

PECO Cross Country League 2016-17: Race 4 (Pendas Fields)

Senior Ladies Results

| Pos | Race No. | First Name | Surname | Club | Age Categor | Time | Cat Pos | 2nd Claim | Guest |
|-----|----------|------------|--------------|------------------------|-------------|---------|---------|-----------|-------|
| 1 | 1615 | Helen | Cross | York Tri Club | FSEN | 0:34:41 | 1 | | |
| 2 | 1755 | Crystal | Goecker | Harrogate Harriers | F35 | 0:36:03 | 1 | | |
| 3 | 1018 | Claire | Green | Pudsey & Bramley AC | FSEN | 0:36:21 | 2 | | |
| 4 | 1407 | Camilla | West | Valley Striders | FSEN | 0:36:57 | 3 | Y | |
| 5 | 2366 | Sophie | Martin | Wharfedale Harriers | FSEN | 0:37:12 | 4 | | |
| 6 | 526 | Aisling | Wall | Horsforth Harriers | FSEN | 0:37:25 | 5 | | |
| 7 | 1177 | Rachel | Boyd | Saltaire Striders | FSEN | 0:37:25 | 6 | | |
| 8 | 796 | Niamh | Jackson | Kirkstall Harriers | F35 | 0:38:03 | 2 | | |
| 9 | 1026 | Rachel | Pilling | Pudsey & Bramley AC | FSEN | 0:38:26 | 7 | | |
| 10 | 500 | Ruth | Moran | Horsforth Harriers | FSEN | 0:38:34 | 8 | | |
| 11 | 429 | Emma | Robinson | Harrogate Harriers | F35 | 0:38:40 | 3 | | |
| 12 | 1264 | Lesley | Watson | Saltaire Striders | F40 | 0:39:03 | 1 | Y | |
| 13 | 1484 | Sarah | Graham | Valley Striders | FSEN | 0:39:10 | 9 | Y | |
| 14 | 658 | Ellie | Kitchen | Ilkley Harriers | FSEN | 0:39:20 | 10 | Y | |
| 15 | 487 | Liz | Huby | Horsforth Harriers | F35 | 0:39:31 | 4 | | |
| 16 | 867 | Nicola | Carter | Knaresborough Striders | F45 | 0:39:49 | 1 | | |
| 17 | 1514 | Misty | Harmen | Wetherby Runners | FSEN | 0:39:52 | 11 | | |
| 18 | 1330 | Jane | Kemshall | St Theresa's AC | FSEN | 0:39:59 | 12 | Y | |
| 19 | 503 | Sarah | O'Sullivan | Horsforth Harriers | F40 | 0:40:02 | 2 | Y | |
| 20 | 566 | Rebecca | Gray | Hyde Park Harriers | FSEN | 0:40:05 | 13 | | |
| 21 | 1731 | Jen | Almond | Rodillian Runners | FSEN | 0:40:21 | 14 | | Y |
| 22 | 1556 | Monica | Padilla | Wharfedale Harriers | FSEN | 0:40:25 | 15 | | |
| 23 | 406 | Sarah | Gill | Harrogate Harriers | F50 | 0:40:29 | 1 | | |
| 24 | 1841 | Emma | Dodd | Wharfedale Harriers | FSEN | 0:40:34 | 16 | | |
| 25 | 1395 | Rachel | Mackie | Valley Striders | F40 | 0:40:45 | 3 | | |
| 26 | 2 | Claire | Barrett Mold | Abbey Runners | FSEN | 0:40:56 | 17 | | |
| 27 | 15 | Alexandra | Kilcoyne | Abbey Runners | FSEN | 0:41:23 | 18 | | |
| 28 | 1176 | Bernie | Bowden | Saltaire Striders | F45 | 0:41:29 | 2 | | |
| 29 | 1744 | Judy | Howells | Wharfedale Harriers | F45 | 0:41:42 | 3 | | |
| 30 | 7 | Sarah | Dobson | Abbey Runners | FSEN | 0:41:43 | 19 | | |
| 31 | 468 | Lindsey | Clegg | Horsforth Harriers | F35 | 0:41:48 | 5 | | |
| 32 | 883 | Sima | Lowery | Knaresborough Striders | F40 | 0:42:07 | 4 | | |
| 33 | 1502 | Stella | Cross | Wetherby Runners | FSEN | 0:42:14 | 20 | | |
| 34 | 1401 | Fiona | Robins | Valley Striders | F40 | 0:42:17 | 5 | Y | |
| 35 | 1630 | Marie | Murtagh | York Tri Club | F35 | 0:42:24 | 6 | | |
| 36 | 1136 | Susan | Lewis | Roundhay Runners | F40 | 0:42:27 | 6 | | |
| 37 | 849 | Isobel | Webster | Kirkstall Harriers | FSEN | 0:42:29 | 21 | | |
| 38 | 1832 | Sarah | Hunter | Ackworth RR | FSEN | 0:42:33 | 22 | | |
| 39 | 1387 | Samantha | Harris | Valley Striders | F35 | 0:42:34 | 7 | | |
| 40 | 21 | Katie | Roe | Abbey Runners | F35 | 0:42:42 | 8 | | |
| 41 | 773 | Helen | Drew | Kirkstall Harriers | F35 | 0:42:43 | 9 | | |
| 42 | 492 | Becky | Lawrence | Horsforth Harriers | F35 | 0:42:44 | 10 | | |
| 43 | 1149 | Julia | Say | Roundhay Runners | F40 | 0:42:45 | 7 | | |
| 44 | 1049 | Sian | Davies | Rothwell Harriers | FSEN | 0:42:48 | 23 | | |
| 45 | 1752 | Angela | Peace | Harrogate Harriers | FSEN | 0:42:55 | 24 | | |
| 46 | 920 | Maria | Herbert | Leeds University CCC | FSEN | 0:42:59 | 25 | | |
| 47 | 1489 | Nina | Batt | Wetherby Runners | FSEN | 0:43:03 | 26 | | |

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|----|------|-----------|--------------|-------------------------|------|---------|----|--|---|
| 48 | 1032 | Stephanie | Wilson | Pudsey & Bramley AC | F35 | 0:43:04 | 11 | | |
| 49 | 709 | Emily | Fellows | Kippax Harriers | F35 | 0:43:12 | 12 | | |
| 50 | 1352 | Ruth | Muir | St Theresa's AC | F35 | 0:43:22 | 13 | | |
| 51 | 276 | Anna | Harrold | Chapel Allerton Runners | FSEN | 0:43:43 | 27 | | |
| 52 | 764 | Jill | Camm | Kirkstall Harriers | F35 | 0:43:44 | 14 | | |
| 53 | 1486 | Nicky | Andrews | Wetherby Runners | FSEN | 0:43:53 | 28 | | |
| 54 | 1329 | Judy | Tao Liu | St Theresa's AC | F40 | 0:43:58 | 8 | | |
| 55 | 1481 | Carmel | Barker | Valley Striders | F55 | 0:44:02 | 1 | | |
| 56 | 1155 | Laura | Snowshall | Roundhay Runners | FSEN | 0:44:09 | 29 | | |
| 57 | 562 | Claire | Geeson | Hyde Park Harriers | FSEN | 0:44:12 | 30 | | |
| 58 | 31 | Laura | Wylde | Abbey Runners | F35 | 0:44:19 | 15 | | |
| 59 | 1845 | Jen | Whiteman | Chapel Allerton Runners | FSEN | 0:44:22 | 31 | | |
| 60 | 1849 | Ann | Dale | Wetherby Runners | F40 | 0:44:46 | 9 | | |
| 61 | 439 | Jaclyn | Artist | Harrogate Harriers | FSEN | 0:44:46 | 32 | | |
| 62 | 593 | Reena | Mistry | Hyde Park Harriers | F35 | 0:44:50 | 16 | | |
| 63 | 132 | Gail | Wrangles | Ackworth RR | F45 | 0:44:59 | 4 | | |
| 64 | 523 | Caroline | Thomas | Horsforth Harriers | F35 | 0:45:05 | 17 | | |
| 65 | 555 | Clare | Evans | Hyde Park Harriers | FSEN | 0:45:11 | 33 | | |
| 66 | 310 | Emily | Simpson | Chapel Allerton Runners | F35 | 0:45:19 | 18 | | |
| 67 | 1505 | Jo | Davey | Wetherby Runners | F45 | 0:45:23 | 5 | | |
| 68 | 825 | Louise | O'Brien | Kirkstall Harriers | F40 | 0:45:23 | 10 | | |
| 69 | 320 | Marie | Walker | Chapel Allerton Runners | FSEN | 0:45:25 | 34 | | |
| 70 | 1541 | Sarah | Charlesworth | Wharfedale Harriers | F35 | 0:45:26 | 19 | | |
| 71 | 488 | Bev | Hurst | Horsforth Harriers | F50 | 0:45:27 | 2 | | |
| 72 | 422 | Caroline | Oldfield | Harrogate Harriers | FSEN | 0:45:27 | 35 | | |
| 73 | 475 | Bev | Elliott | Horsforth Harriers | F40 | 0:45:28 | 11 | | |
| 74 | 1166 | Fiona | Wilkins | Roundhay Runners | FSEN | 0:45:41 | 36 | | |
| 75 | 25 | Bethany | Tamayo | Abbey Runners | FSEN | 0:45:41 | 37 | | |
| 76 | 97 | Denise | Clark | Ackworth RR | F50 | 0:45:44 | 3 | | |
| 77 | 1359 | Annie | Roddy | St Theresa's AC | F35 | 0:45:49 | 20 | | |
| 78 | 1042 | Paula | Brook | Rothwell Harriers | F35 | 0:45:52 | 21 | | |
| 79 | 447 | Rachel | Forrest | Harrogate Tri Club | F40 | 0:45:52 | 12 | | |
| 80 | 311 | Charlotte | Sturley | Chapel Allerton Runners | FSEN | 0:45:55 | 38 | | |
| 81 | 1729 | Anna | Hinchcliffe | Rothwell Harriers | FSEN | 0:46:03 | 39 | | |
| 82 | 1501 | Phoebe | Coster | Wetherby Runners | FSEN | 0:46:07 | 40 | | |
| 83 | 1291 | Tillie | Clark | St Theresa's AC | FSEN | 0:46:14 | 41 | | |
| 84 | 1251 | Laura | Ryall | Saltaire Striders | FSEN | 0:46:25 | 42 | | |
| 85 | 1195 | Tracy | Foy | Saltaire Striders | F45 | 0:46:31 | 6 | | |
| 86 | 1532 | Andrea | Normington | Wetherby Runners | F50 | 0:46:33 | 4 | | |
| 87 | 85 | Zellany | Neal | Abbey Runners | F45 | 0:46:36 | 7 | | |
| 88 | 1376 | Liz | Ball | Valley Striders | F60 | 0:46:38 | 1 | | |
| 89 | 26 | Katie | Taylor | Abbey Runners | FSEN | 0:46:46 | 43 | | |
| 90 | 613 | Harriet | Shaw | Hyde Park Harriers | FSEN | 0:46:53 | 44 | | |
| 91 | 1252 | Therese | Sheehan | Saltaire Striders | FSEN | 0:46:53 | 45 | | |
| 92 | 301 | Kath | Owen | Chapel Allerton Runners | F35 | 0:46:55 | 22 | | |
| 93 | 1730 | Nicola | Ramsden | Rodillian Runners | FSEN | 0:46:56 | 46 | | Y |
| 94 | 1607 | Kerry | Archer | York Tri Club | F35 | 0:46:57 | 23 | | |
| 95 | 99 | Rachel | Cooke | Ackworth RR | F50 | 0:47:00 | 5 | | |
| 96 | 29 | Karis | Walton | Abbey Runners | F40 | 0:47:02 | 13 | | |
| 97 | 1069 | Shahana | Miah | Rothwell Harriers | FSEN | 0:47:02 | 47 | | |

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| 98 | 20 | Helen | Roden | Abbey Runners | F40 | 0:47:04 | 14 | | |
| 99 | 1791 | Alison | Smith | Abbey Runners | F40 | 0:47:05 | 15 | | |
| 100 | 1500 | Emma | Coster | Wetherby Runners | F45 | 0:47:06 | 8 | | |
| 101 | 427 | Charlotte | Reeves | Harrogate Harriers | FSEN | 0:47:08 | 48 | | |
| 102 | 1618 | Emily | Eaton Turner | York Tri Club | FSEN | 0:47:09 | 49 | | |
| 103 | 1370 | Sarah | Waite | St Theresa's AC | FSEN | 0:47:13 | 50 | | |
| 104 | 561 | Lois | Gardner | Hyde Park Harriers | FSEN | 0:47:16 | 51 | | |
| 105 | 1338 | Wanda | Macdonald | St Theresa's AC | F55 | 0:47:18 | 2 | | |
| 106 | 450 | Jane | Holmes | Harrogate Tri Club | F60 | 0:47:21 | 2 | | |
| 107 | 1123 | Joanna | Heaton | Roundhay Runners | FSEN | 0:47:23 | 52 | | |
| 108 | 119 | Charlotte | Smith | Ackworth RR | FSEN | 0:47:37 | 53 | | |
| 109 | 91 | Donna | Bailey | Ackworth RR | F35 | 0:47:50 | 24 | | |
| 110 | 1733 | Beth | Gripton | Rodillian Runners | FSEN | 0:48:04 | 54 | | Y |
| 111 | 388 | Angela | Barker-Charleton | Harrogate Harriers | F45 | 0:48:06 | 9 | | |
| 112 | 1057 | Steph | Hall | Rothwell Harriers | FSEN | 0:48:10 | 55 | | |
| 113 | 818 | Marion | Muir | Kirkstall Harriers | F40 | 0:48:14 | 16 | | |
| 114 | 321 | Nicola | Walmsley | Chapel Allerton Runners | F35 | 0:48:17 | 25 | | |
| 115 | 643 | Alison | Bennett | Ilkley Harriers | F55 | 0:48:18 | 3 | | |
| 116 | 604 | Matilda | Rhodes | Hyde Park Harriers | FSEN | 0:48:26 | 56 | | |
| 117 | 325 | Bekki | Wheatley | Chapel Allerton Runners | FSEN | 0:48:30 | 57 | | |
| 118 | 1232 | Louise | Nash | Saltaire Striders | F45 | 0:48:33 | 10 | | |
| 119 | 297 | Denise | McGeachy | Chapel Allerton Runners | F35 | 0:48:35 | 26 | | |
| 120 | 1007 | Sue | Simpson | Nidd Valley Road Runners | F55 | 0:48:39 | 4 | | |
| 121 | 1223 | Helen | Love | Saltaire Striders | F55 | 0:48:55 | 5 | | |
| 122 | 812 | Daniella | McGuigan | Kirkstall Harriers | F35 | 0:49:04 | 27 | | |
| 123 | 485 | Amy | Hardy | Horsforth Harriers | FSEN | 0:49:06 | 58 | | |
| 124 | 337 | Jan | Davies | Dragons RC | F50 | 0:49:07 | 6 | | |
| 125 | 753 | Catherine | Barrett | Kirkstall Harriers | F35 | 0:49:16 | 28 | | |
| 126 | 657 | Val | Kerr | Ilkley Harriers | F55 | 0:49:22 | 6 | | |
| 127 | 1090 | Rowena | Skelhorn | Rothwell Harriers | F40 | 0:49:23 | 17 | | |
| 128 | 1157 | Sarah | Swales | Roundhay Runners | F55 | 0:49:23 | 7 | | |
| 129 | 1678 | Sarita | Whitley | Eccleshill RR | FSEN | 0:49:27 | 59 | | |
| 130 | 977 | Sarah | Hughan | Nidd Valley Road Runners | F35 | 0:49:43 | 29 | | |
| 131 | 16 | Gill | Nesbit | Abbey Runners | F35 | 0:49:46 | 30 | | |
| 132 | 1491 | Valerie | Bell | Wetherby Runners | F45 | 0:49:47 | 11 | | |
| 133 | 1846 | Lora | Forster-Hughes | Chapel Allerton Runners | F35 | 0:49:53 | 31 | | |
| 134 | 1715 | Angela | Benson | Ripon Runners | F50 | 0:49:55 | 7 | | Y |
| 135 | 985 | Moira | McTague | Nidd Valley Road Runners | F55 | 0:49:58 | 8 | | |
| 136 | 1045 | Carole | Clifford | Rothwell Harriers | F50 | 0:50:02 | 8 | | |
| 137 | 1636 | Chloe | Spencer | York Tri Club | FSEN | 0:50:03 | 60 | | |
| 138 | 1098 | Alyson | Blakeley | Roundhay Runners | F40 | 0:50:04 | 18 | | |
| 139 | 971 | Debbie | Gibson | Nidd Valley Road Runners | F50 | 0:50:07 | 9 | | |
| 140 | 127 | Rose | Wigglesworth | Ackworth RR | F35 | 0:50:08 | 32 | | |
| 141 | 1320 | Wendy | Higgins | St Theresa's AC | F50 | 0:50:09 | 10 | | |
| 142 | 1844 | Georgina | Townsend | Harrogate Harriers | FSEN | 0:50:10 | 61 | | |
| 143 | 1783 | Sharron | Robinson | Bradford Airedale | F50 | 0:50:16 | 11 | | |
| 144 | 557 | Naomi | Farrar | Hyde Park Harriers | FSEN | 0:50:17 | 62 | | |
| 145 | 1697 | Emma | Warner | Wetherby Runners | F40 | 0:50:32 | 19 | | |
| 146 | 1266 | Helen | Western | Saltaire Striders | F45 | 0:50:35 | 12 | | |
| 147 | 720 | Alison | Hunter | Kippax Harriers | F50 | 0:50:36 | 12 | | |

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| 148 | 781 | Alyson | Glover | Kirkstall Harriers | F50 | 0:50:41 | 13 | | |
| 149 | 358 | Sarah | Tomlinson | Dragons RC | F45 | 0:50:42 | 13 | | |
| 150 | 597 | Maika | Ohno | Hyde Park Harriers | F40 | 0:50:43 | 20 | | |
| 151 | 345 | Karen | Kirkbright | Dragons RC | F50 | 0:50:56 | 14 | | |
| 152 | 1648 | Debbie | Bland | Eccleshill RR | F60 | 0:51:09 | 3 | | |
| 153 | 652 | Stephanie | Fox | Ilkley Harriers | F40 | 0:51:12 | 21 | | |
| 154 | 1373 | Emma | Westwood | St Theresa's AC | FSEN | 0:51:12 | 63 | | |
| 155 | 799 | Rachael | Kearns | Kirkstall Harriers | FSEN | 0:51:13 | 64 | | |
| 156 | 122 | Gail | Tombs | Ackworth RR | F60 | 0:51:14 | 4 | | |
| 157 | 104 | Jenna | Greenwood | Ackworth RR | FSEN | 0:51:18 | 65 | | |
| 158 | 838 | Collette | Spencer | Kirkstall Harriers | F40 | 0:51:23 | 22 | | |
| 159 | 610 | Samantha | Scarlett | Hyde Park Harriers | FSEN | 0:51:27 | 66 | | |
| 160 | 117 | Georgie | Sharp | Ackworth RR | FSEN | 0:51:31 | 67 | | |
| 161 | 705 | Linda | Durkin | Kippax Harriers | F50 | 0:51:34 | 15 | | |
| 162 | 115 | Pamela | Ritucci | Ackworth RR | FSEN | 0:51:35 | 68 | | |
| 163 | 125 | Ruth | Walker | Ackworth RR | F35 | 0:51:37 | 33 | | |
| 164 | 714 | Karen | Glynn | Kippax Harriers | F45 | 0:51:40 | 14 | | |
| 165 | 559 | Heather | Fulton | Hyde Park Harriers | FSEN | 0:51:45 | 69 | | |
| 166 | 718 | Sue | Holmes | Kippax Harriers | F50 | 0:51:46 | 16 | | |
| 167 | 196 | Alex | Carey | Airecentre Pacers | FSEN | 0:51:47 | 70 | | |
| 168 | 1072 | Denise | Ramsden | Rothwell Harriers | F50 | 0:52:01 | 17 | | |
| 169 | 1168 | Helen | Lewis | Roundhay Runners | F40 | 0:52:12 | 23 | | |
| 170 | 1616 | Helen | Durrant | York Tri Club | F40 | 0:52:13 | 24 | | |
| 171 | 908 | Amy | Dallison | Leeds University CCC | FSEN | 0:52:16 | 71 | | |
| 172 | 821 | Hannah | Newman | Kirkstall Harriers | FSEN | 0:52:18 | 72 | | |
| 173 | 648 | Hilda | Coulsey | Ilkley Harriers | F60 | 0:52:23 | 5 | | |
| 174 | 472 | Emma | Drake | Horsforth Harriers | F45 | 0:52:27 | 15 | | |
| 175 | 511 | Nicola | Revill | Horsforth Harriers | F40 | 0:52:30 | 25 | | |
| 176 | 22 | Jasmine | Salih | Abbey Runners | F40 | 0:52:50 | 26 | | |
| 177 | 114 | Donna | Richardson | Ackworth RR | F35 | 0:52:52 | 34 | | |
| 178 | 1150 | Inga | Sevastjanova | Roundhay Runners | FSEN | 0:53:02 | 73 | | |
| 179 | 886 | Sue | Morley | Knaresborough Striders | F60 | 0:53:06 | 6 | | |
| 180 | 1275 | Jadine | Smith | Saltaire Striders | FSEN | 0:53:10 | 74 | | |
| 181 | 1668 | Cathryn | Smith | Eccleshill RR | F55 | 0:53:12 | 9 | | |
| 182 | 1753 | Alexandra | Richens | Harrogate Harriers | F40 | 0:53:24 | 27 | | |
| 183 | 330 | Marnie | Threapleton | Chapel Allerton Runners | F40 | 0:53:35 | 28 | | |
| 184 | 1736 | Helen | Wood | Rodillian Runners | FSEN | 0:53:36 | 75 | | Y |
| 185 | 101 | Sue | Eaton | Ackworth RR | F45 | 0:53:39 | 16 | | |
| 186 | 553 | Laura | Edwards | Hyde Park Harriers | FSEN | 0:53:41 | 76 | | |
| 187 | 735 | Kate | Penrose | Kippax Harriers | F60 | 0:53:41 | 7 | | |
| 188 | 206 | Sharon | Elms | Airecentre Pacers | F45 | 0:53:44 | 17 | | |
| 189 | 231 | Emma | Sebright-Pickard | Airecentre Pacers | F45 | 0:53:44 | 18 | | |
| 190 | 608 | Caroline | Sanders | Hyde Park Harriers | F40 | 0:53:48 | 29 | | |
| 191 | 1834 | Hayley | Kenny | Rothwell Harriers | F45 | 0:53:51 | 19 | | |
| 192 | 967 | Debbie | Dilasser | Nidd Valley Road Runners | F40 | 0:53:56 | 30 | | |
| 193 | 1180 | Josie | Briggs | Saltaire Striders | F45 | 0:53:57 | 20 | | |
| 194 | 1394 | Bethany | Lovell | Valley Striders | F35 | 0:54:02 | 35 | | |
| 195 | 791 | Vicki | Hipkiss | Kirkstall Harriers | F50 | 0:54:07 | 18 | | |
| 196 | 1192 | Fiona | Farquhar | Saltaire Striders | F45 | 0:54:17 | 21 | | |
| 197 | 704 | Karen | Downham | Kippax Harriers | F50 | 0:54:22 | 19 | | |

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| 198 | 1566 | Jo | Barret | York Postal Harriers | F40 | 0:54:27 | 31 | | |
| 199 | 1675 | Claire | Tailford | Eccleshill RR | F40 | 0:54:30 | 32 | | |
| 200 | 817 | Carol | Moran | Kirkstall Harriers | F55 | 0:54:35 | 10 | | |
| 201 | 1183 | Denise | Davis | Saltaire Striders | F45 | 0:54:41 | 22 | | |
| 202 | 2380 | Kerry | Wood | Saltaire Striders | F40 | 0:54:47 | 33 | | |
| 203 | 1040 | Erica | Bell | Rothwell Harriers | F35 | 0:54:50 | 36 | | |
| 204 | 2394 | Melanie | Ellwood | York Postal Harriers | F50 | 0:54:54 | 77 | | Y |
| 205 | 1847 | Rebecca | Hatrell | St Theresa's AC | F50 | 0:55:05 | 78 | | |
| 206 | 218 | Carole | Keighley | Airecentre Pacers | F55 | 0:55:07 | 11 | | |
| 207 | 973 | Debbie | Hanslip | Nidd Valley Road Runners | F45 | 0:55:25 | 23 | | |
| 208 | 1303 | Lynn | Fletcher | St Theresa's AC | F60 | 0:55:28 | 8 | | |
| 209 | 582 | Joanne | Kavanagh | Hyde Park Harriers | F50 | 0:55:30 | 20 | | |
| 210 | 18 | Jane | Oughton | Abbey Runners | F55 | 0:55:43 | 12 | | |
| 211 | 1548 | Lynda | Hargreaves | Wharfedale Harriers | F50 | 0:56:03 | 21 | | |
| 212 | 1066 | Helen | Mann | Rothwell Harriers | F55 | 0:56:21 | 13 | | |
| 213 | 715 | Claire | Gough | Kippax Harriers | F40 | 0:56:23 | 34 | | |
| 214 | 1346 | Lisa | McDowell | St Theresa's AC | F45 | 0:56:24 | 24 | | |
| 215 | 733 | Kelly | Palmer | Kippax Harriers | F60 | 0:56:24 | 9 | | |
| 216 | 1250 | Sylvia | Ross | Saltaire Striders | F65 | 0:56:30 | 1 | | |
| 217 | 603 | Johanna | Rhodes | Hyde Park Harriers | F50 | 0:56:50 | 79 | | |
| 218 | 12 | Sophie | Hodkinson | Abbey Runners | F50 | 0:57:05 | 80 | | |
| 219 | 697 | Wendy | Chapman | Kippax Harriers | F55 | 0:57:31 | 14 | | |
| 220 | 804 | Hannah | Lee | Kirkstall Harriers | F50 | 0:57:36 | 81 | | |
| 221 | 734 | Valerie | Pell | Kippax Harriers | F55 | 0:57:43 | 15 | | |
| 222 | 1398 | Becky | Murray | Valley Striders | F40 | 0:57:44 | 35 | | |
| 223 | 898 | Edna | Wood | Knaresborough Striders | F50 | 0:57:46 | 22 | | |
| 224 | 1205 | Suzanne | Hague | Saltaire Striders | F50 | 0:57:53 | 23 | | |
| 225 | 268 | Angie | Dwyer | Chapel Allerton Runners | F40 | 0:57:54 | 36 | | |
| 226 | 873 | June | Graham | Knaresborough Striders | F55 | 0:57:57 | 16 | | |
| 227 | 1669 | Julie | Steele | Eccleshill RR | F50 | 0:57:58 | 24 | | |
| 228 | 1060 | Karen | Head | Rothwell Harriers | F40 | 0:58:11 | 37 | | |
| 229 | 1734 | Louise | Thompson | Rodillian Runners | F40 | 0:58:45 | 38 | | Y |
| 230 | 309 | Naomi | Shumba | Chapel Allerton Runners | F50 | 0:58:52 | 82 | | |
| 231 | 848 | Liz | Walker | Kirkstall Harriers | F50 | 0:58:54 | 83 | | |
| 232 | 200 | Amanda | Connolly | Airecentre Pacers | F45 | 0:59:22 | 25 | | |
| 233 | 682 | Sal | Wright | Ilkley Harriers | F55 | 0:59:28 | 17 | | |
| 234 | 1797 | Liz | Allen | Chapel Allerton Runners | F45 | 0:59:40 | 26 | | |
| 235 | 999 | Michelle | Smith | Nidd Valley Road Runners | F45 | 0:59:55 | 27 | | |
| 236 | 1246 | Carolyn | Rix | Saltaire Striders | F55 | 0:59:58 | 18 | | |
| 237 | 123 | Sarah | Turner | Ackworth RR | F35 | 1:00:25 | 37 | | |
| 238 | 100 | Caroline | Copeland | Ackworth RR | F40 | 1:00:26 | 39 | | |
| 239 | 1872 | Nicola | Lewis | Chapel Allerton Runners | F35 | 1:00:36 | 38 | | |
| 240 | 197 | Liz | Churchill | Airecentre Pacers | F50 | 1:01:12 | 25 | | |
| 241 | 1391 | Anne | Jones | Valley Striders | F50 | 1:01:16 | 26 | | |
| 242 | 361 | Andie | Willibond | Dragons RC | F70 | 1:01:41 | 1 | | |
| 243 | 329 | Annabel | Gratton | Chapel Allerton Runners | F50 | 1:01:50 | 84 | | |
| 244 | 1380 | Maureen | Coffey | Valley Striders | F65 | 1:01:59 | 2 | | |
| 245 | 739 | Suzanne | Spink | Kippax Harriers | F45 | 1:02:02 | 28 | | |
| 246 | 1278 | Alex | Ayling | Saltaire Striders | F50 | 1:02:18 | 27 | | |
| 247 | 335 | Ann | Buckley | Dragons RC | F50 | 1:02:30 | 85 | | |

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| 248 | 229 | Carmen | Rowell | Airecentre Pacers | F45 | 1:02:40 | 29 | | |
| 249 | 1735 | Charlotte | Somerville | Rodillian Runners | F50 | 1:03:04 | 28 | | Y |
| 250 | 245 | Charlotte | Willis | Airecentre Pacers | F50 | 1:03:17 | 86 | | |
| 251 | 1583 | Gina | Farley | Bradford Airedale | F50 | 1:03:35 | 29 | | |
| 252 | 805 | Karen | Longfellow | Kirkstall Harriers | F50 | 1:03:43 | 30 | | |
| 253 | 606 | Lucy | Rider | Hyde Park Harriers | F35 | 1:03:48 | 39 | | |
| 254 | 996 | Fiona | Robinson | Nidd Valley Road Runners | F50 | 1:04:02 | 31 | | |
| 255 | 1623 | Elizabeth | Huxford | York Tri Club | F50 | 1:04:48 | 87 | | |
| 256 | 1322 | Clare | Hogg | St Theresa's AC | F50 | 1:04:59 | 88 | | |
| 257 | 702 | Marina | Dobbs | Kippax Harriers | F50 | 1:05:07 | 32 | | |
| 258 | 1593 | Kirsty | Russell | Bradford Airedale | F45 | 1:05:13 | 30 | | |
| 259 | 1260 | Claire | Thaper | Saltaire Striders | F35 | 1:05:22 | 40 | | |
| 260 | 960 | Sarah | Chalmers | Nidd Valley Road Runners | F50 | 1:05:56 | 33 | | |
| 261 | 736 | Stevie | Roberts | Kippax Harriers | F35 | 1:05:59 | 41 | | |
| 262 | 212 | Susan | Hulme | Airecentre Pacers | F45 | 1:06:04 | 31 | | |
| 263 | 205 | Cora | Dove | Airecentre Pacers | F45 | 1:06:06 | 32 | | |
| 264 | 880 | Alison | Jackson | Knareborough Striders | F50 | 1:06:13 | 34 | | |
| 265 | 712 | Helen | Frith | Kippax Harriers | F50 | 1:06:50 | 35 | | |
| 266 | 221 | Suzanne | McKay | Airecentre Pacers | F45 | 1:07:20 | 33 | | |
| 267 | 236 | Catherine | Tindall | Airecentre Pacers | F50 | 1:07:21 | 36 | | |
| 268 | 794 | Jill | Hudson | Kirkstall Harriers | F40 | 1:07:25 | 40 | | |
| 269 | 1141 | Julie | Oldfield | Roundhay Runners | F55 | 1:07:40 | 19 | | |
| 270 | 758 | Samantha | Broome | Kirkstall Harriers | F50 | 1:07:43 | 89 | | |
| 271 | 1135 | Anne | Lewis | Roundhay Runners | F75 | 1:08:03 | 1 | | |
| 272 | 599 | Eleanor | Parkhill | Hyde Park Harriers | F50 | 1:08:25 | 90 | | |
| 273 | 1646 | Anne | Akers | Eccleshill RR | F55 | 1:08:42 | 20 | | |
| 274 | 1292 | Nicki | Coop | St Theresa's AC | F45 | 1:09:32 | 34 | | |
| 275 | 587 | Clare | Mason | Hyde Park Harriers | F45 | 1:09:37 | 35 | | |
| 276 | 579 | Kay | Jefferies | Hyde Park Harriers | F50 | 1:09:49 | 37 | | |
| 277 | 1113 | Rachael | Dodds | Roundhay Runners | F35 | 1:09:53 | 42 | | |
| 278 | 581 | Liz | Jones | Hyde Park Harriers | F55 | 1:10:05 | 21 | | |
| 279 | 1821 | Jade | Mattison | Rothwell Harriers | F50 | 1:11:39 | 91 | | Y |
| 280 | 220 | Linda | Lofthouse | Airecentre Pacers | F50 | 1:12:41 | 38 | | |
| 281 | 672 | Clare | Shouler | Ilkley Harriers | F55 | 1:14:19 | 22 | | |
| 282 | 1044 | Joanna | Clarke | Rothwell Harriers | F50 | 1:15:06 | 92 | | |
| 283 | 1047 | Caroline | Davies | Rothwell Harriers | F50 | 1:16:00 | 93 | | |
| 284 | 108 | Susan | Naylor | Ackworth RR | F55 | 1:17:49 | 23 | | |
| 285 | 1827 | Lesley | Needham | Ackworth RR | F50 | 1:17:52 | 39 | | |