

PECO Cross Country League 2016-17: Race 1 (Temple Newsam Country Park)

Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	929	Nathan	Marsh	Leeds University CCC	MSEN	25:30	1		
2	932	Will	Monaghan	Leeds University CCC	MSEN	26:10	2		
3	1717	Terrence	Forrest	Cairngorm Runners	MSEN	26:23	3		Y
4	1437	John	Hobbs	Valley Striders	MSEN	26:36	4		
5	1415	Alisdair	Burns	Valley Striders	MSEN	26:37	5		
6	1745	Ed	Beecher	Harrogate Harriers	MSEN	26:41	6		Y
7	1742	Chris	Miller	Harrogate Harriers	MSEN	26:59	7		Y
8	1309	Daniel	Grant	St Theresa's AC	MSEN	27:01	8	Y	
9	934	Tim	Orr	Leeds University CCC	MSEN	27:02	9		
10	1530	Paul	Millgate	Wetherby Runners	M40	27:03	1		
11	1079	Mark	Smith	Rothwell Harriers	MSEN	27:04	10		
12	1562	Sam	Watson	Wharfedale Harriers	MSEN	27:11	11		
13	1543	David	Driver	Wharfedale Harriers	MSEN	27:20	12		
14	1536	Lee	Athersmith	Wharfedale Harriers	MSEN	27:22	13		
15	1211	Pete	Hopson	Saltaire Striders	MSEN	27:25	14		
16	1564	Christian	Holmes	Wharfedale Harriers	M40	27:27	2		
17	558	Alec	Francis	Hyde Park Harriers	MSEN	27:37	15		
18	947	John	Tayleur	Leeds University CCC	MSEN	27:43	16		
19	1431	Matthew	Hallam	Valley Striders	MSEN	27:47	17		
20	1217	Will	Kerr	Saltaire Striders	M40	27:52	3		
21	622	Michael	Vargas	Hyde Park Harriers	MSEN	27:53	18		
22	1317	Richard	Herrington	St Theresa's AC	MSEN	27:57	19		
23	1551	David	Kirkham	Wharfedale Harriers	M40	28:09	4		
24	1516	Toby	Hillery	Wetherby Runners	MSEN	28:20	20		
25	1041	Ross	Blackburn	Rothwell Harriers	MSEN	28:20	21		
26	1460	Jon	Pownall	Valley Striders	MSEN	28:21	22		
27	32	Ross	Armstrong	Abbey Runners	MSEN	28:26	23		
28	1540	Nick	Charlesworth	Wharfedale Harriers	M50	28:28	1		
29	936	Benjamin	Potter	Leeds University CCC	MSEN	28:28	24		
30	871	Keith	Emery	Knarborough Striders	MSEN	28:30	25		
31	478	Paul	Gidlow	Horsforth Harriers	M40	28:35	5		
32	600	Matthew	Pinnock	Hyde Park Harriers	MSEN	28:37	26		
33	428	Timothy	Richardson	Harrogate Harriers	MSEN	28:41	27		
34	1017	Adam	Graves	Pudsey & Bramley AC	MSEN	28:43	28	Y	
35	1358	John	Robson	St Theresa's AC	M40	28:44	6		
36	394	Mark	Bryant	Harrogate Harriers	M40	28:46	7		
37	1348	Terry	Midgley	St Theresa's AC	M40	28:48	8		
38	1545	Rob	Furness	Wharfedale Harriers	MSEN	28:51	29		
39	1413	Ross	Bibby	Valley Striders	MSEN	28:53	30		
40	157	Mark	Mills	Ackworth RR	MSEN	28:57	31		
41	642	Tim	Ashelford	Ilkley Harriers	M50	29:00	2		
42	44	Aidan	Curley	Abbey Runners	M40	29:02	9		
43	1724	Jonathan	Johnson	Rotherham AC	MSEN	29:13	32		Y
44	1366	Graham	Shooter	St Theresa's AC	M50	29:13	3		
45	984	Warren	Lowcock	Nidd Valley Road Runners	MSEN	29:15	33		
46	1004	Matthew	Wilkinson	Nidd Valley Road Runners	MSEN	29:22	34		
47	1728	Graham	Lake	Otley AC	MSEN	29:25	35		Y
48	474	Neal	Edmondson	Horsforth Harriers	MSEN	29:25	36		

49	1237	Matt	Nowell	Saltaire Striders	MSEN	29:26	37		
50	904	Henry	Butress	Leeds University CCC	MSEN	29:30	38		
51	1316	Wayne	Herbert	St Theresa's AC	M45	29:31	1		
52	1361	George	Schofield	St Theresa's AC	MSEN	29:33	39		
53	1520	Glen	Johnson	Wetherby Runners	M50	29:36	4	Y	
54	1190	Stuart	Dunbar	Saltaire Striders	M50	29:38	5		
55	1193	Martin	Fillingham	Saltaire Striders	M45	29:38	2		
56	1565	Andy	Stenson	Wharfedale Harriers	MSEN	29:39	40		Y
57	1428	Benjamin	Hall	Valley Striders	MSEN	29:41	41		
58	52	Simon	Jones	Abbey Runners	MSEN	29:44	42		
59	1043	Paul	Brown	Rothwell Harriers	M50	29:46	6		
60	1298	Robert	Dobson	St Theresa's AC	MSEN	29:48	43		
61	944	David	Song	Leeds University CCC	MSEN	29:49	44		
62	1354	Paul	Newsome	St Theresa's AC	M40	29:54	10		
63	1454	Dan	Murray	Valley Striders	M40	29:55	11		
64	63	Dominic	Nurse	Abbey Runners	M45	29:58	3		
65	1596	Dave	Teggart	Bradford Airedale	M40	30:02	12		
66	1714	Andy	Forsyth	Askern & District AC	M55	30:04	1		Y
67	1472	Gwil	Thomas	Valley Striders	M40	30:06	13		
68	1606	Ian	Anderson	York Tri Club	M45	30:08	4		
69	1450	Gary	Mann	Valley Striders	MSEN	30:10	45		
70	1517	Mark	Holt	Wetherby Runners	M40	30:12	14		
71	1612	Tim	Buckley	York Tri Club	MSEN	30:14	46		
72	1487	Joe	Atkinson	Wetherby Runners	MSEN	30:14	47		
73	769	Ben	Coldwell	Kirkstall Harriers	MSEN	30:15	48		
74	1015	Niall	Bourke	Pudsey & Bramley AC	MSEN	30:15	49		
75	43	Robert	Cumming	Abbey Runners	MSEN	30:16	50		
76	865	Tom	Calvert	Knaresborough Striders	MSEN	30:18	51		
77	989	Alex	Patrickson	Nidd Valley Road Runners	MSEN	30:19	52		
78	1640	Geoff	Wynn	York Tri Club	MSEN	30:19	53		
79	1163	Bobak	Walker	Roundhay Runners	MSEN	30:23	54		
80	255	Simon	Armitstead	Chapel Allerton Runners	MSEN	30:25	55		
81	1628	Robin	Lavin	York Tri Club	MSEN	30:30	56		
82	1462	Dan	Robins	Valley Striders	MSEN	30:32	57	Y	
83	1525	Gavin	Longley	Wetherby Runners	MSEN	30:33	58		
84	1550	Chris	Jones	Wharfedale Harriers	M50	30:34	7		
85	1335	Raymond	Love	St Theresa's AC	M45	30:34	5		
86	155	Charlie	Lines	Ackworth RR	M55	30:34	2		
87	41	Duncan	Clark	Abbey Runners	M55	30:36	3		
88	1342	Ian	Maudsley	St Theresa's AC	MSEN	30:37	59		
89	1468	Tim	Straughan	Valley Striders	M50	30:40	8		
90	983	Martin	Lofthouse	Nidd Valley Road Runners	M45	30:43	6		
91	691	Chris	Bartle	Kippax Harriers	MSEN	30:45	60		
92	1412	Andrew	Bell	Valley Striders	M40	30:47	15		
93	69	James	Bye	Abbey Runners	MSEN	30:49	61		
94	1641	Tim	Andrew	York Tri Club	M40	30:49	16		
95	342	Jonathon	Forey	Dragons RC	M45	30:50	7	Y	
96	1477	Simon	Vallance	Valley Striders	M50	30:51	9		
97	1104	James	Carvello	Roundhay Runners	MSEN	30:51	62		
98	1553	Dave	McGuire	Wharfedale Harriers	M45	30:59	8		
99	292	Chris	Lyons	Chapel Allerton Runners	M40	31:01	17		

100	1720	Will	Stover	Askern & District AC	MSEN	31:04	63		Y
101	1245	Matt	Richardson	Saltaire Striders	MSEN	31:06	64		
102	830	Hal	Roberts	Kirkstall Harriers	MSEN	31:10	65		
103	1513	Rob	Gray	Wetherby Runners	M50	31:13	10		
104	323	Geoff	Webber-Cross	Chapel Allerton Runners	MSEN	31:18	66		
105	266	Mike	Dearden	Chapel Allerton Runners	MSEN	31:19	67		
106	806	Kevin	Longmate	Kirkstall Harriers	MSEN	31:20	68		
107	48	Kirk	Haddon	Abbey Runners	MSEN	31:20	69		
108	1118	Richard	Gibbs	Roundhay Runners	M40	31:23	18		
109	574	Aron	Hinds	Hyde Park Harriers	MSEN	31:25	70		
110	1727	Adam	Mills	Roddilian Runners	MSEN	31:27	71		Y
111	842	Rowan	Temple	Kirkstall Harriers	MSEN	31:29	72		
112	1691	Chris	Plews	Wetherby Runners	M40	31:30	19		
113	436	Darren	West	Harrogate Harriers	M50	31:30	11		
114	1549	Ethan	Hassell	Wharfedale Harriers	MSEN	31:32	73		
115	252	David	Allison	Chapel Allerton Runners	M45	31:32	9		
116	1064	Hadrian	Knight	Rothwell Harriers	M45	31:32	10		
117	1571	Paul	Hatfield	York Postal Harriers	MSEN	31:33	74		
118	508	Steve	Raby	Horsforth Harriers	M55	31:35	4		
119	435	Paul	Stockburn	Harrogate Harriers	M55	31:36	5		
120	415	Geoffrey	King	Harrogate Harriers	M60	31:38	1		
121	1613	Kris	Capperauld	York Tri Club	MSEN	31:38	75		
122	1506	Richard	Davey	Wetherby Runners	M40	31:39	20		
123	1519	James	Jesson	Wetherby Runners	M40	31:41	21		
124	49	Owen	Hilton	Abbey Runners	MSEN	31:43	76		
125	1589	Gerard	Mills	Bradford Airedale	M45	31:43	11		
126	1130	Tom	Howard	Roundhay Runners	MSEN	31:45	77		
127	1465	Paul	Smith	Valley Striders	M45	31:46	12		
128	313	Richard	Sutor	Chapel Allerton Runners	MSEN	31:48	78		
129	981	Adam	Kirk	Nidd Valley Road Runners	MSEN	31:49	79		
130	1002	Andy	Todd	Nidd Valley Road Runners	M50	31:54	12		
131	1023	Charlie	McIntosh	Pudsey & Bramley AC	M45	31:54	13		
132	650	Stephen	Coy	Ilkley Harriers	M40	31:55	22		
133	1159	Andrew	Thorpe	Roundhay Runners	MSEN	31:55	80		
134	1112	Allan	Dodds	Roundhay Runners	M40	31:57	23		
135	1599	Stephen	Wolstenholme	Bradford Airedale	M55	31:58	6		
136	82	Luke	Wray	Abbey Runners	MSEN	32:00	81		
137	1568	Daniel	Clayton	York Postal Harriers	M45	32:02	14		
138	618	Michael	Taylor	Hyde Park Harriers	MSEN	32:04	82		
139	1485	Avner	Bordoley	Valley Striders	MSEN	32:08	83		Y
140	869	James	Cornforth	Knaresborough Striders	MSEN	32:15	84		
141	1411	John	Batchelor	Valley Striders	M45	32:15	15		
142	1439	Roy	Huggins	Valley Striders	M50	32:16	13		
143	1448	Andrew	Linley	Valley Striders	M45	32:18	16		
144	1197	Simon	Frazer	Saltaire Striders	M40	32:19	24		
145	621	Colin	Tranter	Hyde Park Harriers	MSEN	32:21	85		
146	1725	Stephen	Popplewell	York Postal Harriers	MSEN	32:24	86		Y
147	173	Mick	Wigglesworth	Ackworth RR	M45	32:27	17		
148	328	Jonny	Yates	Chapel Allerton Runners	MSEN	32:32	87		
149	259	Aaron	Bell	Chapel Allerton Runners	MSEN	32:34	88		
150	696	Chris	Carrick	Kippax Harriers	MSEN	32:35	89		

151	452	Stewart	Ross	Harrogate Tri Club	M40	32:37	25		
152	54	Craig	Kent	Abbey Runners	MSEN	32:39	90		
153	992	Edoardo	Piano	Nidd Valley Road Runners	MSEN	32:39	91		
154	1080	Daniel	Stone	Rothwell Harriers	MSEN	32:41	92		
155	1129	Tony	Hodge	Roundhay Runners	M40	32:41	26		
156	1464	Dave	Simms	Valley Striders	MSEN	32:43	93		
157	1445	Graham	Jones	Valley Striders	M50	32:44	14		
158	520	Alan	Squire	Horsforth Harriers	M50	32:45	15		
159	892	Andy	Robinson	Knaresborough Striders	MSEN	32:45	94		
160	1360	Alan	Schofield	St Theresa's AC	M55	32:47	7		
161	1442	Richard	Irvine	Valley Striders	M40	32:49	27		
162	419	Brian	Miller	Harrogate Harriers	M60	32:50	2		
163	397	Ian	Cooper	Harrogate Harriers	M40	32:51	28		
164	665	Steve	Murray	Ilkley Harriers	M45	32:55	18		
165	497	Phil	McGeever	Horsforth Harriers	M55	32:56	8		
166	1301	Mark	Evans	St Theresa's AC	M50	33:01	16	Y	
167	494	James	Mangeolles	Horsforth Harriers	MSEN	33:02	95		
168	1085	Terry	Tillotson	Rothwell Harriers	M40	33:05	29		
169	547	James	Booth	Hyde Park Harriers	MSEN	33:05	96		
170	75	Robert	Vincent	Abbey Runners	M40	33:06	30		
171	499	Reece	Milton	Horsforth Harriers	MSEN	33:06	97		
172	1676	Taylor	Waddell	Eccleshill RR	MSEN	33:08	98		
173	1429	Michael	Hall	Valley Striders	MSEN	33:08	99		
174	1199	Ewan	Gibb	Saltaire Striders	MSEN	33:09	100		
175	1449	Vernon	Long	Valley Striders	M45	33:11	19		
176	253	Andrew	Allsop	Chapel Allerton Runners	MSEN	33:12	101		
177	1238	Ian	Ogden	Saltaire Striders	M40	33:14	31	Y	
178	519	Mark A	Smith	Horsforth Harriers	M40	33:14	32		
179	656	Ben	Joynson	Ilkley Harriers	MSEN	33:16	102		
180	831	Mike	Roberts	Kirkstall Harriers	MSEN	33:16	103	Y	
181	1033	Steve	Woods	Pudsey & Bramley AC	M55	33:16	9		
182	822	Adam	Nodwell	Kirkstall Harriers	MSEN	33:17	104		
183	190	Steven	Denniss	Ackworth RR	MSEN	33:19	105		
184	1711	Walker	Darren	Rothwell Harriers	M50	33:21	17		Y
185	1518	Patrick	Jackson	Wetherby Runners	M45	33:21	20		
186	1156	Joe	Steele	Roundhay Runners	M40	33:22	33		
187	816	Adam	Moger	Kirkstall Harriers	M40	33:26	34		
188	564	Gary	Grant	Hyde Park Harriers	MSEN	33:27	106		
189	446	Jon	Chamberlain	Harrogate Tri Club	M40	33:27	35		
190	62	Ben	Nurse	Abbey Runners	MSEN	33:28	107		
191	459	Dave	Pullan	Harrogate Tri Club	M40	33:29	36		
192	515	Finbar	Slevin	Horsforth Harriers	MSEN	33:30	108		
193	995	Matt	Rickard	Nidd Valley Road Runners	M40	33:31	37		
194	740	Ian	Storey	Kippax Harriers	M45	33:33	21		
195	1433	Joe	Hanney	Valley Striders	M40	33:34	38		
196	895	Ian	Waller	Knaresborough Striders	M55	33:35	10		
197	1369	Nathan	Vaughan	St Theresa's AC	M45	33:35	22		
198	1538	Graham	Bird	Wharfedale Harriers	M50	33:36	18		
199	348	Kevin	Nicholas	Dragons RC	M50	33:37	19		
200	1702	Simon	Watson	Harrogate Harriers	M50	33:39	20		
201	373	Paul	Heeley	Fellandale	M40	33:39	39		

202	413	Geoffrey	Hirst	Harrogate Harriers	MSEN	33:43	109		
203	40	Sunny	Cheema	Abbey Runners	MSEN	33:44	110		
204	862	Sean	Brennan	Knareborough Striders	M45	33:47	23		
205	703	Ian	Downham	Kippax Harriers	M45	33:49	24		
206	451	Stephen	Parker	Harrogate Tri Club	M40	33:51	40		
207	1637	Steve	Porritt	York Tri Club	MSEN	33:52	111		
208	501	Nigel	Monaghan	Horsforth Harriers	M55	33:54	11		
209	471	Garth	De Roux	Horsforth Harriers	M40	34:03	41		
210	1215	Ian	Jenkins	Saltaire Striders	M45	34:06	25		
211	1424	Sean	Fitzgerald	Valley Striders	MSEN	34:08	112		
212	382	Chris	Small	Fellandale	MSEN	34:12	113		
213	701	Alan	Davy	Kippax Harriers	MSEN	34:13	114		
214	1070	James	Nichols	Rothwell Harriers	M40	34:17	42		
215	1290	Wayne	Butler	St Theresa's AC	MSEN	34:17	115		
216	605	Steve	Rhodes	Hyde Park Harriers	M50	34:19	21		
217	646	Robert	Budding	Ilkley Harriers	M50	34:20	22		
218	1107	Chris	Cobb	Roundhay Runners	MSEN	34:20	116		
219	416	Stephen	Kirk	Harrogate Harriers	M45	34:23	26		
220	214	Adam	Johnson	Airecentre Pacers	MSEN	34:26	117		
221	782	Chris	Glover	Kirkstall Harriers	M55	34:28	12		
222	1276	David	Scrivener	Saltaire Striders	MSEN	34:29	118		Y
223	1082	Kevin	Stott	Rothwell Harriers	M55	34:31	13		
224	159	James	Needham	Ackworth RR	M50	34:32	23		
225	1353	Matthew	Myer	St Theresa's AC	M40	34:33	43		
226	1327	Richard	Jones	St Theresa's AC	MSEN	34:33	119		
227	55	John	Laye	Abbey Runners	M45	34:35	27		
228	1254	John	Singh	Saltaire Striders	MSEN	34:35	120		
229	1738	Dean	Halligan	Leeds Front Runners	MSEN	34:36	121		Y
230	1306	Christopher	Gill	St Theresa's AC	M65	34:38	1		
231	1106	Martin	Clark	Roundhay Runners	M50	34:39	24		
232	525	Sean	Veal	Horsforth Harriers	MSEN	34:39	122		
233	288	Jon	Kent	Chapel Allerton Runners	MSEN	34:39	123		
234	393	Jon	Blane	Harrogate Harriers	M55	34:40	14		
235	315	Steve	Taylor	Chapel Allerton Runners	M45	34:40	28		
236	401	Harry	Dowdell	Harrogate Harriers	M55	34:41	15		
237	768	Ben	Clark	Kirkstall Harriers	MSEN	34:43	124		
238	384	Phil	Steel	Fellandale	M40	34:43	44		
239	1162	Mark	Twitchett	Roundhay Runners	M45	34:47	29		
240	449	Alistair	Grant	Harrogate Tri Club	M45	34:52	30		
241	742	Craig	Worley	Kippax Harriers	M45	34:53	31		
242	762	Stephen	Burrell	Kirkstall Harriers	MSEN	34:54	125		
243	1161	Pete	Twigg	Roundhay Runners	M45	34:55	32		
244	1572	Richard	Hawkins	York Postal Harriers	MSEN	34:59	126		
245	634	Curtis	Broadhead	Hyde Park Harriers	MSEN	35:01	127		
246	801	Tom	Keeber	Kirkstall Harriers	MSEN	35:01	128		
247	568	Farhad	Hamad	Hyde Park Harriers	MSEN	35:05	129		
248	717	Andy	Hill	Kippax Harriers	M45	35:07	33		
249	1258	Stewart	Spink	Saltaire Striders	M45	35:10	34		
250	1259	Graham	Terry	Saltaire Striders	M45	35:11	35		
251	1526	Matthew	Lusardi	Wetherby Runners	M40	35:13	45		
252	39	Gareth	Cavill	Abbey Runners	M45	35:15	36		

253	533	Kristian	Henry	Horsforth Harriers	MSEN	35:15	130		
254	635	Tom	Martin	Hyde Park Harriers	MSEN	35:17	131		
255	788	Lee	Hardy	Kirkstall Harriers	MSEN	35:19	132		
256	184	Darren	Horobin	Ackworth RR	M40	35:20	46		
257	65	Ian	Patchett	Abbey Runners	M50	35:20	25		
258	828	Adam	Rhodes	Kirkstall Harriers	M40	35:21	47		
259	1456	Andy	Pagdin	Valley Striders	M55	35:21	16		
260	870	Philip	Cornforth	Knareborough Striders	M45	35:24	37		
261	1620	Rich	Harrison	York Tri Club	MSEN	35:25	133		
262	1282	Peter	Anderson	St Theresa's AC	M55	35:26	17		
263	1488	Paul	Atkinson	Wetherby Runners	M50	35:29	26		
264	1372	Nick	Wealleans	St Theresa's AC	MSEN	35:29	134		
265	319	Michael	Vinegrad	Chapel Allerton Runners	MSEN	35:30	135		
266	1036	Andrew	Baiden	Rothwell Harriers	M40	35:33	48		
267	283	Fred	Jewitt	Chapel Allerton Runners	MSEN	35:34	136		
268	149	Rich	Horner	Ackworth RR	M40	35:35	49		
269	51	Martin	Jones	Abbey Runners	M40	35:38	50		
270	1739	Dan	Oxtoby	Harrogate Harriers	M45	35:40	38		Y
271	207	Nick	Ford	Airecentre Pacers	MSEN	35:42	137		
272	1210	Stephen	Hetherington	Saltaire Striders	M55	35:46	18		
273	1457	Graham	Pawley	Valley Striders	M45	35:49	39		
274	591	Graeme	Miles	Hyde Park Harriers	MSEN	35:52	138		
275	1139	Phil	McAliece	Roundhay Runners	MSEN	35:54	139		
276	496	Martin	Mccleave	Horsforth Harriers	M45	35:56	40		
277	1713	Mat	Kelly	Rothwell Harriers	MSEN	36:03	140		Y
278	785	Randolph	Haggerty	Kirkstall Harriers	M45	36:05	41		
279	531	David	Womersley	Horsforth Harriers	M60	36:12	3		
280	417	Kevin-Malachy	Murphy	Harrogate Harriers	M60	36:17	4		
281	778	Martin	Frazer	Kirkstall Harriers	M50	36:18	27		
282	990	Andrew	Peagram	Nidd Valley Road Runners	M40	36:19	51		
283	1422	Steve	Dixon	Valley Striders	M60	36:20	5		
284	1332	Malcolm	Lavery	St Theresa's AC	M45	36:21	42		
285	76	John	Ward	Abbey Runners	M65	36:24	2		
286	693	Dave	Bonning	Kippax Harriers	M40	36:25	52		
287	1639	Scott	Wray	York Tri Club	M45	36:25	43		
288	580	Chris	Jones	Hyde Park Harriers	M60	36:26	6		
289	1326	Daniel	Johnson	St Theresa's AC	M45	36:27	44		
290	42	Howard	Cohen	Abbey Runners	M55	36:30	19		
291	875	Jason	Green	Knareborough Striders	MSEN	36:32	141		
292	1262	Jack	Verity	Saltaire Striders	M55	36:37	20		
293	372	Martin	Gebbett	Fellandale	M55	36:41	21		
294	1092	Richard	Wilson	Rothwell Harriers	M40	36:44	53		
295	1051	Stephen	Firth	Rothwell Harriers	M50	36:46	28		
296	1587	Edward	Jones	Bradford Airedale	M45	36:46	45		
297	961	James	Cook	Nidd Valley Road Runners	M45	36:54	46		
298	1426	Ken	Fox	Valley Striders	M55	36:56	22		
299	1039	Dave	Beecroft	Rothwell Harriers	M55	36:56	23		
300	175	Martin	Wincer	Ackworth RR	M40	36:59	54		
301	824	Kieran	O'Brien	Kirkstall Harriers	M40	36:59	55		
302	546	John	Blatherwick	Hyde Park Harriers	MSEN	37:00	142		
303	1263	John	Walton	Saltaire Striders	M45	37:01	47		

304	644	Neil	Bloor	Ilkley Harriers	M50	37:02	29		
305	79	Jim	Whittaker	Abbey Runners	M45	37:02	48		
306	1440	John	Hussey	Valley Striders	M65	37:03	3		
307	654	Andrew	Jackson	Ilkley Harriers	M50	37:04	30		
308	46	Matt	Ellis	Abbey Runners	M40	37:14	56		
309	263	Rob	Calver	Chapel Allerton Runners	M45	37:17	49		
310	1441	Alan	Hutchinson	Valley Striders	M60	37:20	7		
311	1371	Andy	Warrender	St Theresa's AC	M45	37:21	50		
312	339	Iain	Denby	Dragons RC	M55	37:22	24		
313	787	Simon	Hands	Kirkstall Harriers	MSEN	37:23	143		
314	1281	Jason	Albrecht	St Theresa's AC	MSEN	37:25	144		
315	299	John	McSorley	Chapel Allerton Runners	M40	37:27	57		
316	678	Geoffrey	White	Ilkley Harriers	MSEN	37:28	145		
317	1642	Mike	Lakin	York Tri Club	M40	37:29	58		Y
318	1459	Mike	Powell	Valley Striders	MSEN	37:29	146		
319	1128	Mark	Hobson	Roundhay Runners	MSEN	37:40	147		
320	1108	James	Cook	Roundhay Runners	MSEN	37:40	148		
321	1555	Steve	Milner	Wharfedale Harriers	M55	37:41	25		
322	483	Ian	Griffiths	Horsforth Harriers	M40	37:43	59		
323	1297	Paul	Dixon	St Theresa's AC	M55	37:47	26		
324	410	Paul	Halliday	Harrogate Harriers	M40	37:48	60		
325	588	Jonathon	Mason	Hyde Park Harriers	MSEN	37:50	149		
326	1071	Keith	Pailing	Rothwell Harriers	M65	37:54	4		
327	1189	Alan	Douglas	Saltaire Striders	M45	37:55	51		
328	1351	David	Morley	St Theresa's AC	M55	37:56	27		
329	835	Martin	Savage	Kirkstall Harriers	M40	37:57	61		
330	265	Nic	Cuthbertson	Chapel Allerton Runners	M55	38:01	28		
331	1295	Richard	Cooper	St Theresa's AC	MSEN	38:03	150		
332	844	Richard	Thomas	Kirkstall Harriers	M55	38:04	29		
333	594	Jason	Newell	Hyde Park Harriers	M45	38:06	52		
334	469	Martin	Coates	Horsforth Harriers	M40	38:07	62		
335	877	David	Halliday	Knaresborough Striders	M50	38:08	31		Y
336	795	John	Hutchinson	Kirkstall Harriers	M65	38:09	5		
337	169	Tyler	Starks	Ackworth RR	MSEN	38:09	151		
338	334	Pete	Bryant	Dragons RC	M50	38:12	32		
339	1056	Michael	Gomersall	Rothwell Harriers	M45	38:15	53		
340	421	Stephen	Nesbitt	Harrogate Harriers	M45	38:15	54		
341	571	John	Hayes	Hyde Park Harriers	M50	38:16	33		
342	491	Tim	Knighton	Horsforth Harriers	MSEN	38:18	152		
343	765	Gary	Carlisle	Kirkstall Harriers	M50	38:19	34		
344	798	Matt	Kasperek	Kirkstall Harriers	MSEN	38:21	153		
345	463	Paul	Beal	Horsforth Harriers	MSEN	38:21	154		
346	1466	Alistair	Smyth	Valley Striders	M55	38:22	30		
347	167	Christopher	Sharp	Ackworth RR	MSEN	38:23	155		
348	60	Kazuki	Morimoto	Abbey Runners	M45	38:23	55		
349	1419	Sean	Cook	Valley Striders	MSEN	38:26	156		
350	74	Mike	Smith	Abbey Runners	M40	38:28	63		
351	1086	Roger	Ward	Rothwell Harriers	M55	38:30	31		
352	1463	Chris	Sawyer	Valley Striders	M55	38:30	32		
353	1267	Sam	White	Saltaire Striders	MSEN	38:31	157		
354	1265	Gary	Western	Saltaire Striders	M55	38:34	33		

355	1137	Michael	Mansfield	Roundhay Runners	M50	38:37	35		
356	793	Chris	Hudson	Kirkstall Harriers	M40	38:38	64		
357	1152	Danny	Smith	Roundhay Runners	M50	38:42	36		
358	811	Neil	Marshall	Kirkstall Harriers	MSEN	38:45	158		
359	193	Gavin	Birkett	Airecentre Pacers	MSEN	38:45	159		
360	1647	Noel	Akers	Eccleshill RR	M55	38:47	34		
361	1212	Peter	Huby	Saltaire Striders	M50	38:49	37		
362	1001	Rob	Snow	Nidd Valley Road Runners	M55	38:49	35		
363	1241	Gary	Pennington	Saltaire Striders	M50	38:55	38		
364	395	Christopher	Carthern	Harrogate Harriers	MSEN	38:57	160		
365	357	Paul	Tomlinson	Dragons RC	M45	38:58	56		
366	1479	John	Wallace	Valley Striders	M50	38:59	39		
367	1653	Stephen	Gledhill	Eccleshill RR	M50	39:05	40		
368	1634	Danny	Sampson	York Tri Club	M40	39:09	65		
369	1115	Sam	Duggan	Roundhay Runners	MSEN	39:10	161		
370	192	Andrew	Barrie	Airecentre Pacers	MSEN	39:13	162		
371	1670	Marc	Steele	Eccleshill RR	MSEN	39:14	163		
372	1507	Phillip	Dennis	Wetherby Runners	M45	39:16	57		
373	257	Rob	Baxter	Chapel Allerton Runners	M45	39:17	58		
374	158	John	Moran	Ackworth RR	MSEN	39:18	164		
375	1674	Robert	Sutton	Eccleshill RR	M50	39:18	41		
376	1624	James	Huxford	York Tri Club	MSEN	39:20	165		
377	959	Michael	Benson	Nidd Valley Road Runners	MSEN	39:22	166		
378	891	Andy	Roberts	Knaresborough Striders	M50	39:24	42		
379	997	Phil	Robinson	Nidd Valley Road Runners	M50	39:24	43		
380	409	Russell	Gregory	Harrogate Harriers	M55	39:25	36		
381	1651	Garry	Ellison	Eccleshill RR	M55	39:26	37		
382	527	Kevin	Watson	Horsforth Harriers	M70	39:26	1		
383	506	Keith	Park	Horsforth Harriers	M60	39:27	8		
384	1203	Alun	Griffiths	Saltaire Striders	M55	39:27	38		
385	548	Gordon	Crawford	Hyde Park Harriers	M60	39:29	9		
386	351	Simon	Peck	Dragons RC	M60	39:31	10		
387	213	Mike	Jarvis	Airecentre Pacers	M45	39:31	59		
388	165	Jonathan	Routledge	Ackworth RR	M50	39:33	44		
389	225	Ed	Podesta	Airecentre Pacers	M40	39:36	66		
390	72	Jon	Richards	Abbey Runners	MSEN	39:38	167		
391	398	Alan	Couldwell	Harrogate Harriers	M60	39:38	11		
392	1158	Alexander	Taylor	Roundhay Runners	MSEN	39:40	168		
393	1324	Jude	Jackson	St Theresa's AC	MSEN	39:40	169		
394	1140	Sean	Mullany	Roundhay Runners	M50	39:43	45		
395	57	Graeme	Littlewood	Abbey Runners	M45	39:46	60		
396	852	Jim	Mawer	Kirkstall Harriers	MSEN	39:47	170		Y
397	998	Dave	Seaman	Nidd Valley Road Runners	M65	39:50	6		
398	1712	Robert	Gummerson	Kippax Harriers	M40	39:53	67		Y
399	1224	Martin	Love	Saltaire Striders	M50	39:56	46		
400	64	Alistair	Palmer	Abbey Runners	M45	39:58	61		
401	583	Ralph	Kidner	Hyde Park Harriers	M60	40:04	12		
402	1248	Igs	Robun	Saltaire Striders	M40	40:06	68		
403	171	Chris	Taylor	Ackworth RR	M65	40:09	7		
404	1077	Paul	Sanderson	Rothwell Harriers	M55	40:12	39		
405	810	James	Manthorp	Kirkstall Harriers	MSEN	40:13	171		

406	154	Guy	Leech	Ackworth RR	M45	40:15	62		
407	336	Graham	Burns	Dragons RC	MSEN	40:16	172		
408	1434	Stuart	Harris	Valley Striders	MSEN	40:18	173		
409	134	Bradley	Bannister	Ackworth RR	MSEN	40:21	174		
410	993	Dave	Prince	Nidd Valley Road Runners	M45	40:22	63		
411	1065	Jake	Leech	Rothwell Harriers	MSEN	40:27	175		
412	176	Stephen	Wong	Ackworth RR	MSEN	40:29	176		
413	776	James	Finnigan	Kirkstall Harriers	MSEN	40:30	177		
414	1496	Pete	Callaghan	Wetherby Runners	M50	40:33	47		
415	517	Andy	Smith	Horsforth Harriers	M45	40:35	64		
416	532	Steve	Wood	Horsforth Harriers	M60	40:36	13		
417	396	Laurence	Charlton	Harrogate Harriers	M50	40:41	48		
418	479	David	Gillian	Horsforth Harriers	MSEN	40:43	178		
419	730	John	Messenger	Kippax Harriers	M65	40:45	8		
420	1343	James	May	St Theresa's AC	MSEN	40:46	179		
421	1418	Malcolm	Coles	Valley Striders	M75	40:47	1		
422	211	Chris	Hill	Airecentre Pacers	M60	40:53	14		
423	33	Peter	Badkin	Abbey Runners	M50	40:56	49		
424	454	Craig	Sutton	Harrogate Tri Club	M45	40:57	65		
425	554	Richard	Edwards	Hyde Park Harriers	M40	41:03	69		
426	1609	Christopher	Bell	York Tri Club	MSEN	41:04	180		
427	695	Daniel	Burkitt	Kippax Harriers	M40	41:09	70		
428	67	Peter	Persico	Abbey Runners	MSEN	41:10	181		
429	1721	Richard	Duffy	Horsforth Harriers	M65	41:10	9		Y
430	1732	Edd	Almond	Rodillian Runners	MSEN	41:13	182		Y
431	1650	Ian	Dowland	Eccleshill RR	MSEN	41:13	183		
432	1601	Martin	Wright	Bradford Airedale	M50	41:14	50		
433	660	Peter	Lewis	Ilkley Harriers	M65	41:19	10		
434	1604	Paul	Sinclair	Harrogate Tri Club	M40	41:23	71		
435	271	Michael	Forster	Chapel Allerton Runners	M40	41:27	72		
436	552	Paul	Dickens	Hyde Park Harriers	MSEN	41:48	184		
437	1743	Clive	Walton	Abbey Runners	M45	41:48	66		Y
438	1716	John	Walsh	Rodillian Runners	M45	41:52	67		Y
439	1206	Gavin	Hamilton	Saltaire Striders	M40	41:53	73		
440	1220	Barney	Lerner	Saltaire Striders	M65	41:58	11		
441	1560	Geoff	Thompson	Wharfedale Harriers	M55	42:12	40		
442	56	Laurence	Lennon	Abbey Runners	M55	42:20	41		
443	392	Paul	Berwin	Harrogate Harriers	M60	42:22	15		
444	1000	Nick	Smith	Nidd Valley Road Runners	M55	42:23	42		
445	1657	Michael	Hogan	Eccleshill RR	M55	42:34	43		
446	1058	Graham	Hawden	Rothwell Harriers	M55	42:35	44		
447	1430	Neil	Hall	Valley Striders	MSEN	42:40	185		
448	34	James	Balkwill	Abbey Runners	M45	42:59	68		
449	1242	Chris	Reynier	Saltaire Striders	M65	43:07	12		
450	246	Joe	Wilson	Airecentre Pacers	MSEN	43:08	186		
451	1680	Tim	Wrigglesworth	Eccleshill RR	M50	43:09	51		
452	1091	Richard	Ogden	Rothwell Harriers	M45	43:17	69		
453	1588	Barry	Markey	Bradford Airedale	M55	43:22	45		
454	826	Sean	O'Halloran	Kirkstall Harriers	MSEN	43:27	187		
455	1209	Tony	Hart	Saltaire Striders	M55	43:39	46		
456	1552	Raj	Madhas	Wharfedale Harriers	M50	43:40	52		

457	1286	Peter	Boyle	St Theresa's AC	M65	43:48	13		
458	1672	Ian	Storey	Eccleshill RR	M40	43:48	74		
459	1671	Martin	Steele	Eccleshill RR	M55	43:50	47		
460	239	Simon	Tupling	Airecentre Pacers	M45	43:54	70		
461	885	Eric	Morley	Knareborough Striders	M60	43:55	16		
462	846	Yekanth	Venkiteela	Kirkstall Harriers	MSEN	44:24	188		
463	1145	Ian	Rayner	Roundhay Runners	M55	44:28	48		
464	872	Antony	Everitt	Knareborough Striders	M50	44:29	53		
465	1005	Neil	Wright	Nidd Valley Road Runners	MSEN	44:29	189		
466	1546	Roger	Hall	Wharfedale Harriers	M65	44:30	14		
467	45	Adam	Ellis	Abbey Runners	M40	44:31	75		
468	1300	Richard	Ellis	St Theresa's AC	M45	44:38	71		
469	569	Phil	Hammond	Hyde Park Harriers	M55	44:52	49		
470	235	Andrew	Tesseyman	Airecentre Pacers	M50	44:52	54		
471	73	Sean	Robinson	Abbey Runners	M40	45:12	76		
472	809	Ewan	Mallone	Kirkstall Harriers	MSEN	45:16	190		
473	1663	Gary	Popple	Eccleshill RR	M50	45:20	55		
474	1337	Alex	Macdonald	St Theresa's AC	MSEN	45:34	191		
475	722	Jay	Kitchen	Kippax Harriers	M55	45:50	50		
476	1319	Michael	Higgins	St Theresa's AC	M65	46:12	15		
477	461	Steve	Allen	Horsforth Harriers	M40	46:38	77		
478	841	Malcolm	Taylor	Kirkstall Harriers	MSEN	46:53	192		
479	513	Peter	Scanlon	Horsforth Harriers	M70	47:18	2		
480	1256	Richard	Smith	Saltire Striders	M55	47:41	51		
481	565	Matthew	Gray	Hyde Park Harriers	MSEN	47:58	193		
482	137	Carl	Britton	Ackworth RR	M40	48:04	78		
483	1305	Andrew	Gardner	St Theresa's AC	M60	48:05	17		
484	1134	Nick	Lankester	Roundhay Runners	MSEN	48:07	194		
485	589	Michael	Mason	Hyde Park Harriers	M50	48:21	56		
486	1127	Phil	Hill	Roundhay Runners	M55	49:03	52		
487	1747	Sean	Somers	Harrogate Harriers	M50	49:04	57		Y
488	789	Peter	Hey	Kirkstall Harriers	M60	50:13	18		
489	1110	Steven	Daglish	Roundhay Runners	MSEN	50:40	195		
490	1417	Rich	Clough	Valley Striders	M45	50:42	72		
491	209	Daniel	Hawes	Airecentre Pacers	MSEN	51:49	196		
492	162	Tim	Owen	Ackworth RR	M45	53:57	73		
493	204	Dave	Cook	Airecentre Pacers	M50	54:11	58		
494	602	Trevor	Raddings	Hyde Park Harriers	M60	55:51	19		
495	139	Tom	Camponi	Ackworth RR	MSEN	1:01:14	197		