

**PECO Cross Country League 2019-20: Race 3 (Crimple Valley, Harrogate)
Senior Men's Results**

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	5949	Valero Palacios	Marcos Angel	Roundhay Runners	MSEN	31:36	1		
2	5090	Forrest	Terence	Ackworth Road Runners	M35	32:30	1	Y	
3	4831	Smith	Will	Halifax Harriers & AC	M40	33:15	1		Y
4	6441	Hobbs	John	Valley Striders	M40	33:21	2		
5	5409	Douglas	Benjamin	Hyde Park Harriers	MSEN	33:30	2	Y	
6	5341	Boynton	Philip	Horsforth Harriers	MSEN	33:44	3		
7	6452	Millgate	Paul	Wetherby Runners AC	M45	33:49	1		
8	6159	Venning	Tom	Valley Striders	M40	33:56	3		
9	5995	Kerr	Will	Saltaire Striders	M40	34:01	4		
10	5212	Robins	Sam	Chapel Allerton Runners	MSEN	34:04	4		
11	6100	Grant	Daniel	Valley Striders	MSEN	34:45	5		
12	4766	Young	Jonathan	Valley Striders	MSEN	34:51	6		
13	5443	Lomas	Adam	Hyde Park Harriers	MSEN	34:52	7		
14	5003	Armstrong	Ross	Abbey Runners	MSEN	34:54	8		
15	5487	Mckeown	Daniel	Ilkley Harriers	M40	34:56	5		
16	5480	Gott	Steven	Ilkley Harriers	M40	34:59	6		
17	6410	Brown	Andy	Saltaire Striders	M50	35:04	1		
18	6400	Beyene	Tekie	Roundhay Runners	MSEN	35:12	9		
19	6444	Panesar	Rav	Valley Striders	M35	35:14	2		
20	6219	Green	Sam	Wharfedale Harriers	MSEN	35:15	10		
21	4740	Anderson	George	Hyde Park Harriers	MSEN	35:20	11		
22	5867	Josephs	Daniel	Roundhay Runners	MSEN	35:24	12	Y	
23	5308	Somerville	Gareth	Harrogate Harriers & AC	MSEN	35:27	13		
24	5865	Jenner	Tim	Roundhay Runners	MSEN	35:28	14		
25	4915	Maierr	Fred	Wharfedale Harriers	MSEN	35:29	15		Y
26	4736	Culmer	Pete	Horsforth Harriers	M35	35:29	3		
27	6139	Pownall	Jonathan	Valley Striders	MSEN	35:30	16		
28	5351	Edmondson	Neal	Horsforth Harriers	MSEN	35:31	17		
29	6218	Driver	David	Wharfedale Harriers	M40	35:35	7		
30	6489	Furness	Rob	Wharfedale Harriers	M35	35:41	4		
31	4871	Kirkham	David	Wharfedale Harriers	M40	35:42	8		
32	5274	Bryant	Mark	Harrogate Harriers & AC	M45	35:45	2		
33	4923	Jenkins	Liam	Abbey Runners	MSEN	35:52	18		
34	5149	Humphries	Andrew	Airecentre Pacers	MSEN	35:53	19		
35	6404	Pinn	Steve	Roundhay Runners	M40	35:58	9		
36	6105	Hibberd	Daryl	Valley Striders	MSEN	36:01	20		
37	5173	Booth	Alexander	Chapel Allerton Runners	MSEN	36:02	21		
38	5205	Mortimer	Charles	Chapel Allerton Runners	M35	36:08	5		
39	6428	Grace	Shane	St Therasas AC	M40	36:12	10		
40	6447	Thomas	Tom	Valley Striders	MSEN	36:15	22		
41	5055	Newbould	Ed	Abbey Runners	MSEN	36:16	23		
42	5041	Jones	Simon	Abbey Runners	MSEN	36:16	24		
43	6008	Richardson	Matthew	Saltaire Striders	M35	36:22	6		
44	5895	Newell	Matt	Roundhay Runners	M35	36:23	7		
45	5844	Gibbs	Richard	Roundhay Runners	M40	36:23	11		
46	6235	Willis	Ian	Wharfedale Harriers	M45	36:25	3	Y	
47	4737	Gray	David	Horsforth Harriers	MSEN	36:34	25		
48	5986	Fillingham	Martin	Saltaire Striders	M45	36:38	4		
49	5885	Moakler	Ben	Roundhay Runners	M35	36:40	8		
50	6094	Fisher	Daniel	Valley Striders	M35	36:41	9		
51	6056	Robson	John	St Therasas AC	M40	36:43	12		

52	5361	Johnston	Ben	Horsforth Harriers	M35	36:48	10		
53	6247	Ellwood	Glynn	York Postal Harriers	MSEN	36:53	26	Y	
54	5599	Morland	Stephen	Knaresborough Striders	M45	36:55	5		
55	5813	Carvello	James	Roundhay Runners	M40	36:57	13		
56	5130	Walker	Bradley	Ackworth Road Runners	MSEN	37:01	27		
57	5728	Blackburn	Ross	Rothwell Harriers & AC	MSEN	37:06	28		
58	5951	Walker	Bobak	Roundhay Runners	M35	37:07	11		
59	5923	Ryder	Alistair	Roundhay Runners	MSEN	37:08	29		
60	6364	Coldwell	Ben	Kirkstall Harriers	MSEN	37:16	30		
61	5013	Clark	Cal	Abbey Runners	MSEN	37:20	31		
62	5356	Gidlow	Paul	Horsforth Harriers	M45	37:21	6		
63	5419	Garratt	Richard	Hyde Park Harriers	M40	37:24	14		
64	5662	Patrickson	Alex	Nidd Valley Road Runners	MSEN	37:25	32		
65	5246	Forey	Jonathan	Dragons Running Club	M50	37:28	2		
66	5564	Pullan	Andy	Kirkstall Harriers	MSEN	37:29	33		
67	4907	Hutchinson	Ross	Abbey Runners	M35	37:29	12		Y
68	5282	Harrison	Matthew	Harrogate Harriers & AC	MSEN	37:31	34		
69	5888	Morton	Joseph	Roundhay Runners	M35	37:35	13		
70	5832	Drake	Richard	Roundhay Runners	M40	37:37	15		
71	4855	Schofield	Trevor	Ripon Runners	MSEN	37:38	35		Y
72	5193	Harrold	Brian	Chapel Allerton Runners	MSEN	37:41	36		
73	5496	Sawyer	Jaysson	Ilkley Harriers	M40	37:43	16		
74	6409	Bond	Richard	Saltaire Striders	M40	37:44	17		
75	4828	Ingoe	Anthony	Dragons Running Club	M35	37:51	14		
76	5158	Forsyth	Andrew	Askern District RC	M55	37:59	1		Y
77	4826	Bell	George	Chapel Allerton Runners	MSEN	38:08	37		
78	5184	Fall	Chris	Chapel Allerton Runners	MSEN	38:08	38		
79	5653	Lofthouse	Martin	Nidd Valley Road Runners	M50	38:11	3		
80	6127	Mann	Gary	Valley Striders	M35	38:16	15		
81	5414	Fulton	Aron	Hyde Park Harriers	MSEN	38:19	39		
82	5563	O'brien	Alan	Kirkstall Harriers	M35	38:20	16		
83	5982	Dunbar	Stuart	Saltaire Striders	M55	38:26	2		
84	5591	Kilmurray	Tom	Knaresborough Striders	MSEN	38:27	40		
85	6185	Davey	Richard	Wetherby Runners AC	M45	38:29	7		
86	6298	Teggart	David	Bradford Airedale AC	M40	38:31	18		
87	4752	Kludt	Steffen	Roundhay Runners	MSEN	38:34	41		
88	5546	Grist	Paul	Kirkstall Harriers	M50	38:35	4		
89	4875	Lam	Cheuk	Bradford Airedale AC	MSEN	38:36	42		
90	6101	Hall	Ben	Valley Striders	M35	38:39	17		
91	5304	Scott	Douglas	Harrogate Harriers & AC	M45	38:46	8	Y	
92	6195	Johnson	Glen	Wetherby Runners AC	M50	38:48	5	Y	
93	5449	Pratt	John	Hyde Park Harriers	M35	38:48	18		
94	5332	Lake	Graham	Horsforth Fellandale	M40	38:51	19	Y	
95	5797	Blakeley	Matthew	Roundhay Runners	M45	38:53	9		
96	6050	Newsome	Paul	St Therasas AC	M45	38:56	10		
97	4839	Roebuck	Chris	Horsforth Harriers	M40	38:59	20		
98	5846	Goddard	Billy	Roundhay Runners	M45	39:00	11		
99	5524	Lighten	David	Kippax Harriers	M35	39:01	19		
100	6016	Toher	Paul	Spenborough & District AC	M35	39:07	20		Y
101	5506	Blackburn	Pete	Kippax Harriers	M40	39:07	21		
102	5032	Holmes	Matthew	Abbey Runners	M40	39:07	22		
103	5155	Walker	Richard	Airecentre Pacers	M45	39:10	12		
104	6256	Partridge	Simon	York Postal Harriers	M40	39:12	23		
105	4909	Lefkof	Drew	Harrogate Harriers & AC	MSEN	39:15	43		

106	6296	Dickinson	George	Bradford Airedale AC	MSEN	39:16	44	Y	
107	6442	Ingham	Bobby	Valley Striders	MSEN	39:16	45		
108	5196	Hough	Paul	Chapel Allerton Runners	M35	39:17	21		
109	5682	Todd	Andy	Nidd Valley Road Runners	M55	39:22	3		
110	6080	Bandy	Clive	Valley Striders	M40	39:26	24		
111	6497	Armitstead	Simon	Chapel Allerton Runners	MSEN	39:27	46		
112	5787	Westmoreland	Jason	Rothwell Harriers & AC	M50	39:31	6		
113	5976	Casson	Lee	Saltaire Striders	MSEN	39:36	47		
114	6341	Adkins	Tobias	Hyde Park Harriers	MSEN	39:39	48		
115	5117	Roberts	James	Ackworth Road Runners	MSEN	39:53	49		
116	5399	Broadhead	Curtis	Hyde Park Harriers	MSEN	39:53	50		
117	6133	Murray	Danny	Valley Striders	M40	39:57	25		
118	5928	Sherratt	Gareth	Roundhay Runners	M40	40:00	26		
119	6157	Vallance	Simon	Valley Striders	M50	40:06	7		
120	4861	Fowles	Andrew	Roundhay Runners	MSEN	40:06	51		
121	5424	Groves	Rob	Hyde Park Harriers	MSEN	40:07	52		
122	5271	Borrowdale	Tom	Harrogate Harriers & AC	MSEN	40:09	53		
123	5774	Rickerby	Dylan	Rothwell Harriers & AC	M45	40:20	13	Y	
124	6202	Matthewson	Alex	Wetherby Runners AC	M35	40:22	22		
125	5221	Sutor	Richard	Chapel Allerton Runners	M35	40:27	23		
126	6061	Sheppard	Ian	St Therasas AC	MSEN	40:29	54		
127	5814	Chan	James	Roundhay Runners	MSEN	40:29	55		
128	6123	Long	Vernon	Valley Striders	M50	40:31	8		
129	6072	Kennis	Alastair	Thames Hare & Hounds	M50	40:31	9		Y
130	6496	Colley	Ashley	Bradford Airedale AC	MSEN	40:32	56		
131	5276	Couldwell	Adam	Harrogate Harriers & AC	MSEN	40:34	57		
132	4910	Rose	Jack	Hyde Park Harriers	MSEN	40:34	58		
133	5763	Mccarthy	John	Rothwell Harriers & AC	M60	40:36	1		
134	5556	Moger	Adam	Kirkstall Harriers	M40	40:36	27		
135	5310	Strutt	James	Harrogate Harriers & AC	M40	40:37	28		
136	5699	Chatwin	John	Ripon Runners	M40	40:40	29		Y
137	4798	Watson	Simon	Harrogate Harriers & AC	M55	40:42	4		
138	4842	Vargas	Michael	Hyde Park Harriers	M35	40:42	24		
139	6241	Carter	Jim	York Postal Harriers	M45	40:43	14		
140	5683	Townend	Darren	Nidd Valley Road Runners	M45	40:44	15		
141	4801	Metcalfe	Kevin	Harrogate Tri Club	M50	40:53	10		
142	5369	Perkinson	Andrew	Horsforth Harriers	M45	40:54	16		
143	6443	Mills	Tony	Valley Striders	M45	41:00	17		
144	5944	Thorpe	Andrew	Roundhay Runners	M40	41:00	30		
145	4756	Yates	Jonathan	Roundhay Runners	M35	41:02	25		
146	4876	Spencer	Charlie	Halifax Harriers & AC	MSEN	41:07	59		Y
147	6411	Dell'amico	Loris	Saltaire Striders	M45	41:08	18		
148	5170	Barnett	Dom	Chapel Allerton Runners	MSEN	41:11	60		
149	5210	Price	Dan	Chapel Allerton Runners	MSEN	41:14	61		
150	5309	Stockburn	Paul	Harrogate Harriers & AC	M60	41:16	2		
151	6012	Spink	Stewart	Saltaire Striders	M50	41:16	11		
152	5748	Head	Steve	Rothwell Harriers & AC	M45	41:18	19		
153	5759	Loxham	Pete	Rothwell Harriers & AC	M50	41:25	12		
154	5101	Hughes	David	Ackworth Road Runners	M40	41:27	31		
155	5171	Bell	David	Chapel Allerton Runners	MSEN	41:28	62		
156	5578	Cornforth	James	Knaresborough Striders	MSEN	41:29	63		
157	5665	Scaife	Nigel	Nidd Valley Road Runners	M45	41:30	20		
158	5679	Street	Richard	Nidd Valley Road Runners	M35	41:30	26		
159	5287	King	Geoff	Harrogate Harriers & AC	M60	41:31	3		

160	5168	Allison	David	Chapel Allerton Runners	M45	41:32	21		
161	5864	Jackson	Tom	Roundhay Runners	MSEN	41:33	64		
162	5935	Steele	Joe	Roundhay Runners	M45	41:35	22		
163	4857	Lowe	Edward	Rodillian Runners	MSEN	41:36	65		Y
164	4747	Welton	Ted	Knaresborough Striders	M45	41:41	23		
165	6136	Parton	Adam	Valley Striders	M45	41:42	24		
166	6255	Lynn	Sam	York Postal Harriers	M40	41:46	32		
167	5325	Wynn	Tom	Harrogate Tri Club	MSEN	41:51	66		
168	6243	Clayton	Daniel	York Postal Harriers	M50	41:52	13		
169	4863	Kay	Tom	Saltaire Striders	MSEN	41:56	67		
170	5286	Jordan	Mark	Harrogate Harriers & AC	M60	41:56	4		
171	5511	Davy	Alan	Kippax Harriers	M40	42:00	33		
172	5066	Rogerson	Tom	Abbey Runners	M40	42:01	34		
173	5179	Chubb	Daniel	Chapel Allerton Runners	M35	42:02	27		
174	5201	Kent	Jonathan	Chapel Allerton Runners	M35	42:05	28		
175	5677	Staiano	Simon	Nidd Valley Road Runners	M40	42:10	35		
176	5596	Mcnab	Aidan	Knaresborough Striders	M35	42:10	29		
177	5512	Downham	Ian	Kippax Harriers	M50	42:16	14		
178	5125	Strutt	Chris	Ackworth Road Runners	M45	42:19	25		
179	4767	Jesson	James	Wetherby Runners AC	M45	42:22	26		
180	5752	Jackman	Paul	Rothwell Harriers & AC	M35	42:24	30		
181	6366	Hands	Simon	Kirkstall Harriers	M40	42:25	36		
182	4843	Barnett	Andrew	Kippax Harriers	M40	42:27	37		
183	5821	Cobb	Chris	Roundhay Runners	M35	42:32	31		
184	6236	Baker	Darren	York Postal Harriers	M50	42:33	15		
185	5933	Smith	Jon	Roundhay Runners	M45	42:34	27		
186	5071	Simkins	Paul	Abbey Runners	M45	42:35	28		
187	6200	Linstrum	Nils	Wetherby Runners AC	M35	42:37	32		
188	5357	Greenhalgh	Lee	Horsforth Harriers	M45	42:38	29		
189	5303	Salmons	Luke	Harrogate Harriers & AC	M40	42:45	38		
190	5021	Curley	Aidan	Abbey Runners	M45	42:46	30		
191	5561	Nodwell	Adam	Kirkstall Harriers	M35	42:56	33		Y
192	5081	Wray-Rogers	Luke	Abbey Runners	M40	42:56	39		
193	5314	Whitaker	Jonathan	Harrogate Harriers & AC	M55	42:57	5		
194	6129	Mcmullan	Kevin	Valley Striders	M50	43:00	16		
195	6420	Singh	John	Saltaire Striders	M35	43:01	34		
196	5355	Freeman	Paul	Horsforth Harriers	M50	43:02	17		
197	5609	Webster	Gary	Knaresborough Striders	MSEN	43:02	68		
198	6403	Macdonald	Matthew	Roundhay Runners	MSEN	43:03	69		
199	4791	Mullen	David	Otley AC	M55	43:03	6		Y
200	5012	Cheema	Sunny	Abbey Runners	MSEN	43:05	70		
201	6144	Sanderson	Ian	Valley Striders	M45	43:06	31		
202	4797	Lillford	Steve	Abbey Runners	M40	43:07	40		
203	4906	Morgan	Angus	Harrogate Harriers & AC	MSEN	43:07	71		Y
204	5734	Firth	Stephen	Rothwell Harriers & AC	M55	43:09	7		
205	6047	Maudsley	Ian	St Therasas AC	M35	43:09	35		
206	5746	Hayes	Justin	Rothwell Harriers & AC	M45	43:09	32		
207	6153	Thornton	Oliver	Valley Striders	M35	43:09	36		
208	6454	Porter	Alan	Wetherby Runners AC	MSEN	43:12	72		
209	5227	Vinegrad	Michael	Chapel Allerton Runners	M35	43:16	37		
210	6085	Carter	Matt	Valley Striders	M35	43:17	38		
211	4749	Clark	Kevin	Nidd Valley Road Runners	M35	43:23	39		
212	6336	Ross	Bryan	Horsforth Harriers	MSEN	43:24	73		
213	5202	Lister	Mike	Chapel Allerton Runners	MSEN	43:27	74		

214	5893	Naylor	Jason	Roundhay Runners	MSEN	43:27	75		
215	6269	Burrows	Dave	York Triathlon Club	M35	43:32	40		
216	4908	Huggins	Roy	Valley Striders	M55	43:39	8		Y
217	6058	Schofield	Alan	St Therasas AC	M55	43:40	9		
218	6473	Samways	Dominic	Chapel Allerton Runners	MSEN	43:40	76		
219	5275	Clegg	Steven	Harrogate Harriers & AC	M40	43:42	41		
220	5717	Hartley	Neil	Rodillian Runners	M35	43:44	41		Y
221	5216	Shepherd	Stuart	Chapel Allerton Runners	M40	43:57	42		
222	5749	Heselden	Jamie	Rothwell Harriers & AC	M40	43:59	43		
223	5146	Gwilym	Owain	Airecentre Pacers	M35	44:00	42		
224	6069	Jackson	Ben	Tadcaster Harriers	MSEN	44:02	77		Y
225	6346	Jackett	Charlie	Hyde Park Harriers	M35	44:03	43		
226	5472	Budding	Robert	Ilkley Harriers	M50	44:07	18		
227	5015	Clark	Duncan	Abbey Runners	M55	44:11	10		
228	5063	Richards	Jonathan	Abbey Runners	M40	44:11	44		
229	5307	Shacklock	Ben	Harrogate Harriers & AC	M40	44:13	45		
230	6138	Powell	Mike	Valley Striders	M35	44:13	44		
231	5448	Payne	Nick	Hyde Park Harriers	M35	44:17	45		
232	5533	Wideman	Wayne	Kippax Harriers	M40	44:17	46	Y	
233	5669	Shaw	Marcus	Nidd Valley Road Runners	M45	44:20	33		
234	5382	Squire	Alan	Horsforth Harriers	M50	44:25	19		
235	6500	Andralojc	Nick	Harrogate Harriers & AC	M55	44:28	11		
236	6020	Ayres	Daniel	St Therasas AC	M45	44:30	34		
237	4739	Trimble-Finlayson	Alex	Horsforth Harriers	MSEN	44:39	78		
238	6029	Ebrey	Paul	St Therasas AC	M45	44:41	35		
239	5209	Parish	Ben	Chapel Allerton Runners	MSEN	44:47	79		
240	5645	Hainsworth	Brian	Nidd Valley Road Runners	M40	44:52	47		
241	5530	Storey	Ian	Kippax Harriers	M50	44:54	20		
242	6137	Pawley	Graham	Valley Striders	M50	44:56	21		
243	4921	Burton-Johnson	Alexander	Hyde Park Harriers	MSEN	44:57	80		Y
244	4742	Blatherwick	John	Hyde Park Harriers	MSEN	45:01	81		
245	5293	Moffatt	Simon	Harrogate Harriers & AC	M50	45:01	22		
246	6265	Whitby	Mark	York Postal Harriers	M50	45:02	23		
247	5100	Horobin	Darren	Ackworth Road Runners	M45	45:06	36		
248	5642	Forster	Fozzy	Nidd Valley Road Runners	MSEN	45:11	82		
249	6088	Cook	Sean	Valley Striders	M35	45:14	46		
250	5002	Ameri	Ali	Abbey Runners	M35	45:17	47		
251	6363	Boardman	Simon	Kirkstall Harriers	MSEN	45:20	83		
252	5851	Hargadon	Lee	Roundhay Runners	M45	45:22	37		
253	6066	Brayshaw	Jim	Tadcaster Harriers	M45	45:26	38		Y
254	6064	Whiteley	Lee	St Therasas AC	M40	45:30	48		
255	5104	Leadbeater	Mark	Ackworth Road Runners	M50	45:36	24		
256	6013	Thomas	Richard	Saltaire Striders	MSEN	45:39	84		
257	5334	Leach	Scott	Horsforth Fellandale	M45	45:39	39		
258	4806	Sklinar	Stu	Roundhay Runners	MSEN	45:40	85		
259	5211	Robins	Ben	Chapel Allerton Runners	MSEN	45:40	86		
260	5685	Ventress	Phil	Nidd Valley Road Runners	M45	45:40	40		
261	6353	Taylor	Lee	Hyde Park Harriers	M40	45:42	49		
262	5198	Isherwood	David	Chapel Allerton Runners	M40	45:44	50		
263	6067	Ellerby	Gary	Tadcaster Harriers	M40	45:45	51		Y
264	6011	Spencer	Tim	Saltaire Striders	M60	45:50	5		
265	6258	Platten	Jason	York Postal Harriers	MSEN	45:52	87		
266	5582	Ellmore	Steve	Knaresborough Striders	M50	45:56	25		
267	5340	Beal	Paul	Horsforth Harriers	M40	45:57	52		

268	6436	Netherway	John	Tadcaster Harriers	M40	46:00	53		Y
269	5103	Leach	Adrian	Ackworth Road Runners	M55	46:01	12		
270	5497	Singleton	David	Ilkley Harriers	M45	46:05	41		
271	5980	Dickinson	Ian	Saltaire Striders	M55	46:10	13		
272	6394	Woods	Steven	Northern Masters AC	M60	46:10	6		Y
273	5714	Clarke	Phil	Rodillian Runners	M35	46:11	48		Y
274	6433	Leaf	David	St Therasas AC	M65	46:15	1		
275	5684	Turner	Steven	Nidd Valley Road Runners	M45	46:22	42		
276	5544	Geisleris	Giedrius	Kirkstall Harriers	M35	46:26	49		
277	5726	Baiden	Andrew	Rothwell Harriers & AC	M45	46:28	43		
278	5077	Ward	John	Abbey Runners	M65	46:36	2		
279	6461	Middleton	Simon	York Postal Harriers	M45	46:36	44		
280	4883	Grindley	Paul	Airecentre Pacers	M55	46:41	14		
281	5133	Walker	Will	Ackworth Road Runners	M35	46:41	50		
282	6117	Kaulgud	Dinesh	Valley Striders	M45	46:43	45		
283	5397	Billenness	Greg	Hyde Park Harriers	M45	46:44	46		
284	6434	Mellor	David	St Therasas AC	M45	46:46	47		
285	5268	Askew	David	Harrogate Harriers & AC	M55	46:47	15		
286	5025	Ellis	Matt	Abbey Runners	M45	46:51	48		
287	4841	Miles	Graeme	Hyde Park Harriers	M35	46:55	51		
288	6006	Parker	Darren	Saltaire Striders	M50	47:01	26		
289	6485	Colley	Gary	Rodillian Runners	M50	47:03	27		Y
290	5139	Burnham	Matthew	Airecentre Pacers	MSEN	47:09	88		
291	5990	Hillas	Stephen	Saltaire Striders	M55	47:10	16		
292	5389	Wilson	Darran	Horsforth Harriers	M40	47:12	54		
293	6071	Ryder	John	Tadcaster Harriers	M45	47:14	49	Y	Y
294	6065	Beall	Ged	Tadcaster Harriers	M55	47:14	17		Y
295	5152	Molyneux	Simon	Airecentre Pacers	M45	47:16	50		
296	6171	Bell	Richard	Wetherby Runners AC	M50	47:19	28		
297	6365	Groves	Stephen	Kirkstall Harriers	M35	47:23	52		
298	5084	Bernardo	Paul	Ackworth Road Runners	M45	47:24	51		
299	4846	Phillipson	Mark	Kirkstall Harriers	M45	47:25	52		
300	6275	Laughton	Mark	York Triathlon Club	M50	47:32	29		
301	5288	Lawson	Simon	Harrogate Harriers & AC	M50	47:35	30		
302	5969	Bower	David	Saltaire Striders	M55	47:40	18		
303	4884	Bundy	Jonathan	Roundhay Runners	MSEN	47:43	89		
304	6382	Fugill	Sam	Nidd Valley Road Runners	M35	47:47	53		
305	6282	Steel	Phil	York Triathlon Club	M40	47:52	55		
306	5493	Pickering	Malcolm	Ilkley Harriers	M65	47:53	3		
307	4800	Eagle	Jon	Horsforth Harriers	M55	47:54	19		
308	4858	Bywater	Andy	Rothwell Harriers & AC	M40	47:58	56		
309	6361	O'hara	Colm	Kippax Harriers	M50	48:01	31		
310	5919	Robinson	David	Roundhay Runners	MSEN	48:03	90		
311	5177	Calver	Robert	Chapel Allerton Runners	M45	48:05	53		
312	5457	Sawyer	Paul	Hyde Park Harriers	M35	48:11	54		
313	5650	Iddon	Andy	Nidd Valley Road Runners	MSEN	48:17	91		
314	6076	Akhtar	Tahir	Valley Striders	M60	48:19	7	Y	
315	5142	Dawrant	Robert	Airecentre Pacers	M40	48:20	57		
316	5941	Tait	Ryan	Roundhay Runners	MSEN	48:21	92		
317	5536	Allen	Lloyd	Kirkstall Harriers	M50	48:24	32		
318	6177	Callaghan	Peter	Wetherby Runners AC	M55	48:25	20		
319	4837	Mangeolles	James	Horsforth Harriers	M35	48:28	55		
320	6302	Bryant	Pete	Dragons Running Club	M50	48:29	33		
321	4853	Brown	Scott	Ripon Runners	M40	48:33	58		Y

322	5637	Crebbin	Nick	Nidd Valley Road Runners	M45	48:37	54		
323	5955	Weight	Dave	Roundhay Runners	M55	48:38	21		
324	5078	Whittaker	James	Abbey Runners	M50	48:39	34		
325	5390	Womersley	David	Horsforth Harriers	M65	48:43	4		
326	6110	Hutchinson	Alan	Valley Striders	M60	48:44	8		
327	5858	Hodge	Tony	Roundhay Runners	M45	48:46	55		
328	5997	Love	Martin	Saltaire Striders	M55	48:47	22		
329	5408	Dickens	Paul	Hyde Park Harriers	MSEN	48:51	93		
330	4905	Mwakasungura	Subi	Roundhay Runners	M40	48:54	59		
331	6273	Gibson	Richard	York Triathlon Club	MSEN	48:57	94		
332	5735	Ford	Jamie	Rothwell Harriers & AC	M40	49:03	60		
333	4832	Bates	Adam	Harrogate Harriers & AC	M40	49:05	61		
334	5058	Patchett	Ian	Abbey Runners	M55	49:09	23		
335	5180	Cuthbertson	Nic	Chapel Allerton Runners	M55	49:11	24		
336	5519	Hoy	Graham	Kippax Harriers	M40	49:17	62		
337	5952	Walker	John	Roundhay Runners	M55	49:19	25		
338	4920	Mckinney	Charles	Ackworth Road Runners	M45	49:19	56		
339	6374	Marshall	Guy	Knaresborough Striders	M55	49:22	26		
340	5670	Shaw	Michael	Nidd Valley Road Runners	M40	49:27	63		
341	4834	Rice	Kevin	Harrogate Harriers & AC	M55	49:36	27		
342	5570	Thomas	Richard	Kirkstall Harriers	M55	49:39	28		
343	5790	Allison	John Emrys	Roundhay Runners	M35	49:42	56		
344	6392	Shekar	Chandra	Nidd Valley Road Runners	M45	49:43	57		
345	4734	Murray	Julian	Harrogate Tri Club	M45	49:59	58	Y	
346	5737	Gregory	Mark	Rothwell Harriers & AC	M55	49:59	29	Y	
347	5503	White	Geoffrey	Ilkley Harriers	M35	50:06	57		
348	5226	Todd	Stephen	Chapel Allerton Runners	M65	50:10	5		
349	5498	Snow	Matthew	Ilkley Harriers	M40	50:13	64		
350	5730	Butterfield	Lewis	Rothwell Harriers & AC	MSEN	50:27	95		
351	6290	Aldred	Jon	Ackworth Road Runners	M50	50:30	35		
352	5434	Jones	Chris	Hyde Park Harriers	M60	50:31	9		
353	5051	Morimoto	Kazuki	Abbey Runners	M50	50:34	36		
354	6423	Western	Gary	Saltaire Striders	M60	50:46	10		
355	5323	Tibbals	Andy	Harrogate Tri Club	M55	50:52	30		
356	4916	Carlisle	Gary	Kirkstall Harriers	M55	50:57	31		
357	5692	Shamim	Salman	Pudsey & Bramley AC	M45	50:59	59		
358	6303	Burns	Graham	Dragons Running Club	M35	50:59	58		
359	5010	Bastin	Tony	Abbey Runners	M50	51:00	37		
360	5838	Elliott	John	Roundhay Runners	M55	51:02	32		
361	4743	Culling	Christopher	Hyde Park Harriers	MSEN	51:02	96		
362	4922	Olliver	Liam	Airecentre Pacers	M35	51:03	59		
363	5568	Taylor	Ian	Kirkstall Harriers	M45	51:03	60		
364	5312	Walker	Mark	Harrogate Harriers & AC	M55	51:06	33	Y	
365	5738	Hale	Keith	Rothwell Harriers & AC	M50	51:07	38		
366	4833	Duckworth	Roger	Harrogate Harriers & AC	M50	51:12	39		
367	6197	Kingham	Freddie	Wetherby Runners AC	M35	51:19	60		
368	6143	Robins	Michael	Valley Striders	M60	51:33	11		
369	5631	Beattie	Christopher	Nidd Valley Road Runners	M60	51:39	12		
370	5259	Jenkins	Daniel	Eccleshill Road Runners	M40	51:41	65		
371	6041	Howarth	Richard	St Therasas AC	M45	51:42	61		
372	3863	Thorpe	Stuart	Rothwell Harriers & AC	M50	51:43	40		
373	6305	Mawson	Darren	Dragons Running Club	M40	51:44	66		
374	5515	Durkin	Paul	Kippax Harriers	M55	51:45	34		
375	5676	Snow	Rob	Nidd Valley Road Runners	M60	51:45	13		

376	5335	Metcalfe	Daniel	Horsforth Fellandale	M40	51:52	67		
377	4904	Scott	Jeremy	Nidd Valley Road Runners	M50	51:53	41		Y
378	5148	Hill	Chris	Airecentre Pacers	M65	51:54	6		
379	5018	Cohen	Howard	Abbey Runners	M55	51:57	35		
380	6308	Redmond	Tony	Eccleshill Road Runners	M55	52:03	36		
381	6327	Harrop	Andrew	Horsforth Harriers	M55	52:06	37		
382	5785	Ward	Roger	Rothwell Harriers & AC	M60	52:08	14		
383	5157	Woodhead	William	Airecentre Pacers	MSEN	52:13	97		
384	6207	Rymill	Peter	Wetherby Runners AC	M70	52:19	1		
385	5411	Elcock	Tom	Hyde Park Harriers	M35	52:23	61		
386	5250	Porter	Craig	Dragons Running Club	M50	52:32	42		
387	5866	Jones	Justin	Roundhay Runners	M40	52:38	68		
388	6477	Simpson	John	Wetherby Runners AC	M65	52:43	7		
389	5803	Bull	Nick	Roundhay Runners	M55	52:56	38		
390	6309	Steele	Marc	Eccleshill Road Runners	MSEN	52:56	98		
391	6429	Grayson	Michael	St Therasas AC	M50	52:58	43		
392	5978	D'arcy	Graham	Saltaire Striders	M50	53:10	44		
393	5375	Russell	Peter	Horsforth Harriers	M55	53:11	39		
394	5987	Griffiths	Alun	Saltaire Striders	M60	53:22	15		
395	6093	Dixon	Stephen	Valley Striders	M65	53:23	8		
396	5402	Butler	Robert	Hyde Park Harriers	M40	53:25	69		
397	4918	Simmons	Daniel	Harrogate Harriers & AC	M55	53:27	40		Y
398	5046	Leslie	David	Abbey Runners	M65	53:31	9		
399	4838	Mcgeever	Phil	Horsforth Harriers	M55	53:40	41		
400	5663	Robinson	Philip	Nidd Valley Road Runners	M55	53:41	42		
401	4900	Leijssen	Roar	Ilkley Harriers	M45	53:45	62		Y
402	5164	Miran	Sohail	Bradford Airedale AC	M45	53:57	63		
403	5126	Strutt	Daniel	Ackworth Road Runners	MSEN	54:23	99		
404	5410	Edwards	Richard	Hyde Park Harriers	M40	54:27	70		
405	5181	Davis	Mark	Chapel Allerton Runners	M40	54:28	71		
406	5119	Sharp	Chris	Ackworth Road Runners	MSEN	54:30	100		
407	5605	Shelton	Mark	Knaresborough Striders	M35	54:38	62		
408	5915	Richardson	Jeremy	Roundhay Runners	M55	54:51	43		
409	4830	Storey	Ian	Eccleshill Road Runners	M40	54:53	72		
410	5658	Nicholas	Kevin	Nidd Valley Road Runners	M55	55:02	44		
411	5805	Burke	Joseph	Roundhay Runners	MSEN	55:06	101		
412	5879	Mcandrew	Rory	Roundhay Runners	MSEN	55:19	102		
413	5696	Brockett	Paul	Ripon Runners	M45	55:20	64		Y
414	6126	Mackreth	Paul	Valley Striders	M40	55:27	73		
415	5007	Balkwill	James	Abbey Runners	M45	55:30	65		
416	5254	Wilson	Danny	Dragons Running Club	M45	55:33	66		
417	6023	Best	Jamie	St Therasas AC	M40	55:45	74		
418	5451	Pullan	Rick	Hyde Park Harriers	M60	55:48	16		
419	5608	Walker	Paul	Knaresborough Striders	M50	55:51	45		Y
420	6145	Sawyer	Chris	Valley Striders	M60	56:01	17		
421	5984	Elliott	Craig	Saltaire Striders	M45	56:11	67		
422	6032	Gall	Stuart	St Therasas AC	M40	56:15	75		Y
423	4802	Joynson	Tim	Ripon Runners	M60	56:27	18		Y
424	5006	Badkin	Peter	Abbey Runners	M55	56:37	45		
425	4852	Appleton	Stan	Ripon Runners	M70	57:02	2		Y
426	6360	Morley	Barry	Kippax Harriers	M50	57:20	46		
427	5522	Jamieson	Lee	Kippax Harriers	M40	57:28	76		
428	6339	Watson	Kevin	Horsforth Harriers	M70	57:45	3		
429	5394	Aslam	Mohammed	Hyde Park Harriers	M50	58:02	47		

430	5256	Georgas	Paul	Eccleshill Road Runners	M35	58:11	63		
431	4901	Newton	Steve	Horsforth Harriers	M50	58:20	48		Y
432	5023	Ellis	Adam	Abbey Runners	M40	58:24	77		
433	6359	Messenger	John	Kippax Harriers	M70	58:26	4		
434	6338	Ward	Joe	Horsforth Harriers	M45	58:33	68		
435	4919	Byrd	Joel	Hyde Park Harriers	MSEN	58:40	103		Y
436	5163	Markey	Barry	Bradford Airedale AC	M60	58:49	19		
437	5509	Copley	James	Kippax Harriers	M35	59:06	64		
438	5128	Taylor	Christopher	Ackworth Road Runners	M65	59:14	10		
439	5465	White	Peter	Hyde Park Harriers	M60	59:31	20		
440	5715	Garnham	Mike	Rodillian Runners	M55	59:34	46		Y
441	5800	Bowman	Geoff	Roundhay Runners	M55	59:44	47		
442	6268	Buckley	Neil	York Triathlon Club	M60	59:53	21		
443	5036	Jackson	David	Abbey Runners	MSEN	1:00:05	104		
444	6292	Wong	Stephen	Ackworth Road Runners	M40	1:00:12	78		
445	6470	Underwood	James	Hyde Park Harriers	MSEN	1:00:16	105		
446	5159	Binns	Richard	Bradford Airedale AC	M45	1:00:19	69		
447	5862	Irving	John	Roundhay Runners	M60	1:00:24	22		
448	6438	Coles	Malcolm	Valley Striders	M75	1:00:28	1		
449	5264	Sutton	Robert	Eccleshill Road Runners	M55	1:00:51	48		
450	4755	Roberts	Doug	Roundhay Runners	M35	1:00:53	65		
451	5673	Smith	Nicholas	Nidd Valley Road Runners	M60	1:00:54	23		
452	5744	Hawden	Graham	Rothwell Harriers & AC	M55	1:00:56	49		
453	5806	Burke	Kieran	Roundhay Runners	MSEN	1:01:36	106		
454	6390	Montana	Marcos	Nidd Valley Road Runners	MSEN	1:01:48	107		
455	6232	Thompson	Geoff	Wharfedale Harriers	M60	1:02:00	24		
456	6205	Othick	Gary	Wetherby Runners AC	M55	1:02:15	50		
457	4850	Waistell	Alan	Leeds & Bradford Triathlon Club	M55	1:02:34	51		Y
458	5740	Hall	Richard	Rothwell Harriers & AC	M45	1:02:43	70		
459	5606	Sinton	David	Knaresborough Striders	M45	1:02:57	71		
460	4807	Mckay	Martin	Dragons Running Club	M40	1:03:06	79		
461	5545	Glover	Paul	Kirkstall Harriers	M70	1:03:10	5		
462	6001	Moss	Mike	Saltaire Striders	M65	1:03:18	11		
463	6146	Sedgley	Neil	Valley Striders	M50	1:03:25	49		
464	5548	Hey	Peter	Kirkstall Harriers	M65	1:03:26	12		
465	5883	Meikle	Ian	Roundhay Runners	M50	1:03:40	50		
466	5823	Coghlan	Robin	Roundhay Runners	M50	1:03:42	51		
467	5005	Ashworth	Richard	Abbey Runners	M45	1:03:47	72		
468	5138	Zywicki	Paul	Ackworth Road Runners	M60	1:03:54	25		
469	6306	Ellison	Garry	Eccleshill Road Runners	M60	1:04:35	26		
470	5731	Bywater	Chris	Rothwell Harriers & AC	M65	1:04:42	13		
471	5580	Dobson	Michael	Knaresborough Striders	M60	1:05:02	27	Y	
472	5758	List	Heath	Rothwell Harriers & AC	M50	1:05:02	52		
473	5767	Noble	Stephen	Rothwell Harriers & AC	M50	1:05:07	53		
474	5035	Ibrahim	Joseph	Abbey Runners	M45	1:05:35	73		
475	6310	Steele	Martin	Eccleshill Road Runners	M55	1:05:49	52		
476	4793	Haygath	Tony	Valley Striders	M70	1:07:20	6		
477	5773	Reid	Chris	Rothwell Harriers & AC	M40	1:07:55	80		
478	5425	Hammond	Phil	Hyde Park Harriers	M55	1:08:09	53		
479	5652	Ledwaba-Chapman	Tony	Nidd Valley Road Runners	M75	1:08:12	2		
480	6120	Lim	Philip	Valley Striders	M45	1:08:20	74		
481	5912	Rayner	Ian	Roundhay Runners	M55	1:08:21	54		
482	6261	Schumacher	Carl	York Postal Harriers	M40	1:08:28	81	Y	
483	4799	Slua	Mervyn	Saltaire Striders	M60	1:08:36	28	Y	

484	5857	Hill	Phil	Roundhay Runners	M55	1:08:55	55		
485	6370	Taylor	Malcolm	Kirkstall Harriers	M5EN	1:09:49	108		
486	5961	Woods	Richard	Roundhay Runners	M35	1:11:14	66		
487	5819	Clink	Brian	Roundhay Runners	M45	1:11:27	75		
488	4751	Haslam	Andy	Roundhay Runners	M40	1:11:49	82		
489	6330	Johnson	Malcolm	Horsforth Harriers	M70	1:13:35	7		
490	5523	Kitching	Les	Kippax Harriers	M65	1:15:21	14		
491	5559	Nesden	Patrick	Kirkstall Harriers	M65	1:16:45	15		
492	6033	Gardner	Andrew	St Therasas AC	M65	1:17:05	16		
493	4760	Hunter	John	St Therasas AC	M70	1:18:00	8		
494	6396	Appleby	Martin	Rothwell Harriers & AC	M60	1:18:18	29		
495	5086	Camponi	Tom	Ackworth Road Runners	M5EN	1:22:46	109		
496	6468	Cardinale	Antonio	Otley AC	M70	1:27:08	9		Y
497	5668	Seaman	Dave	Nidd Valley Road Runners	M70	1:27:36	10		