

PECO Cross Country League 2013-14
Senior Ladies Cumulative Results After Race 5

Position	Surname	First Name	Club	Cat	Race 1		Race 2		Race 3		Race 4		Race 5		Best 4 Scores	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points	Pos	Points		
1	Pilling	Rachel	Pudsey & Bramley	F Sen	4	98.8	8	96.9	7	97.3	6	97.0	0	0.0	390.0	1
2	Burrows	Elizabeth	Ackworth RR	F Sen	5	98.4	9	96.4	6	97.7	0	0.0	13	91.8	384.4	2
3	Williams	Sharon	Abbey Runners	FV50	12	95.7	11	95.5	26	88.7	8	95.9	7	95.9	383.0	1
4	Corne	Hannah	Valley Striders	F Sen	7	97.7	6	97.8	5	98.2	0	0.0	19	87.8	381.4	3
5	Hern	Claire	Eccleshill RR	FV35	0	0.0	15	93.7	9	96.4	11	94.1	6	96.6	380.8	1
6	O'Sullivan	Sarah	Horsforth Harriers (2nd)	FV35	11	96.1	0	0.0	13	94.6	10	94.7	8	95.2	380.6	2
7	Ball	Karen	Ackworth RR	FV35	22	91.8	28	87.9	15	93.7	9	95.3	5	97.3	378.1	3
8	Wilson	Steph	Saltire Striders	F Sen	0	0.0	16	93.3	12	95.0	12	93.5	10	93.9	375.7	4
9	Varley	Alison	STAC (2nd)	FV40	0	0.0	26	88.8	20	91.4	14	92.3	3	98.6	371.2	1
10	Mackie	Rachel	Abbey Runners	FV40	34	87.2	23	90.1	23	90.1	13	92.9	9	94.6	367.7	2
11	Magdalenoka-Keen	Liga	Chapel Allerton	FV35	20	92.6	21	91.0	22	90.5	22	87.6	14	91.2	365.3	4
12	Davies	Sian	Rothwell Harriers (2nd)	F Sen	32	87.9	27	88.3	19	91.9	24	86.4	15	90.5	358.5	5
13	Boyle	Alison	Hyde Park Harriers	FV35	28	89.5	29	87.4	34	85.1	25	85.8	17	89.1	351.9	5
14	Clarke	Mandy	Harrogate & York Tri Clubs	FV40	26	90.3	25	89.2	45	80.2	15	91.7	0	0.0	351.4	3
15	Yamaguchi	Hikari	Kirkstall Harriers	F Sen	23	91.4	24	89.7	36	84.2	33	81.1	23	85.0	350.4	6
16	Forster	Rebecca	Chapel Allerton (2nd)	F Sen	31	88.3	0	0.0	48	78.8	18	89.9	12	92.5	349.6	7
17	Fisk	Kathryn	Fellandale	F Sen	33	87.5	40	82.5	30	86.9	27	84.6	16	89.8	348.9	8
18	Burrows- Bilton	Victoria	Ackworth RR	F Sen	27	89.9	43	81.2	27	88.3	20	88.8	35	76.9	348.1	9
19	Jackson	Niamh	Kirkstall Harriers	F Sen	0	0.0	34	85.2	44	80.6	23	87.0	11	93.2	346.0	10
20	Sunderland	Sue	Valley Striders	FV50	25	90.7	0	0.0	39	82.9	35	79.9	20	87.1	340.5	2
21	Hogg	Laura	Kirkstall Harriers	F Sen	45	82.9	39	83.0	47	79.3	19	89.3	25	83.7	338.9	11
22	Rogers	Rebecca	Hyde Park Harriers	F Sen	37	86.0	38	83.4	46	79.7	31	82.2	24	84.4	336.0	12
23	Kotlyar	Daisy	Hyde Park Harriers	F Sen	39	85.2	0	0.0	24	89.6	38	78.1	26	83.0	336.0	13
24	Stuart-Brown	Charlotte	Horsforth Harriers	F Sen	60	77.0	41	82.1	51	77.5	29	83.4	18	88.4	331.4	14
25	Shotter	Jean	Knaresborough Striders	FV50	50	80.9	45	80.3	49	78.4	28	84.0	0	0.0	323.6	3
26	Warren	Liane	Ackworth RR	FV40	53	79.8	42	81.6	50	77.9	34	80.5	44	70.7	319.8	4
27	Smith	Alison	Abbey Runners	FV40	48	81.7	49	78.5	68	69.8	47	72.8	31	79.6	312.6	5
28	Foy	Tracy	Saltire Striders	FV40	54	79.4	64	71.7	61	73.0	41	76.3	28	81.6	310.3	6
29	Treasure-Jones	Tamsin	Saltire Striders (2nd)	FV40	62	76.3	58	74.4	57	74.8	42	75.7	43	71.4	301.2	7
30	Davies	Carol	Rothwell Harriers	FV55	70	73.2	54	76.2	66	70.7	0	0.0	30	80.3	300.4	1
31	Munro	Pauline	Wetherby Runners	FV45	1	100.0	2	99.6	0	0.0	1	100.0	0	0.0	299.6	1
32	Mawer	Lisa	Wetherby Runners	FV45	2	99.6	3	99.1	0	0.0	2	99.4	0	0.0	298.1	2
33	Wrangles	Gail	Ackworth RR	FV40	95	63.4	71	68.6	71	68.5	37	78.7	27	82.3	298.1	8
34	Ballantyne	Emma	Kirkstall Harriers (2nd)	F Sen	3	99.2	4	98.7	1	100.0	0	0.0	0	0.0	297.9	15
35	Nevado	Mercedes	Horsforth Harriers	FV40	75	71.2	0	0.0	63	72.1	46	73.4	29	81.0	297.6	9
36	Jones	Myra	Valley Striders	F Sen	0	0.0	7	97.3	3	99.1	0	0.0	4	98.0	294.4	16
37	Cooke	Rachel	Ackworth RR	FV45	69	73.5	70	69.1	64	71.6	0	0.0	33	78.2	292.5	3
38	Sisimayi	Shamiso	Kirkstall Harriers	F Sen	10	96.5	13	94.6	11	95.5	0	0.0	0	0.0	286.6	17
39	Heseltine	Jo	Rothwell Harriers	FV45	71	72.8	62	72.6	72	68.0	0	0.0	41	72.8	286.2	4
40	Lancaster	Andrea	Harrogate & York Tri Clubs	FV35	0	0.0	20	91.5	10	95.9	5	97.6	0	0.0	285.1	6
41	Clegg	Lindsey	Horsforth Harriers	F Sen	8	97.3	10	96.0	25	89.2	0	0.0	0	0.0	282.4	18
42	Metcalfe	Lynne	Rothwell Harriers	FV45	0	0.0	60	73.5	77	65.8	58	66.3	36	76.2	281.8	5
43	Willingham	Jen	Saltire Striders	FV35	16	94.2	14	94.2	21	91.0	0	0.0	0	0.0	279.3	7
44	Robinson	Emma	Harrogate Harriers	F Sen	0	0.0	0	0.0	28	87.8	16	91.1	2	99.3	278.3	19
45	Dery	Jo	Wetherby Runners	FV45	19	93.0	0	0.0	16	93.2	17	90.5	0	0.0	276.8	6
46	Walker	Eleanor	Abbey Runners	F Sen	86	66.9	68	70.0	73	67.6	48	72.2	0	0.0	276.6	20
47	Johnson	Louise	Dragons RC	FV45	82	68.5	78	65.5	78	65.3	53	69.2	42	72.1	275.3	7
48	Glynn	Janet	Hyde Park Harriers	FV40	58	77.8	66	70.9	92	59.0	60	65.1	0	0.0	272.8	10
49	Nurse	Helen	Abbey Runners	FV45	0	0.0	88	61.0	69	69.4	49	71.6	45	70.1	272.0	8
50	Love	Helen	Saltire Striders	FV55	73	72.0	80	64.6	80	64.4	0	0.0	50	66.7	267.6	2
51	Higgins	Louise	Saltire Striders	FV40	94	63.8	0	0.0	89	60.4	52	69.8	40	73.5	267.5	11
52	Malloy	Dawn	Harrogate & York Tri Clubs	FV45	117	54.9	97	57.0	95	57.7	50	71.0	38	74.8	260.4	9
53	Mistry	Reena	Eccleshill RR	F Sen	104	59.9	96	57.4	79	64.9	55	68.0	51	66.0	258.8	21
54	Lightfoot	Rachel	Harrogate & York Tri Clubs	FV40	127	51.0	67	70.4	70	68.9	56	67.5	0	0.0	257.8	12
55	Wigglesworth	Rose	Ackworth RR (2nd)	FV35	84	67.7	81	64.1	81	64.0	74	56.8	58	61.2	257.0	8
56	Marchant	Laura	Saltire Striders	F Sen	42	84.0	32	86.1	31	86.5	0	0.0	0	0.0	256.6	22
57	Coulsey	Hilda	Ilkley Harriers	FV60	97	62.6	86	61.9	88	60.8	54	68.6	59	60.5	254.0	1
58	Howells	Sarah	STAC	FV45	85	67.3	87	61.4	87	61.3	0	0.0	55	63.3	253.3	10
59	George	Rose	Kirkstall Harriers	FV40	0	0.0	100	55.6	75	66.7	65	62.1	56	62.6	247.0	13
60	Barnes	Philippa	Chapel Allerton	F Sen	0	0.0	37	83.9	38	83.3	40	76.9	0	0.0	244.1	23
61	Fotherby	Pascale	Valley Striders	FV35	106	59.1	108	52.0	83	63.1	0	0.0	46	69.4	243.6	9
62	Elliot	Bev	Horsforth Harriers	FV40	254	1.6	0	0.0	60	73.4	32	81.7	21	86.4	243.0	14
63	Parton	Dawn	Valley Striders	FV35	122	52.9	103	54.3	90	59.9	57	66.9	57	61.9	242.9	10
64	Riechert	Hannah	LUCCC	F Sen	49	81.3	44	80.7	53	76.6	0	0.0	0	0.0	238.6	24
65	Donohue	Lynn	Ilkley Harriers	FV50	105	59.5	0	0.0	113	49.5	71	58.6	53	64.6	232.3	4
66	Cazan	Louise	Valley Striders	F Sen	59	77.4	0	0.0	52	77.0	39	77.5	0	0.0	232.0	25
67	Mason	Hayley	Roundhay Runners	FV35	107	58.8	112	50.2	84	62.6	69	59.8	0	0.0	231.4	11
68	Owen	Katherine	Chapel Allerton	F Sen	74	71.6	94	58.3	99	55.9	96	43.8	85	42.9	229.5	26
69	Speak	Sue	Abbey Runners	FV55	101	61.1	98	56.5	106	52.7	81	52.7	64	57.1	227.4	3
70	Hunter	Alison	Kippax Harriers	FV50	119	54.1	104	53.8	110	50.9	63	63.3	70	53.1	224.3	5
71	Pattinson	Angela	Horsforth Harriers	FV45	0	0.0	55	75.8	58	74.3	0	0.0	39	74.1	224.3	11
72	Hallam	Jane	Abbey Runners	FV45	79	69.6	0	0.0	116	48.2	62	63.9	86	42.2	223.9	12
73	Lui	Tao (Judy)	STAC	FV35	0	0.0	0	0.0	94	58.1	36	79.3	22	85.7	223.1	12
74	Hargreaves	Lynda	Wharfedale Harriers	FV45	170	34.2	92	59.2	82	63.5	68	60.4	0	0.0	217.3	13
75	Tombs	Gail	Abbey Runners	FV60	0	0.0	110	51.1	107	52.3	73	57.4	65	56.5	217.2	2
76	Johnson	Angela	Horsforth Harriers	FV60	102	60.7	93	58.7	150	32.9	94	45.0	74	50.3	214.8	3
77	Willis	Liz	Abbey Runners	FV45	115	55.6	107	52.5	102	54.5	91	46.7	87	41.5	209.4	14
78	Holmes	Kirstie	Saltire Striders	FV35	129	50.2	113	49.8	103	54.1	79	53.8	0	0.0	207.9	13
79	Hudson	Chloe	Valley Striders	F Sen	0	0.0	76	66.4	67	70.3	0	0.0	47	68.7	205.3	27
80	Pratt	Joanne	Rothwell Harriers	FV45	109	58.0	121	46.2	0	0.0	90	47.3	69	53.7	205.2	15
81	Kennedy	Carron	Dragons RC	FV40	99	61.9	140	37.7	0	0.0	88	48.5	73	51.0	199.1	15
82	Fox	Aiveen	Horsforth Harriers (2nd)	F Sen	0	0.0	0	0.0	2	99.5	3	98.8	0	0.0	198.4	28
83	Garvican	Karen	Abbey Runners	FV35	6	98.1	0	0.0	0	0.0	0	0.0	1	100.0	198.1	14
84	Neal	Zellany	Abbey Runners	FV45	0	0.0	5	98.2	4	98.6	0	0.0	0	0.0	196.9	16
85	Morris	Lynne	Airecentre Pacers	FV60	130	49.8	116	48.4	121	45.9	87	49.1	76	49.0	196.3	4
86	Wood	Chloe	Rothwell Harriers	F Sen	0	0.0	0	0.0	8	96.8	4	98.2	0	0.0	195.1	29
87	Spencer	Collette	Kirkstall Harriers	FV40	108	58.4	111	50.7	0	0.0	104	39.1	79	46.9	195.0	16
88	Beattie	Sharon	Kirkstall Harriers	F Sen	0	0.0	0	0.0	85	62.2	64	62.7	48	68.0	192.9	30
89	Dransfield															

122	Elmes	Julie	Ilkley Harriers	FV45	152	41.2	139	38.1	139	37.8	107	37.3	99	33.3	154.5	23
123	Lee	Hannah	Kirkstall Harriers	F Sen	0	0.0	124	44.8	0	0.0	86	49.7	60	59.9	154.4	43
124	Penrose	Kate	Kippax Harriers	FV60	137	47.1	142	36.8	147	34.2	110	35.5	102	31.3	153.6	5
125	Benjamin	Bev	Abbey Runners	FV45	63	75.9	53	76.7	0	0.0	0	0.0	0	0.0	152.6	24
126	Pennington	Helen	Saltaire Striders	FV40	161	37.7	134	40.4	151	32.4	99	42.0	0	0.0	152.5	23
127	MacDonald	Wanda	STAC	FV50	0	0.0	0	0.0	54	76.1	43	75.1	0	0.0	151.3	11
128	Parker	Eleanor	Roundhay Runners	F Sen	168	35.0	164	26.9	171	23.4	98	42.6	80	46.3	150.8	44
129	Casey	Liz	Abbey Runners	FV50	65	75.1	0	0.0	56	75.2	0	0.0	0	0.0	150.3	12
130	Ramsden	Denise	Rothwell Harriers	FV45	151	41.6	147	34.5	178	20.3	111	34.9	91	38.8	149.9	25
131	Harper	Sarah	Valley Striders	F Sen	0	0.0	56	75.3	59	73.9	0	0.0	0	0.0	149.2	45
132	Gallon	Eleanor	Kirkstall Harriers	F Sen	67	74.3	0	0.0	0	0.0	44	74.6	0	0.0	148.9	46
133	Podesta	Sarah	Airecentre Pacers	FV35	125	51.8	115	48.9	0	0.0	0	0.0	78	47.6	148.2	19
134	Booth	Margaret	STAC	FV35	68	73.9	59	74.0	0	0.0	0	0.0	0	0.0	147.9	20
135	Felton	Gillian	Valley Striders	FV45	110	57.6	123	45.3	126	43.7	0	0.0	0	0.0	146.6	26
136	Muir	Marion	Kirkstall Harriers	FV35	77	70.4	0	0.0	55	75.7	0	0.0	0	0.0	146.1	21
137	Yoh	Georgina	Rothwell Harriers	FV35	0	0.0	57	74.9	65	71.2	0	0.0	0	0.0	146.1	22
138	Houghton	Vicky	Hyde Park Harriers	F Sen	113	56.4	0	0.0	160	28.4	115	32.5	107	27.9	145.2	47
139	Smith	Kirsty	Harrogate & York Tri Clubs	FV35	150	42.0	106	52.9	112	50.0	0	0.0	0	0.0	144.9	23
140	Pankhurst	Kate	Hyde Park Harriers	F Sen	135	47.9	137	39.0	169	24.3	119	30.2	0	0.0	141.4	48
141	Cutter	Paula	Saltaire Striders	FV35	64	75.5	0	0.0	0	0.0	59	65.7	0	0.0	141.2	24
142	Croft	Jean	Harrogate Harriers	FV50	0	0.0	65	71.3	0	0.0	0	0.0	49	67.3	138.6	13
143	Rhodes	Laura	Saltaire Striders	F Sen	80	69.3	75	66.8	0	0.0	0	0.0	0	0.0	136.1	49
144	Scanlan	Emma	Rothwell Harriers	FV40	83	68.1	74	67.3	0	0.0	0	0.0	0	0.0	135.4	24
145	Knight	Gini	Horsforth Harriers	FV55	158	38.9	150	33.2	0	0.0	118	30.8	103	30.6	133.5	4
146	Sharma	Alissa	Roundhay Runners	F Sen	0	0.0	129	42.6	122	43.5	0	0.0	83	44.2	132.3	50
147	Culshaw	Robin	Hyde Park Harriers	F Sen	0	0.0	79	65.0	76	66.2	0	0.0	0	0.0	131.2	51
148	Cliff	Janet	Chapel Allerton	FV50	114	56.0	143	36.3	140	37.4	0	0.0	0	0.0	129.7	14
149	Hutchison	Kirsten	Abbey Runners	F Sen	0	0.0	50	78.0	0	0.0	84	50.9	0	0.0	128.9	52
150	Blackburn	Serena	Horsforth Harriers	FV45	78	70.0	0	0.0	93	58.6	0	0.0	0	0.0	128.6	27
151	Morley	Sue	Ilkley Harriers	FV55	191	26.1	148	34.1	133	40.5	123	27.8	0	0.0	128.5	5
152	Freeman	Jeanette	Horsforth Harriers	FV45	90	65.4	84	62.8	0	0.0	0	0.0	0	0.0	128.1	28
153	Gledhill	Stephanie	Valley Striders	FV35	0	0.0	0	0.0	96	57.2	51	70.4	0	0.0	127.6	25
154	Taylor	Lynn	Abbey Runners	FV45	145	44.0	0	0.0	0	0.0	105	38.5	82	44.9	127.3	29
155	Dennison	Debbie	Wetherby Runners	FV45	76	70.8	0	0.0	0	0.0	75	56.2	0	0.0	127.0	30
156	Darley	Jacky	Wetherby Runners	FV55	154	40.5	162	27.8	145	35.1	131	23.1	121	18.4	126.5	6
157	Coy	Gaynor	Ilkley Harriers	FV35	93	64.2	90	60.1	0	0.0	0	0.0	0	0.0	124.3	26
158	Marsden	Sarah	LUCC	F Sen	92	64.6	91	59.6	0	0.0	0	0.0	0	0.0	124.2	53
159	Dwyer	Becky	Kirkstall Harriers	F Sen	139	46.3	0	0.0	157	29.7	135	20.7	108	27.2	124.0	54
160	Rawson	Emma	Rothwell Harriers	FV40	0	0.0	138	38.6	135	39.6	0	0.0	81	45.6	123.8	25
161	Crawford	Angela	Airecentre Pacers	FV50	87	66.5	99	56.1	0	0.0	0	0.0	0	0.0	122.6	15
162	Begum	Husna	Chapel Allerton	F Sen	0	0.0	0	0.0	0	0.0	67	60.9	63	57.8	118.8	55
163	Marshall	Rici	Hyde Park Harriers	F Sen	142	45.1	0	0.0	144	35.6	0	0.0	96	35.4	116.1	56
164	Williamson	Sue	Ilkley Harriers	FV50	164	36.6	154	31.4	163	27.0	136	20.1	0	0.0	115.1	16
165	Townsend	Julie	Valley Striders	F Sen	0	0.0	89	60.5	0	0.0	78	54.4	0	0.0	115.0	57
166	Steele	Julie	Eccleshill RR	FV50	176	31.9	167	25.6	168	24.8	125	26.6	104	29.9	114.0	17
167	Wilde	Nicola	Horsforth Harriers	FV50	103	60.3	105	53.4	0	0.0	0	0.0	0	0.0	113.7	18
168	Daniel	Vikki	Kirkstall Harriers	F Sen	189	26.8	0	0.0	142	36.5	85	50.3	0	0.0	113.6	58
169	Lenaghan	Donna	STAC	FV40	98	62.3	0	0.0	111	50.5	0	0.0	0	0.0	112.7	26
170	Goldthorpe	Helen	Kirkstall Harriers	FV35	0	0.0	122	45.7	0	0.0	108	36.7	105	29.3	111.7	27
171	Mika	Kasia	Hyde Park Harriers	F Sen	0	0.0	0	0.0	0	0.0	70	59.2	72	51.7	110.9	59
172	Hurst	Bev	Horsforth Harriers	FV45	91	65.0	0	0.0	0	0.0	93	45.6	0	0.0	110.5	31
173	Lowery	Sima	Knareborough Striders	FV35	112	56.8	0	0.0	104	53.6	0	0.0	0	0.0	110.4	28
174	Bijsterveld	Petra	Ilkley Harriers	FV50	153	40.9	0	0.0	179	19.8	132	22.5	111	25.2	108.3	19
175	Browne	Louise	Rothwell Harriers	FV40	0	0.0	0	0.0	91	59.5	89	47.9	0	0.0	107.4	27
176	Webster	Jane	Horsforth Harriers	FV45	133	48.6	0	0.0	0	0.0	0	0.0	62	58.5	107.1	32
177	Hey	Carol	Saltaire Striders	FV50	0	0.0	0	0.0	109	51.4	76	55.6	0	0.0	107.0	20
178	Jennings	Louise	Valley Striders	FV40	209	19.1	151	32.7	0	0.0	122	28.4	109	26.5	106.7	28
179	Warren	Sandra	Kirkstall Harriers	FV40	121	53.3	109	51.6	0	0.0	0	0.0	0	0.0	104.9	29
180	Jago	Gillian	Eccleshill RR	FV35	174	32.7	197	12.1	172	23.0	109	36.1	0	0.0	103.9	29
181	Clubs	Christine	Wetherby Runners	FV40	132	49.0	0	0.0	156	30.2	0	0.0	114	23.1	102.3	30
182	Forey	Helen	Dragons RC	FV45	195	24.5	144	35.9	130	41.9	0	0.0	0	0.0	102.3	33
183	Chivers	Ann	Roundhay Runners	F Sen	0	0.0	114	49.3	108	51.8	0	0.0	0	0.0	101.1	60
184	Sellers	Heather	Abbey Runners	F Sen	0	0.0	1	100.0	0	0.0	0	0.0	0	0.0	100.0	61
185	Kitchen	Eleanor	Ilkley Harriers (2nd)	F Sen	9	96.9	0	0.0	0	0.0	0	0.0	0	0.0	96.9	62
186	Stewart	Rosanna	LUCC	F Sen	15	94.6	0	0.0	0	0.0	0	0.0	0	0.0	94.6	63
187	Wood	Pat	Ackworth RR	FV55	123	52.5	0	0.0	131	41.4	0	0.0	0	0.0	94.0	7
188	Winter	Rebecca	Ackworth RR	F Sen	17	93.8	0	0.0	0	0.0	0	0.0	0	0.0	93.8	64
189	Grant	Sarah	Abbey Runners	FV40	18	93.4	0	0.0	0	0.0	0	0.0	0	0.0	93.4	31
190	Berg	Jennifer	Kirkstall Harriers	F Sen	0	0.0	0	0.0	17	92.8	0	0.0	0	0.0	92.8	65
191	Mansfield	Jane	Hyde Park Harriers	FV50	0	0.0	173	22.9	166	25.7	138	18.9	112	24.5	92.0	21
192	Rathjen	Sandra	Abbey Runners (2nd)	FV40	0	0.0	19	91.9	0	0.0	0	0.0	0	0.0	91.9	32
193	Smale	Michelle	STAC	FV50	185	28.4	156	30.5	153	31.5	0	0.0	0	0.0	90.4	22
194	Spiers	Kate	Kirkstall Harriers	F Sen	0	0.0	131	41.7	115	48.6	0	0.0	0	0.0	90.4	66
195	Longfellow	Karen	Kirkstall Harriers	FV45	199	23.0	0	0.0	175	21.6	128	24.9	118	20.4	89.8	34
196	Cheung	Michelle	Wetherby Runners	FV40	126	51.4	0	0.0	138	38.3	0	0.0	0	0.0	89.7	33
197	Wood	Laura	STAC	F Sen	141	45.5	159	29.1	0	0.0	0	0.0	126	15.0	89.6	67
198	Humpleby	Hilary	Roundhay Runners	FV45	131	49.4	135	39.9	0	0.0	0	0.0	0	0.0	89.3	35
199	Gray	Catherine	Horsforth Harriers	FV50	138	46.7	130	42.2	0	0.0	0	0.0	0	0.0	88.8	23
200	Marchant	Carmen	Rothwell Harriers	FV40	0	0.0	73	67.7	0	0.0	0	0.0	117	21.1	88.8	34
201	Batt	Nina	Wetherby Runners	F Sen	30	88.7	0	0.0	0	0.0	0	0.0	0	0.0	88.7	68
202	Laidler	Jasmine	Rothwell Harriers	F Sen	0	0.0	30	87.0	0	0.0	0	0.0	0	0.0	87.0	69
203	Fox	Amanda	Ilkley Harriers	FV45	35	86.8	0	0.0	0	0.0	0	0.0	0	0.0	86.8	36
204	Cameron	Rhona	Kirkstall Harriers	FV55	207	19.8	176	21.5	180	19.4	127	25.4	119	19.7	86.5	8
205	Downham	Karen	Kippax Harriers	FV50	0	0.0	128	43.0	127	43.2	0	0.0	0	0.0	86.3	24
206	Moran	Ruth	Horsforth Harriers	F Sen	38	85.6	0	0.0	0	0.0	0	0.0	0	0.0	85.6	70
207	Miller	Helen	Harrogate & York Tri Clubs	F Sen	0	0.0	0	0.0	0	0.0	26	85.2	0	0.0	85.2	71
208	Neilson	Rhona	Airecentre Pacers	FV35	193	25.3	165	26.5	185	17.1	147	13.6	124	16.3	85.2	30
209	Stansbie	Lisa	Abbey Runners	FV35	167	35.4	0	0.0	0	0.0	0	0.0	75	49.7	85.1	31
210	Goulden	Victoria	Abbey Runners	FV50	40	84.8	0	0.0	0	0.0	0	0.0	0	0.0	84.8	25
211	Foster	Jo	Ilkley Harriers	FV40	41	84.4	0	0.0	0	0.0	0	0.0	0	0.0	84.4	35
212	Johnstone	Sophie	Roundhay Runners	FV35	128	50.6	0	0.0	148	33.8	0</					

249	Kitchen	Diane	Ilkley Harriers	FV50	88	66.1	0	0.0	0	0.0	0	0.0	0	0.0	66.1	32
250	George	Sandy	Ackworth RR	FV45	0	0.0	77	65.9	0	0.0	0	0.0	0	0.0	65.9	43
251	Farquhar	Fiona	Saltire Striders	FV40	210	18.7	0	0.0	188	15.8	139	18.3	129	12.9	65.7	42
252	Parker	Rachel	Saltire Striders	FV40	0	0.0	0	0.0	0	0.0	0	0.0	52	65.3	65.3	43
253	Ramsden	Carol	Horsforth Harriers	FV55	216	16.3	0	0.0	154	31.1	0	0.0	123	17.0	64.4	10
254	Geeson	Clare	Hyde Park Harriers	F Sen	0	0.0	0	0.0	0	0.0	0	0.0	54	63.9	63.9	82
255	Barlow	Anna	Ilkley Harriers	FV40	0	0.0	82	63.7	0	0.0	0	0.0	0	0.0	63.7	44
256	Grace	Janet	Ilkley Harriers	FV45	0	0.0	83	63.2	0	0.0	0	0.0	0	0.0	63.2	44
257	Wheeler	Debra	Wetherby Runners	FV50	96	63.0	0	0.0	0	0.0	0	0.0	0	0.0	63.0	33
258	Hague	Suzanne	Eccleshill RR	FV45	188	27.2	195	13.0	186	16.7	0	0.0	139	6.1	63.0	45
259	Robinson	Claire	Wetherby Runners	F Sen	0	0.0	85	62.0	0	0.0	0	0.0	0	0.0	62.0	83
260	Wainwright	Helen	Ackworth RR	FV35	156	39.7	0	0.0	173	22.5	0	0.0	0	0.0	62.2	40
261	Thomas-Lloyd	Bethan	Kirkstall Harriers	F Sen	0	0.0	0	0.0	176	21.2	101	40.8	0	0.0	62.0	84
262	Green	Claire	Pudsey & Bramley	F Sen	0	0.0	0	0.0	86	61.7	0	0.0	0	0.0	61.7	85
263	Lanham	Ann	Roundhay Runners	F Sen	0	0.0	0	0.0	0	0.0	66	61.5	0	0.0	61.5	86
264	Duncan	Jules	Wetherby Runners	FV50	100	61.5	0	0.0	0	0.0	0	0.0	0	0.0	61.5	34
265	Hindle	Elizabeth	Abbey Runners	F Sen	179	30.7	157	30.0	0	0.0	0	0.0	0	0.0	60.8	87
266	Sykes	Rebecca	STAC	F Sen	183	29.2	155	30.9	0	0.0	0	0.0	0	0.0	60.1	88
267	Guzman	Nidia	Horsforth Harriers	FV35	0	0.0	0	0.0	0	0.0	0	0.0	61	59.2	59.2	41
268	Moran	Carol	Kirkstall Harriers	FV50	0	0.0	0	0.0	158	29.3	137	19.5	133	10.2	59.0	35
269	Richens	Alex	Harrogate Harriers	FV40	0	0.0	0	0.0	0	0.0	72	58.0	0	0.0	58.0	45
270	Almond	Tracy	Chapel Allerton	FV40	0	0.0	0	0.0	97	56.8	0	0.0	0	0.0	56.8	46
271	Sandhu	Baldish	Kirkstall Harriers	FV45	0	0.0	183	18.4	187	16.2	155	8.9	130	12.2	55.7	46
272	Hepburn	Wendy	Abbey Runners	FV60	229	11.3	192	14.3	191	14.4	144	15.4	131	11.6	55.7	6
273	Loftus	Joanne	STAC	FV35	177	31.5	0	0.0	0	0.0	0	0.0	113	23.8	55.3	42
274	Jones	Helen	Horsforth Harriers	F Sen	0	0.0	101	55.2	0	0.0	0	0.0	0	0.0	55.2	89
275	Fenwick	Lisa	Harrogate & York Tri Clubs	FV35	222	14.0	193	13.9	0	0.0	124	27.2	0	0.0	55.1	43
276	Wren	Vicky	York Postal	F Sen	118	54.5	0	0.0	0	0.0	0	0.0	0	0.0	54.5	90
277	Wright	Nicola	Horsforth Harriers	F Sen	0	0.0	0	0.0	0	0.0	0	0.0	68	54.4	54.4	91
278	Jackson	Sara	STAC	F Sen	213	17.5	202	9.9	196	12.2	145	14.8	141	4.8	54.3	92
279	Cecere	Julie	Dragons RC	FV50	0	0.0	0	0.0	0	0.0	129	24.3	106	28.6	52.8	36
280	Kearns	Rachael	Kirkstall Harriers	F Sen	0	0.0	0	0.0	182	18.5	114	33.1	0	0.0	51.6	93
281	Wright	Sally	Ilkley Harriers	FV50	0	0.0	169	24.7	0	0.0	126	26.0	0	0.0	50.7	37
282	Lambert	Gillian	STAC	FV45	160	38.1	196	12.6	0	0.0	0	0.0	0	0.0	50.7	47
283	Fallon	Lynne	STAC	FV60	218	15.6	204	9.0	167	25.2	0	0.0	0	0.0	49.8	7
284	Wilson	Adele	STAC	FV35	187	27.6	175	22.0	0	0.0	0	0.0	0	0.0	49.6	44
285	Roberts	Anna	Harrogate & York Tri Clubs	F Sen	192	25.7	171	23.8	0	0.0	0	0.0	0	0.0	49.4	94
286	Kisluk	Annie	Eccleshill RR	FV45	0	0.0	0	0.0	190	14.9	142	16.6	122	17.7	49.1	48
287	Turner	Louise	STAC	FV40	0	0.0	0	0.0	114	49.1	0	0.0	0	0.0	49.1	47
288	Jefferies	Kay	Hyde Park Harriers	FV45	196	24.1	199	11.2	202	9.5	168	1.2	142	4.1	48.9	49
289	Stevenson	Andrea	Dragons RC	FV45	197	23.7	0	0.0	0	0.0	167	1.8	115	22.4	48.0	50
290	Addison	Christine	Fellandale	FV45	136	47.5	0	0.0	0	0.0	0	0.0	0	0.0	47.5	51
291	Taylor	Maureen	Abbey Runners	FV50	194	24.9	174	22.4	0	0.0	0	0.0	0	0.0	47.3	38
292	Lewis	Helen	Roundhay Runners	FV40	0	0.0	0	0.0	119	46.8	0	0.0	0	0.0	46.8	48
293	Harrison	Carmel	Rothwell Harriers	FV50	0	0.0	120	46.6	0	0.0	0	0.0	0	0.0	46.6	39
294	Fox	Gillian	Wetherby Runners	FV40	140	45.9	0	0.0	0	0.0	0	0.0	0	0.0	45.9	49
295	Walker	Shirley	Horsforth Harriers	FV65	214	17.1	0	0.0	195	12.6	159	6.5	134	9.5	45.8	1
296	Ward	Vicky	Horsforth Harriers	FV40	180	30.4	190	15.2	0	0.0	0	0.0	0	0.0	45.6	50
297	Blackwell	Pauline	STAC	FV55	220	14.8	187	16.6	192	14.0	0	0.0	0	0.0	45.3	11
298	Booth	Gill	Kirkstall Harriers	FV40	190	26.5	182	18.8	0	0.0	0	0.0	0	0.0	45.3	51
299	Gilpin	Antonia	Roundhay Runners	F Sen	0	0.0	0	0.0	124	44.6	0	0.0	0	0.0	44.6	95
300	Edson	Claire	Kippax Harriers	FV35	144	44.4	0	0.0	0	0.0	0	0.0	0	0.0	44.4	45
301	Bruckshaw	Sarah	Saltire Striders	FV40	204	21.0	172	23.3	0	0.0	0	0.0	0	0.0	44.3	52
302	Bourner	Wendy	Ackworth RR	FV45	148	42.8	0	0.0	0	0.0	0	0.0	0	0.0	42.8	52
303	Annis	Victoria	Roundhay Runners	F Sen	0	0.0	132	41.3	0	0.0	0	0.0	0	0.0	41.3	96
304	Lobley	Lindsey	Horsforth Harriers	FV35	0	0.0	133	40.8	0	0.0	0	0.0	0	0.0	40.8	46
305	Lofthouse	Kate	Ilkley Harriers	FV50	217	16.0	189	15.7	204	8.6	0	0.0	0	0.0	40.2	40
306	Payne	Emma	Ilkley Harriers	FV40	155	40.1	0	0.0	0	0.0	0	0.0	0	0.0	40.1	53
307	Akers	Anne	Eccleshill RR	FV50	224	13.2	203	9.4	0	0.0	150	11.8	140	5.4	39.9	41
308	Stead	Julie	Airecentre Pacers	FV50	0	0.0	185	17.5	174	22.1	0	0.0	0	0.0	39.6	42
309	Tucker	Hilary	Abbey Runners	FV50	0	0.0	0	0.0	177	20.7	0	0.0	127	14.3	35.0	98
310	Russell	Sally	Kirkstall Harriers	F Sen	0	0.0	179	20.2	181	18.9	0	0.0	0	0.0	39.1	97
311	Farthing	Lynsey	STAC	FV35	211	18.3	178	20.6	0	0.0	0	0.0	0	0.0	38.9	47
312	Jones	Gillian	Eccleshill RR	FV55	200	22.6	188	26.1	0	0.0	0	0.0	0	0.0	38.7	12
313	Parker	Samantha	Wetherby Runners	FV45	163	37.0	0	0.0	0	0.0	0	0.0	0	0.0	37.0	53
314	Milnes	Sue	Airecentre Pacers	FV50	241	6.6	206	8.1	203	9.0	152	10.7	136	8.2	35.9	44
315	Knapton	Fiona	Wetherby Runners	FV40	166	35.8	0	0.0	0	0.0	0	0.0	0	0.0	35.8	54
316	Easton	Claire	Rothwell Harriers	FV40	202	21.8	0	0.0	193	13.5	0	0.0	0	0.0	35.3	55
317	Scott	Jane	STAC	FV55	206	20.2	191	14.8	0	0.0	0	0.0	0	0.0	35.0	13
318	Runde	Sonia	STAC	F Sen	0	0.0	0	0.0	177	20.7	0	0.0	127	14.3	35.0	98
319	Mellado	Karen	Hyde Park Harriers	F Sen	169	34.6	0	0.0	0	0.0	0	0.0	0	0.0	34.6	99
320	Chauhan	Manesha	Hyde Park Harriers	F Sen	240	7.0	210	6.3	197	11.7	154	9.5	0	0.0	34.5	100
321	Darwin	Natalie	STAC	F Sen	171	33.9	0	0.0	0	0.0	0	0.0	0	0.0	33.9	101
322	Denby	Alice	Dragons RC	FV55	173	33.1	0	0.0	0	0.0	0	0.0	0	0.0	33.1	14
323	Redhead	Sue	Rothwell Harriers	FV45	175	32.3	0	0.0	0	0.0	0	0.0	0	0.0	32.3	54
324	Tailford	Claire	Eccleshill RR	FV35	0	0.0	152	32.3	0	0.0	0	0.0	0	0.0	32.3	48
325	Jackson	Jane	Abbey Runners	FV35	0	0.0	153	31.8	0	0.0	0	0.0	0	0.0	31.8	49
326	Stone	Kath	Saltire Striders	FV45	242	6.2	0	0.0	209	6.3	151	11.2	137	7.5	31.3	55
327	White	Deborah	Abbey Runners	FV50	178	31.1	0	0.0	0	0.0	0	0.0	0	0.0	31.1	45
328	Smith	Zoe	Kippax Harriers	FV35	0	0.0	0	0.0	194	13.1	140	17.8	0	0.0	30.8	50
329	Freeman	Helen	Eccleshill RR	FV45	0	0.0	0	0.0	155	30.6	0	0.0	0	0.0	30.6	56
330	Clayton	Maryjane	Wharefedale Harriers	FV40	0	0.0	0	0.0	159	28.8	0	0.0	0	0.0	28.8	56
331	Hogan	Dawn	Eccleshill RR	FV45	184	28.8	0	0.0	0	0.0	0	0.0	0	0.0	28.8	57
332	Howell	Sarah	Valley Striders	F Sen	0	0.0	161	28.3	0	0.0	0	0.0	0	0.0	28.3	102
333	Barrett	Catherine	Kirkstall Harriers	F Sen	0	0.0	0	0.0	161	27.9	0	0.0	0	0.0	27.9	103
334	Dyer	Sara	Valley Striders	FV55	0	0.0	0	0.0	162	27.5	0	0.0	0	0.0	27.5	15
335	Eyres	Michelle	Saltire Striders	FV50	0	0.0	163	27.4	0	0.0	0	0.0	0	0.0	27.4	46
336	Davies	Laura	Kirkstall Harriers	FV35	232	10.1	213	4.9	216	3.2	156	8.3	143	3.4	26.7	51
337	Argyle	Lisa	Horsforth Harriers	FV40	0	0.0	0	0.0	164	26.6	0	0.0	0	0.0	26.6	57
338	Payton	Julie	Kippax Harriers	FV35	221	14.4	198	11.7	0	0.0	0	0.0	0	0.0	26.1	52
339	Georgiades	Izabela	Airecentre Pacers	FV45	0	0.0	166	26.0	0	0.0	0	0.0	0	0.0	26.0	58
340	Rathbone	Gemma	Kirkstall Harriers	F Sen	219	15.2	200	10.8	0	0.0	0	0.0	0	0.0	25.9	104
341	Sal															

376	Rayner	Jan	Roundhay Runners	FV40	0	0.0	211	5.8	210	5.9	0	0.0	0	0.0	11.7	69
377	Bell	Erica	STAC	FV35	228	11.7	0	0.0	0	0.0	0	0.0	0	0.0	11.7	59
378	Woodward	Nicky	Hyde Park Harriers	FV40	246	4.7	209	6.7	0	0.0	0	0.0	0	0.0	11.4	70
379	Cooke	Megan	Wetherby Runners	FV40	230	10.9	0	0.0	0	0.0	0	0.0	0	0.0	10.9	71
380	Wheatley	Rebecca	Chapel Allerton	F Sen	0	0.0	0	0.0	0	0.0	0	0.0	132	10.9	10.9	110
381	Bibby	Rebecca	Valley Striders	F Sen	0	0.0	0	0.0	199	10.8	0	0.0	0	0.0	10.8	111
382	Smith	Sharon	Wetherby Runners	FV55	247	4.3	218	2.7	217	2.7	0	0.0	0	0.0	9.7	19
383	Cryer	Rachel	STAC	FV40	235	8.9	0	0.0	0	0.0	0	0.0	0	0.0	8.9	72
384	Young	Caroline	Rothwell Harriers	F Sen	237	8.2	0	0.0	0	0.0	0	0.0	0	0.0	8.2	112
385	Coffey	Maureen	Valley Striders	FV60	239	7.4	0	0.0	0	0.0	0	0.0	0	0.0	7.4	8
386	Murray	Becky	Valley Striders	FV35	0	0.0	0	0.0	208	6.8	0	0.0	0	0.0	6.8	60
387	Brown	Rachel	STAC	FV45	0	0.0	0	0.0	215	3.6	165	3.0	0	0.0	6.6	63
388	Jones	Liz	Hyde Park Harriers	FV50	252	2.3	216	3.6	0	0.0	0	0.0	0	0.0	5.9	50
389	Mason	Claire	Hyde Park Harriers	FV40	249	3.5	219	2.2	0	0.0	0	0.0	0	0.0	5.7	73
390	Smith	Sue	Hyde Park Harriers	FV50	244	5.4	0	0.0	0	0.0	0	0.0	0	0.0	5.4	51
391	Munro	Allison	Roundhay Runners	FV45	0	0.0	0	0.0	0	0.0	161	5.3	0	0.0	5.3	64
392	Pearson	Lindsey	Saltaire Striders	FV55	251	2.7	222	0.9	221	0.9	0	0.0	0	0.0	4.5	20
393	Bangerh	Surinder	Hyde Park Harriers	FV35	0	0.0	215	4.0	0	0.0	0	0.0	0	0.0	4.0	61
394	Wharam	Hilary	Horsforth Harriers	FV70	257	0.4	223	0.4	220	1.4	169	0.6	146	1.4	3.8	2
395	Madden	Kelly	STAC	FV35	0	0.0	0	0.0	0	0.0	164	3.6	0	0.0	3.6	62
396	Jones	TeeJay	Hyde Park Harriers	F Sen	250	3.1	0	0.0	0	0.0	0	0.0	0	0.0	3.1	113
397	Bangerh	Jasbir	Hyde Park Harriers	FV40	0	0.0	220	1.8	0	0.0	0	0.0	0	0.0	1.8	74
398	Rhodes	Christine	Eccleshill RR	FV50	255	1.2	0	0.0	0	0.0	0	0.0	0	0.0	1.2	52
399	Hustwit	Emma	Kirkstall Harriers	FV35	0	0.0	0	0.0	222	0.5	0	0.0	147	0.7	1.1	63
400	Willcock	Karen	Hyde Park Harriers	FV40	256	0.8	0	0.0	0	0.0	0	0.0	0	0.0	0.8	75