

PECO Cross Country League 2016-17: Race 4 (Pendas Fields)

Senior Men's Results

Pos	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	1014	Joe	Baxter	Pudsey & Bramley AC	MSEN	0:30:17	1		
2	1415	Alisdair	Burns	Valley Striders	MSEN	0:30:28	2		
3	1717	Terence	Forrest	Cairngorm Runners	MSEN	0:30:45	3		Y
4	1437	John	Hobbs	Valley Striders	MSEN	0:30:55	4		
5	1536	Lee	Athersmith	Wharfedale Harriers	MSEN	0:31:05	5		
6	1169	Callum	Elson	Roundhay Runners	MSEN	0:31:10	6		
7	1562	Sam	Watson	Wharfedale Harriers	MSEN	0:31:50	7		
8	1317	Richard	Herrington	St Theresa's AC	MSEN	0:31:54	8		
9	558	Alec	Francis	Hyde Park Harriers	MSEN	0:32:03	9		
10	2395	Christian	Holmes	Wharfedale Harriers	M40	0:32:05	1		
11	1027	Matthew	Seddon	Pudsey & Bramley AC	MSEN	0:32:10	10		
12	1217	Will	Kerr	Saltaire Striders	M40	0:32:27	2		
13	32	Ross	Armstrong	Abbey Runners	MSEN	0:32:30	11		
14	1543	David	Driver	Wharfedale Harriers	MSEN	0:32:35	12		
15	1551	David	Kirkham	Wharfedale Harriers	M40	0:32:39	3		
16	1436	Daryl	Hibberd	Valley Striders	MSEN	0:32:42	13		
17	1540	Nick	Charlesworth	Wharfedale Harriers	M50	0:32:49	1		
18	1460	Jon	Pownall	Valley Striders	MSEN	0:32:53	14		
19	1848	Leon	Foster	Leeds City AC	MSEN	0:32:56	15		Y
20	563	Philip	Goose	Hyde Park Harriers	MSEN	0:33:00	16		
21	2399	Nathan	Martin	Wharfedale Harriers	MSEN	0:33:11	17		
22	542	George	Anderson	Hyde Park Harriers	MSEN	0:33:18	18		
23	474	Neal	Edmondson	Horsforth Harriers	MSEN	0:33:22	19		
24	52	Simon	Jones	Abbey Runners	MSEN	0:33:22	20		
25	1004	Matthew	Wilkinson	Nidd Valley Road Runners	MSEN	0:33:25	21		
26	1235	Tim	Baldwin	Saltaire Striders	MSEN	0:33:29	22		
27	81	Trevor	Wilks	Abbey Runners	M45	0:33:34	1	Y	
28	1358	John	Robson	St Theresa's AC	M40	0:33:38	4		
29	1366	Graham	Shooter	St Theresa's AC	M50	0:33:40	2		
30	975	Tim	Harvey	Nidd Valley Road Runners	M40	0:33:44	5	Y	
31	1612	Tim	Buckley	York Tri Club	MSEN	0:33:50	23		
32	2364	Harry	Muir	Wharfedale Harriers	MSEN	0:33:55	24		
33	43	Robert	Cumming	Abbey Runners	MSEN	0:34:02	25		
34	575	Daniel	Marquina	Hyde Park Harriers	MSEN	0:34:15	26		
35	1565	Andy	Stenson	Wharfedale Harriers	MSEN	0:34:17	27		
36	1041	Ross	Blackburn	Rothwell Harriers	MSEN	0:34:21	28		
37	871	Keith	Emery	Knaresborough Striders	MSEN	0:34:26	29		
38	1517	Mark	Holt	Wetherby Runners	M40	0:34:29	6		
39	1219	Tom	Lee	Saltaire Striders	MSEN	0:34:31	30		
40	1553	Dave	McGuire	Wharfedale Harriers	M45	0:34:32	2		
41	478	Paul	Gidlow	Horsforth Harriers	M40	0:34:34	7		
42	622	Michael	Vargas	Hyde Park Harriers	MSEN	0:34:37	31		
43	1095	Lewis	Penna-Kincell	Rothwell Harriers	MSEN	0:34:37	32		
44	614	Jimmy	Sheldon	Hyde Park Harriers	MSEN	0:34:40	33		
45	1516	Toby	Hillery	Wetherby Runners	MSEN	0:34:47	34		
46	1193	Martin	Fillingham	Saltaire Striders	M45	0:34:49	3		
47	1487	Joe	Atkinson	Wetherby Runners	MSEN	0:34:50	35		

48	1492	Richard	Bewell	Wetherby Runners	M50	0:34:53	3		
49	1837	Philip	Boynton	Horsforth Harriers	MSEN	0:34:53	36		Y
50	1015	Niall	Bourke	Pudsey & Bramley AC	MSEN	0:34:54	37		
51	1446	Paul	Kaiser	Valley Striders	MSEN	0:34:55	38	Y	
52	1462	Dan	Robins	Valley Striders	MSEN	0:34:58	39	Y	
53	266	Mike	Dearden	Chapel Allerton Runners	MSEN	0:34:59	40		
54	1043	Paul	Brown	Rothwell Harriers	M50	0:35:00	4		
55	1216	Carl	Kernick	Saltaire Striders	MSEN	0:35:02	41		
56	1450	Gary	Mann	Valley Striders	MSEN	0:35:04	42		
57	1840	Dominic	Nurse	Abbey Runners	M45	0:35:05	4		
58	75	Robert	Vincent	Abbey Runners	M40	0:35:06	8		
59	44	Aidan	Curley	Abbey Runners	M40	0:35:09	9		
60	625	Scott	Watson	Hyde Park Harriers	MSEN	0:35:11	43		
61	155	Charlie	Lines	Ackworth RR	M55	0:35:13	1		
62	1596	Dave	Teggart	Bradford Airedale	M40	0:35:14	10		
63	1628	Robin	Lavin	York Tri Club	MSEN	0:35:16	44		
64	863	Martin	Brock	Knaresborough Striders	MSEN	0:35:19	45		
65	1750	Mike	Fanning	Borrowdale Fell Runners	M45	0:35:21	5		Y
66	1454	Dan	Murray	Valley Striders	M40	0:35:22	11		
67	1829	Chris	Easton	Chapel Allerton Runners	MSEN	0:35:22	46		
68	983	Martin	Lofthouse	Nidd Valley Road Runners	M45	0:35:23	6		
69	1640	Geoff	Wynn	York Tri Club	MSEN	0:35:29	47		
70	772	Tim	Dixon	Kirkstall Harriers	MSEN	0:35:33	48		
71	560	Mike	Gallagher	Hyde Park Harriers	MSEN	0:35:34	49		
72	618	Michael	Taylor	Hyde Park Harriers	MSEN	0:35:38	50		
73	585	Adam	Lomas	Hyde Park Harriers	MSEN	0:35:43	51		
74	1453	Tony	Mills	Valley Striders	M45	0:35:45	7		
75	164	Richard	Ritucci	Ackworth RR	MSEN	0:35:47	52		
76	1412	Andrew	Bell	Valley Striders	M40	0:35:50	12		
77	1118	Richard	Gibbs	Roundhay Runners	M40	0:35:53	13		
78	691	Chris	Bartle	Kippax Harriers	MSEN	0:35:55	53		
79	600	Matthew	Pinnock	Hyde Park Harriers	MSEN	0:35:56	54		
80	415	Geoffrey	King	Harrogate Harriers	M60	0:35:57	1		
81	508	Steve	Raby	Horsforth Harriers	M55	0:36:00	2		
82	1645	Will	Maddock	York Tri Club	MSEN	0:36:00	55		
83	1190	Stuart	Dunbar	Saltaire Striders	M50	0:36:01	5		
84	182	Gavin	Walker	Ackworth RR	MSEN	0:36:03	56		
85	1861	David	Allison	Chapel Allerton Runners	M45	0:36:04	8		
86	1775	Joshua	Brown	Rothwell Harriers	MSEN	0:36:04	57		
87	1477	Simon	Vallance	Valley Striders	M50	0:36:04	6		
88	2385	Raymond	Love	St Theresa's AC	M45	0:36:06	9		
89	1574	Simon	Partridge	York Postal Harriers	M40	0:36:10	14		
90	1360	Alan	Schofield	St Theresa's AC	M55	0:36:12	3		
91	981	Adam	Kirk	Nidd Valley Road Runners	MSEN	0:36:14	58		
92	1826	Steve	Pinn	Roundhay Runners	MSEN	0:36:18	59		Y
93	1606	Ian	Anderson	York Tri Club	M45	0:36:22	10		
94	389	Craig	Barstow	Harrogate Harriers	M50	0:36:25	7		
95	1316	Wayne	Herbert	St Theresa's AC	M45	0:36:27	11		
96	1445	Graham	Jones	Valley Striders	M50	0:36:31	8		
97	842	Rowan	Temple	Kirkstall Harriers	MSEN	0:36:34	60		

98	638	Tom	Thomas	Hyde Park Harriers	MSEN	0:36:39	61		
99	1497	David	Carberry	Wetherby Runners	M45	0:36:41	12		
100	1315	Craig Michael	Keedy	St Theresa's AC	M45	0:36:44	13		
101	1714	Andy	Forsyth	Askern & District RC	M55	0:36:46	4		Y
102	788	Lee	Hardy	Kirkstall Harriers	MSEN	0:36:48	62		
103	41	Duncan	Clark	Abbey Runners	M55	0:36:49	5		
104	1781	Bradley	Walker	Ackworth RR	MSEN	0:36:50	63		
105	1080	Daniel	Stone	Rothwell Harriers	MSEN	0:36:54	64		
106	397	Ian	Cooper	Harrogate Harriers	M40	0:36:56	15		
107	1120	William	Goddard	Roundhay Runners	M40	0:37:01	16		
108	454	Craig	Sutton	Harrogate Tri Club	M45	0:37:04	14		
109	1700	Daren	Ball	Wetherby Runners	M50	0:37:07	9		Y
110	1342	Ian	Maudsley	St Theresa's AC	MSEN	0:37:13	65		
111	1777	Gary	Turner	Ackworth RR	M45	0:37:17	15		
112	1610	John	Bevan	York Tri Club	M50	0:37:18	10		
113	574	Aron	Hinds	Hyde Park Harriers	MSEN	0:37:19	66		
114	1064	Hadrian	Knight	Rothwell Harriers	M45	0:37:20	16		
115	696	Chris	Carrick	Kippax Harriers	MSEN	0:37:21	67		
116	1129	Tony	Hodge	Roundhay Runners	M40	0:37:29	17		
117	1011	Scott	Alder	Pudsey & Bramley AC	M40	0:37:31	18		
118	806	Kevin	Longmate	Kirkstall Harriers	MSEN	0:37:33	68		
119	1599	Stephen	Wolstenholme	Bradford Airedale	M55	0:37:35	6		
120	387	Nick	Andralojc	Harrogate Harriers	M55	0:37:39	7		
121	918	Tom	Griffiths	Leeds University CCC	MSEN	0:37:45	69		
122	40	Sunny	Cheema	Abbey Runners	MSEN	0:37:47	70		
123	970	Sam	Fugill	Nidd Valley Road Runners	MSEN	0:37:49	71		
124	815	Paul	Miller	Kirkstall Harriers	MSEN	0:37:51	72		
125	995	Matt	Rickard	Nidd Valley Road Runners	M40	0:37:52	19		
126	315	Steve	Taylor	Chapel Allerton Runners	M45	0:37:52	17		
127	69	James	Bye	Abbey Runners	MSEN	0:37:53	73		
128	49	Owen	Hilton	Abbey Runners	MSEN	0:37:55	74		
129	499	Reece	Milton	Horsforth Harriers	MSEN	0:37:58	75		
130	1529	Alex	Mathewson	Wetherby Runners	MSEN	0:37:59	76		
131	435	Paul	Stockburn	Harrogate Harriers	M55	0:38:04	8		
132	992	Edoardo	Piano	Nidd Valley Road Runners	MSEN	0:38:08	77		
133	1243	Paul	Rhodes	Saltaire Striders	M40	0:38:10	20		
134	1538	Graham	Bird	Wharfedale Harriers	M50	0:38:15	11		
135	737	Nick	Rushton	Kippax Harriers	MSEN	0:38:19	78		
136	328	Jonny	Yates	Chapel Allerton Runners	MSEN	0:38:22	79		
137	1033	Steve	Woods	Pudsey & Bramley AC	M55	0:38:23	9		
138	762	Stephen	Burrell	Kirkstall Harriers	MSEN	0:38:26	80		
139	277	Brian	Harrold	Chapel Allerton Runners	MSEN	0:38:27	81		
140	1589	Gerard	Mills	Bradford Airedale	M45	0:38:29	18		
141	302	Tony	Padgett	Chapel Allerton Runners	MSEN	0:38:31	82		
142	173	Mick	Wigglesworth	Ackworth RR	M45	0:38:33	19		
143	54	Craig	Kent	Abbey Runners	MSEN	0:38:37	83		
144	1828	David	Semmence	Kippax Harriers	MSEN	0:38:44	84		Y
145	1156	Joe	Steele	Roundhay Runners	M40	0:38:54	21		
146	1364	Ian	Sheppard	St Theresa's AC	MSEN	0:38:55	85		
147	1016	Martin	Bullock	Pudsey & Bramley AC	M40	0:38:57	22		

148	1518	Patrick	Jackson	Wetherby Runners	M45	0:38:57	20		
149	1199	Ewan	Gibb	Saltaire Striders	MSEN	0:38:58	86		
150	1788	Ian	Legg	Wetherby Runners	M50	0:38:59	12		
151	1076	Dale	Richardson	Rothwell Harriers	MSEN	0:38:59	87		
152	416	Stephen	Kirk	Harrogate Harriers	M45	0:39:05	21		
153	520	Alan	Squire	Horsforth Harriers	M50	0:39:11	13		
154	401	Harry	Dowdell	Harrogate Harriers	M55	0:39:12	10		
155	703	Ian	Downham	Kippax Harriers	M45	0:39:13	22		
156	701	Alan	Davy	Kippax Harriers	MSEN	0:39:23	88		
157	1245	Matt	Richardson	Saltaire Striders	MSEN	0:39:27	89		
158	1130	Tom	Howard	Roundhay Runners	MSEN	0:39:32	90		
159	816	Adam	Moger	Kirkstall Harriers	M40	0:39:33	23		
160	665	Steve	Murray	Ilkley Harriers	M45	0:39:34	23		
161	1485	Avner	Bordoley	Valley Striders	MSEN	0:39:37	91		
162	1702	Simon	Watson	Harrogate Harriers	M50	0:39:41	14		
163	1427	Mike	Furby	Valley Striders	M45	0:39:42	24		
164	1088	Rich	Welsh	Rothwell Harriers	MSEN	0:39:44	92		
165	717	Andy	Hill	Kippax Harriers	M45	0:39:44	25		
166	564	Gary	Grant	Hyde Park Harriers	MSEN	0:39:45	93		
167	39	Gareth	Cavill	Abbey Runners	M45	0:39:47	26		
168	1433	Joe	Haney	Valley Striders	M40	0:40:00	24		
169	1160	Anthony	Toulson	Roundhay Runners	M40	0:40:02	25		
170	1429	Michael	Hall	Valley Striders	MSEN	0:40:04	94		
171	646	Robert	Budding	Ilkley Harriers	M50	0:40:05	15		
172	1254	John	Singh	Saltaire Striders	MSEN	0:40:05	95		
173	782	Chris	Glover	Kirkstall Harriers	M55	0:40:07	11		
174	634	Curtis	Broadhead	Hyde Park Harriers	MSEN	0:40:11	96		
175	253	Andrew	Allsop	Chapel Allerton Runners	MSEN	0:40:16	97		
176	1439	Roy	Huggins	Valley Striders	M50	0:40:18	16		
177	419	Brian	Miller	Harrogate Harriers	M60	0:40:18	2		
178	547	James	Booth	Hyde Park Harriers	MSEN	0:40:18	98		
179	1031	Neil	Wallace	Pudsey & Bramley AC	M40	0:40:19	26	Y	
180	1025	Graham	Pilling	Pudsey & Bramley AC	MSEN	0:40:19	99		
181	2390	Kevin-Malachy	Murphy	Harrogate Harriers	M60	0:40:20	3		
182	1161	Pete	Twigg	Roundhay Runners	M45	0:40:20	27		
183	1711	Darren	Walker	Rothwell Harriers	M50	0:40:22	17		
184	1713	Mat	Kelly	Rothwell Harriers	MSEN	0:40:28	100		
185	1456	Andy	Pagdin	Valley Striders	M55	0:40:29	12		
186	1039	Dave	Beecroft	Rothwell Harriers	M55	0:40:30	13		
187	159	James	Needham	Ackworth RR	M50	0:40:31	18		
188	59	Iain	Manfield	Abbey Runners	M50	0:40:33	19		
189	607	Jack	Rose	Hyde Park Harriers	MSEN	0:40:37	101		
190	785	Randolph	Haggerty	Kirkstall Harriers	M45	0:40:49	28		
191	1569	Glynn	Ellwood	York Postal Harriers	MSEN	0:40:55	102		
192	1247	Jeremy	Rix	Saltaire Striders	M50	0:40:56	20		
193	778	Martin	Frazer	Kirkstall Harriers	M50	0:40:56	21		
194	1051	Stephen	Firth	Rothwell Harriers	M50	0:40:57	22		
195	1825	Ron	Taverner	Horsforth Harriers	M50	0:40:57	23		Y
196	531	David	Womersley	Horsforth Harriers	M60	0:41:02	4		
197	1035	Emil	Andrews	Pudsey & Bramley AC	M40	0:41:02	27		

198	319	Michael	Vinegrad	Chapel Allerton Runners	MSEN	0:41:04	103		
199	1488	Paul	Atkinson	Wetherby Runners	M50	0:41:05	24		
200	382	Chris	Small	Fellandale	MSEN	0:41:10	104		
201	591	Graeme	Miles	Hyde Park Harriers	MSEN	0:41:13	105		
202	76	John	Ward	Abbey Runners	M65	0:41:13	1		
203	1932	David	Mellor	St Theresa's AC	M40	0:41:14	28		
204	1842	Rich	Harrison	York Tri Club	MSEN	0:41:16	106		
205	207	Nick	Ford	Airecentre Pacers	MSEN	0:41:20	107		
206	517	Andy	Smith	Horsforth Harriers	M45	0:41:24	29		
207	740	Ian	Storey	Kippax Harriers	M45	0:41:25	30		
208	214	Adam	Johnson	Airecentre Pacers	MSEN	0:41:26	108		
209	580	Chris	Jones	Hyde Park Harriers	M60	0:41:32	5		
210	1290	Wayne	Butler	St Theresa's AC	MSEN	0:41:36	109		
211	1419	Sean	Cook	Valley Striders	MSEN	0:41:38	110		
212	1457	Graham	Pawley	Valley Striders	M45	0:41:39	31		
213	1194	Timothy	Spencer	Saltaire Striders	M60	0:41:42	6		
214	263	Rob	Calver	Chapel Allerton Runners	M45	0:41:43	32		
215	1210	Stephen	Hetherington	Saltaire Striders	M55	0:41:45	14		
216	175	Martin	Wincer	Ackworth RR	M40	0:41:50	29		
217	1835	Howard	Jeffrey	Valley Striders	M60	0:41:51	7	Y	Y
218	1422	Steve	Dixon	Valley Striders	M60	0:41:52	8		
219	1262	Jack	Verity	Saltaire Striders	M55	0:41:53	15		
220	793	Chris	Hudson	Kirkstall Harriers	M40	0:41:55	30		
221	1555	Steve	Milner	Wharfedale Harriers	M55	0:41:59	16		
222	405	Michael	Gill	Harrogate Harriers	M50	0:42:04	25		
223	1020	Mick	Hill	Pudsey & Bramley AC	M40	0:42:06	31		
224	283	Fred	Jewitt	Chapel Allerton Runners	MSEN	0:42:10	111		
225	167	Christopher	Sharp	Ackworth RR	MSEN	0:42:13	112		
226	1587	Edward	Jones	Bradford Airedale	M45	0:42:14	33		
227	1306	Christopher	Gill	St Theresa's AC	M65	0:42:15	2		
228	966	Mike	Deacon	Nidd Valley Road Runners	M50	0:42:15	26		
229	65	Ian	Patchett	Abbey Runners	M50	0:42:16	27		
230	494	James	Mangeolles	Horsforth Harriers	MSEN	0:42:20	113		
231	1440	John	Hussey	Valley Striders	M65	0:42:22	3		
232	768	Ben	Clark	Kirkstall Harriers	MSEN	0:42:22	114		
233	1426	Ken	Fox	Valley Striders	M55	0:42:23	17		
234	822	Adam	Nodwell	Kirkstall Harriers	MSEN	0:42:26	115		
235	654	Andrew	Jackson	Ilkley Harriers	M50	0:42:27	28		
236	1738	Dean	Halligan	Leeds Front Runners	MSEN	0:42:28	116		Y
237	153	Adrian	Leach	Ackworth RR	M50	0:42:30	29		
238	1351	David	Morley	St Theresa's AC	M55	0:42:38	18		
239	1139	Phil	McAliece	Roundhay Runners	MSEN	0:42:42	117		
240	1099	Matt	Blakeley	Roundhay Runners	M45	0:42:43	34		
241	594	Jason	Newell	Hyde Park Harriers	M45	0:42:44	35		
242	1876	Matt	Roberts	Chapel Allerton Runners	MSEN	0:42:49	118		
243	265	Nic	Cuthbertson	Chapel Allerton Runners	M55	0:42:52	19		
244	1642	Mike	Lakin	York Tri Club	M40	0:42:53	32		
245	1795	Stephen	Parker	Harrogate Tri Club	M40	0:43:08	33		
246	208	Paul	Grindley	Airecentre Pacers	M50	0:43:20	30		
247	1056	Michael	Gomersall	Rothwell Harriers	M45	0:43:23	36		

248	798	Matt	Kasperek	Kirkstall Harriers	MSEN	0:43:26	119		
249	1838	Andrew	Harris	Nidd Valley Road Runners	M40	0:43:30	34		
250	1496	Pete	Callaghan	Wetherby Runners	M50	0:43:32	31		
251	824	Kieran	O'Brien	Kirkstall Harriers	M40	0:43:33	35		
252	644	Neil	Bloor	Ilkley Harriers	M50	0:43:36	32		
253	961	James	Cook	Nidd Valley Road Runners	M45	0:43:53	37		
254	410	Paul	Halliday	Harrogate Harriers	M40	0:43:56	36		
255	72	Jon	Richards	Abbey Runners	MSEN	0:44:00	120		
256	956	Mark	Armstrong	Nidd Valley Road Runners	M45	0:44:02	38		
257	972	Damien	Hanslip	Nidd Valley Road Runners	M45	0:44:03	39		
258	1128	Mark	Hobson	Roundhay Runners	MSEN	0:44:05	121		
259	74	Mike	Smith	Abbey Runners	M40	0:44:10	37		
260	855	Sean	Scanlon	Kirkstall Harriers	M40	0:44:13	38		
261	1470	Leroy	Sutton	Valley Striders	M55	0:44:16	20		
262	837	Simon	Smith	Kirkstall Harriers	M45	0:44:17	40		
263	2388	Gyorgy	Imris	Eccleshill RR	M40	0:44:25	39		
264	1224	Martin	Love	Saltaire Striders	M50	0:44:34	33		
265	1297	Paul	Dixon	St Theresa's AC	M55	0:44:40	21		
266	958	Chris	Beattie	Nidd Valley Road Runners	M55	0:44:42	22		
267	1265	Gary	Western	Saltaire Striders	M55	0:44:52	23		
268	1086	Roger	Ward	Rothwell Harriers	M55	0:44:52	24		
269	151	Michael	Knowles	Ackworth RR	M55	0:44:53	25		
270	398	Alan	Couldwell	Harrogate Harriers	M60	0:44:56	9		
271	765	Gary	Carlisle	Kirkstall Harriers	M50	0:44:57	34		
272	1637	Steve	Porritt	York Tri Club	MSEN	0:44:58	122		
273	571	John	Hayes	Hyde Park Harriers	M50	0:45:01	35		
274	1779	Stan	Williand	Askern & District RC	M60	0:45:02	10		Y
275	640	Alan	Pollock	Hyde Park Harriers	MSEN	0:45:06	123		
276	396	Laurence	Charlton	Harrogate Harriers	M50	0:45:09	36		
277	1271	Gareth	Ward	Saltaire Striders	MSEN	0:45:11	124		Y
278	795	John	Hutchinson	Kirkstall Harriers	M65	0:45:14	4		
279	169	Tyler	Starks	Ackworth RR	MSEN	0:45:17	125		
280	1830	Graham	Gill	York Knivesmire Harriers	MSEN	0:45:18	126		Y
281	1611	Neil	Buckley	York Tri Club	M55	0:45:31	26		
282	678	Geoffrey	White	Ilkley Harriers	MSEN	0:45:32	127		
283	1347	Nick	McGuire	St Theresa's AC	MSEN	0:45:34	128		
284	1768	Peter	Grant	Harrogate Tri Club	M50	0:45:35	37		
285	1651	Garry	Ellison	Eccleshill RR	M55	0:45:37	27		
286	1824	Jason	Twigg	Valley Striders	MSEN	0:45:38	129		Y
287	1371	Andy	Warrender	St Theresa's AC	M45	0:45:49	41		
288	211	Chris	Hill	Airecentre Pacers	M60	0:45:58	11		
289	336	Graham	Burns	Dragons RC	MSEN	0:46:01	130		
290	1634	Danny	Sampson	York Tri Club	M40	0:46:08	40		
291	1490	Richard	Bell	Wetherby Runners	M50	0:46:14	38		
292	1333	David	Leaf	St Theresa's AC	M65	0:46:16	5		
293	1552	Raj	Madhas	Wharfedale Harriers	M50	0:46:19	39		
294	998	Dave	Seaman	Nidd Valley Road Runners	M65	0:46:25	6		
295	1831	Ade	Thear	York Knivesmire Harriers	M50	0:46:29	40		Y
296	1833	Richard	Blakeley	Roundhay Runners	M70	0:46:34	1		Y
297	34	James	Balkwill	Abbey Runners	M45	0:46:42	42		

298	877	David	Halliday	Knaresborough Striders	M50	0:46:51	41		
299	1712	Robert	Gummerson	Kippax Harriers	M40	0:46:59	41		
300	165	Jonathan	Routledge	Ackworth RR	M50	0:47:04	42		
301	1418	Malcolm	Coles	Valley Striders	M75	0:47:09	1		
302	527	Kevin	Watson	Horsforth Harriers	M70	0:47:13	2		
303	1241	Gary	Pennington	Saltaire Striders	M50	0:47:15	43		
304	730	John	Messenger	Kippax Harriers	M65	0:47:17	7		
305	1674	Robert	Sutton	Eccleshill RR	M50	0:47:20	44		
306	1626	Philip	Johnson	York Tri Club	MSEN	0:47:22	131		
307	601	Rick	Pullan	Hyde Park Harriers	M55	0:47:23	28		
308	584	Bartosz	Lewandowski	Hyde Park Harriers	MSEN	0:47:24	132		
309	997	Phil	Robinson	Nidd Valley Road Runners	M50	0:47:24	45		
310	1203	Alun	Griffiths	Saltaire Striders	M55	0:47:30	29		
311	660	Peter	Lewis	Ilkley Harriers	M65	0:47:38	8		
312	866	Julian	Carr	Knaresborough Striders	M45	0:47:41	43		
313	1601	Martin	Wright	Bradford Airedale	M50	0:47:42	46		
314	1434	Stuart	Harris	Valley Striders	MSEN	0:47:43	133		
315	756	Peter	Britton	Kirkstall Harriers	M55	0:47:43	30		
316	959	Michael	Benson	Nidd Valley Road Runners	MSEN	0:47:45	134		
317	357	Paul	Tomlinson	Dragons RC	M45	0:47:47	44		
318	409	Russell	Gregory	Harrogate Harriers	M55	0:47:57	31		
319	1653	Stephen	Gledhill	Eccleshill RR	M50	0:48:10	47		
320	248	Andy	Gledhill	Airecentre Pacers	M55	0:48:11	32		
321	1082	Kevin	Stott	Rothwell Harriers	M55	0:48:13	33		
322	1137	Michael	Mansfield	Roundhay Runners	M50	0:48:14	48		
323	1466	Alistair	Smyth	Valley Striders	M55	0:48:18	34		
324	33	Peter	Badkin	Abbey Runners	M50	0:48:27	49		
325	706	Paul	Durkin	Kippax Harriers	M50	0:48:34	50		
326	171	Chris	Taylor	Ackworth RR	M65	0:48:36	9		
327	1624	James	Huxford	York Tri Club	MSEN	0:48:43	135		
328	783	Paul	Glover	Kirkstall Harriers	M70	0:48:49	3		
329	1670	Marc	Steele	Eccleshill RR	MSEN	0:48:51	136		
330	161	Andrew	Nuut	Ackworth RR	MSEN	0:48:58	137		
331	554	Richard	Edwards	Hyde Park Harriers	M40	0:49:03	42		
332	213	Mike	Jarvis	Airecentre Pacers	M45	0:49:10	45		
333	1473	Mick	Tinker	Valley Striders	M60	0:49:10	12		
334	506	Keith	Park	Horsforth Harriers	M60	0:49:17	13		
335	1609	Christopher	Bell	York Tri Club	MSEN	0:49:33	138		
336	1576	Lee	Skelton	York Postal Harriers	M45	0:49:34	46		
337	178	Paul	Zywicki	Ackworth RR	M55	0:49:51	35		
338	421	Stephen	Nesbitt	Harrogate Harriers	M45	0:49:55	47		
339	1843	Lee	Holliday	St Theresa's AC	M40	0:50:10	43		Y
340	73	Sean	Robinson	Abbey Runners	M40	0:50:17	44		
341	826	Sean	O'Halloran	Kirkstall Harriers	MSEN	0:50:22	139		
342	532	Steve	Wood	Horsforth Harriers	M60	0:50:25	14		
343	1822	Brian	Shaw	Rothwell Harriers	M50	0:50:35	51		Y
344	1667	Sam	Robinson	Eccleshill RR	MSEN	0:50:36	140		
345	1430	Neil	Hall	Valley Striders	MSEN	0:50:38	141		
346	1588	Barry	Markey	Bradford Airedale	M55	0:50:40	36		
347	1663	Gary	Popple	Eccleshill RR	M50	0:50:41	52		

348	461	Steve	Allen	Horsforth Harriers	M40	0:50:43	45		
349	1174	Frank	Beecroft	Saltaire Striders	M50	0:51:11	53		
350	1206	Gavin	Hamilton	Saltaire Striders	M40	0:51:21	46		
351	493	Gordon	Little	Horsforth Harriers	M65	0:51:28	10		
352	1790	John	Mace	Leeds City AC	M65	0:51:42	11		Y
353	841	Malcolm	Taylor	Kirkstall Harriers	MSEN	0:51:46	142		
354	1145	Ian	Rayner	Roundhay Runners	M55	0:51:47	37		
355	1696	Drew	Ward	Wetherby Runners	M60	0:51:51	15		
356	392	Paul	Berwin	Harrogate Harriers	M60	0:52:07	16		
357	1058	Graham	Hawden	Rothwell Harriers	M55	0:52:36	38		
358	885	Eric	Morley	Knaresborough Striders	M60	0:53:12	17		
359	662	Don	Macrae	Ilkley Harriers	M70	0:53:17	4		
360	1286	Peter	Boyle	St Theresa's AC	M65	0:53:24	12		
361	569	Phil	Hammond	Hyde Park Harriers	M55	0:53:28	39		
362	1300	Richard	Ellis	St Theresa's AC	M45	0:53:43	48		
363	141	David	Cooper	Ackworth RR	M55	0:53:44	40		
364	1647	Noel	Akers	Eccleshill RR	M55	0:53:49	41		
365	1789	Richard	Ogden	Rothwell Harriers	M45	0:53:55	49		
366	722	Jay	Kitchen	Kippax Harriers	M55	0:53:56	42		
367	1319	Michael	Higgins	St Theresa's AC	M65	0:54:03	13		
368	242	Simon	Walker	Airecentre Pacers	MSEN	0:54:37	143		
369	509	Philip	Ramsden	Horsforth Harriers	M55	0:54:45	43		
370	1444	Bob	Jackson	Valley Striders	M65	0:54:53	14		
371	872	Antony	Everitt	Knaresborough Striders	M50	0:55:10	54		
372	1134	Nick	Lankester	Roundhay Runners	MSEN	0:55:13	144		
373	1127	Phil	Hill	Roundhay Runners	M55	0:55:46	44		
374	147	Stewart	Haigh	Ackworth RR	M65	0:55:53	15		
375	565	Matthew	Gray	Hyde Park Harriers	MSEN	0:57:06	145		
376	513	Peter	Scanlon	Horsforth Harriers	M70	0:57:07	5		
377	137	Carl	Britton	Ackworth RR	M40	0:57:16	47		
378	1600	Peter	Wood	Bradford Airedale	M50	0:57:37	55		
379	1256	Richard	Smith	Saltaire Striders	M55	0:57:44	45		
380	1836	Michael	Mason	Hyde Park Harriers	M50	0:58:10	56		
381	1340	Christopher	Maltby	St Theresa's AC	M60	0:58:15	18		
382	1179	Nick	Breare	Saltaire Striders	M65	0:58:36	16		
383	209	Daniel	Hawes	Airecentre Pacers	MSEN	0:59:20	146		
384	1305	Andrew	Gardner	St Theresa's AC	M60	0:59:25	19		
385	45	Adam	Ellis	Abbey Runners	M40	1:00:02	48		
386	1417	Rich	Clough	Valley Striders	M45	1:00:36	50		
387	1534	Gary	Othick	Wetherby Runners	M55	1:00:50	46		
388	789	Peter	Hey	Kirkstall Harriers	M60	1:01:33	20		
389	144	Paul	Gallagher	Ackworth RR	M45	1:01:42	51		
390	820	Patrick	Nesden	Kirkstall Harriers	M60	1:05:38	21		
391	1839	Martin	Exelby	Ackworth RR	MSEN	1:07:20	147		Y
392	2384	Antonio	Cardinale	Otley AC	MSEN	1:07:42	148		Y
393	162	Tim	Owen	Ackworth RR	M45	1:10:55	52		
394	139	Tom	Camponi	Ackworth RR	MSEN	1:18:43	149		