

PECO Cross Country League 2011-12
Cumulative Ladies Individual Results after Race 5

Position	Surname	Forename	Club	Cat	Race 1		Race 2		Race 3		Race 4		Race 5		Total (Best 4)	Cat Pos
					Pos	Points	Pos	Points	Pos	Points	Pos	Points	Pos	Points		
1	Payne	Jocelyn	LUCCC	s	2	99.3	1	100.0	3	98.8	5	97.4	0	0.0	395.5	1
2	Haughton	Stephanie	Airecentre 2nd	s	5	97.3	0	0.0	4	98.1	1	100.0	6	96.4	391.8	2
3	Pilling	Rachel	Kirkstall	s	9	94.5	2	99.2	8	95.7	3	98.7	5	97.1	390.7	3
4	Ball	Karen	Ackworth	35	10	93.8	3	98.4	7	96.3	9	94.8	3	98.6	388.1	1
5	Williams	Sharon	Abbey	45	7	95.9	9	93.8	9	95.0	10	94.2	7	95.7	380.7	1
6	Jones	Myra	Valley S	s	6	96.6	7	95.3	10	94.4	14	91.6	10	93.5	379.8	4
7	Inglis	Emma	Saltaire Striders 2nd	s	12	92.5	10	93.0	12	93.2	11	93.5	30	79.0	372.2	5
8	Derry	Jo	Wetherby	45	15	90.4	14	89.9	18	89.4	0	0.0	13	91.3	361.1	2
9	Magdalenoka-Keen	Lisa	Chapel Allerton	s	20	87.0	6	96.1	32	80.7	13	92.2	21	85.5	360.8	6
10	Cromack	Jenny	Abbey	s	0	0.0	19	86.0	20	88.2	24	85.1	15	89.9	349.2	7
11	Mackie	Rachel	Abbey	35	0	0.0	12	91.5	15	91.3	32	79.9	23	84.1	346.7	2
12	Dale	Ann	Wetherby	35	22	85.6	30	77.5	0	0.0	12	92.9	16	89.1	345.1	3
13	Liu	Tao	STAC	35	23	84.9	16	88.4	23	86.3	25	84.4	53	62.3	344.1	4
14	Sill	Michaela	Rothwell	35	0	0.0	20	85.3	19	88.8	20	87.7	26	81.9	343.6	5
15	Duckett	Theresa	Horsforth	40	19	87.7	23	82.9	30	82.0	18	89.0	0	0.0	341.6	1
16	Sunderland	Sue	Valley S	50	21	86.3	22	83.7	29	82.6	28	82.5	27	81.2	335.1	1
17	Bettis	Nicola	Kippax	s	26	82.9	17	87.6	22	87.0	38	76.0	0	0.0	333.4	8
18	Wilson	Steph	Saltaire Striders	s	0	0.0	38	71.3	34	79.5	19	88.3	11	92.8	331.9	9
19	Gallon	Eleanor	Kirkstall	s	27	82.2	25	81.4	39	76.4	29	81.8	20	86.2	331.6	10
20	Bellwood	Amanda	Eccleshill 2nd	s	28	81.5	26	80.6	25	85.1	31	80.5	0	0.0	327.7	11
21	Woodruff	Sharon	Abbey	s	0	0.0	28	79.1	24	85.7	26	83.8	31	78.3	326.8	12
22	Wainwright	Emma	Wetherby	35	25	83.6	36	72.9	37	77.6	33	79.2	24	83.3	323.8	6
23	Beaumont	Jenny	Airecentre	s	29	80.8	24	82.2	42	74.5	35	77.9	34	76.1	317.0	13
24	Boyle	Alison	Hyde Park	s	30	80.1	27	79.8	0	0.0	36	77.3	29	79.7	317.0	14
25	Macdonald	Wanda	STAC	50	0	0.0	31	76.7	27	83.9	39	75.3	33	76.8	312.7	2
26	Sellars	Heather	Abbey	s	0	0.0	0	0.0	1	100.0	2	99.4	2	99.3	298.6	15
27	Burrows	Elizabeth	Ackworth	s	3	98.6	0	0.0	5	97.5	8	95.5	0	0.0	291.6	16
28	Elvin	Catherine	Kirkstall	s	36	76.0	0	0.0	41	75.2	48	69.5	43	69.6	290.2	17
29	Williams	Holly	Valley S	s	0	0.0	4	97.7	6	96.9	0	0.0	8	94.9	289.5	18
30	Casey	Liz	Abbey	50	51	65.8	41	69.0	40	75.8	45	71.4	38	73.2	289.4	3
31	Skillicorn	Allison	Abbey	s	4	97.9	5	96.9	11	93.8	0	0.0	0	0.0	288.6	19
32	Buttle	Alice	Bradford Airedale 2nd	s	49	67.1	40	69.8	35	78.9	0	0.0	40	71.7	287.5	20
33	Grant	Sarah	Abbey	40	11	93.2	8	94.6	13	92.5	0	0.0	0	0.0	280.3	2
34	Almond	Tracy	Chapel Allerton	35	46	69.2	46	65.1	50	69.6	42	73.4	0	0.0	277.2	7
35	Hudson	Chloe	Valley S	s	0	0.0	47	64.3	60	63.4	41	74.0	35	75.4	277.1	21
36	Dennison	Debbie	Wetherby	45	48	67.8	45	65.9	52	68.3	0	0.0	39	72.5	274.5	3
37	Hulme-Vickerstaff	Lisa	Abbey	40	43	71.2	44	66.7	51	68.9	51	67.5	61	56.5	274.4	3
38	Warren	Liane	Ackworth	40	45	69.9	43	67.4	55	66.5	47	70.1	0	0.0	273.9	4
39	Sarell	Claire	Hyde Park	s	8	95.2	11	92.2	0	0.0	0	0.0	25	82.6	270.1	22
40	Hawkswell	Sophie	Horsforth	s	0	0.0	15	89.1	21	87.6	15	90.9	0	0.0	267.6	23
41	Wrangles	Gail	Ackworth	40	52	65.1	57	56.6	56	65.8	62	60.4	36	74.6	265.9	5
42	Willingham	Jen	Saltaire Striders	s	24	84.2	0	0.0	0	0.0	16	90.3	14	90.6	265.1	24
43	Crawford	Angie	Airecentre	50	47	68.5	56	57.4	62	62.1	54	65.6	46	67.4	263.6	4
44	Smith	Beverley	Horsforth	45	54	63.7	55	58.1	54	67.1	49	68.8	0	0.0	257.8	4
45	Tee	Deborah	Rothwell	35	76	48.6	54	58.9	64	60.9	55	64.9	50	64.5	249.2	8
46	Hart	Marie	Horsforth	50	16	89.7	37	72.1	0	0.0	22	86.4	0	0.0	248.2	5
47	Morley	Sue	Ilkley	55	64	56.8	86	34.1	65	60.2	69	55.8	45	68.1	241.1	1
48	Kerr	Jenni	Valley S	s	0	0.0	0	0.0	49	70.2	30	81.2	17	88.4	239.8	25
49	Tansley	Sharon	Valley S	s	32	78.8	32	76.0	28	83.2	0	0.0	0	0.0	238.0	26
50	Wood	Laura	STAC	s	0	0.0	71	45.7	69	57.8	56	64.3	44	68.8	236.6	27
51	Cutter	Paula	Saltaire Striders	s	75	49.3	0	0.0	59	64.0	76	51.3	42	70.3	234.9	28
52	Johnson	Angela	Horsforth	55	70	52.7	62	52.7	66	59.6	67	57.1	49	65.2	234.7	2
53	Mackenzie-Hogg	Emma	Hyde Park	s	39	74.0	0	0.0	0	0.0	34	78.6	28	80.4	233.0	29
54	Harrisson	Carmel	Rothwell	50	61	58.9	58	55.8	70	57.1	0	0.0	56	60.1	232.0	6
55	Keeton	Selina	Hyde Park	s	81	45.2	0	0.0	75	54.0	60	61.7	47	66.7	227.6	30
56	Hallam	Jane	Abbey	45	73	50.7	63	51.9	83	49.1	64	59.1	52	63.0	224.8	5
57	Love	Helen	Saltaire Striders	50	72	51.4	66	49.6	0	0.0	53	66.2	65	53.6	220.8	7
58	Camm	Jill	Kirkstall	s	37	75.3	0	0.0	46	72.0	43	72.7	0	0.0	220.1	31
59	King	Sheila	Kirkstall	45	40	73.3	0	0.0	44	73.3	46	70.8	0	0.0	217.4	6
60	Glover	Alyson	Kirkstall	45	63	57.5	67	48.8	78	52.2	66	57.8	0	0.0	216.3	7
61	Nurse	Helen	Abbey	45	62	58.2	60	54.3	80	50.9	79	49.4	66	52.9	216.3	8
62	Blackburn	Serena	Horsforth	45	0	0.0	0	0.0	47	71.4	44	72.1	41	71.0	214.5	9
63	Drake	Emma	Horsforth	40	0	0.0	70	46.5	67	59.0	65	58.4	72	48.6	212.5	6
64	Cross	Stella	Abbey	50	0	0.0	64	51.2	72	55.9	93	40.3	51	63.8	211.1	8
65	Gooch	Rebecca	Chapel Allerton	40	65	56.2	65	50.4	90	44.7	78	50.0	84	39.9	201.3	7
66	Willis	Liz	Abbey	45	98	33.6	76	41.9	88	46.0	77	50.6	54	61.6	200.1	10
67	Mawer	Lisa	Wetherby	40	0	0.0	0	0.0	2	99.4	0	0.0	1	100.0	199.4	8
68	Morris	Lynne	Airecentre	60	83	43.8	74	43.4	89	45.3	71	54.5	63	55.1	198.8	1
69	De Sar	Rebecca	Saltaire Striders 2nd	35	0	0.0	0	0.0	0	0.0	6	96.8	4	97.8	194.6	9
70	Brown	Louise	Rothwell	s	57	61.6	0	0.0	57	65.2	0	0.0	48	65.9	192.8	32
71	Foley	Kate	Chapel Allerton	s	50	66.4	51	61.2	0	0.0	59	62.3	0	0.0	190.0	33
72	Gannon	Brenda	Hyde Park	35	0	0.0	49	62.8	48	70.8	0	0.0	62	55.8	189.4	10
73	Coverdale	Sarah	Ackworth	40	71	52.1	75	42.6	87	46.6	82	47.4	0	0.0	188.7	9

74	Wright	Kirsty	Wetherby	s	86	41.8	79	39.5	77	52.8	0	0.0	69	50.7	184.8	34
75	Goddard	Susie	Chapel Allerton	s	0	0.0	13	90.7	14	91.9	0	0.0	0	0.0	182.6	35
76	Kirkham	Katherine	Wharfedale	s	14	91.1	0	0.0	17	90.1	0	0.0	0	0.0	181.2	36
77	McDonald-Leach	Maria	Ackworth 2nd	40	89	39.7	69	47.3	82	49.7	88	43.5	0	0.0	180.2	10
78	Wood	Pat	Ackworth	55	80	45.9	0	0.0	102	37.3	81	48.1	73	47.8	179.0	3
79	Hurst	Bev	Horsforth	45	67	54.8	52	60.5	0	0.0	57	63.6	0	0.0	178.9	11
80	Goodson	Laura	Valley S	s	0	0.0	18	86.8	0	0.0	17	89.6	0	0.0	176.4	37
81	Ramsden	Denise	Rothwell	45	90	39.0	84	35.7	94	42.2	75	51.9	82	41.3	174.5	12
82	Conlin-Smith	Rachel	Chapel Allerton	35	18	88.4	21	84.5	0	0.0	0	0.0	0	0.0	172.9	11
83	Bennet	Alison	Ilkley	50	0	0.0	0	0.0	0	0.0	23	85.7	19	87.0	172.7	9
84	Antcliff	Adele	Rothwell	s	78	47.3	0	0.0	68	58.4	52	66.9	0	0.0	172.5	38
85	Neilson	Rhona	Airecentre	35	82	44.5	83	36.4	92	43.5	85	45.5	95	31.9	169.9	12
86	Ward	Vicky	Horsforth	35	88	40.4	0	0.0	104	36.0	92	40.9	67	52.2	169.5	13
87	Seims	Amanda	Valley S	s	0	0.0	0	0.0	0	0.0	27	83.1	22	84.8	167.9	39
88	Wood	Liz	Valley S	35	0	0.0	0	0.0	38	77.0	21	87.0	0	0.0	164.0	14
89	Darley	Jacky	Wetherby	50	92	37.7	77	41.1	110	32.3	99	36.4	76	45.7	160.8	10
90	Oldale	Shirley	Eccleshill	s	31	79.5	0	0.0	33	80.1	0	0.0	0	0.0	159.6	40
91	Smith	Emma	Ackworth 2nd	35	97	34.2	113	13.2	76	53.4	91	41.6	100	28.3	157.5	15
92	Pattinson	Angie	Horsforth	40	33	78.1	29	78.3	0	0.0	0	0.0	0	0.0	156.4	11
93	Cliff	Janet	Chapel Allerton	50	94	36.3	81	38.0	116	28.6	94	39.6	81	42.0	155.9	11
94	Hurndall	Lucy	Horsforth	35	0	0.0	35	73.6	36	78.3	0	0.0	0	0.0	151.9	16
95	Tombs	Gail	Abbey	55	77	47.9	0	0.0	91	44.1	68	56.5	0	0.0	148.5	4
96	Marchant	Carmen	Rothwell	35	34	77.4	39	70.5	0	0.0	0	0.0	0	0.0	147.9	17
97	Coy	Gaenor	Ilkley	35	0	0.0	0	0.0	85	47.8	86	44.8	64	54.3	147.0	18
98	Cowley	Helen	Kippax	35	79	46.6	72	45.0	0	0.0	72	53.9	0	0.0	145.4	19
99	Burrows-Bilton	Victoria	Ackworth	s	41	72.6	0	0.0	109	32.9	100	35.7	0	0.0	141.2	41
100	Ricci	Alison	Ilkley	45	0	0.0	0	0.0	0	0.0	58	63.0	37	73.9	136.9	13
101	Davies	Carol	Rothwell	55	44	70.5	50	62.0	0	0.0	0	0.0	0	0.0	132.6	5
102	Cooke	Rachel	Ackworth	45	55	63.0	0	0.0	53	67.7	0	0.0	0	0.0	130.7	14
103	Palmer	Kelly	Kippax	55	108	26.7	119	8.5	115	29.2	84	46.1	102	26.8	128.8	6
104	Spencer	Collette	Kirkstall	35	0	0.0	82	37.2	97	40.4	80	48.7	0	0.0	126.3	20
105	Sharpe	Julie	Wetherby	s	56	62.3	48	63.6	0	0.0	0	0.0	0	0.0	125.9	42
106	Knaption	Fiona	Wetherby	35	0	0.0	87	33.3	0	0.0	89	42.9	71	49.3	125.5	21
107	Thompson	Julie	Chapel Allerton	s	0	0.0	0	0.0	63	61.5	0	0.0	55	60.9	122.4	43
108	Hargreaves	Lynda	Wharfedale	45	93	37.0	96	26.4	0	0.0	120	22.7	90	35.5	121.6	15
109	Hepburn	Wendy	Abbey	60	122	17.1	99	24.0	100	38.5	115	26.0	94	32.6	121.1	2
110	Ackroyd	Jackie	Airecentre 2nd	50	53	64.4	59	55.0	0	0.0	0	0.0	0	0.0	119.4	12
111	Smith	Sarah	Valley S	45	60	59.6	53	59.7	0	0.0	0	0.0	0	0.0	119.3	16
112	Higgins	Louise	Saltaire Striders	40	0	0.0	0	0.0	103	36.6	97	37.7	80	42.8	117.1	12
113	Keenan	Jo	Wetherby	40	123	16.4	95	27.1	107	34.2	126	18.8	89	36.2	116.4	13
114	Muir	Marion	Kirkstall	s	0	0.0	0	0.0	73	55.3	61	61.0	0	0.0	116.3	44
115	Moran	Carol	Kirkstall	50	111	24.7	111	14.7	114	29.8	107	31.2	97	30.4	116.1	13
116	Cheung	Michelle	Wetherby	40	0	0.0	80	38.8	86	47.2	109	29.9	0	0.0	115.8	14
117	Chapman	Wendy	Kippax	50	100	32.2	78	40.3	95	41.6	0	0.0	0	0.0	114.1	14
118	James	Julie	STAC	45	0	0.0	0	0.0	0	0.0	73	53.2	59	58.0	111.2	17
119	Skidmore	Louise	Kirkstall	s	74	50.0	0	0.0	0	0.0	63	59.7	0	0.0	109.7	45
120	Steele	Julie	Eccleshill	45	96	34.9	0	0.0	117	28.0	124	20.1	103	26.1	109.1	18
121	Sheldrake	Colette	Bradford Airedale	s	68	54.1	61	53.5	0	0.0	0	0.0	0	0.0	107.6	46
122	Gray	Cath	Horsforth	50	126	14.4	109	16.3	106	34.8	117	24.7	101	27.5	103.3	15
123	Lane	Hilary	Abbey	50	69	53.4	68	48.1	0	0.0	0	0.0	0	0.0	101.5	16
124	Freeman	Janette	Horsforth	40	0	0.0	0	0.0	71	56.5	0	0.0	78	44.2	100.7	15
125	Morris	Tracey	Valley S	40	1	100.0	0	0.0	0	0.0	0	0.0	0	0.0	100.0	16
126	Jones	Gill	Eccleshill	55	103	30.1	0	0.0	130	19.9	101	35.1	119	14.5	99.6	7
127	Durkin	Linda	Kippax	45	101	31.5	91	30.2	0	0.0	0	0.0	87	37.7	99.4	19
128	Barclay	Emma	Ilkley	40	0	0.0	0	0.0	0	0.0	4	98.1	0	0.0	98.1	17
129	Farrow	Catherine	Ilkley	35	0	0.0	0	0.0	0	0.0	7	96.1	0	0.0	96.1	22
130	Wilyman	Lisa	Valley S	35	0	0.0	0	0.0	0	0.0	0	0.0	9	94.2	94.2	23
131	Hollingworth	Anna	Hyde Park 2nd	s	118	19.9	110	15.5	122	24.8	104	33.1	0	0.0	93.3	47
132	Clark	Laura	Valley S	s	0	0.0	0	0.0	0	0.0	0	0.0	12	92.0	92.0	48
133	Lee	Amicia	LUCCC	s	13	91.8	0	0.0	0	0.0	0	0.0	0	0.0	91.8	49
134	Forwood	Nicola	Hyde Park	s	0	0.0	85	34.9	81	50.3	146	5.8	0	0.0	91.0	50
135	Ferguson	Anya	Abbey	s	85	42.5	0	0.0	84	48.4	0	0.0	0	0.0	90.9	51
136	Hemsley	Tamara	Wharfedale	35	0	0.0	0	0.0	16	90.7	0	0.0	0	0.0	90.7	24
137	Curtis	Natalie	Ilkley	40	17	89.0	0	0.0	0	0.0	0	0.0	0	0.0	89.0	18
138	Nancolas	Hayley	Valley S	s	0	0.0	0	0.0	0	0.0	0	0.0	18	87.7	87.7	52
139	Ramsden	Carol	Horsforth	50	109	26.0	0	0.0	118	27.3	103	33.8	0	0.0	87.1	17
140	Widdowson	Diane	Ackworth	45	0	0.0	93	28.7	113	30.4	113	27.3	0	0.0	86.4	20
141	Scanlan	Emma	Rothwell	35	117	20.5	0	0.0	96	41.0	118	24.0	0	0.0	85.6	25
142	Pankhurst	Kate	Hyde Park	s	0	0.0	97	25.6	126	22.4	98	37.0	0	0.0	85.0	53
143	Radcliffe	Emma	Chapel Allerton 2nd	s	0	0.0	0	0.0	26	84.5	0	0.0	0	0.0	84.5	54
144	Swallow	Helen	STAC	45	0	0.0	0	0.0	0	0.0	105	32.5	70	50.0	82.5	21
145	Harrison	Kelly	Ilkley	s	0	0.0	0	0.0	31	81.4	0	0.0	0	0.0	81.4	55
146	Taylor	Lynn	Abbey	45	102	30.8	98	24.8	121	25.5	0	0.0	0	0.0	81.1	22
147	Fallon	Lynne	STAC	55	0	0.0	117	10.1	141	13.0	112	27.9	98	29.7	80.8	8
148	Carpenter	Gemma	Ilkley	s	0	0.0	0	0.0	99	39.1	0	0.0	85	39.1	78.3	56
149	Stead	Julie	Airecentre	45	116	21.2	122	6.2	135	16.8	131	15.6	105	24.6	78.2	23
150	Streets	Rebecca	Kirkstall	s	0	0.0	0	0.0	0	0.0	0	0.0	32	77.5	77.5	57

151	Butcher	Lisa	Eccleshill	s	91	38.4	0	0.0	0	0.0	95	39.0	0	0.0	77.3	58
152	Dodd	Emma	Wharfedale	s	35	76.7	0	0.0	0	0.0	0	0.0	0	0.0	76.7	59
153	Hill	Becky	Horsforth	s	0	0.0	0	0.0	0	0.0	37	76.6	0	0.0	76.6	60
154	Cooper	Karen	Ackworth	40	125	15.1	107	17.8	119	26.7	129	16.9	0	0.0	76.5	19
155	Holland	Christy	Bradford Airedale	s	110	25.3	112	14.0	123	24.2	0	0.0	122	12.3	75.8	61
156	Felton	Gillian	Valley S	45	0	0.0	0	0.0	111	31.7	87	44.2	0	0.0	75.8	24
157	Hepburn	Emily	Abbey	s	0	0.0	88	32.6	93	42.9	0	0.0	0	0.0	75.4	62
158	Penrose	Kate	Kippax	55	121	17.8	114	12.4	140	13.7	122	21.4	108	22.5	75.4	9
159	Kotlyar	Daisy	Hyde Park	s	0	0.0	33	75.2	0	0.0	0	0.0	0	0.0	75.2	63
160	Barnes	Phillippa	Chapel Allerton	s	0	0.0	0	0.0	0	0.0	40	74.7	0	0.0	74.7	64
161	Hall	Ann	Abbey	45	38	74.7	0	0.0	0	0.0	0	0.0	0	0.0	74.7	25
162	Walker	Eleanor	Abbey	s	0	0.0	34	74.4	0	0.0	0	0.0	0	0.0	74.4	65
163	Smale	Michelle	STAC	45	0	0.0	0	0.0	0	0.0	110	29.2	77	44.9	74.1	26
164	Foreman	Janet	Ackworth	40	0	0.0	0	0.0	43	73.9	0	0.0	0	0.0	73.9	20
165	Lofthouse	Kate	Ilkley	50	115	21.9	0	0.0	136	16.1	127	18.2	115	17.4	73.6	18
166	Humphreys	Clare	Chapel Allerton	s	0	0.0	0	0.0	45	72.7	0	0.0	0	0.0	72.7	66
167	Mabey	Claire	Bradford Airedale	s	42	71.9	0	0.0	0	0.0	0	0.0	0	0.0	71.9	67
168	Pennington	Helen	Saltaire Striders	40	0	0.0	0	0.0	105	35.4	102	34.4	0	0.0	69.8	21
169	Winter	Lindsay	Eccleshill	s	114	22.6	0	0.0	0	0.0	83	46.8	0	0.0	69.4	68
170	Fox	Gillian	Wetherby	40	106	28.1	0	0.0	0	0.0	0	0.0	83	40.6	68.7	22
171	Eyres	Michelle	Saltaire Striders	45	107	27.4	103	20.9	0	0.0	0	0.0	111	20.3	68.6	27
172	McDowell	Lisa	STAC	40	0	0.0	101	22.5	129	20.5	0	0.0	104	25.4	68.3	23
173	Ratcliffe	Sheila	Abbey	45	0	0.0	42	68.2	0	0.0	0	0.0	0	0.0	68.2	28
174	Spencer	Danielle	Kirkstall	s	0	0.0	0	0.0	0	0.0	50	68.2	0	0.0	68.2	69
175	Young	Caroline	Rothwell	s	99	32.9	0	0.0	0	0.0	0	0.0	91	34.8	67.7	70
176	Longfellow	Karen	Kirkstall	45	0	0.0	120	7.8	134	17.4	125	19.5	109	21.7	66.4	29
177	Thornley	Tashi	Kirkstall	s	0	0.0	0	0.0	58	64.6	0	0.0	0	0.0	64.6	71
178	Walker	Shirley	Horsforth	60	0	0.0	116	10.9	131	19.3	128	17.5	117	15.9	63.6	3
179	Raven	Julie	Horsforth	35	0	0.0	0	0.0	61	62.7	0	0.0	0	0.0	62.7	26
180	Owen	Mel	Ackworth	35	128	13.0	115	11.6	137	15.5	134	13.6	112	19.6	61.7	27
181	Rhodes	Ann	Ackworth	55	0	0.0	0	0.0	112	31.1	108	30.5	0	0.0	61.6	10
182	Sedgwick	Lynne	Ackworth	s	58	61.0	0	0.0	0	0.0	0	0.0	0	0.0	61.0	72
183	Carpenter	Liz	Horsforth	40	59	60.3	0	0.0	0	0.0	0	0.0	0	0.0	60.3	24
184	Hall	Amanda	Airecentre	40	0	0.0	0	0.0	0	0.0	111	28.6	96	31.2	59.7	25
185	Robinson	Kate	Abbey	s	0	0.0	0	0.0	0	0.0	0	0.0	57	59.4	59.4	73
186	Heseltine	Jo	Rothwell	45	0	0.0	0	0.0	0	0.0	0	0.0	58	58.7	58.7	30
187	Naylor	Shelee	Ackworth	45	129	12.3	0	0.0	139	14.3	133	14.3	116	16.7	57.6	31
188	Brown	Sophie	Ilkley	40	0	0.0	0	0.0	0	0.0	0	0.0	60	57.2	57.2	26
189	Spedding	Karen	Ackworth	40	0	0.0	104	20.2	138	14.9	121	22.1	0	0.0	57.1	27
190	Taverner	Kate	Horsforth	45	0	0.0	0	0.0	132	18.6	135	13.0	106	23.9	55.5	32
191	Bickerdike	Sue	Ilkley	40	0	0.0	0	0.0	0	0.0	70	55.2	0	0.0	55.2	28
192	Joy	Danielle	Abbey	40	0	0.0	0	0.0	74	54.7	0	0.0	0	0.0	54.7	29
193	Illingworth	Avril	Abbey	35	0	0.0	102	21.7	0	0.0	106	31.8	0	0.0	53.5	28
194	Donohue	Lynn	Ilkley	45	0	0.0	0	0.0	0	0.0	74	52.6	0	0.0	52.6	33
195	Smith	Hazel	Rothwell	35	0	0.0	0	0.0	79	51.6	0	0.0	0	0.0	51.6	29
196	Bird	Phyllippa	Chapel Allerton	s	0	0.0	0	0.0	0	0.0	0	0.0	68	51.4	51.4	74
197	Williamson	Sue	Ilkley	45	0	0.0	0	0.0	0	0.0	123	20.8	99	29.0	49.8	34
198	Duncan	Jules	Wetherby	45	0	0.0	0	0.0	0	0.0	0	0.0	74	47.1	47.1	35
199	Payne	Emma	Ilkley	35	0	0.0	0	0.0	0	0.0	119	23.4	107	23.2	46.6	30
200	Wheeler	Debra	Wetherby	50	0	0.0	0	0.0	0	0.0	0	0.0	75	46.4	46.4	19
201	Beecroft	Janet	Rothwell	45	0	0.0	73	44.2	0	0.0	0	0.0	0	0.0	44.2	36
202	Dickinson	Tina	Horsforth	50	0	0.0	0	0.0	0	0.0	0	0.0	79	43.5	43.5	20
203	George	Sandy	Ackworth	45	84	43.2	0	0.0	0	0.0	0	0.0	0	0.0	43.2	37
204	Duggleby	Kay	Valley S	45	0	0.0	0	0.0	0	0.0	90	42.2	0	0.0	42.2	38
205	Cameron	Rhona	Kirkstall	50	0	0.0	0	0.0	124	23.6	0	0.0	114	18.1	41.7	21
206	Goldthorpe	Helen	Kirkstall	s	87	41.1	0	0.0	0	0.0	0	0.0	0	0.0	41.1	75
207	Aston	Lou	Kippax	s	0	0.0	0	0.0	98	39.8	0	0.0	0	0.0	39.8	76
208	Stocks	Jill	Kirkstall	s	127	13.7	0	0.0	0	0.0	116	25.3	0	0.0	39.0	77
209	Clayton	Mary	Wharfedale	s	0	0.0	0	0.0	0	0.0	0	0.0	86	38.4	38.4	78
210	Reddington	Liz	Valley S	50	0	0.0	0	0.0	0	0.0	96	38.3	0	0.0	38.3	22
211	Glynn	Janet	Hyde Park	35	105	28.8	118	9.3	0	0.0	0	0.0	0	0.0	38.1	31
212	Buccilli	Claire	STAC	40	0	0.0	0	0.0	101	37.9	0	0.0	0	0.0	37.9	30
213	Martin	Liz	Wetherby	40	130	11.6	0	0.0	144	11.2	132	14.9	0	0.0	37.8	31
214	Henstock	Liz	Kirkstall	s	0	0.0	0	0.0	0	0.0	0	0.0	88	37.0	37.0	79
215	Donaghy	Denise	Hyde Park	35	95	35.6	0	0.0	0	0.0	0	0.0	0	0.0	35.6	32
216	Johnson	Anne	Ackworth	50	120	18.5	108	17.1	0	0.0	0	0.0	0	0.0	35.5	23
217	Russell	Donna	Chapel Allerton	35	0	0.0	0	0.0	0	0.0	0	0.0	92	34.1	34.1	33
218	Bell	Valerie	Wetherby	45	0	0.0	0	0.0	108	33.5	0	0.0	0	0.0	33.5	39
219	Gibbons	Bernie	Ilkley	55	0	0.0	0	0.0	0	0.0	0	0.0	93	33.3	33.3	11
220	Britton	Angela	Chapel Allerton	50	0	0.0	89	31.8	0	0.0	0	0.0	0	0.0	31.8	24
221	Middleton	Helen	Saltaire Striders	s	0	0.0	90	31.0	0	0.0	0	0.0	0	0.0	31.0	80
222	Eden	Lynne	Ilkley	65	140	4.8	0	0.0	148	8.7	143	7.8	127	8.7	30.0	1
223	Braham	Linda	Airecentre	55	139	5.5	126	3.1	153	5.6	141	9.1	126	9.4	29.6	12
224	Venner	Fiona	Chapel Allerton	35	0	0.0	92	29.5	0	0.0	0	0.0	0	0.0	29.5	34
225	Guy	Gemma	Ackworth	s	104	29.5	0	0.0	0	0.0	0	0.0	0	0.0	29.5	81
226	Elmes	Julie	Ilkley	40	0	0.0	0	0.0	151	6.8	140	9.7	123	11.6	28.2	32
227	Davies	Janet	Ackworth	55	0	0.0	94	27.9	0	0.0	0	0.0	0	0.0	27.9	13

228	Downham	Karen	Kippax	45	0	0.0	0	0.0	142	12.4	0	0.0	118	15.2	27.6	40
229	Pearson	Lindsey	Saltaire Striders	50	142	3.4	0	0.0	146	9.9	139	10.4	135	2.9	26.7	25
230	Cohen	Dena	Hyde Park	s	0	0.0	0	0.0	0	0.0	114	26.6	0	0.0	26.6	82
231	Ward	Nicola	Ackworth	35	0	0.0	0	0.0	0	0.0	136	12.3	120	13.8	26.1	35
232	Pell	Val	Kippax	50	0	0.0	0	0.0	120	26.1	0	0.0	0	0.0	26.1	26
233	Morath	Hetta	Abbey	70	135	8.2	123	5.4	155	4.3	0	0.0	128	8.0	26.0	1
234	Taylor	Vicki	Hyde Park	s	131	11.0	0	0.0	147	9.3	147	5.2	0	0.0	25.5	83
235	Thomas	Diane	Kirkstall	45	0	0.0	0	0.0	0	0.0	138	11.0	121	13.0	24.1	41
236	Crossley	Amy	Rothwell	s	112	24.0	0	0.0	0	0.0	0	0.0	0	0.0	24.0	84
237	Martin	Ann	Kippax	60	113	23.3	0	0.0	0	0.0	0	0.0	0	0.0	23.3	4
238	Panks	Joanna	Ackworth	s	0	0.0	100	23.3	0	0.0	0	0.0	0	0.0	23.3	85
239	Farnell	Sarah	Hyde Park	35	0	0.0	0	0.0	125	23.0	0	0.0	0	0.0	23.0	36
240	Dyer	Sara	Valley S	50	0	0.0	0	0.0	127	21.7	0	0.0	0	0.0	21.7	27
241	Coop	Nicki	STAC	40	0	0.0	0	0.0	128	21.1	0	0.0	0	0.0	21.1	33
242	Tesseyman	Jane	Airecentre	40	0	0.0	0	0.0	0	0.0	0	0.0	110	21.0	21.0	34
243	Line	Donna	Saltaire Striders	s	132	10.3	0	0.0	0	0.0	0	0.0	125	10.1	20.4	86
244	Rankin	Jo	Wetherby	35	136	7.5	124	4.7	150	7.5	0	0.0	0	0.0	19.6	37
245	Jefferies	Kay	Hyde Park	45	137	6.8	121	7.0	159	1.9	149	3.9	138	0.7	19.6	42
246	Thompson	Helen	Kirkstall	45	0	0.0	105	19.4	0	0.0	0	0.0	0	0.0	19.4	43
247	Tin	Lwin	Hyde Park	40	119	19.2	0	0.0	0	0.0	0	0.0	0	0.0	19.2	35
248	Harrison	Dot	Kirkstall	45	0	0.0	0	0.0	0	0.0	0	0.0	113	18.8	18.8	44
249	Shaw	Diane	Kirkstall	50	0	0.0	106	18.6	0	0.0	0	0.0	0	0.0	18.6	28
250	Foster	Sue	Hyde Park	35	0	0.0	0	0.0	133	18.0	0	0.0	0	0.0	18.0	38
251	Jackson	Helen	Hyde Park	s	0	0.0	0	0.0	0	0.0	130	16.2	0	0.0	16.2	87
252	Smith	Catherine	Saltaire Striders	s	124	15.8	0	0.0	0	0.0	0	0.0	0	0.0	15.8	88
253	Hardman	Pauline	STAC	65	0	0.0	128	1.6	158	2.5	144	7.1	133	4.3	15.5	2
254	Coffey	Maureen	Valley S	60	0	0.0	0	0.0	143	11.8	0	0.0	0	0.0	11.8	5
255	Milnes	Sue	Airecentre	50	0	0.0	0	0.0	0	0.0	137	11.7	0	0.0	11.7	29
256	Woodward	Nicky	Hyde Park	35	0	0.0	0	0.0	149	8.1	150	3.2	0	0.0	11.3	39
257	Akers	Anne	Eccleshill	50	138	6.2	127	2.3	0	0.0	151	2.6	0	0.0	11.1	30
258	Sandhu	Baldish	Kirkstall	40	0	0.0	0	0.0	0	0.0	0	0.0	124	10.9	10.9	36
259	Greenhalgh	Catherine	Saltaire Striders	35	0	0.0	0	0.0	145	10.6	0	0.0	0	0.0	10.6	40
260	Smith	Sharon	Wetherby	50	143	2.7	0	0.0	157	3.1	148	4.5	0	0.0	10.4	31
261	Green	Liz	Hyde Park	45	0	0.0	0	0.0	156	3.7	145	6.5	0	0.0	10.2	45
262	Speak	Sue	Abbey	55	133	9.6	0	0.0	0	0.0	0	0.0	0	0.0	9.6	14
263	Lund	Hilary	Hyde Park	50	134	8.9	0	0.0	0	0.0	0	0.0	0	0.0	8.9	32
264	Rawson	Emma	Rothwell	35	0	0.0	0	0.0	0	0.0	142	8.4	0	0.0	8.4	41
265	Birch	Lucy	Kippax	s	0	0.0	0	0.0	0	0.0	0	0.0	129	7.2	7.2	89
266	Hayman	Aileen	Kippax	s	0	0.0	0	0.0	0	0.0	0	0.0	130	6.5	6.5	90
267	Dale	Zoe	Hyde Park 2nd	40	0	0.0	0	0.0	152	6.2	0	0.0	0	0.0	6.2	37
268	Tawfik	Hamsa	Hyde Park	s	0	0.0	0	0.0	0	0.0	0	0.0	131	5.8	5.8	91
269	Smith	Susan	Hyde Park	50	0	0.0	0	0.0	0	0.0	0	0.0	132	5.1	5.1	33
270	Killick	Lucy	Hyde Park	s	0	0.0	0	0.0	154	5.0	0	0.0	0	0.0	5.0	92
271	Dale	Zoe	Hyde Park	40	141	4.1	0	0.0	0	0.0	0	0.0	0	0.0	4.1	38
272	Jones	Liz	Hyde Park	50	145	1.4	129	0.8	0	0.0	152	1.9	0	0.0	4.1	34
273	Thirkell	Karen	Abbey	50	0	0.0	125	3.9	0	0.0	0	0.0	0	0.0	3.9	35
274	Stone	Kath	Saltaire Striders	40	0	0.0	0	0.0	0	0.0	0	0.0	134	3.6	3.6	39
275	McDonald	Carole	Kippax	40	0	0.0	0	0.0	0	0.0	0	0.0	136	2.2	2.2	40
276	Glover	Hilary	Kirkstall	50	144	2.1	0	0.0	0	0.0	0	0.0	0	0.0	2.1	36
277	Bussey	Linda	Eccleshill	35	0	0.0	0	0.0	0	0.0	0	0.0	137	1.4	1.4	42
278	Wharam	Hilary	Horsforth	65	146	0.7	0	0.0	0	0.0	154	0.6	0	0.0	1.3	3
279	Milner	Kerry	Eccleshill	35	0	0.0	0	0.0	0	0.0	153	1.3	0	0.0	1.3	43
280	Youel	Karen	Ackworth	45	0	0.0	0	0.0	160	1.2	0	0.0	0	0.0	1.2	46
281	Pettifar	Carol	Wetherby	60	0	0.0	0	0.0	161	0.6	0	0.0	0	0.0	0.6	6