PECO Cross Country League (2009-10): Race 3 (Nell Bank)

Men's Premier Division

Position	Club	Scoring runners								Penalty Points	Total Points
		1	2	3	4	5	6	7	8		
1	Abbey	4	5	7	8	15	17	25	30	0	**111**
2	Ilkley	1	2	11	18	19	21	22	29	0	**123**
3	Valley Str.	3	6	9	28	38	45	48	51	0	**228**
4	Horsforth	13	23	26	31	35	39	83	93	0	**343**
5	Rothwell	24	37	55	58	82	107	129	154	0	**646**
6	STAC	43	46	75	92	95	119	135	146	0	**751**
7	Ackworth	10	124	139	142	155	157	162	165	0	**1054**

Men's First Division

Position	Club	Scoring Runners								Penalty Points	Total Points
		1	2	3	4	5	6	7	8		
1	Kirkstall	12	50	61	63	78	81	86	87	0	**518**
2	Virgin Active	20	44	57	62	80	85	97	104	0	**549**
3	St Bede's	14	59	60	67	71	96	111	127	0	**605**
4	Chapel Allerton	36	47	64	90	99	101	109	113	0	**659**
5	Airecentre	98	114	130	133	134	137	147	159	0	**1052**
6	Eccleshill	53	66	128	149	169	170	170	170	150	**1225**
7	York Postal	27	52	122	170	170	170	170	170	250	**1301**
8	Dragons	16	108	138	170	170	170	170	170	250	**1362**
9	Kippax	106	120	158	170	170	170	170	170	250	**1484**
10=	Woodkirk	170	170	170	170	170	170	170	170	400	**1760**
10=	Fellandale	170	170	170	170	170	170	170	170	400	**1760**

Men's Vets League

Position	Club	Scoring Runners						Total Points
		40	40+	40+	50+	50+	60+	
1	Horsforth	13	26	35	23	31	83	**211**
2	Ilkley	18	21	32	19	22	151	**263**
3	Abbey	8	15	30	25	125	150	**353**
4	Valley Str.	6	38	45	105	112	88	**394**
5	Virgin Active	20	80	85	62	104	170	**521**
6	Rothwell	24	37	58	107	170	129	**525**
7	St Bede's	67	96	111	59	71	170	**574**
8	STAC	43	119	135	146	153	46	**642**
9	Eccleshill	53	66	128	169	170	149	**735**
10	Kirkstall	78	86	87	148	170	170	**739**
11	Ackworth	10	142	167	124	155	157	**755**
12	Airecentre	98	114	137	130	134	147	**760**
13	Chapel Allerton	90	113	126	101	170	170	**770**
14	Dragons	16	138	170	108	170	170	**772**
15	York Postal	170	170	170	27	170	170	**877**
16	Kippax	120	158	170	170	170	170	**958**
17=	Fellandale	170	170	170	170	170	170	**1020**
17=	Woodkirk	170	170	170	170	170	170	**1020**