

PECO Cross Country League 2015-6: Race 4 (Golden Acre Park)
Senior Men's Results

| Position | Race No. | Surname | First Name | Club | Age Category | Time | Cat Pos | 2nd Claim | Guest |
|----------|----------|--------------|------------|-------------------------|--------------|---------|---------|-----------|-------|
| 1 | 112 | Forrest | Terry | Ackworth RR | MSEN | 0:25:53 | | Y | |
| 2 | 1678 | Shearer | Craig | Keighley & Craven | MSEN | 0:26:01 | | | Y |
| 3 | 1685 | Monaghan | Will | Leeds University CCC | MSEN | 0:26:03 | | | Y |
| 4 | 1060 | Smith | Jack | Wharfedale Harriers | MSEN | 0:26:51 | | | |
| 5 | 1654 | Sewell | Phil | Leeds University CCC | MSEN | 0:27:09 | | | |
| 6 | 666 | Kerr | Will | Saltaire Striders | MSEN | 0:27:11 | | | |
| 7 | 1298 | Hobbs | John | Valley Striders | MSEN | 0:27:11 | | | |
| 8 | 1616 | Holmes | Christian | Wharfedale Harriers | M40 | 0:27:14 | | | |
| 9 | 546 | Millgate | Paul | Wetherby Runners | M40 | 0:27:16 | | | |
| 10 | 1052 | Athersmith | Lee | Wharfedale Harriers | MSEN | 0:27:20 | | | |
| 11 | 1054 | Watson | Sam | Wharfedale Harriers | MSEN | 0:27:22 | | | |
| 12 | 1280 | Fisher | Dan | Valley Striders | MSEN | 0:27:24 | | | |
| 13 | 1303 | Pownall | Jon | Valley Striders | MSEN | 0:27:42 | | | |
| 14 | 1549 | Grant | Daniel | Leeds City | MSEN | 0:27:44 | | | Y |
| 15 | 1053 | Charlesworth | Nick | Wharfedale Harriers | M45 | 0:27:46 | | | |
| 16 | 1055 | Riley | Spencer | Wharfedale Harriers | M40 | 0:27:49 | | | |
| 17 | 1287 | Hibberd | Daryl | Valley Striders | MSEN | 0:27:50 | | | |
| 18 | 1051 | Sennett | Marc | Wharfedale Harriers | MSEN | 0:27:56 | | | |
| 19 | 634 | Buckley | Tim | York Tri Club | MSEN | 0:28:09 | | | |
| 20 | 806 | Woodman | James | Kirkstall Harriers | MSEN | 0:28:17 | | | |
| 21 | 1527 | Eccles | Neil | Wharfedale Harriers | M45 | 0:28:23 | | | |
| 22 | 372 | Kershaw | Andrew | Leeds University CCC | MSEN | 0:28:29 | | | |
| 23 | 1614 | Burns | Ali | Valley Striders | MSEN | 0:28:31 | | | |
| 24 | 377 | Potter | Benjamin | Leeds University CCC | MSEN | 0:28:36 | | | |
| 25 | 1050 | Kirkham | David | Wharfedale Harriers | MSEN | 0:28:41 | | | |
| 26 | 1259 | Phelan | Ross | St Theresa's AC | MSEN | 0:28:41 | | | |
| 27 | 956 | Karanasios | Stan | Hyde Park Harriers | MSEN | 0:28:44 | | | |
| 28 | 989 | Anderson | George | Hyde Park Harriers | MSEN | 0:28:50 | | | |
| 29 | 1649 | Crabtree | Paul | Wharfedale Harriers | M45 | 0:28:56 | | | |
| 30 | 754 | Hewitt | Phil | Kirkstall Harriers | MSEN | 0:28:57 | | Y | |
| 31 | 1417 | Haygarth | Dave | Wharfedale Harriers | M40 | 0:29:07 | | | |
| 32 | 942 | Aimon | Anthony | Hyde Park Harriers | MSEN | 0:29:13 | | | |
| 33 | 1489 | Armstrong | Ross | Abbey Runners | MSEN | 0:29:15 | | | |
| 34 | 592 | Bewell | Richard | Wetherby Runners | M50 | 0:29:17 | | | |
| 35 | 444 | Blackburn | Ross | Rothwell Harriers | MSEN | 0:29:18 | | | |
| 36 | 1260 | Robson | John | St Theresa's AC | M40 | 0:29:19 | | | |
| 37 | 1313 | Fotherby | Paul | Valley Striders | M40 | 0:29:21 | | | |
| 38 | 166 | Forey | Jonathon | Dragons RC | M45 | 0:29:28 | | Y | |
| 39 | 1058 | McGuire | Dave | Wharfedale Harriers | M45 | 0:29:30 | | | |
| 40 | 732 | Brydon | Alan | Kirkstall Harriers | MSEN | 0:29:35 | | | |
| 41 | 614 | Anderson | Ian | York Tri Club | M40 | 0:29:36 | | | |
| 42 | 1267 | Shooter | Graham | St Theresa's AC | M50 | 0:29:37 | | | |
| 43 | 667 | Soszka | Marcin | Saltaire Striders | MSEN | 0:29:39 | | | |
| 44 | 889 | Easton | Chris | Chapel Allerton Runners | MSEN | 0:29:42 | | | |
| 45 | 1680 | Kernick | Carl | Saltaire Striders | MSEN | 0:29:48 | | | |
| 46 | 1610 | Wilkinson | Matthew | Nidd Valley | MSEN | 0:29:52 | | | Y |
| 47 | 1601 | Gray | James | St Theresa's AC | MSEN | 0:29:53 | | | |
| 48 | 743 | Coldwell | Ben | Kirkstall Harriers | MSEN | 0:29:58 | | | |

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| 49 | 562 | Kwallah | Joseph | Wetherby Runners | M45 | 0:29:59 | | | |
| 50 | 1418 | Muir | Harry | Wharfedale Harriers | MSEN | 0:30:00 | | | |
| 51 | 878 | Armitstead | Simon | Chapel Allerton Runners | MSEN | 0:30:01 | | | |
| 52 | 1257 | Newsome | Paul | St Theresa's AC | M40 | 0:30:05 | | | |
| 53 | 52 | Gaffey | Richard | Abbey Runners | M40 | 0:30:08 | | | |
| 54 | 336 | Coy | Stephen | Ilkley Harriers | M40 | 0:30:11 | | | |
| 55 | 1249 | Maudsley | Ian | St Theresa's AC | MSEN | 0:30:15 | | | |
| 56 | 1023 | Brock | Martin | Knaresborough Striders | MSEN | 0:30:15 | | | |
| 57 | 1087 | Mills | Gerard | Bradford Airedale | M45 | 0:30:16 | | | |
| 58 | 651 | Fillingham | Martin | Saltaire Striders | M40 | 0:30:20 | | | |
| 59 | 75 | Cumming | Robert | Abbey Runners | MSEN | 0:30:22 | | | |
| 60 | 570 | Holt | Mark | Wetherby Runners | M40 | 0:30:24 | | | |
| 61 | 429 | Brown | Paul | Rothwell Harriers | M45 | 0:30:26 | | | |
| 62 | 1293 | Tarran | James | Valley Striders | M45 | 0:30:29 | | | |
| 63 | 1230 | Hare | Danny | St Theresa's AC | MSEN | 0:30:31 | | | |
| 64 | 430 | Westmoreland | Jason | Rothwell Harriers | M45 | 0:30:31 | | | |
| 65 | 567 | Carberry | David | Wetherby Runners | M45 | 0:30:38 | | | |
| 66 | 397 | Pilling | Graham | Pudsey & Bramley AC | MSEN | 0:30:42 | | | |
| 67 | 678 | Richardson | Matt | Saltaire Striders | MSEN | 0:30:42 | | | |
| 68 | 1611 | Chadwick | Matt | Valley Striders | MSEN | 0:30:44 | | | |
| 69 | 883 | Broadhead | Michael | Chapel Allerton Runners | MSEN | 0:30:48 | | | |
| 70 | 1473 | Feather | Tom | Horsforth Harriers | MSEN | 0:30:58 | | | |
| 71 | 789 | Roberts | Hal | Kirkstall Harriers | MSEN | 0:31:08 | | | |
| 72 | 1478 | Raby | Steve | Horsforth Harriers | M55 | 0:31:10 | | | |
| 73 | 946 | Tranter | Colin | Hyde Park Harriers | MSEN | 0:31:13 | | | |
| 74 | 1212 | Anderson | Peter | St Theresa's AC | M50 | 0:31:17 | | | |
| 75 | 1687 | Smith | Nathan | Harrogate Harriers | M40 | 0:31:21 | | | |
| 76 | 67 | Nichol | Jack | Abbey Runners | MSEN | 0:31:22 | | | |
| 77 | 1383 | Keen | Nick | Chapel Allerton Runners | MSEN | 0:31:24 | | | |
| 78 | 341 | Joel | Richard | Ilkley Harriers | M45 | 0:31:24 | | | |
| 79 | 1671 | Wilkie | Pete | Roundhay Runners | MSEN | 0:31:30 | | | |
| 80 | 388 | McIntosh | Charlie | Pudsey & Bramley AC | M45 | 0:31:34 | | | |
| 81 | 1681 | Rowbotham | Ian | Harrogate Harriers | M55 | 0:31:40 | | | Y |
| 82 | 418 | Garside | Simon | Rothwell Harriers | M45 | 0:31:47 | | | |
| 83 | 1427 | Partridge | Simon | York Postal Harriers | MSEN | 0:31:51 | | | |
| 84 | 569 | Atkinson | Joe | Wetherby Runners | MSEN | 0:31:52 | | | |
| 85 | 217 | Waddell | Taylor | Eccleshill RR | MSEN | 0:31:52 | | | |
| 86 | 650 | Dunbar | Stuart | Saltaire Striders | M50 | 0:31:53 | | | |
| 87 | 268 | Stockburn | Paul | Harrogate Harriers | M55 | 0:31:55 | | | |
| 88 | 586 | Jesson | James | Wetherby Runners | M40 | 0:32:03 | | | |
| 89 | 410 | Howard | Paul | Rothwell Harriers | MSEN | 0:32:04 | | | |
| 90 | 292 | King | Geoffrey | Harrogate Harriers | M55 | 0:32:07 | | | |
| 91 | 775 | Moger | Adam | Kirkstall Harriers | M40 | 0:32:15 | | | |
| 92 | 1683 | Barber | Edward | Pudsey & Bramley AC | MSEN | 0:32:19 | | | |
| 93 | 334 | Chandler | David | Ilkley Harriers | MSEN | 0:32:19 | | | |
| 94 | 1328 | Vallance | Simon | Valley Striders | M50 | 0:32:20 | | | |
| 95 | 1153 | Clothier | Simon | Kippax Harriers | MSEN | 0:32:20 | | | |
| 96 | 683 | Graham | Joe | Saltaire Striders | MSEN | 0:32:22 | | | |
| 97 | 43 | Kent | Craig | Abbey Runners | MSEN | 0:32:22 | | | |
| 98 | 862 | Eagle | Jon | Horsforth Harriers | M55 | 0:32:23 | | | |
| 99 | 428 | Knight | Hadrian | Rothwell Harriers | M40 | 0:32:25 | | | |

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| 100 | 339 | Iley | Mark | Ilkley Harriers | M50 | 0:32:25 | | | |
| 101 | 1608 | Piano | Edoardo | Nidd Valley | MSEN | 0:32:26 | | | Y |
| 102 | 941 | Henderson | Scott | Hyde Park Harriers | MSEN | 0:32:28 | | | |
| 103 | 40 | Vincent | Robert | Abbey Runners | M40 | 0:32:28 | | Y | |
| 104 | 1031 | Wilson | Dan | Knarborough Striders | MSEN | 0:32:40 | | | |
| 105 | 1459 | Webber-Cross | Geoff | Chapel Allerton Runners | MSEN | 0:32:43 | | | |
| 106 | 1323 | Marsh | Rob | Valley Striders | M40 | 0:32:44 | | | |
| 107 | 819 | Longmate | Kevin | Kirkstall Harriers | MSEN | 0:32:45 | | | |
| 108 | 425 | Tillotson | Terry | Rothwell Harriers | M40 | 0:32:46 | | | |
| 109 | 856 | Monaghan | Nigel | Horsforth Harriers | M55 | 0:32:50 | | | |
| 110 | 1586 | Bird | Graham | Wharfedale Harriers | M50 | 0:32:57 | | | |
| 111 | 780 | Nodwell | Adam | Kirkstall Harriers | MSEN | 0:33:00 | | | |
| 112 | 822 | Dixon | Tim | Kirkstall Harriers | MSEN | 0:33:00 | | | |
| 113 | 815 | Roberts | Mike | Kirkstall Harriers | MSEN | 0:33:02 | | Y | |
| 114 | 411 | Stone | Daniel | Rothwell Harriers | MSEN | 0:33:09 | | | |
| 115 | 246 | Andralojc | Nick | Harrogate Harriers | M50 | 0:33:12 | | | |
| 116 | 520 | Bartlett | Chris | Roundhay Runners | MSEN | 0:33:12 | | | |
| 117 | 1470 | Squire | Alan | Horsforth Harriers | M45 | 0:33:24 | | | |
| 118 | 652 | Frazer | Simon | Saltaire Striders | M40 | 0:33:27 | | | |
| 119 | 1531 | Forsyth | Andy | Askern Cross Country | M50 | 0:33:29 | | | Y |
| 120 | 1490 | Wray | Luke | Abbey Runners | MSEN | 0:33:29 | | | |
| 121 | 148 | Sennett | Darren | Ackworth RR | M40 | 0:33:30 | | | |
| 122 | 1333 | Long | Vernon | Valley Striders | M45 | 0:33:31 | | | |
| 123 | 1223 | Evans | Mark | St Theresa's AC | M45 | 0:33:32 | | Y | |
| 124 | 1024 | Wright | James | Knarborough Striders | MSEN | 0:33:32 | | | |
| 125 | 981 | Grant | Gary | Hyde Park Harriers | MSEN | 0:33:34 | | | |
| 126 | 903 | Yates | Jonny | Chapel Allerton Runners | MSEN | 0:33:36 | | | |
| 127 | 427 | Gardner | Tony | Rothwell Harriers | MSEN | 0:33:37 | | | |
| 128 | 568 | Atkinson | Paul | Wetherby Runners | M50 | 0:33:39 | | | |
| 129 | 464 | Stott | Kevin | Rothwell Harriers | M55 | 0:33:40 | | | |
| 130 | 60 | MacCarthy | Sean | Abbey Runners | M45 | 0:33:43 | | | |
| 131 | 865 | Butterfield | Richard | Horsforth Harriers | M55 | 0:33:46 | | | |
| 132 | 1612 | Askew | Dave | Harrogate Harriers | M50 | 0:33:47 | | | |
| 133 | 1659 | Curley | Aidan | Abbey Runners | M40 | 0:33:48 | | | |
| 134 | 620 | Stott | Kyle | York Tri Club | MSEN | 0:33:49 | | | |
| 135 | 407 | McCarthy | John | Rothwell Harriers | M55 | 0:33:51 | | | |
| 136 | 858 | Greenhalgh | Lee | Horsforth Harriers | M40 | 0:33:59 | | | |
| 137 | 850 | Smith | Mark | Horsforth Harriers | MSEN | 0:34:00 | | | |
| 138 | 953 | Hamad | Farhad | Hyde Park Harriers | MSEN | 0:34:04 | | | |
| 139 | 1421 | Scott | Gary | Eccleshill RR | M45 | 0:34:04 | | | |
| 140 | 350 | Sheldon | Andrew | Ilkley Harriers | M50 | 0:34:08 | | | |
| 141 | 1674 | Harris | Andy | Nidd Valley | M40 | 0:34:10 | | | Y |
| 142 | 673 | Ogden | Ian | Saltaire Striders | M40 | 0:34:11 | | Y | |
| 143 | 57 | Manfield | Iain | Abbey Runners | M45 | 0:34:18 | | | |
| 144 | 1565 | Hinds | Aron | Hyde Park Harriers | MSEN | 0:34:25 | | | |
| 145 | 724 | Nixon | Richard | Saltaire Striders | M45 | 0:34:26 | | | |
| 146 | 1219 | Butler | Joe | St Theresa's AC | MSEN | 0:34:28 | | | |
| 147 | 201 | Rhodes | Trevor | Eccleshill RR | M50 | 0:34:30 | | | |
| 148 | 849 | Cummins | Mike | Horsforth Harriers | MSEN | 0:34:32 | | | |
| 149 | 1318 | Adcock | Richard | Valley Striders | M45 | 0:34:36 | | | |
| 150 | 1226 | Gill | Christopher | St Theresa's AC | M65 | 0:34:36 | | | |

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| 151 | 977 | Sawyer | Paul | Hyde Park Harriers | MSEN | 0:34:41 | | | |
| 152 | 1326 | Fitzgerald | Sean | Valley Striders | MSEN | 0:34:41 | | | |
| 153 | 501 | Burton | Phil | Roundhay Runners | M50 | 0:34:42 | | | |
| 154 | 1441 | Vinegrad | Michael | Chapel Allerton Runners | MSEN | 0:34:43 | | | |
| 155 | 487 | Lewis | Martin | Roundhay Runners | M50 | 0:34:44 | | | |
| 156 | 1676 | Huggins | Roy | Valley Striders | M50 | 0:34:45 | | | |
| 157 | 1113 | Carrick | Chris | Kippax Harriers | MSEN | 0:34:45 | | | |
| 158 | 1686 | Duce | James | Airecentre Pacers | M40 | 0:34:46 | | | |
| 159 | 47 | Jones | Martin | Abbey Runners | M40 | 0:34:49 | | | |
| 160 | 949 | Fox | Ken | Hyde Park Harriers | M55 | 0:34:50 | | | |
| 161 | 42 | Patchett | Ian | Abbey Runners | M50 | 0:34:51 | | | |
| 162 | 412 | Richardson | Dale | Rothwell Harriers | MSEN | 0:34:53 | | | |
| 163 | 1455 | Maycock | Joe | Chapel Allerton Runners | MSEN | 0:34:53 | | | |
| 164 | 1376 | Budding | Robert | Ilkley Harriers | M45 | 0:34:53 | | | |
| 165 | 1256 | Myer | Matthew | St Theresa's AC | M40 | 0:34:54 | | | |
| 166 | 1025 | Brennan | Sean | Knaresborough Striders | M45 | 0:34:58 | | | |
| 167 | 486 | Twigg | Pete | Roundhay Runners | M45 | 0:35:00 | | | |
| 168 | 559 | Hutchison | Adam | Wetherby Runners | MSEN | 0:35:01 | | | |
| 169 | 1476 | Mangeolles | James | Horsforth Harriers | MSEN | 0:35:04 | | | |
| 170 | 675 | Dell'Amico | Loris | Saltaire Striders | M40 | 0:35:05 | | | |
| 171 | 945 | Taylor | Chris | Hyde Park Harriers | MSEN | 0:35:07 | | | |
| 172 | 1367 | Linley | Andrew | Valley Striders | M40 | 0:35:08 | | | |
| 173 | 138 | Leach | Adrian | Ackworth RR | M50 | 0:35:12 | | | |
| 174 | 1067 | Ford | Nick | Airecentre Pacers | MSEN | 0:35:12 | | | |
| 175 | 533 | Smith | Jon | Roundhay Runners | M40 | 0:35:13 | | | |
| 176 | 658 | Love | Martin | Saltaire Striders | M50 | 0:35:14 | | | |
| 177 | 1265 | Sheppard | Ian | St Theresa's AC | MSEN | 0:35:16 | | | |
| 178 | 787 | Rhodes | Adam | Kirkstall Harriers | MSEN | 0:35:17 | | | |
| 179 | 1423 | Mackenzie | Dan | Eccleshill RR | M60 | 0:35:19 | | | |
| 180 | 644 | Porritt | Steve | York Tri Club | MSEN | 0:35:21 | | | |
| 181 | 1428 | Hawkins | Richard | York Postal Harriers | MSEN | 0:35:32 | | | |
| 182 | 680 | Chambers | Mick | Saltaire Striders | M60 | 0:35:34 | | | |
| 183 | 398 | Wallace | Neil | Pudsey & Bramley AC | M40 | 0:35:36 | | Y | |
| 184 | 273 | Simmons | J. Dan | Harrogate Harriers | M50 | 0:35:39 | | | |
| 185 | 122 | Smart | Richard | Ackworth RR | MSEN | 0:35:41 | | | |
| 186 | 459 | Hartley | Adam | Rothwell Harriers | MSEN | 0:35:44 | | | |
| 187 | 399 | Hill | Mick | Pudsey & Bramley AC | M40 | 0:35:49 | | | |
| 188 | 1285 | Simms | Dave | Valley Striders | MSEN | 0:35:53 | | | |
| 189 | 58 | Wicks | Andy | Abbey Runners | M50 | 0:36:02 | | | |
| 190 | 1154 | Montagne | Joe | Kippax Harriers | MSEN | 0:36:06 | | | |
| 191 | 947 | Womersley | David | Hyde Park Harriers | M60 | 0:36:08 | | | |
| 192 | 419 | Gomersall | Michael | Rothwell Harriers | M45 | 0:36:10 | | | |
| 193 | 795 | Smith | Simon | Kirkstall Harriers | M45 | 0:36:20 | | | |
| 194 | 959 | Miles | Graeme | Hyde Park Harriers | MSEN | 0:36:21 | | | |
| 195 | 552 | Pursaill | Oli | Wetherby Runners | M40 | 0:36:43 | | | |
| 196 | 1299 | Hussey | John | Valley Striders | M65 | 0:36:45 | | | |
| 197 | 887 | Cuthbertson | Nic | Chapel Allerton Runners | M50 | 0:36:52 | | | |
| 198 | 950 | Waas | Daniel | Hyde Park Harriers | MSEN | 0:36:57 | | | |
| 199 | 408 | Firth | Stephen | Rothwell Harriers | M50 | 0:36:58 | | | |
| 200 | 39 | Whittaker | Jim | Abbey Runners | M45 | 0:37:00 | | | |
| 201 | 1479 | Milton | Reece | Horsforth Harriers | MSEN | 0:37:06 | | | |

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| 202 | 1424 | Imris | Georgy | Eccleshill RR | MSEN | 0:37:06 | | | Y |
| 203 | 1662 | Johnson | Des | Roundhay Runners | M45 | 0:37:09 | | | |
| 204 | 571 | Collier | Andrew | Wetherby Runners | M50 | 0:37:16 | | | |
| 205 | 1605 | Newton | Steve | Nidd Valley | M45 | 0:37:23 | | | Y |
| 206 | 1116 | Worley | Craig | Kippax Harriers | M45 | 0:37:25 | | | |
| 207 | 353 | Tapper | Nigel | Ilkley Harriers | M55 | 0:37:27 | | | |
| 208 | 116 | Moran | John | Ackworth RR | MSEN | 0:37:29 | | | |
| 209 | 648 | Beecroft | Frank | Saltaire Striders | M50 | 0:37:35 | | | |
| 210 | 662 | Pennington | Gary | Saltaire Striders | M50 | 0:37:36 | | | |
| 211 | 1065 | Grindley | Paul | Airecentre Pacers | M50 | 0:37:36 | | | |
| 212 | 852 | Coates | Martin | Horsforth Harriers | MSEN | 0:37:43 | | | |
| 213 | 647 | Hetherington | Andy | Saltaire Striders | M55 | 0:37:45 | | | |
| 214 | 1252 | Mellor | David | St Theresa's AC | M40 | 0:37:51 | | | |
| 215 | 782 | O'Brien | Kieran | Kirkstall Harriers | MSEN | 0:37:53 | | | |
| 216 | 1316 | Stokes | Paul | Valley Striders | M40 | 0:37:54 | | | |
| 217 | 180 | Ellison | Garry | Eccleshill RR | M55 | 0:37:55 | | | |
| 218 | 554 | Field | John | Wetherby Runners | M45 | 0:37:57 | | | |
| 219 | 744 | Cook | Sean | Kirkstall Harriers | MSEN | 0:38:02 | | | |
| 220 | 818 | Savage | Martin | Kirkstall Harriers | M40 | 0:38:03 | | | |
| 221 | 213 | Stow | Ian | Eccleshill RR | M50 | 0:38:05 | | | |
| 222 | 1660 | Diamond | Stephen | Valley Striders | MSEN | 0:38:07 | | | |
| 223 | 209 | Steele | Marc | Eccleshill RR | MSEN | 0:38:07 | | | |
| 224 | 1431 | Raddall | Phil | York Postal Harriers | M45 | 0:38:17 | | | |
| 225 | 1304 | Sutton | Leroy | Valley Striders | M55 | 0:38:19 | | | |
| 226 | 859 | Griffiths | Ian | Horsforth Harriers | MSEN | 0:38:20 | | | |
| 227 | 561 | Bell | Richard | Wetherby Runners | M45 | 0:38:21 | | | |
| 228 | 286 | Murphy | Kevin-Malachy | Harrogate Harriers | M55 | 0:38:21 | | | |
| 229 | 1106 | Kitching | Lee | Kippax Harriers | M40 | 0:38:22 | | | |
| 230 | 1622 | Cheema | Sunny | Abbey Runners | MSEN | 0:38:24 | | | |
| 231 | 177 | Byrom | Andrew | Eccleshill RR | M45 | 0:38:27 | | Y | |
| 232 | 758 | Hudson | Chris | Kirkstall Harriers | M40 | 0:38:29 | | | |
| 233 | 202 | Robinson | Jonathan | Eccleshill RR | M45 | 0:38:35 | | | |
| 234 | 332 | Bloor | Neil | Ilkley Harriers | M50 | 0:38:36 | | | |
| 235 | 886 | Jewitt | Fred | Chapel Allerton Runners | MSEN | 0:38:37 | | | |
| 236 | 151 | Clayson | Steve | Dragons RC | MSEN | 0:38:38 | | | |
| 237 | 109 | Chippendale | Kevin | Ackworth RR | M55 | 0:38:41 | | | |
| 238 | 809 | Hutchinson | John | Kirkstall Harriers | M65 | 0:38:48 | | | |
| 239 | 1532 | Peck | Simon | Dragons RC | M60 | 0:38:49 | | | |
| 240 | 56 | Ward | John | Abbey Runners | M60 | 0:38:56 | | | |
| 241 | 661 | Hague | Robert | Saltaire Striders | M50 | 0:39:09 | | | |
| 242 | 1114 | Durkin | Paul | Kippax Harriers | M50 | 0:39:11 | | | |
| 243 | 884 | Keegan | Des | Chapel Allerton Runners | MSEN | 0:39:12 | | | |
| 244 | 679 | Western | Gary | Saltaire Striders | M55 | 0:39:12 | | | |
| 245 | 1242 | Lavery | Malcolm | St Theresa's AC | M45 | 0:39:17 | | | |
| 246 | 1670 | Chapman | Paul | Kirkstall Harriers | M40 | 0:39:18 | | | |
| 247 | 820 | Manthorp | James | Kirkstall Harriers | MSEN | 0:39:18 | | | |
| 248 | 1308 | Tinker | Mick | Valley Striders | M60 | 0:39:20 | | | |
| 249 | 467 | Mansfield | Michael | Roundhay Runners | M50 | 0:39:23 | | | |
| 250 | 960 | Newell | Jason | Hyde Park Harriers | M40 | 0:39:25 | | | |
| 251 | 863 | Watson | Kevin | Horsforth Harriers | M70 | 0:39:28 | | | |
| 252 | 1682 | Myers | Rob | Baildon Runners | M60 | 0:39:31 | | | Y |

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| 253 | 609 | Sampson | Danny | York Tri Club | M40 | 0:39:33 | | | |
| 254 | 677 | Griffiths | Alun | Saltaire Striders | M55 | 0:39:36 | | | |
| 255 | 857 | Chappell | Ian | Horsforth Harriers | M55 | 0:39:48 | | | |
| 256 | 333 | Bickerdike | Edward | Ilkley Harriers | MSEN | 0:40:03 | | | |
| 257 | 1255 | Morley | David | St Theresa's AC | M55 | 0:40:04 | | | |
| 258 | 174 | Bingham | Craig | Eccleshill RR | MSEN | 0:40:16 | | | |
| 259 | 1684 | Morimoto | Kazuki | Abbey Runners | M45 | 0:40:24 | | | |
| 260 | 1022 | Roberts | Andy | Knaresborough Striders | M50 | 0:40:29 | | | |
| 261 | 961 | Kidner | Ralph | Hyde Park Harriers | M60 | 0:40:31 | | | |
| 262 | 994 | Piers Dos Santos | Rodrigo | Hyde Park Harriers | MSEN | 0:40:34 | | | |
| 263 | 183 | Gledhill | Stephen | Eccleshill RR | M50 | 0:40:35 | | | |
| 264 | 657 | Longhorn | Darren | Saltaire Striders | M45 | 0:40:43 | | | |
| 265 | 1538 | Wood | Steve | Horsforth Harriers | M60 | 0:40:48 | | | |
| 266 | 591 | Callaghan | Pete | Wetherby Runners | M50 | 0:40:50 | | | |
| 267 | 267 | Essex | Tony | Harrogate Harriers | M65 | 0:40:54 | | | |
| 268 | 71 | Walton | Clive | Abbey Runners | M45 | 0:41:02 | | | |
| 269 | 119 | Routledge | Jonathan | Ackworth RR | M45 | 0:41:05 | | | |
| 270 | 1107 | Haggas | Neil | Kippax Harriers | M40 | 0:41:08 | | | |
| 271 | 344 | Lewis | Peter | Ilkley Harriers | M65 | 0:41:24 | | | |
| 272 | 625 | Buckley | Neil | York Tri Club | M55 | 0:41:27 | | | |
| 273 | 1406 | Johnson | Steve | Ackworth RR | M40 | 0:41:31 | | | |
| 274 | 616 | Archer | John | York Tri Club | M65 | 0:41:34 | | | |
| 275 | 59 | Balkwill | James | Abbey Runners | M45 | 0:41:39 | | | |
| 276 | 781 | Nundy | James | Kirkstall Harriers | MSEN | 0:41:40 | | | |
| 277 | 1588 | Hall | Roger | Wharfedale Harriers | M65 | 0:41:40 | | | |
| 278 | 279 | Green | Alex | Harrogate Harriers | MSEN | 0:41:47 | | | |
| 279 | 1220 | Coop | Philip | St Theresa's AC | M50 | 0:41:52 | | | |
| 280 | 1278 | Jackson | Bob | Valley Striders | M60 | 0:41:56 | | | |
| 281 | 1218 | Butler | Wayne | St Theresa's AC | MSEN | 0:42:03 | | | |
| 282 | 687 | Mosedale | Tim | Saltaire Striders | MSEN | 0:42:15 | | | |
| 283 | 220 | Wrigglesworth | Tim | Eccleshill RR | M45 | 0:42:30 | | | |
| 284 | 793 | Shaw | Antony | Kirkstall Harriers | M65 | 0:42:34 | | Y | |
| 285 | 45 | Persico | Peter | Abbey Runners | MSEN | 0:42:36 | | | |
| 286 | 1089 | Binns | Richard | Bradford Airedale | M45 | 0:42:37 | | | |
| 287 | 1362 | Coles | Malcolm | Valley Striders | M75 | 0:42:59 | | | |
| 288 | 211 | Storey | Ian | Eccleshill RR | M40 | 0:43:02 | | | |
| 289 | 1063 | Hill | Chris | Airecentre Pacers | M60 | 0:43:02 | | | |
| 290 | 1656 | Harvey | Graham | Airecentre Pacers | M40 | 0:43:06 | | | |
| 291 | 55 | Lennon | Laurence | Abbey Runners | M55 | 0:43:14 | | | |
| 292 | 1465 | Tesseyman | Andrew | Airecentre Pacers | M50 | 0:43:15 | | | |
| 293 | 1643 | Jackson | Jude | St Theresa's AC | MSEN | 0:43:23 | | | |
| 294 | 426 | Hawden | Graham | Rothwell Harriers | M55 | 0:43:25 | | | |
| 295 | 719 | Douglas | Alan | Saltaire Striders | M45 | 0:43:42 | | | |
| 296 | 115 | Lawrenson | Ken | Ackworth RR | M70 | 0:43:53 | | | |
| 297 | 48 | Badkin | Peter | Abbey Runners | M50 | 0:44:20 | | | |
| 298 | 196 | Pople | Gary | Eccleshill RR | M50 | 0:44:28 | | | |
| 299 | 77 | Beston | Dave | Abbey Runners | M55 | 0:44:44 | | | |
| 300 | 422 | Redhead | Mark | Rothwell Harriers | M50 | 0:45:15 | | | |
| 301 | 345 | Macrae | Don | Ilkley Harriers | M70 | 0:45:25 | | | |
| 302 | 784 | O'Halloran | Sean | Kirkstall Harriers | MSEN | 0:45:29 | | Y | |
| 303 | 130 | Zywicki | Paul | Ackworth RR | M55 | 0:45:32 | | | |

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| 304 | 720 | Hamilton | Gavin | Saltaire Striders | MSEN | 0:45:37 | | | |
| 305 | 1395 | Grove | John | Ackworth RR | M60 | 0:45:40 | | | |
| 306 | 352 | Sugden | Paul | Ilkley Harriers | M50 | 0:45:47 | | | |
| 307 | 968 | Edwards | Richard | Hyde Park Harriers | MSEN | 0:45:50 | | | |
| 308 | 499 | Hill | Phil | Roundhay Runners | M50 | 0:46:00 | | | |
| 309 | 1235 | Higgins | Michael | St Theresa's AC | M65 | 0:46:29 | | | |
| 310 | 1225 | Gardner | Andrew | St Theresa's AC | M60 | 0:47:03 | | | |
| 311 | 1232 | Healey | Graham | St Theresa's AC | M55 | 0:47:11 | | | |
| 312 | 861 | Scanlon | Peter | Horsforth Harriers | M65 | 0:47:46 | | | |
| 313 | 799 | Taylor | Malcolm | Kirkstall Harriers | MSEN | 0:48:20 | | | |
| 314 | 873 | Taylor | Ian | Horsforth Harriers | M45 | 0:48:24 | | | |
| 315 | 964 | Jones | Paul | Hyde Park Harriers | MSEN | 0:48:49 | | | |
| 316 | 566 | Galley | Pete | Wetherby Runners | M60 | 0:48:52 | | | |
| 317 | 824 | Molyneaux | Nathan | Kirkstall Harriers | MSEN | 0:49:25 | | | |
| 318 | 1279 | Wilkes | Bob | Valley Striders | M75 | 0:49:45 | | | |
| 319 | 779 | Nesden | Patrick | Kirkstall Harriers | M60 | 0:49:46 | | | |
| 320 | 967 | Mason | Michael | Hyde Park Harriers | M50 | 0:49:55 | | | |
| 321 | 1121 | Kitching | Leslie | Kippax Harriers | M65 | 0:49:58 | | | |
| 322 | 755 | Hey | Peter | Kirkstall Harriers | M60 | 0:51:20 | | | |
| 323 | 1216 | Bullough | Tony | St Theresa's AC | M70 | 0:52:16 | | | |