

PECO Cross Country League (2009-10): Race 4 (John Smeaton)

Ladies Premier Division

Position	Club	Scoring Runners					Penalty Points	Total Points
		1	2	3	4	5		
1	Abbey	3	7	12	14	15	0	51
2	Kirkstall	1	6	9	11	29	0	56
3	Horsforth	5	16	20	21	27	0	89
4	Kippax	4	8	52	54	59	0	177
5	Ilkley	55	56	61	69	81	0	322
6	Rothwell	26	48	102	102	102	75	455
7	Dragons	46	63	102	102	102	75	490

Ladies First Division

Position	Club	Scoring Runners				Penalty Points	Total Points
		1	2	3	4		
1	Ackworth	2	17	32	60	0	111
2	Chapel Allerton	13	31	38	39	0	121
3	St Bede's	24	25	43	45	0	137
4	Virgin Active	10	33	36	68	0	147
5	STAC	30	57	62	74	0	223
6	Valley Striders	18	22	102	102	50	244
7	Airecentre	40	66	71	85	0	262
8	Eccleshill	76	80	95	102	25	353

Ladies Vets League

Position	Club	Scoring Runners			Total Points
		35+	45+	55+	
1	Abbey	3	7	72	82
2	Kippax	8	54	73	135
3	Horsforth	16	70	58	144
4	STAC	57	62	30	149
5	St Bede's	25	43	102	170
6	Rothwell	48	26	102	176
7	Ackworth	60	17	102	179
8	Kirkstall	37	67	102	206
9	Airecentre	40	71	102	213
10	Valley Str.	102	18	102	222
11	Ilkley	55	81	91	227
12	Chapel Allerton	42	88	102	232
13	Dragons	102	63	102	267
14	Virgin Active	68	99	102	269
15	Eccleshill	95	76	102	273