samuels	Rob	Pudsey Pacers	M Guest
91	731	Ogden	Ian	Saltaire Striders (2nd)	MV40
92	398	Knight	Hadrian	Rothwell Harriers	MV40
93	7	Clark	Duncan	Abbey Runners	MV50
94	765	Smyth	Jonathan	Valley Striders	M Sen
95	442	Nash	Ali	Saltaire Striders	MV40
96	388	Fleming	Andrew	Rothwell Harriers	M Sen
97	404	Hartley	Adam	Rothwell Harriers	M Sen
98	356	Coldwell	Ben	Kirkstall Harriers	M Sen
99	54	Holt	Neil	Ackworth RR	M Sen
100	117	Allison	David	Chapel Allerton	MV40
101	124	Doveston	Richard	Chapel Allerton	M Sen
102	542	Penman	Dave	Valley Striders	M Sen
103	219	Monaghan	Nigel	Horsforth Harriers	MV55
104	339	Moger	Adam	Kirkstall Harriers	M Sen
105	427	Chambers	Mick	Saltaire Striders	MV60
106	670	Field	Karl	Horsforth Harriers	M Sen
107	535	Murray	Dan	Valley Striders	M Sen
108	1684	Miller	Paul	Kirkstall Harriers	M Sen
109	603	Helmore	Stu	Roundhay Runners	M Sen
110	701	Jesson	James	Wetherby Runners	M Sen
111	450	Verity	Jack	Saltaire Striders	MV55
112	204	Raby	Steve	Horsforth Harriers	MV50
113	440	Asquith	Lee	Saltaire Striders	M Sen
114	244	Jackson	Matt	Hyde Park Harriers	M Sen
115	328	Glover	Christopher	Kirkstall Harriers	MV50
116	158	Richardson	Tim	Harrogate Harriers	M Sen
117	394	Wilson	Richard	Rothwell Harriers	MV40
118	763	Smith	Paul	Valley Striders	MV40
119	743	Maddock	William	Harrogate & York Tri Clubs	M Sen
120	270	Saunders	Stu	Hyde Park Harriers	M Sen
121	253	Pinnock	Matt	Hyde Park Harriers	M Sen
122	565	Whitaker	Rob	Wetherby Runners	M Sen
123	274	Newell	Steve	Ilkley Harriers	MV45
124	23	MacCarthy	Sean	Abbey Runners	MV45

125	639	O'Toole	John-Paul	STAC	MV40
126	1603	Cavill	Gareth	Abbey Runners	MV40
127	780	Stoneman	Andy	Valley Striders	MV40
128	494	Schofield	Alan	STAC	MV50
129	202	De Roux	Garth	Horsforth Harriers	M Sen
130	463	Anderson	Peter	STAC	MV50
131	521	Irvine	Richard	Valley Striders	MV40
132	460	Hudson	Bob	Saltaire Striders	M Sen
133	671	Achard	Lio	Horsforth Harriers	MV40
134	355	Webb	Stephen	Kirkstall Harriers	M Sen
135	317	Downham	Ian	Kippax Harriers	MV45
136	15	Halliwell	John	Abbey Runners	MV50
137	674	Burton	Neil	Horsforth Harriers	M Sen
138	467	Booth	Kevin	STAC	M Sen
139	1678	Dawson	Peter	Rothwell Harriers	MV40
140	1682	Hauser	Andy	Knaresborough Striders	M Guest
141	448	Stone	Richard	Saltaire Striders	MV45
142	613	Carvello	James	Roundhay Runners	M Sen
143	605	Urquhart	Alistair	Roundhay Runners	MV45
144	410	Randall	Marc	Rothwell Harriers	M Sen
145	430	Frazer	Simon	Saltaire Striders	M Sen
146	519	Huggins	Roy	Valley Striders	MV50
147	1696	Jones	Chris	Hyde Park Harriers	MV55
148	391	Beecroft	David	Rothwell Harriers	MV50
149	1688	Padgett	Tony	Chapel Allerton	M Sen
150	315	Harvey	Leigh	Kippax Harriers	M Sen
151	127	Price	Dan	Chapel Allerton	M Sen
152	134	Taylor	Steve	Chapel Allerton	MV45
153	256	Hartley	Ben	Hyde Park Harriers	M Sen
154	139	Yates	Jonathan	Chapel Allerton	M Sen
155	541	Pawley	Graham	Valley Striders	MV45
156	434	Jones	Chris	Saltaire Striders	M Sen
157	795	Hirst	Geoff	Harrogate Harriers	M Sen
158	1602	Rank	Nick	Abbey Runners	M Sen
159	750	Feetenby	Lee	Harrogate & York Tri Clubs	M Sen
160	272	Heavisides	Henry	Ilkley Harriers	MV55
161	560	McKaine	Nigel	Wetherby Runners	MV50
162	749	Dye	Mark	Harrogate & York Tri Clubs	MV45
163	157	Blane	Jon	Harrogate Harriers	MV50
164	176	Bevan	John	Harrogate & York Tri Clubs	MV45
165	58	Tipton	Craig	Ackworth RR	MV40
166	56	Sproston	Rob	Ackworth RR	M Sen
167	1641	Smith	Jamie	Roundhay Runners	M Sen
168	1687	Tancos	Harry	Rothwell Harriers	M Guest
169	193	Eagle	Jon	Horsforth Harriers	MV50
170	623	Nicholas	Kevin	Dragons RC	MV45
171	207	Hingley	James	Horsforth Harriers	M Sen
172	1610	Shaw	Martin	NYP Tri	M Guest
173	530	Marsh	Rob	Valley Striders	MV40
174	1679	Bennett	Jim	Knavesmire Harriers	M Guest
175	156	Kirk	Stephen	Harrogate Harriers	MV40
176	1677	Thornton	Andy	Saltaire Striders	MV50
177	499	Vaughan	Nathan	STAC	MV40
178	548	Wright	Stephen	Wetherby Runners	M Sen
179	578	Leach	Scott	Fellandale	M Sen
180	248	Sayers	Richard	Hyde Park Harriers	M Sen
181	50	Hughes	David	Ackworth RR	M Sen
182	537	Pagdin	Andy	Valley Striders	MV50
183	120	Calver	Robert	Chapel Allerton	MV40
184	686	Emms	Philip	Rothwell Harriers	M Sen
185	121	Crossan	Paul	Chapel Allerton	MV50
186	181	Wray	Scott	Harrogate & York Tri Clubs	MV40
187	707	Fennah	David	Wetherby Runners	MV40
188	507	Curran	Tom	Valley Striders	M Sen

189	370	Rhodes	Adam	Kirkstall Harriers	M Sen
190	218	McGeever	Philip	Horsforth Harriers	MV50
191	28	Patchett	Ian	Abbey Runners	MV50
192	48	Daniels	Craig	Ackworth RR	M Sen
193	766	Steele	Joe	Valley Striders	MV40
194	69	Byrom	Adrian	Ackworth RR	MV50
195	433	Jones	Ian	Saltaire Striders	MV45
196	461	Ebrey	Paul	STAC	MV40
197	401	Pailing	Keith	Rothwell Harriers	MV60
198	409	Bowers	Paul	Rothwell Harriers	MV45
199	163	Andralojc	Nick	Harrogate Harriers	MV50
200	559	Bell	Richard	Wetherby Runners	MV45
201	617	Johnson	Des	Roundhay Runners	MV45
202	453	Wright	Jeremy	Saltaire Striders	MV50
203	365	Stairmand	Paul	Kirkstall Harriers	M Sen
204	168	Broomfield	Tim	Harrogate Harriers	MV55
205	424	Brearley	Mick	Saltaire Striders	MV50
206	1676	Leung	Andrew	Chapel Allerton	M Sen
207	1685	Dazin	Timothe	Kirkstall Harriers	M Sen
208	1689	Mills	Jonathan	Chapel Allerton	M Sen
209	190	England	Mike	Harrogate & York Tri Clubs	M Sen
210	65	Wigglesworth	Mick	Ackworth RR	MV45
211	245	Crawford	Gordon	Hyde Park Harriers	MV60
212	1632	Hodgson	Mark	STAC	MV40
213	475	Gill	Christopher	STAC	MV65
214	481	Lenaghan	Marc	STAC (2nd)	MV40
215	691	Steel	Phil	Fellandale	M Sen
216	403	Leech	Jake	Rothwell Harriers	M Sen
217	395	Farnell	Peter	Rothwell Harriers	MV40
218	37	Whittaker	Jim	Abbey Runners	MV45
219	606	Ayre	Mark	Roundhay Runners	MV45
220	135	Sykes	Russel	Chapel Allerton	MV40
221	1690	Butler	Dave	Pudsey Pacers	M Guest
222	46	Leach	Joe	Ackworth RR	M Sen
223	752	Coultrup	Olly	Hyde Park Harriers	M Sen
224	122	Cuthbertson	Nic	Chapel Allerton	MV50
225	344	Savage	Martin	Kirkstall Harriers	M Sen
226	1633	Johnson	Peter	Abbey Runners	MV50
227	447	Spink	Stewart	Saltaire Striders	MV45
228	764	Smyth	Alistair	Valley Striders	MV55
229	231	Fox	Ken	Hyde Park Harriers	MV55
230	687	Downham	Richard	Rothwell Harriers	M Sen
231	34	Smith	Mike	Abbey Runners	MV40
232	143	Stanhope	Paul	Eccleshill RR	MV50
233	64	Routledge	Jonathan	Ackworth RR	MV45
234	201	McCleave	Martin	Horsforth Harriers	MV45
235	182	Lightfoot	Terry	Harrogate & York Tri Clubs	MV45
236	540	Parton	Adam	Valley Striders	MV40
237	222	Sanders	Ed	Horsforth Harriers	M Sen
238	261	Waas	Dan	Hyde Park Harriers	M Sen
239	577	Gebbett	Martin	Fellandale	MV50
240	19	Jones	Martin	Abbey Runners	MV40
241	230	Womersley	David	Hyde Park Harriers	MV60
242	290	Bastow	Adrian	Ilkley Harriers	MV45
243	558	Turner	Steven	Wetherby Runners	MV40
244	179	Laughton	Mark	Harrogate & York Tri Clubs	MV45
245	679	Rhodes	Trevor	Eccleshill RR	MV50
246	72	Knowles	Michael	Ackworth RR	MV50
247	327	Cook	Sean	Kirkstall Harriers	M Sen
248	488	Moore	John	STAC	M Sen
249	164	Simmons	Dan	Harrogate Harriers	MV50
250	63	Leech	Guy	Ackworth RR	MV45
251	304	Fletcher	Bruce	Kippax Harriers	MV40
252	1643	Nock	Adrian	Roundhay Runners	MV40

253	308	Cullen	Andrew	Kippax Harriers	M Sen
254	1615	Philips	Mark	Rodillian Runners	M Guest
255	406	Wyke-Ulliott	Edward	Rothwell Harriers	MV40
256	180	Duffy	Michael	Harrogate & York Tri Clubs	MV55
257	346	Thomas	Richard	Kirkstall Harriers	MV50
258	332	Hutchinson	John	Kirkstall Harriers	MV65
259	1683	Tait	Simon	Harrogate & York Tri Clubs	MV40
260	35	Ward	John	Abbey Runners	MV60
261	711	Potts	John	Kirkstall Harriers	MV60
262	506	Coles	Malcolm	Valley Striders	MV70
263	556	Keenan	Garry	Wetherby Runners	MV45
264	335	Kirby	Andrew	Kirkstall Harriers	M Sen
265	55	Smart	Richard	Ackworth RR	M Sen
266	227	Pullan	Rick	Hyde Park Harriers	MV55
267	354	Wallace	Neil	Kirkstall Harriers (2nd)	M Sen
268	625	Bryant	Peter	Dragons RC	MV45
269	435	Lerner	Barney	Saltaire Striders	MV60
270	413	Ward	Roger	Rothwell Harriers	MV50
271	123	Derry	Joseph	Chapel Allerton	M Sen
272	1681	Green	Mark	Saltaire Striders	M Guest
273	173	Bramley	Dave	Harrogate & York Tri Clubs	M Sen
274	566	Madhas	Raj	Wharfedale Harriers	MV45
275	1660	Watmuff	Gavin	Airecentre Pacers	MV45
276	145	Hogan	Mick	Eccleshill RR	MV50
277	361	Durkan	John	Kirkstall Harriers	MV40
278	62	Leach	Adrian	Ackworth RR	MV45
279	61	Hopkins	Lee	Ackworth RR	MV40
280	616	Wilkie	Pete	Roundhay Runners	M Sen
281	223	Hewland	Nick	Horsforth Harriers	M Sen
282	1629	Porritt	Stephen	Harrogate & York Tri Clubs	M Sen
283	1694	Taverner	Ron	Horsforth Harriers	MV45
284	165	Green	Alex	Harrogate Harriers	M Sen
285	422	Beecroft	Frank	Saltaire Striders	MV45
286	154	Brew	Pat	Harrogate Harriers	MV55
287	584	Brennan	Sean	Knaresborough Striders	MV45
288	60	Guy	Kevin	Ackworth RR	MV40
289	205	Coates	Martin	Horsforth Harriers	M Sen
290	258	Scanlon	Shane	Hyde Park Harriers	M Sen
291	192	Bradley	Craig	Horsforth Harriers	MV45
292	1693	Hallas	Simon	Rothwell Harriers	M Sen
293	431	Huby	Pete	Saltaire Striders	MV50
294	456	Scott	Mark	Saltaire Striders	MV40
295	673	Griffiths	Ian	Horsforth Harriers	M Sen
296	160	Seymour	Mark	Harrogate Harriers	MV50
297	6	Browne	Martin	Abbey Runners	MV45
298	151	Essex	Tony	Harrogate Harriers	MV60
299	232	Kidner	Ralph	Hyde Park Harriers	MV55
300	624	Peck	Simon	Dragons RC	MV55
301	5	Brownbridge	Gary	Abbey Runners	MV50
302	177	Cooper	Jon	Harrogate & York Tri Clubs	MV40
303	29	Perkins	Jim	Abbey Runners	MV40
304	1618	Byrom	Andrew	Eccleshill RR (2nd)	MV45
305	148	Ellison	Garry	Eccleshill RR	MV50
306	172	Sampson	Danny	Harrogate & York Tri Clubs	MV40
307	316	Messenger	John	Kippax Harriers	MV65
308	51	Spencer	Jim	Ackworth RR	M Sen
309	247	Mason	Jonathan	Hyde Park Harriers	M Sen
310	329	Glover	Paul	Kirkstall Harriers	MV65
311	549	Callaghan	Peter	Wetherby Runners	MV50
312	512	Ford	Graham	Valley Striders	MV50
313	149	Ross	Lyndon	Eccleshill RR	MV50
314	95	Smith	Andrew	Airecentre Pacers	MV50
315	423	Bellwood	Tim	Saltaire Striders	M Sen
316	500	Williams	Jamie	STAC	M Sen

317	1608	Limb	Daniel	Rodillian Runners	M Guest
318	25	Neugebauer	Rolf	Abbey Runners	MV50
319	522	Jackson	Bob	Valley Striders	MV60
320	637	Gall	Stuart	STAC	M Sen
321	663	Johnson	Malcolm	Horsforth Harriers	MV60
322	146	Steele	Marc	Eccleshill RR	M Sen
323	309	Durkin	Paul	Kippax Harriers	MV50
324	196	Little	Gordon	Horsforth Harriers	MV65
325	604	Shaw	Stephen	Roundhay Runners	MV45
326	74	Zywicki	Paul	Ackworth RR	MV50
327	746	Schofield	Peter	Harrogate & York Tri Clubs	MV65
328	279	Morley	Eric	Ilkley Harriers	MV60
329	1663	Crabtree	Paul	Dragons RC	M Sen
330	288	Lewis	Peter	Ilkley Harriers	MV65
331	681	Sanderson	Paul	Rothwell Harriers	MV50
332	1680	Osborne	Mick	Harrogate & York Tri Clubs	M Guest
333	1692	Loftus	Shaun	STAC	MV45
334	564	Dennison	Paul	Wetherby Runners (2nd)	MV50
335	1642	Rayner	Ian	Roundhay Runners	MV45
336	21	Lennon	Laurence	Abbey Runners	MV50
337	518	Haygarth	Tony	Valley Striders	MV65
338	88	Hill	Chris	Airecentre Pacers	MV55
339	462	Jones	Richard	STAC	M Sen
340	141	Perfitt	Brian	Eccleshill RR	MV40
341	144	Sutton	Robert	Eccleshill RR	MV50
342	457	Rose	Simon	Saltaire Striders	MV45
343	331	Hey	Peter	Kirkstall Harriers	MV60
344	352	Nundy	James	Kirkstall Harriers	M Sen
345	191	Park	Keith	Horsforth Harriers	MV55
346	336	Langdana	Burjor	Kirkstall Harriers	MV45
347	93	Rivers	Tony	Airecentre Pacers	MV45
348	30	Persico	Peter	Abbey Runners	M Sen
349	659	Taylor	Ian	Horsforth Harriers	MV45
350	4	Brooksbank	John	Abbey Runners	MV55
351	470	Boyle	Peter	STAC	MV60
352	109	Wilcox	Steven	Bradford Airedale AC	MV50
353	107	Markey	Barry	Bradford Airedale AC	MV55
354	472	Coop	Philip	STAC	MV50
355	99	Garnett	Chris	Airecentre Pacers	M Sen
356	224	Kaiser	Ken	Horsforth Harriers	MV60
357	478	Jackson	Jude	STAC	M Sen
358	685	Lacy	Terry	Rothwell Harriers	MV45
359	797	Tesseyman	Andrew	Airecentre Pacers	MV50
360	509	Felton	Paul	Valley Striders	MV40
361	366	Hooban	Matt	Kirkstall Harriers	M Sen
362	1622	Hewitt-Wood	Ash	Roundhay Runners	M Sen
363	188	Lamlough	Tim	Harrogate & York Tri Clubs	MV50
364	474	Gardner	Andrew	STAC	MV60
365	20	Leach	Peter	Abbey Runners	MV65
366	108	Binns	Richard	Bradford Airedale AC	MV40
367	713	Meta	James	Kirkstall Harriers	MV55
368	87	Tupling	Simon	Airecentre Pacers	MV45
369	312	Kitchen	Jay	Kippax Harriers	MV50
370	612	Bloomfield	Jim	Roundhay Runners	M Sen
371	664	Croston	Paul	Horsforth Harriers	MV45
372	340	Nesden	Patrick	Kirkstall Harriers	MV60
373	77	Denton	Jeff	Ackworth RR	MV60
374	471	Bullough	Tony	STAC	MV65
375	455	Kingsnorth	Simon	Saltaire Striders	MV45
376	669	Scanlon	Peter	Horsforth Harriers	MV65
377	78	Barton	Ken	Ackworth RR	MV60
378	753	Jones	Paul	Hyde Park Harriers	M Sen
379	11	Foster	Bernard	Abbey Runners	MV65
380	267	Maddock	Andrew	Hyde Park Harriers	M Sen

381	362	Bromley	Russell	Kirkstall Harriers	M Sen
382	233	Mason	Mick	Hyde Park Harriers	MV45
383	1673	Goodyear	David	Eccleshill RR	MV45
384	676	Cartwright	Dave	Eccleshill RR	MV60
385	250	Edwards	Richard	Hyde Park Harriers	M Sen
386	523	Jones	Dave	Valley Striders	MV50
387	85	Dodd	Brian	Ackworth RR	MV75