

**PECO Cross Country League (2009-10): Race 3 (Nell Bank)  
Senior Ladies Results**

Position	Surname	Forename	Club	Cat	Tally No
1	Smith	Gemma	Kirkstall	s	1
2	Banks	Faye	Ackworth	s	2
3	Malir	Sally	Ilkley	45	3
4	Bell	Kate	Abbey	35	4
5	Harrison	Kelly	Ilkley	s	5
6	Saunders	Alex	Kirkstall	s	6
7	Bennet	Alison	Ilkley	45	7
8	Crooks	Anna	Chapel Allerton	s	9
9	Haggar	Diane	Ilkley	45	10
10	Pilling	Rachel	Kirkstall	s	11
11	Grant	Sarah	Abbey	40	12
12	Macdonald	Wanda	STAC	45	13
13	Hague	Leanne	Kippax	35	14
14	Williams	Helen	Virgin Active	s	15
15	Howells	Judy	Chapel Allerton 2nd	35	16
16	Smith	Janette	Ilkley	40	17
17	Blackburn	Serena	Horsforth	40	18
18	Mon-Williams	Rebecca	Ilkley	40	19
19	Sunderland	Sue	Valley S	45	20
20	Clegg	Lindsey	Horsforth	s	21
21	McCarthy	Christine	Ackworth	45	22
22	Willingham	Jen	St Bede's	s	23
23	Gaskin	Gillian	Horsforth	35	24
24	O` Sullivan	Sarah	Horsforth	s	25
25	Drury	Olwen	STAC	60	26
26	King	Sheila	Kirkstall	40	27
27	Hawswell	Sophie	Horsforth	s	28
28	Mills	Khara	Virgin Active	35	29
29	Wilding	Polly	Abbey	35	30
30	Hudson	Cloe	Valley S	s	31
31	Bretley	Ailsa	Chapel Allerton	s	32
32	Hallam	Jane	Abbey	45	33
33	Beaumont	Jenny	Airecentre	s	35
34	Ball	Karen	Ackworth	s	36
35	Brown	Sophie	Ilkley	35	37
36	Hulme-Vickerstaff	Lisa	Abbey	40	38
37	Kitchen	Diane	Ilkley	50	39
38	Boyle	Alison	Virgin Active	s	40
39	Tombs	Gail	Abbey	55	41
40	Tansley	Sharon	Valley S	s	42
41	Glass	Jackie	Airecentre	35	43
42	Gooch	Rebecca	Chapel Allerton	40	44
43	Trusson	Ann	Airecentre	35	45

44	Love	Helen	St Bede's	50	46
45	Dickinson	Tina	Horsforth	50	47
46	Spencer	Collette	Kirkstall	35	48
47	Salih	Jasmine	Abbey	35	49
48	Dyer	Sara	Valley S	50	50
49	Morris	Lynne	Airecentre	60	51
50	Ramsden	Denise	Rothwell	40	52
51	Swallow	Helen	STAC	40	53
52	Johnson	Angela	Horsforth	55	54
53	Ricci	Alison	Ilkley	40	55
54	Aston	Lou	Kippax	s	56
55	Kidd	Kate	Kippax	35	57
56	Cubitt	Rhona	Virgin Active	s	58
57	Ward	Vikki	Horsforth	35	59
58	Chapman	Wendy	Kippax	50	60
59	Hobson	Jill	Horsforth	35	61
60	Smith	Emma	Ackworth	35	62
61	Grey	Cath	Horsforth	50	63
62	Woodeson	Sarah	Horsforth	35	64
63	Bell	Gemma	St Bede's	s	65
64	Pell	Val	Kippax	50	66
65	Donohue	Lynn	Dragons	45	67
66	James	Julie	STAC	45	68
67	Neilson	Rhona	Airecentre	s	69
68	Kitchen	Carol	Kippax	45	70
69	Blackwell	Pauline	STAC	50	71
70	Jackson	Louise	Ilkley	40	72
71	Stead	Julie	Airecentre	45	73
72	Eyres	Michelle	St Bede's	45	74
73	Penrose	Kate	Kippax	55	75
74	Hall	Christine	Ackworth	50	76
75	Pickering	Sally	Ilkley	45	77
76	Morath	Hetta	Abbey	65	78
77	Stocks	Jill	Kirkstall	s	79
78	Martin	Ann	Kippax	55	80
79	Duff	Michelle	Kippax	50	81
80	Foster	Sue	Virgin Active	35	82
81	Hardman	Pauline	STAC	60	83
82	Line	Donna	St Bede's	s	84
83	Palmer	Kelly	Kippax	55	85
84	Braham	Linda	Airecentre	50	86
85	Wharam	Hilary	Horsforth	65	87
86	Fawcett	Kay	Virgin Active	40	88
87	Jones	Liz	Virgin Active	50	89
88	Tawfik	Hamsa	Virgin Active	s	90
89	Glynn	Janet	Virgin Active	35	91