

PECO Cross Country League 2019-20
Final Ladies Cumulative Results

Position	Surname	First Name	Club	Age Cat	Race 1		Race 2		Race 3		Race 4		Total Points	Min Score	Best 3 From 4	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points				
1	Hunter	Sarah	Ackworth Road Runners	F5EN	4	496.6	3	497.1	5	494.3	22	428.1	1916.1	428.1	1488.0	1
2	Naylor	Ruth	Horsforth Harriers	F5EN	1	500.0	5	494.1	7	491.5	0	0.0	1485.6	0.0	1485.6	2
3	Lewis	Susan	Roundhay Runners	F40	5	495.5	2	498.5	8	490.1	13	458.9	1943.0	458.9	1484.1	1
4	Munro	Pauline	Harrogate Harriers & AC	F50	3	497.7	0	0.0	3	497.2	7	479.5	1474.4	0.0	1474.4	1
5	Smith	Aiveen	Horsforth Harriers	F5EN	0	0.0	9	488.2	4	495.8	5	486.3	1470.3	0.0	1470.3	3
6	Rowe	Isabelle	Harrogate Harriers & AC	F5EN	8	492.1	13	482.3	11	485.6	6	482.9	1943.1	482.3	1460.8	4
7	Richards	Alexandra	Abbey Runners	F5EN	25	472.9	8	489.7	16	478.8	4	489.7	1931.1	472.9	1458.2	5
8	Walmisley	Nicola	Roundhay Runners	F35	21	477.4	14	480.8	14	481.6	3	493.2	1933.0	477.4	1455.6	1
9	Jackson	Niamh	Roundhay Runners	F40	0	0.0	6	492.6	10	487.3	10	469.2	1449.1	0.0	1449.1	2
10	Howard	Claire	Roundhay Runners	F45	11	488.7	10	486.7	20	473.1	0	0.0	1448.5	0.0	1448.5	1
11	Watson	Lesley	Saltire Striders	F45	7	493.2	12	483.8	0	0.0	11	465.8	1442.8	0.0	1442.8	2
12	Mawer	Lisa	Harrogate Harriers & AC	F50	12	487.6	18	474.9	17	477.3	17	445.2	1885.1	445.2	1439.8	2
13	Ball	Karen	Ackworth Road Runners	F40	13	486.5	15	479.4	21	471.7	21	431.5	1869.0	431.5	1437.5	3
14	Say	Julia	Roundhay Runners	F45	16	483.1	11	485.3	25	466.0	25	417.8	1852.1	417.8	1434.3	3
15	Legg	Emily	Wetherby Runners AC	F5EN	0	0.0	7	491.2	15	480.2	15	452.1	1423.4	0.0	1423.4	6
16	Savill	Molly	Horsforth Harriers	F5EN	17	481.9	21	470.5	24	467.4	0	0.0	1419.9	0.0	1419.9	7
17	Whiteman	Jen	Chapel Allerton Runners	F5EN	18	480.8	19	473.5	32	456.1	23	424.7	1835.0	424.7	1410.4	8
18	Garnett	Suzanne	Chapel Allerton Runners	F5EN	19	479.7	16	477.9	36	450.4	16	448.6	1856.6	448.6	1408.9	9
19	Mullen	Faye	Abbey Runners	F5EN	24	474.0	23	467.6	0	0.0	12	462.3	1403.9	0.0	1403.9	10
20	Stansbie	Lisa	Abbey Runners	F45	22	476.3	22	469.0	31	457.5	0	0.0	1402.8	0.0	1402.8	4
21	Robinson	Emma	Harrogate Harriers & AC	F35	33	463.9	0	0.0	28	461.8	9	472.6	1398.2	0.0	1398.2	2
22	Cobo	Andrea	Abbey Runners	F5EN	20	478.6	25	464.6	34	453.3	24	421.2	1817.6	421.2	1396.4	11
23	Andrews	Nicky	Wetherby Runners AC	F5EN	26	471.8	26	463.1	30	458.9	20	434.9	1828.8	434.9	1393.8	12
24	O'sullivan	Sarah	Horsforth Harriers	F40	0	0.0	17	476.4	18	475.9	19	438.4	1390.7	0.0	1390.7	4
25	Fox	Hannah	Abbey Runners	F5EN	34	462.8	24	466.1	33	454.7	0	0.0	1383.5	0.0	1383.5	13
26	Kellett	Naomi	Hyde Park Harriers	F5EN	38	458.2	30	457.2	29	460.3	0	0.0	1375.8	0.0	1375.8	14
27	Forster	Rebecca	Chapel Allerton Runners	F5EN	37	459.4	0	0.0	37	449.0	18	441.8	1350.2	0.0	1350.2	15
28	Sass	Cara	Hyde Park Harriers	F5EN	36	460.5	36	448.4	54	424.9	35	383.6	1717.4	383.6	1333.8	16
29	Underwood	Sarah	Hyde Park Harriers	F5EN	39	457.1	43	438.1	45	437.7	31	397.3	1730.1	397.3	1332.8	17
30	Wright	Cathy	Harrogate Harriers & AC	F55	40	456.0	40	442.5	53	426.3	0	0.0	1324.8	0.0	1324.8	1
31	Sturley	Charlotte	Chapel Allerton Runners	F5EN	54	440.2	41	441.0	44	439.1	32	393.8	1714.1	393.8	1320.3	18
32	Culshaw-Groves	Robin	Hyde Park Harriers	F5EN	49	445.8	39	444.0	0	0.0	26	414.4	1304.2	0.0	1304.2	19
33	Raban	Alice	Roundhay Runners	F5EN	50	444.7	0	0.0	39	446.2	27	411.0	1301.8	0.0	1301.8	20
34	Roberts	Ely	Ackworth Road Runners	F5EN	52	442.4	56	418.9	43	440.5	0	0.0	1301.8	0.0	1301.8	21
35	Robins	Fiona	Kippax Harriers	F40	58	435.7	54	421.8	41	443.3	0	0.0	1300.8	0.0	1300.8	5
36	Morland	Catherine	Knaresborough Striders	F45	57	436.8	47	432.2	56	422.1	51	328.8	1619.8	328.8	1291.0	5
37	Roden	Helen	Abbey Runners	F45	42	453.7	79	385.0	35	451.8	0	0.0	1290.5	0.0	1290.5	6
38	Macfarlane	Kate	Airecentre Pacers	F5EN	47	448.1	45	435.1	73	398.0	0	0.0	1281.2	0.0	1281.2	22
39	Davidson	Rachel	Valley Striders	F5EN	30	467.3	35	449.9	0	0.0	41	363.0	1280.1	0.0	1280.1	23
40	Eadon	Lauren	Wetherby Runners AC	F55	43	452.6	0	0.0	46	436.3	34	387.0	1275.8	0.0	1275.8	2
41	Skelhorn	Rowena	Rothwell Harriers & AC	F40	46	449.2	51	426.3	77	392.4	77	239.7	1507.5	239.7	1267.8	6
42	Follows	Emily	Kippax Harriers	F40	35	461.6	37	446.9	0	0.0	43	356.2	1264.7	0.0	1264.7	7
43	Sunderland	Sue	Valley Striders	F55	60	433.4	53	423.3	69	403.7	0	0.0	1260.4	0.0	1260.4	3
44	Clarke	Louisa	Roundhay Runners	F35	0	0.0	42	439.5	61	415.0	29	404.1	1258.7	0.0	1258.7	3
45	Barber	Catherine	Nidd Valley Road Runners	F5EN	62	431.2	0	0.0	57	420.7	30	400.7	1252.5	0.0	1252.5	24
46	Traviss-Turner	Gemma	Roundhay Runners	F35	67	425.5	52	424.8	72	399.4	0	0.0	1249.7	0.0	1249.7	4
47	Blackwood	Holly	Valley Striders	F35	78	413.1	55	420.4	62	413.6	37	376.7	1623.8	376.7	1247.0	5
48	Sheehan	Therese	Kirkstall Harriers	F5EN	70	422.1	62	410.0	74	396.6	0	0.0	1228.8	0.0	1228.8	25
49	Harris	Samantha	Valley Striders	F35	100	388.3	58	415.9	64	410.8	0	0.0	1215.0	0.0	1215.0	6
50	Phillips	Laura	Abbey Runners	F5EN	75	416.5	67	402.7	82	385.3	44	352.7	1557.1	352.7	1204.4	26
51	Burton	Jacky	Valley Striders	F45	93	396.2	70	398.2	67	406.6	64	284.2	1485.2	284.2	1200.9	7
52	Jones	Carole-Ann	Harrogate Harriers & AC	F50	91	398.4	64	407.1	80	388.1	40	366.4	1560.0	366.4	1193.6	3
53	Walkington	Sian	Horsforth Harriers	F5EN	130	354.4	74	392.3	47	434.8	0	0.0	1181.6	0.0	1181.6	27
54	Simpson	Emily	Chapel Allerton Runners	F35	79	412.0	76	389.4	87	378.2	45	349.3	1528.8	349.3	1179.5	7
55	Oldroyd	Theresa	Harrogate Harriers & AC	F50	0	0.0	65	405.6	79	389.5	36	380.1	1175.3	0.0	1175.3	4
56	Swindell	Jennifer	Ackworth Road Runners	F5EN	82	408.6	66	404.1	99	361.2	0	0.0	1173.9	0.0	1173.9	28
57	Hughan	Sarah	Nidd Valley Road Runners	F40	86	404.1	71	396.8	92	371.1	0	0.0	1171.9	0.0	1171.9	8
58	Barker	Carmel	Roundhay Runners	F55	64	428.9	115	331.9	75	395.2	0	0.0	1155.9	0.0	1155.9	4
59	Nash	Louise	Saltire Striders	F50	87	402.9	80	383.5	105	352.7	55	315.1	1454.2	315.1	1139.1	5
60	Sellar	Mhairi	Knaresborough Striders	F5EN	98	390.5	86	374.6	0	0.0	38	373.3	1138.4	0.0	1138.4	29
61	Mcgeachy	Denise	Chapel Allerton Runners	F40	104	383.7	69	399.7	0	0.0	46	345.9	1129.3	0.0	1129.3	9
62	Welling	Claire	Roundhay Runners	F50	112	374.7	72	395.3	103	355.5	0	0.0	1125.5	0.0	1125.5	6
63	Holmes	Jane	Harrogate Tri Club	F65	99	389.4	81	382.0	98	348.4	0	0.0	1119.8	0.0	1119.8	1
64	Elwood	Melanie	York Postal Harriers	F5EN	115	371.3	89	370.2	101	372.5	61	294.5	1408.6	294.5	1114.1	30
65	Markless	Sarah	Hyde Park Harriers	F5EN	111	375.8	90	368.7	97	364.0	0	0.0	1108.6	0.0	1108.6	31
66	Haigh	Sally	Airecentre Pacers	F50	103	384.9	111	337.8	86	379.6	0	0.0	1102.2	0.0	1102.2	7
67	Scully	Andrea	Ackworth Road Runners	F45	113	373.6	83	379.1	109	347.0	0	0.0	1099.7	0.0	1099.7	8
68	Smith	Rosalind	Hyde Park Harriers	F5EN	101	387.1	94	362.8	124	325.8	0	0.0	1075.7	0.0	1075.7	32
69	Spencer	Georgina	Rothwell Harriers & AC	F5EN	126	358.9	88	371.7	112	342.8	0	0.0	1073.4	0.0	1073.4	33
70	Brown	Gillian	Dragons Running Club	F40	0	0.0	78	386.4	88	376.8	57	308.2	1071.4	0.0	1071.4	10
71	Clark	Michaela	Abbey Runners	F45	192	284.4	82	380.5	84	382.4	58	304.8	1352.2	284.4	1067.8	9
72	Bennett	Alison	Ilkley Harriers	F55	123	362.3	0	0.0	98	362.6	47	342.5	1067.4	0.0	1067.4	5
73	Barnes	Philippa	Chapel Allerton Runners	F40	131	353.3	0	0.0	111	344.2	42	359.6	1057.1	0.0	1057.1	11
74	Bower	Janet	Saltire Striders	F50	135	348.8	0	0.0	59	417.8	63	287.7	1054.3	0.0	1054.3	8
75	Hastings	Laura	Hyde Park Harriers	F5EN	109	378.1	0	0.0	114	339.9	49	335.6	1053.7	0.0	1053.7	34
76	Turner	Lizzie	Harrogate Harriers & AC	F5EN	94	395.0	103	349.6	139	304.5	0	0.0	1049.1	0.0	1049.1	35
77	Thomas	Anna	Harrogate Harriers & AC	F40	138	345.4	0	0.0	104	354.1	48	339.0	1038.5	0.0	1038.5	12
78	Fisk	Kat	Horsforth Fellandale	F35	125	360.0	98	356.9	133	313.0	0	0.0	1030.0	0.0	1030.0	8
79	Chivers	Ann	Roundhay Runners	F40	143	339.7	95	361.4	122	328.6	0	0.0	1029.7	0.0	1029.7	13
80	Bradbury	Clare	Wetherby Runners AC	F35	139	344.2	107	343.7	115	338.6	60	297.9	1324.4	297.9	1026.4	9
81	Campbell	Diane	York Postal Harriers	F45	146	336.3	99	355.5	119	332.9	59	301.4	1326.0	301.4	1024.7	10
82	Moseley	Nancy	Chapel Allerton Runners	F5EN	122	363.4	92	365.8	148	291.8	0	0.0	1021.0	0.0	1021.0	36
83	Holleran	Christine	Nidd Valley Road Runners	F55	134	349.9	108	342.2	136	308.8	0	0.0	1009.9	0.0</		

103	Kitchen	Diane	Ilkley Harriers	F60	179	299.1	120	324.5	130	317.3	69	267.1	1208.0	267.1	940.9	2	
104	Copley	Clare	Kippax Harriers	F40	133	351.0	144	289.1	144	297.5	0	0	0	937.6	0	937.6	16
105	Graham	Sarah	Valley Striders	F5EN	0	0.0	29	458.7	23	468.8	0	0	0	927.5	0	927.5	45
106	Lowery	Sima	Knareborough Striders	F45	27	470.7	33	452.8	0	0	0	0	0	923.5	0	923.5	12
107	Harrison	Jenny	Horsforth Harriers	F35	0	0.0	28	460.2	27	463.2	0	0	0	923.3	0	923.3	14
108	Carter	Hannah	Roundhay Runners	F35	29	468.4	0	0	38	447.6	0	0	0	916.0	0	916.0	15
109	Bowden	Bernie	Saltire Striders	F45	31	466.1	38	445.4	0	0	0	0	0	911.6	0	911.6	13
110	Evans	Charlotte	Harrogate Harriers & AC	F40	28	469.5	0	0	42	441.9	0	0	0	911.5	0	911.5	17
111	Clegg	Horsforth Harriers	F35	0	0.0	48	430.7	19	474.5	0	0	0	0	905.2	0	905.2	16
112	Pickett	Louise	Roundhay Runners	F5EN	187	290.1	141	293.5	128	320.1	0	0	0	903.7	0	903.7	46
113	Young	Amy	Hyde Park Harriers	F5EN	0	0.0	20	472.0	51	429.2	0	0	0	901.2	0	901.2	47
114	Mottley	Bev	Abbey Runners	F50	145	337.5	0	0	126	322.9	79	232.9	893.3	0	893.3	9	
115	Cameron	Faye	Airecentre Pacers	F40	191	285.6	143	290.6	135	310.2	67	274.0	1160.3	274.0	886.3	18	
116	Morley	Catrina	Chapel Allerton Runners	F35	166	313.8	0	0	142	300.3	68	270.5	884.6	0	884.6	17	
117	Morley	Sarah	St Therasas AC	F40	32	465.0	0	0	58	419.3	0	0	0	884.3	0	884.3	19
118	Stopford	Cheryl	Chapel Allerton Runners	F40	215	258.5	116	330.4	149	290.4	82	222.6	1101.8	222.6	879.2	20	
119	Simpson	Sue	Nidd Valley Road Runners	F55	183	294.6	129	311.2	161	273.4	0	0	0	879.2	0	879.2	10
120	Underwood	Helen	Roundhay Runners	F35	48	447.0	50	427.7	0	0	0	0	0	874.7	0	874.7	18
121	Paliuc	Maria	Roundhay Runners	F5EN	211	263.0	130	309.7	143	298.9	0	0	0	871.6	0	871.6	48
122	Hill	Katherine	Chapel Allerton Runners	F5EN	184	293.5	138	297.9	157	279.0	0	0	0	870.4	0	870.4	49
123	Baldry	Honor	Hyde Park Harriers	F5EN	41	454.9	0	0	0	0	28	407.5	862.4	0	862.4	50	
124	Reddish	Carla	Knareborough Striders	F45	56	437.9	57	417.4	0	0	0	0	855.3	0	855.3	14	
125	Stringer	Faye	Hyde Park Harriers	F35	177	301.4	146	286.1	169	262.0	0	0	0	849.5	0	849.5	19
126	Needham	Lucy	Wharfedale Harriers	F5EN	55	439.1	0	0	65	409.3	0	0	0	848.4	0	848.4	51
127	Robbs de La Hoyde	Fran	Rothwell Harriers & AC	F5EN	0	0.0	60	413.0	49	432.0	0	0	0	845.0	0	845.0	52
128	Gill	Sarah	Harrogate Harriers & AC	F55	0	0.0	46	433.6	68	405.1	0	0	0	838.7	0	838.7	11
129	Stephenson	Jo	Harrogate Tri Club	F5EN	68	424.4	0	0	63	412.2	0	0	0	836.6	0	836.6	53
130	Pryce	Angharad	LUUCCC	F5EN	69	423.3	61	411.5	0	0	0	0	834.8	0	834.8	54	
131	Bond	Claire	Saltire Striders	F40	72	419.9	59	414.5	0	0	0	0	834.3	0	834.3	21	
132	Knight	Gini	Horsforth Harriers	F60	162	318.3	0	0	147	293.2	84	215.8	827.2	0	827.2	3	
133	Forster	Lora	Chapel Allerton Runners	F35	0	0.0	44	436.6	81	386.7	0	0	0	823.3	0	823.3	20
134	Lodh	Louise	Knareborough Striders	F35	80	410.8	63	408.6	0	0	0	0	819.4	0	819.4	21	
135	Naylor	Amy	Knareborough Striders	F35	96	392.8	0	0	55	423.5	0	0	0	816.3	0	816.3	22
136	Pearson	Jane	Roundhay Runners	F45	164	316.0	175	243.4	173	256.4	110	126.7	942.5	126.7	815.8	15	
137	Lubiecki	Sophia	Valley Striders	F5EN	77	414.2	0	0	71	400.8	0	0	0	815.1	0	815.1	55
138	Blyth	Fiona	Hyde Park Harriers	F40	76	415.3	0	0	78	390.9	0	0	0	806.3	0	806.3	22
139	Downie	Kate	Roundhay Runners	F5EN	88	401.8	0	0	70	402.3	0	0	0	804.1	0	804.1	56
140	Austin	Holly	Chapel Allerton Runners	F35	216	257.3	140	295.0	0	0	76	243.2	795.5	0	795.5	23	
141	Budding	Nicola	Ilkley Harriers	F50	203	272.0	165	258.1	168	263.5	0	0	0	793.6	0	793.6	10
142	Elmes	Julie	Knareborough Striders	F50	235	235.9	145	287.6	166	266.3	0	0	0	789.8	0	789.8	11
143	Beecher	Sarah	Harrogate Harriers & AC	F55	180	298.0	0	0	181	245.0	75	246.6	789.6	0	789.6	12	
144	Love	Helen	Saltire Striders	F60	172	307.0	189	222.7	172	257.8	89	198.6	986.1	198.6	787.5	4	
145	Gatenby	Francesca	Airecentre Pacers	F35	0	0.0	0	0	76	393.8	33	390.4	784.2	0	784.2	24	
146	Lippiatt	Carys	Valley Striders	F45	185	292.3	131	308.3	0	0	94	181.5	782.1	0	782.1	16	
147	Harrison	Sue	Rothwell Harriers & AC	F60	208	266.4	182	233.0	156	280.5	99	164.4	944.2	164.4	779.9	5	
148	Best	Katie	Rothwell Harriers & AC	F5EN	92	397.3	0	0	85	381.0	0	0	0	778.3	0	778.3	57
149	Trevorrow	Philippa	Valley Striders	F40	0	0.0	0	0	66	407.9	39	369.9	777.8	0	777.8	23	
150	Venning	Esther	Valley Striders	F40	209	265.2	158	288.4	184	240.8	0	0	0	774.5	0	774.5	24
151	Martin-Nevado	Mercedes	Horsforth Harriers	F45	114	372.5	68	401.2	0	0	0	0	773.6	0	773.6	17	
152	Corne	Hannah	Valley Striders	F35	210	264.1	157	269.9	185	239.4	0	0	0	773.4	0	773.4	25
153	Hawden	Joanne	Rothwell Harriers & AC	F50	213	260.7	169	252.2	171	259.2	0	0	0	772.1	0	772.1	12
154	Clark	Libby	Horsforth Harriers	F35	59	434.5	0	0	116	337.1	0	0	0	771.6	0	771.6	26
155	Muir	Marion	Kirkstall Harriers	F40	0	0.0	73	393.8	89	375.4	0	0	0	769.2	0	769.2	25
156	Miah	Shahana	Rothwell Harriers & AC	F5EN	110	377.0	77	387.9	0	0	0	0	0	764.9	0	764.9	58
157	Gardham	Louise	Hyde Park Harriers	F45	219	254.0	198	209.4	154	283.3	0	0	0	746.7	0	746.7	18
158	Forey	Helen	Dragons Running Club	F50	0	0.0	170	250.7	164	269.1	81	226.0	745.9	0	745.9	13	
159	Clubs	Christine	Wetherby Runners AC	F45	137	346.5	75	390.9	0	0	0	0	737.4	0	737.4	19	
160	Mckinney	Angie	Wharfedale Harriers	F40	117	369.1	0	0	95	366.9	0	0	0	735.9	0	735.9	26
161	Bell	Valerie	Wetherby Runners AC	F50	220	252.8	180	236.0	180	246.5	0	0	0	735.3	0	735.3	14
162	Bryant	Danni	Hyde Park Harriers	F5EN	0	0.0	136	300.9	178	249.3	93	184.9	735.1	0	735.1	59	
163	Sykes	Joanne	Harrogate Tri Club	F5EN	0	0.0	87	373.2	100	359.8	0	0	0	732.9	0	732.9	60
164	Warner	Emma	Wetherby Runners AC	F40	118	367.9	93	364.3	0	0	0	0	732.3	0	732.3	27	
165	Macdonald	Wanda	St Therasas AC	F55	121	364.6	91	367.3	0	0	0	0	731.8	0	731.8	13	
166	Brant	Helen	Saltire Striders	F35	221	251.7	155	272.9	210	204.0	0	0	0	728.5	0	728.5	27
167	Owen	Kath	Chapel Allerton Runners	F35	136	347.6	185	228.6	0	0	103	150.7	726.9	0	726.9	28	
168	Lofthouse	Sarah	Nidd Valley Road Runners	F5EN	0	0.0	85	376.1	107	349.9	0	0	0	726.0	0	726.0	61
169	Scott	Ewa	Nidd Valley Road Runners	F45	237	233.6	162	262.5	196	223.8	0	0	0	720.0	0	720.0	20
170	Hulme-Vickerstaff	Lisa	Abbey Runners	F50	217	256.2	181	234.5	193	228.0	0	0	0	718.8	0	718.8	15
171	Foulke	Andrea	Kippax Harriers	F40	246	223.5	154	274.3	0	0	83	219.2	717.0	0	717.0	28	
172	Gibbs	Claire	Nidd Valley Road Runners	F45	120	365.7	0	0	113	341.4	0	0	0	707.0	0	707.0	21
173	King	Sheila	Kirkstall Harriers	F50	199	276.5	149	281.7	0	0	104	147.3	705.5	0	705.5	16	
174	Smith	Alison	Abbey Runners	F45	0	0.0	0	0	96	365.4	50	332.2	697.6	0	697.6	22	
175	Moul	Kirsten	Harrogate Harriers & AC	F50	119	366.8	0	0	121	330.0	0	0	0	696.8	0	696.8	17
176	Hutchinson	Kristen	Abbey Runners	F35	0	0.0	0	0	93	369.7	52	325.3	695.0	0	695.0	29	
177	Thomson	Julia	Harrogate Tri Club	F55	142	340.9	101	352.5	0	0	0	0	693.4	0	693.4	14	
178	Francis	Sue	Ackworth Road Runners	F55	0	0.0	96	359.9	123	327.2	0	0	0	687.1	0	687.1	15
179	Burns	Emily	York Postal Harriers	F5EN	127	357.8	117	328.9	0	0	0	0	686.7	0	686.7	62	
180	Clark	Amanda	York Postal Harriers	F50	256	212.2	191	219.8	176	252.1	0	0	0	684.1	0	684.1	18
181	Harrop	Emma	Horsforth Harriers	F55	224	248.3	199	208.0	198	221.0	0	0	0	677.2	0	677.2	16
182	Lewis	Helen	Roundhay Runners	F45	272	194.1	178	238.9	182	243.6	0	0	0	676.7	0	676.7	23
183	Fulton	Heather	Hyde Park Harriers	F5EN	242	228.0	172	247.8	216	195.5	0	0	0	671.2	0	671.2	63
184	Griffiths	Alys	Hyde Park Harriers	F5EN	153	328.4	112	336.3	0	0	0	0	0	664.7	0	664.7	64
185	Hawking	Veronica	Kippax Harriers	F35	129	355.5	133	305.3	0	0	0	0	0	660.8	0	660.8	30
186	Forey	Leah	Dragons Running Club	F5EN	0	0.0	173	246.3	170	260.6	105	143.8	650.8	0	650.8	65	
187	Heselaine	Jo	Rothwell Harriers & AC	F50	148	334.1	127	314.2	0	0	0	0	648.2	0	648.2	19	
188	Barrett	Catherine	Kirkstall Harriers	F40	286	178.3	211	190.3	179	247.9	86	208.9	825.4	178.3	647.0	29	
189	Bouderba	Deirdre	York Postal Harriers	F50	226	246.0	0										

210	Salih	Jasmine	Abbey Runners	F45	195	281.0	339	1.5	145	296.0	0	0.0	578.5	0.0	578.5	29
211	Spells	Ayla	Roundhay Runners	F5EN	0	0.0	128	312.7	0	0.0	71	260.3	573.0	0.0	573.0	71
212	Evans	Clare	Hyde Park Harriers	F5EN	0	0.0	152	277.3	230	175.6	112	119.9	572.8	0.0	572.8	72
213	Woodward	Victoria	Chapel Allerton Runners	F35	0	0.0	0	0.0	134	311.6	73	253.4	565.0	0.0	565.0	33
214	Hipkiss	Vicki	Kirkstall Harriers	F50	273	193.0	215	184.4	227	179.9	101	157.5	714.8	157.5	557.3	24
215	Jackson	Felicity	Abbey Runners	F5EN	281	184.0	209	193.2	228	178.5	0	0.0	555.7	0.0	555.7	73
216	Kennedy	Claire	Chapel Allerton Runners	F5EN	0	0.0	148	283.2	163	270.5	0	0.0	553.7	0.0	553.7	74
217	Burden	Hannah	Dragons Running Club	F35	227	244.9	0	0.0	137	307.4	0	0.0	552.3	0.0	552.3	34
218	Fotherby	Pascale	Valley Striders	F40	253	215.6	236	153.4	225	182.7	106	140.4	692.1	140.4	551.7	32
219	Ross	Shantel	Horsforth Harriers	F5EN	201	274.3	0	0.0	160	274.8	0	0.0	549.1	0.0	549.1	75
220	Mcquire	Catherine	Hyde Park Harriers	F5EN	186	291.2	166	256.6	0	0.0	0	0.0	547.8	0.0	547.8	76
221	Hough	Emma	Dragons Running Club	F45	320	140.0	200	206.5	213	199.7	108	133.6	679.7	133.6	546.2	30
222	Timpson	Charlotte	Chapel Allerton Runners	F35	178	300.2	174	244.8	0	0.0	0	0.0	545.1	0.0	545.1	35
223	Watkins	Stephanie	Rothwell Harriers & AC	F45	197	278.8	160	265.5	0	0.0	0	0.0	544.3	0.0	544.3	31
224	Wilkinson	Paula	Knaresborough Striders	F50	295	168.2	213	187.3	222	187.0	118	99.3	641.8	99.3	542.5	25
225	Barraclough	Lynsey	Nidd Valley Road Runners	F40	294	169.3	202	203.5	236	167.1	0	0.0	540.0	0.0	540.0	33
226	Kenny	Hayley	Rothwell Harriers & AC	F50	193	283.3	167	255.2	0	0.0	0	0.0	538.5	0.0	538.5	26
227	Melville	Viv	Harrogate Tri Club	F45	279	186.2	247	137.2	203	213.9	0	0.0	537.3	0.0	537.3	32
228	Dellamico	Louise	Saltaire Striders	F40	283	181.7	203	202.1	246	153.0	0	0.0	536.8	0.0	536.8	34
229	Jago	Gillian	Eccleshill Road Runners	F40	206	268.6	163	261.1	0	0.0	0	0.0	529.7	0.0	529.7	35
230	Ellis	Ange	Abbey Runners	F45	238	232.5	0	0.0	146	294.6	0	0.0	527.1	0.0	527.1	33
231	Johnson	Angela	Horsforth Harriers	F65	223	249.4	176	241.9	329	35.4	0	0.0	526.7	0.0	526.7	2
232	Killingworth	Claire	Knaresborough Striders	F5EN	189	287.8	179	237.5	0	0.0	0	0.0	525.3	0.0	525.3	77
233	Kirk	Sophie	Horsforth Harriers	F5EN	311	150.1	218	179.9	272	116.1	90	195.2	641.4	116.1	525.3	78
234	Steele	Julie	Eccleshill Road Runners	F55	214	259.6	238	150.4	276	110.5	0	0.0	520.5	0.0	520.5	20
235	Podesta	Sarah	Airecentre Pacers	F45	198	277.7	0	0.0	188	235.1	0	0.0	512.8	0.0	512.8	34
236	Swales	Sarah	Roundhay Runners	F55	231	240.4	0	0.0	162	272.0	0	0.0	512.4	0.0	512.4	21
237	Blakeley	Alyson	Roundhay Runners	F40	267	199.8	0	0.0	214	198.3	114	113.0	511.1	0.0	511.1	36
238	Ventress	Rebecca	Nidd Valley Road Runners	F40	207	267.5	0	0.0	183	242.2	0	0.0	509.7	0.0	509.7	37
239	Cosgrove-Hines	Jodie	Horsforth Harriers	F35	0	0.0	150	280.2	192	229.5	0	0.0	509.7	0.0	509.7	36
240	Wood	Hannah	Horsforth Harriers	F5EN	285	179.5	221	175.5	245	154.4	0	0.0	509.4	0.0	509.4	79
241	James	Julie	St Therasas AC	F55	176	302.5	0	0.0	0	0.0	87	205.5	508.0	0.0	508.0	22
242	Hunter	Alison	Kippax Harriers	F55	241	229.1	0	0.0	159	276.2	0	0.0	505.3	0.0	505.3	23
243	Gill	Kelly	Ackworth Road Runners	F40	251	217.8	147	284.7	0	0.0	0	0.0	502.5	0.0	502.5	38
244	Coates	Maisie	Horsforth Harriers	F5EN	307	154.6	0	0.0	249	148.7	91	191.8	495.1	0.0	495.1	80
245	Johnson	Louise	Dragons Running Club	F35	0	0.0	124	318.6	0	0.0	96	174.7	493.2	0.0	493.2	37
246	Fenton	Helen	St Therasas AC	F50	205	269.8	0	0.0	199	219.5	0	0.0	489.3	0.0	489.3	27
247	Dransfield	Emma	Roundhay Runners	F5EN	14	485.3	0	0.0	0	0.0	0	0.0	485.3	0.0	485.3	81
248	Mingham	Joanna	Kirkstall Harriers	F60	0	0.0	205	199.1	220	189.8	119	95.9	484.8	0.0	484.8	6
249	Padilla	Monica	Wharfedale Harriers	F35	0	0.0	0	0.0	12	484.4	0	0.0	484.4	0.0	484.4	38
250	Stocks	Anna	Hyde Park Harriers	F5EN	15	484.2	0	0.0	0	0.0	0	0.0	484.2	0.0	484.2	82
251	Carter	Rachel	Ilkley Harriers	F40	0	0.0	0	0.0	13	483.0	0	0.0	483.0	0.0	483.0	39
252	Hewson	Abbey	Roundhay Runners	F5EN	292	171.6	225	169.6	254	141.6	0	0.0	482.8	0.0	482.8	83
253	Johnson	Kate	Abbey Runners	F45	0	0.0	196	212.4	229	177.1	120	92.5	481.9	0.0	481.9	35
254	Prentis	Paula	Harrogate Harriers & AC	F55	278	187.4	0	0.0	240	161.5	109	130.1	479.0	0.0	479.0	24
255	Dransfield	Laura	Roundhay Runners	F5EN	23	475.2	0	0.0	0	0.0	0	0.0	475.2	0.0	475.2	84
256	Roe	Annette	Rothwell Harriers & AC	F40	232	239.3	183	231.6	0	0.0	0	0.0	470.8	0.0	470.8	40
257	Thompson	Seonaid	Wetherby Runners AC	F5EN	0	0.0	0	0.0	22	470.3	0	0.0	470.3	0.0	470.3	85
258	Jackson	Sam	St Therasas AC	F35	252	216.7	0	0.0	175	253.5	0	0.0	470.2	0.0	470.2	39
259	Reeve	Angela	Wetherby Runners AC	F40	0	0.0	0	0.0	26	464.6	0	0.0	464.6	0.0	464.6	41
260	Dykes	Carly	Airecentre Pacers	F40	324	135.4	210	191.7	282	102.0	107	137.0	566.1	102.0	464.2	42
261	Ward	Nicola	Kippax Harriers	F45	305	156.9	237	151.9	247	151.6	0	0.0	460.4	0.0	460.4	36
262	Sunman	Ellie	LUUCC	F5EN	0	0.0	31	455.8	0	0.0	0	0.0	455.8	0.0	455.8	86
263	Gray	Rebecca	Hyde Park Harriers	F5EN	0	0.0	0	0.0	0	0.0	14	455.5	455.5	0.0	455.5	87
264	Tiffney	Penelope	Nidd Valley Road Runners	F40	303	159.1	227	166.7	263	128.9	0	0.0	454.7	0.0	454.7	43
265	Terry	Carly	Chapel Allerton Runners	F35	302	160.3	229	163.7	262	130.3	0	0.0	454.3	0.0	454.3	40
266	Laxton	Amelia	Valley Striders	F5EN	0	0.0	32	454.3	0	0.0	0	0.0	454.3	0.0	454.3	88
267	Garratt	Laura	Hyde Park Harriers	F35	301	161.4	233	157.8	259	134.6	113	116.4	570.2	116.4	453.8	41
268	Johnstone	Vicki	Valley Striders	F45	244	225.7	186	227.1	0	0.0	0	0.0	452.9	0.0	452.9	37
269	Spencer	Amanda	Valley Striders	F50	44	451.5	0	0.0	0	0.0	0	0.0	451.5	0.0	451.5	28
270	Eastwood	Nicola	Roundhay Runners	F50	0	0.0	34	451.3	0	0.0	0	0.0	451.3	0.0	451.3	29
271	Sedgley	Laura	Chapel Allerton Runners	F45	233	238.1	0	0.0	204	212.5	0	0.0	450.6	0.0	450.6	38
272	Scott	Elizabeth	Chapel Allerton Runners	F5EN	45	450.3	0	0.0	0	0.0	0	0.0	450.3	0.0	450.3	89
273	Hardaker	Joanne	Saltaire Striders	F45	230	241.5	0	0.0	208	206.8	0	0.0	448.3	0.0	448.3	39
274	Tolkin	Sarah	Rothwell Harriers & AC	F35	0	0.0	0	0.0	40	444.8	0	0.0	444.8	0.0	444.8	42
275	Hughes	Rhianne	LUUCC	F5EN	51	443.6	0	0.0	0	0.0	0	0.0	443.6	0.0	443.6	90
276	Lees	Fyn	Knaresborough Striders	F35	250	219.0	188	224.2	0	0.0	0	0.0	442.2	0.0	442.2	43
277	Walker	Melissa	York Triathlon Club	F40	259	208.8	0	0.0	189	233.7	0	0.0	442.5	0.0	442.5	44
278	Pickering	Anna	Ilkley Harriers	F5EN	202	273.1	0	0.0	235	168.6	0	0.0	441.7	0.0	441.7	91
279	Hardy	Emma	Rothwell Harriers & AC	F40	53	441.3	0	0.0	0	0.0	0	0.0	441.3	0.0	441.3	45
280	Longfellow	Emma	St Therasas AC	F40	258	209.9	0	0.0	195	225.2	0	0.0	435.1	0.0	435.1	46
281	Evans	Emma	Ackworth Road Runners	F35	0	0.0	0	0.0	48	433.4	0	0.0	433.4	0.0	433.4	44
282	Gibson	Debbie	Nidd Valley Road Runners	F55	270	196.4	0	0.0	187	236.5	0	0.0	432.9	0.0	432.9	25
283	Normington	Rebecca	Wetherby Runners AC	F5EN	61	432.3	0	0.0	0	0.0	0	0.0	432.3	0.0	432.3	92
284	Kirkham	Katherine	Wharfedale Harriers	F40	0	0.0	0	0.0	50	430.6	0	0.0	430.6	0.0	430.6	47
285	Mcmullan	Jess	Roundhay Runners	F40	63	430.0	0	0.0	0	0.0	0	0.0	430.0	0.0	430.0	48
286	Lawrence	Hayley	Roundhay Runners	F5EN	0	0.0	49	429.2	0	0.0	0	0.0	429.2	0.0	429.2	93
287	Reid	Carol	Valley Striders	F35	65	427.8	0	0.0	0	0.0	0	0.0	427.8	0.0	427.8	45
288	Edmondson	Gill	Wetherby Runners AC	F40	0	0.0	0	0.0	52	427.8	0	0.0	427.8	0.0	427.8	49
289	Fox	Judith	Horsforth Harriers	F50	66	426.6	0	0.0	0	0.0	0	0.0	426.6	0.0	426.6	30
290	Howe	Caroline	Ilkley Harriers	F35	71	421.0	0	0.0	0	0.0	0	0.0	421.0	0.0	421.0	46
291	Ramsden	Denise	Rothwell Harriers & AC	F50	327	132.1	230	162.2	265	126.1	0	0.0	420.4	0.0	420.4	31
292	Taylor	Samantha	Kirkstall Harriers	F5EN	310	151.2	250	132.7	258	136.0	0	0.0	420.0	0.0	420.0	94
293	Mann	Sarah	Valley Striders	F35	73	418.7	0	0.0	0	0.0	0	0.0	418.7	0.0	418.7	47
294	Bruckner	Cat	Saltaire Striders	F35	0	0.0	246	138.6	234	170.0	115	109.6	418.2	0.0	418.2	48
295	Hoggard	Karly	Wetherby Runners AC	F35	74	417.6	0	0.0	0	0.0	0	0.0	417.6	0.0	417.6	49
296	Scott	Katharine	Abbey Runners	F40	240	230.2	0	0.0	278	10						

317	Bentley	Clare	Wetherby Runners AC	F50	345	111.7	263	113.6	237	165.7	0	0.0	391.0	0.0	391.0	38
318	Roberts	Grace	Hyde Park Harriers	FSEN	328	130.9	226	168.1	290	90.7	0	0.0	389.7	0.0	389.7	100
319	Hutton	Rebecca	Chapel Allerton Runners	F45	280	185.1	0	0.0	211	202.5	0	0.0	387.7	0.0	387.7	43
320	Heaton	Joanna	Roundhay Runners	FSEN	102	386.0	0	0.0	0	0.0	0	0.0	386.0	0.0	386.0	101
321	Keadin-Brown	Patricia	Rothwell Harriers & AC	F40	313	147.9	265	110.6	264	127.5	0	0.0	386.0	0.0	386.0	54
322	Dery	Joanne	Wetherby Runners AC	F55	0	0.0	0	0.0	83	383.9	0	0.0	383.9	0.0	383.9	26
323	Coster	Emma	Wetherby Runners AC	F45	106	381.5	0	0.0	0	0.0	0	0.0	381.5	0.0	381.5	44
324	Cowley	Jenni	Wharfedale Harriers	F40	107	380.4	0	0.0	0	0.0	0	0.0	380.4	0.0	380.4	55
325	Hurst	Bev	Horsforth Harriers	F55	108	379.2	0	0.0	0	0.0	0	0.0	379.2	0.0	379.2	27
326	Whitehouse	Louise	Horsforth Harriers	F40	314	146.7	0	0.0	190	232.3	0	0.0	379.0	0.0	379.0	56
327	Tombs	Gail	Ackworth Road Runners	F65	263	204.3	222	174.0	0	0.0	0	0.0	378.3	0.0	378.3	3
328	Adams	Liz	Valley Striders	F45	0	0.0	84	377.6	0	0.0	0	0.0	377.6	0.0	377.6	45
329	Coombes	Lizzie	Hyde Park Harriers	F50	276	189.6	214	185.8	0	0.0	0	0.0	375.5	0.0	375.5	39
330	Davey	Jo	Wetherby Runners AC	F45	0	0.0	0	0.0	90	373.9	0	0.0	373.9	0.0	373.9	46
331	Dlasser	Debbie	Nidd Valley Road Runners	F40	277	188.5	216	182.9	0	0.0	0	0.0	371.4	0.0	371.4	57
332	Waite	Sarah	Rothwell Harriers & AC	F35	0	0.0	0	0.0	94	368.3	0	0.0	368.3	0.0	368.3	53
333	Magennis	Janice	Eccleshill Road Runners	F55	316	144.5	258	120.9	285	97.7	0	0.0	363.1	0.0	363.1	28
334	Hartley	Nicola	Valley Striders	FSEN	0	0.0	97	358.4	0	0.0	0	0.0	358.4	0.0	358.4	102
335	Tam	Farah	Chapel Allerton Runners	FSEN	317	143.3	195	213.9	0	0.0	0	0.0	357.2	0.0	357.2	103
336	Cook	Mags	Roundhay Runners	F65	0	0.0	217	181.4	231	174.2	0	0.0	355.6	0.0	355.6	4
337	Hayward	Jess	York Postal Harriers	FSEN	132	352.1	0	0.0	0	0.0	0	0.0	352.1	0.0	352.1	104
338	Chalmers	Sarah	Nidd Valley Road Runners	F55	299	163.7	268	106.2	296	82.2	0	0.0	352.0	0.0	352.0	29
339	Lavery	Lesley	Abbey Runners	F50	321	138.8	260	118.0	291	89.2	0	0.0	346.1	0.0	346.1	40
340	Waddington	Helen	Ilkley Harriers	F50	140	343.1	0	0.0	0	0.0	0	0.0	343.1	0.0	343.1	41
341	Davis	Denise	Saltire Striders	F50	332	126.4	253	128.3	292	87.8	0	0.0	342.5	0.0	342.5	42
342	Downie	Helen	Roundhay Runners	F50	361	93.7	252	129.8	271	117.6	0	0.0	341.0	0.0	341.0	43
343	Dorington	Ruth	Abbey Runners	F50	0	0.0	109	340.7	0	0.0	0	0.0	340.7	0.0	340.7	44
344	Ashworth	Kathryn	Abbey Runners	F45	330	128.7	0	0.0	277	109.1	117	102.7	340.5	0.0	340.5	47
345	Gaughan	Kirstan	Rothwell Harriers & AC	F40	0	0.0	110	339.2	0	0.0	0	0.0	339.2	0.0	339.2	58
346	Chapman	Wendy	Kippax Harriers	F60	319	141.1	207	196.2	0	0.0	0	0.0	337.2	0.0	337.2	7
347	Moran	Carol	Kirkstall Harriers	F55	384	67.7	248	135.7	260	133.1	0	0.0	336.6	0.0	336.6	30
348	Keighley	Carole	Airecentre Pacers	F55	333	125.3	0	0.0	256	138.8	126	71.9	336.0	0.0	336.0	31
349	Blackburn	Serena	Horsforth Harriers	F50	0	0.0	0	0.0	118	334.3	0	0.0	334.3	0.0	334.3	45
350	Mctaggart	Annette	Kippax Harriers	F45	373	80.1	266	109.1	252	144.5	0	0.0	333.8	0.0	333.8	48
351	Alderson	Michelle	Roundhay Runners	F35	0	0.0	114	333.3	0	0.0	0	0.0	333.3	0.0	333.3	54
352	Day	Julia	Horsforth Harriers	F50	149	333.0	0	0.0	0	0.0	0	0.0	333.0	0.0	333.0	46
353	Guv	Fran	Saltire Striders	F50	360	94.8	264	112.1	266	124.6	0	0.0	331.5	0.0	331.5	47
354	Churm	Lucy	Kirkstall Harriers	F40	0	0.0	0	0.0	120	331.4	0	0.0	331.4	0.0	331.4	59
355	Atkinson	Karen	St Therasas AC	F50	151	330.7	0	0.0	0	0.0	0	0.0	330.7	0.0	330.7	48
356	Roberts	Lindsay	Roundhay Runners	F35	323	136.6	0	0.0	219	191.2	0	0.0	327.8	0.0	327.8	55
357	Wilson	Trish	Rothwell Harriers & AC	F40	0	0.0	118	327.4	0	0.0	0	0.0	327.4	0.0	327.4	60
358	Clark	Emma	Wetherby Runners AC	F40	155	326.2	0	0.0	0	0.0	0	0.0	326.2	0.0	326.2	61
359	Smith	Anna	Bradford Airedale AC	F55	156	325.1	0	0.0	0	0.0	0	0.0	325.1	0.0	325.1	32
360	Mcgrath	Helen	Roundhay Runners	F35	0	0.0	0	0.0	125	324.4	0	0.0	324.4	0.0	324.4	56
361	Meikle	Jeanette	Roundhay Runners	F50	348	108.4	261	116.5	284	99.2	0	0.0	324.0	0.0	324.0	49
362	Holmes	Kirstie	Horsforth Fellandale	F45	158	322.8	0	0.0	0	0.0	0	0.0	322.8	0.0	322.8	49
363	Briggingshaw	Emma	Kirkstall Harriers	F40	0	0.0	0	0.0	0	0.0	53	321.9	321.9	0.0	321.9	62
364	Young	Claire	Roundhay Runners	F35	159	321.7	0	0.0	0	0.0	0	0.0	321.7	0.0	321.7	57
365	Gore	Sarah	Knarsborough Striders	F40	312	149.0	223	172.6	0	0.0	0	0.0	321.6	0.0	321.6	63
366	Dawkins	Deanna	York Postal Harriers	FSEN	161	319.4	0	0.0	0	0.0	0	0.0	319.4	0.0	319.4	105
367	Akeroyd	Mel	Saltire Striders	F40	288	176.1	244	141.6	0	0.0	0	0.0	317.7	0.0	317.7	64
368	Foy	Tracy	Saltire Striders	F45	0	0.0	0	0.0	131	315.9	0	0.0	315.9	0.0	315.9	50
369	Girdham	Jane	Horsforth Harriers	FSEN	165	314.9	0	0.0	0	0.0	0	0.0	314.9	0.0	314.9	106
370	Oldridge	Jenny	Horsforth Harriers	F45	0	0.0	0	0.0	0	0.0	56	311.6	311.6	0.0	311.6	51
371	Reperecki	Adela	Ilkley Harriers	F55	168	311.5	0	0.0	0	0.0	0	0.0	311.5	0.0	311.5	33
372	Fletcher	Lynn	St Therasas AC	F65	351	105.0	272	100.3	280	104.8	127	68.5	378.6	68.5	310.1	5
373	Warren	Catherine	Ackworth Road Runners	F50	170	309.3	0	0.0	0	0.0	0	0.0	309.3	0.0	309.3	50
374	Horton	Helen	Ilkley Harriers	F55	174	304.7	0	0.0	0	0.0	0	0.0	304.7	0.0	304.7	34
375	Lister	Emma	Ackworth Road Runners	FSEN	175	303.6	0	0.0	0	0.0	0	0.0	303.6	0.0	303.6	107
376	Quayle	Deborah	Roundhay Runners	F35	0	0.0	249	134.2	238	164.3	0	0.0	298.5	0.0	298.5	58
377	Farooq	Kohl	Bradford Airedale AC	F50	309	152.4	241	146.0	0	0.0	0	0.0	298.4	0.0	298.4	51
378	Jarvis	Debbie	Nidd Valley Road Runners	F50	379	73.4	269	104.7	270	119.0	0	0.0	297.1	0.0	297.1	52
379	Durkin	Linda	Kippax Harriers	F55	181	296.8	0	0.0	0	0.0	0	0.0	296.8	0.0	296.8	35
380	Sanders	Caroline	Hyde Park Harriers	F40	0	0.0	139	296.5	0	0.0	0	0.0	296.5	0.0	296.5	65
381	Sellers	Gillian	York Triathlon Club	F50	334	124.2	224	171.1	0	0.0	0	0.0	295.2	0.0	295.2	53
382	Pyner	Ali	Roundhay Runners	F35	381	71.1	239	149.0	301	75.1	0	0.0	295.1	0.0	295.1	59
383	Goody	Rebecca	Hyde Park Harriers	F35	306	155.8	0	0.0	257	137.4	0	0.0	293.1	0.0	293.1	60
384	Smith	Emma	Ackworth Road Runners	F45	190	286.7	0	0.0	0	0.0	0	0.0	286.7	0.0	286.7	52
385	Ross	Heather	Chapel Allerton Runners	F45	341	116.3	283	84.1	304	70.8	122	85.6	356.8	70.8	285.9	53
386	Kettlewell	Laura	Hyde Park Harriers	F35	194	282.2	0	0.0	0	0.0	0	0.0	282.2	0.0	282.2	61
387	Foot	Pauline	York Triathlon Club	F50	0	0.0	0	0.0	155	281.9	0	0.0	281.9	0.0	281.9	54
388	Dent	Abi	Ackworth Road Runners	FSEN	196	279.9	0	0.0	0	0.0	0	0.0	279.9	0.0	279.9	108
389	Johnson	Sophie	York Postal Harriers	FSEN	0	0.0	151	278.8	0	0.0	0	0.0	278.8	0.0	278.8	109
390	Powell	Ange	Roundhay Runners	F50	362	92.6	267	107.7	300	76.5	0	0.0	276.7	0.0	276.7	55
391	Ball	Liz	Valley Striders	F65	0	0.0	153	275.8	0	0.0	0	0.0	275.8	0.0	275.8	6
392	McGouran	Ursula	Wetherby Runners AC	F60	200	275.4	0	0.0	0	0.0	0	0.0	275.4	0.0	275.4	8
393	Palmer	Kelly	Kippax Harriers	F60	369	84.7	284	82.6	279	106.2	132	51.4	324.8	51.4	273.5	9
394	Addison	Christine	Horsforth Fellandale	F55	204	270.9	0	0.0	0	0.0	0	0.0	270.9	0.0	270.9	36
395	Williamson	Sue	Ilkley Harriers	F55	342	115.1	274	97.3	313	58.1	0	0.0	270.5	0.0	270.5	37
396	Hey	Wendy	Saltire Striders	F50	0	0.0	0	0.0	165	267.7	0	0.0	267.7	0.0	267.7	56
397	Grantham	Tiffany	Chapel Allerton Runners	FSEN	297	165.9	0	0.0	283	100.6	0	0.0	266.5	0.0	266.5	110
398	Gill	Violet	St Therasas AC	F55	318	142.2	257	122.4	0	0.0	0	0.0	264.6	0.0	264.6	38
399	Cook	Helen	Nidd Valley Road Runners	F40	0	0.0	161	264.0	0	0.0	0	0.0	264.0	0.0	264.0	66
400	Nicholson-Little	Anna	Kirkstall Harriers	FSEN	0	0.0	0	0.0	0	0.0	70	263.7	263.7	0.0	263.7	111
401	Hargreaves	Lynda	Wharfedale Harriers	F55	212	261.9	0	0.0	0	0.0	0	0.0	261.9	0.0	261.9	39
402	Farquhar	Fiona	Saltire Striders	F50	0	0.0	234	156.3	281	103.4	0	0.0	259.7	0.0	259.7	57
403	Morris	Sally	Ackworth Road Runners	F55	363	91.4	285	81.1	293	86.4	0	0.0	258.9	0.0	258.9	40
404	Wood	Edna	Knarsborough Striders	F55	343	114.0	243	143.1	0	0.0	0	0.0	2			

424	Schofield	Jayne	Wharfedale Harriers	F45	239	231.4	0	0.0	0	0.0	0	0.0	231.4	0.0	231.4	57
425	Sykes	Karen	Valley Striders	F50	0	0.0	0	0.0	191	230.9	0	0.0	230.9	0.0	230.9	63
426	Lowe	Liz	Roundhay Runners	F50	0	0.0	184	230.1	0	0.0	0	0.0	230.1	0.0	230.1	64
427	Fannen	Sally	Knarborough Striders	F40	243	226.9	0	0.0	0	0.0	0	0.0	226.9	0.0	226.9	68
428	Barrett	Jo	York Postal Harriers	F40	245	224.6	0	0.0	0	0.0	0	0.0	224.6	0.0	224.6	69
429	Elliott	Katie	York Postal Harriers	F5EN	247	222.3	0	0.0	0	0.0	0	0.0	222.3	0.0	222.3	118
430	Smithson	Hannah	York Postal Harriers	F5EN	248	221.2	0	0.0	0	0.0	0	0.0	221.2	0.0	221.2	119
431	Robinson	Alice	Roundhay Runners	F5EN	376	76.7	0	0.0	253	143.1	0	0.0	219.8	0.0	219.8	120
432	Mills	Rachel	Nidd Valley Road Runners	F40	0	0.0	0	0.0	200	218.1	0	0.0	218.1	0.0	218.1	70
433	Brown	Larissa	Hyde Park Harriers	F5EN	0	0.0	0	0.0	202	215.3	0	0.0	215.3	0.0	215.3	121
434	Turner	Jayne	Rothwell Harriers & AC	F45	254	214.4	0	0.0	0	0.0	0	0.0	214.4	0.0	214.4	58
435	Robinson	Liz	Eccleshill Road Runners	F50	257	211.1	0	0.0	0	0.0	0	0.0	211.1	0.0	211.1	65
436	Foster	Ann	Wetherby Runners AC	F45	0	0.0	197	210.9	0	0.0	0	0.0	210.9	0.0	210.9	59
437	Gooch	Rebecca	Chapel Allerton Runners	F50	340	117.4	279	90.0	0	0.0	0	0.0	207.4	0.0	207.4	66
438	Rhodes	Amanda	Abbey Runners	F45	261	206.5	0	0.0	0	0.0	0	0.0	206.5	0.0	206.5	60
439	Holmes	Fiona	Abbey Runners	F35	262	205.4	0	0.0	0	0.0	0	0.0	205.4	0.0	205.4	64
440	Watson	Madeleine	Chapel Allerton Runners	F55	0	0.0	0	0.0	251	145.9	130	58.2	204.1	0.0	204.1	44
441	Solomon	Kate	Hyde Park Harriers	F5EN	349	107.2	0	0.0	286	96.3	0	0.0	203.5	0.0	203.5	122
442	Barker	Sarah	Nidd Valley Road Runners	F35	265	202.0	0	0.0	0	0.0	0	0.0	202.0	0.0	202.0	65
443	Peck	Laura	Horsforth Harriers	F5EN	357	98.2	271	101.8	0	0.0	0	0.0	200.0	0.0	200.0	123
444	Fall	Alison	Chapel Allerton Runners	F35	355	100.5	273	98.8	0	0.0	0	0.0	199.3	0.0	199.3	66
445	Holmes	Ursula	Nidd Valley Road Runners	F50	269	197.5	0	0.0	0	0.0	0	0.0	197.5	0.0	197.5	67
446	Wilkinson	Nadene	Nidd Valley Road Runners	F35	271	195.3	0	0.0	0	0.0	0	0.0	195.3	0.0	195.3	67
447	Callaghan	Melanie	Wetherby Runners AC	F55	394	56.4	297	63.4	317	52.4	125	75.3	247.6	52.4	195.2	45
448	Beddow	Helen	Hyde Park Harriers	F5EN	0	0.0	208	194.7	0	0.0	0	0.0	194.7	0.0	194.7	124
449	Jacobs	Gina	Hyde Park Harriers	F40	0	0.0	0	0.0	217	194.1	0	0.0	194.1	0.0	194.1	71
450	Thompson	Su	Wharfedale Harriers	F50	0	0.0	0	0.0	218	192.6	0	0.0	192.6	0.0	192.6	68
451	Jones	Lisa	Valley Striders	F45	274	191.9	0	0.0	0	0.0	0	0.0	191.9	0.0	191.9	61
452	James	Catherine	Kirkstall Harriers	F5EN	275	190.7	0	0.0	0	0.0	0	0.0	190.7	0.0	190.7	125
453	Richardson	Emma-Jane	Kippax Harriers	F35	0	0.0	0	0.0	223	185.6	0	0.0	185.6	0.0	185.6	68
454	Clayman	Leanne	Roundhay Runners	F35	0	0.0	0	0.0	224	184.1	0	0.0	184.1	0.0	184.1	69
455	Nurse	Helen	Chapel Allerton Runners	F50	282	182.8	0	0.0	0	0.0	0	0.0	182.8	0.0	182.8	69
456	Wood	Kerry	Saltaire Striders	F40	0	0.0	0	0.0	226	181.3	0	0.0	181.3	0.0	181.3	72
457	Bird	Philippa	Saltaire Striders	F35	284	180.6	0	0.0	0	0.0	0	0.0	180.6	0.0	180.6	70
458	Jeeps	Rosemary	Bradford Airedale AC	F55	387	64.3	300	59.0	315	55.2	0	0.0	178.6	0.0	178.6	46
459	Nowak	Madeleine	Hyde Park Harriers	F5EN	0	0.0	295	66.4	275	111.9	0	0.0	178.3	0.0	178.3	126
460	Hindmarsh	Liz	Abbey Runners	F35	0	0.0	0	0.0	0	0.0	95	178.1	178.1	0.0	178.1	71
461	Tomlinson	Sarah	Dragons Running Club	F45	287	177.2	0	0.0	0	0.0	0	0.0	177.2	0.0	177.2	62
462	Capstick	Rachel	Nidd Valley Road Runners	F40	0	0.0	220	177.0	0	0.0	0	0.0	177.0	0.0	177.0	73
463	Weston	Jacqui	Ilkley Harriers	F50	289	174.9	0	0.0	0	0.0	0	0.0	174.9	0.0	174.9	70
464	Plumridge	Carol	Rothwell Harriers & AC	F55	404	45.1	308	47.2	297	80.7	0	0.0	173.1	0.0	173.1	47
465	Hembra	Daniella	Chapel Allerton Runners	F40	368	85.8	281	87.0	0	0.0	0	0.0	172.8	0.0	172.8	74
466	Dambrough	Dorothy	Airecentre Pacers	F60	359	95.9	288	76.7	0	0.0	0	0.0	172.6	0.0	172.6	10
467	Mc Tague	Moiria	Nidd Valley Road Runners	F60	293	170.4	0	0.0	0	0.0	0	0.0	170.4	0.0	170.4	11
468	Graham	June	Knarborough Striders	F55	296	167.0	0	0.0	0	0.0	0	0.0	167.0	0.0	167.0	48
469	Myers	Sarah	Eccleshill Road Runners	F45	382	70.0	287	78.2	341	18.4	0	0.0	166.6	0.0	166.6	63
470	Leech	Katherine	York Triathlon Club	F35	0	0.0	228	165.2	0	0.0	0	0.0	165.2	0.0	165.2	72
471	Hall	Sarah	Roundhay Runners	F40	298	164.8	0	0.0	0	0.0	0	0.0	164.8	0.0	164.8	75
472	Gibson	Lindsey	Roundhay Runners	F40	374	79.0	0	0.0	294	85.0	0	0.0	164.0	0.0	164.0	76
473	Chruscht	Janice	Airecentre Pacers	F40	0	0.0	0	0.0	239	162.9	0	0.0	162.9	0.0	162.9	77
474	Walton	Sarah	Chapel Allerton Runners	F50	344	112.9	0	0.0	0	0.0	133	47.9	160.8	0.0	160.8	71
475	Daniels	Karly	Kippax Harriers	F5EN	0	0.0	232	159.3	0	0.0	0	0.0	159.3	0.0	159.3	127
476	Park	Carey	Rothwell Harriers & AC	F45	403	46.3	307	48.7	309	63.7	134	44.5	203.2	44.5	158.7	64
477	Berry	Wendy	Ackworth Road Runners	F55	0	0.0	280	88.5	305	69.4	0	0.0	157.9	0.0	157.9	49
478	Peagram	Hannah	Nidd Valley Road Runners	F40	0	0.0	0	0.0	243	157.2	0	0.0	157.2	0.0	157.2	78
479	Morten	Sylvia	Nidd Valley Road Runners	F55	391	59.8	306	50.1	321	46.7	140	24.0	180.7	24.0	156.7	50
480	Mccarthy	Angela	Rothwell Harriers & AC	F55	367	86.9	293	69.3	0	0.0	0	0.0	156.2	0.0	156.2	51
481	Bright	Sarah	Wharfedale Harriers	F35	0	0.0	0	0.0	248	150.1	0	0.0	150.1	0.0	150.1	73
482	Lofthouse	Kate	Ilkley Harriers	F55	0	0.0	275	95.9	316	53.8	0	0.0	149.7	0.0	149.7	52
483	King	Vicki	Roundhay Runners	F45	377	75.6	0	0.0	302	73.7	0	0.0	149.3	0.0	149.3	65
484	Foreman	Helen	Wetherby Runners AC	F45	395	55.3	0	0.0	289	92.1	0	0.0	147.4	0.0	147.4	66
485	Holmes	Katie	Horsforth Harriers	F35	0	0.0	0	0.0	250	147.3	0	0.0	147.3	0.0	147.3	74
486	Shepherd	Tanya	Horsforth Fellandale	F5EN	315	145.6	0	0.0	0	0.0	0	0.0	145.6	0.0	145.6	128
487	Hattrell	Becca	St Theresas AC	F5EN	0	0.0	276	94.4	319	49.6	0	0.0	144.0	0.0	144.0	129
488	Butterworth	Heather	Roundhay Runners	F5EN	0	0.0	0	0.0	255	140.2	0	0.0	140.2	0.0	140.2	130
489	Hall	Charlotte	Roundhay Runners	F40	375	77.9	0	0.0	314	56.7	0	0.0	134.5	0.0	134.5	79
490	Navarro	Penelope	Roundhay Runners	F40	380	72.2	0	0.0	0	0.0	129	61.6	133.9	0.0	133.9	80
491	Cox	Zoe	Ackworth Road Runners	F35	326	133.2	0	0.0	0	0.0	0	0.0	133.2	0.0	133.2	75
492	Stevenson	Gill	Chapel Allerton Runners	F50	0	0.0	292	70.8	310	62.3	0	0.0	133.1	0.0	133.1	72
493	Oldfield	Julie	Roundhay Runners	F55	354	101.6	0	0.0	332	31.2	0	0.0	132.7	0.0	132.7	53
494	McLarron	Shervonne	Kirkstall Harriers	F45	0	0.0	0	0.0	261	131.7	0	0.0	131.7	0.0	131.7	67
495	Newman	Hannah	Kirkstall Harriers	F5EN	0	0.0	251	131.3	0	0.0	0	0.0	131.3	0.0	131.3	131
496	Persico	Lisa	Abbey Runners	F40	378	74.5	0	0.0	0	0.0	131	54.8	129.3	0.0	129.3	81
497	Vandevelde	Claire	Roundhay Runners	F35	331	127.5	0	0.0	0	0.0	0	0.0	127.5	0.0	127.5	76
498	Penrose	Kate	Kippax Harriers	F65	0	0.0	316	35.4	311	60.9	138	30.8	127.1	0.0	127.1	7
499	Hartley	Janet	Rothwell Harriers & AC	F60	0	0.0	298	61.9	308	65.2	0	0.0	127.1	0.0	127.1	12
500	Breaks-Holdsworth	Kirsty	Rothwell Harriers & AC	F40	335	123.0	0	0.0	0	0.0	0	0.0	123.0	0.0	123.0	82
501	Daniel	Alex	Wetherby Runners AC	F40	393	57.6	296	64.9	0	0.0	0	0.0	122.5	0.0	122.5	83
502	Travis	Karen	York Postal Harriers	F35	409	39.5	303	54.6	334	28.3	0	0.0	122.4	0.0	122.4	77
503	Pell	Valerie	Kippax Harriers	F60	336	121.9	0	0.0	0	0.0	0	0.0	121.9	0.0	121.9	13
504	Priest	Naomi	Chapel Allerton Runners	F5EN	0	0.0	0	0.0	268	121.8	0	0.0	121.8	0.0	121.8	132
505	Wilkinson	Jane	Nidd Valley Road Runners	F50	338	119.6	0	0.0	0	0.0	0	0.0	119.6	0.0	119.6	73
506	Waring	Joanne	Nidd Valley Road Runners	F45	339	118.5	0	0.0	0	0.0	0	0.0	118.5	0.0	118.5	68
507	Gabriel	Kate	Roundhay Runners	F55	0	0.0	262	115.0	0	0.0	0	0.0	115.0	0.0	115.0	54
508	Brown	Debbie	Hyde Park Harriers	F50	386	65.5	312	41.3	349	7.1	0	0.0	113.8	0.0	113.8	74
509	Colman	Eleanor	Hyde Park Harriers	F5EN	0	0.0	0	0.0	274	113.3	0	0.0	113.3	0.0	113.3	133
510	Hougham	Claire	Hyde Park Harriers	F40	406	42.9	309	45.7	337	24.1	0	0.0	112.7	0.0	112.7	84
511	McKinnell	Amanda	Ackworth Road Runners	F60	392	58.7	304	53.1	0	0.0	0	0.0	111.8	0.0	111.8	14
512	Lees	Adele	Hyde Park Harriers	F45												

531	Walgate	Anna	York Triathlon Club	F35	0	0.0	282	85.5	0	0.0	0	0.0	85.5	0.0	85.5	81
532	Hornsby	Jill	Nidd Valley Road Runners	F60	401	48.5	0	0.0	328	36.8	0	0.0	85.4	0.0	85.4	17
533	Parnley	Hannah	Roundhay Runners	F5EN	372	81.3	338	2.9	0	0.0	0	0.0	84.2	0.0	84.2	138
534	Clifford	Carole	Rothwell Harriers & AC	F55	0	0.0	0	0.0	298	79.3	0	0.0	79.3	0.0	79.3	58
535	Williams	Anne	Roundhay Runners	F50	0	0.0	0	0.0	299	77.9	0	0.0	77.9	0.0	77.9	76
536	Middleton	Carol	Ackworth Road Runners	F55	418	29.3	320	29.5	342	17.0	0	0.0	75.8	0.0	75.8	59
537	Rowley	Sam	St Theresas AC	F50	417	30.5	0	0.0	322	45.3	0	0.0	75.8	0.0	75.8	77
538	Watson	Paula	St Theresas AC	F35	0	0.0	289	75.2	0	0.0	0	0.0	75.2	0.0	75.2	82
539	Howley	Deanna	Hyde Park Harriers	F5EN	0	0.0	291	72.3	0	0.0	0	0.0	72.3	0.0	72.3	139
540	Holt	Miami	Saltaire Striders	F5EN	410	38.4	318	32.4	0	0.0	0	0.0	70.8	0.0	70.8	140
541	James	Mary	Kirkstall Harriers	F60	383	68.8	0	0.0	0	0.0	0	0.0	68.8	0.0	68.8	18
542	Smith	Michelle	Nidd Valley Road Runners	F50	0	0.0	0	0.0	306	68.0	0	0.0	68.0	0.0	68.0	78
543	Richardson	Dawn	Knaresborough Striders	F55	385	66.6	0	0.0	0	0.0	0	0.0	66.6	0.0	66.6	60
544	Hussey	Jean	Valley Striders	F65	426	20.3	326	20.6	338	22.7	142	17.1	80.8	17.1	63.6	10
545	Brunning	Emma	Chapel Allerton Runners	F40	388	63.2	0	0.0	0	0.0	0	0.0	63.2	0.0	63.2	87
546	Coffey	Maureen	Roundhay Runners	F70	0	0.0	328	17.7	325	41.1	146	3.4	62.2	0.0	62.2	1
547	Binnian	Emma	Knaresborough Striders	F5EN	389	62.1	0	0.0	0	0.0	0	0.0	62.1	0.0	62.1	141
548	Buckley	Ann	Dragons Running Club	F40	420	27.1	317	33.9	0	0.0	0	0.0	61.0	0.0	61.0	88
549	Frezza	Antonia	Chapel Allerton Runners	F45	0	0.0	299	60.5	0	0.0	0	0.0	60.5	0.0	60.5	70
550	Haley	Louise	Rothwell Harriers & AC	F50	408	40.6	327	19.2	0	0.0	0	0.0	59.8	0.0	59.8	79
551	Jackson	Jen	York Triathlon Club	F35	0	0.0	302	56.0	0	0.0	0	0.0	56.0	0.0	56.0	83
552	Taylor	Fiona	Roundhay Runners	F50	396	54.2	0	0.0	0	0.0	0	0.0	54.2	0.0	54.2	80
553	Parker	Chris	Nidd Valley Road Runners	F70	0	0.0	330	14.7	327	38.2	0	0.0	53.0	0.0	53.0	2
554	Jones	Liz	Hyde Park Harriers	F60	0	0.0	305	51.6	0	0.0	0	0.0	51.6	0.0	51.6	19
555	Robinson	Penelope	Roundhay Runners	F65	412	36.1	334	8.8	0	0.0	0	0.0	45.0	0.0	45.0	11
556	Hill	Penny	Roundhay Runners	F50	0	0.0	0	0.0	323	43.9	0	0.0	43.9	0.0	43.9	81
557	Murden	Sarah	Rothwell Harriers & AC	F5EN	414	33.9	0	0.0	348	8.5	0	0.0	42.4	0.0	42.4	142
558	Sharp	Leigh	Roundhay Runners	F5EN	434	11.3	333	10.3	0	0.0	141	20.5	42.2	0.0	42.2	143
559	Perry	Claire	St Theresas AC	F35	407	41.8	0	0.0	0	0.0	0	0.0	41.8	0.0	41.8	84
560	Mann	Ruth	Knaresborough Striders	F45	415	32.7	0	0.0	0	0.0	145	6.8	39.6	0.0	39.6	71
561	Dent	Susan	Wetherby Runners AC	F65	0	0.0	323	25.1	347	9.9	0	0.0	35.0	0.0	35.0	12
562	Riley	Kate	Wetherby Runners AC	F50	422	24.8	335	7.4	0	0.0	0	0.0	32.2	0.0	32.2	82
563	Knight	Charlotte	Roundhay Runners	F35	0	0.0	0	0.0	333	29.7	0	0.0	29.7	0.0	29.7	85
564	Gordon	Helen	Ackworth Road Runners	F35	419	28.2	0	0.0	0	0.0	0	0.0	28.2	0.0	28.2	86
565	Osborn	Natasha	Roundhay Runners	F35	0	0.0	332	11.8	343	15.6	0	0.0	27.4	0.0	27.4	87
566	Bowers	Sara	St Theresas AC	F35	421	26.0	0	0.0	0	0.0	0	0.0	26.0	0.0	26.0	88
567	Huckerby	Christine	Valley Striders	F60	425	21.4	0	0.0	351	4.2	0	0.0	25.7	0.0	25.7	20
568	Cartwright	Jo	Rothwell Harriers & AC	F60	436	9.0	329	16.2	0	0.0	0	0.0	25.3	0.0	25.3	21
569	Akers	Anne	Kirkstall Harriers	F60	423	23.7	0	0.0	0	0.0	0	0.0	23.7	0.0	23.7	22
570	Ward	Caroline	Eccleshill Road Runners	F60	0	0.0	324	23.6	0	0.0	0	0.0	23.6	0.0	23.6	23
571	Smith	Nikki	Kirkstall Harriers	F45	424	22.6	0	0.0	0	0.0	0	0.0	22.6	0.0	22.6	72
572	Smith	Rommi	Hyde Park Harriers	F45	0	0.0	336	5.9	344	14.2	0	0.0	20.1	0.0	20.1	73
573	Neugebauer	Sharron	Hyde Park Harriers	F55	427	19.2	0	0.0	0	0.0	0	0.0	19.2	0.0	19.2	61
574	Whitaker	Samantha	Hyde Park Harriers	F50	428	18.1	0	0.0	0	0.0	0	0.0	18.1	0.0	18.1	83
575	O'Brien	Victoria	Saltaire Striders	F5EN	429	16.9	0	0.0	0	0.0	0	0.0	16.9	0.0	16.9	144
576	Ross-Gower	Naomi	Nidd Valley Road Runners	F5EN	430	15.8	0	0.0	0	0.0	0	0.0	15.8	0.0	15.8	145
577	Priest	Anna	Roundhay Runners	F35	431	14.7	0	0.0	0	0.0	0	0.0	14.7	0.0	14.7	89
578	Smith	Judith	Abbey Runners	F65	0	0.0	0	0.0	0	0.0	143	13.7	13.7	0.0	13.7	13
579	Beattie	Angela	Nidd Valley Road Runners	F60	0	0.0	331	13.3	0	0.0	0	0.0	13.3	0.0	13.3	24
580	O'Donnell	Mary	Roundhay Runners	F35	433	12.4	0	0.0	0	0.0	0	0.0	12.4	0.0	12.4	90
581	Garnett	Sophia	Wetherby Runners AC	F35	0	0.0	0	0.0	346	11.3	0	0.0	11.3	0.0	11.3	91
582	Beavis	Lorraine	Hyde Park Harriers	F60	435	10.2	0	0.0	0	0.0	0	0.0	10.2	0.0	10.2	25
583	Magnus	Victoria	Wetherby Runners AC	F5EN	439	5.6	337	4.4	0	0.0	0	0.0	10.1	0.0	10.1	146
584	Dyson	Jo	Roundhay Runners	F45	437	7.9	0	0.0	0	0.0	0	0.0	7.9	0.0	7.9	74
585	Crossley	Hannah	York Triathlon Club	F5EN	438	6.8	0	0.0	0	0.0	0	0.0	6.8	0.0	6.8	147
586	Hoy	Zoe	Kippax Harriers	F45	0	0.0	0	0.0	350	5.7	0	0.0	5.7	0.0	5.7	75
587	Bayliss	Heather	Saltaire Striders	F40	440	4.5	0	0.0	0	0.0	0	0.0	4.5	0.0	4.5	89
588	Lucas	Kathryn	Eccleshill Road Runners	F50	441	3.4	0	0.0	0	0.0	0	0.0	3.4	0.0	3.4	84
589	Aldred	Emma	Ackworth Road Runners	F35	0	0.0	0	0.0	352	2.8	0	0.0	2.8	0.0	2.8	92
590	Keenan	Carolyn	St Theresas AC	F50	442	2.3	0	0.0	0	0.0	0	0.0	2.3	0.0	2.3	85
591	Harvey	Anna	Rothwell Harriers & AC	F35	0	0.0	0	0.0	353	1.4	0	0.0	1.4	0.0	1.4	93
592	Parker	Lisa	St Theresas AC	F50	443	1.1	0	0.0	0	0.0	0	0.0	1.1	0.0	1.1	86

A minimum of 2 races must be completed in order to be eligible for individual series prizes