

**PECO Cross Country League 2018-19: Race 1 (Middleton Park)**  
**Senior Ladies Results**

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	3061	Rogers	Alice	Abbey Runners	FSEN	31:45	1		
2	3300	Barlow	Sharon	Harrogate Harriers & AC	F40	33:03	1		
3	4360	Padilla	Monica	Wharfedale Harriers	FSEN	33:38	2		
4	4433	Ball	Karen	Ackworth Road Runners	F40	33:45	2		
5	3946	Lewis	Susan	Roundhay Runners	F40	33:58	3		
6	3635	Jackson	Niamh	Kirkstall Harriers	F35	34:22	1		
7	4505	Fan	Antonia	LUUCCC	FSEN	34:28	3	Y	Y
8	3336	Robinson	Emma	Harrogate Harriers & AC	F35	34:35	2		
9	4464	Rowe	Isabelle	Knaresborough Striders	FSEN	34:41	4		
10	3418	O'sullivan	Sarah	Horsforth Harriers	F40	34:42	4	Y	
11	4289	Andrews	Nicky	Wetherby Runners AC	FSEN	34:44	5		
12	3102	Hunter	Sarah	Ackworth Road Runners	FSEN	34:58	6		
13	3341	Sisimayi	Shamiso	Harrogate Harriers & AC	F35	35:06	3		
14	3380	Clegg	Lindsey	Horsforth Harriers	F35	35:08	4		
15	4036	Birchall	Emily	Saltaire Striders	FSEN	35:10	7	Y	
16	3538	Young	Amy	Hyde Park Harriers	FSEN	35:31	8		
17	4491	Legg	Emily	Wetherby Runners AC	FSEN	35:36	9		
18	3254	Whiteman	Jen	Chapel Allerton RC	FSEN	35:50	10		
19	4021	Walmsley	Nicola	Roundhay Runners	F35	35:58	5		
20	3993	Say	Julia	Roundhay Runners	F45	36:23	1		
21	3308	Evans	Charlotte	Harrogate Harriers & AC	F40	36:25	5		
22	3910	Eastwood	Nikki	Roundhay Runners	F50	36:32	1		
23	4273	Spence	Kim	Valley Striders	F40	36:33	6		
24	3427	Savill	Molly	Horsforth Harriers	FSEN	36:48	11		
25	4250	Mann	Sarah	Valley Striders	F35	36:49	6		
26	3908	Dransfield	Laura	Roundhay Runners	FSEN	36:53	12		
27	3724	Barron	Rebecca	Nidd Valley Road Runners	FSEN	36:56	13		
28	4475	Armoush	Leila	Roundhay Runners	FSEN	36:57	14	Y	
29	3746	Howe	Michelle	Nidd Valley Road Runners	F40	37:03	7		
30	3212	Garnett	Suzanne	Chapel Allerton RC	FSEN	37:05	15		
31	4201	Bentley	Rachel	Valley Striders	FSEN	37:08	16		
32	4040	Bowden	Bernie	Saltaire Striders	F45	37:12	2		
33	3206	Davies	Polly	Chapel Allerton RC	FSEN	37:25	17		
34	3205	Darby	Helena	Chapel Allerton RC	FSEN	37:30	18		
35	3319	Hirst	Chloe	Harrogate Harriers & AC	FSEN	37:33	19		
36	3461	Brown	Emma	Hyde Park Harriers	FSEN	37:35	20		
37	3686	Lowery	Sima	Knaresborough Striders	F40	37:37	8		
38	3913	Elson	Sara	Roundhay Runners	F45	37:40	3		
39	3710	Hollis	Emily	LUUCCC	FSEN	37:41	21		
40	4466	Hughes	Rhianne	LUUCCC	FSEN	37:50	22	Y	
41	3855	Skelhorn	Rowena	Rothwell Harriers & AC	F40	37:57	9		
42	4359	Needham	Lucy	Wharfedale Harriers	FSEN	38:06	23		
43	4307	Eadon	Lauren	Wetherby Runners AC	F50	38:11	2		
44	3455	Baldry	Honor	Hyde Park Harriers	FSEN	38:14	24		
45	3403	Harrison	Jenny	Horsforth Harriers	FSEN	38:19	25		
46	3067	Stansbie	Lisa	Abbey Runners	F40	38:24	10		
47	3396	Geldeard	Leah	Horsforth Harriers	FSEN	38:26	26		
48	3058	Roden	Helen	Abbey Runners	F45	38:27	4		

49	4218	Gledhill	Steph	Valley Striders	F40	38:36	11		
50	3551	Howe	Caroline	Ilkley Harriers	F35	38:41	7		
51	3907	Dransfield	Emma	Roundhay Runners	F50	38:44	27		
52	3677	Carter	Nicola	Knarborough Striders	F45	38:46	5		
53	4306	Derry	Joanne	Wetherby Runners AC	F50	38:47	3	Y	
54	3615	Camm	Jill	Kirkstall Harriers	F40	38:49	12		
55	3169	Macfarlane	Kate	Airecentre Pacers	F50	38:51	28		
56	3162	Haigh	Sally	Airecentre Pacers	F50	38:52	4		
57	4246	Mackie	Rachel	Valley Striders	F45	38:52	6		
58	4182	Muir	Ruth	St Therasas AC	F40	38:54	13		
59	3501	Kellett	Naomi	Hyde Park Harriers	F50	38:59	29		
60	3738	Evans	Jane	Nidd Valley Road Runners	F35	39:01	8		
61	4476	Breedon	Hannah	Roundhay Runners	F35	39:10	9		
62	4437	Newbound	Hayley	Ackworth Road Runners	F50	39:11	30	Y	
63	3198	Barnes	Philippa	Chapel Allerton RC	F35	39:16	10		
64	4229	Hudson	Chloe	Valley Striders	F50	39:22	31		
65	4203	Capper	Claire	Valley Striders	F50	39:23	32		
66	3795	Sharman	Suzanne	Pudsey & Bramley AC	F35	39:24	11		
67	4411	Hall	Hazel	York Triathlon Club	F40	39:28	14		
68	3994	Sharma	Alissa	Roundhay Runners	F50	39:31	33		
69	4014	Underwood	Helen	Roundhay Runners	F35	39:31	12		
70	4347	Howells	Judy	Wharfedale Harriers	F45	39:31	7		
71	3504	Markless	Sarah	Hyde Park Harriers	F50	39:38	34		
72	3518	Rendall	Beth	Hyde Park Harriers	F50	39:40	35		
73	3417	Oldridge	Jenny	Horsforth Harriers	F45	39:41	8		
74	4196	Adams	Liz	Valley Striders	F40	39:45	15		
75	4173	Liu	Tao (judy)	St Therasas AC	F40	39:51	16		
76	3054	Phillips	Laura	Abbey Runners	F50	39:55	36		
77	3525	Sass	Cara	Hyde Park Harriers	F50	39:57	37		
78	4144	Clark	Tillie	St Therasas AC	F50	39:57	38		
79	3065	Smith	Alison	Abbey Runners	F45	39:58	9		
80	3578	Follows	Emily	Kippax Harriers	F40	40:00	17		
81	3879	Barker	Carmel	Roundhay Runners	F55	40:02	1		
82	4302	Davey	Jo	Wetherby Runners AC	F45	40:04	10		
83	4039	Bond	Claire	Saltaire Striders	F35	40:04	13		
84	3622	Gallon	Eleanor	Kirkstall Harriers	F35	40:05	14		
85	3519	Rhodes	Jo	Hyde Park Harriers	F50	40:05	39		
86	3689	Morland	Catherine	Knarborough Striders	F40	40:07	18		
87	3377	Burgess	Marianne	Horsforth Harriers	F35	40:08	15		
88	3209	Farmery	Lauren	Chapel Allerton RC	F50	40:10	40		
89	3158	Gatenby	Francesca	Airecentre Pacers	F35	40:12	16		
90	4441	Booth	Samantha	Chapel Allerton RC	F50	40:18	41		
91	3978	Proctor	Cheryl	Roundhay Runners	F50	40:21	42		
92	4429	Venables	Louise	York Triathlon Club	F35	40:22	17	Y	
93	3806	Snape	Elinor	Rodillian Runners	F35	40:24	18		Y
94	3959	Morris	Helen	Roundhay Runners	F40	40:25	19		
95	3007	Benjamin	Bev	Abbey Runners	F50	40:31	5		
96	3534	Underwood	Sarah	Hyde Park Harriers	F50	40:45	43		
97	3030	Hutchison	Kirsten	Abbey Runners	F35	40:49	19		
98	3307	Day	Joanne	Harrogate Harriers & AC	F50	40:50	6		
99	3345	Thomas	Anna	Harrogate Harriers & AC	F40	40:50	20		

100	3825	Hall	Steph	Rothwell Harriers & AC	FSEN	40:54	44		
101	3242	Simpson	Emily	Chapel Allerton RC	F35	40:55	20		
102	3954	Mcgrath	Helen	Roundhay Runners	F35	40:58	21		
103	3429	Seth	Naakesha	Horsforth Harriers	FSEN	40:58	45		
104	3647	Muir	Marion	Kirkstall Harriers	F40	41:01	21		
105	3751	Kettlewell	Emma	Nidd Valley Road Runners	FSEN	41:04	46		
106	4509	Gripton	Beth	Rodillian Runners	FSEN	41:05	47		Y
107	3804	Jones	Nicola	Rodillian Runners	FSEN	41:06	48		Y
108	3276	Kirkbright	Laura	Dragons Running Club	FSEN	41:08	49		
109	4330	Warner	Emma	Wetherby Runners AC	F40	41:10	22		
110	3131	Smith	Charlotte	Ackworth Road Runners	FSEN	41:14	50		
111	3068	Taylor	Katie	Abbey Runners	FSEN	41:16	51		
112	3714	Qin	Catherine	LUUCCC	FSEN	41:17	52		
113	3409	Jones	Jessica	Horsforth Harriers	F35	41:20	22		
114	3564	Weston	Alison	Ilkley Harriers	F50	41:24	7		
115	3413	Martin-Nevado	Mercedes	Horsforth Harriers	F45	41:30	11		
116	3965	Neame	Elisa	Roundhay Runners	FSEN	41:30	53		
117	4337	Cowley	Jenni	Wharfedale Harriers	F40	41:31	23		
118	3232	Owen	Kath	Chapel Allerton RC	F35	41:32	23		
119	3476	Evans	Clare	Hyde Park Harriers	FSEN	41:34	54		
120	3226	Mcgeachy	Denise	Chapel Allerton RC	F40	41:35	24		
121	4108	Parker	Rachel	Saltaire Striders	F45	41:36	12		
122	4407	Foot	Pauline	York Triathlon Club	F50	41:37	8		
123	3866	Waite	Sarah	Rothwell Harriers & AC	FSEN	41:37	55		
124	3349	Whitaker	Helene	Harrogate Harriers & AC	F50	41:41	9		
125	3262	Brown	Gillian	Dragons Running Club	F40	41:41	25		
126	3126	Scully	Andrea	Ackworth Road Runners	F45	41:42	13		
127	3743	Holleran	Christine	Nidd Valley Road Runners	F50	41:43	10		
128	4301	Coster	Emma	Wetherby Runners AC	F45	41:43	14		
129	3755	Lofthouse	Sarah	Nidd Valley Road Runners	FSEN	41:45	56		
130	3392	Elliott	Bev	Horsforth Harriers	F45	41:48	15		
131	3876	Azmoodeh	Arianne	Roundhay Runners	FSEN	41:50	57		
132	4065	Foy	Tracy	Saltaire Striders	F45	41:53	16		
133	4451	Blackburn	Serena	Horsforth Harriers	F50	41:55	11		
134	3521	Rider	Lucy	Hyde Park Harriers	F35	42:06	24		
135	3327	Moul	Sue	Harrogate Harriers & AC	F50	42:10	12		
136	3092	Francis	Sue	Ackworth Road Runners	F55	42:13	2		
137	3151	Wrangles	Gail	Ackworth Road Runners	F45	42:19	17		
138	4304	Dayson	Lianne	Wetherby Runners AC	FSEN	42:22	58		
139	3620	Crossley	Jane	Kirkstall Harriers	FSEN	42:24	59		
140	3777	Simpson	Sue	Nidd Valley Road Runners	F55	42:26	3		
141	3583	Hardy	Polly	Kippax Harriers	F40	42:31	26		
142	4103	Nash	Louise	Saltaire Striders	F45	42:33	18		
143	4336	Charlesworth	Sarah	Wharfedale Harriers	F35	42:36	25		
144	3218	Hill	Katherine	Chapel Allerton RC	FSEN	42:40	60		
145	3554	Kitchen	Diane	Ilkley Harriers	F55	42:41	4		
146	3796	Benson	Angela	Ripon Runners	F55	42:42	5		Y
147	3051	Nesbitt	Gillian	Abbey Runners	F40	42:42	27		
148	3844	Miah	Shahana	Rothwell Harriers & AC	FSEN	42:44	61		
149	4263	Reddington	Liz	Valley Striders	F55	42:46	6		
150	4374	Woodhead	Laura	Wharfedale Harriers	FSEN	42:50	62		

151	4176	Macdonald	Wanda	St Therasas AC	F55	42:52	7		
152	3210	Forster	Lora	Chapel Allerton RC	F35	42:53	26		
153	3062	Salih	Jasmine	Abbey Runners	F45	42:59	19		
154	4276	Sunderlamd	Sue	Valley Striders	F55	43:01	8		
155	3570	Copley	Clare	Kippax Harriers	F40	43:01	28		
156	3637	King	Sheila	Kirkstall Harriers	F50	43:03	13		
157	3373	Bisset	Louise	Horsforth Harriers	F45	43:03	20		
158	3123	Roberts	Elly	Ackworth Road Runners	F50	43:05	63		
159	3561	Reperecki	Adela	Ilkley Harriers	F55	43:08	9		
160	3478	Forwood	Nicola	Hyde Park Harriers	F35	43:11	27		
161	3613	Brigginshaw	Emma	Kirkstall Harriers	F35	43:16	28		
162	4308	Foster	Ann	Wetherby Runners AC	F45	43:28	21		
163	3587	Hunter	Alison	Kippax Harriers	F55	43:32	10		
164	3542	Brown	Ros	Ilkley Harriers	F45	43:35	22		
165	4253	Milburn	Anna	Valley Striders	F35	43:38	29		
166	3473	Edwards	Laura	Hyde Park Harriers	F50	43:40	64		
167	4354	Mc Aleavy	Clare	Wharfedale Harriers	F45	43:46	23		
168	4474	Zapal	Dorota	Rothwell Harriers & AC	F50	43:49	65		
169	4023	Welling	Claire	Roundhay Runners	F45	43:51	24		
170	3089	Clark	Denise	Ackworth Road Runners	F50	43:51	14		
171	3361	Turcan	Gill	Harrogate Tri Club	F50	43:57	15		
172	4357	Milner	Anne	Wharfedale Harriers	F50	43:58	16		
173	3253	Wheatley	Bekki	Chapel Allerton RC	F35	43:58	30		
174	3750	Jones	Christine	Nidd Valley Road Runners	F55	43:59	11		
175	3873	Wilson	Trish	Rothwell Harriers & AC	F40	44:02	29		
176	3346	Turner	Elizabeth	Harrogate Harriers & AC	F50	44:05	66		
177	3379	Carroll	Tracy	Horsforth Harriers	F40	44:14	30		
178	4141	Booth	Margaret	St Therasas AC	F40	44:16	31		
179	4295	Britton	Amanda	Wetherby Runners AC	F45	44:17	25		
180	3450	Adkins	Naomi	Hyde Park Harriers	F50	44:19	67		
181	3783	Taylor	Christina	Nidd Valley Road Runners	F35	44:19	31		
182	3256	Wright	Louise	Chapel Allerton RC	F50	44:21	17		
183	3903	Day	Caroline	Roundhay Runners	F50	44:26	68		
184	3268	Davies	Jan	Dragons Running Club	F55	44:28	12		
185	3684	Harrison	Lisa	Knareborough Striders	F45	44:30	26		
186	3691	Morley	Sue	Knareborough Striders	F60	44:30	1		
187	3440	Traynor	Alison	Horsforth Harriers	F50	44:40	69		
188	3301	Beecher	Sarah	Harrogate Harriers & AC	F50	44:44	18		
189	4191	Sharrott	Anna	St Therasas AC	F40	44:47	32		
190	3248	Timpson	Charlotte	Chapel Allerton RC	F35	44:48	32		
191	3685	Killingworth	Claire	Knareborough Striders	F50	44:48	70		
192	4017	Waite	Louise	Roundhay Runners	F40	44:49	33		
193	3480	Fulton	Heather	Hyde Park Harriers	F50	44:52	71		
194	4418	Loomes	Kate	York Triathlon Club	F35	44:53	33		
195	3843	Metcalfe	Lynne	Rothwell Harriers & AC	F50	44:54	19		
196	3541	Bennett	Alison	Ilkley Harriers	F55	45:03	13		
197	4419	Malloy	Dawn	York Triathlon Club	F50	45:06	20		
198	3173	Sebright-Pickard	Jennifer	Airecentre Pacers	F40	45:13	34		
199	3288	Jago	Gillian	Eccleshill Road Runners	F40	45:13	35	Y	
200	4445	Sutcliffe	Rhea	Eccleshill Road Runners	F35	45:20	34		
201	3514	Ohno	Maika	Hyde Park Harriers	F45	45:22	27		

202	3281	Smith	Tracy	Dragons Running Club	F45	45:23	28		
203	4383	Ellwood	Melanie	York Postal Harriers	FSEN	45:24	72		
204	3082	Barr	Janet	Ackworth Road Runners	F45	45:25	29		
205	4187	Reynolds	Lindsey	St Therasas AC	F45	45:36	30		
206	3261	Brown	Charlotte	Dragons Running Club	FSEN	45:36	73		
207	3145	Wigglesworth	Emma	Ackworth Road Runners	F45	45:41	31		
208	4130	Western	Helen	Saltaire Striders	F50	45:43	21		
209	3094	Gardner	Amie	Ackworth Road Runners	F35	45:43	35		
210	4078	Hey	Wendy	Saltaire Striders	F45	45:44	32		
211	3661	Spencer	Collette	Kirkstall Harriers	F45	45:44	33		
212	4005	Swales	Sarah	Roundhay Runners	F55	45:44	14		
213	4169	James	Julie	St Therasas AC	F55	45:45	15		
214	4093	Love	Helen	Saltaire Striders	F60	45:45	2		
215	3275	Johnson	Louise	Dragons Running Club	F35	45:49	36		
216	3888	Butterworth	Heather	Roundhay Runners	FSEN	45:52	74		
217	3015	Davies	Rhiannon	Abbey Runners	FSEN	45:53	75		
218	4468	Langley-Smith	Madelin	Rodillian Runners	FSEN	45:54	76		Y
219	4334	Broadhead	Diane	Wharfedale Harriers	F35	45:54	37		
220	4296	Bucknell	Julie	Wetherby Runners AC	F40	45:55	36		
221	3680	Elmes	Julie	Knaresborough Striders	F50	45:56	22		
222	4166	Higgins	Wendy	St Therasas AC	F50	45:58	23		
223	3271	Forey	Helen	Dragons Running Club	F50	46:00	24		
224	4430	Wallace	Catherine	York Triathlon Club	F40	46:02	37		
225	3836	Kenny	Hayley	Rothwell Harriers & AC	F50	46:03	25		
226	4294	Bell	Valerie	Wetherby Runners AC	F50	46:03	26		
227	3283	Tomlinson	Sarah	Dragons Running Club	F45	46:06	34		
228	4364	Schofield	Jayne	Wharfedale Harriers	F45	46:07	35		
229	3333	Prentis	Paula	Harrogate Harriers & AC	F55	46:07	16		
230	3763	Peagam	Hannah	Nidd Valley Road Runners	F40	46:09	38		
231	3943	Leask	Nia	Roundhay Runners	F35	46:19	38		
232	3609	Barrett	Catherine	Kirkstall Harriers	F35	46:23	39		
233	3277	Laughton	Agnes	Dragons Running Club	F55	46:24	17		
234	3840	Mann	Helen	Rothwell Harriers & AC	F55	46:26	18		
235	3638	Lee	Hannah	Kirkstall Harriers	FSEN	46:29	77		
236	3257	Gold	Donna	City of York AC	F50	46:30	27	Y	Y
237	4118	Sherratt	Sarah	Saltaire Striders	F40	46:33	39		
238	3231	Nurse	Helen	Chapel Allerton RC	F50	46:34	28		
239	4030	Young	Claire	Roundhay Runners	F35	46:36	40		
240	3791	Wilkinson	Nadene	Nidd Valley Road Runners	F35	46:36	41		
241	3935	Humbleby	Hilary	Roundhay Runners	F50	46:38	29		
242	3353	Humble	Aggie	Harrogate Tri Club	F40	46:41	40	Y	
243	3636	James	Catherine	Kirkstall Harriers	FSEN	46:41	78		
244	3579	Foster	Caroline	Kippax Harriers	F35	46:42	42		
245	3917	Freear	Hilary	Roundhay Runners	F40	46:43	41		
246	4132	Wood	Kerry	Saltaire Striders	F40	46:45	42		
247	4037	Bird	Pippa	Saltaire Striders	F35	46:46	43		
248	3624	Glover	Alyson	Kirkstall Harriers	F50	46:48	30		
249	3165	Hunter	Claire	Airecentre Pacers	F35	46:51	44		
250	3018	Ellis	Ange	Abbey Runners	F40	46:51	43		
251	3813	Brook	Paula	Rothwell Harriers & AC	F40	46:59	44		
252	3029	Hulme-Vickerstaff	Lisa	Abbey Runners	F50	47:01	31		

253	3610	Bevainyte	Asta	Kirkstall Harriers	FSEN	47:03	79		
254	3593	Mccluskey	Sue	Kippax Harriers	F50	47:05	32		
255	3945	Lewis	Helen	Roundhay Runners	F45	47:16	36		
256	4488	Johnstone	Vicki	Valley Striders	F45	47:24	37		
257	4175	Longfellow	Emma	St Therasas AC	F35	47:24	45		
258	3641	Mcconville-Roe	Jemma	Kirkstall Harriers	FSEN	47:24	80		
259	3136	Tombs	Gail	Ackworth Road Runners	F65	47:25	1		
260	3756	Manning	Jenny	Nidd Valley Road Runners	F45	47:28	38		
261	4100	Moore	Debbie	Saltaire Striders	F40	47:31	45		
262	3289	Kisluk	Ann	Eccleshill Road Runners	F50	47:32	33		
263	3229	Nahl	Jasvir	Chapel Allerton RC	F50	47:32	34		
264	4405	Durrant	Helen	York Triathlon Club	F40	47:33	46		
265	3859	Stones	Anna	Rothwell Harriers & AC	FSEN	47:34	81		
266	3404	Harrop	Emma	Horsforth Harriers	F50	47:34	35		
267	3880	Blakeley	Alyson	Roundhay Runners	F40	47:37	47		
268	3201	Britton	Angela	Chapel Allerton RC	F60	47:37	3		
269	3239	Sedgley	Laura	Chapel Allerton RC	F45	47:40	39		
270	4510	Kirkbright	Karen	Dragons Running Club	F50	47:42	36		Y
271	4461	Bijsterveld	Petra	Ilkley Harriers	F55	47:46	19		
272	4326	Parker	Samantha	Wetherby Runners AC	F50	47:49	37		
273	4136	Atkinson	Karen	St Therasas AC	F45	47:51	40		
274	3703	Wood	Edna	Knaresborough Striders	F55	47:53	20		
275	3146	Williams	Nina	Ackworth Road Runners	F45	47:53	41		
276	3074	Willis	Liz	Abbey Runners	F50	47:54	38		
277	4321	McGouran	Ursula	Wetherby Runners AC	F60	47:55	4		Y
278	3528	Solomon	Kate	Hyde Park Harriers	FSEN	47:57	82		
279	3682	Graham	June	Knaresborough Striders	F55	48:02	21		
280	3013	Cohen	Lucy	Abbey Runners	F45	48:03	42		
281	3194	Allen	Elizabeth	Chapel Allerton RC	F45	48:03	43		
282	3758	Mctague	Moira	Nidd Valley Road Runners	F60	48:04	5		
283	3851	Ramsden	Denise	Rothwell Harriers & AC	F50	48:05	39		
284	4158	Gill	Violet	St Therasas AC	F55	48:06	22		
285	4215	Fotherby	Pascale	Valley Striders	F40	48:09	48		
286	3633	Hipkiss	Vicki	Kirkstall Harriers	F50	48:10	40		
287	4148	Denman	Sarah	St Therasas AC	F35	48:12	46		
288	3187	Robinson	Sharron	Bradford Airedale AC	F45	48:14	44		
289	3269	Denning	Jeannette	Dragons Running Club	F55	48:22	23		
290	3560	Pickering	Anna	Ilkley Harriers	FSEN	48:25	83		
291	3419	Papadimos	Ssrah	Horsforth Harriers	F50	48:28	41		
292	3940	King	Vicki	Roundhay Runners	F45	48:32	45		
293	3670	Warren	Sandra	Kirkstall Harriers	F45	48:33	46		
294	3773	Scott	Ewa	Nidd Valley Road Runners	F45	48:35	47		
295	4235	Jones	Lisa	Valley Striders	F45	48:35	48		
296	3948	Lowe	Liz	Roundhay Runners	F50	48:36	42		
297	3141	Warren	Catherine	Ackworth Road Runners	F50	48:36	43		
298	3735	Dilasser	Debbie	Nidd Valley Road Runners	F40	48:40	49		
299	3700	Welsby	Kerensa	Knaresborough Striders	F50	48:49	44		
300	3274	Hough	Emma	Dragons Running Club	F45	48:51	49		
301	3416	Mingham	Joanna	Horsforth Harriers	F60	48:57	6		Y
302	3646	Moran	Carol	Kirkstall Harriers	F55	49:01	24		
303	4139	Belford-Mcdowell	Lisa	St Therasas AC	F45	49:08	50		

304	3683	Harding	Gemma	Knaresborough Striders	FSEN	49:14	84		
305	4299	Connor	Cara	Wetherby Runners AC	F35	49:15	47		
306	3805	Langley	Jo	Rodillian Runners	F55	49:20	25		Y
307	3643	Mclarnon	Shevonne	Kirkstall Harriers	F45	49:22	51		
308	3599	Pell	Valerie	Kippax Harriers	F60	49:23	7		
309	3267	Davies	Arlene	Dragons Running Club	F55	49:25	26		
310	3857	Stakes	June	Rothwell Harriers & AC	F45	49:25	52		
311	3737	Easton	Carolyn	Nidd Valley Road Runners	F35	49:28	48		
312	3033	Jackson	Felicity	Abbey Runners	FSEN	49:29	85		
313	4245	Lovell	Bethany	Valley Striders	F35	49:29	49		
314	3002	Ashworth	Kathryn	Abbey Runners	F40	49:30	50		
315	3220	Hutton	Rebecca	Chapel Allerton RC	F45	49:31	53		
316	3446	Whitehouse	Louise	Horsforth Harriers	F40	49:31	51		
317	3048	Molyneux	Kathryn	Abbey Runners	F35	49:33	50		
318	3251	Watson	Madeleine	Chapel Allerton RC	F55	49:34	27		Y
319	3649	Newman	Hannah	Kirkstall Harriers	FSEN	49:35	86		
320	3611	Boardman	Karen	Kirkstall Harriers	FSEN	49:36	87		
321	3053	Oughton	Jane	Abbey Runners	F55	49:38	28		
322	4485	Judge	Katherine	St Therasas AC	F35	49:39	51		
323	4160	Goodyear	Stacey	St Therasas AC	F40	49:39	52		
324	4495	Bright	Sarah	Wharfedale Harriers	F35	49:40	52		
325	4427	Schofield	Emily	York Triathlon Club	FSEN	49:47	88		
326	4153	Fletcher	Lynn	St Therasas AC	F65	49:52	2		
327	3172	Podesta	Sarah	Airecentre Pacers	F40	49:54	53		
328	3489	Hargreaves	Alison	Hyde Park Harriers	F35	49:59	53		
329	4460	Sanders	Caroline	Hyde Park Harriers	F40	50:05	54		
330	4051	Davis	Denise	Saltaire Striders	F50	50:05	45		
331	4447	Townend	Jillie	Harrogate Harriers & AC	F60	50:07	8		
332	3601	Penrose	Katherine	Kippax Harriers	F65	50:08	3		
333	4470	Keadin-Brown	Patricia	Rothwell Harriers & AC	F40	50:09	55		
334	4053	Dell'amico	Louise	Saltaire Striders	F40	50:11	56		
335	3259	Langan	Sharon	City of York AC	F50	50:15	46		Y
336	3952	May	Melanie	Roundhay Runners	F55	50:18	29		
337	3784	Thompson	Rosemary	Nidd Valley Road Runners	F50	50:19	47		
338	3437	Stack	Jacqueline	Horsforth Harriers	F50	50:20	48		
339	3167	Keighley	Carole	Airecentre Pacers	F55	50:21	30		
340	3086	Bourner	Wendy	Ackworth Road Runners	F50	50:21	49		
341	3979	Pyner	Ali	Roundhay Runners	F35	50:22	54		
342	4237	Kara	Leila	Valley Striders	F50	50:24	50		
343	3270	Featherstone	Claire	Dragons Running Club	FSEN	50:28	89		
344	3009	Caley	Suzanne	Abbey Runners	F40	50:31	57		
345	3217	Hembra	Daniella	Chapel Allerton RC	F40	50:31	58		
346	3807	Thompson	Louise	Rodillian Runners	F40	50:32	59		Y
347	4344	Hargreaves	Lynda	Wharfedale Harriers	F50	50:33	51		
348	3213	Gooch	Rebecca	Chapel Allerton RC	F45	50:38	54		
349	4085	Johnston	Lucy	Saltaire Striders	FSEN	50:46	90		
350	4395	Yeomans	Tracey	York Postal Harriers	F45	50:48	55		
351	3433	Smith	Julie	Horsforth Harriers	F35	50:51	55		
352	3026	Hodkinson	Sophie	Abbey Runners	FSEN	50:53	91		
353	3919	Gabriel	Kate	Roundhay Runners	F55	51:02	31		
354	3789	Wilkinson	Jane	Nidd Valley Road Runners	F45	51:05	56		

355	3594	Mctaggart	Annette	Kippax Harriers	F45	51:08	57		
356	3718	Ahmad	Liz	Nidd Valley Road Runners	F60	51:17	9		
357	3864	Townsend	Erin	Rothwell Harriers & AC	F50	51:17	92		
358	3947	Livingstone	Jo	Roundhay Runners	F35	51:21	56		
359	3116	Needham	Lesley	Ackworth Road Runners	F55	51:29	32		
360	3282	Sykes	Laura	Dragons Running Club	F35	51:30	57		
361	3266	Cowburn	Sarah	Dragons Running Club	F35	51:30	58		
362	3602	Richardson	Emma-Jane	Kippax Harriers	F35	51:31	59		
363	3856	Sobratee	Leanne	Rothwell Harriers & AC	F35	51:32	60		
364	3338	Rowbotham	Jane	Harrogate Harriers & AC	F55	51:43	33		
365	4396	Abel	Katherine	York Triathlon Club	F50	51:43	93		
366	3423	Ramsden	Carol	Horsforth Harriers	F60	51:45	10		
367	3916	Fisher	Sibyl	Roundhay Runners	F50	51:48	94		
368	3838	Laverick	Imogen	Rothwell Harriers & AC	F50	51:56	95		
369	3182	Farooq	Kohli	Bradford Airedale AC	F50	51:56	52		
370	3113	Morris	Sally	Ackworth Road Runners	F55	51:58	34		
371	3788	Waring	Joanne	Nidd Valley Road Runners	F45	51:59	58		
372	4408	Fraser	Vivianne	York Triathlon Club	F50	51:59	53	Y	
373	3035	Johnson	Kate	Abbey Runners	F40	52:04	60		
374	3969	Oldfield	Julie	Roundhay Runners	F55	52:06	35		
375	3742	Hill	Jane	Nidd Valley Road Runners	F40	52:11	61		
376	4060	Eyres	Michelle	Saltaire Striders	F55	52:14	36		
377	4138	Backhouse	Sally	St Therasas AC	F45	52:21	59		
378	3085	Berry	Wendy	Ackworth Road Runners	F55	52:23	37		
379	3592	Mason	Rachael	Kippax Harriers	F50	52:28	96		
380	4254	Murray	Becky	Valley Striders	F40	52:38	62		
381	3964	Navarro	Penelope	Roundhay Runners	F40	52:57	63		
382	3687	Medwell	Lizzie	Knareborough Striders	F65	53:11	4		
383	4047	Bruckner	Cat	Saltaire Striders	F35	53:17	61		
384	3861	Taylor	Kay	Rothwell Harriers & AC	F50	53:37	54		
385	4458	Lundgren	Joanne	Hyde Park Harriers	F50	53:39	97		
386	4048	Bugg	Sheila	Saltaire Striders	F45	53:49	60		
386	3697	Taylor	Sally	Knareborough Striders	F50	53:42	55		
387	4007	Taylor	Fiona	Roundhay Runners	F50	53:50	56		
388	4026	Williams	Judith	Roundhay Runners	F55	53:51	38		
389	3063	Scott	Katharine	Abbey Runners	F40	54:14	64		
390	3128	Sharp	Georgie	Ackworth Road Runners	F50	54:24	98		
391	3958	Moore	Megan	Roundhay Runners	F50	54:32	99		
392	3414	Mason	Sheila	Horsforth Harriers	F60	54:39	11		
393	4071	Guy	Frances	Saltaire Striders	F50	54:44	57		
394	3138	Turner	Sarah	Ackworth Road Runners	F35	54:50	62		
395	3942	Knight	Charlotte	Roundhay Runners	F50	54:58	100		
396	3458	Bond	Tami	Hyde Park Harriers	F50	54:59	58		
397	3522	Roberts	Grace	Hyde Park Harriers	F50	54:59	101		
398	3390	Eastwood	Julie	Horsforth Harriers	F60	55:09	12		
399	3663	Taylor	Joanne	Kirkstall Harriers	F50	55:15	102		
400	4115	Rix	Carolyn	Saltaire Striders	F60	55:26	13		
401	3111	Mckinnell	Amanda	Ackworth Road Runners	F60	55:29	14		
402	3642	McGarey	Joanne	Kirkstall Harriers	F50	55:48	103		
403	4434	Copeland	Alice	Ackworth Road Runners	F50	55:51	104		
404	3831	Hillarby	Heather	Rothwell Harriers & AC	F60	55:53	15		



405	4435	Copeland	Caroline	Ackworth Road Runners	F40	55:57	65		
406	3264	Buckley	Ann	Dragons Running Club	F40	56:05	66		
407	3778	Smith	Michelle	Nidd Valley Road Runners	F45	56:12	61		
408	3760	Morten	Sylvia	Nidd Valley Road Runners	F55	56:21	39		
409	3666	Thomas	Diane	Kirkstall Harriers	F50	56:23	59		
410	4423	Powell	Steph	York Triathlon Club	F50	56:31	60		
411	3191	Whittaker	Donna	Bradford Airedale AC	F40	56:32	67		
412	3768	Robinson	Fiona	Nidd Valley Road Runners	F50	56:40	61		
413	4076	Hardy	Charlotte	Saltaire Striders	F40	56:51	68		
414	3055	Rhodes	Amanda	Abbey Runners	F45	56:55	62		
415	4110	Pepper	Sheila	Saltaire Striders	F65	56:59	5		
416	4188	Rowley	Sam	St Therasas AC	F45	56:59	63		
417	3188	Russell	Kirsty	Bradford Airedale AC	F45	57:14	64	Y	
418	3898	Coffey	Maureen	Roundhay Runners	F65	57:20	6		
419	3566	Wright	Sally	Ilkley Harriers	F55	57:22	40		
420	3815	Bryant	Amanda	Rothwell Harriers & AC	F35	57:27	63		
421	3968	O'donnell	Mary	Roundhay Runners	F35	57:29	64		
422	3153	Eaton	Sue	Ackworth Road Runners	F45	57:38	65		
423	4382	Ellwood	Lisa	York Postal Harriers	F45	57:39	66		
424	3987	Roberts	Rachel	Roundhay Runners	F50	58:11	105		
425	4406	Fligg	Jayne	York Triathlon Club	F45	58:32	67	Y	
426	4424	Proctor	Nicky	York Triathlon Club	F50	58:32	62		
427	3925	Harris	Fiona	Roundhay Runners	F50	58:47	106		
428	4484	Hattrell	Becca	St Therasas AC	F50	58:54	107		
429	4186	Parsons	Tracey	St Therasas AC	F50	58:55	63		
430	3728	Chalmers	Sarah	Nidd Valley Road Runners	F55	59:09	41		
431	3829	Head	Karen	Rothwell Harriers & AC	F45	59:13	68		
432	3291	Mcknight	Lorraine	Eccleshill Road Runners	F55	1:00:19	42		
433	4146	Corby	Amy	St Therasas AC	F35	1:00:34	65		
434	3841	Mccarthy	Angela	Rothwell Harriers & AC	F50	1:00:37	64		
435	4180	Mcquattie	Lorna	St Therasas AC	F40	1:00:40	69		
436	3824	Haley	Louise	Rothwell Harriers & AC	F50	1:00:42	65		
437	4231	Hussey	Jean	Valley Striders	F65	1:01:05	7		
438	3098	Hall	Christine	Ackworth Road Runners	F60	1:01:23	16		
439	3725	Beattie	Angela	Nidd Valley Road Runners	F60	1:02:13	17		
440	3730	Clipston	Lisa	Nidd Valley Road Runners	F45	1:02:13	69		
441	3973	Parmley	Hannah	Roundhay Runners	F50	1:02:35	108		
442	3243	Stokes	Susie	Chapel Allerton RC	F50	1:03:44	109		
443	3224	Lowson	Lindsay	Chapel Allerton RC	F50	1:03:45	66		
444	3255	Wray	Britta	Chapel Allerton RC	F35	1:03:45	66	Y	
445	4112	Reed	Kate	Saltaire Striders	F35	1:04:34	67		
446	4033	Bayliss	Heather	Saltaire Striders	F35	1:04:34	68		
447	3290	Lucas	Kathryn	Eccleshill Road Runners	F45	1:05:11	70		
448	3496	Johnson	Robyn	Hyde Park Harriers	F50	1:06:28	110		