

PECO Cross Country League 2015-16
Senior Ladies Cumulative Results After Race 5

Best 4 Scores To Count; Minimum Of 3 Races Completed For Prize Eligibility

Position	Surname	First Name	Club	Age Cat	Race 1		Race 2		Race 3		Race 4		Race 5		FINAL POINTS	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points	Pos	Points		
1	Winter	Rebecca	Ackworth RR	F5EN	2	199.4	7	195.6	2	199.3	2	199.3	2	199.2	797.2	1
2	Jenkinson	Bronwen	Leeds University CCC	F5EN	7	196.3	2	199.3	0	0.0	1	200.0	1	200.0	795.5	2
3	Dransfield	Laura	Roundhay Runners	F5EN	45	172.5	3	198.5	3	198.6	5	197.3	4	197.6	792.0	3
4	Murray-Gourlay	Alice	Kirkstall Harriers	F5EN	8	195.6	4	197.8	6	196.5	4	198.0	3	198.4	790.6	4
5	Pilling	Rachel	Pudsey & Bramley AC	F5EN	6	196.9	6	196.3	7	195.7	7	195.9	5	196.8	785.9	5
6	Mitchell	Lorraine	Harrogate Harriers	F40	5	197.5	15	189.7	5	197.2	8	195.3	6	196.0	785.9	1
7	Jackson	Niamh	Kirkstall Harriers	F35	12	193.1	16	189.0	8	195.0	11	193.2	11	191.9	773.3	1
8	Come	Hannah	Valley Striders	F35	4	198.1	14	190.4	0	0.0	13	191.9	10	192.7	773.2	2
9	Williamson	Lucy	Ilkley Harriers	F5EN	0	0.0	11	192.6	9	194.3	14	191.2	15	188.7	766.9	6
10	Robinson	Emma	Harrogate Harriers	F35	0	0.0	20	186.0	18	187.9	10	193.9	7	195.2	763.1	3
11	Watson	Lesley	Saltaire Striders	F40	16	190.6	18	187.5	12	192.2	18	188.5	12	191.1	762.5	2
12	Ball	Karen	Ackworth RR	F35	20	188.1	12	191.9	11	192.9	25	183.8	14	189.5	762.5	4
13	O'Sullivan	Sarah	Horsforth Harriers	F35	15	191.3	10	193.4	0	0.0	16	189.9	16	187.9	762.4	5
14	Kilcoyne	Alexandra	Abby Runners	F5EN	14	191.9	23	183.8	13	191.5	17	189.2	17	187.1	757.9	7
15	Sisimayi	Shamiso	Kirkstall Harriers	F5EN	18	189.4	17	188.2	0	0.0	19	187.8	19	185.5	750.9	8
16	Varley	Alison	St Theresa's AC	F45	21	187.5	22	184.6	15	190.1	0	0.0	18	186.3	748.4	1
17	Wood	Liz	Valley Striders	F40	22	186.9	21	185.3	19	187.2	27	182.4	21	183.9	743.3	3
18	Carter	Nicola	Knaresborough Striders	F45	28	183.1	37	173.5	33	177.3	20	187.2	23	182.3	729.9	2
19	Walmsley	Nicola	Chapel Allerton Runners	F35	23	186.3	40	171.3	20	186.5	0	0.0	24	181.5	725.5	6
20	Billington	Jac	Horsforth Harriers	F5EN	44	173.1	24	183.1	14	190.8	0	0.0	30	176.6	723.6	9
21	Wyde	Laura	Abby Runners	F5EN	32	180.6	25	182.4	0	0.0	24	184.5	31	175.8	723.0	10
22	Moore	Anne-Marie	Roundhay Runners	F35	24	185.6	35	175.0	30	179.4	32	179.1	28	178.2	722.3	7
23	Lowery	Sima	Knaresborough Striders	F40	35	178.8	34	175.7	31	178.7	23	185.1	27	179.0	721.6	4
24	Gill	Sarah	Harrogate Harriers	F50	42	174.4	32	177.2	26	182.3	0	0.0	25	180.6	714.5	1
25	Drew	Helen	Kirkstall Harriers	F35	41	175.0	0	0.0	35	175.9	22	185.8	32	175.0	711.7	8
26	Sunderland	Sue	Valley Striders	F55	47	171.3	36	174.3	32	178.0	33	178.4	44	165.3	701.9	1
27	Baquero	Belinda	Pudsey & Bramley AC	F5EN	38	176.9	0	0.0	41	171.6	31	179.7	38	170.2	698.4	11
28	Tao Liu	Judy	St Theresa's AC	F35	46	171.9	45	167.6	34	176.6	40	173.6	0	0.0	689.8	9
29	Miller	Helen	York Tri Club	F5EN	36	178.1	47	166.2	48	166.7	39	174.3	41	167.7	686.9	12
30	Dodd	Emma	Wharfedale Harriers	F5EN	40	175.6	33	176.5	24	183.7	0	0.0	63	150.0	685.8	13
31	Kirkham	Katherine	Wharfedale Harriers	F35	0	0.0	48	165.4	49	166.0	28	181.8	36	171.8	684.9	10
32	Clark	Michaela	Abby Runners	F40	49	170.0	43	169.1	46	168.1	34	177.7	0	0.0	684.9	5
33	Barnes	Philippa	Chapel Allerton Runners	F35	52	168.1	29	179.4	0	0.0	37	175.7	64	149.2	672.4	11
34	Mistry	Reena	Eccleshill RR	F35	51	168.8	46	166.9	43	170.2	52	165.5	48	162.1	671.4	12
35	Canm	Jill	Kirkstall Harriers	F35	0	0.0	53	161.8	54	162.4	35	177.0	40	168.5	669.8	13
36	Herbert	Maria	Leeds University CCC	F5EN	43	173.8	71	148.5	0	0.0	36	176.4	43	166.1	664.8	14
37	Turner	Emily	Horsforth Harriers	F5EN	62	161.9	54	161.0	39	173.0	48	168.2	0	0.0	664.2	15
38	Evans	Emma Jane	Ackworth RR	F5EN	57	165.0	59	157.4	44	169.5	43	171.6	0	0.0	663.5	16
39	Elliott	Bev	Horsforth Harriers	F40	0	0.0	58	158.1	60	158.2	38	175.0	39	169.4	660.6	6
40	Huby	Liz	Horsforth Harriers	F35	0	0.0	42	169.9	47	167.4	60	160.1	50	160.5	657.8	14
41	Simpson	Emily	Chapel Allerton Runners	F5EN	0	0.0	56	159.6	63	156.0	49	167.6	52	158.9	642.0	17
42	Fellows	Emily	Kippax Harriers	F35	53	167.5	0	0.0	75	147.5	57	162.2	51	159.7	636.9	15
43	Williamson	Joanne	Ilkley Harriers	F5EN	61	162.5	70	149.3	57	160.3	54	164.2	0	0.0	636.2	18
44	Hurst	Bev	Horsforth Harriers	F50	70	156.9	60	156.6	55	161.7	64	157.4	71	143.5	632.6	2
45	Ryall	Laura	Saltaire Striders	F5EN	76	153.1	62	155.1	50	165.2	0	0.0	58	154.0	627.6	19
46	Lawrence	Becky	Horsforth Harriers	F35	59	163.8	0	0.0	52	163.8	42	172.3	92	126.6	626.5	16
47	Robinson	Claire	Wetherby Runners	F35	50	169.4	67	151.5	80	144.0	61	159.5	0	0.0	624.3	17
48	Dorrington	Ruth	Abby Runners	F45	86	146.9	57	158.8	59	158.9	63	158.1	65	148.4	624.2	3
49	Nash	Louise	Saltaire Striders	F45	69	157.5	65	152.9	67	153.2	66	156.1	85	132.3	619.7	4
50	Briggshaw	Emma	Kirkstall Harriers	F35	75	153.8	68	150.7	74	148.2	62	158.8	59	153.2	616.5	18
51	O'Brien	Louise	Kirkstall Harriers	F40	73	155.0	0	0.0	64	155.3	70	153.4	62	150.8	614.5	7
52	McMullan	Jess	St Theresa's AC	F35	63	161.3	84	139.0	68	152.5	69	154.1	77	138.7	606.8	19
53	Davies	Carol-Ann	Rothwell Harriers	F55	72	155.6	69	150.0	85	140.4	76	149.3	61	151.6	606.6	2
54	Burgess	Helen	Kirkstall Harriers	F5EN	0	0.0	76	144.9	58	159.6	74	150.7	67	146.8	601.9	20
55	Foy	Tracy	Saltaire Striders	F45	71	156.3	79	142.6	72	149.6	71	152.7	81	135.5	601.2	5
56	Hesseltine	Jo	Rothwell Harriers	F50	90	144.4	77	144.1	73	148.9	68	154.7	66	147.6	595.6	3
57	Green	Claire	Pudsey & Bramley AC	F5EN	0	0.0	1	200.0	1	200.0	0	0.0	9	193.5	593.5	21
58	Bailey	Donna	Ackworth RR	F35	88	145.6	81	141.2	82	142.6	0	0.0	54	157.3	586.6	20
59	Moran	Ruth	Horsforth Harriers	F5EN	11	193.8	8	194.9	4	197.9	0	0.0	0	0.0	586.5	22
60	Rider	Lucy	Hyde Park Harriers	F35	65	160.0	88	136.0	89	137.6	80	146.6	80	136.3	580.5	21
61	McGeachy	Denise	Chapel Allerton Runners	F35	96	140.6	64	153.7	0	0.0	65	156.8	89	129.0	580.1	22
62	Ballantyne	Emma	Kirkstall Harriers	F5EN	17	190.0	5	197.1	0	0.0	12	192.6	0	0.0	579.6	23
63	Buglass	Helen	Wetherby Runners	F45	93	142.5	82	140.4	79	144.7	73	151.4	0	0.0	579.0	6
64	Harris	Samantha	Valley Striders	F35	13	192.5	13	191.2	0	0.0	9	194.6	0	0.0	578.3	23
65	Fisk	Kathryn	Fellandale	F5EN	19	188.8	0	0.0	10	193.0	0	0.0	13	190.3	572.7	24
66	Georgopoulos	Lindsay	Kippax Harriers	F35	103	136.3	0	0.0	99	130.5	78	148.0	57	154.8	569.6	24
67	Welling	Claire	Roundhay Runners	F45	82	149.4	74	146.3	83	141.8	0	0.0	87	130.6	568.2	7
68	Roden	Helen	Abby Runners	F40	106	134.4	98	128.7	124	112.8	79	147.3	73	141.9	552.3	8
69	Willingham	Jen	Saltaire Striders	F35	29	182.5	0	0.0	23	184.4	26	183.1	0	0.0	550.0	25
70	Rogers	Rebecca	Hyde Park Harriers	F5EN	30	181.9	0	0.0	21	185.8	0	0.0	26	179.8	547.5	25
71	Chivers	Ann	Roundhay Runners	F35	91	143.8	105	123.5	81	143.3	97	135.1	0	0.0	545.7	26
72	Patmore	Julie	Harrogate Harriers	F50	0	0.0	38	172.8	0	0.0	21	186.5	20	184.7	544.0	4
73	Muir	Marion	Kirkstall Harriers	F40	109	132.5	0	0.0	113	120.6	83	144.6	68	146.0	543.6	9
74	Love	Helen	Saltaire Striders	F55	100	138.1	130	105.1	102	128.4	85	143.2	84	133.1	542.8	3
75	Milner	Anne	Wharfedale Harriers	F45	118	126.9	78	143.4	94	134.0	0	0.0	78	137.9	542.2	8
76	Bland	Debbie	E													

96	Young	Caroline	Hyde Park Harriers	F5EN	55	166.3	0	0.0	53	163.1	51	166.2	0	0.0	495.6	30
97	Morley	Sue	Knaresborough Striders	F60	120	125.6	101	126.5	112	121.3	117	121.6	118	105.6	495.0	2
98	Say	Julia	Roundhay Runners	F40	0	0.0	50	164.0	40	172.3	0	0.0	53	158.1	494.4	14
99	Roddy	Annie	St Theresa's AC	F5EN	0	0.0	111	119.1	109	123.4	94	137.2	107	114.5	494.2	31
100	Gilliard	Lucy	Rothwell Harriers	F40	130	119.4	103	125.0	115	119.1	113	124.3	0	0.0	487.8	15
101	Galab	Tori	Rothwell Harriers	F5EN	74	154.4	0	0.0	51	164.5	50	166.9	0	0.0	485.8	32
102	Yamaguchi	Hikari	Kirkstall Harriers	F5EN	0	0.0	49	164.7	61	157.4	56	162.8	0	0.0	485.0	33
103	Tamayo	Bethany	Abbey Runners	F5EN	68	158.1	52	162.5	0	0.0	55	163.5	0	0.0	484.1	34
104	Lockwood	Jennie	Leeds University CCC	F5EN	31	181.3	26	181.6	0	0.0	0	0.0	99	121.0	483.8	35
105	Forey	Helen	Dragons RC	F45	122	124.4	107	122.1	122	114.2	123	117.6	112	110.5	478.2	12
106	Coy	Gaenor	Ilkley Harriers	F40	127	121.3	102	125.7	0	0.0	126	115.5	108	113.7	476.2	16
107	Pratt	Joanne	Rothwell Harriers	F50	138	114.4	128	106.6	106	125.5	116	122.3	0	0.0	468.8	9
108	Gardner	Lois	Hyde Park Harriers	F5EN	125	122.5	106	122.8	129	109.2	131	112.2	0	0.0	466.7	36
109	Glover	Alyson	Kirkstall Harriers	F50	133	117.5	118	114.0	110	122.7	0	0.0	110	112.1	466.3	10
110	George	Rose	Kirkstall Harriers	F45	131	118.8	147	92.6	119	116.3	92	138.5	0	0.0	466.2	13
111	Moul	Sue	Harrogate Harriers	F45	67	158.8	0	0.0	66	153.9	0	0.0	60	152.4	465.1	14
112	Miller	Vicky	St Theresa's AC	F5EN	0	0.0	0	0.0	69	151.8	67	155.4	55	156.5	463.6	37
113	Woodhead	Laura	Fellandale	F5EN	78	151.9	61	155.9	65	154.6	0	0.0	0	0.0	462.4	38
114	Tomlinson	Sarah	Dragons RC	F40	148	108.1	0	0.0	120	115.6	129	113.5	104	116.9	454.2	17
115	Walton	Karis	Abbey Runners	F40	56	165.6	0	0.0	0	0.0	87	141.9	70	144.4	451.9	18
116	Treasure-Jones	Tamsin	Saltire Striders	F45	81	150.0	0	0.0	0	0.0	59	160.8	76	139.5	450.3	15
117	Evans	Clare	Hyde Park Harriers	F5EN	116	128.1	0	0.0	140	101.4	141	105.4	106	115.3	450.3	39
118	Macdonald	Wanda	St Theresa's AC	F50	58	164.4	73	147.1	0	0.0	0	0.0	83	133.9	445.3	11
119	Salih	Jasmine	Abbey Runners	F40	144	110.6	116	115.4	134	105.7	0	0.0	115	108.1	439.8	19
120	Stevenson	Andrea	Dragons RC	F50	129	120.0	114	116.9	147	96.5	140	106.1	157	74.2	439.4	12
121	Malinowska	Dominika	Kirkstall Harriers	F5EN	246	46.9	127	107.4	125	112.1	148	100.7	101	119.4	439.4	40
122	Ramsden	Denise	Rothwell Harriers	F45	132	118.1	0	0.0	139	102.1	125	116.2	122	102.4	438.9	16
123	Gregory	Juliette	Harrogate Harriers	F50	77	152.5	95	130.9	71	150.4	0	0.0	0	0.0	433.7	13
124	Sharma	Alicia	Roundhay Runners	F5EN	87	146.3	80	141.9	78	145.4	0	0.0	0	0.0	433.6	41
125	Shenton	Nicola	Hyde Park Harriers	F5EN	85	147.5	0	0.0	90	136.9	77	148.6	0	0.0	433.0	42
126	Smith	Alison	Abbey Runners	F40	64	160.6	72	147.8	0	0.0	0	0.0	96	123.4	431.8	20
127	Dwyer	Becky	Kirkstall Harriers	F35	179	88.8	141	97.1	0	0.0	99	133.8	111	111.3	430.9	31
128	Rawlings	Sarah	Eccleshill RR	F45	137	115.0	0	0.0	143	99.3	128	114.2	124	100.8	429.3	17
129	Bell	Valerie	Wetherby Runners	F45	147	108.8	124	109.6	138	102.8	139	106.8	127	98.4	427.9	18
130	Houghton	Vicky	Hyde Park Harriers	F5EN	178	89.4	123	110.3	116	118.4	135	109.5	239	8.1	427.6	43
131	Easton	Claire	Rothwell Harriers	F40	145	110.0	137	100.0	131	107.8	0	0.0	114	108.9	426.7	21
132	Stafford	Julie	Ackworth RR	F45	84	148.1	85	138.2	0	0.0	0	0.0	86	131.5	417.8	19
133	James	Julie	St Theresa's AC	F50	194	79.4	146	93.4	128	109.9	146	102.0	117	106.5	411.8	14
134	Booth	Samantha	Chapel Allerton Runners	F5EN	0	0.0	104	124.3	70	151.1	100	133.1	0	0.0	408.4	44
135	Kirkbright	Karen	Dragons RC	F50	0	0.0	135	101.5	135	105.0	150	99.3	130	96.0	401.7	15
136	Murdoch	Rebecca	Airecentre Pacers	F5EN	0	0.0	0	0.0	92	135.5	86	142.6	98	121.8	399.8	45
137	Horton	Helen	Ilkley Harriers	F50	0	0.0	94	131.6	104	127.0	91	139.2	0	0.0	397.8	16
138	Drake	Emma	Horsforth Harriers	F45	155	103.8	140	97.8	126	111.3	172	84.5	0	0.0	397.4	20
139	Beckwith	Emma	Leeds University CCC	F5EN	0	0.0	0	0.0	0	0.0	3	198.6	8	194.4	393.0	46
140	Mercer-Jones	Helen	Harrogate Harriers	F35	0	0.0	9	194.1	0	0.0	6	196.6	0	0.0	390.7	32
141	Hulme-Vickerstaff	Lisa	Abbey Runners	F45	154	104.4	122	111.0	149	95.0	0	0.0	150	79.8	390.3	21
142	Stansbie	Lisa	Abbey Runners	F40	119	126.3	0	0.0	0	0.0	98	134.5	91	127.4	388.1	22
143	Jago	Gillian	Eccleshill RR	F40	192	80.6	171	75.0	133	106.4	143	104.1	129	96.8	387.8	23
144	Davis	Denise	Saltire Striders	F45	153	105.0	145	94.1	168	81.6	153	97.3	137	90.3	386.7	22
145	Cohen	Lucy	Abbey Runners	F40	170	94.4	148	91.9	150	94.3	145	102.7	138	89.5	383.3	24
146	Davidson	Charlotte	Horsforth Harriers	F5EN	152	105.6	92	133.1	95	133.3	0	0.0	0	0.0	372.0	47
147	Bourne	Rachel	Hyde Park Harriers	F5EN	0	0.0	28	180.1	16	189.4	0	0.0	0	0.0	369.5	48
148	King	Sheila	Kirkstall Harriers	F50	0	0.0	0	0.0	88	138.3	93	137.8	134	92.7	368.9	17
149	Walker	Marie	Chapel Allerton Runners	F5EN	25	185.0	0	0.0	28	180.9	0	0.0	0	0.0	365.9	49
150	Keighley	Carole	Airecentre Pacers	F50	161	100.0	176	71.3	180	73.0	161	91.9	126	99.2	364.1	18
151	Close	Helen	Hyde Park Harriers	F5EN	0	0.0	0	0.0	0	0.0	30	180.4	22	183.1	363.5	50
152	Cazan	Louise	Valley Striders	F35	26	184.4	30	178.7	0	0.0	0	0.0	0	0.0	363.1	33
153	Moran	Carol	Kirkstall Harriers	F50	156	103.1	166	78.7	175	76.6	170	85.8	132	94.4	362.0	19
154	Farguhar	Fiona	Saltire Striders	F45	172	93.1	151	89.7	0	0.0	155	95.9	146	83.1	361.8	23
155	Wilkinson	Rachel	Horsforth Harriers	F5EN	27	183.8	0	0.0	38	173.8	0	0.0	0	0.0	357.5	51
156	Fletcher	Lynn	St Theresa's AC	F60	191	81.3	154	87.5	164	84.4	159	93.2	135	91.9	357.1	3
157	Roberts	Charlotte	Harrogate Harriers	F5EN	34	179.4	0	0.0	0	0.0	41	173.0	0	0.0	352.3	52
158	Blakeley	Alyson	Roundhay Runners	F35	207	71.3	143	95.6	154	91.5	163	90.5	0	0.0	348.9	34
159	Graham	Amy	Roundhay Runners	F5EN	48	170.6	31	177.9	0	0.0	0	0.0	0	0.0	348.6	53
160	Grayson-Bollon	Emma	Horsforth Harriers	F5EN	37	177.5	0	0.0	45	168.8	0	0.0	0	0.0	346.3	54
161	Coulsey	Hilda	Ilkley Harriers	F60	128	120.0	0	0.0	136	104.3	127	114.9	0	0.0	339.7	4
162	Clubbs	Christine	Wetherby Runners	F40	198	76.9	162	81.6	163	85.1	156	95.3	0	0.0	338.9	25
163	Annes	Nic	Eccleshill RR	F40	141	112.5	117	114.7	0	0.0	132	111.5	0	0.0	338.7	26
164	Culshaw	Robin	Hyde Park Harriers	F5EN	0	0.0	0	0.0	37	174.5	0	0.0	46	163.7	338.2	55
165	Battersby	Jennifer	Wharfedale Harriers	F40	0	0.0	0	0.0	0	0.0	53	164.9	37	171.0	335.8	27
166	Poynter	Kirsten	York Tri Club	F40	60	163.1	0	0.0	0	0.0	0	0.0	35	172.6	335.7	28
167	Warrington	Sharon	Airecentre Pacers	F40	189	82.5	186	64.0	165	83.7	169	86.5	147	82.3	334.9	29
168	Weatherby	Katie	Wharfedale Harriers	F5EN	0	0.0	0	0.0	0	0.0	46	169.6	47	162.9	332.5	56
169	Revill	Nicola	Horsforth Harriers	F40	193	80.0	175	72.1	167	82.3	160	92.6	158	73.4	328.2	30
170	Jennings	Louise	Valley Striders	F40	216	65.6	179	69.1	166	83.0	152	98.0	204	36.3	315.7	31
171	Akeroyd	Mel	Saltire Striders	F35	0	0.0	0	0.0	155	90.8	136	108.8	113	109.7	309.2	35
172	Senior	Claire	Valley Striders	F35	0	0.0	75	145.6	0	0.0	0	0.0	49	161.3	306.9	36
173	Parker	Eleanor	Roundhay Runners	F5EN	136	115.6	149	91.2	144	98.6	0	0.0	0	0.0	305.4	57
174	Palmer	Kelly	Kippax Harriers	F60	197	77.5	165	79.4	0	0.0	194	69.6	153	77.4	303.9	5
175	Cook	Mags	Roundhay Runners	F60	163	98.8	0	0.0	162	85.8	133	110.8	0	0.0	295.4	6
176	Thorp	Sarah	Horsforth Harriers	F35	0	0.0	0	0.0	77	146.1	84	143.9	0	0.0	290.0	37
177	Pagdin	Sarah	Valley Striders	F45	0	0.0	144	94.9	156	90.1	144	103.4	0	0.0	288.3	24
178	Hague	Suzanne	Saltire Striders	F50	185	85.0	0	0.0	174	77.3	214	56.1	163	69.4	287.7	20
179	Guzman	Nidia	Horsforth Harriers	F35	0	0.0	0	0.0	0	0.0	81	145.9	75	140.3	286.3	38
180	Nicholson	Victoria	Ackworth RR	F40	159	101.3	132	103.7	0	0.0	0	0.0	152	78.2	283.2	32
181	Thomas	Caroline	Horsforth Harriers	F35	0	0.0	0	0.0	0	0.0	90	139.9	72	142.7	282.6	39
182	Gridley	Jennifer	Hyde Park Harriers	F5EN	0	0.0	0	0.0	0	0.0	88	141.2	74	141.1	282.3	58
183	Hayward	Jess	Leeds University CCC	F5EN	114	129.4	66	152.2	0	0.0	0</					

199	Waite	Sarah	St Theresa's AC	F5EN	121	125.0	0	0.0	103	127.7	0	0.0	0	0.0	252.7	64
200	Mann	Helen	Rothwell Harriers	F50	190	81.9	0	0.0	161	86.5	177	81.1	0	0.0	249.5	24
201	Cummings	Laura	Hyde Park Harriers	F35	0	0.0	0	0.0	100	129.8	122	118.2	0	0.0	248.0	43
202	Stone	Dote	Hyde Park Harriers	F35	0	0.0	0	0.0	108	124.1	114	123.6	0	0.0	247.8	44
203	Holland	Joanne	St Theresa's AC	F40	183	86.3	163	80.9	171	79.4	0	0.0	0	0.0	246.6	36
204	Hallam	Jane	Abbey Runners	F50	225	60.0	202	52.2	196	61.7	224	49.3	159	72.6	246.5	25
205	Price	Andrea	Knaresborough Striders	F45	220	63.1	0	0.0	226	40.4	186	75.0	166	66.9	245.5	26
206	Crompton	Karen	Chapel Allerton Runners	F5EN	0	0.0	180	68.4	0	0.0	164	89.9	141	87.1	245.3	65
207	Darley	Jacky	Wetherby Runners	F55	226	59.4	215	42.6	182	71.6	200	65.5	0	0.0	239.2	5
208	Ritucci	Pamela	Ackworth RR	F5EN	169	95.0	152	89.0	0	0.0	0	0.0	182	54.0	238.0	66
209	Williamson	Sue	Ilkley Harriers	F50	224	60.6	190	61.0	200	58.9	213	56.8	0	0.0	237.3	26
210	Forster-Hughes	Lora	Chapel Allerton Runners	F5EN	275	28.8	198	55.1	0	0.0	198	66.9	143	85.5	236.3	67
211	Lavery	Lesley	St Theresa's AC	F45	212	68.1	188	62.5	199	59.6	229	45.9	0	0.0	236.1	27
212	Nurse	Helen	Abbey Runners	F50	134	116.9	113	117.6	0	0.0	0	0.0	0	0.0	234.5	27
213	Penrose	Kate	Kippax Harriers	F60	218	64.4	168	77.2	0	0.0	162	91.2	0	0.0	232.8	7
214	Smith	Zoe	Kippax Harriers	F35	208	70.6	185	64.7	0	0.0	154	96.6	0	0.0	232.0	45
215	Ford	Clare	Airecentre Pacers	F5EN	203	73.8	201	52.9	0	0.0	228	46.6	179	56.5	229.8	68
216	Fox	Stephanie	Ilkley Harriers	F40	0	0.0	121	111.8	118	117.0	0	0.0	0	0.0	228.8	37
217	Churm	Lucy	Kirkstall Harriers	F35	0	0.0	139	98.5	0	0.0	106	129.1	0	0.0	227.6	46
218	Smith	Kelly	Saltaire Striders	F40	223	61.3	184	65.4	208	53.2	227	47.3	200	39.5	227.2	38
219	Wigglesworth	Rose	Ackworth RR	F35	0	0.0	0	0.0	121	114.9	138	107.4	0	0.0	222.3	47
220	Rhodes	Amanda	Abbey Runners	F40	236	53.1	194	58.1	235	34.0	215	55.4	181	54.8	221.5	39
221	Nunez	Erika	Abbey Runners	F40	240	50.6	199	54.4	210	51.8	204	62.8	0	0.0	219.6	40
222	Thompson	Su	Wharfedale Harriers	F45	0	0.0	0	0.0	0	0.0	130	112.8	121	103.2	216.1	28
223	Broom	Samantha	Kirkstall Harriers	F5EN	230	56.9	195	57.4	202	57.4	233	43.2	207	33.9	214.9	69
224	Tailford	Claire	Eccleshill RR	F40	209	70.0	0	0.0	176	75.9	195	68.9	0	0.0	214.8	41
225	Pritchett	Sarah	Roundhay Runners	F5EN	0	0.0	196	56.6	178	74.5	175	82.4	0	0.0	213.5	70
226	Wood	Edna	Knaresborough Striders	F50	244	48.1	214	43.4	198	60.3	209	59.5	198	41.1	211.3	28
227	Dell'Amico	Louise	Saltaire Striders	F40	217	65.0	182	66.9	0	0.0	180	79.1	0	0.0	211.0	42
228	Oughton	Jane	Abbey Runners	F55	247	46.3	224	36.0	220	44.7	221	51.4	165	67.7	210.0	6
229	Podesta	Sarah	Airecentre Pacers	F40	143	111.3	0	0.0	0	0.0	0	0.0	128	97.6	208.8	43
230	Richardson	Laura	Saltaire Striders	F5EN	0	0.0	126	108.1	142	100.0	0	0.0	0	0.0	208.1	71
231	Hitchen	Lisa	Abbey Runners	F35	229	57.5	217	41.2	195	62.4	245	35.1	191	46.8	207.9	48
232	Loftus	Joanne	St Theresa's AC	F40	0	0.0	142	96.3	130	108.5	0	0.0	0	0.0	204.8	44
233	Kelly	Elaine	Rothwell Harriers	F45	219	63.8	0	0.0	183	70.9	0	0.0	162	70.2	204.8	29
234	Scott	Katherine	Abbey Runners	F35	0	0.0	230	31.6	227	39.7	201	64.9	164	68.5	204.7	49
235	Pennington	Helen	Saltaire Striders	F40	149	107.5	0	0.0	148	95.7	0	0.0	0	0.0	203.2	45
236	Smith	Charlotte	Ackworth RR	F5EN	0	0.0	0	0.0	0	0.0	147	101.4	123	101.6	203.0	72
237	Stevenson	Nicky	Dragons RC	F40	157	102.5	0	0.0	0	0.0	149	100.0	0	0.0	202.5	46
238	Bjsterveld	Petra	Ilkley Harriers	F50	167	96.3	129	105.9	0	0.0	0	0.0	0	0.0	202.1	29
239	Cameron	Rhona	Kirkstall Harriers	F55	270	31.9	210	46.3	212	50.4	208	60.1	193	45.2	202.0	7
240	Hill	Penny	Roundhay Runners	F50	0	0.0	134	102.2	0	0.0	151	98.6	0	0.0	200.9	30
241	Garland	Bethany	Leeds University CCC	F5EN	1	200.0	0	0.0	0	0.0	0	0.0	0	0.0	200.0	73
242	Lee	Sophie	Leeds University CCC	F5EN	3	198.8	0	0.0	0	0.0	0	0.0	0	0.0	198.8	74
243	Richardson	Dawn	Knaresborough Striders	F50	258	39.4	0	0.0	203	56.7	217	54.1	189	48.4	198.6	31
244	Hutchison	Katy	Wetherby Runners	F5EN	158	101.9	0	0.0	0	0.0	158	93.9	0	0.0	195.8	75
245	Dobson	Sarah	Abbey Runners	F5EN	9	195.0	0	0.0	0	0.0	0	0.0	0	0.0	195.0	76
246	Cook	Bernadette	Saltaire Striders	F45	150	106.9	0	0.0	0	0.0	167	87.8	0	0.0	194.7	30
247	McDowell	Lisa	St Theresa's AC	F40	213	67.5	0	0.0	185	69.5	212	57.4	0	0.0	194.4	47
248	Lancaster	Andrea	York Tri Club	F40	10	194.4	0	0.0	0	0.0	0	0.0	0	0.0	194.4	48
249	Longfellow	Emma	St Theresa's AC	F35	142	111.9	161	82.4	0	0.0	0	0.0	0	0.0	194.2	50
250	Charlesworth	Sarah	Wharfedale Harriers	F35	0	0.0	133	102.9	0	0.0	0	0.0	136	91.1	194.1	51
251	Hamilton	Liz	Saltaire Striders	F40	274	29.4	0	0.0	230	37.6	207	60.8	167	66.1	193.9	49
252	Fulton	Heather	Hyde Park Harriers	F5EN	0	0.0	0	0.0	0	0.0	166	88.5	120	104.0	192.5	77
253	Evans	Charlotte	Harrogate Harriers	F40	0	0.0	0	0.0	0	0.0	15	190.5	0	0.0	190.5	50
254	Magdalenoka-Keen	Liga	Chapel Allerton Runners	F35	0	0.0	0	0.0	17	188.7	0	0.0	0	0.0	188.7	52
255	Williment	Emma	Airecentre Pacers	F5EN	0	0.0	0	0.0	217	46.8	181	78.4	172	62.1	187.3	78
256	Price	Alison	Valley Striders	F35	0	0.0	19	186.8	0	0.0	0	0.0	0	0.0	186.8	53
257	Hill	Lindsey	St Theresa's AC	F40	160	100.6	156	86.0	0	0.0	0	0.0	0	0.0	186.7	51
258	Scott	Jane	St Theresa's AC	F60	232	55.6	0	0.0	192	64.5	0	0.0	168	65.3	185.5	8
259	Button	Holly	Valley Striders	F5EN	0	0.0	0	0.0	22	185.1	0	0.0	0	0.0	185.1	79
260	Dwyer	Angie	Chapel Allerton Runners	F40	0	0.0	221	38.2	229	38.3	232	43.9	170	63.7	184.2	52
261	Hawthorne	Haley	Ackworth RR	F5EN	0	0.0	0	0.0	151	93.6	0	0.0	139	88.7	182.3	80
262	Handley	Anne	Wharfedale Harriers	F50	0	0.0	0	0.0	0	0.0	176	81.8	125	100.0	181.8	32
263	Lavelle-Wood	Emma	Kirkstall Harriers	F40	0	0.0	0	0.0	27	181.6	0	0.0	0	0.0	181.6	53
264	Davies	Sian	Rothwell Harriers	F5EN	0	0.0	0	0.0	29	180.1	0	0.0	0	0.0	180.1	81
265	Duncan	Jules	Wetherby Runners	F50	177	90.0	0	0.0	157	89.4	0	0.0	0	0.0	179.4	33
266	Edwards	Laura	Hyde Park Harriers	F5EN	0	0.0	0	0.0	223	42.6	188	73.6	171	62.9	179.1	82
267	Glynn	Janet	Hyde Park Harriers	F40	0	0.0	0	0.0	0	0.0	193	70.3	116	107.3	177.5	54
268	Blackwell	Pauline	St Theresa's AC	F60	255	41.3	218	40.4	216	47.5	243	36.5	190	47.6	176.8	9
269	Milburn	Anna	St Theresa's AC	F35	0	0.0	0	0.0	141	100.7	185	75.7	0	0.0	176.4	54
270	Vincent	Emma	Abbey Runners	F35	39	176.3	0	0.0	0	0.0	0	0.0	0	0.0	176.3	55
271	Briggs	Josie	Saltaire Striders	F45	0	0.0	0	0.0	153	92.2	0	0.0	145	83.9	176.1	31
272	Hutton	Rebecca	Chapel Allerton Runners	F45	0	0.0	187	63.2	211	51.1	0	0.0	173	61.3	175.6	32
273	Sanders	Caroline	Hyde Park Harriers	F35	0	0.0	153	88.2	160	87.2	0	0.0	0	0.0	175.5	56
274	Forster	Rebecca	Chapel Allerton Runners	F5EN	0	0.0	0	0.0	36	175.2	0	0.0	0	0.0	175.2	83
275	Bibby	Rebecca	Valley Striders	F5EN	227	58.8	0	0.0	201	58.2	211	58.1	0	0.0	175.0	84
276	Weston	Jacqui	Ilkley Harriers	F45	228	58.1	203	51.5	0	0.0	202	64.2	0	0.0	173.8	33
277	Whitaker	Jo	Dragons RC	F40	239	51.3	0	0.0	209	52.5	246	34.5	206	34.7	172.9	55
278	Wilson	Steph	Saltaire Striders	F35	0	0.0	39	172.1	0	0.0	0	0.0	0	0.0	172.1	57
279	Taylor	Maureen	Abbey Runners	F55	234	54.4	0	0.0	0	0.0	210	58.8	177	58.1	171.2	8
280	Legg	Emily	Wetherby Runners	F5EN	0	0.0	41	170.6	0	0.0	0	0.0	0	0.0	170.6	85
281	Muir	Ruth	St Theresa's AC	F35	0	0.0	0	0.0	0	0.0	45	170.3	0	0.0	170.3	58
282	Walker	Megan	Leeds University CCC	F5EN	0	0.0	44	168.4	0	0.0	0	0.0	0	0.0	168.4	86
283	Hatrell	Rebecca	St Theresa's AC	F5EN	0	0.0	0	0.0	172	78.7	165	89.2	0	0.0	167.9	87
284	Lillywhite	Helen	Kippax Harriers	F35	0	0.0	174	72.8	0	0.0	157	94.6	0	0.0	167.4	59
285	Hembra	Dannie	Chapel Allerton Runners	F40	151	106.3	0	0.0	197	61.0	0	0.0	0	0.0	167.2	56
286	Young	Katie	Leeds University CCC	F5EN	0	0.0	0	0.0	0	0.0	0	0.0	42	166.9	166.9	88
287	Humphreys	Claire	Chapel Allerton Runners	F35	54	166.9	0	0.0	0	0.0	0	0.0	0	0.0	166.9	60
288	Elmes	Julie	Ilkley Harriers	F45	0	0.0	155	86.8	0	0.0	179	79.7	0	0.0	166.5	34
289	Willibond	Andie	Dragons RC	F65	221	62.5										

302	Dike	Karen	Horsforth Harriers	F35	0	0.0	0	0.0	62	156.7	0	0.0	0	0.0	156.7	62
303	Whittaker	Lynn	Wharfedale Harriers	F50	0	0.0	0	0.0	0	0.0	0	0.0	56	155.6	155.6	38
304	Parker	Samantha	Wetherby Runners	F45	0	0.0	172	74.3	0	0.0	0	0.0	151	79.0	153.3	37
305	Robinson	Jayne	Eccleshill RR	F45	0	0.0	0	0.0	187	68.1	0	0.0	144	84.7	152.8	38
306	Jones	Anne	Valley Striders	F50	233	55.0	207	48.5	0	0.0	226	48.0	0	0.0	151.5	39
307	Sandhu	Baldish	Kirkstall Harriers	F45	257	40.0	222	37.5	0	0.0	252	30.4	195	43.5	151.5	39
308	Cobb	Lauren	Roundhay Runners	F50	0	0.0	0	0.0	0	0.0	184	76.4	156	75.0	151.4	91
309	Costello	Jo	Kippax Harriers	F50	79	151.3	0	0.0	0	0.0	0	0.0	0	0.0	151.3	92
310	Lofthouse	Kate	Ilkley Harriers	F50	0	0.0	206	49.3	193	63.8	241	37.8	0	0.0	150.9	40
311	Coffey	Maureen	Valley Striders	F65	254	41.9	251	16.2	243	28.4	242	37.2	196	42.7	150.1	2
312	Craske	Caroline	Ilkley Harriers	F45	0	0.0	0	0.0	0	0.0	75	150.0	0	0.0	150.0	40
313	Marshall	Rici	Hyde Park Harriers	F50	0	0.0	170	75.7	0	0.0	192	70.9	0	0.0	146.7	93
314	Hodkinson	Sophie	Abbey Runners	F50	0	0.0	0	0.0	0	0.0	196	68.2	154	76.6	144.9	94
315	Amos	Emma	Harrogate Harriers	F35	92	143.1	0	0.0	0	0.0	0	0.0	0	0.0	143.1	63
316	Allison	Tracey	Knaresborough Striders	F50	235	53.8	0	0.0	215	48.2	0	0.0	199	40.3	142.3	41
317	Forwood	Nicola	Hyde Park Harriers	F50	0	0.0	169	76.5	207	53.9	280	11.5	0	0.0	141.9	95
318	Garbs	Catherine	Horsforth Harriers	F50	95	141.3	0	0.0	0	0.0	0	0.0	0	0.0	141.3	96
319	Kotlyar	Daisy	Hyde Park Harriers	F50	0	0.0	0	0.0	0	0.0	89	140.5	0	0.0	140.5	97
320	Nixon	Lorna	Saltire Striders	F40	0	0.0	191	60.3	170	80.1	0	0.0	0	0.0	140.4	58
321	Whitley	Sarita	Eccleshill RR	F50	0	0.0	0	0.0	86	139.7	0	0.0	0	0.0	139.7	98
322	Hunt	Leigh	Kippax Harriers	F35	99	138.8	0	0.0	0	0.0	0	0.0	0	0.0	138.8	64
323	Edson	Claire	Kippax Harriers	F35	175	91.3	209	47.1	0	0.0	0	0.0	0	0.0	138.3	65
324	Rankin	Jo	Wetherby Runners	F40	0	0.0	227	33.8	254	20.6	240	38.5	194	44.4	137.3	59
325	Hogg	Laura	Kirkstall Harriers	F50	0	0.0	0	0.0	0	0.0	0	0.0	79	137.1	137.1	99
326	Archer	Kerry	York Tri Club	F50	0	0.0	87	136.8	0	0.0	0	0.0	0	0.0	136.8	100
327	Davies	Arlene	Dragons RC	F50	202	74.4	0	0.0	0	0.0	205	62.2	0	0.0	136.5	42
328	Clark	Denise	Ackworth RR	F50	0	0.0	0	0.0	93	134.8	0	0.0	0	0.0	134.8	43
329	Smith	Sarah	Valley Striders	F50	0	0.0	90	134.6	0	0.0	0	0.0	0	0.0	134.6	44
330	Sebright-Pickard	Jenny	Airecentre Pacers	F35	251	43.8	211	45.6	0	0.0	231	44.6	0	0.0	133.9	66
331	Hayward	Catherine	Hyde Park Harriers	F50	0	0.0	255	13.2	224	41.8	237	40.5	202	37.9	133.5	101
332	Tesseyman	Jane	Airecentre Pacers	F45	271	31.3	0	0.0	221	44.0	235	41.9	229	16.1	133.2	41
333	Dennison	Debbie	Wetherby Runners	F50	108	133.1	0	0.0	0	0.0	0	0.0	0	0.0	133.1	45
334	Wilson	Carly	Chapel Allerton Runners	F50	199	76.3	197	55.9	0	0.0	0	0.0	0	0.0	132.1	102
335	Mason	Hayley	Roundhay Runners	F35	113	130.0	0	0.0	0	0.0	0	0.0	0	0.0	130.0	67
336	McLaron	Shevonne	Kirkstall Harriers	F40	0	0.0	164	80.1	0	0.0	225	48.6	0	0.0	128.8	60
337	Mika	Kasia	Hyde Park Harriers	F50	115	128.8	0	0.0	0	0.0	0	0.0	0	0.0	128.8	103
338	Shevlin	Joanna	Horsforth Harriers	F35	0	0.0	99	127.9	0	0.0	0	0.0	0	0.0	127.9	68
339	Arkwright	Janet-Alison	Bradford Airedale	F35	0	0.0	0	0.0	0	0.0	108	127.7	0	0.0	127.7	69
340	Steel	Emma	Valley Striders	F35	117	127.5	0	0.0	0	0.0	0	0.0	0	0.0	127.5	70
341	Bowman	Ruth	Dragons RC	F35	0	0.0	0	0.0	0	0.0	109	127.0	0	0.0	127.0	71
342	Kisluk	Anne	Eccleshill RR	F45	0	0.0	208	47.8	173	78.0	0	0.0	0	0.0	125.8	42
343	Cooke	Rachel	Ackworth RR	F50	0	0.0	0	0.0	0	0.0	111	125.7	0	0.0	125.7	46
344	Johnson	Claire	York Tri Club	F35	123	123.8	0	0.0	0	0.0	0	0.0	0	0.0	123.8	72
345	MacDonald	Diane	Bradford Airedale	F45	0	0.0	0	0.0	0	0.0	115	123.0	0	0.0	123.0	43
346	Seth	Nakeesha	Horsforth Harriers	F50	0	0.0	108	121.3	0	0.0	0	0.0	0	0.0	121.3	104
347	Gibson	Lisa	Kirkstall Harriers	F50	0	0.0	0	0.0	0	0.0	118	120.9	0	0.0	120.9	105
348	Hartley	Alison	Eccleshill RR	F50	283	23.8	223	36.8	0	0.0	253	29.7	211	30.6	120.9	47
349	Palmer	Alison	Harrogate Harriers	F45	0	0.0	0	0.0	0	0.0	121	118.9	0	0.0	118.9	44
350	Huime	Susan	Airecentre Pacers	F40	277	27.5	232	30.1	0	0.0	254	29.1	210	31.5	118.2	61
351	Rose	Sarah Jayne	Ackworth RR	F40	0	0.0	0	0.0	238	31.9	238	39.9	192	46.0	117.7	62
352	Martin	Liz	Wetherby Runners	F45	0	0.0	219	39.7	228	39.0	0	0.0	201	38.7	117.4	45
353	Fallon	Lynne	St Theresa's AC	F60	295	16.3	239	25.0	241	29.8	230	45.3	236	10.5	116.3	10
354	Baker	Sarah	Hyde Park Harriers	F50	279	26.3	0	0.0	247	25.5	259	25.7	203	37.1	114.6	106
355	Papadimos	Sarah	Horsforth Harriers	F50	0	0.0	119	113.2	0	0.0	0	0.0	0	0.0	113.2	48
356	Heselgrave	Julie	St Theresa's AC	F45	140	113.1	0	0.0	0	0.0	0	0.0	0	0.0	113.1	46
357	Pierce	Claire	Dragons RC	F60	222	61.9	0	0.0	0	0.0	222	50.7	0	0.0	112.6	11
358	Sturley	Charlotte	Chapel Allerton Runners	F50	0	0.0	120	112.5	0	0.0	0	0.0	0	0.0	112.5	107
359	Hodgson	Stacey	St Theresa's AC	F35	0	0.0	0	0.0	0	0.0	134	110.1	0	0.0	110.1	73
360	Cross	Stella	Abbey Runners	F55	146	109.4	0	0.0	0	0.0	0	0.0	0	0.0	109.4	11
361	Tombs	Gail	Ackworth RR	F60	0	0.0	125	108.8	0	0.0	0	0.0	0	0.0	108.8	12
362	Balkwill	Kieran	Abbey Runners	F40	272	30.6	238	25.7	256	19.1	249	32.4	0	0.0	107.9	63
363	Colyer	Heather	Fellandale	F50	0	0.0	0	0.0	132	107.1	0	0.0	0	0.0	107.1	108
364	Allen	Liz	Chapel Allerton Runners	F45	0	0.0	231	30.9	0	0.0	248	33.1	197	41.9	105.9	47
365	Ricci	Allison	Ilkley Harriers	F45	0	0.0	0	0.0	0	0.0	142	104.7	0	0.0	104.7	48
366	Daniel	Vikki	Kirkstall Harriers	F50	0	0.0	131	104.4	0	0.0	0	0.0	0	0.0	104.4	109
367	Frickers	Hannah	Roundhay Runners	F50	262	36.9	233	29.4	264	13.5	281	10.8	222	21.8	101.5	110
368	Brown	Catherine	Airecentre Pacers	F40	0	0.0	212	44.9	204	56.0	0	0.0	0	0.0	100.9	64
369	Jones	Clare	Harrogate Harriers	F35	0	0.0	136	100.7	0	0.0	0	0.0	0	0.0	100.7	74
370	Hougham	Claire	Hyde Park Harriers	F35	253	42.5	229	32.4	249	24.1	0	0.0	0	0.0	99.0	75
371	Connolly-Hall	Charlotte	Airecentre Pacers	F50	164	98.1	0	0.0	0	0.0	0	0.0	0	0.0	98.1	111
372	Elliot	Clary	St Theresa's AC	F35	0	0.0	0	0.0	145	97.9	0	0.0	0	0.0	97.9	76
373	Dibb	Emma	Saltire Striders	F40	0	0.0	0	0.0	218	46.1	0	0.0	185	51.6	97.7	65
374	Durrant	Helen	York Tri Club	F40	165	97.5	0	0.0	0	0.0	0	0.0	0	0.0	97.5	66
375	Lund	Gemma	Ackworth RR	F35	166	96.9	0	0.0	0	0.0	0	0.0	0	0.0	96.9	77
376	Scholes	Sara	Hyde Park Harriers	F50	278	26.9	257	11.8	0	0.0	260	25.0	209	32.3	95.9	112
377	Zarvanska	Viktoriya	Saltire Striders	F50	168	95.6	0	0.0	0	0.0	0	0.0	0	0.0	95.6	113
378	Stone	Rachel	Rothwell Harriers	F50	0	0.0	0	0.0	0	0.0	0	0.0	131	95.2	95.2	114
379	Lewis	Anne	Roundhay Runners	F70	288	20.6	242	22.8	246	26.2	0	0.0	219	24.2	93.9	1
380	Ball	Liz	Valley Striders	F60	171	93.8	0	0.0	0	0.0	0	0.0	0	0.0	93.8	13
381	Thaper	Claire	Saltire Striders	F35	273	30.0	0	0.0	252	22.0	270	18.2	220	23.4	93.6	78
382	Tupling	Sue	Airecentre Pacers	F45	0	0.0	0	0.0	0	0.0	0	0.0	133	93.5	93.5	49
383	Clarke	Joanna	Rothwell Harriers	F50	280	25.6	241	23.5	240	30.5	0	0.0	232	13.7	93.4	115
384	Wilson	Amanda	Ackworth RR	F50	0	0.0	0	0.0	237	32.6	0	0.0	174	60.5	93.1	116
385	Butler	Hannah	Abbey Runners	F45	0	0.0	0	0.0	152	92.9	0	0.0	0	0.0	92.9	50
386	Addison	Christine	Fellandale	F50	176	90.6	0	0.0	0	0.0	0	0.0	0	0.0	90.6	49
387	Hussey	Jean	Valley Striders	F60	276	28.1	0	0.0	248	24.8	269	18.9	226	18.5	90.4	14
388	Barstow	Michelle	Eccleshill RR	F50	0	0.0	0	0.0	158	88.7	0	0.0	0	0.0	88.7	117
389	Russell	Kirsty	Bradford Airedale	F45	297	15.0	244	21.3	262	14.9	261	24.3	215	27.4	88.1	51
390	Holmes	Sue	Kippax Harriers	F50	0	0.0	0	0.0	159	87.9	0	0.0	0	0.0	87.9	50
391	Harrison	Coralin	Harrogate Harriers	F70	284	23.1	246	19.9	257	18.4	262	23.6	223	21.0	87.6	2
392	Bouderba	Dee	York Postal Harriers	F45	181	87.5	0	0.0	0	0.0	0	0.0	0	0.0	87.5	52
393																

405	Sebright-Pickard	Emma	Airecentre Pacers	F40	0	0.0	0	0.0	0	0.0	178	80.4	0	0.0	80.4	68
406	Bradley	Caroline	Dragons RC	F50	264	35.6	248	18.4	0	0.0	258	26.4	0	0.0	80.4	52
407	Rycroft	Ceata	Kirkstall Harriers	F40	252	43.1	0	0.0	0	0.0	244	35.8	0	0.0	78.9	69
408	Fenwick	Lisa	York Tri Club	F35	195	78.8	0	0.0	0	0.0	0	0.0	0	0.0	78.8	81
409	Hogg	Clare	St Theresa's AC	F5EN	241	50.0	234	28.7	0	0.0	0	0.0	0	0.0	78.7	120
410	Dewhirst	Carolyn	Abbey Runners	F50	299	13.8	254	14.0	259	17.0	247	33.8	0	0.0	78.5	53
411	Hyde	Gillian	Saltaire Striders	F50	0	0.0	228	33.1	219	45.4	0	0.0	0	0.0	78.5	54
412	Lloyd	Bethan	Kirkstall Harriers	F5EN	0	0.0	0	0.0	0	0.0	182	77.7	0	0.0	77.7	121
413	Rowe	Jessica	York Tri Club	F35	200	75.6	0	0.0	0	0.0	0	0.0	0	0.0	75.6	82
414	Taylor	Sarah	Chapel Allerton Runners	F5EN	0	0.0	0	0.0	177	75.2	0	0.0	0	0.0	75.2	122
415	Davies	Caroline	Rothwell Harriers	F5EN	281	25.0	252	15.4	274	6.4	271	17.6	231	14.5	72.5	123
416	Shumba	Naomi	Chapel Allerton Runners	F5EN	0	0.0	0	0.0	181	72.3	0	0.0	0	0.0	72.3	124
417	Steele	Julie	Eccleshill RR	F50	314	4.4	266	5.1	280	2.1	289	5.4	178	57.3	72.2	55
418	Hogan	Dawn	Eccleshill RR	F50	243	48.8	0	0.0	250	23.4	0	0.0	0	0.0	72.2	56
419	Lawrence	Caroline	Ackworth RR	F35	249	45.0	0	0.0	245	27.0	0	0.0	0	0.0	72.0	83
420	Farnell	Sarah	Hyde Park Harriers	F40	206	71.9	0	0.0	0	0.0	0	0.0	0	0.0	71.9	70
421	Jones	Gillian	Eccleshill RR	F60	0	0.0	0	0.0	0	0.0	191	71.6	0	0.0	71.6	16
422	Sheps	Tanya	Fellandale	F5EN	0	0.0	0	0.0	0	0.0	0	0.0	161	71.0	71.0	125
423	Wathey	Vicky	Ackworth RR	F5EN	0	0.0	177	70.6	0	0.0	0	0.0	0	0.0	70.6	126
424	Wright	Sal	Ilkley Harriers	F50	0	0.0	0	0.0	184	70.2	0	0.0	0	0.0	70.2	57
425	Thomas	Diane	Kirkstall Harriers	F50	292	18.1	0	0.0	0	0.0	257	27.0	218	25.0	70.2	58
426	Speak	Sue	Abbey Runners	F60	0	0.0	178	69.9	0	0.0	0	0.0	0	0.0	69.9	17
427	Arbury	Rachel	Chapel Allerton Runners	F5EN	211	68.8	0	0.0	0	0.0	0	0.0	0	0.0	68.8	127
428	Oldfield	Julie	Roundhay Runners	F50	259	38.8	0	0.0	0	0.0	256	27.7	0	0.0	66.5	59
429	Lee	Hannah	Kirkstall Harriers	F5EN	215	66.3	0	0.0	0	0.0	0	0.0	0	0.0	66.3	128
430	Newman	Hannah	Kirkstall Harriers	F5EN	0	0.0	0	0.0	0	0.0	199	66.2	0	0.0	66.2	129
431	Hudson	Jill	Kirkstall Harriers	F40	0	0.0	261	8.8	270	9.2	266	20.9	216	26.6	65.6	71
432	Copley	Clare	Kippax Harriers	F35	0	0.0	0	0.0	0	0.0	0	0.0	169	64.5	64.5	84
433	Magennis	Janice	Eccleshill RR	F50	309	7.5	263	7.4	213	49.6	0	0.0	0	0.0	64.5	60
434	Barr	Janet	Ackworth RR	F45	248	45.6	0	0.0	260	16.3	0	0.0	0	0.0	61.9	55
435	Lambert	Sam	Kippax Harriers	F65	0	0.0	0	0.0	0	0.0	255	28.4	208	33.1	61.4	3
436	Roberts	Stevie	Kippax Harriers	F35	0	0.0	0	0.0	261	15.6	265	21.6	221	22.6	59.8	85
437	Jefferies	Kay	Hyde Park Harriers	F45	298	14.4	0	0.0	265	12.8	268	19.6	234	12.1	58.8	56
438	Plews	Tessa	Roundhay Runners	F5EN	0	0.0	243	22.1	232	36.2	0	0.0	0	0.0	58.2	130
439	Berry	Wendy	Ackworth RR	F55	0	0.0	220	39.0	258	17.7	0	0.0	0	0.0	56.7	15
440	Rathbone	Gemma	Kirkstall Harriers	F5EN	317	2.5	260	9.6	268	10.6	267	20.3	230	15.3	55.8	131
441	Harding	Gillian	Ackworth RR	F50	0	0.0	235	27.9	244	27.7	0	0.0	0	0.0	55.6	61
442	Smedley	Lisa	St Theresa's AC	F40	0	0.0	0	0.0	205	55.3	0	0.0	0	0.0	55.3	72
443	Wainwright	Helen	Ackworth RR	F35	0	0.0	0	0.0	206	54.6	0	0.0	0	0.0	54.6	86
444	Tin	Lwin	Hyde Park Harriers	F45	0	0.0	0	0.0	0	0.0	218	53.4	0	0.0	53.4	57
445	Ward	Nic	Kippax Harriers	F40	0	0.0	205	50.0	0	0.0	0	0.0	0	0.0	50.0	73
446	Simms	Hazel	St Theresa's AC	F5EN	242	49.4	0	0.0	0	0.0	0	0.0	0	0.0	49.4	132
447	Cliff	Janet	Chapel Allerton Runners	F55	0	0.0	0	0.0	0	0.0	0	0.0	188	49.2	49.2	16
448	Bird	Emma	Rothwell Harriers	F45	289	20.0	0	0.0	272	7.8	274	15.5	242	5.6	49.0	58
449	Hayer	Harjot	Eccleshill RR	F5EN	0	0.0	0	0.0	214	48.9	0	0.0	0	0.0	48.9	133
450	Trueman	Rebecca	Eccleshill RR	F40	286	21.9	0	0.0	251	22.7	0	0.0	0	0.0	44.6	74
451	Rhodes	Clare	Kirkstall Harriers	F35	250	44.4	0	0.0	0	0.0	0	0.0	0	0.0	44.4	87
452	Stead	Julie	Airecentre Pacers	F50	0	0.0	0	0.0	0	0.0	234	42.6	0	0.0	42.6	62
453	Newton	Georgi	Ackworth RR	F35	296	15.6	256	12.5	263	14.2	0	0.0	0	0.0	42.3	88
454	Bright	Sarah	Wharfedale Harriers	F35	0	0.0	0	0.0	0	0.0	236	41.2	0	0.0	41.2	89
455	Johnson	Kate	Abbey Runners	F40	0	0.0	0	0.0	225	41.1	0	0.0	0	0.0	41.1	75
456	Needham	Lesley	Ackworth RR	F50	256	40.6	0	0.0	0	0.0	0	0.0	0	0.0	40.6	63
457	Walker-Smith	Jane	Airecentre Pacers	F45	0	0.0	0	0.0	0	0.0	239	39.2	0	0.0	39.2	59
458	Wicks	June	Abbey Runners	F50	260	38.1	0	0.0	0	0.0	0	0.0	0	0.0	38.1	64
459	Downey	Claire	Eccleshill RR	F35	261	37.5	0	0.0	0	0.0	0	0.0	0	0.0	37.5	90
460	Proctor	Ann	Airecentre Pacers	F40	0	0.0	0	0.0	0	0.0	272	16.9	224	20.2	37.1	76
461	Brown	Gillian	Eccleshill RR	F45	294	16.9	0	0.0	255	19.9	0	0.0	0	0.0	36.7	60
462	Gray	Katie	Knaresborough Striders	F50	263	36.3	0	0.0	0	0.0	0	0.0	0	0.0	36.3	65
463	Featherstone	Claire	Dragons RC	F5EN	0	0.0	0	0.0	233	35.5	0	0.0	0	0.0	35.5	134
464	Haigh	Jane	Dragons RC	F55	0	0.0	225	35.3	0	0.0	0	0.0	0	0.0	35.3	17
465	Houton	Kelly	Horsforth Harriers	F5EN	265	35.0	0	0.0	0	0.0	0	0.0	0	0.0	35.0	135
466	Whitworth	Laura	Saltaire Striders	F5EN	287	21.3	0	0.0	0	0.0	277	13.5	0	0.0	34.8	136
467	Smith	Sharon	Wetherby Runners	F55	0	0.0	0	0.0	234	34.8	0	0.0	0	0.0	34.8	18
468	Greene	Hannah	Abbey Runners	F5EN	0	0.0	226	34.6	0	0.0	0	0.0	0	0.0	34.6	137
469	Turner	Sheila	York Tri Club	F40	267	33.8	0	0.0	0	0.0	0	0.0	0	0.0	33.8	77
470	Rayner	Jan	Roundhay Runners	F45	268	33.1	0	0.0	0	0.0	0	0.0	0	0.0	33.1	61
471	Spink	Suzanne	Kippax Harriers	F40	269	32.5	0	0.0	0	0.0	0	0.0	0	0.0	32.5	78
472	Trantor	Layla	Airecentre Pacers	F5EN	304	10.6	0	0.0	0	0.0	283	9.5	235	11.3	31.4	138
473	Kubasiak	Aleks	Ackworth RR	F40	0	0.0	0	0.0	0	0.0	251	31.1	0	0.0	31.1	79
474	Baker	Julie	Ackworth RR	F50	0	0.0	249	17.6	266	12.1	0	0.0	0	0.0	29.7	66
475	Maclellan	Leanne	St Theresa's AC	F5EN	0	0.0	0	0.0	242	29.1	0	0.0	0	0.0	29.1	139
476	Hill	Alison	St Theresa's AC	F40	0	0.0	236	27.2	0	0.0	0	0.0	0	0.0	27.2	80
477	Storey	Angela	Eccleshill RR	F45	0	0.0	264	6.6	279	2.8	284	8.8	238	8.9	27.1	62
478	Lofthouse	Linda	Airecentre Pacers	F50	0	0.0	0	0.0	0	0.0	282	10.1	228	16.9	27.1	67
479	Bangerh	Jasbir	Hyde Park Harriers	F45	306	9.4	268	3.7	277	4.3	288	6.1	240	7.3	27.0	63
480	Mason	Clare	Hyde Park Harriers	F45	307	8.8	0	0.0	276	5.0	287	6.8	241	6.5	26.9	64
481	Murby	Bernadette	Airecentre Pacers	F40	302	11.9	0	0.0	0	0.0	275	14.9	0	0.0	26.7	81
482	Carson	Alison	St Theresa's AC	F45	0	0.0	237	26.5	0	0.0	0	0.0	0	0.0	26.5	65
483	Hawswell	Jenna	Airecentre Pacers	F35	303	11.3	0	0.0	0	0.0	276	14.2	0	0.0	25.4	91
484	Robson	Julie	Hyde Park Harriers	F45	0	0.0	0	0.0	0	0.0	279	12.2	233	12.9	25.1	66
485	Graham	June	Knaresborough Striders	F50	282	24.4	0	0.0	0	0.0	0	0.0	0	0.0	24.4	68
486	Lakin	Sue	Kippax Harriers	F55	0	0.0	240	24.3	0	0.0	0	0.0	0	0.0	24.3	19
487	Hawsworth	Louise	Hyde Park Harriers	F5EN	290	19.4	0	0.0	0	0.0	0	0.0	0	0.0	19.4	140
488	Shouler	Clare	Ilkley Harriers	F50	311	6.3	0	0.0	275	5.7	286	7.4	0	0.0	19.4	69
489	Dearden	Lauren	Kippax Harriers	F5EN	305	10.0	0	0.0	271	8.5	0	0.0	0	0.0	18.5	141
490	Dobbs	Marina	Kippax Harriers	F50	0	0.0	0	0.0	0	0.0	0	0.0	227	17.7	17.7	70
491	McDonald	Dorothy	Kippax Harriers	F55	293	17.5	0	0.0	0	0.0	0	0.0	0	0.0	17.5	20
492	Jones	Liz	Hyde Park Harriers	F55	0	0.0	259	10.3	273	7.1	0	0.0	0	0.0	17.4	21
493	Lucas	Kathryn	Eccleshill RR	F45	315	3.8	267	4.4	281	1.4	291	4.1	244	4.0	16.2	67
494	Popple	Sharon	Eccleshill RR	F50	312	5.6	265	5.9	0	0.0	290	4.7	0	0.0	16.2	71
495	Wrigglesworth	Amanda	Eccleshill RR	F40	0	0.0	0	0.0	0	0.0	273	16.2	0	0.0	16.2	82
496	Jones	TeeJay	Hyde Park Harriers	F35	301	12.5	269	2.9	0	0.0	0	0.0	0	0.0	15.4	92
497	Denton	Emma	Eccleshill RR	F35</												

508	Rhodes	Christine	Eccleshill RR	F50	0	0.0	0	0.0	0	0.0	292	3.4	0	0.0	3.4	74
509	Grant	Patricia	Eccleshill RR	F55	0	0.0	0	0.0	0	0.0	0	0.0	245	3.2	3.2	24
510	Hustwit	Emma Jane	Kirkstall Harriers	F40	316	3.1	0	0.0	0	0.0	0	0.0	0	0.0	3.1	86
511	Whiteman	Sarah	Ackworth RR	F5EN	320	0.6	0	0.0	0	0.0	294	2.0	0	0.0	2.7	142

Second Claim Runners Shown In Blue