

PECO Cross Country League 2018-19: Race 5 (Roundhay Park)
Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	4562	Marsh	Nathan	Tonbridge AC	MSEN	26:17	1		Y
2	4436	Forrest	Terence	Ackworth Road Runners	MSEN	26:28	2		
3	3716	Stratton	Tim	LUJCCC	MSEN	26:39	3	Y	
4	4498	Howie	Robin	Wharfedale Harriers	MSEN	27:02	4		
5	4223	Hallam	Matthew	Valley Striders	MSEN	27:24	5		
6	4032	Baldwin	Tim	Saltaire Striders	MSEN	27:37	6		
7	4028	Wills	Jonathan	Roundhay Runners	M40	27:56	1		
8	4710	Kershaw	Andrew	Southport Waterloo AC	MSEN	28:25	7		Y
9	4372	Watson	Sam	Wharfedale Harriers	MSEN	28:42	8		
10	4497	Holmes	Christian	Wharfedale Harriers	M45	28:45	1		
11	3046	Midgley	Tim	Abbey Runners	M35	28:45	1	Y	
12	4494	Athersmith	Lee	Wharfedale Harriers	M35	28:48	2		
13	4322	Millgate	Paul	Wetherby Runners AC	M45	28:52	2		
14	3503	Lomas	Adam	Hyde Park Harriers	MSEN	28:57	9		
15	4706	Ellwood	Ian	York Postal Harriers	MSEN	29:04	10	Y	
16	4527	Jordan	Rupert	Hyde Park Harriers	MSEN	29:07	11		
17	3938	Jenner	Tim	Roundhay Runners	MSEN	29:09	12		
18	4338	Driver	David	Wharfedale Harriers	M35	29:10	3		
19	2834	Muir	Jack	Wharfedale Harriers	MSEN	29:13	13		
20	3550	Gott	Steven	Ilkley Harriers	M40	29:15	2		
21	3673	Young	Jonathan	Kirkstall Harriers	MSEN	29:16	14		
22	4260	Pownall	Jon	Valley Striders	MSEN	29:19	15		
23	4164	Herrington	Richard	St Therasas AC	M35	29:19	4		
24	4283	Venning	Tom	Valley Striders	M40	29:20	3		
25	3535	Vargas	Michael	Hyde Park Harriers	MSEN	29:22	16		
26	3933	Holder	Jacob	Roundhay Runners	MSEN	29:24	17		
27	3454	Bagot	David	Hyde Park Harriers	MSEN	29:26	18	Y	
28	4526	Carrier	Andrew	Hyde Park Harriers	MSEN	29:27	19		
29	3787	Wakelin	Luke	Nidd Valley Road Runners	MSEN	29:28	20		
30	3975	Pinn	Steve	Roundhay Runners	M40	29:31	4		
31	4062	Fillingham	Martin	Saltaire Striders	M45	29:34	3		
32	4631	Bryant	Mark	Harrogate Harriers & AC	M45	29:36	4		
33	3335	Richardson	Timothy	Harrogate Harriers & AC	MSEN	29:39	21		
34	3391	Edmondson	Neal	Horsforth Harriers	MSEN	29:40	22		
35	4715	Matthews	Robbie	Ilkley Harriers	MSEN	29:42	23		Y
36	3036	Jones	Simon	Abbey Runners	MSEN	29:48	24		
37	3957	Moakler	Ben	Roundhay Runners	M35	29:54	5		
38	4089	Kerr	Will	Saltaire Striders	M40	29:54	5		
39	3484	Goose	Philip	Hyde Park Harriers	MSEN	29:55	25		
40	4046	Brown	Andy	Saltaire Striders	M50	29:57	1		
41	4696	Daly	Robert	Roundhay Runners	MSEN	29:58	26	Y	
42	3117	Newton	Simon	Ackworth Road Runners	M40	29:59	6		
43	3820	Fleming	Andrew	Rothwell Harriers & AC	M35	30:01	6		
44	4366	Stirk	Adam	Wharfedale Harriers	MSEN	30:02	27		
45	3920	Gibbs	Richard	Roundhay Runners	M40	30:05	7		
46	4350	Kirkham	David	Wharfedale Harriers	M40	30:06	8		
47	4243	Lippiatt	Huw	Valley Striders	M45	30:10	5		
48	3619	Coldwell	Ben	Kirkstall Harriers	MSEN	30:16	28		
49	4373	Willis	Ian	Wharfedale Harriers	M45	30:23	6	Y	
50	4649	Blackburn	Ross	Rothwell Harriers & AC	MSEN	30:26	29		
51	4675	Walker	Bradley	Ackworth Road Runners	MSEN	30:29	30		
52	4018	Walker	Bobak	Roundhay Runners	M35	30:31	7		

53	4496	Charlesworth	Nicholas	Wharfedale Harriers	M50	30:33	2		
54	3272	Forey	Jonathan	Dragons Running Club	M50	30:34	3		
55	4264	Robins	Daniel	Valley Striders	M35	30:36	8		
56	4249	Mann	Gary	Valley Striders	M35	30:39	9		
57	3408	Johnston	Ben	Horsforth Harriers	M35	30:39	10		
58	4114	Richardson	Matthew	Saltaire Striders	M35	30:41	11		
59	3632	Hipkiss	Jack	Kirkstall Harriers	MSEN	30:43	31		
60	4197	Ball	Jonathan	Valley Striders	M40	30:45	9		
61	3891	Carvello	James	Roundhay Runners	M40	30:48	10		
62	4356	Mcguire	Dave	Wharfedale Harriers	M50	30:48	4		
63	3960	Morton	Joseph	Roundhay Runners	M35	30:50	12		
64	4057	Dunbar	Stuart	Saltaire Striders	M55	30:53	1		
65	3207	Dearden	Mike	Chapel Allerton RC	M35	30:57	13		
66	3690	Morland	Stephen	Knaresborough Striders	M45	30:58	7		
67	3214	Greenland	Rob	Chapel Allerton RC	M45	31:01	8		
68	4318	Kwallah	Joseph	Wetherby Runners AC	M50	31:04	5		
69	3505	Marquina	Daniel	Hyde Park Harriers	MSEN	31:05	32		
70	3802	Harrison	Ian	Rodillian Runners	M35	31:06	14		Y
71	3630	Hardy	Lee	Kirkstall Harriers	M35	31:06	15		
72	3190	Teggart	David	Bradford Airedale AC	M40	31:08	11		
73	3366	Lynch	Tom	Horsforth Fellandale	M35	31:10	16		Y
74	4279	Thomas	Gwilym	Valley Striders	M40	31:11	12		
75	3421	Plummer	Barnabas	Horsforth Harriers	MSEN	31:12	33		
76	4183	Newsome	Paul	St Therasas AC	M45	31:12	9		
77	4514	Thomson	John	Ackworth Road Runners	MSEN	31:15	34		
78	3179	Forsyth	Andrew	Askern District RC	M55	31:16	2		Y
79	4381	Ellwood	Glynn	York Postal Harriers	MSEN	31:16	35		
80	4623	Parke	Callum	Ackworth Road Runners	MSEN	31:17	36		
81	3701	Welton	Ted	Knaresborough Striders	M45	31:18	10		
82	3459	Bowen	Michael	Hyde Park Harriers	M35	31:20	17		
83	4692	Roberts	Hal	Kirkstall Harriers	MSEN	31:24	37		Y
84	4314	Holt	Mark	Wetherby Runners AC	M40	31:26	13		
85	4628	Dowdeswell	Jake	Dragons Running Club	MSEN	31:27	38		
86	3397	Gidlow	Paul	Horsforth Harriers	M40	31:28	14		
87	4439	Walker	Gavin	Ackworth Road Runners	MSEN	31:30	39		
88	3870	Westmoreland	Jason	Rothwell Harriers & AC	M50	31:33	6		
89	4501	Pratt	Daniel	Wharfedale Harriers	M35	31:39	18		
90	3479	Fulton	Aron	Hyde Park Harriers	MSEN	31:40	40		
91	3785	Todd	Andy	Nidd Valley Road Runners	M55	31:43	3		
92	3176	Walker	Richard	Airecentre Pacers	M40	31:46	15		
93	4178	Maudsley	Ian	St Therasas AC	M35	31:49	19		
94	3109	Lines	Charles	Ackworth Road Runners	M55	31:50	4		
95	3362	Wynn	Tom	Harrogate Tri Club	MSEN	31:50	41		
96	3814	Brown	Paul	Rothwell Harriers & AC	M50	31:50	7		
97	4440	Lam	Cheuk	Bradford Airedale AC	MSEN	31:51	42		
98	3704	Wright	James	Knaresborough Striders	MSEN	31:55	43		
99	3315	Harris	Tom	Harrogate Harriers & AC	MSEN	31:56	44		
100	3424	Roebuck	Chris	Horsforth Harriers	M40	32:00	16		
101	4064	Fowler	Steven	Saltaire Striders	M45	32:02	11		
102	3037	Jones	Simon	Abbey Runners	M45	32:03	12		
103	3520	Rhodes	Steve	Hyde Park Harriers	M55	32:04	5		
104	4282	Vallance	Simon	Valley Striders	M50	32:06	8		
105	3881	Blakeley	Matthew	Roundhay Runners	M45	32:09	13		
106	3010	Clark	Cal	Abbey Runners	MSEN	32:09	45		
107	3150	Worthington	Joe	Ackworth Road Runners	M40	32:10	17		

108	4190	Schofield	George	St Therasas AC	MSEN	32:10	46		
109	4331	Whiting	Darren	Wetherby Runners AC	MSEN	32:13	47		
110	3872	Wilson	Matthew	Rothwell Harriers & AC	M40	32:17	18		
111	3976	Powell	Edward	Roundhay Runners	M35	32:17	20		
112	3161	Gwilym	Owain	Airecentre Pacers	M35	32:20	21		
113	4234	Jones	Graham	Valley Striders	M50	32:25	9		
114	4569	Gibb	Ewan	Saltaire Striders	MSEN	32:26	48		
115	3754	Lofthouse	Martin	Nidd Valley Road Runners	M50	32:30	10		
116	3196	Armitstead	Simon	Chapel Allerton RC	MSEN	32:32	49		
117	4442	Lister	Mike	Chapel Allerton RC	MSEN	32:38	50		
118	4702	Bond	Richard	Saltaire Striders	M40	32:39	19		
119	3124	Roberts	James	Ackworth Road Runners	MSEN	32:39	51		
120	3208	Fall	Chris	Chapel Allerton RC	MSEN	32:46	52		
121	4614	Bandy	Clive	Valley Striders	M40	32:47	20		
122	4202	Brown	Tom	Valley Striders	M40	32:47	21		
123	4035	Bethell	Kyle	Saltaire Striders	MSEN	32:49	53		
124	3115	Needham	Jim	Ackworth Road Runners	M50	32:50	11		
125	3529	Spain	Jonathan	Hyde Park Harriers	MSEN	32:50	54		
126	4195	Kennis	Alastair	Thames Hare & Hounds	M45	32:50	14		Y
127	4320	Matthewson	Alex	Wetherby Runners AC	M35	32:53	22		
128	4387	Partridge	Simon	York Postal Harriers	M40	32:55	22		
129	3809	Wood	Paul	Rodillian Runners	M45	32:57	15		Y
130	4008	Thorpe	Andrew	Roundhay Runners	M40	33:00	23		
131	4493	Mason	Andrew	Wetherby Runners AC	MSEN	33:01	55		
132	3524	Rose	Jack	Hyde Park Harriers	MSEN	33:02	56		
133	3076	Wray-Rogers	Luke	Abbey Runners	M40	33:07	24		
134	4212	Farrell	Mark	Valley Striders	M35	33:08	23		
135	3665	Temple	Rowan	Kirkstall Harriers	MSEN	33:15	57		
136	4438	Ritucci	Rich	Ackworth Road Runners	M35	33:16	24		
137	3568	Blackburn	Peter	Kippax Harriers	M35	33:16	25		
138	3344	Stockburn	Paul	Harrogate Harriers & AC	M60	33:17	1		
139	4003	Steele	Joe	Roundhay Runners	M45	33:19	16		
140	4192	Sheppard	Ian	St Therasas AC	MSEN	33:24	58		
141	3584	Hill	Andy	Kippax Harriers	M45	33:26	17		
142	3627	Grist	Paul	Kirkstall Harriers	M50	33:27	12		
143	3245	Sutor	Richard	Chapel Allerton RC	M35	33:29	26		
144	4052	Dell'amico	Loris	Saltaire Striders	M40	33:29	25		
145	4566	Emptagh	Tristan	Wetherby Runners AC	M45	33:30	18		
146	4545	Smith	Paul	Valley Striders	M45	33:33	19		
147	3219	Hough	Paul	Chapel Allerton RC	M35	33:35	27		
148	3038	Kent	Craig	Abbey Runners	MSEN	33:36	59		
149	3234	Price	Dan	Chapel Allerton RC	MSEN	33:39	60		
150	4170	Johnson	Glen	St Therasas AC	M45	33:40	20		
151	4267	Sanderson	Ian	Valley Striders	M45	33:42	21		
152	4244	Long	Vernon	Valley Striders	M50	33:42	13		
153	3781	Street	Richard	Nidd Valley Road Runners	M35	33:43	28		
154	4524	Milton	Reece	Horsforth Harriers	MSEN	33:44	61		
155	3765	Quinn	Steff	Nidd Valley Road Runners	M50	33:47	14		
156	3222	Kent	Jonathan	Chapel Allerton RC	M35	33:50	29		
157	3185	Mills	Gerard	Bradford Airedale AC	M50	33:52	15		
158	4205	Cook	Sean	Valley Striders	M35	33:53	30		
159	4454	Jones	Luke	Horsforth Harriers	MSEN	33:55	62		
160	3195	Allison	David	Chapel Allerton RC	M45	33:59	22		
161	3922	Goddard	Billy	Roundhay Runners	M40	34:10	26		
162	4452	Brant	Greg	Horsforth Harriers	M35	34:11	31		

163	3645	Moger	Adam	Kirkstall Harriers	M40	34:12	27		
164	3830	Head	Steve	Rothwell Harriers & AC	M45	34:13	23		
165	3014	Curley	Aidan	Abbey Runners	M40	34:15	28		
166	3582	Harding	Andrew	Kippax Harriers	M45	34:17	24		
167	3515	Payne	Nick	Hyde Park Harriers	M35	34:17	32		
168	3133	Strutt	Chris	Ackworth Road Runners	M45	34:17	25		
169	3937	Jackson	Thomas	Roundhay Runners	MSEN	34:18	63		
170	4029	Yates	Jonny	Roundhay Runners	M35	34:19	33		
171	3258	Langan	Paddy	City of York AC	M45	34:20	26		Y
172	4311	Gray	Robert	Wetherby Runners AC	M55	34:23	6		
173	3702	Wilkinson	Gary	Knaresborough Striders	M45	34:24	27		
174	4024	White	Ali	Roundhay Runners	MSEN	34:25	64		
175	4257	Parton	Adam	Valley Striders	M45	34:26	28		
176	3545	Budding	Robert	Ilkley Harriers	M50	34:28	16		
177	4167	Horbury	Martin	St Therasas AC	M55	34:29	7		
178	3639	Longmate	Kevin	Kirkstall Harriers	MSEN	34:32	65		
179	3932	Hodge	Tony	Roundhay Runners	M45	34:32	29		
180	3621	Dixon	Tim	Kirkstall Harriers	MSEN	34:33	66		
181	3883	Browes	Sam	Roundhay Runners	MSEN	34:33	67		
182	3547	Duffield	Michael	Ilkley Harriers	M45	34:35	30		
183	4621	Huggins	Roy	Valley Striders	M55	34:38	8		
184	4725	Jenkin	David	Wakefield Triathlon Club	MSEN	34:41	68		Y
185	3465	Carrick	Chris	Hyde Park Harriers	M40	34:42	29		
186	3771	Scaife	Nigel	Nidd Valley Road Runners	M45	34:46	31		
187	3225	Lyons	Chris	Chapel Allerton RC	M40	34:48	30		
188	4378	Clayton	Daniel	York Postal Harriers	M45	34:50	32		
189	3572	Davy	Alan	Kippax Harriers	M40	34:54	31		
190	3766	Rickard	Matt	Nidd Valley Road Runners	M40	34:57	32		
191	4521	Moffatt	Simon	Harrogate Harriers & AC	M50	35:00	17		
192	4332	Wright	Sean	Wetherby Runners AC	MSEN	35:02	69		
193	4681	Metcalfe	Kevin	Harrogate Tri Club	M45	35:05	33		
194	3108	Leadbeater	Mark	Ackworth Road Runners	M50	35:16	18		
195	3606	Wideman	Wayne	Kippax Harriers	M40	35:17	33		
196	3532	Taylor	Lee	Hyde Park Harriers	M40	35:19	34		
197	4719	Barnes	Patrick	York Acorn Running Club	MSEN	35:23	70		Y
198	3483	Goold	Conor	Hyde Park Harriers	MSEN	35:26	71		
199	4449	Lake	Graham	Horsforth Fellandale	M40	35:27	35		Y
200	3828	Hayes	Justin	Rothwell Harriers & AC	M45	35:27	34		
201	4516	Bell	David	Chapel Allerton RC	MSEN	35:28	72		Y
202	3393	Foley	Brendan	Horsforth Harriers	M40	35:28	36		
203	3988	Robertson	Adam	Roundhay Runners	M35	35:29	34		
204	4214	Fitzgerald	Sean	Valley Striders	M35	35:30	35		
205	3886	Burton	Phil	Roundhay Runners	M50	35:32	19		
206	3740	Hainsworth	Brian	Nidd Valley Road Runners	M40	35:32	37		
207	4543	Carter	Matt	Valley Striders	M35	35:32	36		
208	4022	Weight	Dave	Roundhay Runners	M55	35:33	9		
209	3202	Calver	Rob	Chapel Allerton RC	M45	35:33	35		
210	4570	Dodds	Allan	Roundhay Runners	M40	35:36	38		
211	4630	Alton	Samuel	Harrogate Harriers & AC	MSEN	35:37	73		
212	4519	Raynes	Michael	City of York AC	M40	35:39	39		Y
213	3436	Squire	Alan	Horsforth Harriers	M50	35:42	20		
214	3069	Walsh	Sam	Abbey Runners	MSEN	35:44	74		
215	4593	Knapp	James	Nidd Valley Road Runners	MSEN	35:49	75		
216	3764	Peagram	Andrew	Nidd Valley Road Runners	M40	35:50	40		
217	4676	Cardy	Alan	City of York AC	M35	35:52	37		

218	3612	Boardman	Simon	Kirkstall Harriers	MSEN	35:55	76		
219	3786	Turner	Steven	Nidd Valley Road Runners	M45	35:57	36		
220	4011	Turner	Andy	Roundhay Runners	MSEN	35:59	77		
221	3991	Rush	Peter	Roundhay Runners	M55	36:01	10		
222	3675	Brennan	Sean	Knareborough Striders	M45	36:01	37		
223	4456	Giglia	Chris	Hyde Park Harriers	MSEN	36:02	78		
224	3064	Simkins	Paul	Abbey Runners	M45	36:02	38		
225	3298	Andralojc	Nick	Harrogate Harriers & AC	M55	36:03	11		
226	4632	Salmons	Luke	Harrogate Harriers & AC	M35	36:10	38		
227	4616	Mills	Tony	Valley Striders	M45	36:10	39		
228	3705	Anderson	Peter	Leeds & Bradford Triathlon Club	M55	36:13	12		Y
229	3378	Butterfield	Richard	Horsforth Harriers	M60	36:14	2		
230	4457	Jowett	Gareth	Hyde Park Harriers	MSEN	36:15	79		
231	3733	Cook	James	Nidd Valley Road Runners	M50	36:19	21		
232	3132	Stancliffe	Ian	Ackworth Road Runners	M55	36:19	13		
233	4541	Tait	Ryan	Roundhay Runners	MSEN	36:21	80		
234	4340	Farrar	Martin	Wharfedale Harriers	M55	36:23	14		
235	3526	Sawyer	Paul	Hyde Park Harriers	M35	36:24	39		
236	3629	Hands	Simon	Kirkstall Harriers	M40	36:26	41		
237	4189	Schofield	Alan	St Therasas AC	M55	36:33	15		
238	4116	Rix	Jeremy	Saltaire Striders	M55	36:34	16		
239	3734	Dalton	Kevin	Nidd Valley Road Runners	MSEN	36:45	81		
240	3887	Butler	Joe	Roundhay Runners	MSEN	36:48	82		
241	4618	Woodhead	William	Airecentre Pacers	MSEN	36:51	83		
242	3727	Benson	Michael	Nidd Valley Road Runners	M35	36:54	40		
243	3432	Smith	Andy	Horsforth Harriers	M45	36:54	40		
244	4216	Fox	Ken	Valley Striders	M60	36:56	3		
245	3241	Shepherd	Stuart	Chapel Allerton RC	M35	36:57	41		
246	4050	Chambers	Mick	Saltaire Striders	M65	36:58	1		
247	3623	Geisleris	Giedrius	Kirkstall Harriers	M35	37:00	42		
248	3320	Jenkins	Iain	Harrogate Harriers & AC	M55	37:01	17		
249	3780	Staiano	Simon	Nidd Valley Road Runners	M40	37:04	42		
250	3296	Sutherland	Mark	Eccleshill Road Runners	M50	37:06	22		
251	4416	Laughton	Mark	York Triathlon Club	M50	37:07	23		
252	3263	Bryant	Pete	Dragons Running Club	M50	37:11	24		
253	4560	Mustufvi	Zhain	Chapel Allerton RC	MSEN	37:11	84		
254	3688	Mitchell	Ian	Knareborough Striders	M55	37:20	18		
255	4261	Preston	Alistair	Valley Striders	M45	37:20	41		
256	3159	Gifford	Thomas	Airecentre Pacers	M35	37:26	43		
257	3019	Ellis	Matt	Abbey Runners	M40	37:26	43		
258	3510	Miles	Graeme	Hyde Park Harriers	M35	37:28	44		
259	3381	Coates	Martin	Horsforth Harriers	M40	37:28	44		
260	3559	Pickering	Malcolm	Ilkley Harriers	M65	37:30	2		
261	3160	Grindley	Paul	Airecentre Pacers	M50	37:30	25		
262	4674	Hopkins	Lee	Ackworth Road Runners	M45	37:31	42		Y
263	3171	Pechev	Hristo	Airecentre Pacers	M40	37:33	45		
264	4567	Seddon	Tim	St Therasas AC	M55	37:35	19		
265	4140	Booth	Kevin	St Therasas AC	M40	37:40	46		
266	4711	Bishop	Jason	Wharfedale Harriers	M45	37:40	43		Y
267	4208	Currie	Iain	Valley Striders	M50	37:41	26		
268	4446	Bates	Adam	Harrogate Harriers & AC	M35	37:44	45		Y
269	4523	Henry	Kristian James	Horsforth Harriers	M35	37:49	46		
270	3858	Stone	Dan	Rothwell Harriers & AC	M35	37:51	47		
271	4556	Spencer	Tim	Saltaire Striders	M60	37:53	4		
272	4385	Heather	Andrew	York Postal Harriers	M45	37:56	44		

273	3260	Babington	Dan	Dragons Running Club	M40	38:00	47		
274	3056	Richards	Jon	Abbey Runners	M40	38:01	48		
275	3302	Bell	Gareth	Harrogate Harriers & AC	M35	38:07	48		
276	3140	Walker	Will	Ackworth Road Runners	M35	38:12	49		
277	4577	Storey	Ian	Kippax Harriers	M50	38:13	27		
278	3447	Womersley	David	Horsforth Harriers	M65	38:16	3		
279	3071	Ward	John	Abbey Runners	M65	38:18	4		
280	3072	Whittaker	James	Abbey Runners	M50	38:18	28		
281	4284	Walker	Richard	Valley Striders	M50	38:20	29		
282	3726	Beattie	Christopher	Nidd Valley Road Runners	M60	38:21	5		
283	4094	Love	Martin	Saltaire Striders	M55	38:22	20		
284	3736	Dilasser	Jamie	Nidd Valley Road Runners	M45	38:22	45		
285	3100	Horobin	Darren	Ackworth Road Runners	M45	38:25	46		
286	3998	Smith	Andrew	Roundhay Runners	M45	38:31	47		
287	3628	Haggerty	Randolph	Kirkstall Harriers	M50	38:32	30		
288	4070	Griffiths	Alun	Saltaire Striders	M60	38:34	6		
289	3822	Gregory	Mark	Rothwell Harriers & AC	M55	38:35	21	Y	
290	4431	Wray	Scott	York Triathlon Club	M45	38:37	48		
291	4313	Heffernan	Paul	Wetherby Runners AC	M40	38:40	49		
292	3835	Kelly	Mat	Rothwell Harriers & AC	M35	38:40	50		
293	3329	Nesbitt	Stephen	Harrogate Harriers & AC	M50	38:41	31		
294	3618	Child	Nicholas	Kirkstall Harriers	M45	38:43	49		
295	4221	Hall	Michael	Valley Striders	M35	38:44	51		
296	3249	Todd	Stephen	Chapel Allerton RC	M65	38:45	5		
297	3904	Dennison	Warren	Roundhay Runners	M50	38:46	32		
298	4563	Verity	Jack	Saltaire Striders	M60	38:46	7		
299	4172	Leaf	David	St Therasas AC	M65	38:49	6		
300	3285	Wilson	Danny	Dragons Running Club	M40	38:49	50		
301	3597	O'hara	Colm	Kippax Harriers	M45	38:50	50		
302	3039	Kent	Scott	Abbey Runners	MSEN	38:51	85		
303	3468	Cowen	Fred	Hyde Park Harriers	MSEN	38:51	86		
304	4271	Simms	Dave	Valley Striders	MSEN	38:54	87		
305	4000	Smith	Johnathan	Roundhay Runners	M45	38:55	51		
306	4363	Schofield	Jason	Wharfedale Harriers	M45	38:58	52		
307	3472	Dickens	Paul	Hyde Park Harriers	MSEN	39:00	88		
308	3845	Moseley	Kevin	Rothwell Harriers & AC	M45	39:01	53		
309	3129	Sinar	Terry	Ackworth Road Runners	M55	39:02	22		
310	3720	Armstrong	Mark	Nidd Valley Road Runners	M50	39:03	33		
311	4293	Bell	Richard	Wetherby Runners AC	M50	39:05	34		
312	3280	Porter	Craig	Dragons Running Club	M45	39:05	54		
313	3350	Whitaker	Jonathan	Harrogate Harriers & AC	M55	39:06	23		
314	3107	Leach	Adrian	Ackworth Road Runners	M50	39:09	35		
315	3819	Firth	Stephen	Rothwell Harriers & AC	M50	39:11	36		
316	4642	Shaw	Michael	Nidd Valley Road Runners	M40	39:13	51		
317	4107	Parker	Darren	Saltaire Striders	M45	39:16	55		
318	3511	Milne	Angus	Hyde Park Harriers	MSEN	39:17	89		
319	4704	Morley	David	St Therasas AC	M60	39:18	8		
320	3962	Mullany	Sean	Roundhay Runners	M55	39:18	24		
321	3899	Common	Paul	Roundhay Runners	M50	39:21	37		
322	4546	Simpson	John	Wetherby Runners AC	M65	39:21	7		
323	3339	Seymour	Mark	Harrogate Harriers & AC	M55	39:24	25		
324	3590	Kitching	Lee	Kippax Harriers	M45	39:25	56		
325	3983	Regan	Stewart	Roundhay Runners	M50	39:35	38		
326	4268	Sawyer	Chris	Valley Striders	M60	39:42	9		
327	3044	Leslie	David	Abbey Runners	M65	39:50	8		

328	4291	Atkinson	Paul	Wetherby Runners AC	M55	39:52	26		
329	4732	Welsh	Rich	Rothwell Harriers & AC	MSEN	39:52	90		
330	3953	Mcaliece	Philip	Roundhay Runners	M35	39:56	52		
331	4258	Pawley	Graham	Valley Striders	M50	40:00	39		
332	3941	Kirk	George	Roundhay Runners	MSEN	40:06	91		
333	4286	White	Paul	Valley Striders	M70	40:06	1		
334	4155	Gall	Stuart	St Therasas AC	M40	40:06	52		
335	4041	Bower	David	Saltaire Striders	M55	40:07	27		
336	4718	Barnes	Jerry	York Acorn Running Club	M55	40:08	28		Y
337	4730	Mangeolles	James	Horsforth Harriers	MSEN	40:09	92		
338	4019	Walker	John	Roundhay Runners	M55	40:11	29		
339	3387	Dutton	David	Horsforth Harriers	M60	40:11	10		
340	2851	Clark	Lucas	Wetherby Runners AC	MSEN	40:13	93		
341	3347	Walker	Mark	Harrogate Harriers & AC	M55	40:14	30		Y
342	3581	Gummerson	Robert	Kippax Harriers	M45	40:18	57		
343	3096	Gill	Darren	Ackworth Road Runners	M45	40:23	58		
344	3923	Hall	Giles	Roundhay Runners	M50	40:24	40		
345	4232	Hussey	John	Valley Striders	M65	40:28	9		
346	3848	Parker-Haim	Christopher	Rothwell Harriers & AC	M35	40:28	53		
347	3769	Robinson	Philip	Nidd Valley Road Runners	M55	40:35	31		
348	4129	Western	Gary	Saltaire Striders	M55	40:36	32		
349	4612	Withill	Sean	York Postal Harriers	M55	40:46	33		
350	3761	Nicholas	Kevin	Nidd Valley Road Runners	M50	40:46	41		
351	3464	Byrd	Joe	Hyde Park Harriers	MSEN	40:47	94		
352	3294	Steele	Marc	Eccleshill Road Runners	MSEN	40:50	95		
353	3586	Hoy	Graham	Kippax Harriers	M40	40:52	53		
354	4159	Gill	Christopher	St Therasas AC	M70	40:56	2		
355	3045	Littlewood	Graeme	Abbey Runners	M50	41:03	42		
356	3867	Ward	Roger	Rothwell Harriers & AC	M55	41:04	34		
357	4009	Toulson	Anthony	Roundhay Runners	M45	41:06	59		
358	3693	Shelton	Mark	Knaresborough Striders	M35	41:12	54		
359	3163	Hill	Chris	Airecentre Pacers	M60	41:18	11		
360	3004	Balkwill	James	Abbey Runners	M45	41:21	60		
361	3306	Couldwell	Alan	Harrogate Harriers & AC	M60	41:28	12		
362	3284	Tomlinson	Paul	Dragons Running Club	M50	41:30	43		
363	3698	Tibbals	Andy	Knaresborough Striders	M50	41:31	44		
364	4013	Twitchett	Mark	Roundhay Runners	M45	41:32	61		
365	3854	Shaw	Brian	Rothwell Harriers & AC	M55	41:33	35		
366	4432	Brownbridge	Garry	Abbey Runners	M55	41:37	36		
367	3017	Ellis	Adam	Abbey Runners	M40	41:37	54		
368	3896	Clink	James	Roundhay Runners	MSEN	41:39	96		
369	4606	Pullan	Richard	Hyde Park Harriers	M60	41:50	13		
370	4640	Flood	Stephen	Nidd Valley Road Runners	M45	41:53	62		
371	3204	Cuthbertson	Nic	Chapel Allerton RC	M55	41:58	37		
372	4415	Kuendiger	Jan	York Triathlon Club	M35	42:00	55		
373	4691	Chapman	Paul	Kirkstall Harriers	M40	42:01	55		
374	3985	Richardson	Jeremy	Roundhay Runners	M55	42:06	38		
375	4389	Raddall	Phil	York Postal Harriers	M50	42:18	45		
376	3340	Simmons	Dan	Harrogate Harriers & AC	M55	42:24	39		
377	3449	Yeadon	Michael	Horsforth Harriers	M60	42:31	14		
378	4667	Wallace	John	Valley Striders	M50	42:31	46		
379	4462	Green	Jason	Knaresborough Striders	MSEN	42:33	97		
380	4520	Ellison	Garry	Eccleshill Road Runners	M55	42:37	40		
381	4353	Madhas	Raj	Wharfedale Harriers	M50	42:45	47		
382	3775	Seaman	Dave	Nidd Valley Road Runners	M70	42:49	3		

383	4098	Mistry	Mohanlal	Saltaire Striders	M55	42:50	41		
384	3370	Allen	Steven	Horsforth Harriers	M45	42:51	63		
385	4233	Jackson	Bob	Valley Striders	M65	42:52	10		
386	4487	Coles	Malcolm	Valley Striders	M75	42:55	1		
387	4550	Baker	Bob	Otley AC	M60	42:56	15		Y
388	4401	Buckley	Neil	York Triathlon Club	M60	42:56	16		
389	4654	Lennon	Laurence	Abbey Runners	M55	42:57	42		
390	4726	Marshall	Peter	Kirkstall Harriers	M55	42:59	43		Y
391	3444	Watson	Kevin	Horsforth Harriers	M70	43:00	4		
392	4687	Ongun	Rafet	Hyde Park Harriers	MSEN	43:05	98		
393	3077	Allison	Dave	Ackworth Road Runners	M35	43:09	56		
394	3297	Sutton	Robert	Eccleshill Road Runners	M55	43:11	44		
395	4091	Lerner	Barney	Saltaire Striders	M65	43:20	11		
396	3127	Sharp	Christopher	Ackworth Road Runners	MSEN	43:33	99		
397	4443	Peck	Simon	Dragons Running Club	M60	43:37	17		
398	3800	Purll	Andy	Ripon Runners	M45	43:48	64		Y
399	3367	Metcalfe	Daniel	Horsforth Fellandale	M35	43:50	57		
400	3135	Taylor	Christopher	Ackworth Road Runners	M65	43:53	12		
401	4390	Richardson	Jonathan	York Postal Harriers	M40	44:00	56		
402	3093	Gallagher	Paul	Ackworth Road Runners	M45	44:00	65		
403	4603	Best	Jamie	St Therasas AC	M40	44:08	57		
404	4615	Foulkes	Bartley	Horsforth Harriers	M60	44:11	18		
405	3186	Miran	Sohail	Bradford Airedale AC	M45	44:21	66		
406	3311	Gill	Michael	Harrogate Harriers & AC	M50	44:25	48		
407	3474	Edwards	Richard	Hyde Park Harriers	M40	44:30	58		
408	3536	Watson	Scott	Hyde Park Harriers	M35	44:31	58		
409	3183	Markey	Barry	Bradford Airedale AC	M60	44:33	19		
410	3211	Forster	Michael	Chapel Allerton RC	M45	44:34	67		
411	4398	Archer	John	York Triathlon Club	M70	44:40	5		
412	4515	Vogan	Ian	Ackworth Road Runners	M60	44:55	20		
413	4309	Foster	Mark	Wetherby Runners AC	M45	44:56	68		
414	3595	Messenger	John	Kippax Harriers	M70	45:02	6		
415	3531	Tarbit	James	Hyde Park Harriers	MSEN	45:11	100		
416	3070	Walton	Clive	Abbey Runners	M50	45:16	49		
417	3939	Jones	Justin	Roundhay Runners	M40	45:25	59		
418	4677	Paver	David	City of York AC	M65	45:28	13		Y
419	4248	Mackreth	Paul	Valley Striders	M40	45:30	60		
420	3152	Zywicky	Paul	Ackworth Road Runners	M55	45:41	45		
421	3729	Clipston	Jonathan	Nidd Valley Road Runners	M50	45:51	50		
422	4592	Sinton	David	Knareborough Striders	M45	45:55	69		
423	3486	Gray	Matthew	Hyde Park Harriers	MSEN	46:04	101		
424	4367	Thompson	Geoff	Wharfedale Harriers	M55	46:18	46		
425	3826	Hawden	Graham	Rothwell Harriers & AC	M55	46:20	47		
426	4549	Buffham	Don	Otley AC	M60	46:34	21		Y
427	3445	Whitehead	Ben	Horsforth Harriers	M35	46:42	59		
428	4101	Moss	Mike	Saltaire Striders	M60	47:36	22		
429	4627	Barker	Mick	Dragons Running Club	M50	47:36	51		
430	4329	Upperton	James	Wetherby Runners AC	MSEN	47:51	102		
431	4281	Tyrell	Brian	Valley Striders	M60	48:30	23		
432	3995	Sheppard	Peter	Roundhay Runners	M70	48:30	7		
433	3779	Smith	Nick	Nidd Valley Road Runners	M55	48:40	48		
434	3099	Haslam	Paul	Ackworth Road Runners	MSEN	48:57	103		
435	3278	Mckay	Martin	Dragons Running Club	M40	49:24	61		
436	3589	Kitchen	Jay	Kippax Harriers	M55	49:38	49		
437	3003	Badkin	Peter	Abbey Runners	M50	49:57	52		

438	3031	Ibrahim	Joseph	Abbey Runners	M40	49:57	62		
439	3420	Park	Ian	Horsforth Harriers	M60	50:14	24		
440	4119	Silva	Mervyn	Saltaire Striders	M60	50:14	25		
441	4270	Sedgley	Neil	Valley Striders	M50	50:21	53		
442	4165	Higgins	Mick	St Therasas AC	M70	50:48	8		
443	3385	Dinsdale	Mark	Horsforth Harriers	M50	50:51	54		
444	3895	Clink	Brian Andrew	Roundhay Runners	M45	51:04	70		
445	4723	Haygarth	Tony	Valley Striders	M70	51:38	9		Y
446	4242	Lim	Philip	Valley Striders	M45	51:43	71		
447	4682	Baldwin	Ben	Horsforth Harriers	M35	51:48	60		
448	3631	Hey	Peter	Kirkstall Harriers	M65	51:56	14		
449	3200	Bernardo Jr	Carlos	Chapel Allerton RC	M35	52:14	61		
450	3753	Ledwaba-Chapman	Tony	Nidd Valley Road Runners	M75	54:14	2		
451	3648	Nesden	Patrick	Kirkstall Harriers	M65	54:47	15		
452	4731	Lang	Phil	Rothwell Harriers & AC	M40	54:53	63		
453	4177	Maltby	Chris	St Therasas AC	M60	55:06	26		
454	4156	Gardner	Andrew	St Therasas AC	M65	55:18	16		
455	3956	Mellor	Joe	Roundhay Runners	M60	55:39	27		
456	3591	Kitching	Les	Kippax Harriers	M65	56:09	17		
457	4380	Ellwood	Andy	York Postal Harriers	M50	56:50	55		
458	4703	Bowden	Graham	St Therasas AC	M45	56:57	72		
459	3556	Macrae	Donald	Ilkley Harriers	M70	58:14	10		
460	4506	Cardinale	Antonio	Otley AC	M65	1:03:05	18		Y